

1 Participant

Person **in work** with health condition or disability: struggling with health barriers OR on sick absence AND at risk of falling out.

Person **out of work** with health condition or disability: likely with low level needs and/or recently out of work.

2 Referred by

GP/Primary care settings (inc. social prescribing) | Local Authority (e.g. social workers) | Voluntary/ community sector | Local health services | Local employer | Jobcentre Plus | Self-referral

3 Support offer

Initial assessment with work and health coach of barriers to employment, experienced through physical health, mental health and social situation. Return to Work Plan/Thrive in Work Plan agreed. May recommend:

Multi-disciplinary in-house support

May include:

- Employer liaison
- Work and health coaching
- Advice on workplace adjustments
- Regular low-intensity follow up on Return to Work Plan/Thrive in Work Plan with Work and Health Coach

Triage, signposting and referral

May include:

- GP/healthcare professional – for further medical treatment
- Community services
- Council services
- Health promotion programmes
- Debt advice/financial health support
- Jobcentre Plus services
- Educational training
- Ongoing referral to more intensive support, e.g. Connect to Work, Access to Work, IPSPC, Restart.

Participants draw on both components, and move between WorkWell service and external services

4 Completion

Support ends when participant achieves goals set in individualised Return to Work Plan/Thrive in Work Plan. Example outcomes may include return to work, remain in work, reduced health barriers to working or looking for work.