UK Health Security Agency

Ambulance syndromic surveillance system bulletin (England)

2026 week 12

Key messages

Data reported to: 22 March 2026

During week 12, daily ambulance calls for headache increased markedly across several regions. There was also an increase in ambulance calls for allergic reactions in the South East and London regions and calls increased nationally across most indicators.

Please note: some of the observed increases in syndromic indicators reported during week 12 may reflect changes in healthcare seeking behaviour linked with public health messaging during the invasive meningococcal disease outbreak in South East England.

Syndromic indicators at a glance

Table 1: The current trend (based on previous weeks, not only the current week) and the level (compared to the expected baseline) of each indicator included in this bulletin.

Indicator	Trend	Level
Difficulty breathing (**Figure 1**)	Increasing	Similar to baseline
Chest pain (**Figure 2**)	No trend	Above baseline
Cardiac or respiratory arrest (**Figure 3**)	Increasing	Below baseline
Impact of heat or cold (**Figure 4**)	No trend	Below baseline
Headache (**Figure 5**)	Increasing	Similar to baseline
Unconscious or passing out (**Figure 6**)	Increasing	Below baseline
Collapsed with unknown problem (**Figure 7**)	No trend	Above baseline
Allergic reactions (**Figure 8**)	Increasing	Above baseline
Injuries (**Figure 9**)	Increasing	Above baseline
Overdose or ingestion or poisoning (**Figure 10**)	Increasing	Similar to baseline

System coverage

Table 2: The number of ambulance Trusts included in surveillance each day during the most recent week.

Date	Number of ambulance Trusts[1]
16 March 2026	9
17 March 2026	9
18 March 2026	9
19 March 2026	9
20 March 2026	9
21 March 2026	9
22 March 2026	9

[1] maximum 10 Trusts in England

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About this syndromic surveillance system

This bulletin presents data from the UK Health Security Agency (UKHSA) ambulance syndromic surveillance system.

Syndromic surveillance can be used to:
- assess current trends
- assess current trends and levels compared to historical baselines
- compare trends between age groups/areas

Syndromic surveillance should not be used to:
- estimate total burden or number of 'cases' of a condition (see **Notes and caveats**)
- compare levels between age groups/areas

Fully anonymised, daily ambulance call data are analysed and reported here, to identify and describe trends for a variety of syndromic indicators:
- syndromic indicators include groupings such as difficulty breathing, chest pain and injuries
- syndromic indicators are based on:
    - information gathered during the initial call
    - signs/symptoms and may not be laboratory confirmed
- **Key messages** describes any notable trends nationally (England), and/or by geographical area (based on UKHSA Regions)
- the full list of syndromic indicators reported here, along with their current level and trend, are summarised in **Table 1**
- charts are provided for each syndromic indicator, on a national basis, by geographical area (UKHSA Region). Each chart includes a year of data with:
    - 7-day moving averages (adjusted for weekends and bank holidays) to aid in the identification of trend
    - statistical baselines (where available) to aid in the assessment of level compared to historical expectations

For further information please see the **Notes and caveats** section.

Previous weekly bulletins from this system are available here.

Data quality issues of note this week

See **Table 2** for the number of Trusts included in the most recent week, indicating where data has not arrived at the time of this report production. Where recent data is not available, that region has been removed from the charts. All historical data are complete.

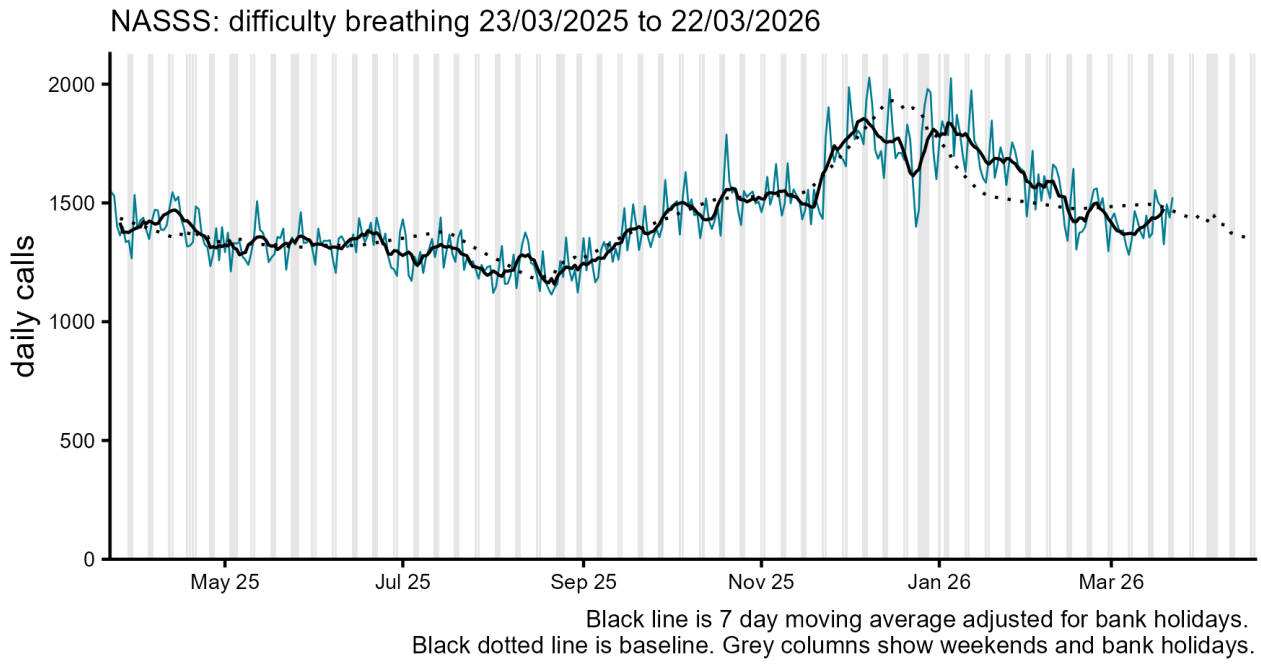
Please note that call data from Yorkshire Ambulance Service is currently not available to be included in this bulletin.

Respiratory conditions

Difficulty breathing

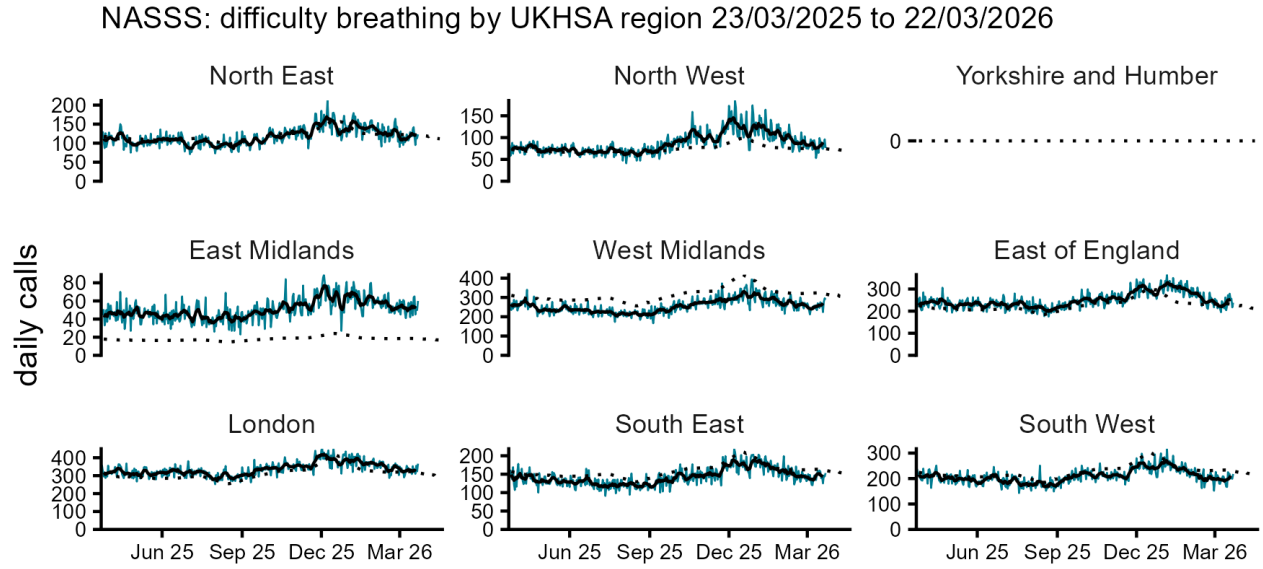
Figure 1: Daily number of difficulty breathing ambulance service calls (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by UKHSA Region.

(a)



Black line is 7 day moving average adjusted for bank holidays.
Black dotted line is baseline. Grey columns show weekends and bank holidays.

(b)



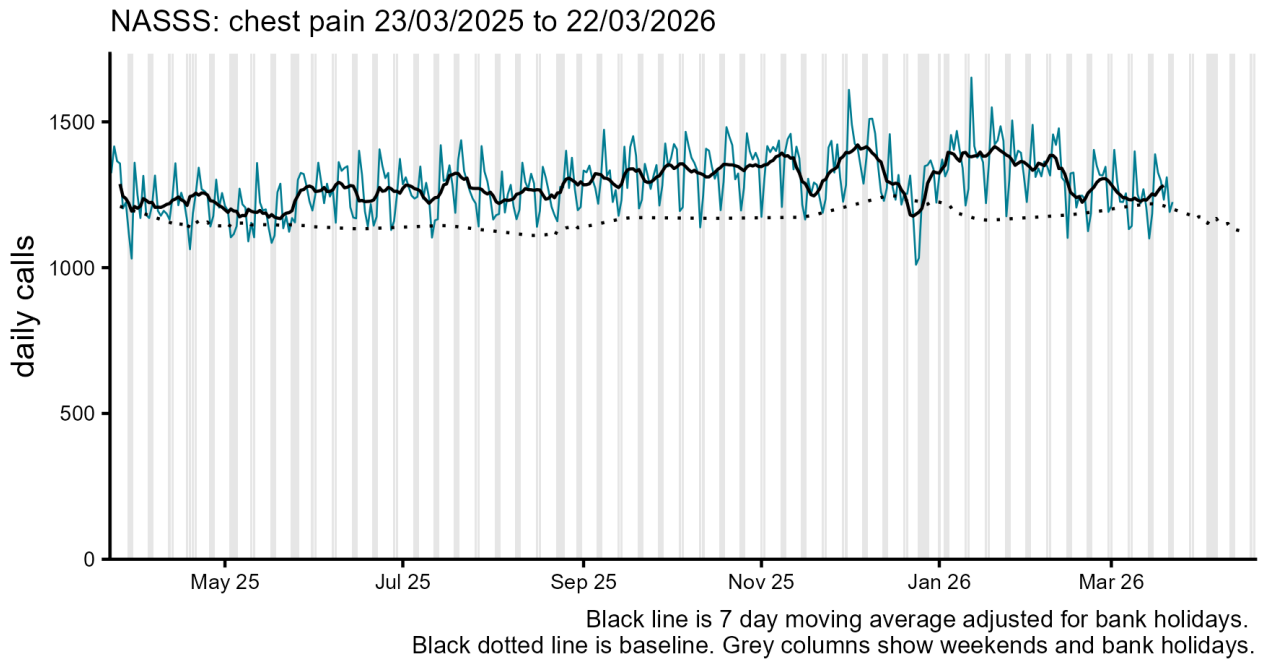
NOTE: SCALES MAY VARY IN EACH GRAPH TO ENABLE TREND COMPARISON.
Black line is 7 day moving average adjusted for bank holidays.
Black dotted line is baseline.

Cardiac conditions

Chest pain

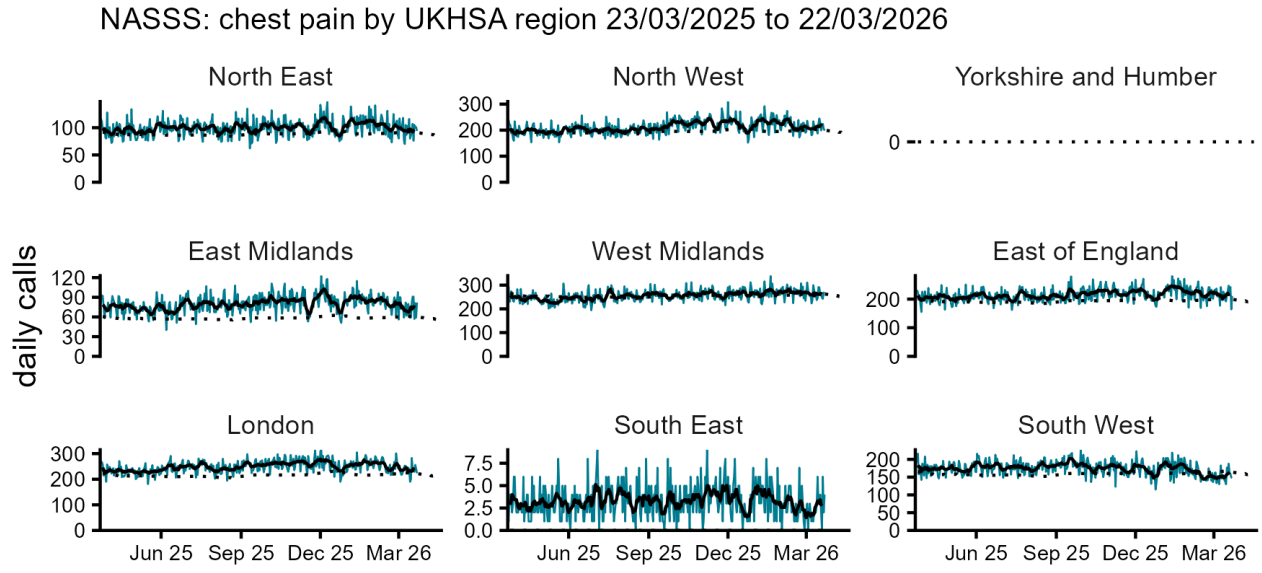
Figure 2: Daily number of chest pain ambulance service calls (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by UKHSA Region.

(a)



Black line is 7 day moving average adjusted for bank holidays.
Black dotted line is baseline. Grey columns show weekends and bank holidays.

(b)

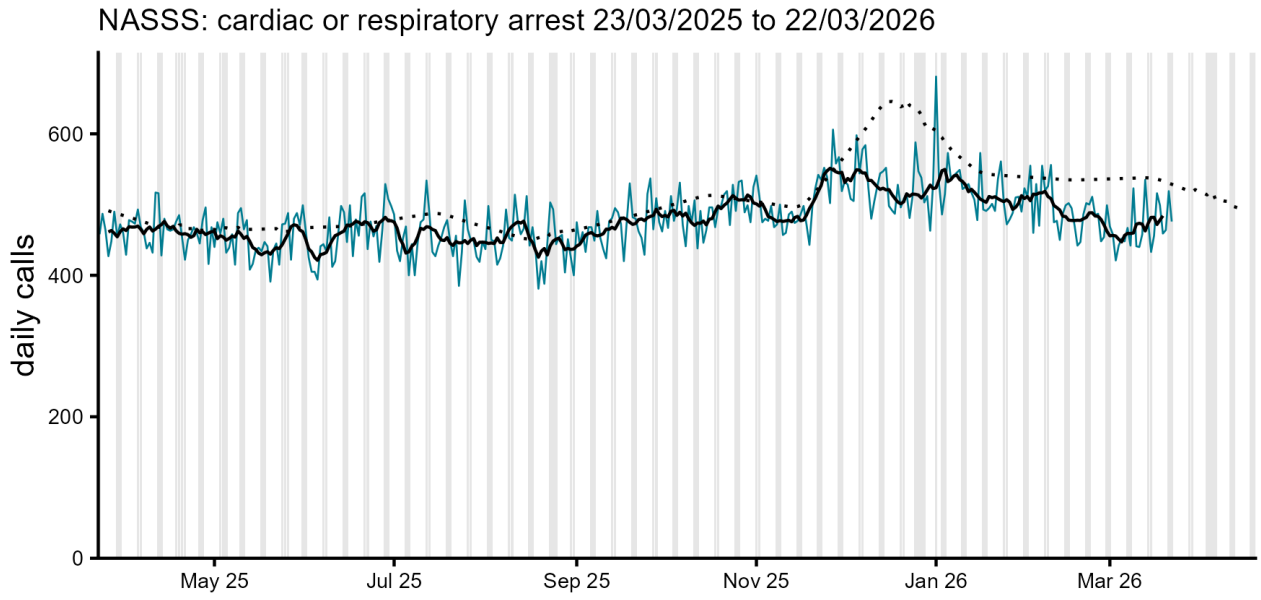


NOTE: SCALES MAY VARY IN EACH GRAPH TO ENABLE TREND COMPARISON.
Black line is 7 day moving average adjusted for bank holidays.
Black dotted line is baseline.

Cardiac or respiratory arrest

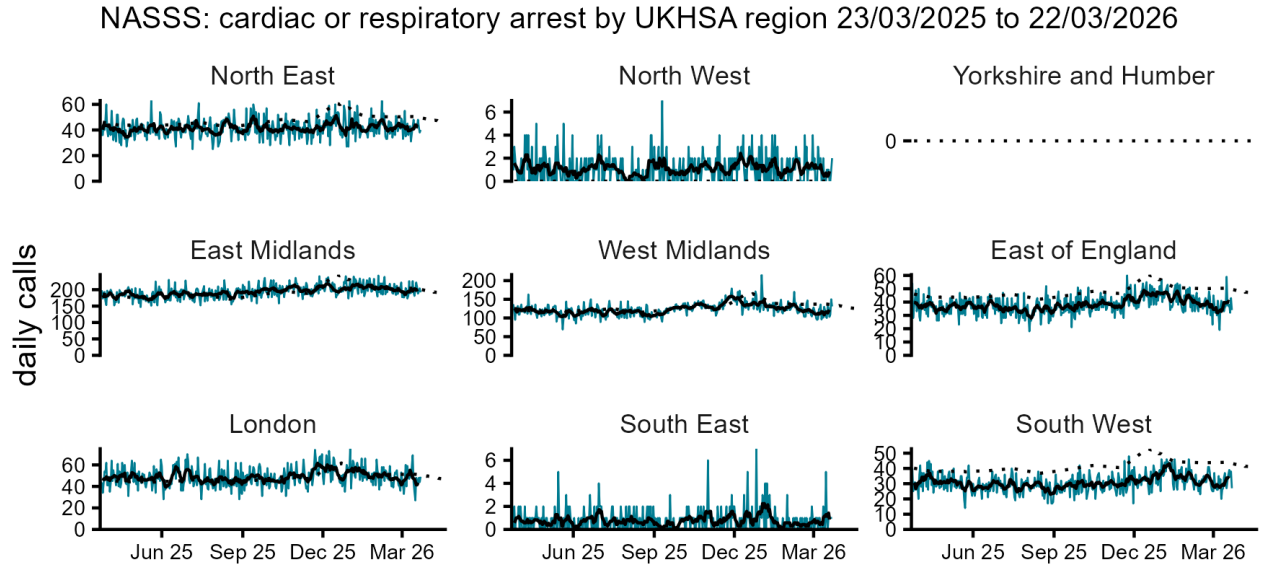
Figure 3: Daily number of cardiac or respiratory arrest ambulance service calls (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by UKHSA Region.

(a)



Black line is 7 day moving average adjusted for bank holidays.
Black dotted line is baseline. Grey columns show weekends and bank holidays.

(b)



NOTE: SCALES MAY VARY IN EACH GRAPH TO ENABLE TREND COMPARISON.
Black line is 7 day moving average adjusted for bank holidays.
Black dotted line is baseline.

Seasonal or environmental conditions

UKHSA and the Met Office operate a weather-health alert system that includes both heat and cold weather alert periods. Syndromic indicators are used to monitor the impact of both extreme hot and cold weather in England during these periods and will routinely be included below (where an appropriate syndromic indicator is available).

Cold-Health alert period: 1 November to 31 March

Heat-Health Alert period: 1 June to 30 September

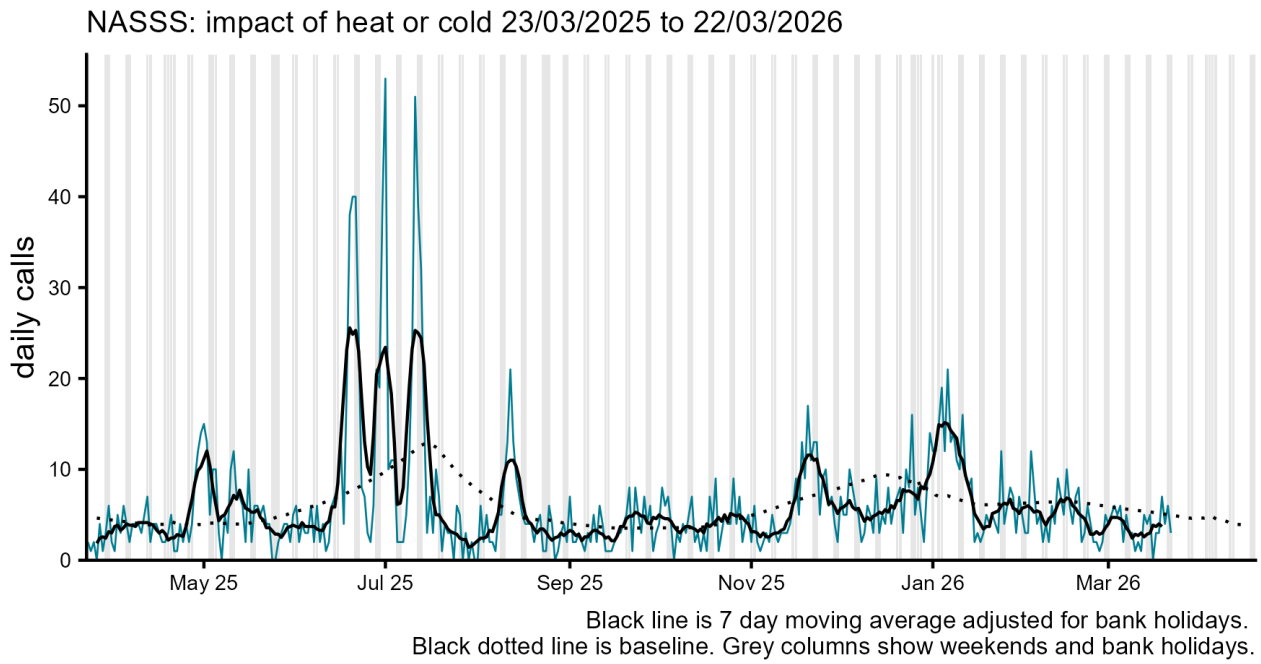
Highest weather alert during the current reporting week:

No alerts issued.

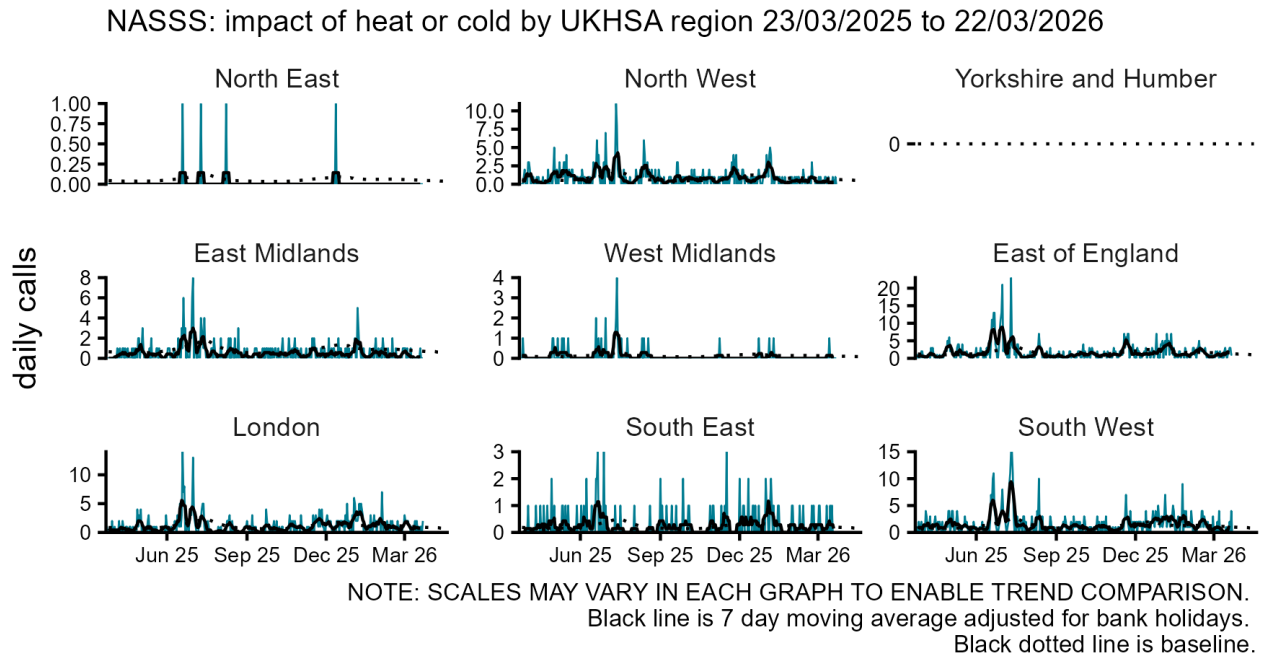
Impact of heat or cold

Figure 4: Daily number of heat or cold related ambulance service calls (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by UKHSA Region.

(a)



(b)

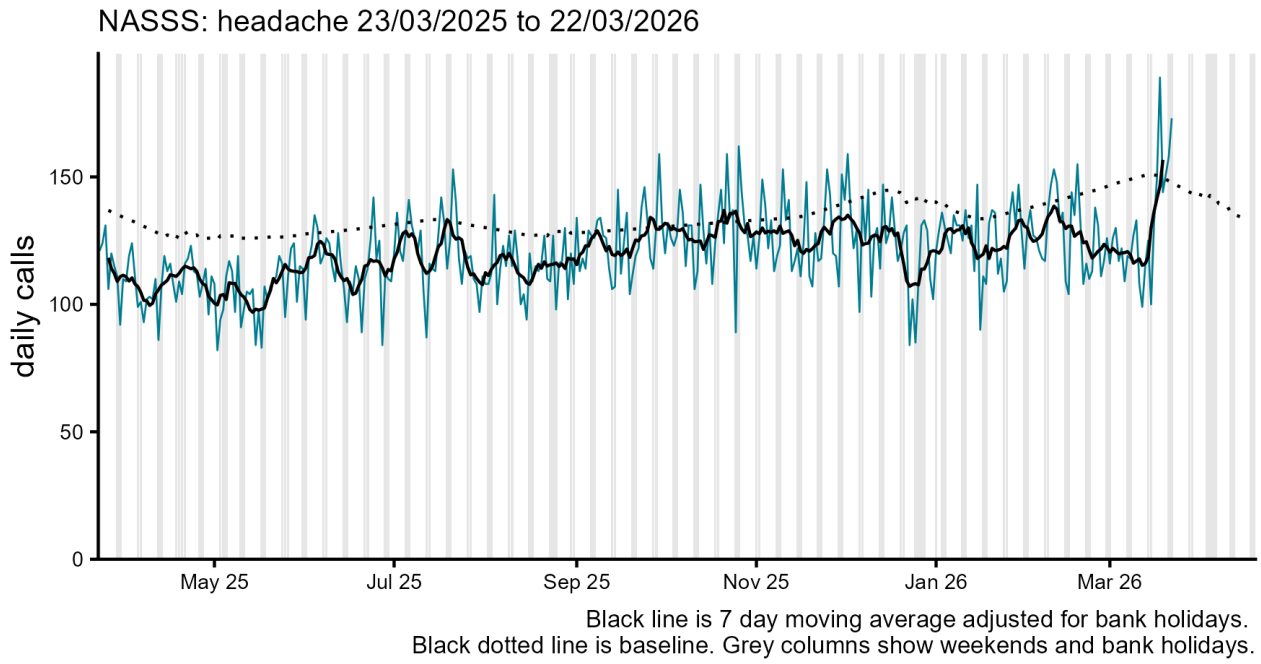


Other conditions

Headache

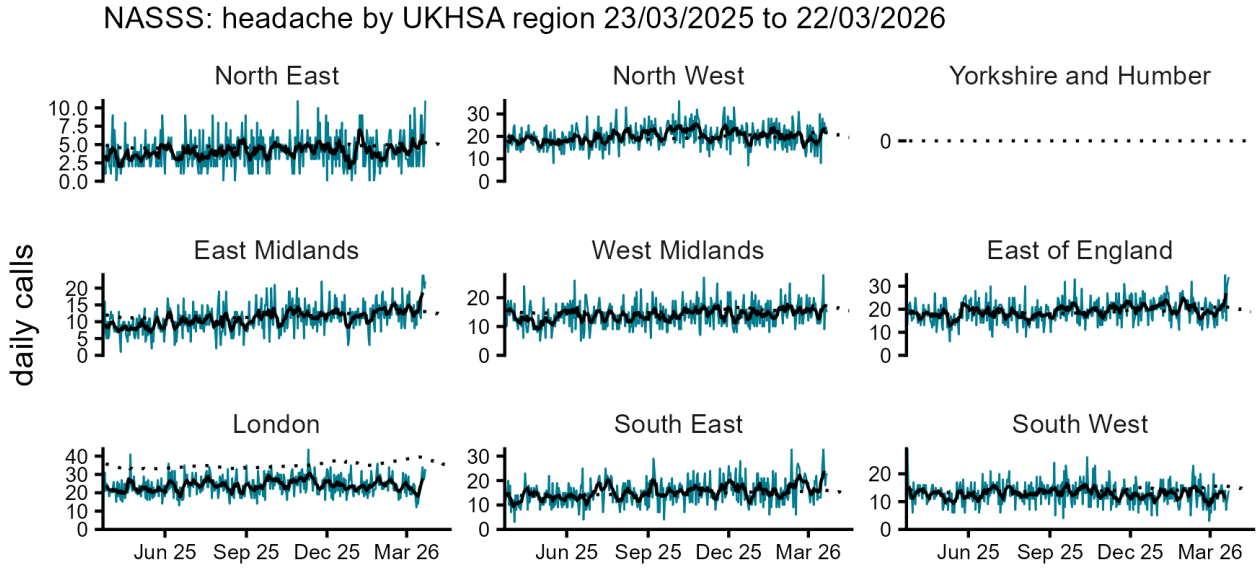
Figure 5: Daily number of headache ambulance service calls (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by UKHSA Region.

(a)



Black line is 7 day moving average adjusted for bank holidays.
Black dotted line is baseline. Grey columns show weekends and bank holidays.

(b)

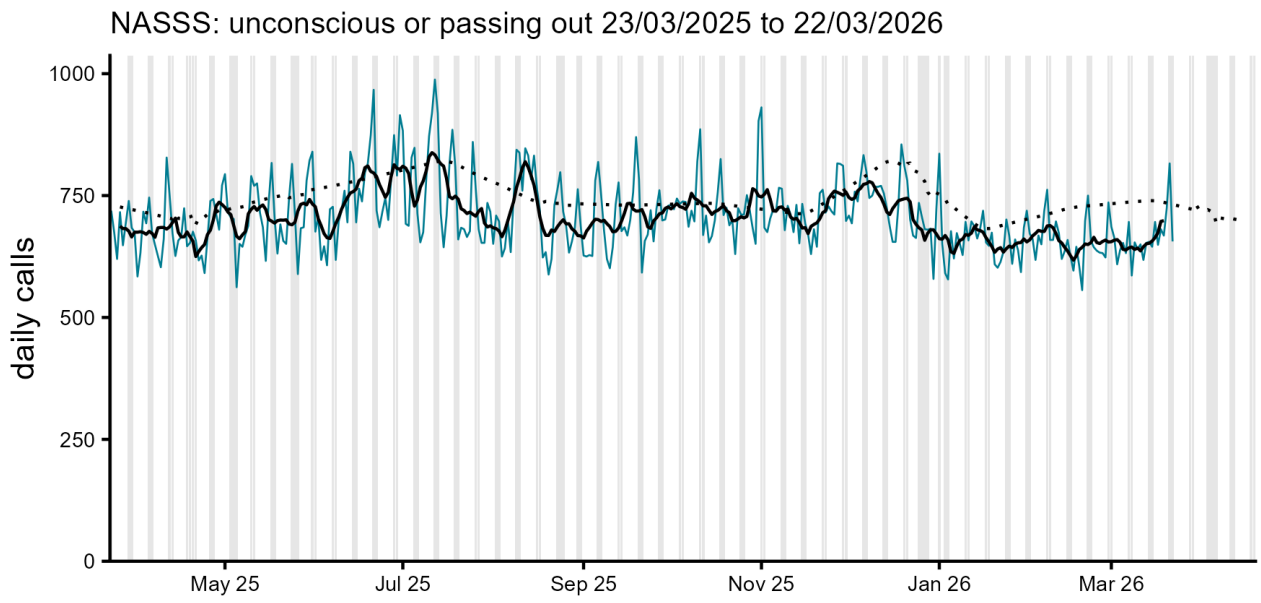


NOTE: SCALES MAY VARY IN EACH GRAPH TO ENABLE TREND COMPARISON.
Black line is 7 day moving average adjusted for bank holidays.
Black dotted line is baseline.

Unconscious or passing out

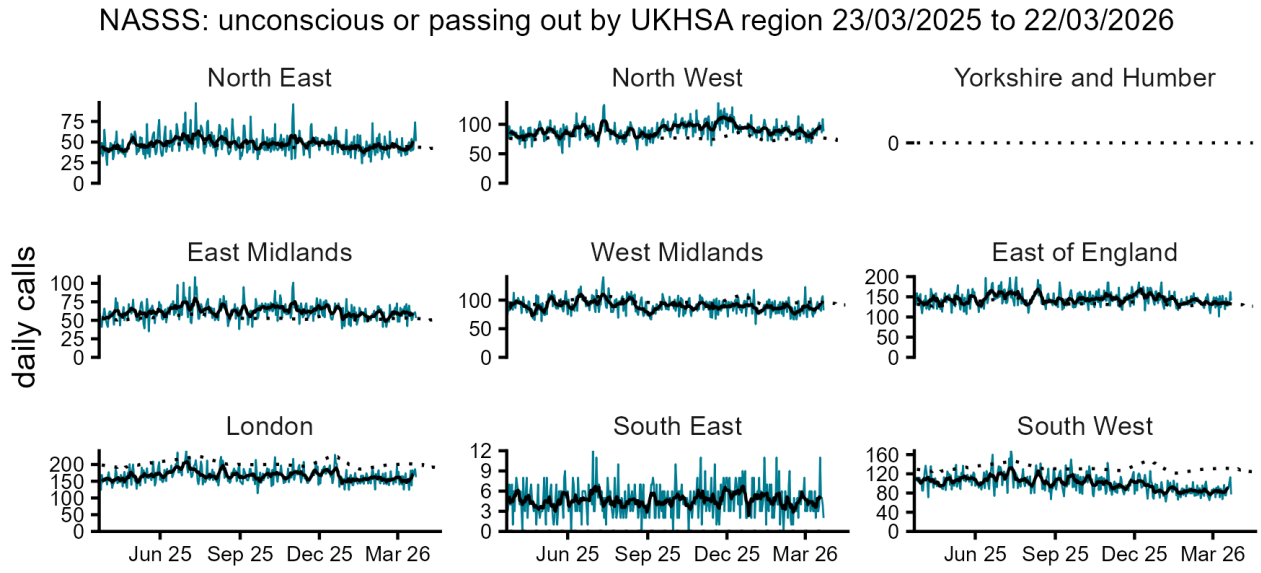
Figure 6: Daily number of unconscious or passing out ambulance service calls (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by UKHSA Region.

(a)



Black line is 7 day moving average adjusted for bank holidays.
Black dotted line is baseline. Grey columns show weekends and bank holidays.

(b)

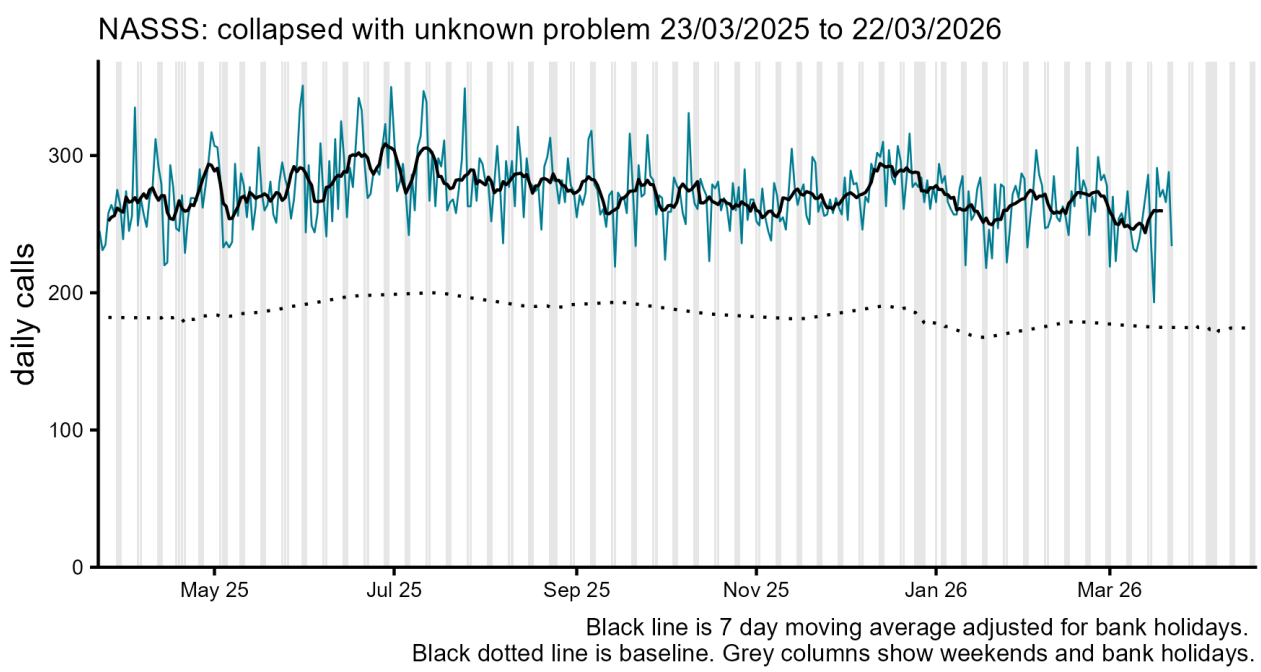


NOTE: SCALES MAY VARY IN EACH GRAPH TO ENABLE TREND COMPARISON.
Black line is 7 day moving average adjusted for bank holidays.
Black dotted line is baseline.

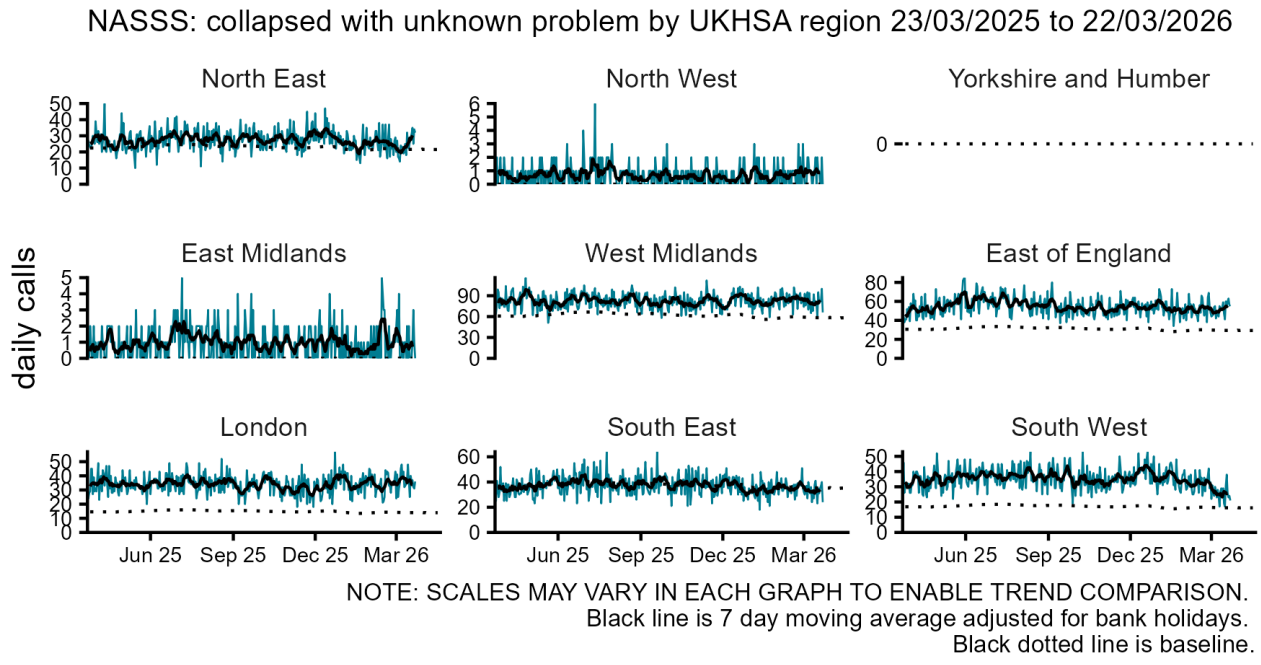
Collapsed with unknown problem

Figure 7: Daily number of collapsed with unknown problem ambulance service calls (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by UKHSA Region.

(a)



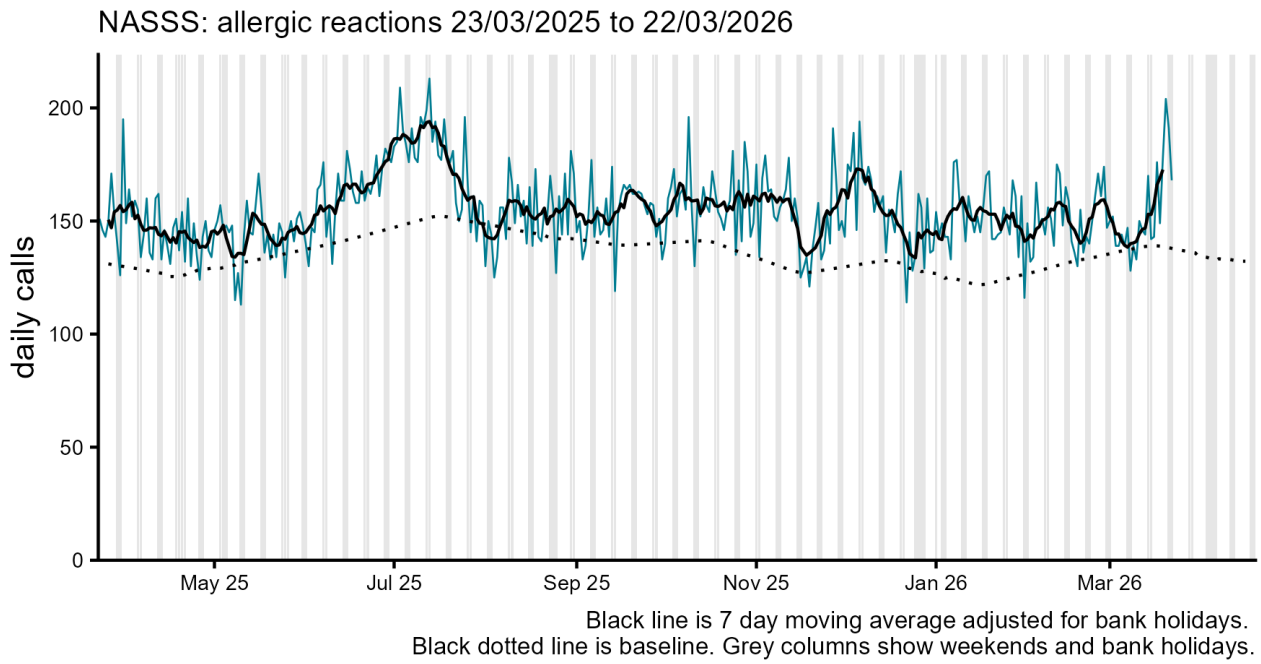
(b)



Allergic reactions

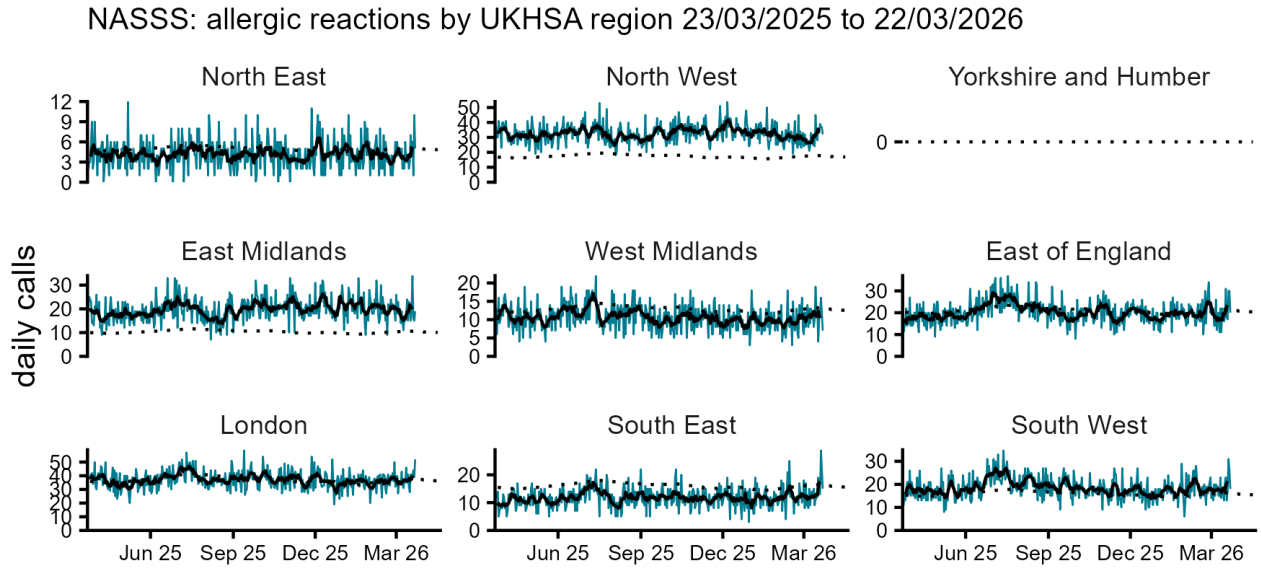
Figure 8: Daily number of allergic reactions ambulance service calls (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by UKHSA Region.

(a)



Black line is 7 day moving average adjusted for bank holidays.
Black dotted line is baseline. Grey columns show weekends and bank holidays.

(b)

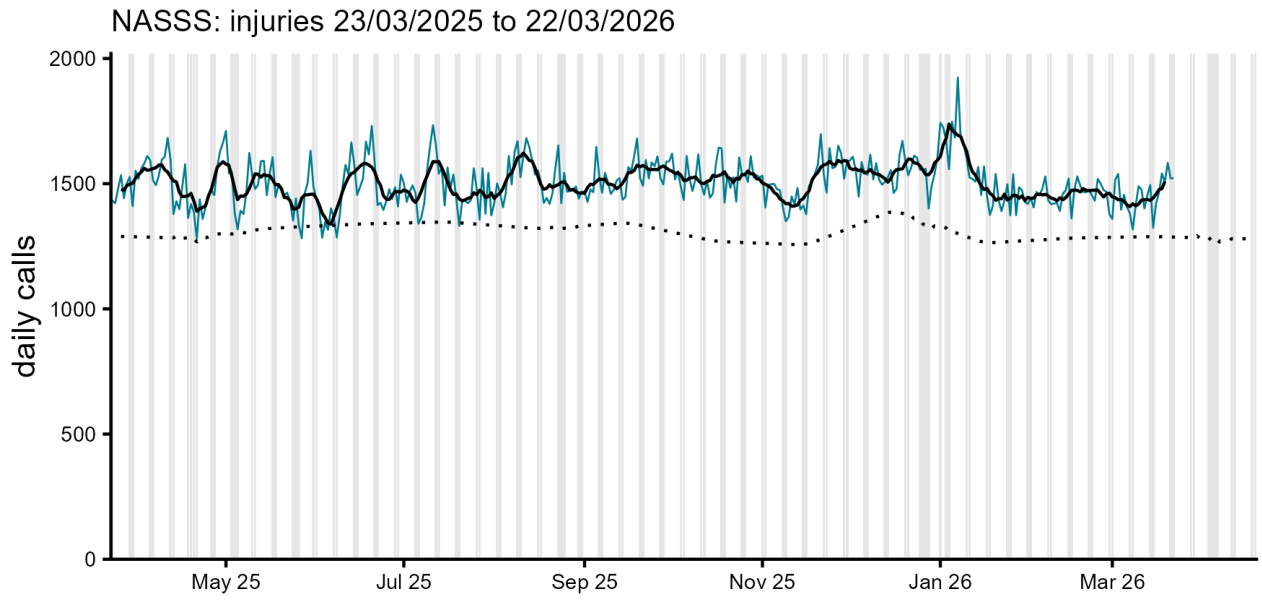


NOTE: SCALES MAY VARY IN EACH GRAPH TO ENABLE TREND COMPARISON.
Black line is 7 day moving average adjusted for bank holidays.
Black dotted line is baseline.

Injuries

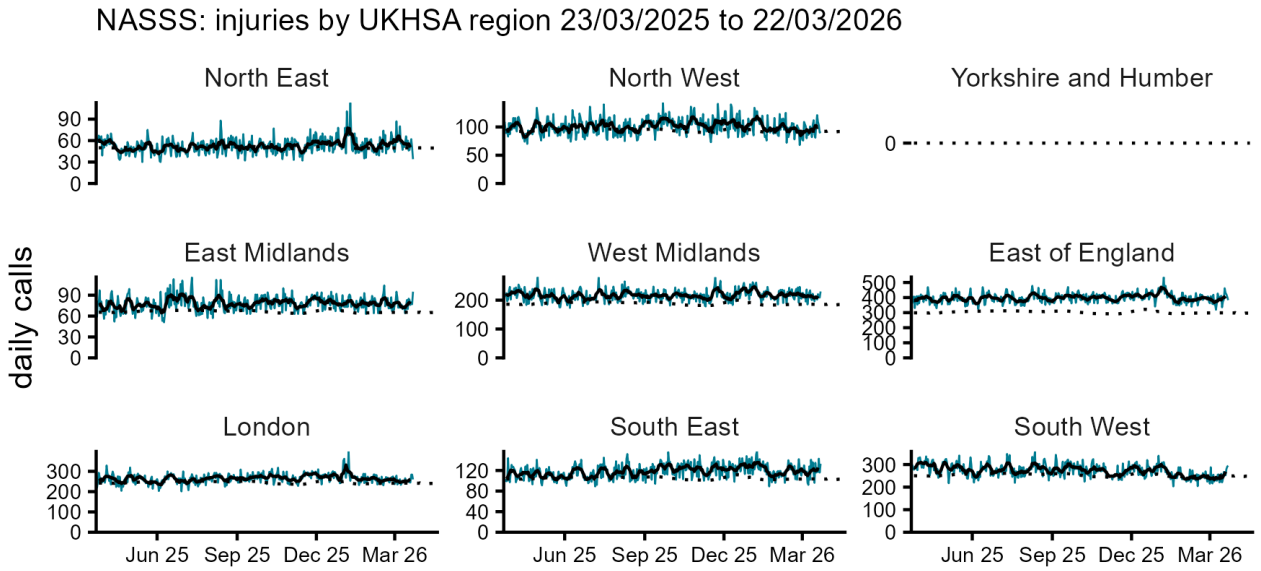
Figure 9: Daily number of injury ambulance service calls (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by UKHSA Region.

(a)



Black line is 7 day moving average adjusted for bank holidays.
Black dotted line is baseline. Grey columns show weekends and bank holidays.

(b)

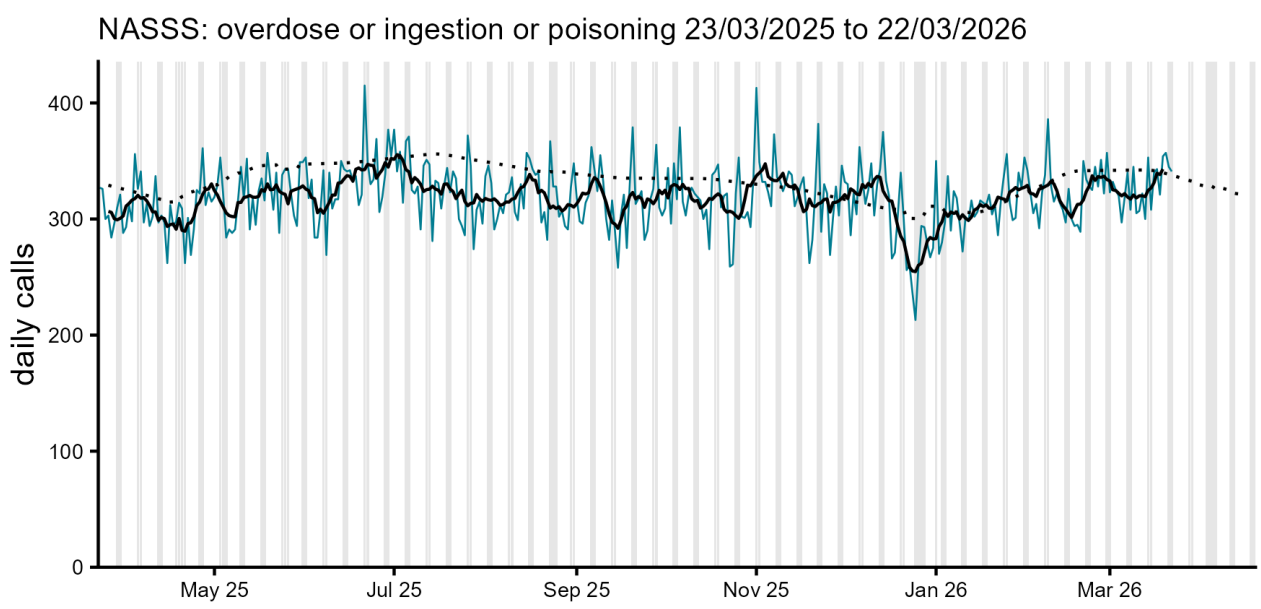


NOTE: SCALES MAY VARY IN EACH GRAPH TO ENABLE TREND COMPARISON.
Black line is 7 day moving average adjusted for bank holidays.
Black dotted line is baseline.

Overdose or poisoning

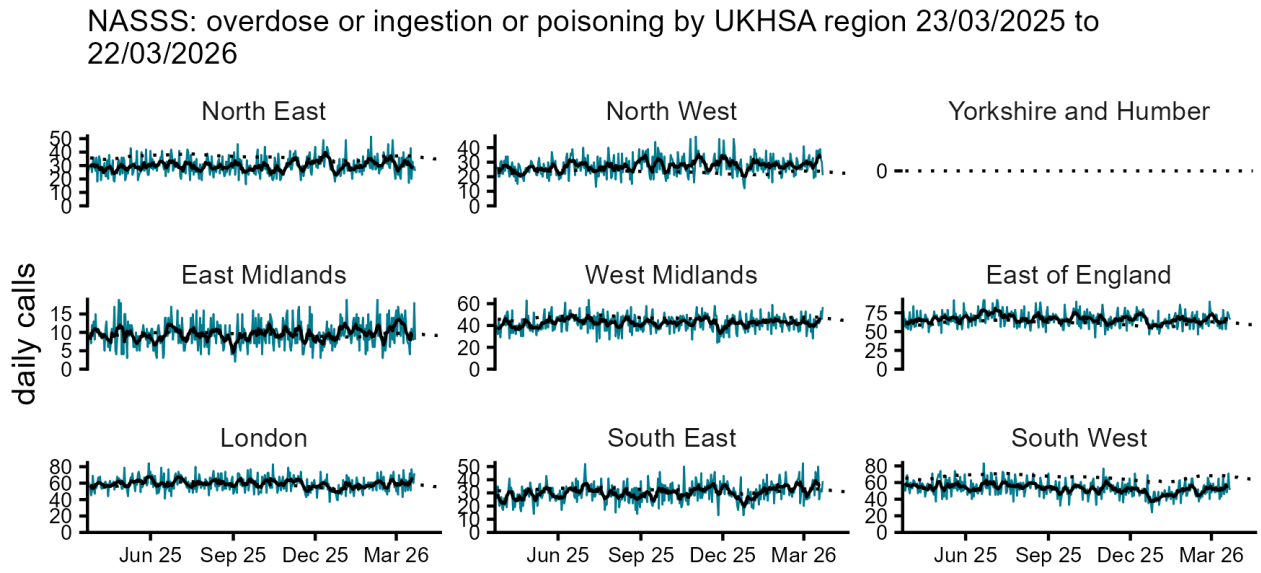
Figure 10: Daily number of overdose or poisoning ambulance service calls (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by UKHSA Region.

(a)



Black line is 7 day moving average adjusted for bank holidays.
Black dotted line is baseline. Grey columns show weekends and bank holidays.

(b)



NOTE: SCALES MAY VARY IN EACH GRAPH TO ENABLE TREND COMPARISON.
Black line is 7 day moving average adjusted for bank holidays.
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Notes and caveats

The following additional caveats apply to the UKHSA ambulance syndromic surveillance system

- the data presented are based on a national syndromic surveillance system:
    - the 10 ambulance trusts in mainland England are included
    - the number of Trusts included each day of the most recent week is included in **Table 2**
    - indicating where data has not arrived at the time of this report production. All historical data are complete
- the signs/symptoms related to each call may be recorded differently by each ambulance Trust
    - there may be minimal usage of some syndromic indicators in some ambulance Trusts due to operational use of certain chief complaint codes
    - the title for each set of syndromic indicator charts will describe which Trusts (if any) are affected
- baselines:
    - were last remodelled May 2023
    - are constructed from historical data since January 2019
    - represent seasonally expected levels of activity
    - take account of any known substantial changes in data collection, population coverage or reporting practices:
        - the COVID-19 pandemic period is excluded

Acknowledgements

We would like to thank:

- North East, North West, Yorkshire, East Midlands, West Midlands, East of England, London, South East Coast, South Central, and South Western NHS ambulance Trusts for submitting anonymised, daily data to this syndromic surveillance system
- the Association of Ambulance Chief Executives for their support in establishing this syndromic surveillance system

About the UK Health Security Agency

UKHSA is responsible for protecting every member of every community from the impact of infectious diseases, chemical, biological, radiological and nuclear incidents and other health threats. We provide intellectual, scientific and operational leadership at national and local level, as well as on the global stage, to make the nation heath secure.

UKHSA is an executive agency, sponsored by the Department of Health and Social Care.

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