



- **In October-March 2025/26:**
- **737 females** and **2,344 males** aged 0-54 were prescribed and dispensed **Sodium Valproate**
- This was a decrease of **51%** for females and **28%** for males since April 2019

- **864 females** and **409 males** aged 0-54 were prescribed and dispensed **Topiramate**
- Female patients have decreased by **28%** since April 2023 and males by **9%**

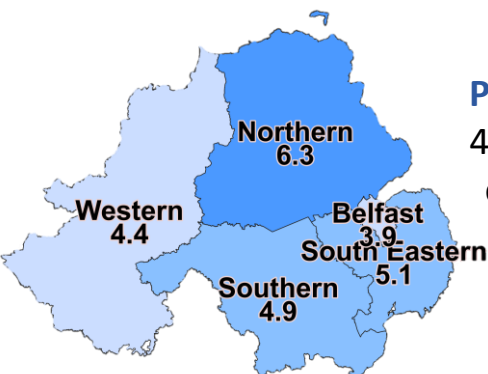
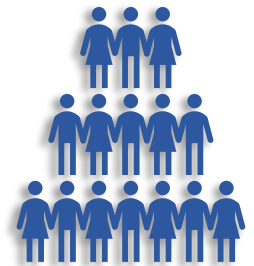


Ten females and **twenty-one** males under the age of 55 **started** on Sodium Valproate between **January and March 2026**

The number of patients **starting Topiramate** in this period was **45 females** and **25 males** aged 0-54

The **rate of verifiable female patients** under 55 prescribed Sodium Valproate per 1,000 population in Northern Ireland was **1.06**, and **3.17 for males** in October-March 2025/26

The equivalent rate for patients prescribed **Topiramate** was **1.24** per 1,000 females and **0.55** per 1,000 males aged 0-54



Proportion of female patients aged 13-44, as a % of all Sodium Valproate (left) or Topiramate (right) patients in each **HSC Trust Oct-Mar 2025/26**

