

# Weekly rainfall and river flow summary

Wednesday 17 June to Tuesday 23 June 2026

## 1 Summary

It has been a drier week across all regions of the country. River flows decreased at over four-fifths of the sites we report on with two sites classed as exceptionally low for the time of year.

### 1.1 Rainfall

It has been a drier week across all regions of the country. Rainfall totals ranged from 2mm in central England to 11mm in south-east England (Table 1, Figure 2). June rainfall totals to date range from 71% of the long term average (LTA) for the month in north-east England to 126% of the LTA in south-east England. For England as a whole, June rainfall so far is 97% of the LTA. (Table 1)

### 1.2 River flows

River flows decreased at 82% of the sites we report on compared to the previous week. Twenty-five sites (45%) were classed as normal and a further 5 sites (9%) were classed as above normal. Nineteen sites (35%) were classed as below normal, 4 sites (7%) were classed as notably low and 2 sites (4%) were classed as exceptionally low; the River Till in the north-east and the Ely Ouse in east England. (Figure 3.1)

### 1.3 Outlook

Thursday will be a very hot day with strong sunshine with the chance of thunderstorms moving in overnight from the south and west. Another hot day in the east is forecast on Friday, but it should be a little cooler elsewhere. Fresher conditions will gradually arrive from the west into the weekend, but this will be accompanied by spells of rain and thundery showers. Monday and Tuesday are expected to see sunshine and showers.

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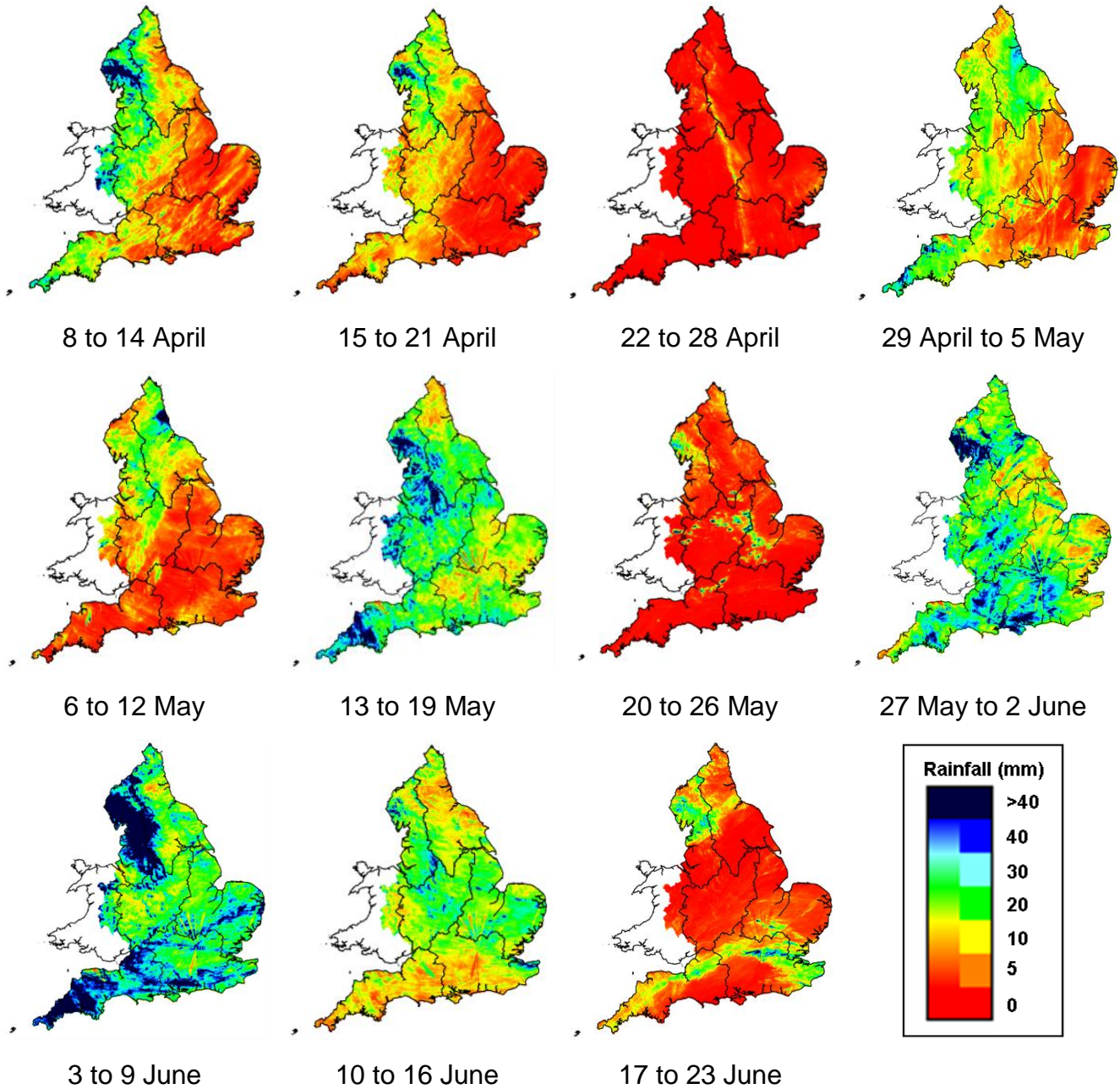
Table 1: Latest rainfall summary information (Source: Met Office © Crown Copyright, 2026)

Geographic regions	17 to 23 Jun 2026 total rainfall (mm)	Jun 2026 to date total rainfall (mm)	Jun 2026 to date rainfall % of LTA	May 2026 total rainfall (mm)	May 2026 rainfall % of LTA	Last 3 months Mar to May 2026 total rainfall (mm)	Last 3 months Mar to May 2026 rainfall % of LTA	Last 6 months Dec 2025 to May 2026 total rainfall (mm)	Last 6 months Dec 2025 to May 2026 rainfall % of LTA	Last 12 months Jun 2025 to May 2026 total rainfall (mm)	Last 12 months Jun 2025 to May 2026 rainfall % of LTA
north-west	8	84	98	71	95	248	105	633	104	1,464	115
north-east	4	52	71	60	109	148	84	436	105	934	105
central	2	58	90	45	80	104	65	427	120	818	107
east	3	51	92	20	43	50	39	264	94	576	91
south-east	11	67	126	28	53	65	43	405	109	775	100
south-west	6	78	113	44	68	120	57	677	124	1,216	111
England	6	63	97	42	74	112	65	454	110	917	105

Notes: Long term average (LTA) rainfall for 1991 to 2020. Data for the current month are calculated using MORECS (Met Office Rainfall and Evaporation Calculation System); data for past months are provisional values from the National Climate Information Centre (NCIC). The data are rounded to the nearest millimetre or percent except when values are less than 1. Recorded amounts of rainfall are likely to be underestimated during snow events.

## 2 Rainfall

Figure 2: Weekly precipitation across England and Wales for the past 11 weeks. UKPP radar. Note: Images may sometimes include straight lines originating from the centre of the radar, resulting from tall trees and buildings located near the radar installation affecting its performance. This does not reflect actual conditions on the ground.



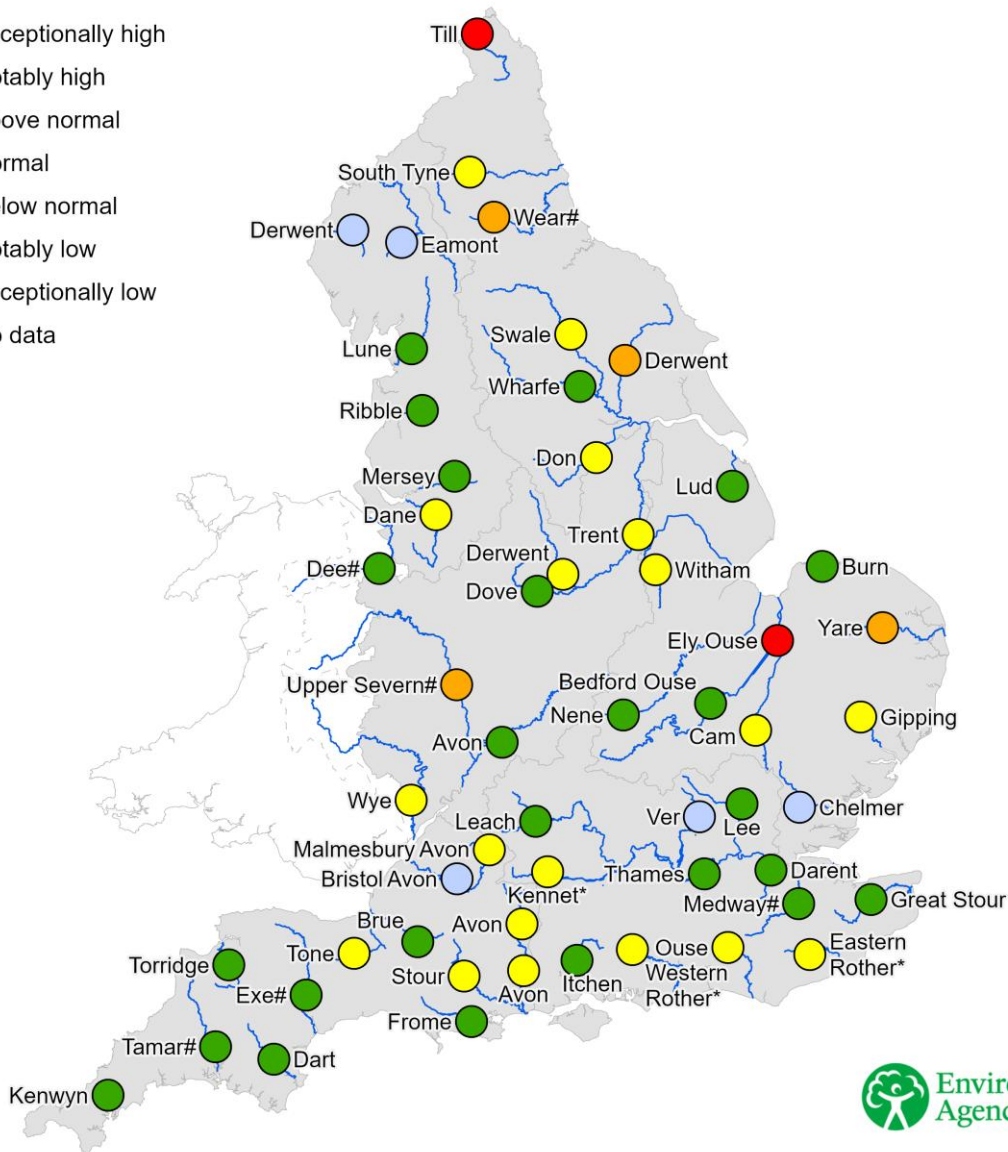
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### 3 River flows

#### 3.1 River flows map

Figure 3.1: Latest daily mean river flow, relative to an analysis of historic daily mean flows, classed by flow percentile for the same time of year. River flows for the River Thames at Kingston and the River Lee at Feildes Weir are naturalised. \* Flows may be overestimated and data should be treated with caution. # Flows may be impacted by upstream reservoir releases.

- Exceptionally high
- Notably high
- Above normal
- Normal
- Below normal
- Notably low
- Exceptionally low
- No data



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#### 3.2 River flow categories

Exceptionally high	Value likely to fall within this band 5% of the time
Notably high	Value likely to fall within this band 8% of the time
Above normal	Value likely to fall within this band 15% of the time
Normal	Value likely to fall within this band 44% of the time
Below normal	Value likely to fall within this band 15% of the time
Notably low	Value likely to fall within this band 8% of the time
Exceptionally low	Value likely to fall within this band 5% of the time