

Weekly rainfall and river flow summary

Wednesday 25 March to Tuesday 31 March 2026

1 Summary

It has been another dry week for much of England, with the wettest conditions in the north-west. River flows have decreased at most sites but despite that, three quarters of sites were classed as normal for the time of year.

1.1 Rainfall

Conditions have remained dry for much of England this week with the wettest conditions in north-west England. Rainfall totals ranged from 3mm in south-east England to 21mm in the north-west (Table 1 and Figure 2). Rainfall totals for March so far range from just 59% of the long term average (LTA) in south-east England to 136% in the north-west. For England as a whole, rainfall for the month was 83% of LTA. (Table 1)

1.2 River flows

River flows decreased at the majority of the river flow sites we report on compared with the previous week. Three-quarters (75% of the total) of sites were classed as normal for the time of year. Nine sites (16%) were classed as above normal, one site (2%) was notably high and 4 sites (7%) were below normal. (Figure 3.1).

1.3 Outlook

Thursday will be dry and bright for many with some cloud and patchy drizzle in the far southeast. Rain is expected to arrive in the northwest later in the day. Friday and Saturday will bring unsettled conditions with strong winds and spells of rain across the country. These strong winds are likely to persist on Sunday with sunnier spells developing, particularly across the southeast. From Monday conditions are set to be changeable with strong winds at times.

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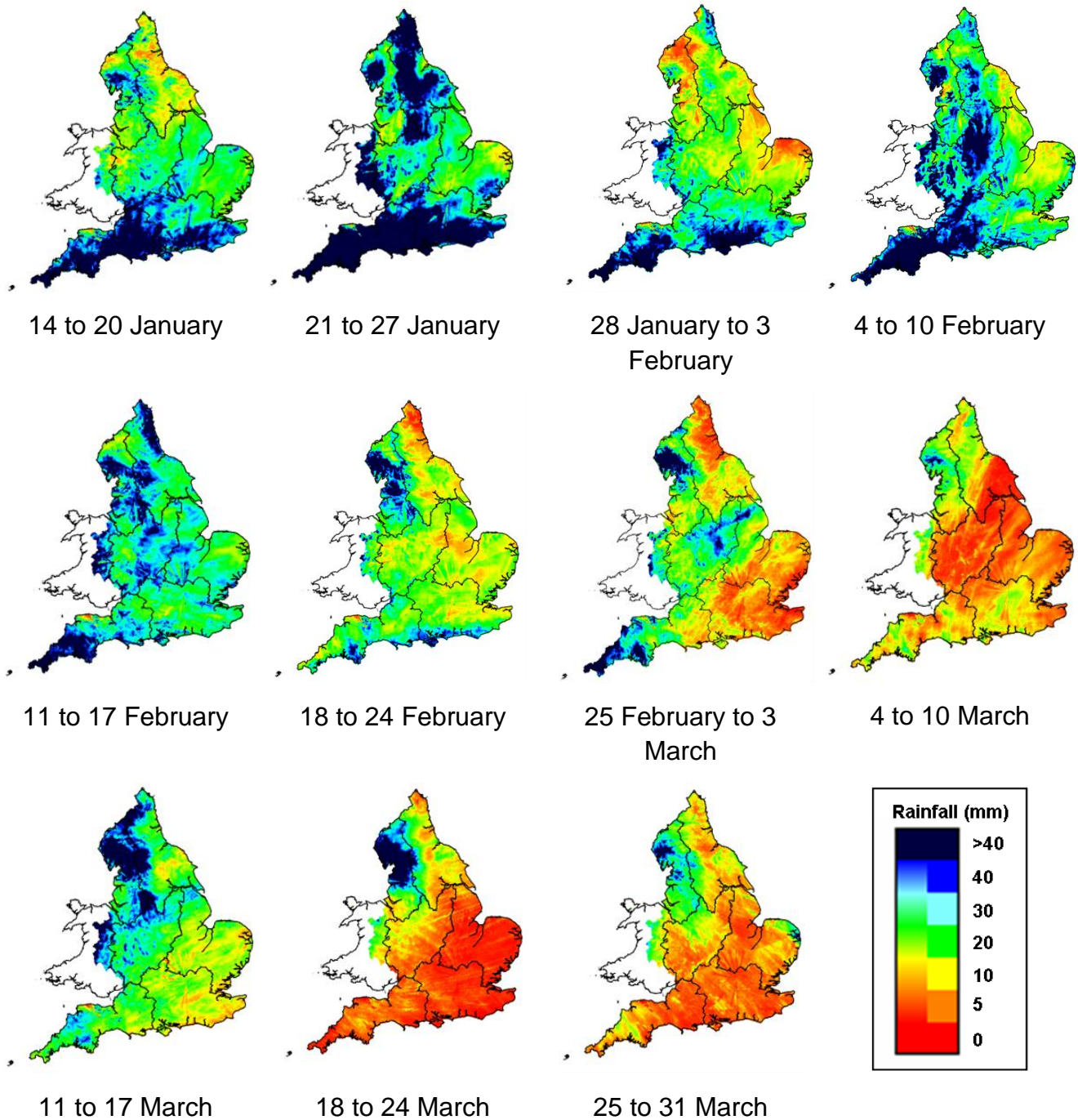
Table 1: Latest rainfall summary information (Source: Met Office © Crown Copyright, 2026)

Geographic regions	25 to 31 Mar 2026 total rainfall (mm)	Mar 2026 to date total rainfall (mm)	Mar 2026 to date rainfall % of LTA	Feb 2026 total rainfall (mm)	Feb 2026 rainfall % of LTA	Last 3 months Dec 2025 to Feb 2026 total rainfall (mm)	Last 3 months Dec 2025 to Feb 2026 rainfall % of LTA	Last 6 months Sep 2025 to Feb 2026 total rainfall (mm)	Last 6 months Sep 2025 to Feb 2026 rainfall % of LTA	Last 12 months Mar 2025 to Feb 2026 total rainfall (mm)	Last 12 months Mar 2025 to Feb 2026 rainfall % of LTA
north-west	21	122	136	115	111	386	104	922	124	1,340	105
north-east	10	60	98	97	139	288	120	644	132	858	97
central	5	39	76	122	229	323	165	614	151	778	102
east	4	24	62	77	183	214	140	427	129	577	91
south-east	3	29	59	109	189	340	155	588	130	761	98
south-west	6	48	62	167	189	558	167	940	143	1,214	111
England	7	49	83	113	170	342	142	662	135	880	101

Notes: Long term average (LTA) rainfall for 1991 to 2020. Data for the current month are calculated using MORECS (Met Office Rainfall and Evaporation Calculation System); data for past months are provisional values from the National Climate Information Centre (NCIC). The data are rounded to the nearest millimetre or percent except when values are less than 1. Recorded amounts of rainfall are likely to be underestimated during snow events.

2 Rainfall

Figure 2: Weekly precipitation across England and Wales for the past 11 weeks. UKPP radar. Note: Images may sometimes include straight lines originating from the centre of the radar, resulting from tall trees and buildings located near the radar installation affecting its performance. This does not reflect actual conditions on the ground.



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