



In January-June 2026:

- **731 females** and **2,305 males** aged 0-54 were prescribed and dispensed **Sodium Valproate**
- This was a decrease of **52%** for females and **30%** for males since April 2019

- **845 females** and **405 males** aged 0-54 were prescribed and dispensed **Topiramate**
- Female patients have decreased by **29%** and males by **9%** since April 2023

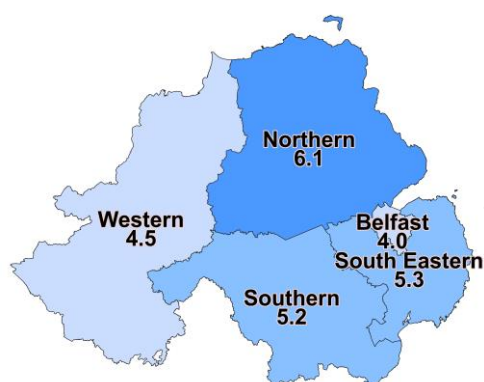
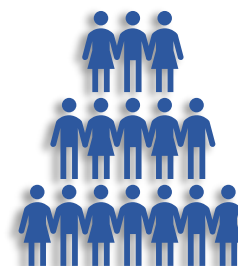


Fourteen females and **twenty-four** males under the age of 55 **started** on Sodium Valproate between **April and June 2026**

The number of patients **starting Topiramate** in this period was **fifty-four females** and **thirty-one males** aged 0-54

The **rate of verifiable female patients** under 55 prescribed Sodium Valproate per 1,000 population in Northern Ireland was **1.05**, and **3.12 for males** in January-June 2026

The equivalent rate for patients prescribed **Topiramate** was **1.21** per 1,000 females and **0.55** per 1,000 males aged 0-54



Proportion of female patients aged 13-44, as a % of all Sodium Valproate (left) or Topiramate (right) patients in each **HSC Trust Jan-Jun 2026**

