

Weekly rainfall and river flow summary

Wednesday 24 June to Tuesday 30 June 2026

1 Summary

It has been another relatively dry week across all regions of the country. River flows decreased at almost all of the sites we report on, with six sites classed as exceptionally low for the time of year.

1.1 Rainfall

It has been another relatively dry week across all regions of the country, although rainfall totals showed a slight increase in parts of northern England compared with the previous week. Rainfall totals ranged from 1mm in east England to 9mm in north-west England (Table 1, Figure 2). June rainfall totals to date range from 80% of the long-term average (LTA) in north-east England to 130% of the LTA in south-east England. For England as a whole, June rainfall so far is 103% of the LTA (Table 1).

1.2 River flows

River flows decreased at 93% of the sites we report on compared with the previous week. Twenty-four sites (44%) were classed as normal and a further 16 sites (29%) were classed as below normal. Eight sites (15%) were classed as notably low and 6 sites (11%) were classed as exceptionally low. The exceptionally low sites were the Rivers Yare, Ely Ouse and Nene in east England, the River Derwent in north-east England, and the River Severn in central England. The River Wye in Wales was also classed as exceptionally low (Figure 3.1).

1.3 Outlook

Thursday will see cloud and patchy rain clearing from the far south, with largely dry and sunny conditions elsewhere. Friday and through the weekend, cloud and rain will mainly affect northern England, while southern areas remain fine, dry and increasingly warm. Monday and Tuesday are expected to be widely dry, warm and sunny under high pressure, with locally hot conditions in the south-east.

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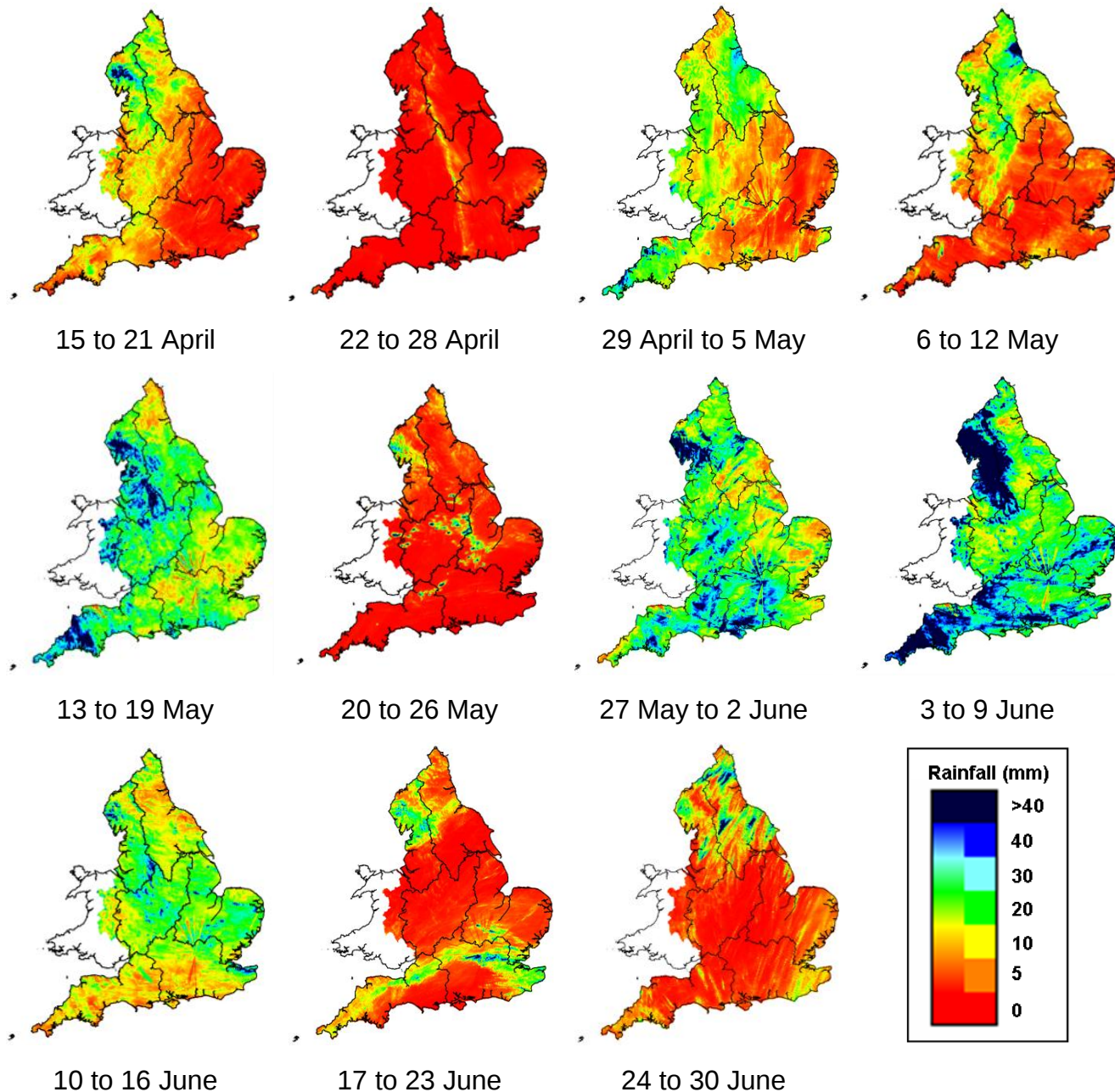
Table 1: Latest rainfall summary information (Source: Met Office © Crown Copyright, 2026)

Geographic regions	24 to 30 Jun 2026 total rainfall (mm)	Jun 2026 to date total rainfall (mm)	Jun 2026 to date rainfall % of LTA	May 2026 total rainfall (mm)	May 2026 rainfall % of LTA	Last 3 months Mar to May 2026 total rainfall (mm)	Last 3 months Mar to May 2026 rainfall % of LTA	Last 6 months Dec 2025 to May 2026 total rainfall (mm)	Last 6 months Dec 2025 to May 2026 rainfall % of LTA	Last 12 months Jun 2025 to May 2026 total rainfall (mm)	Last 12 months Jun 2025 to May 2026 rainfall % of LTA
north-west	9	107	108	71	95	248	105	633	104	1,464	115
north-east	6	56	80	60	109	148	84	436	105	934	105
central	3	56	94	45	80	104	65	427	120	818	107
east	1	52	94	20	43	50	39	264	94	576	91
south-east	2	71	130	28	53	65	43	405	109	775	100
south-west	4	82	120	44	68	120	57	677	124	1,216	111
England	4	68	103	42	74	112	65	454	110	917	105

Notes: Long term average (LTA) rainfall for 1991 to 2020. Data for the current month are calculated using MORECS (Met Office Rainfall and Evaporation Calculation System); data for past months are provisional values from the National Climate Information Centre (NCIC). The data are rounded to the nearest millimetre or percent except when values are less than 1. Recorded amounts of rainfall are likely to be underestimated during snow events.

2 Rainfall

Figure 2: Weekly precipitation across England and Wales for the past 11 weeks. UKPP radar. Note: Images may sometimes include straight lines originating from the centre of the radar, resulting from tall trees and buildings located near the radar installation affecting its performance. This does not reflect actual conditions on the ground.

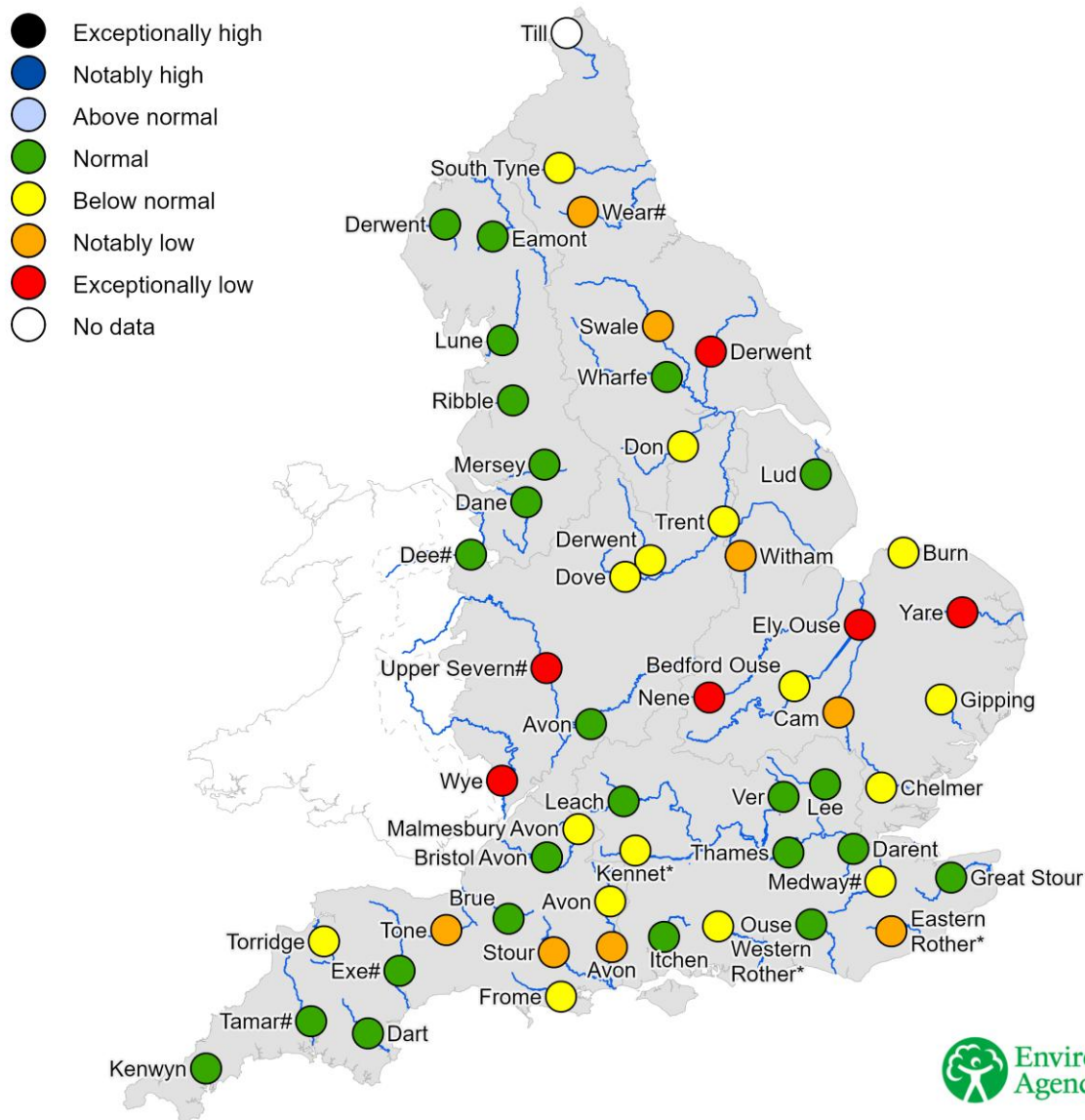


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3 River flows

3.1 River flows map

Figure 3.1: Latest daily mean river flow, relative to an analysis of historic daily mean flows, classed by flow percentile for the same time of year. River flows for the River Thames at Kingston and the River Lee at Feildes Weir are naturalised. * Flows may be overestimated and data should be treated with caution. # Flows may be impacted by upstream reservoir releases.



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3.2 River flow categories

Exceptionally high	Value likely to fall within this band 5% of the time
Notably high	Value likely to fall within this band 8% of the time
Above normal	Value likely to fall within this band 15% of the time
Normal	Value likely to fall within this band 44% of the time
Below normal	Value likely to fall within this band 15% of the time
Notably low	Value likely to fall within this band 8% of the time
Exceptionally low	Value likely to fall within this band 5% of the time