



Home Office

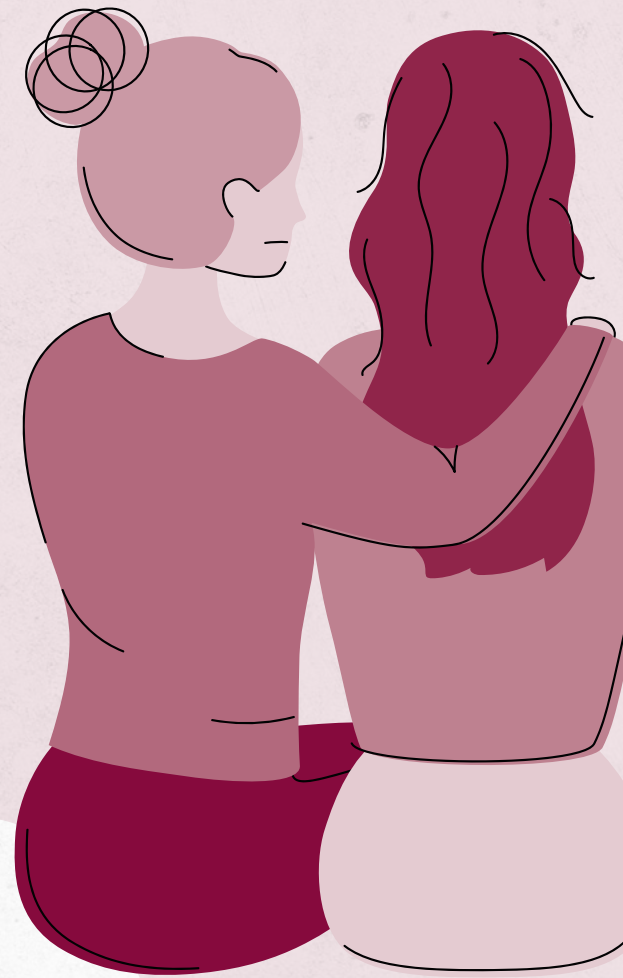
Asylum
Consequences
of Behaviour

Are you experiencing domestic abuse?

Domestic abuse is when a partner or family member:

- hits, pushes or physically hurts you
- threatens or shouts at you, making you afraid
- controls where you go, what you wear, or your money
- cuts you off from family or friends
- harms or abuses you in the name of 'honour'

This is not OK. You have the right to live safely and to get help.



Asking for help will not affect your asylum claim.



If you are in immediate or life-threatening danger, call the police: **999**

For free, private support, call:

Domestic Abuse Helpline England: **0808 2000 247**

Women's Aid Scotland: **0800 027 1234**

Live Fear Free Helpline Wales: **0808 80 10 800**

Domestic Abuse Helpline Northern Ireland: **0808 802 1414**