

Weekly rainfall and river flow summary

Wednesday 1 April to Tuesday 7 April 2026

1 Summary

It has been a drier week across the whole of the country compared with last week, particularly in east and south-east England. River flows have decreased further at all but one of the river flow sites that we report on compared with the previous week.

1.1 Rainfall

It has been another dry week across the whole of the country particularly in east and south-east England. Rainfall totals ranged from 14mm in north-west England to less than 1mm in east England (Table 1, Figure 2). The last three weeks have been largely dry across east and south-east England with just over 5mm rainfall received over this period while central and south-west England have received just less than 15mm. (Table 1).

1.2 River flows

River flows have decreased further at all but one of the river flow sites we report on compared with the previous week. The vast majority of sites (91%) are classed as normal or below normal for the time of year. Five sites (9%) were classed as above normal, 37 sites (69%) were classed as normal and 12 sites (22%) were classed as below normal for the time of year. Heaton Mill on the River Till saw the only increase in flow compared with the previous week. (Figure 3.1).

1.3 Outlook

Thursday and Friday will be mostly cloudy with showers for much of the country. East and south-east England will however, have some good spells of sunshine and remain relatively dry. Mixed weather conditions will continue across the weekend with further cloud and showery conditions for most. Localised thundery showers are expected across eastern and central parts of the country on Monday with further showers expected across England on Tuesday.

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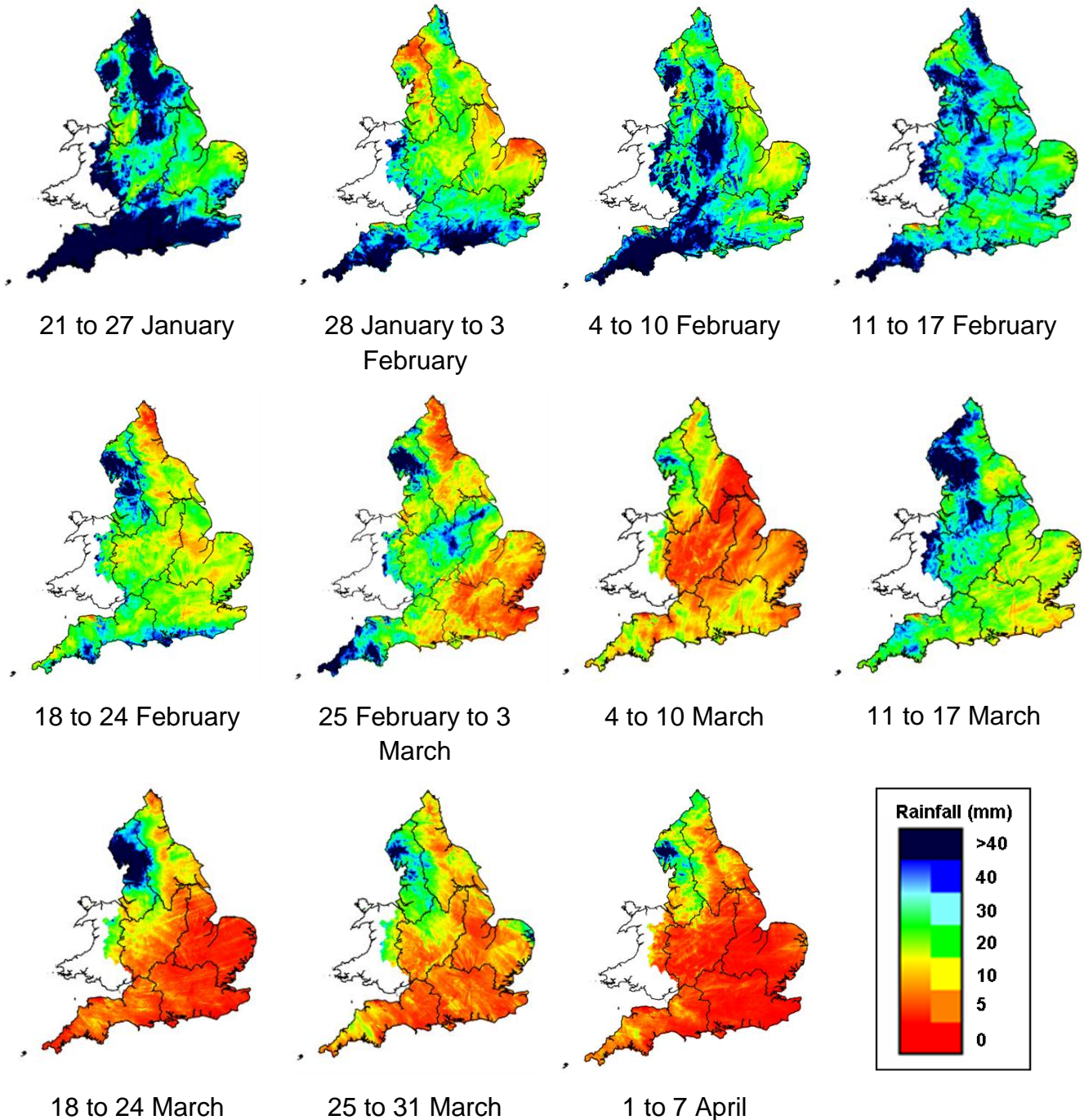
Table 1: Latest rainfall summary information (Source: Met Office © Crown Copyright, 2026)

Geographic regions	1 to 7 Apr 2026 total rainfall (mm)	Apr 2026 to date total rainfall (mm)	Apr 2026 to date rainfall % of LTA	Mar 2026 total rainfall (mm)	Mar 2026 rainfall % of LTA	Last 3 months Jan to Mar 2026 total rainfall (mm)	Last 3 months Jan to Mar 2026 rainfall % of LTA	Last 6 months Oct 2025 to Mar 2026 total rainfall (mm)	Last 6 months Oct 2025 to Mar 2026 rainfall % of LTA	Last 12 months Apr 2025 to Mar 2026 total rainfall (mm)	Last 12 months Apr 2025 to Mar 2026 rainfall % of LTA
north-west	14	14	19	122	136	337	106	841	116	1,431	113
north-east	8	8	13	60	98	257	122	581	121	892	101
central	2	2	4	39	76	270	158	564	142	803	105
east	<1	<1	2	24	62	184	137	399	125	594	94
south-east	1	1	3	29	59	280	151	543	123	783	101
south-west	5	5	8	48	62	432	153	869	133	1,251	114
England	5	5	8	48	83	285	137	609	126	914	105

Notes: Long term average (LTA) rainfall for 1991 to 2020. Data for the current month are calculated using MORECS (Met Office Rainfall and Evaporation Calculation System); data for past months are provisional values from the National Climate Information Centre (NCIC). The data are rounded to the nearest millimetre or percent except when values are less than 1. Recorded amounts of rainfall are likely to be underestimated during snow events.

2 Rainfall

Figure 2: Weekly precipitation across England and Wales for the past 11 weeks. UKPP radar. Note: Images may sometimes include straight lines originating from the centre of the radar, resulting from tall trees and buildings located near the radar installation affecting its performance. This does not reflect actual conditions on the ground.



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