Currently approved Traditional Herbal Registrations (THRs) - not all products may be marketed

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* Initial THRs granted since October 2025 (not including Changes of Ownership)

THR No.	Registration Holder	Product Name	Active Ingredient	Product Indication – Traditional herbal medicinal product used [ ], based on traditional use only
THR 00010/0087	Bayer PLC	Kira Menopause relief film-coated tablets	Each film-coated tablet contains: 6.5mg of extract (as dry extract) from Black Cohosh rhizome and root (*Cimicifuga racemosa* (L.) Nutt.) (4.5 – 8.5: 1) (equivalent to 29.25 -55.25 mg of Black Cohosh), extraction solvent ethanol 60% (v/v)	for the relief of symptoms of the menopause, such as hot flushes, night sweats, and temporary changes in mood (such as nervous irritability and restlessness)
THR 00063/0368*	Reckitt Benckiser Healthcare (UK) Limited	Strepsils Herbal Dry Cough & Sore Throat Syrup	Each 10 ml dose (corresponding to 12 g) of the syrup contains 300 mg of extract (as dry extract) of Ribwort plantain leaf (*Plantago lanceolata* L. folium) (DER3-5:1), extraction solvent ethanol 20 % (m/m).	to relieve a sore throat and associated dry cough
THR 00063/0557*	Reckitt Benckiser Healthcare (UK) Limited	Strepsils Herbal Chesty Cough Syrup	Each 6 ml of the syrup contains 49.5 mg of extract (as dry extract) of Ivy leaf (*Hedera helix* L.,) (DER 4-8:1), extraction solvent: ethanol 30% (m/m).	to relieve chesty coughs associated with the common cold
THR 00240/0370	Thornton & Ross Ltd	Covonia Catarrh Relief Formula Natures Aid Herbal Catarrh Relief Formula	Each 5ml contains:- 0.25ml of extract (as liquid extract) from Burdock root (*Arctium lappa* L) (1:1) (equivalent to 0.25gm Burdock root). Extraction solvent: Water. 0.35ml of extract (as liquid extract) from Hyssop herb (*Hyssopus officinalis* L) (1:1) (equivalent to 0.35gm Hyssop herb). Extraction solvent: Water.	to relieve the symptoms of nasal catarrh and catarrh of the throat
THR 00240/0399	Thornton & Ross Ltd	Care Tea Tree Oil 100%	Each drop contains 100% Tea tree oil *(Melaleuca alternifolia* (Maiden and Betch) Cheel)	for the treatment of small superficial wounds, insect bites, small boils (furuncles and mild acne), for the symptomatic treatment of minor inflammation of the oral mucosa and for the relief of itching and irritation in cases of mild athlete's foot,

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THR 00298/0277	Weleda (UK) Ltd	Weleda Arnica Massage Balm	1 g of cutaneous liquid contains 520 mg of a combined liquid extract from *Arnica montana* L., flos, (equivalent to 24 mg Arnica flower) and *Betula pendula* Roth and/or *Betula pubescens* Ehrh., folium, as well as hybrids of both species (equivalent to 24 mg Birch leaf). Extraction solvents: Ethanol 96 % v/v and Sunflower oil	for the symptomatic relief of rheumatic pain, muscular pain and stiffness, backache, fibrositis, bruising, cramp, sprains and minor sports injuries,
THR 00298/0280	Weleda (UK) Ltd	Weleda Calendula Cuts and Grazes Skin Salve	1g of ointment contains: 0.20 ml of tincture from *Calendula officinalis* L., herba (Calendula herb) (equivalent to 100 mg of Calendula herb). Extraction solvent: Ethanol 86% w/w	for minor wounds, cuts and grazes
THR 00298/0283	Weleda (UK) Ltd	Weleda Bumps and Bruises Skin Salve	1g of ointment contains 0.10ml of tincture from fresh *Arnica montana* L., planta tota (Arnica whole plant) (equivalent to 48mg fresh Arnica whole plant). Extraction solvent: Ethanol 53% w/w	for the relief of muscular aches, pain, stiffness, sprains, bruises, swelling after contusions and minor sports injuries
THR 00298/0288	Weleda (UK) Ltd	Weleda Arnica Bumps and Bruises Spray	1g of spray contains 0.1g of tincture from Arnica (equivalent to 0.05g *Arnica montana* L. fresh, whole plant). Extraction solvent: Ethanol 61% v/v	for the relief of minor sports injuries, bruises, muscular pain, stiffness and sprains,
THR 00298/0289	Weleda (UK) Ltd	Weleda Digestion Calming Drops	1 ml (corresponding to 0.91g) of oral liquid contains 0.37ml of liquid extract from: Angelica root (*Angelica archangelica* L.) (equivalent to 11 mg Angelica root); Cinnamon bark (*Cinnamon zeylanicum* Nees.) (equivalent to 15mg Cinnamon bark); Nutmeg seed (Myristica fragrans Houtt.) (equivalent to 22mg Nutmeg seed) Melissa leaf (*Melissa officinalis* L.) (equivalent to 45mg Melissa leaf). Extraction solvent: Ethanol 34% v/v	for the symptomatic relief of nausea, stomach ache and upset stomach,
THR 00298/0290	Weleda (UK) Ltd	Weleda Hypercal Wound Salve	1g of ointment contains:	for the relief of sore minor cuts and wounds,

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			0.10 ml of tincture from *Calendula officinalis* L., herba (Calendula herb) (equivalent to 50 mg of Calendula herb); Extraction solvent Ethanol 86 % w/w 0.15 ml of tincture from *Hypericum perforatum* L., herba (St John's Wort herb) (equivalent to 50 mg of St John's Wort herb); Extraction solvent Ethanol 86 % w/w	
THR 00298/0291	Weleda (UK) Ltd	Weleda Herb & Honey Cough Elixir	5 ml of oral solution contains 4g of liquid extract from: Aniseed (*Pimpinella anisum* L.) (equivalent to 81 mg Aniseed fruit) Elderflower (*Sambucus nigra* L.) (equivalent to 81 mg Elderflower) Iceland Moss thallus (*Cetraria islandica* L.) (equivalent to 81 mg Iceland Moss thallus) Marshmallow root (*Althaea officinalis* L.) (equivalent to 81 mg Marshmallow root) Thyme herb (*Thymus vulgaris* L & *Thymus zygis* L) (equivalent to 81 mg Thyme herb) White Horehound herb (*Marrubium vulgare* L) (equivalent 81mg to White Horehound herb). Extraction solvent: Water.	for the symptomatic relief of dry and irritating coughs,
THR 00298/0292	Weleda (UK) Ltd	Weleda Calendula Cuts & Grazes Spray	1g of spray contains 0.2g of Calendula officinalis herb (equivalent to 0.10g *Calendula officinalis* L. Herba). Extraction solvent: Ethanol 90% v/v.	for the relief of minor wounds, cuts and grazes,
THR 00387/0055	Vitabiotics Limited	Vitabiotics St john's Wort Tablets	Each film coated tablet contains 425 mg of extract (as dry extract) from St John's Wort aerial parts (*Hypericum perforatum* L.) (5-7:1) (equivalent to 2125mg – 2975mg of St John's Wort). Extraction solvent: Ethanol 60% V/V	to relieve the symptoms of slightly low mood and mild anxiety
THR 00387/0056	Vitabiotics Limited	Vitabiotics Devil's Claw tablets	Each film-coated tablet contains 600mg of extract (as dry extract) from Devil's Claw root (*Harpagophytum procumbens* D.C. and /or H. zeyheri L. Decne, radix) (equivalent to 2100mg-3000mg of Devil's Claw root). Extraction solvent: Ethanol 60% v/v	for the relief of backache, rheumatic or muscular pain, and general aches and pains in the muscles and joints

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THR 00387/0057	Vitabiotics Limited	Vitabiotics Valerian Tablets	Each film coated tablet contains 350 mg of extract (as dry extract) from Valerian root (*Valeriana officinalis* L.) (equivalent to 1050 – 1750 mg of Valerian root). Extraction solvent Ethanol 60% v/v	for the temporary relief of sleep disturbances and mild anxiety
THR 00387/0058	Vitabiotics Limited	Vitabiotics Echinacea Tablets	Each film coated tablet contains 200 mg of extract (as dry extract) from Echinacea purpurea root. (Equivalent to 1200-1600 mg of *Echinacea purpurea* (L.) Moench, root). Extraction Solvent Ethanol 75% v/v	to relieve the symptoms of the common cold, and influenza type infections
THR 01074/0002	G R Lane Health Products	Kalms Night One-A-Night Nytol Herbal Simply Sleep One-A-Night Tablets	Each tablet contains 385 mg of extract (as dry extract) from *Valeriana officinalis* L., radix (equivalent to 1.54 – 1.93 g of Valerian root). Extraction solvent: Ethanol 60% V/V.	for the temporary relief of sleep disturbances
THR 01074/0229	G R Lane Health Products Limited	Kalms Night	Each tablet contains 96mg of extract (as dry extract) from Valerian root (*Valeriana officinalis* L.)(equivalent to 384 – 480mg of Valerian root). Extraction solvent: Ethanol 60%V/V	for the temporary relief of sleep disturbances
THR 01074/0235	G. R. Lane Health Products Limited	Kalms Tablets	Each coated tablet contains: 26 mg of extract (as dry extract) from Valerian root (*Valeriana officinalis* L.) (equivalent to 104 to 130mg of Valerian root). Extraction solvent: Ethanol 60%v/v	for the temporary relief of; - symptoms associated with stress such as mild anxiety and irritability including symptoms associated with menopause such as flushings and cold sweats and - sleep disturbances.
THR 01359/0001	Thompson and Capper Ltd	Moodeze Tablets	Each film coated tablet contains 370 mg of extract (as dry extract) from St John's Wort aerial parts (*Hypericum perforatum* L.) (5-7:1) (equivalent to 1850mg – 2590mg of St John's Wort.) Extraction solvent: Ethanol 60% V/V	to relieve the symptoms of slightly low mood and mild anxiety
THR 01359/0003	Thompson & Capper Ltd	Moveze Tablets	Each film-coated tablet contains 450mg of extract (as dry extract) from Devil's Claw root (*Harpagophytum procumbens* D.C. and/or *H. zeyheri* L. Decne, radix) (Equivalent to 1575mg to 2250mg of Devil's Claw root). Extraction solvent: Ethanol 60% v/v	for the relief of backache rheumatic or muscular pain and general aches and pains in the muscles and joints,

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THR 01359/0004	Thompson and Capper Limited	Thompson and Capper SleepAid Tablets Healthspan Valerian SleepAid Tablets	Each film coated tablet contains 300 mg of extract (as dry extract) from Valerian root (*Valeriana officinalis* L.) (equivalent to 900mg - 1500mg of Valerian root). Extraction solvent Ethanol 60% v/v	to aid sleep and for the temporary relief of sleep disturbances
THR 01883/0014	Macarthys Laboratories Limited	Peppermint Water BP 1973	Each 5ml of oral solution contains 2.5 microlitres of Peppermint oil (*Mentha x piperita* L.)	for the symptomatic relief of minor digestive complaints such as dyspepsia, flatulence and stomach cramps
THR 02231/0001	The Herbal Research Company Limited	HRI Cold and Flu Echinacea Tablets Power Health Cold and Flu Echinacea Tablets Principle Healthcare Cold and Flu Relief Echinacea Tablets Food Supplement Company Cold & Flu Echinacea Tablets Asda Cold & Flu Echinacea Tablets Morrisons Herbals Echinacea Tablets	Each film coated tablet contains 56 mg of extract (as dry extract) from *Echinacea purpurea root* (equivalent to 338 mg- 450 mg of Echinacea purpurea (L.) Moench, root). Extraction solvent Ethanol 75% v/v	to treat the symptoms of the common cold, influenza and minor upper respiratory tract infections
THR 02231/0002	The Herbal Research Company Ltd	HRI Good Mood Tablets Asda St John's Wort Tablets Power Health St John's Wort Tablets Bettermood Tablets Food Supplement Company Herbal Mood Relief Tablets Superdrug St John's Wort Tablets Morrisons Herbals St John's Wort Tablets	Each film coated tablet contains 334 mg of extract (as dry extract) from St John's Wort aerial parts (*Hypericum perforatum* L.) (5-7:1) (equivalent to 1670mg – 2338mg of St John's Wort.). Extraction solvent: Ethanol 60% V/V	to relieve the symptoms of slightly low mood and mild anxiety

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		WeightWorld Herbal Better Mood Tablets		
THR 02231/0004	The Herbal Research Company Limited	HRI Milk Thistle Tablets Asda Milk Thistle Tablets Power Health Milk Thistle Tablets Principle Healthcare Digestive Relief Tablets Superdrug Max Strength Milk Thistle Tablets MyProtein Milk Thistle Tablets CNP Milk Thistle Tablets	Each film-coated tablet contains 300 mg of standardised extract (as dry extract) from Milk Thistle fruits (*Silybum marianum* (L.) Gaertner) (equivalent to 7200mg – 8100mg of Milk Thistle fruits) corresponding to 174 mg of silymarin, calculated as silibinin. Extraction solvent: Acetone 95% v/v	to relieve the symptoms associated with occasional over indulgence of food and drink such as indigestion and upset stomach
THR 02231/0010	The Herbal Research Company Limited	HRI Clear Complexion tablets Boots Acne Relief tablets H&B Acne Relief tablets	Each tablet contains: 34 mg of extract (as dry extract) from Burdock root (*Arctium lappa* L.) (equivalent to 90 mg – 180 mg of burdock root). Extraction solvent: water 30 mg of extract (as dry extract) from Blue Flag Iris rhizome (*Iris versicolor* L.) (equivalent to 60 mg – 105 mg of Blue Flag Iris rhizome). Extraction solvent: water	for the symptomatic relief of minor skin conditions such as spots, pimples, blemishes, mild acne, and mild eczema
THR 02231/0011	The Herbal Research Company Limited	HRI Coldcare Tablets Echinacea with Vitamin C and Zinc	56 mg of extract (as dry extract) from *Echinacea purpurea* root (equivalent to 338 mg- 450 mg of *Echinacea purpurea* (L.) Moench, root). Extract Solvent Ethanol 75% w/w Ancillary vitamins/minerals Zinc 3.3 mg (as Zinc Gluconate) Vitamin C 29.3 mg (as Ascorbic Acid)	to relieve the symptoms of the common cold and influenza type infections
THR 02231/0014	The Herbal Research Company Limited	HRI Water Balance Tablets	100 mg of Dandelion herb with root (Taraxacum officinale Weber ex Wigg)	to relieve symptoms of mild water retention

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		H&B Herbal Water Retention Tablets Forza Herbals Waterflow Tablets	9.70 mg of extract (as dry extract) from Uva-ursi leaf (*Arctostaphylos uva-ursi* L.) (equivalent to 29 – 58 mg of Uva-ursi leaf) Extraction solvent: Ethanol 50% v/v 11.25 mg of extract (as dry extract) from Buchu leaf (*Agathosma betulina* L.) (equivalent to 30 - 60 mg of Buchu leaf). Extraction solvent: water	
THR 02231/0016	The Herbal Research Company Limited	HRI Herbal Sleep Tablets HRI Night Tablets HRI Good Sleep tablets	Each film coated tablet contains: 43.6 mg of extract (as dry extract) from Valerian root (*Valeriana officinalis* L.) (5-6:1) (equivalent to 218.2 – 261.8 mg of Valerian root). Extraction solvent: ethanol 70 % v/v. 48.2 mg of extract (as dry extract) from Passion flower herb (*Passiflora incarnata* L.) (3-7:1) (equivalent to 144.6 – 337.4 mg of Passion Flower herb). Extraction solvent: ethanol 70 % v/v.	to aid sleep
THR 02231/0017	The Herbal Research Company Limited	HRI Stress Aid tablets	Each film coated tablet contains: 43.6 mg of extract (as dry extract) from Valerian root (*Valeriana officinalis* L.) (5-6:1) (equivalent to 218.2 – 261.8 mg of Valerian root). Extraction solvent: ethanol 70 % v/v. 48.2 mg of extract (as dry extract) from Passion flower herb (*Passiflora incarnata* L.) (3-7:1) (equivalent to 144.6 – 337.4 mg of Passion Flower herb). Extraction solvent: ethanol 70 % v/v.	for the temporary relief of symptoms associated with stress such as mild anxiety
THR 02855/0336	Omega Pharma Limited	Buttercup Bronchostop Cough Syrup	15 ml of syrup (15.45 g) contains: 120 mg of extract (as dry extract) from Thyme herb (*Thymus vulgaris* L. and *Thymus zygis* L., herb) (DER 7-13:1) extraction solvent: water 830 mg of extract (as liquid extract) from Marshmallow root (*Althaea officinalis* L.) (DER 1:12-14) extraction solvent: water	for the relief of coughs, such as chesty coughs and dry, tickly, irritating coughs and catarrh

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THR 02855/0337	Omega Pharma Limited	Buttercup Bronchostop Cough Pastilles	Each pastille contains 59.5 mg of extract (as dry extract) from Thyme herb (*Thymus vulgaris* L. and *Thymus zygis* L., herb) (DER 7-13:1), extraction solvent: water	for the relief of coughs, such as chesty coughs and dry, tickly, irritating coughs and catarrh
THR 02855/0339	Omega Pharma Limited	Toussistop Cold Relief oral solution	15 ml (= 16.3 g) oral solution contains: 187.5 mg of extract (as dry extract) from *Althaea officinalis* L., radix (Marshmallow root) (7-9:1). Extraction solvent: water 136.4 mg of extract (as dry extract) from *Tilia cordata* Miller, Tilia platyphyllos Scop., Tilia x vulgaris Heyne or their mixtures, flos (Lime flower) (3-8:1). Extraction solvent: water 150.0 mg of extract (as dry extract) from *Plantago lanceolata* L., folium (Ribwort plantain) (4-6:1). Extraction solvent: water	for the relief of symptoms of the common cold, such as chills, sore throat and cough
THR 05332/0005	Dr. Willmar Schwabe Gmbh & Co. KG	Kaloba Pelargonium Cough & Cold Relief tablets Higher Nature Pelargonium Cold Relief film-coated tablets Healthspan Pelargonium Cold Relief tablets Olbas Pelargonium Herbal Cough & Cold tablets	1 film-coated tablet contains 20 mg of extract (as dry extract) from the roots of *Pelargonium sidoides* DC (1 : 8 - 10) (EPs® 7630). Extraction solvent 11% ethanol (w/w).	for the relief of symptoms of upper respiratory tract infections including common cold, such as sore throat, cough and blocked or runny nose.
THR 05332/0006	Dr. Willmar Schwabe Gmbh & Co. KG	Kaloba Pelargonium Cough & Cold Relief syrup	100 g (= 93.985 ml) syrup contain 0.2506 g dried liquid extract from the roots of *Pelargonium sidoides* DC (1 : 8 - 10) (EPs® 7630). The extraction agent is 11% ethanol (w/w).	to relieve the symptoms of upper respiratory tract infections including the common cold, such as sore throat, cough and blocked or runny nose,
THR 05332/0008	Schwabe	Kalms Lavender One-a-day Capsules	Each soft capsule contains 80 mg of oil from flowering tops of Lavender (*Lavandula angustifolia* Miller, aetheroleum).	for the temporary relief of the symptoms of mild anxiety such as stress and nervousness
THR 13668/0009	A. Vogel Limited	Atrogel Muscle Aches & Pains Arnica Gel	1 g gel contains:	for the symptomatic relief of muscular aches and pains, stiffness, sprains, bruises and swelling after contusions.

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			500 mg extract (as liquid extract) of fresh Arnica Flowers (*Arnica montana* L.) (equivalent to 120 - 200 mg fresh Arnica Flowers). Extractant: ethanol 58 %v/v	
THR 13668/0010	A. Vogel Limited	Venaforce Horse Chestnut GR tablets	One gastro-resistant tablet contains 157.5–225.0 mg of extract (as dry extract) from fresh Horse chestnut seeds (*Aesculus hippocastanum* L., semen) corresponding to 50 mg triterpene glycosides, calculated as anhydrous β-aescin. Extraction solvent: ethanol (60% m/m)	for the relief of symptoms associated with chronic venous insufficiency and varicose veins, such as tired heavy legs, pain, cramps and swelling
THR 13668/0011	A. Vogel Limited	Prostasan Saw palmetto Capsules	One capsule contains 320mg of extract (as soft extract) from Saw palmetto fruit (*Serenoa repens* (Bartram) Small fructus (*Sabal serrulata* (Michaux) Nichols fructus)) (9-12 :1). Extraction solvent : Ethanol 96% V/V.	for the relief of lower urinary tract symptoms in men who have a confirmed diagnosis of benign prostatic hypertrophy (BPH)
THR 13668/0012	A. Vogel Limited	Atrosan Devil's Claw tablets	One film-coated tablet contains 480mg of extract (as dry extract) from Devil's claw (*Harpagophytum procumbens* D.C. and/or H. zeyheri L. Decne.) root (1.5-3.0:1). Extraction solvent: Ethanol 60% V/V.	for the relief of backache, rheumatic or muscular pains and general aches and pains in the muscles and joints
THR 13668/0013	A. Vogel Limited	Echinaforce Forte Cold & Flu Tablets	One tablet contains 1,140 mg of extract (as dry extract) from fresh *Echinacea purpurea* (L.) Moench herb (1:12) and 60 mg of extract (as dry extract) from fresh Echinacea purpurea (L.) Moench root (1:11). Extraction solvent: Ethanol 65% v/v	to relieve the symptoms of the common cold and influenza type infections
THR 13668/0014	A. Vogel Limited	Hyperiforce St. John's wort tablets	One tablet contains 66 mg of extract (as dry extract) from fresh St John's wort (*Hypericum perforatum* L.) flowering herb (equivalent to 170-305 mg of dried St John's wort flowering herb). Extraction solvent: Ethanol 68% V/V.	for the relief of symptoms of slightly low mood and mild anxiety
THR 13668/0015	A. Vogel Limited	Echinaforce Chewable Cold & Flu Tablets	One tablet contains 380 mg of extract (as dry extract) from fresh *Echinacea purpurea* (L.) Moench herb (1:12) and 20 mg of extract (as dry extract) from fresh *Echinacea purpurea* (L.) Moench root (1:11). Extraction solvent: Ethanol 65% v/v	to relieve the symptoms of the common cold and influenza type infections
THR 13668/0017	A. Vogel Limited	Dormeasan Sleep Valerian-Hops oral drops	1 ml of oral liquid contains: 0.5 ml of tincture from Valerian root (*Valeriana officinalis* L.) (1:10-11). Extraction solvent: Ethanol 58% V/V. 0.5 ml of tincture from Hop strobile (*Humulus lupulus* L.) (1:12-13). Extraction solvent: Ethanol 65% V/V.	for the temporary relief of sleep disturbances caused by the symptoms of mild anxiety

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THR 13668/0018	A. Vogel Limited	Digestisan Oral drops	1 ml of oral liquid contains: 414 mg of tincture from fresh Artichoke leaves (*Cynara scolymus* L., folium) (1:30-31). Extraction solvent: Ethanol 65% V/V. 414 mg of tincture from fresh Dandelion root and herb (*Taraxacum officinalis* WEB., radix cum herba) (1:17-18). Extraction solvent: Ethanol 51% V/V 64 mg of tincture from Boldo leaves (*Peumus boldus* MOLINA., folium) (1:10-11). Extraction solvent: Ethanol 70% V/V 28 mg of tincture from fresh Peppermint herb (*Mentha x piperita* L., herba) (1:18-19). Extraction solvent: Ethanol 65% V/V	for indigestion, sensation of fullness and flatulence associated with over-indulgence in food or drink, or both
THR 13668/0019	A. Vogel Limited	Bronchosan Pine Cough Syrup	5 ml [6.95 g] of oral liquid contains 1,445 mg of extract (as soft extract) from fresh *Picea abies* (L.) Karsten (spruce) shoots (0.9 – 1.2:1). Extraction solvent: Water	for the relief of coughs, such as chesty coughs and dry, tickly, irritating coughs, and catarrh
THR 13668/0020	A. Vogel Limited	Menosan Sage Tablets	One tablet contains 51 mg of dried tincture from fresh Sage (*Salvia officinalis* L.) leaves (1:17-18). Extraction solvent: Ethanol 68% V/V.	for the relief of excessive sweating associated with menopausal hot flushes, including night sweats
THR 13668/0022	A. Vogel Limited	Bronchoforce Chesty Cough Ivy Complex oral drops	1 ml of oral liquid contains: 376 mg of tincture from fresh ivy herb (*Hedera helix* L.) (1:5.7-6.0). Extraction solvent: Ethanol 51% V/V 329 mg of tincture from fresh aerial parts of thyme (*Thymus vulgaris* L.) (1:8.0-8.2). Extraction solvent: Ethanol 51% V/V 234 mg of tincture from liquorice root (*Glycyrrhiza glabra* L.) (1:10-11). Extraction solvent: Ethanol 51% V/V.	for the relief of chesty coughs, mucus coughs and catarrh
THR 13668/0023	A. Vogel Limited	AvenaCalm *Avena sativa* oral drops	1 ml of oral liquid contains: 940 mg of tincture from the pressed juice of fresh oat herb (*Avena sativa* L., herba rec.) (1:1.2)	for the temporary relief of symptoms associated with mild stress such as mild anxiety and to aid sleep

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			Extraction solvent: Ethanol 51% V/V (43% m/m)	
THR 13668/0026	A. Vogel Limited	Echinaforce Sore Throat Spray	1 ml contains: 863.3 mg of tincture from fresh *Echinacea purpurea* (L.) Moench herb (1:12-13). Extraction solvent: Ethanol 65% V/V. 45.5 mg of tincture from fresh *Echinacea purpurea* (L.) Moench root (1:11-12). Extraction solvent: Ethanol 65% V/V. 430.0 mg of tincture from fresh Sage leaves (*Salvia officinalis* L. folium) (1:17-18). Extraction *solvent: Ethanol 68% V/V.*	to relieve sore throats associated with coughs, colds and flu
THR 13668/0027	A. Vogel Limited	Stress Relief Daytime Valerian-Hops oral drops	1 ml of oral liquid contains: 0.5 ml of tincture from Valerian root (*Valeriana officinalis* L.) (1:10-11) Extraction solvent: Ethanol 58% V/V 0.5 ml of tincture from Hop strobile (*Humulus lupulus* L.) (1:12-13) Extraction solvent: Ethanol 65% V/V (1/1).	for the temporary relief of symptoms associated with stress such as mild anxiety
THR 13668/0028	A. Vogel Limited	A.Vogel Milk Thistle Complex tablets Digestisan Milk Thistle tablets	1 tablet contains: 4.6 mg of extract (as dry extract) from fresh Artichoke leaves (*Cynara scolymus* L., folium) (1:30-31). Extraction solvent: Ethanol 65% V/V. 3.2 mg of extract (as dry extract) from Milk Thistle fruit (*Silybum marianum* (L.) Gaertn., fructus) (1:2.0-2.1). Extraction solvent: Ethanol 58% V/V 1.2 mg of extract (as dry extract) from fresh Dandelion root and herb (*Taraxacum officinalis* WEB., radix cum herba) (1:17-18. Extraction solvent: Ethanol 51% V/V. 0.7 mg of extract (as dry extract) from Boldo leaves (*Peumus boldus* MOLINA., folium) (1:10-11). Extraction solvent: Ethanol 70% V/V	for indigestion, sensation of fullness and flatulence associated with over-indulgence of food or drink, or both
THR 13668/0029	A. Vogel Limited	A Vogel Agnus castus oral drops	1 ml (33 drops) contains: 895 mg of tincture from Agnus castus fruits (Vitex agnus-castus L.) (1:10). Extraction solvent: Ethanol 69.5% v/v	to help relieve premenstrual symptoms such as irritability, mood swings, breast tenderness, bloating and menstrual cramps

THR No.	Registration Holder	Product Name	Active Ingredient	Product Indication – Traditional herbal medicinal product used [ ], based on traditional use only
THR 13668/0030	A. Vogel Limited	Cystorelief Cystitis Uva-ursi & Echinacea oral drops	1 ml of oral liquid contains: 715 mg of tincture from fresh Uva-ursi herb (*Arctostaphylos uva-ursi* (L.) Spreng, herb) (1:4) Extraction solvent: Ethanol 43% m/m 240 mg of tincture from fresh Echinacea purpurea herb (*Echinacea purpurea* (L.) Moench herb) (1:12) Extraction solvent: Ethanol 57.3% m/m	to help relieve minor urinary complaints associated with cystitis in women, such as burning sensation during urination and/or frequent urination
THR 13668/0031	A. Vogel Limited	Echinaforce Hot Drink Cold & Flu Echinacea Concentrate for oral solution	5 ml of concentrate contains: 1140 mg of extract (as tincture) of fresh *Echinacea purpurea* (L.) Moench herb (1:12-13) and 60 mg of extract (as tincture) of fresh *Echinacea purpurea* (L.) Moench root (1:11-12). Extraction solvent: Ethanol 65% V/V	to relieve the symptoms of the common cold and influenza type infections
THR 15513/0185	McNeil Products Limited	Benylin Herbal Chesty Coughs Sugar Free Syrup	4 ml of syrup contains 33 mg of extract (as dry extract) of Ivy leaf (*Hedera helix* L.) (DER 4- 8:1). Extraction solvent: Ethanol 30% m/m	to relieve chesty coughs associated with the common cold .
THR 15513/0186	McNeil Products Limited	Benylin Herbal Cough & Cold Sugar Free Syrup	2.5 ml of syrup contains 20 mg of dry extract from Pelargonium root (*Pelargonium sidoides* DC and/or Pelargonium reniforme Curt., radix); (DER 4-25:1), extraction solvent: ethanol 11% (m/m)	to relieve symptoms associated with the common cold such as coughs, sore throat and blocked or runny nose
THR 15817/0004	Bio-Health Limited	Valdrian Capsules	Each capsule contains 400mg of Valerian root. (*Valeriana officinalis* L.)	for the temporary relief of symptoms of mild anxiety and to aid sleep.
THR 15817/0005	Bio-Health Limited	Salvian	Each capsule contains 300mg of Sage Leaf (*Salvia officinalis* L.)	for the relief of excessive sweating associated with the menopause
THR 15817/0006	Bio-Health Limited	Hyperidrine	Each capsule contains 300mg of St John's Wort aerial parts (*Hypericum perforatum* L.)	to relieve the symptoms of slightly low mood and mild anxiety
THR 15817/0007	Bio-Health Limited	Periagna	Each capsule contains 400mg of Agnus Castus fruit (*Vitex agnus castus* L.)	to help relieve premenstrual symptoms such as irritability, mood swings, breast

THR No.	Registration Holder	Product Name	Active Ingredient	Product Indication – Traditional herbal medicinal product used [ ], based on traditional use only
				tenderness, bloating and menstrual cramps
THR 15817/0008	Bio-Health Limited	Ekinalife	Each hard capsule contains: 200mg of *Echinacea pallida* root (*Echinacea pallida*. Nutt.) and 200mg of *Echinacea purpurea* root (*Echinacea purpurea* (L.) Moench.)	to relieve the symptoms of the common cold and influenza type infections
THR 15817/0009	Bio-Health Limited	SILAMARIE	Each hard capsule contains 450mg of Milk Thistle fruits (*Silybum marianum* L. Gaertner)	to relieve the symptoms associated with occasional over indulgence of food and drink, such as indigestion and upset stomach
THR 15817/0011	Bio-Health Limited	GOOD-NITE Capsules	Each capsule contains 400mg of Valerian root. (*Valeriana officinalis* L.)	to aid sleep
THR 16853/0076	Alliance Pharmaceuticals Limited	Ashton and Parsons Infants' Powders	Matricaria (*Matricaria recutita* L.) flower	for the symptomatic relief of teething pain and the symptoms associated with teething which are sore and tender gums, flushed cheeks and dribbling
THR 20093/0002	Lifeplan Products Ltd	Lifeplan Echinacea Cold and Flu Relief Tablets	40mg of extract (as dry extract) from (*Echinacea purpurea* root) equivalent to 840mg – 1120mg of *Echinacea purpurea* (L.) Moench, root).	to relieve the symptoms of the common cold and influenza type infections
THR 20093/0003	Lifeplan Products Ltd	Lifeplan Devil's Claw Joint relief tablets	95.75mg of extract (as dry extract) from Devil's Claw root (*Harpagophytum procumbens* DC. and / or *H.zeyheri L. Decne*.) root (equivalent to 335.13mg – 478.75mg). Extraction solvent: Ethanol 60% v/v.	for relief of backache, rheumatic or muscular pain, and general aches and pains in the muscles and joints
THR 20243/0002	Pharma Nord APS	Bio-Biloba Film-coated tablets	contains 100 mg of extract (as dry extract) from *Ginkgo biloba* L., leaf (DER 35-67:1). Extraction solvent: acetone 60% w/w	used to relieve the symptoms of Raynaud's syndrome and tinnitus
THR 20894/0062	Brunel Healthcare Manufacturing Ltd	Sainsbury's Healthcare Echinacea Cold and Flu Relief Tablets	Each film coated tablet contains:	to relieve the symptoms of the common cold and influenza type infections

THR No.	Registration Holder	Product Name	Active Ingredient	Product Indication – Traditional herbal medicinal product used [ ], based on traditional use only
		Tesco Health Echinacea Cold and Flu Relief Superdrug Echinacea Cold and Flu Relief Wilko Echinacea Cold and Flu Relief Gerard House Echinacea Cold and Flu Relief Herbalstore Echinacea Cold and Flu Relief Waitrose Echinacea Cold and Flu Relief Boots Echinacea Cold & Flu Relief Tablets Numark Echinacea Cold and Flu Relief Asda Echinacea Cold and Flu Relief My Protein Echinacea Tablets Careway Echinacea Cold and Flu Relief Tablets H and B Echinacea Tablets	71.5mg of extract (dry extract) from *Echinacea purpurea* root (6-7:1) (equivalent to 429 mg - 500mg of Echinacea purpurea (L.) Moench, root). Extraction solvent: Ethanol 30% v/v.	
THR 20894/0063	Brunel Healthcare Manufacturing Ltd	Sainsbury's Max Strength Echinacea Cold and Flu Relief Tesco Health Max Strength Echinacea Cold and Flu Relief Superdrug Max Strength Echinacea Cold and Flu Relief Wilko Max Strength Echinacea Cold and Flu Relief	Each film coated tablet contains: 143.0 mg of extract (dry extract) from *Echinacea purpurea* root (6-7:1) (equivalent to 858 mg – 1000 mg of *Echinacea purpurea* (L.) Moench, root). Extraction solvent: Ethanol 30% v/v.	to relieve the symptoms of the common cold and influenza type infections

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THR No.	Registration Holder	Product Name	Active Ingredient	Product Indication – Traditional herbal medicinal product used [ ], based on traditional use only
		Gerard House Max Strength Echinacea Cold and Flu Relief Waitrose Max Strength Echinacea Cold and Flu Relief Lloyds Pharmacy Echinacea Cold and Flu Relief Tablets Herbalstore Max Strength Echinacea Cold and Flu Relief Asda Max Strength Echinacea Cold and Flu Relief Boots Max Strength Echinacea Cold and Flu Relief Tablets		
THR 20894/0064	Brunel Healthcare Manufacturing Limited	Gerard House St John's Wort Tablets HERBALSTORE St John's Wort Tablets Asda St John's Wort Tablets Tesco Health St John's Wort Tablets Lloyds Pharmacy St John's Wort Tablets	Each film coated tablet contains: 161 mg of extract (as dry extract) from St John's Wort aerial parts (*Hypericum perforatum* L.) (5-7:1) (equivalent to 806 - 1128 mg St John's Wort). Extraction solvent: Ethanol 60 % v/v	to relieve the symptoms of slightly low mood and mild anxiety
THR 20894/0070	Brunel Healthcare Manufacturing Limited	Sainsbury's Echinacea Skin Care Tablets Tesco Echinacea Skin Care Tablets Superdrug Blemish Ease Gerard House Echinacea Skin Care Tablets HERBALSTORE Echinacea Skin Care Tablets	Each film coated tablet contains: 71.5mg of extract (dry extract) from *Echinacea purpurea* root (6-7:1) (equivalent to 429 mg - 500mg of *Echinacea purpurea* (L.) Moench, root). Extraction solvent: Ethanol 30% v/v.	for the symptomatic relief of minor skin conditions, such as spots, pimples and blemishes

THR No.	Registration Holder	Product Name	Active Ingredient	Product Indication – Traditional herbal medicinal product used [ ], based on traditional use only
THR 20894/0071	Brunel Healthcare Manufacturing Limited	Gerard House Max Strength Milk Thistle Tablets	Each film coated tablet contains 500 mg of standardised extract (as dry extract) from Milk Thistle fruits (*Silybum marianum* (L.) Gaertner) (equivalent to 10.0 - 20.0 g of Milk Thistle fruits) corresponding to 250 – 300 mg of silymarin calculated as silibinin. Extraction solvent: Ethyl acetate 100 % v/v	to relieve the symptoms associated with occasional over indulgence of food and drink such as indigestion and upset stomach
THR 20894/0072	Brunel Healthcare Manufacturing Limited	Gerard House Milk Thistle Tablets HERBALSTORE Milk Thistle Tablets Superdrug Milk Thistle Tablets Sainsbury's Healthcare Milk Thistle Tablets Asda Milk Thistle Tablets Tesco Health Milk Thistle Tablets Lloyds Pharmacy Milk Thistle Tablets	Each film coated tablet contains: 125 mg of standardised extract (as dry extract) from Milk Thistle fruits (*Silybum marianum* (L.) Gaertner) (equivalent to 2.5 – 5.0 g of Milk Thistle fruits) corresponding to 62.5 – 75 mg of silymarin, calculated as silibinin. Extract solvent: Ethyl acetate 100 % v/v	to relieve the symptoms associated with occasional over indulgence of food and drink such as indigestion and upset stomach
THR 20894/0073	Brunel Healthcare Manufacturing Limited	Superdrug Quiet Night Tablets Sainsbury's Healthcare Sleep Aid Tablets Tesco Health Herbal Sleep Aid Sominex Herbal Nytol Herbal Tablets Boots Sleepeaze Herbal Tablets HERBALSTORE Sleep Aid Wilko Sleep Aid Tablets Asda Sleep Aid Numark Herbal Sleep Aid Tablets	Each film coated tablet contains: 34 mg of extract (as dry extract) from Hop strobile (*Humulus lupulus* L.) (4-6:1) Extraction solvent: Methanol 30 % (v/v) 30.8 mg of extract (as dry extract) from Valerian root (*Valeriana officinalis* L.) (4:1) Extraction solvent: Ethanol 60% (v/v) 18.2 mg of extract (as dry extract) of Passion Flower herb (*Passiflora incarnata* L.) (3-7:1) Extraction solvent: Ethanol 70% (v/v)	for the temporary relief of sleep disturbances

THR No.	Registration Holder	Product Name	Active Ingredient	Product Indication – Traditional herbal medicinal product used [ ], based on traditional use only
THR 20894/0074	Brunel Healthcare Manufacturing Limited	Superdrug Becalm Tablets HERBALSTORE Stress Relief	Each film coated tablet contains: 34 mg of extract (as dry extract) from Hop strobile (*Humulus lupulus* L.) (4-6:1) Extraction solvent: Methanol 30 % (v/v) 30.8 mg of extract (as dry extract) from Valerian root (*Valeriana officinalis* L.) (4:1) Extraction solvent: Ethanol 60% (v/v) 18.2 mg of extract (as dry extract) of Passion Flower herb (*Passiflora incarnata* L.) (3-7:1) Extraction solvent: Ethanol 70% (v/v)	used for temporary relief of symptoms associated with stress, such as mild anxiety
THR 20894/0077	Brunel Healthcare Manufacturing Limited	Lloyds Pharmacy Valerian Sleep Relief Gerard House Valerian Peaceful Sleep Herbalstore Valerian Sleep Relief	Each film coated tablet contains 100mg of extract (as dry extract) from Valerian root (*Valeriana officinalis* L.) (4.5-6:1) (equivalent to 450mg – 600mg of Valerian root.)	for the temporary relief of sleep disturbances due to symptoms of mild anxiety
THR 21710/0001	Holland & Barrett International Limited	Holland & Barrett Valerian Capsules GNC Live Well Valerian Capsules Lifecycle Valerian Capsules Nature's Garden Valerian Capsules	Each capsule contains 337mg of extract (as dry extract) from Valerian root (*Valeriana officinalis* L) (equivalent to 1683mg – 2020mg of Valerian root). Extraction solvent: ethanol 70%v/v.	for the temporary relief of sleep disturbances due to symptoms of mild anxiety
THR 21710/0002	Holland & Barrett International Limited	Holland & Barrett St. John's Wort Capsules GNC Live Well St. John's Wort Capsules Lifecycle St. John's Wort Capsules Nature's Garden St. John's Wort Capsules	Each hard capsule contains 142mg of extract (as dry extract) from St. John's Wort aerial parts (*Hypericum perforatum* L.) (equivalent to 711mg – 995mg of St. John's Wort) Extraction solvent: ethanol 60% v/v. Extraction solvent: ethanol 60% v/v.	for the relief of symptoms of slightly low mood and mild anxiety

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THR No.	Registration Holder	Product Name	Active Ingredient	Product Indication – Traditional herbal medicinal product used [ ], based on traditional use only
THR 21710/0003	Holland & Barrett International Limited	Holland & Barrett Max Strength St. John's Wort Capsules GNC Live Well Max Strength St. John's Wort Capsules Lifecycle Max Strength St. John's Wort Capsules Nature's Garden Max Strength St. John's Wort Capsules	Each hard capsule contains 284mg of extract (as dry extract) from St. John's Wort aerial parts (*Hypericum perforatum* L.) (equivalent to 1422mg – 1991mg of St. John's Wort) . Extraction solvent: ethanol 60% v/v.	for the relief of symptoms of slightly low mood and mild anxiety
THR 21710/0004	Holland & Barrett International Limited	Holland & Barrett Lemon Balm Capsules Lifecycle Lemon Balm Capsules GNC Live Well Lemon Balm Capsules Nature's Garden Lemon Balm Capsules Nature's Bounty Lemon Balm Capsules	Each capsule contains 171mg of extract (as dry extract) from Lemon Balm leaf *(Melissa officinalis* L.) (equivalent to 684mg - 1026mg of Lemon Balm leaf). Extraction solvent: Ethanol 50% *v/v.*	for the temporary relief of symptoms of mild anxiety, to aid sleep and for mild digestive complaints, such as bloating and flatulence
THR 21710/0005	Holland & Barrett International Limited	Holland & Barrett Devil's Claw Capsules GNC Live Well Devil's Claw Capsules Lifecycle Devil's Claw Capsules Nature's Garden Devil's Claw Capsules	Each hard capsule contains 427mg of extract (as dry extract) from Devil's Claw root (*Harpagophytum procumbens* D.C. and /or H. *zeyheri* L. Decne, radix) (Equivalent to 1493mg – 2133mg of Devil's Claw root). Extraction solvent: Ethanol 60% v/v.	for the relief of backache rheumatic or muscular pain and general aches and pains in the muscles and joints
THR 21710/0006	Holland & Barrett International Limited	Holland & Barrett Echinacea Cold and Flu Capsules GNC Live Well Echinacea Cold and Flu Capsules	Each hard capsule contains 140mg of extract (as dry extract) from (*Echinacea purpurea* root) (equivalent to 838mg – 1117mg of *Echinacea purpurea* (L.) Moench, root). Extraction solvent: Ethanol 75% v/v.	to relieve the symptoms of the common cold and influenza type infections

THR No.	Registration Holder	Product Name	Active Ingredient	Product Indication – Traditional herbal medicinal product used [ ], based on traditional use only
		Lifecycle Echinacea Cold and Flu Capsules Nature's Garden Echinacea Cold & Flu Capsules		
THR 21710/0007	Holland & Barrett International Limited	Holland & Barrett Black Cohosh Capsules GNC Live Well Black Cohosh Capsules Lifecycle Black Cohosh Capsules Nature's Garden Black Cohosh Capsules Nature's Bounty Black Cohosh Capsules	Each hard capsule contains 19mg extract (as dry extract) from Black Cohosh rhizome and root (*Cimicifuga racemosa* (L) Nutt.) (equivalent to 97mg – 155mg of Black Cohosh rhizome and root). Extraction solvent: Ethanol 75%v/v.	for symptomatic relief of backache, muscular and rheumatic aches and pains
THR 21710/0013	Holland & Barrett International Limited	Holland & Barrett Raspberry Leaf Capsules Nature's Bounty Raspberry Leaf Capsules Nature's Garden Raspberry Leaf Capsules GNC Live Well Raspberry Leaf Capsules Life cycle Raspberry Leaf Capsules	Each hard capsule contains 424mg of extract (as dry extract) from Raspberry leaf (*Rubus idaeus* L. ssp. *idaeus*) (equivalent to 1.7g – 3.4g of Raspberry leaf) Extraction solvent: Ethanol 70%v/v	for the symptomatic relief of menstrual cramps
THR 21710/0014	Holland & Barrett International Limited	Holland & Barrett Euphrasia Sinus Relief Capsules GNC Live Well Euphrasia Sinus Relief Capsules	Each hard capsule contains 140mg of extract (as dry extract) from Eyebright herb (*Euphrasia officinalis* L.) (equivalent to 560mg – 980mg of Eyebright herb). Extraction solvent: Ethanol 75% v/v.	for the relief of blocked sinuses and catarrh

THR No.	Registration Holder	Product Name	Active Ingredient	Product Indication – Traditional herbal medicinal product used [ ], based on traditional use only
		Lifecycle Euphrasia Sinus Relief Capsules Nature's Garden Euphrasia Sinus Relief Capsules Nature's Bounty Euphrasia Sinus Relief Capsules		
THR 21710/0015	Holland & Barrett International Limited	Holland & Barrett Horsetail Capsules GNC Live Well Horsetail Capsules Lifecycle Horsetail Capsules Nature's Garden Horsetail Capsules Nature's Bounty Horsetail Capsules	Each hard capsule contains 160mg of extract (as dry extract) from Horsetail herb (*Equisetum arvense* L.) (equivalent to 640mg – 960mg of Horsetail herb). Extraction solvent: Water	to increase the amount of urine for the purpose of flushing the urinary tract to assist in minor urinary complaints
THR 21710/0016	Holland & Barrett International Limited	Holland & Barrett Burdock Capsules GNC Live Well Burdock Capsules Lifecycle Burdock Capsules Nature's Garden Burdock Capsules Nature's Bounty Burdock Capsules	Each capsule contains 399mg of extract (as dry extract) from Burdock Root (*Arctium lappa* L.) (equivalent to 798mg – 1596mg of Burdock Root). Extraction solvent: Ethanol 70% v/v.	to increase the amount of urine for the purpose of flushing the urinary tract to assist in minor urinary complaints
THR 21710/0020	Holland & Barrett International Limited	Holland & Barrett Rhodiola rosea Capsules GNC Live Well Rhodiola rosea Capsules Lifecycle Rhodiola rosea Capsules Nature's Garden Rhodiola rosea Capsules	Each hard capsule contains 153mg of extract (as dry extract) from *Rhodiola rosea* roots and rhizomes (*Rhodiola rosea* L.) (equivalent to 764mg – 916 mg of *Rhodiola rosea* roots and rhizomes). Extraction solvent: Ethanol 80% v/v	for the temporary relief of symptoms associated with stress, such as fatigue, exhaustion and mild anxiety

THR No.	Registration Holder	Product Name	Active Ingredient	Product Indication – Traditional herbal medicinal product used [ ], based on traditional use only
		Nature's Bounty Rhodiola rosea Capsules		
THR 21710/0021	Holland & Barrett International Limited	Holland & Barrett Celery Seed Capsules GNC Live Well Celery Seed Capsules Lifecycle Celery Seed Capsules Nature's Garden Celery Seed Capsules Nature's Bounty Celery Seed Capsules	Each hard capsule contains 112mg of extract (as dry extract) from Celery Seed (*Apium graveolens* L.) (equivalent to 449mg – 674mg of Celery Seed). Extraction solvent: Ethanol 50% v/v.	for the relief of rheumatic aches and pains
THR 21710/0024	Holland & Barrett International Limited	Holland & Barrett Milk Thistle Capsules GNC Live Well Milk Thistle Capsules Lifecycle Milk Thistle Capsules Nature's Garden Milk Thistle Capsules Nature's Bounty Milk Thistle Capsules	Each hard capsule contains 133mg-324mg of standardised extract (as dry extract) from Milk Thistle Fruits (*Silybum marianum* (L.) Gaertner) (equivalent to 3325mg – 9720mg of Milk Thistle Fruits) corresponding to 108mg of silymarin calculated as silibinin. Extraction solvent: Acetone 99.9% v/v.	to relieve the symptoms associated with occasional over indulgence of food and drink such as indigestion and upset stomach
THR 21710/0025	Holland & Barrett International Limited	Holland & Barrett Black Cohosh Menopause Relief Tablets GNC Live Well Black Cohosh Menopause Relief Tablets Lifecycle Black Cohosh Menopause Relief Tablets Nature's Garden Black Cohosh Menopause Relief Tablets	Each tablet contains 5mg of extract (as dry extract) from Black Cohosh rhizome and root (*Cimicifuga racemosa* (L) Nutt.) (equivalent to 25mg – 40mg of Black Cohosh rhizome and root). Extraction solvent: Ethanol 75%v/v.	for the relief of symptoms of the menopause, such as hot flushes, night sweats, and temporary changes in mood

THR No.	Registration Holder	Product Name	Active Ingredient	Product Indication – Traditional herbal medicinal product used [ ], based on traditional use only
		Nature's Bounty Black Cohosh Menopause Relief Tablets		
THR 21710/0026	Holland & Barrett International Limited	Holland & Barrett Dandelion Capsules GNC Live Well Dandelion Capsules Lifecycle Dandelion Capsules Nature's Garden Dandelion Capsules Nature's Bounty Dandelion Capsules	Each hard capsule contains 339mg of extract (as dry extract) from Dandelion root (*Taraxacum officinale* Weber) (equivalent to 1018mg – 1696mg of Dandelion root). Extraction solvent: Ethanol 60% v/v	to relieve the symptoms of mild digestive disorders, such as dyspepsia and flatulence and temporary loss of appetite. Increase the amount of urine for the purpose of flushing the urinary tract to assist in minor urinary complaints
THR 21710/0032	Holland & Barrett International Limited	Holland & Barrett Nettle Leaf Capsules GNC Live Well Nettle Leaf Capsules Lifecycle Nettle Leaf Capsules Nature's Garden Nettle Leaf Capsules Nature's Bounty Nettle Leaf Capsules	Each hard capsule contains 455mg of extract (as dry extract) from Nettle leaf (*Urtica dioica* L.) (equivalent to 3636mg – 4545 mg of Nettle leaf). Extraction solvent: Ethanol 50% v/v	for the relief of minor aches and pains in the joints
THR 21710/0033	Holland & Barrett International Limited	Holland & Barrett Agnus Castus Tablets GNC Live Well Agnus Castus Tablets Lifecycle Agnus Castus Tablets Nature's Garden Agnus Castus Tablets	Each film-coated tablet contains 3.9mg of extract (as dry extract) from Agnus Castus Fruit (*Vitex agnus-castus* L.) (equivalent to 23.4mg – 31.2mg of Agnus Castus Fruit). Extraction solvent: Ethanol 75% v/v.	to help relieve symptoms associated with premenstrual syndrome. such as irritability, mood swings, breast tenderness, bloating and menstrual cramps

THR No.	Registration Holder	Product Name	Active Ingredient	Product Indication – Traditional herbal medicinal product used [ ], based on traditional use only
		Nature's Bounty Agnus Castus Tablets		
THR 23056/0001	Schwabe Pharma (UK) Limited	Flexiherb Muscle & Joint Pain Relief tablets Higher Nature Devil's Claw Muscle & Joint Pain Relief film-coated tablets Zipvit Devil's Claw Joint Relief tablets Simply Supplements Devil's Claw Muscle and Joint Pain Relief tablets	Each film-coated tablet contains 600 mg of extract (as dry extract) from Devil's Claw root (*Harpagophytum procumbens*) (equivalent to 900-1500 mg of Devil's Claw root). Extraction solvent: water	for the relief of backache, rheumatic or muscular pains and general aches and pains in the muscles and joints
THR 23056/0002	Schwabe Pharma (UK) Limited	Premherb PMS Relief Tablets Higher Nature Agnus Castus PMS Relief Film-coated Tablets Healthspan Agnus Castus Premenstrual Relief Tablets Boots Agnus Castus PMS Relief Tablets Holland & Barrett Femlieve Agnus Castus Tablets	Each film-coated tablet contains: 4.0 mg of extract (as dry extract) from Agnus castus fruit (*Vitex agnus castus* L.) (7-13:1) (equivalent to 28-52 mg of Agnus castus). Extraction solvent: Ethanol 60% m/m.	for relief of the symptoms associated with premenstrual syndrome
THR 23056/0003	Schwabe Pharma (UK) Limited	Menoherb Black Cohosh Menopause Relief Tablets Boots Black Cohosh Menopause Relief Tablets Higher Nature Black Cohosh Menopause Relief Film-coated Tablets Healthspan Black Cohosh Menopause Relief Tablets	Each film-coated tablet contains: 6.5 mg of extract (as dry extract) from Black Cohosh rhizome and root (*Cimicifuga racemosa* (L.) Nutt.) (4.5-8.5:1) (equivalent to 29.25-55.25 mg of Black Cohosh). Extraction solvent: Ethanol 60% v/v.	for the relief of symptoms of the menopause, such as hot flushes, night sweats, and temporary changes in mood (such as nervous irritability and restlessness)

THR No.	Registration Holder	Product Name	Active Ingredient	Product Indication – Traditional herbal medicinal product used [ ], based on traditional use only
		Holland & Barrett MenoCool Black Cohosh Tablets Simply Supplements Black Cohosh Menopause Relief Tablets		
THR 23056/0004	Schwabe Pharma (UK) Limited	MigraHerb Migraine Relief Capsules Higher Nature Feverfew Migraine Relief Hard Capsules Healthspan Feverfew Migraine Relief Capsules Boots Feverfew Migraine Relief Capsules Holland & Barrett Feverfew Migraine Relief Capsules	Each hard capsule contains 100mg Feverfew herb (*Tanacetum parthenium* (L.) Schultz Bip.)	for the prevention of migraine headaches
THR 23056/0006	Schwabe Pharma (UK) Limited	Niteherb Valerian Tablets	Each coated tablet contains: 150 mg of extract (as dry extract) from Valerian root (*Valeriana officinalis* L.) (equivalent to 450-900 mg of Valerian root). Extraction solvent Ethanol 70% v/v	for the temporary relief of sleep disturbances due to symptoms of mild anxiety
THR 23056/0007	Schwabe Pharma (UK) Limited	Karmamood Maximum Strength St John's Wort Tablets Boots Max Strength St John's Wort Mood Lift Tablets Higher Nature St John's Wort Mood Uplift Tablets Simply Supplements Mood Boost Max Strength St John's Wort Tablets Holland & Barrett Moodease St John's Wort One-a-Day Tablets	Each coated tablet contains: 425 mg of extract (as dry extract) from St John's wort aerial parts (*Hypericum perforatum* L.)(3.5-6:1)(equivalent to 1490 – 2550 mg of St John's wort). Extraction solvent: Ethanol 60% v/v.	for the relief of symptoms of slightly low mood and mild anxiety

THR No.	Registration Holder	Product Name	Active Ingredient	Product Indication – Traditional herbal medicinal product used [ ], based on traditional use only
THR 23056/0008	Schwabe Pharma (UK) Limited	RelaxHerb Passion Flower tablets Higher Nature Passion Flower Relax Aid coated tablets Holland & Barrett Passion Flower Stress Relief tablets	Each coated tablet contains 425mg of extract (as dry extract) from Passion flower (*Passiflora incarnata* L.) (equivalent to 2125 – 2975 mg of Passion flower). Extraction solvent: Ethanol 50% v/w	for the temporary relief of symptoms associated with stress such as mild anxiety
THR 23056/0009	Schwabe Pharma (UK) Limited	Bonuit® Sleep Aid tablets Holland & Barrett Valerian Plus tablets	Each coated tablet contains: 125 mg of extract (as dry extract) from Valerian root (*Valeriana officinalis* L.) (3-6:1) (equivalent to 375 – 750 mg of Valerian root). Extraction solvent: Ethanol 70% v/v, 250mg of extract (as dry extract) from Passion flower herb (*Passiflora incarnata* L.) (5-7:1) (equivalent to 1250 – 1750 mg of Passion flower herb). Extraction solvent: Ethanol 50% v/v	for the temporary relief of sleep disturbances due to symptoms of mild anxiety
THR 23056/0010	Schwabe Pharma (UK) Limited	Thisilyn Maximum Strength Milk Thistle capsules Higher Nature Milk Thistle capsules Boots Max Strength Milk Thistle Digestion Relief capsules Healthspan Milk Thistle capsules Holland & Barrett Over Indulgence Milk Thistle capsules Simply Supplements Milk Thistle Max Strength capsules	Each hard capsule contains: 193 mg – 261 mg of standardized extract (as dry extract) from Milk Thistle fruits (*Silybum marianum* (L.) Gaertner)(equivalent to 3.725 g – 10.818 g of Milk Thistle fruits) corresponding to 108 mg of silymarin, calculated as silibinin. Extraction solvent: Acetone 95% v/v.	to relieve the symptoms associated with occasional over indulgence of drink and food such as indigestion and upset stomach
THR 23056/0011	Schwabe Pharma (UK) Limited	Karmamood St John's Wort tablets Boots St John's Wort Mood Lift tablets Simply Supplements Mood Boost St John's Wort tablets	Each film-coated tablet contains: 250 mg of extract (as dry extract) from St John's wort aerial parts (*Hypericum perforatum* L.)(3.5-6:1)(equivalent to 875 – 1500 mg of St John's wort). Extraction solvent: Ethanol 60% v/v.	for the relief of symptoms of slightly low mood and mild anxiety
THR 23056/0012	Schwabe Pharma (UK) Limited	Thisilyn Milk Thistle capsules	Each hard capsule contains:	to relieve the symptoms associated with occasional over

THR No.	Registration Holder	Product Name	Active Ingredient	Product Indication – Traditional herbal medicinal product used [ ], based on traditional use only
		Simply Supplements Milk Thistle capsules	89 mg – 121 mg of standardised extract (as dry extract) from Milk Thistle fruits (*Silybum marianum* (L.) Gaertner)(equivalent to 1.721 g – 5.000 g of Milk Thistle fruits) corresponding to 50 mg of silymarin, calculated as silibinin. Extraction solvent: Acetone 95% v/v.	indulgence of drink and food such as indigestion and upset stomach
THR 23056/0013	Schwabe Pharma (UK) Limited	Menomood Menopause Mood Relief tablets Holland & Barrett Menopause Mood Relief tablets FutureYou Herbal Menopause Mood Relief tablets	Each coated tablet contains: 300 mg of extract (as dry extract) from St John's wort aerial parts (*Hypericum perforatum* L.) (3.5-6:1) (equivalent to 1050 – 1800 mg of St John's wort). Extraction solvent: Ethanol 60% m/m 6.4 mg of extract (as dry extract) from Black Cohosh rhizome and root (*Cimicifuga racemosa* (L.) Nutt.) (4.5-8.5:1) (equivalent to 28.80-54.40 mg of Black Cohosh). Extraction solvent: Ethanol 60% v/v.	for the relief of symptoms of the menopause, including hot flushes, night sweats, slightly low mood and mild anxiety
THR 23056/0015	Schwabe Pharma (UK) Limited	DiaHarp Tablets	Each film-coated tablet contains: 600 mg of extract (as dry extract) from Devil's Claw root (*Harpagophytum procumbens*) (equivalent to 900-1500 mg of Devil's Claw root). Extraction solvent:water	for the relief of backache, rheumatic or muscular pain, and general aches and pains in the muscles and joints .
THR 23056/0016	Schwabe Pharma (UK) Limited	DiaBackpain Tablets	Each film-coated tablet contains: 600 mg of extract (as dry extract) from Devil's Claw root (*Harpagophytum procumbens*) (equivalent to 900-1500 mg of Devil's Claw root). Extraction solvent: water	for the relief of backache, rheumatic or muscular pain, and general aches and pains in the muscles and joints
THR 23056/0017	Schwabe Pharma (UK) Limited	DiaMigraine Hard capsules	Each hard capsule contains: 100 mg Feverfew herb *(Tanacetum parthenium).*	for the prevention of migraine headaches
THR 23056/0019	Schwabe Pharma (UK) Limited	*DiaCimi Tablets*	Each film-coated tablet contains: 6.5 mg of extract (as dry extract) from Black Cohosh rhizome and root (*Cimicifuga racemosa* (L.) Nutt.) (4.5-8.5:1) (equivalent	for the relief of symptoms of the menopause, such as hot flushes, night sweats, and temporary changes in mood (such

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			to 29.25-55.25 mg of Black Cohosh). Extraction solvent: Ethanol 60 % v/v.	as nervous irritability and restlessness)
THR 23056/0020	Schwabe Pharma (UK) Limited	DiaBlack Cohosh Tablets	Each film-coated tablet contains: 6.5 mg of extract (as dry extract) from Black Cohosh rhizome and root (*Cimicifuga racemosa* (L.) Nutt.) (4.5-8.5:1) (equivalent to 29.25-55.25 mg of Black Cohosh). Extraction solvent: Ethanol 60 % v/v.	for the relief of symptoms of the menopause, such as hot flushes, night sweats, and temporary changes in mood (such as nervous irritability and restlessness)
THR 23056/0021	Schwabe Pharma (UK) Limited	DiaMenoCalm Tablets	Each coated tablet contains: 300 mg of extract (as dry extract) from St. John's Wort aerial parts (*Hypericum perforatum* L.) (3.5-6:1) (equivalent to 1050 – 1800 mg of St. John's Wort). Extraction solvent: Ethanol 60% m/m 6.4 mg of extract (as dry extract) from Black Cohosh rhizome and root (*Cimicifuga racemosa* (L.) Nutt.) (4.5-8.5:1) (equivalent to 28.80-54.40 mg of Black Cohosh rhizome). Extraction solvent: Ethanol 60% v/v	for the relief of symptoms of the menopause, including hot flushes, night sweats, slightly low mood and mild anxiety
THR 23056/0022	Schwabe Pharma (UK) Limited	DiaFemin Tablets	Each coated tablet contains: 300 mg of extract (as dry extract) from St. John's Wort aerial parts (*Hypericum perforatum* L.) (3.5-6:1) (equivalent to 1050 – 1800 mg of St. John's Wort). Extraction solvent: Ethanol 60% m/m 6.4 mg of extract (as dry extract) from Black Cohosh rhizome and root (*Cimicifuga racemosa* (L.) Nutt.) (4.5-8.5:1) (equivalent to 28.80-54.40 mg of Black Cohosh rhizome). Extraction solvent: Ethanol 60% v/v	for the relief of symptoms of the menopause, including hot flushes, night sweats, slightly low mood and mild anxiety
THR 23056/0023	Schwabe Pharma (UK) Limited	DiaPassion Tablets	Each coated tablet contains: 425 mg of extract (as dry extract) from Passion flower herb (*Passiflora incarnata* L.) (5-7:1) (equivalent to 2125-2975 mg of Passion flower herb). Extraction solvent: Ethanol 50% v/v	for the temporary relief of symptoms associated with stress such as mild anxiety
THR 23056/0032	Schwabe Pharma (UK) Limited	DiaUrtica Tablets	Each film-coated tablet contains:	to relieve the symptoms of urinary tract discomfort in men who have been told that they

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			460 mg of extract (as dry extract) from Nettle root (*Urtica dioica* L. and/or *Urtica urens* L.) (7-14:1) (equivalent to 3.22-6.44 g of Nettle root). Extraction solvent: Methanol 20% v/v	have an enlarged prostate (benign prostatic hyperplasia or BPH)
THR 23056/0033	Schwabe Pharma (UK) Limited	DiaCold Tablets	Each film-coated tablet contains 20 mg of extract (as dry extract) from Pelargonium root (*Pelargonium sidoides* DC and/or *Pelargonium reniforme* Curt. (4-7:1). Extraction solvent: Ethanol 14% (v/v).	to relieve the symptoms of upper respiratory tract infections including the common cold, such as sore throat, cough and blocked or runny nose
THR 23056/0039	Schwabe Pharma (UK) Limited	Vitano Rhodiola Tablets Holland & Barrett Rhodiola Stress Relief Tablets iMed Natraherb Stress Relief Tablets Kalms Rhodiola Tablets	Each film-coated tablet contains: 200 mg of extract (as dry extract) from Rhodiola rosea L. roots and rhizomes (1.5 –5: 1) (WS 1375) (equivalent to 300 – 1000 mg of *Rhodiola rosea* roots and rhizomes). Extraction solvent: ethanol 60 % (m/m)	for the temporary relief of symptoms associated with stress such as fatigue, exhaustion and mild anxiety
THR 23056/0041	Schwabe Pharma (UK) Limited	Echinaflu Effervescent Tablets Echinacold Echinacea Cold & Flu Relief Effervescent Tablets Boots Echinacea Cold & Flu Relief Effervescent Tablets	Each effervescent tablet contains 176 mg of dried pressed juice from fresh flowering *Echinacea purpurea* (L.) Moench herb (20-28:1) (equivalent to 3520 mg – 4928 mg of fresh flowering *Echinacea purpurea* (L.) Moench herb)	to relieve the symptoms of the common cold and influenza type infections
THR 23056/0042	Schwabe Pharma (UK) Limited	Echinaflu soft capsules Healthspan Echinacea Cold & Flu Relief Capsules Simply Supplements Echinacea Cold & Flu Relief capsules Holland & Barrett Echiflu Echinacea capsules	Each soft capsule contains 176 mg of dried pressed juice from fresh flowering *Echinacea purpurea* (L.) Moench herb (20-28:1) (equivalent to 3520 mg – 4928 mg of fresh flowering *Echinacea purpurea* (L.) Moench herb)	to relieve the symptoms of the common cold and influenza type infections

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THR 28255/0017	Rutland Biodynamics Ltd	English Herbal Medicines Valerian Relaxisleep Herbs Hands Healing ValRelax Brooke Green Valerian Elixir Swiss Herbal Remedies Valerian Elixir Nytol Herbal Simply Sleep & Calm Elixir	Each 5ml of oral liquid contains 1.5 ml of tincture from dried Valerian (*Valeriana officinalis* L.) root (1:8). Extraction solvent: Ethanol 57% v/v.	for the temporary relief of symptoms of mild anxiety and to aid sleep
THR 33336/0002	Natures Aid Limited	EchinEeze Echinacea Tablets Echinacea Cold & Flu Relief Tablets	Each tablet contains 70mg of extract (as dry extract) from *Echinacea purpurea* root (equivalent to 460 – 530mg of *Echinacea purpurea*(L.) Moench root). Extraction solvent: Ethanol 30% v/v.	to relieve the symptoms of the common cold and influenza type infections
THR 33336/0003	Natures Aid Limited	UCalm St John's Wort Tablets Care St John's Wort Low Mood Relief Tablets	Each film-coated tablet contains: 300mg of extract (as dry extract) from St John's Wort aerial parts (*Hypericum perforatum* L.) (5-7:1) (equivalent to 1500 – 2100mg of St John's Wort). Extraction Solvent: Ethanol 60%v/v.	for the relief of symptoms of slightly low mood and mild anxiety
THR 33336/0004	Natures Aid Limited	JointEeze Devil's Claw Tablets	One film-coated tablet contains 300mg of extract (as dry extract) from Devil's Claw root (*Harpagophytum procumbens* D.C. and/or H. zeyheri L. Decne) (equivalent to 1050 – 1500mg Devil's Claw root). Extraction solvent: Ethanol 60%v/v.	symptomatic relief of backache and muscular and rheumatic aches and pains
THR 33336/0005	Natures Aid Limited	DigestEeze Milk Thistle Tablets	One tablet contains 137.5mg – 165mg of standardised extract (as dry extract) from Milk Thistle fruits (*Silibum marianum* (L) Gaertner), (equivalent to between 2750mg and 6600mg of Milk Thistle fruits) corresponding to 82.5mg Silymarin calculated as Silibinin. Extraction solvent: ethyl acetate 100% v/v.	to relieve the symptoms associated with occasional over indulgence of food and drink such as indigestion and upset stomach
THR 33336/0006	Natures Aid Limited	SleepEezy Valerian tablets	One tablet contains 150mg of extract (as dry extract) from Valerian root (*Valeriana officinalis* L). Equivalent to 750mg - 900mg of Valerian root). Extraction solvent: ethanol 70%v/v. DER (native) 5-6:1, DER (final) 3.7-4.5:1	for the temporary relief of sleep disturbances due to symptoms of mild anxiety
THR 33336/0009	Natures Aid Limited	PremEeze Agnus Castus Capsules.	Each capsule contains 400mg of Agnus Castus Fruit (*Vitex agnus castus* L.)	to help relieve premenstrual symptoms such as: irritability;

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		Care Agnus Castus PMS Relief Capsules		mood swings; breast tenderness; bloating and menstrual cramps
THR 33336/0010	Natures Aid ltd	MigraEeze Feverfew Tablets Care Feverfew Migraine Relief Tablets	100mg Feverfew herb (*Tanacetum parthenium* (L.) Schulz Bip.)	for the prevention of migraine headaches
THR 34425/0004	Lamberts Healthcare Ltd	Lamberts Valerian Tablets Nature's Best Valerian Tablets	Each film coated tablet contains 300 mg of extract (as dry extract) from Valerian root (*Valeriana officinalis* L.) (equivalent to 900mg - 1500mg of Valerian root). Extraction solvent Ethanol 60% v/v	for the temporary relief of sleep disturbances and mild anxiety
THR 35007/0001	Swiss Herbal Remedies Limited	Swiss Herbal Remedies Menopause Tincture	Each 1 ml of oral liquid contains 1 ml of tincture from dried Red Peony (*Paeonia lactiflora* Pallas) root (1:3). Extraction solvent: Ethanol 25% v/v.	for the symptomatic relief of hot flushes associated with the menopause
THR 35008/0001	English Herbal Medicines Limited	English Herbal Medicines Echinacea Cold-N-Flu Tincture	2.5 ml of oral liquid contains 1.7 ml of tincture from fresh *Echinacea purpurea* (L.) Moench root (1:2). Extraction solvent: Ethanol 45% v/v	used to relieve the symptoms of the common cold and influenza type infections
THR 35008/0002	English Herbal Medicines Limited	English Herbal Medicines PMS Relief Tincture	1 ml of oral liquid contains 1 ml of tincture from Agnus castus fruit (*Vitex agnus-castus* L.) (1:5). Extraction solvent: Ethanol 60% v/v.	used to relieve premenstrual symptoms such as irritability, mood swings, breast tenderness, bloating and menstrual cramps
THR 35104/0055	Phoenix Labs Unlimited Company	Buttercup Original Cough Syrup	Each 5ml of syrup contains: 3.1 microlitres of extract (as liquid extract) from Squill bulb (Drimia maritima (L.) Stearn.) (1:1). Extraction solvent: Ethanol 65% v/v 2.5 microlitres of tincture from Capsicum Oleoresin (Capsicum annuum L.var. minimum (Miller) Heiser) (1:10). Extraction solvent: Ethanol 96% v/v	for the relief of coughs, colds and sore throats,
THR 35693/0001	Engelhard Arzneimittel GmbH &	Prospan Cough Syrup	5 ml of oral liquid contains 35 mg of extract (as dry extract) from ivy leaf (*Hedera helix* L.) (5-7.5:1)	to relieve chesty coughs associated with the common cold

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THR 35693/0002	Engelhard Arzneimittel GmbH & Co KG	Prospan Cough Syrup Sachets	Each sachet (5 ml) contains 35 mg of extract (as dry extract) from ivy leaf (*Hedera helix* L.) (5-7.5:1).	to relieve chesty coughs associated with the common cold
THR 41783/0001	Phynova Group Ltd	Phynova Joint & Muscle Relief tablets	500mg of extract (as dry extract) from *Sigesbeckia orientalis* L. subsp. *pubescens* aerial parts (equivalent to 4-5g of *Sigesbeckia orientalis* L. subsp. *pubescens* (Makino) H. Koyama).Extraction solvent: water	for the relief of backache, minor sports injuries, rheumatic or muscular pains and general aches and pains in the muscle and joints
THR 41783/0002	Phynova Group Ltd	Phynova Joint & Muscle Relief tablets	500mg of extract (as dry extract) from *Sigesbeckia orientalis* L. subsp. *pubescens* aerial parts (equivalent to 4-5g of *Sigesbeckia orientalis* L. subsp. *pubescens* (Makino) H. Koyama).Extraction solvent: water	for the relief of backache, minor sports injuries, rheumatic or muscular pains and general aches and pains in the muscle and joints
THR 42358/0001	K Hughes & Co Ltd	Hughes Health Red Peony Meopause Tincture	1 ml of tincture from dried Red Peony (*Paeonia lactiflora* Pallas) root (1:3). Extraction solvent: Ethanol 25% v/v	for the symptomatic relief of hot flushes associated with the menopause
THR 42574/0001	Nutrition Group PLC	Healthsense Echinashield Cold and Flu Tablets Zipvit Echinacea Cold and Flu Tablets Schwabe EchinaCold Echinacea Cold and Flu Tablets	Each film coated tablet contains 70mg of extract (as dry extract) from *Echinacea purpurea* Root, (equivalent to 420 to 560mg of *Echinacea purpurea* (L.) Moench root). Extraction Solvent: Ethanol 75% v/v.	to relieve the symptoms of the common cold and influenza type infections
THR 42574/0003	Nutrition Group PLC	Healthsense St John's Wort Tablets Zipvit St. John's Wort Mood Relief Tablets	Each film coated tablet contains 317mg of extract (as dry extract) from St John's Wort aerial parts (*Hypericum perforatum* L.) (5-7:1) (equivalent to 1583mg – 2216mg of St John's Wort). Extraction solvent: Ethanol 60% v/v.	to relieve the symptoms of slightly low mood and mild anxiety
THR 43546/0001	Precision Healthcare Limited	Kira LowMood relief	Each film-coated tablet contains: 450mg of extract (as dry extract) from St. John's Wort aerial parts (*Hypericum perforatum* L.) (3 – 6 : 1) (equivalent to 1350 -2700 mg of St. John's Wort). Extraction Solvent: Methanol 80% (v/v).	to relieve the symptoms of slightly low mood and mild anxiety

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THR 43546/0002	Precision Healthcare Limited	Kira Menopause relief film-coated tablets	Each film-coated tablet contains: 6.5mg of extract (as dry extract) from Black Cohosh rhizome and root (*Cimicifuga racemosa* (L.) Nutt.) (4.5 – 8.5: 1) (equivalent to 29.25 -55.25 mg of Black Cohosh). Extraction Solvent: Ethanol 60% (v/v).	for the relief of symptoms of the menopause, such as hot flushes, night sweats, and temporary changes in mood (such as nervous irritability and restlessness)
THR 43546/0003	Precision Healthcare Limited	Kira Restful Sleep	Each coated tablet contains: 300 mg of extract (as dry extract) from Valerian root (*Valeriana officinalis* L.) (equivalent to 900-1800 mg of Valerian root). Extraction solvent: Ethanol 70 % v/v	for the temporary relief of sleep disturbances due to symptoms of mild anxiety
THR 44590/0001	Xiamcam TCM Research Centre Limited	Phynova Cold and Flu Relief Powder for Oral Solution	1.2 g of extract (as dry extract) from Isatis root (*Isatis tinctoria* L.) (equivalent to 6.3-7.5 g of Isatis root). Extraction solvent: water	used to relieve the symptoms of the common cold, mild upper respiratory tract infections and flu-like illness; such as sore throat
THR 44893/0038	Soho Flordis UK Limited	Potter's Fatigue Relief Capsules	Each capsule contains: 30 – 55 mg of extract (as dry extract) from *Panax ginseng* C.A. Mayer (ginseng root) G115 (DER 3-7:1), corresponding to 4% ginsenosides. Extraction solvent: ethanol 40% v/v.	for the temporary relief of fatigue, weakness and exhaustion
THR 44893/0039	Soho Flordis UK Limited	Potter's Fatigue Relief Syrup	Each 15 mL of syrup contains: 140 mg of extract (as dry extract) from *Panax ginseng* C.A Meyer (ginseng root) G115 (DER (3-7:1), corresponding to 4% ginsenosides Extraction solvent: ethanol 40% v/v	for the temporary relief of fatigue, weakness and exhaustion
THR 45296/0004	Gemi Pharma Limited	EM Pharma Marshmallow Cough Syrup	Each 10 ml (13.1 g) of syrup contains 4.71 g of macerate from Marshmallow root (*Althaea officinalis* L., radix) (DER 5:36) Extraction solvent: water:ethanol (47.9:1)	for the relief of symptoms associated with a dry, irritating cough
THR 45508/0001*	Dr. Loges & Co. GmbH	Femiloges gastro-resistant tablets	Each gastro-resistant tablet contains 4 mg of extract (as dry extract) from Rhapontic rhubarb root (*Rheum rhaponticum* L., radix) (DER 16-26:1), extraction solvent: aqueous solution of calcium oxide (calcium oxide: purified water ratio 1:38 (m/m))	for the relief of symptoms of the menopause such as hot flusshes/sweats, sleep disturbances, slightly low ood and mild anxiety

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THR 46825/0001	Laboratoire Pharmaceutique Pharma Toka SAS	Ellura Capsules	One capsule contains 195-216 mg of extract (as dry extract, refined) from the juice of cranberry fruit (*Vaccinium macrocarpon* Ait. Fructus), corresponding to 36 mg of proanthocyanidins (PAC), calculated as PAC A2. Extraction solvent: Ethanol 70% (v/v)	to help prevent recurrent uncomplicated acute urinary tract infections (UTIs) such as cystitis in women only
THR 50860/0003	Power Health Products Limited	DiaFeverfew Hard capsules	Each hard capsule contains: 100 mg Feverfew herb (*Tanacetum parthenium*).	for the prevention of migraine headaches
THR 53449/0001	Deplantis Ltd	Centoreze tablets	Each film-coated tablet contains 20 mg of extract (as dry extract) from Pelargonium root (*Pelargonium sidoides* DC and/or *Pelargonium reniforme* Curt.) (4-25:1) Extraction solvent: Ethanol 11% (m/m).	to relieve the symptoms of upper respiratory tract infections including the common cold, such as sore throat, cough and blocked or runny nose
THR 57560/0001	Weber & Weber GmbH	Sedorma Tablets	Each coated tablet contains the active substances: 67.5 mg of extract (as dry extract) from Lavender flower (*Lavandula angustifolia* Miller) (4-8:1), extraction solvent ethanol 70% v/v 37.5 mg of extract (as dry extract) from Hop strobile (*Humulus lupulus* L.) (3-7:1), extraction solvent ethanol 50% v/v 75 mg of extract (as dry extract) from Lemon balm leaf (*Melissa officinalis* L.) (4-8:1), extraction solvent ethanol 50% v/v 112.5 mg of extract (as dry extract) from Passion flower herb (*Passiflora incarnata* L.) (3-6:1), extraction solvent ethanol 50% v/v 100 mg of extract (as dry extract) from Valerian root (*Valeriana officinalis* L.) (3-6:1), extraction solvent ethanol 70% v/v	for the temporary relief of symptoms associated with stress such as mild anxiety and to aid sleep
THR 62517/0001	Innovabridge Ltd	Innovabridge Cold and Flu Relief Powder for Oral Solution	Each sachet contains: 1.2 g of extract (as dry extract) from Isatis root (*Isatis tinctoria* L.) (equivalent to 6.3-7.5 g of Isatis root), extraction solvent: water	to relieve the symptoms of the common cold, mild upper respiratory tract infections and flu-like illness, such as sore throat