



UK Health
Security
Agency

Emergency department syndromic surveillance system bulletin (England)

2026 week 1

Key messages

Data reported to: 4 January 2026

During week 1 there was a further overall decrease in acute respiratory infections (ARI) attendances, however attendances increased and remained elevated in adults aged 45 years and over. There was a further decrease in influenza-like illness (ILI) attendances, with decreases observed across all age groups. Pneumonia attendances remained elevated, particularly in the age groups 45 years and over. ‘Acute bronchiolitis or bronchitis’ attendances remained stable overall during week 1; attendances decreased in children aged 1 to 4 years but remained elevated in the under 1 year age group. There was an increase in ‘impact of cold’ attendances, peaking on Friday 2 January, in line with the recent amber level cold health weather alerts in place over England.

Please note: week 1 includes a public holiday, which may have an impact on ED attendances. The 7-day moving averages in all charts are adjusted to account for public holidays, however data and trends for week 1 should be interpreted with some caution.

Syndromic indicators at a glance

Table 1: The current trend (based on previous weeks, not only the current week) and the level (compared to the expected baseline), of each indicator included in this bulletin.

Indicator	Trend ¹	Level
Total attendances (Figure 1)	No trend	No baseline
COVID-19-like (Figure 2)	No trend	No baseline
Acute respiratory infections (Figure 3)	Decreasing	Similar to baseline
Acute bronchiolitis or bronchitis (Figure 4)	No trend	Similar to baseline
Influenza-like illness (Figure 5)	Decreasing	Similar to baseline
Pneumonia (Figure 6)	No trend	Similar to baseline
Asthma (Figure 7)	No trend	Below baseline
Gastroenteritis (Figure 8)	No trend	Below baseline
Cardiac (Figure 9)	No trend	Below baseline
Myocardial ischaemia (Figure 10)	No trend	Below baseline
Acute alcohol intoxication (Figure 11)	No trend	Above baseline
Mental health (Figure 12)	No trend	No baseline
Scarlet fever (Figure 13)	Decreasing	Similar to baseline
Impact of cold (Figure 14)	Increasing	Above baseline

¹ trend reports on the trend seen over most recent and earlier weeks

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About this syndromic surveillance system

This bulletin presents data from the UK Health Security Agency (UKHSA) emergency department syndromic surveillance system.

Syndromic surveillance can be used to:

- assess current trends and levels compared to historical baselines
- compare trends between age groups/areas

Syndromic surveillance should not be used to:

- estimate total burden or number of 'cases' of a condition (see **Notes and caveats**)
- compare levels between age groups/areas

Fully anonymised, daily ED data are analysed and reported here, to identify and describe trends for a variety of syndromic indicators:

- syndromic indicators include groupings such as acute respiratory tract infections, gastroenteritis and myocardial ischaemia
- syndromic indicators are based on:
 - the primary diagnosis for each attendance
 - other diagnoses may be recorded, but are not used for indicator grouping
 - diagnoses are based on signs/symptoms (not laboratory confirmed)
- **Key messages** describes any notable trends nationally (England), by age group and/or by geographical area (based on UKHSA Regions)
- the full list of syndromic indicators reported here, along with their current level and trend, are summarised in **Table 1**
- charts are provided for each syndromic indicator, on a national basis, by age group and by geographical area (UKHSA Region). Each chart includes a year of data with:
 - 7-day moving averages (adjusted for weekends and bank holidays) to aid in the identification of trend
 - statistical baselines (where available) to aid in the assessment of level compared to historical expectations

For further information please see **Notes and caveats**

Previous weekly bulletins from this system are available [here](#).

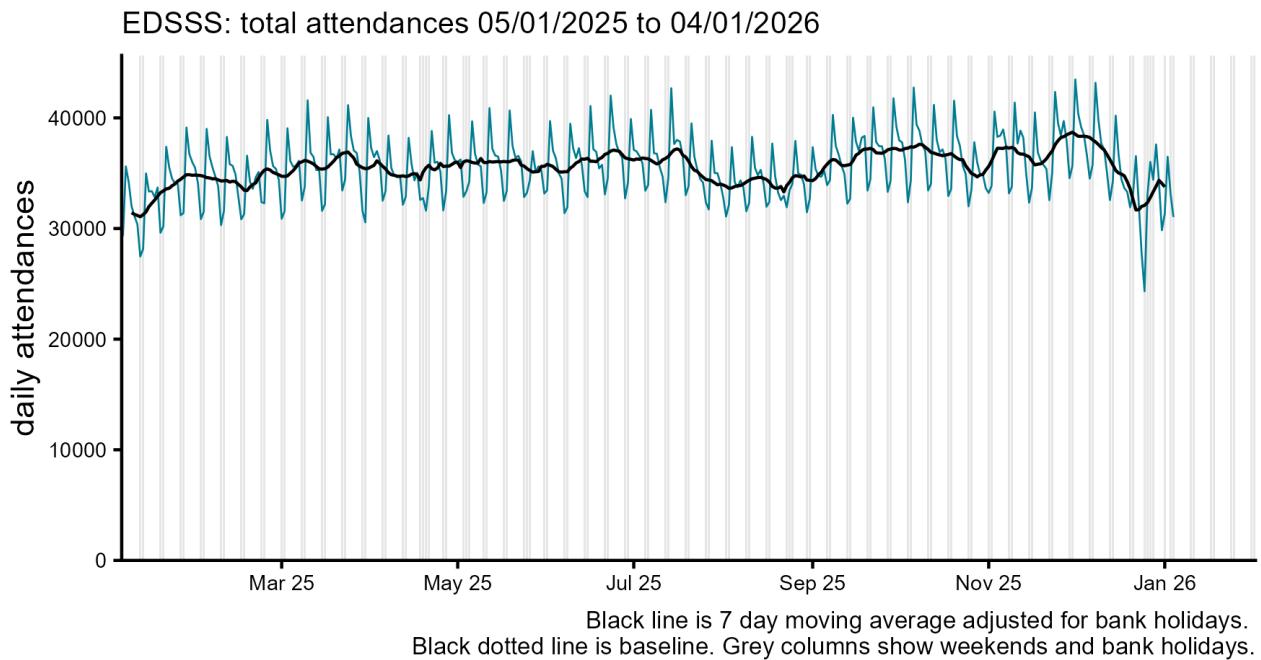
Data quality issues of note this week

See **Table 2** and **Table 3** for the numbers of EDs included this week.

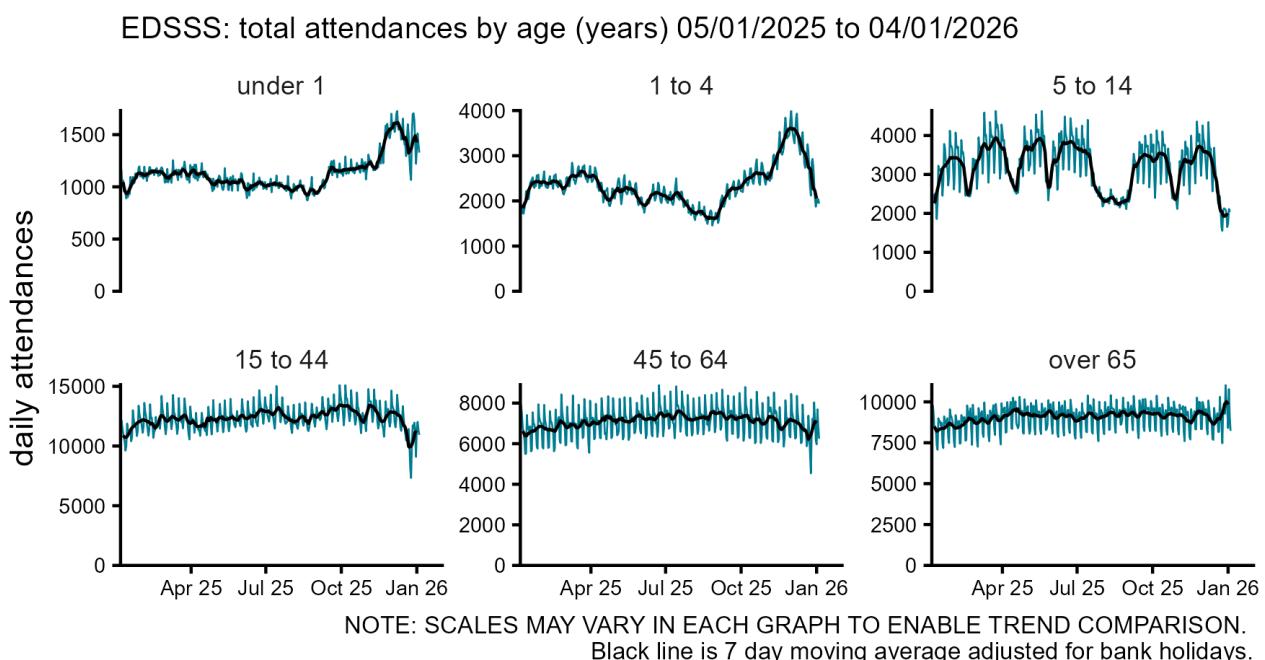
Total attendances

Figure 1: Daily number of ED attendances (and 7-day moving average adjusted for bank holidays) recorded in this sentinel syndromic surveillance system in England (a) nationally, (b) by age and (c) by UKHSA Region.

(a)



(b)



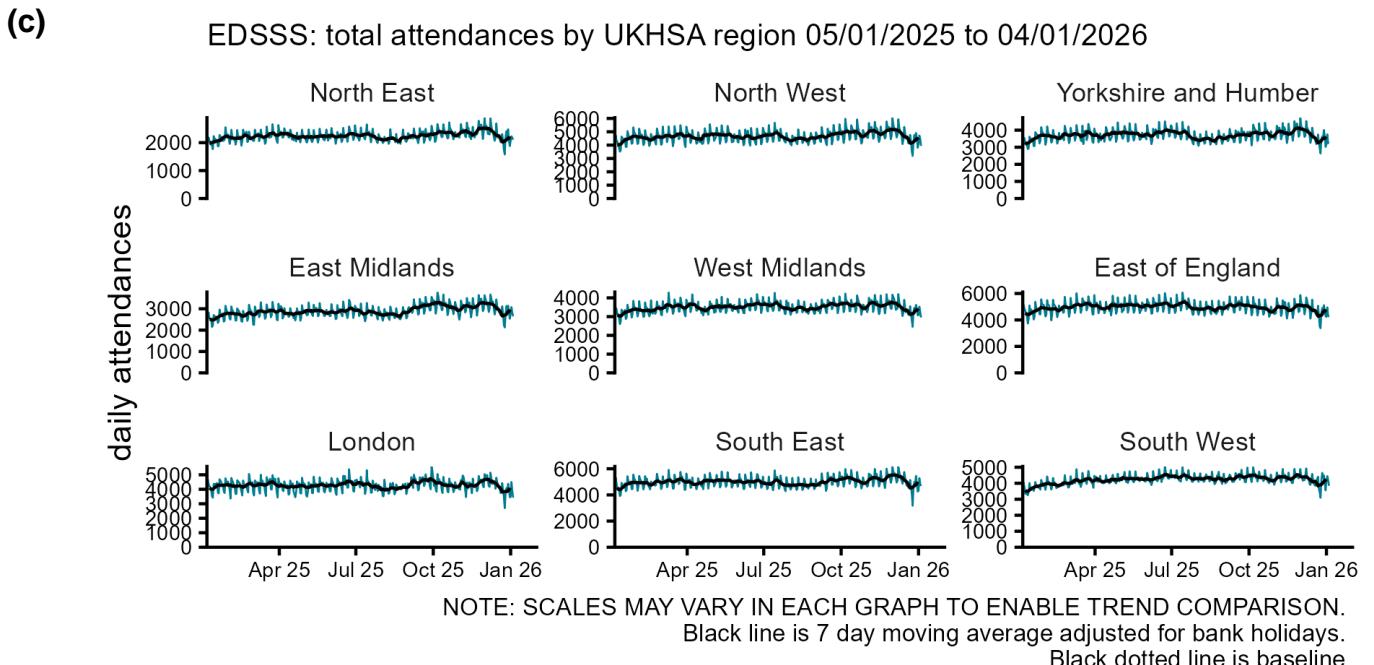


Table 2: The number of emergency department (ED) attendances and number with a diagnosis code included in surveillance each day during the most recent week.

Date	Total attendances ²	Diagnoses included ²
29 December 2025	37,601	21,236
30 December 2025	34,166	19,787
31 December 2025	29,842	17,780
01 January 2026	31,327	18,609
02 January 2026	36,495	20,637
03 January 2026	33,155	18,560
04 January 2026	31,035	17,784

Table 3: The number of EDs in total and in each UKHSA Region included in surveillance each day during the most recent week.

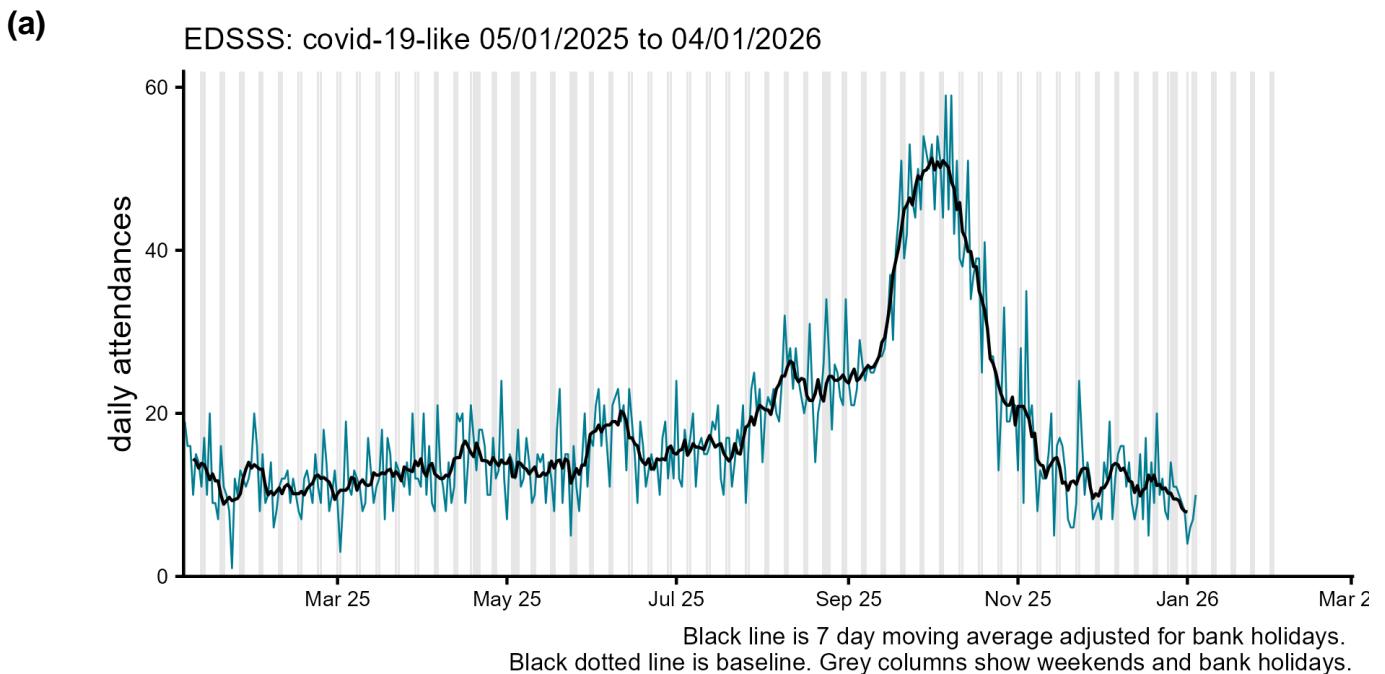
UKHSA Region	Number of EDs ²
North East	9
North West	20
Yorkshire and Humber	14
West Midlands	12
East Midlands	8
East of England	17
London	16
South West	19
South East	18
Total	133

² only attendances from Type 01 EDs meeting the weekly reporting criteria are included in this report, for further details see **Notes and caveats**

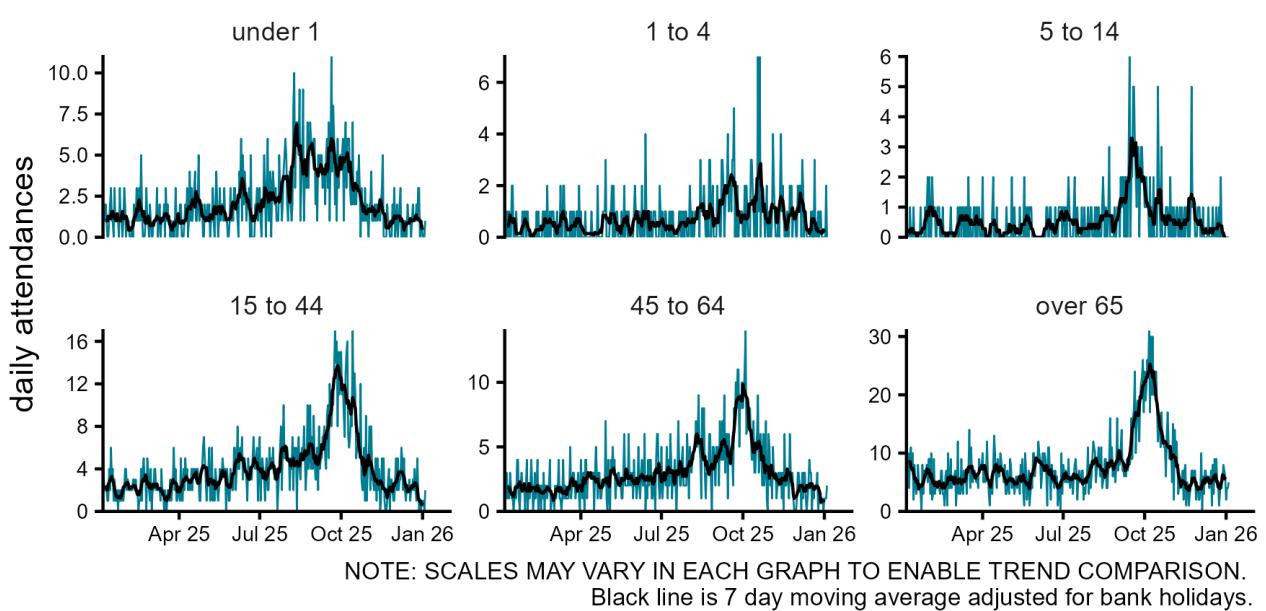
Respiratory conditions

COVID-19-like

Figure 2: Daily number of COVID-19-like ED attendances (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by age and (c) by UKHSA Region.

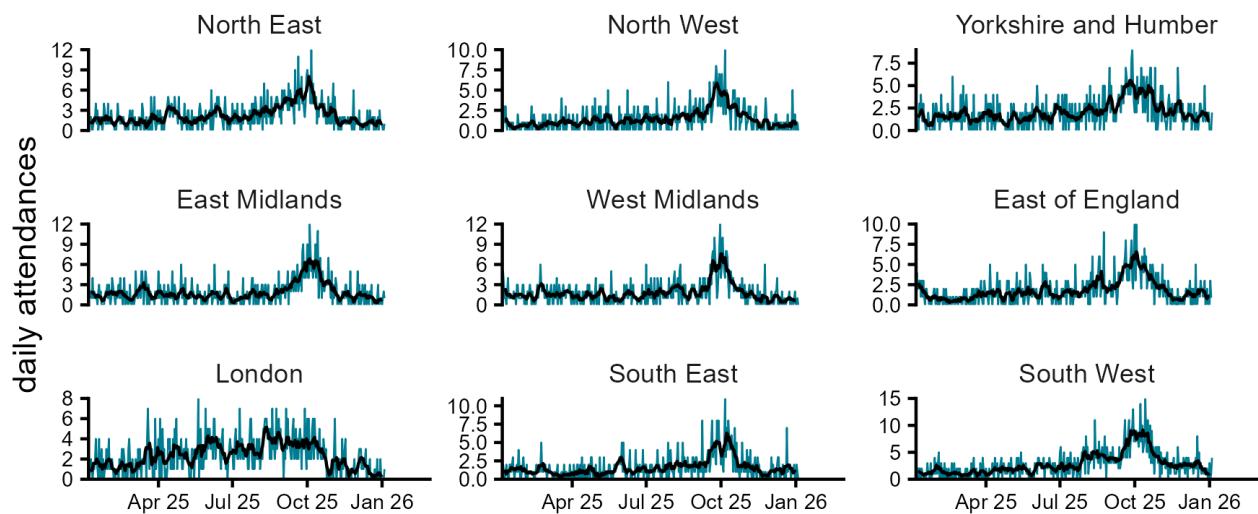


(b) EDSSS: covid-19-like by age (years) 05/01/2025 to 04/01/2026



(c)

EDSSS: covid-19-like by UKHSA region 05/01/2025 to 04/01/2026



NOTE: SCALES MAY VARY IN EACH GRAPH TO ENABLE TREND COMPARISON.

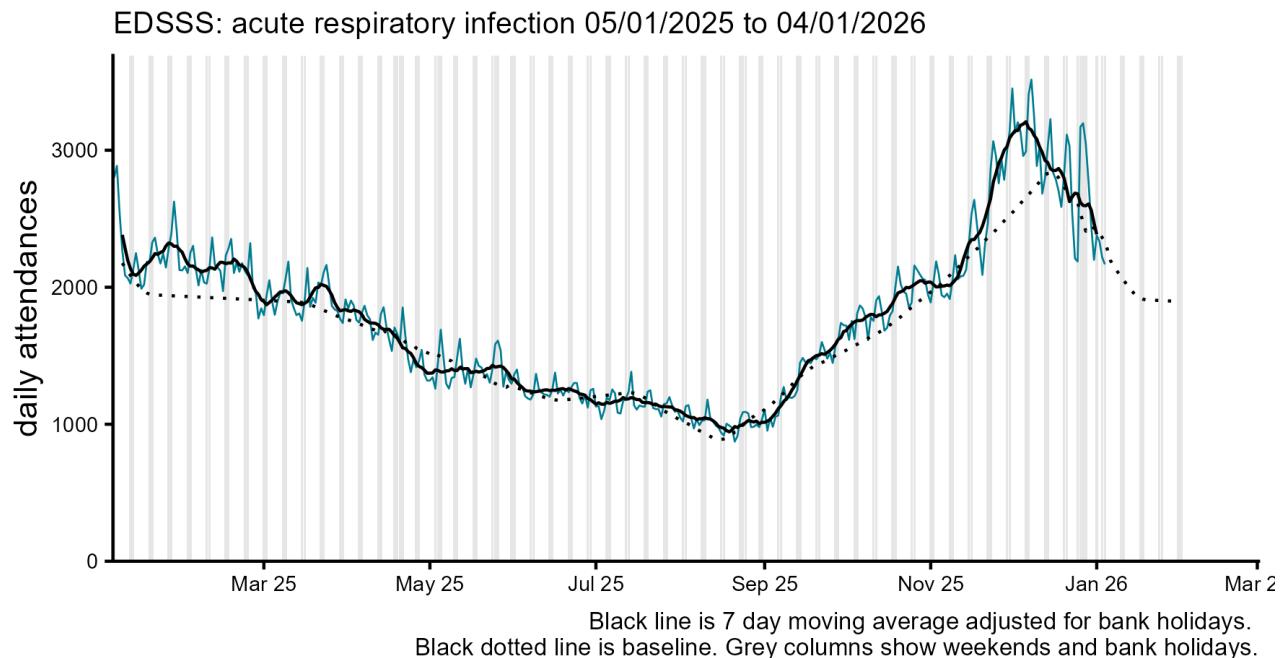
Black line is 7 day moving average adjusted for bank holidays.

Black dotted line is baseline.

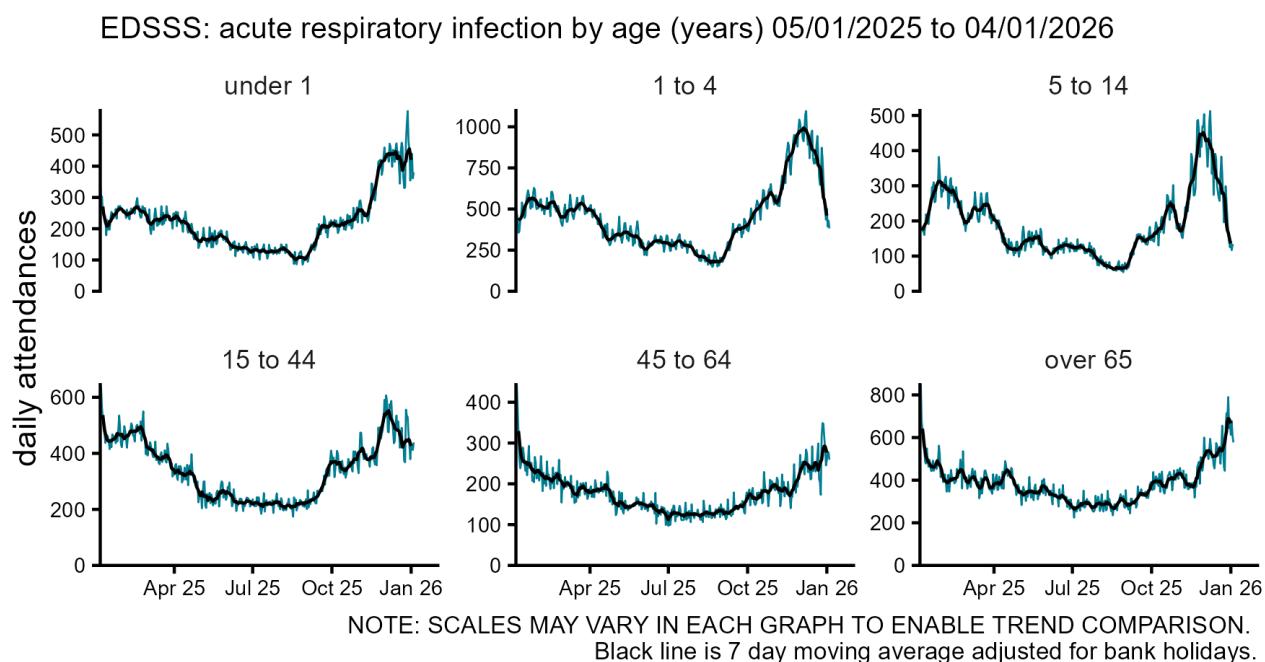
Acute respiratory infections

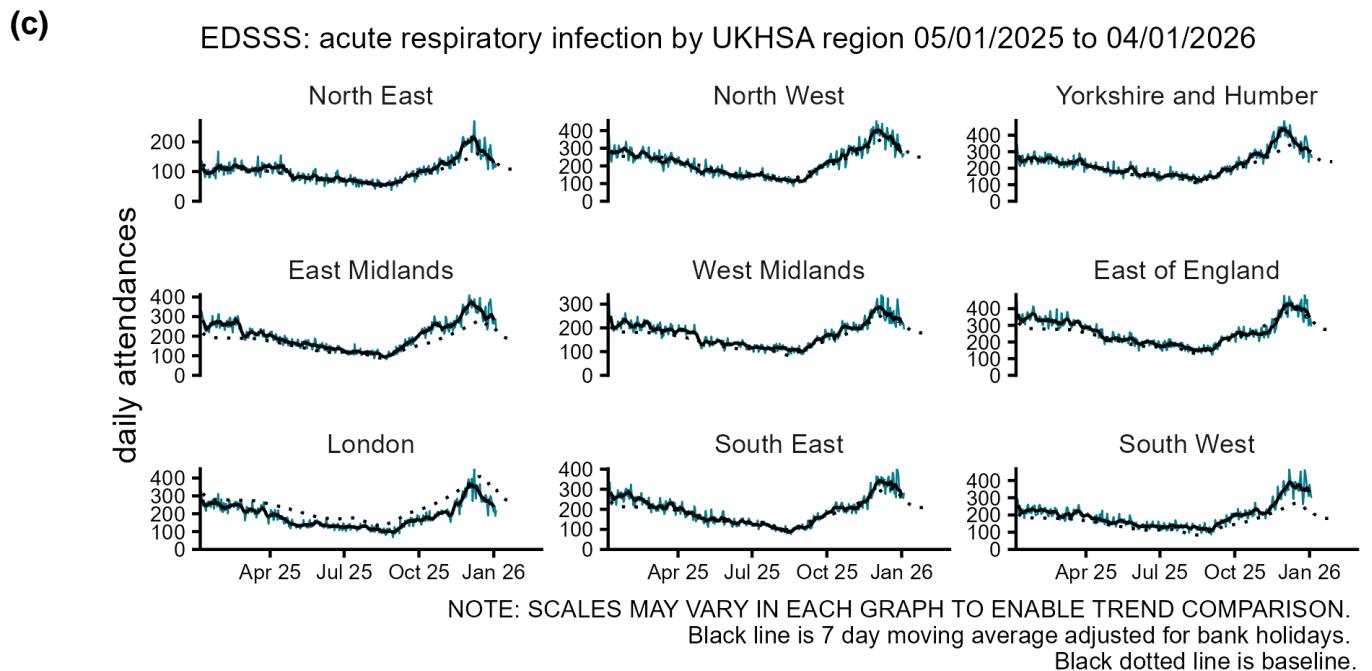
Figure 3: Daily number of acute respiratory infection ED attendances (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by age and (c) by UKHSA Region.

(a)



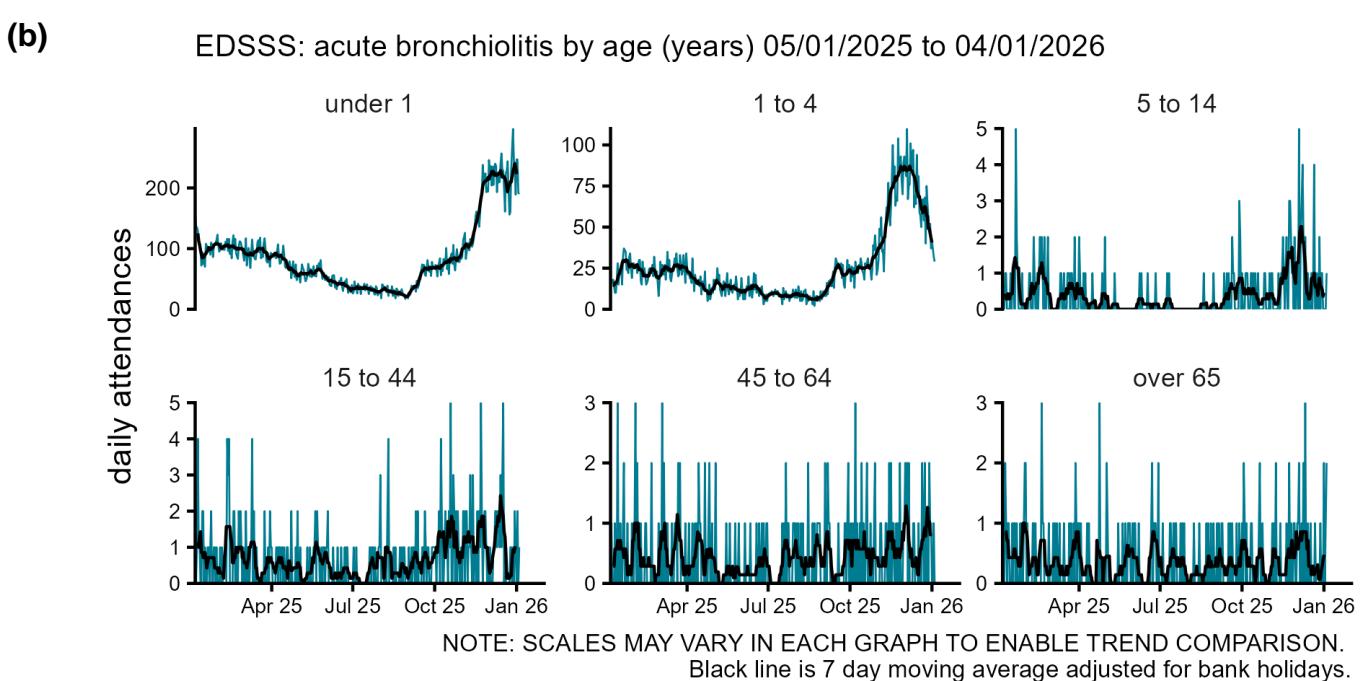
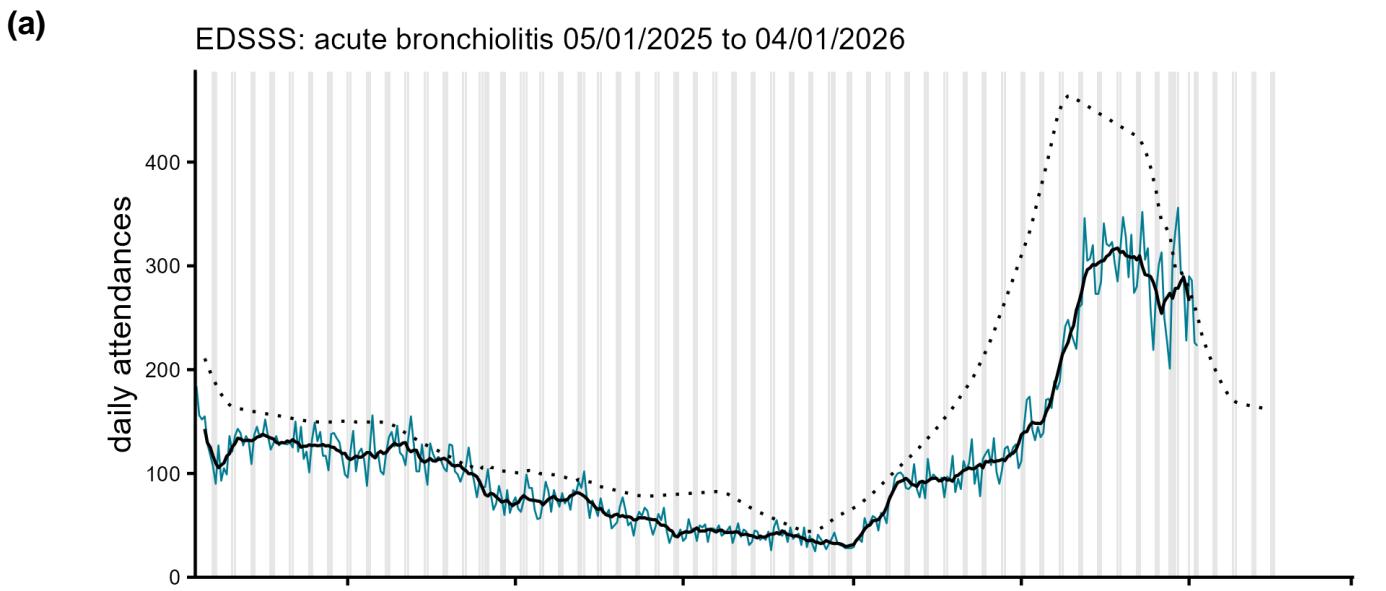
(b)

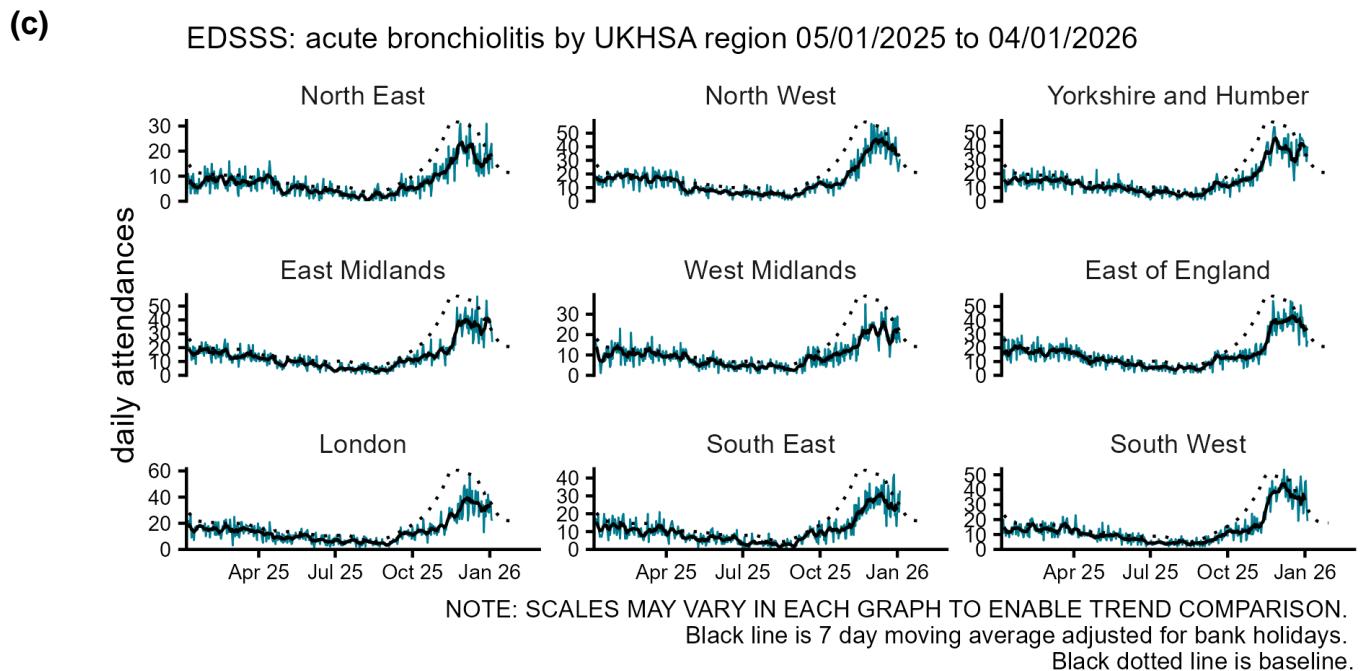




Acute bronchiolitis/bronchitis

Figure 4: Daily number of acute bronchiolitis/bronchitis ED attendances (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by age and (c) by UKHSA Region.

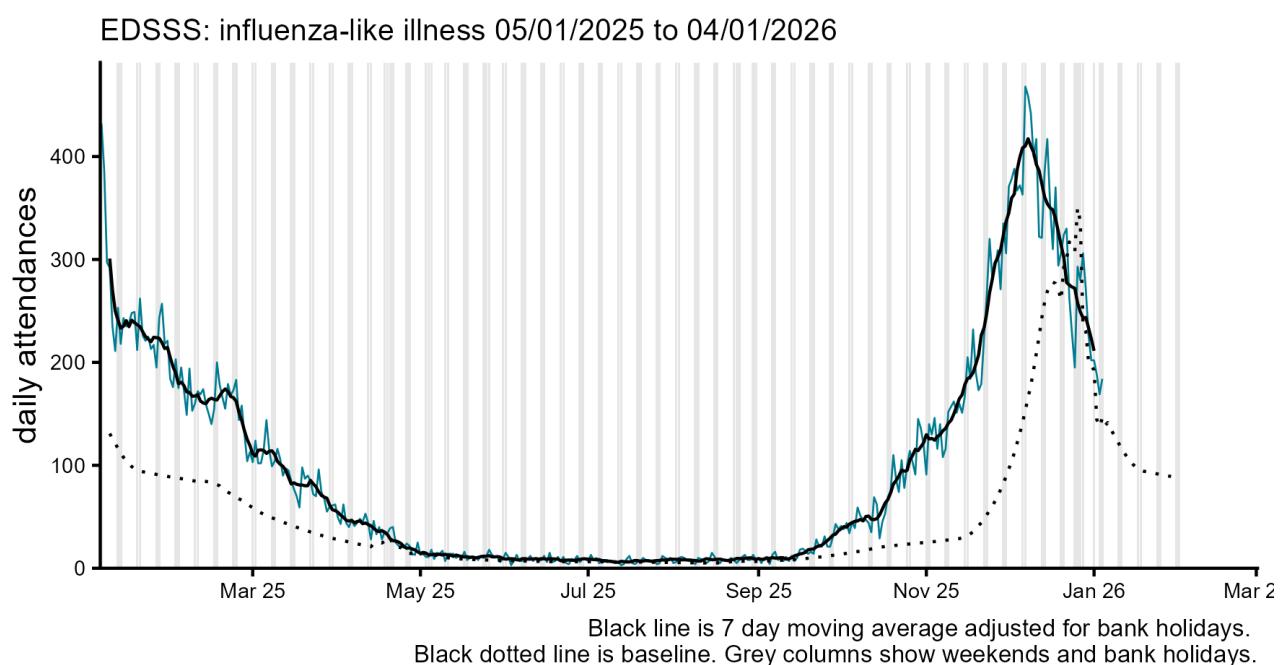




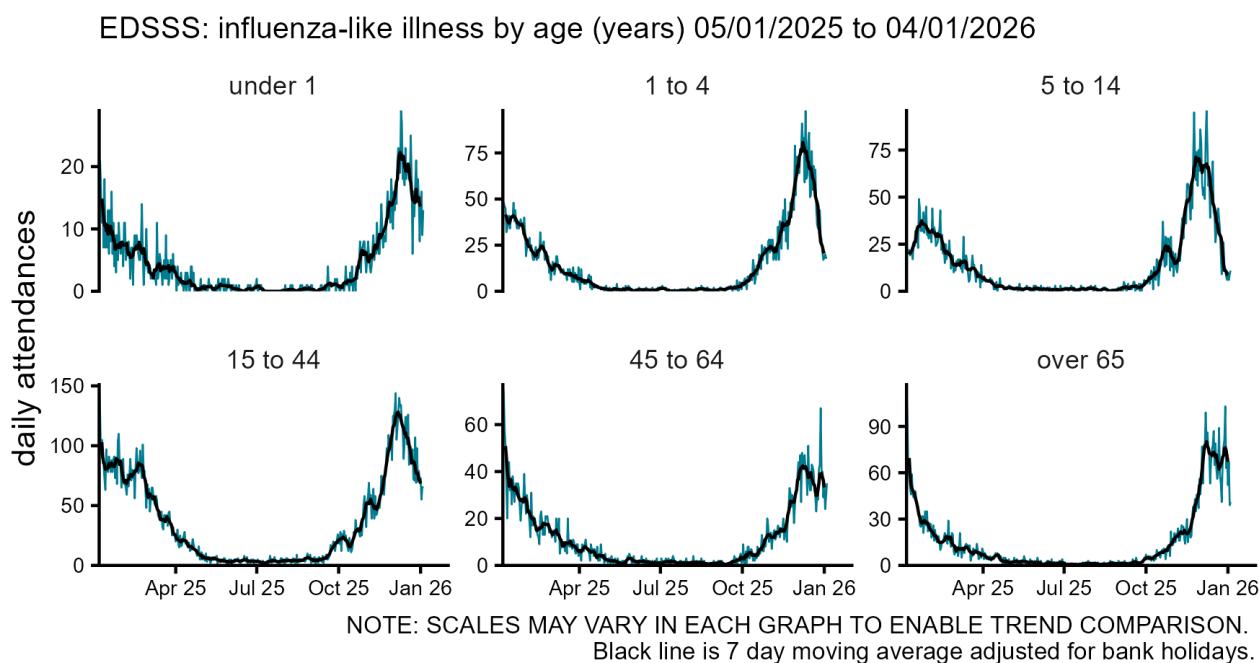
Influenza-like illness

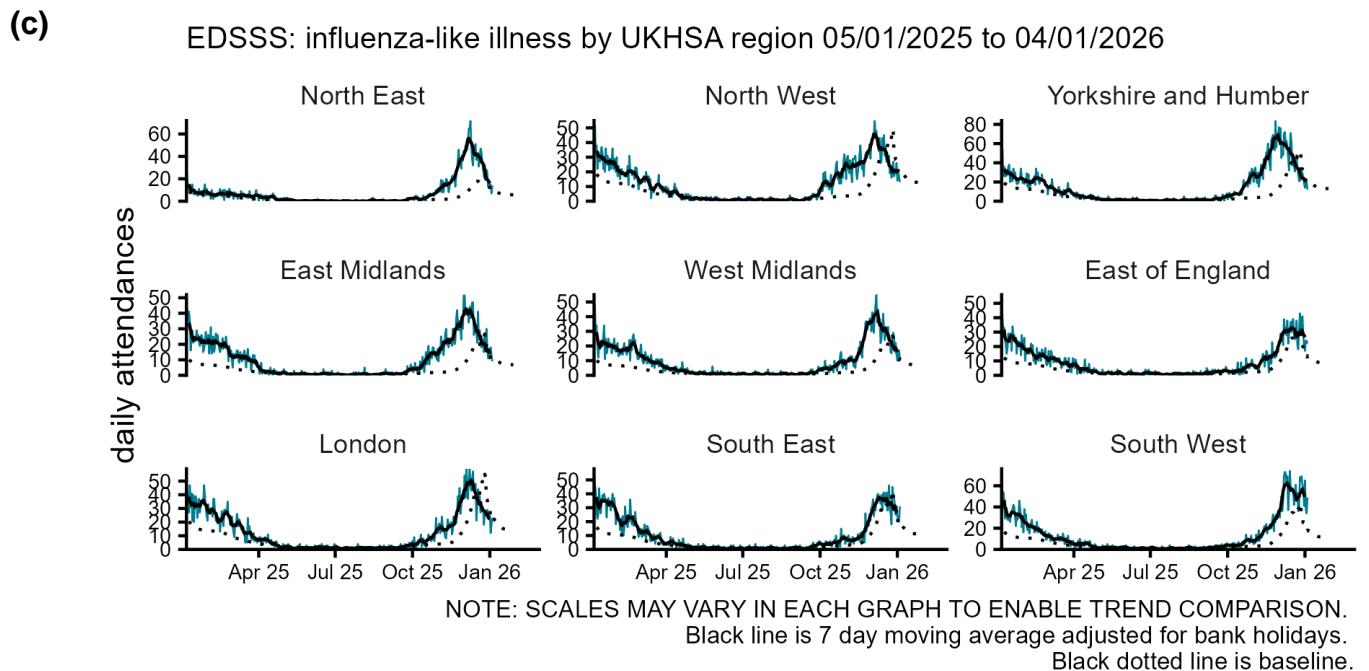
Figure 5: Daily number of influenza-like illness ED attendances (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by age and (c) by UKHSA Region.

(a)



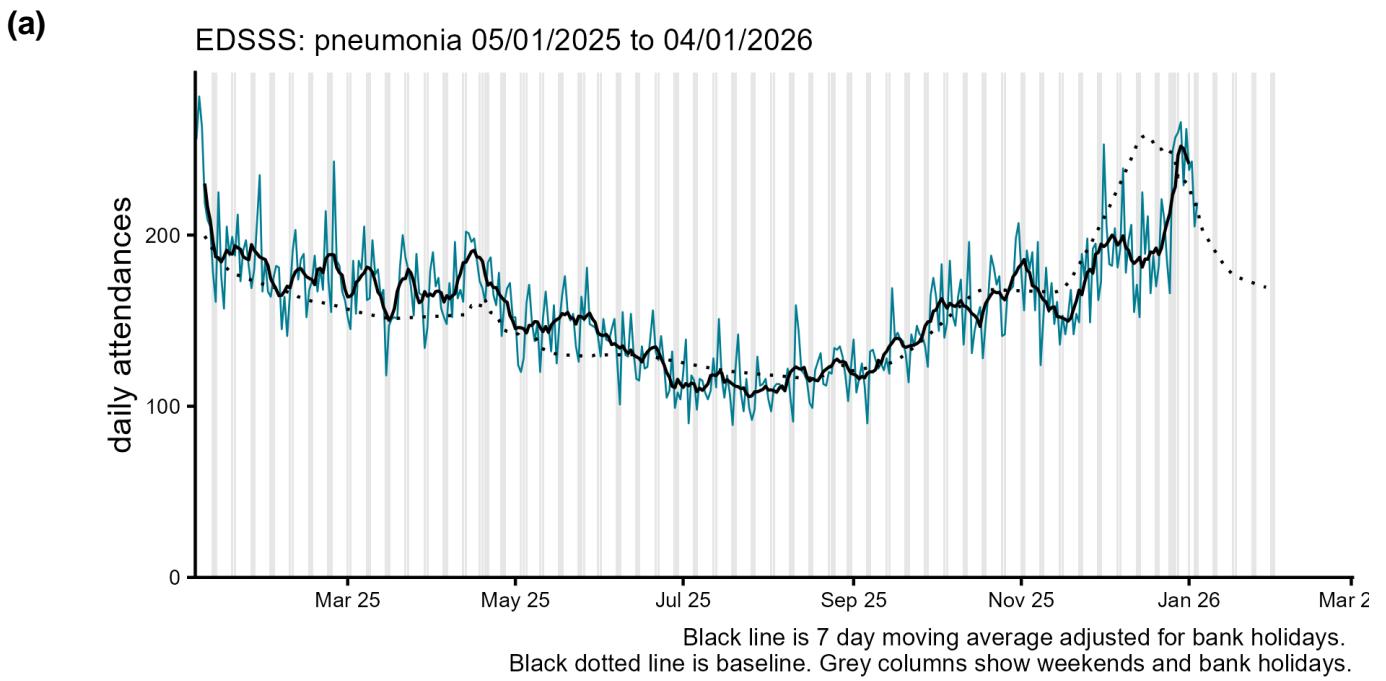
(b)



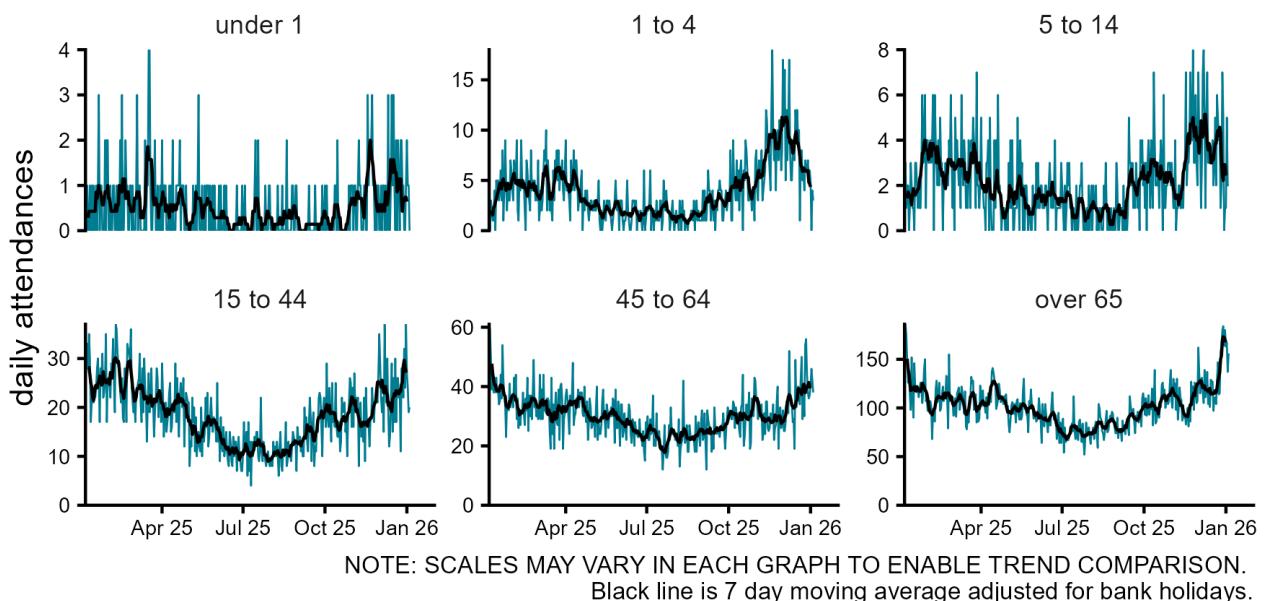


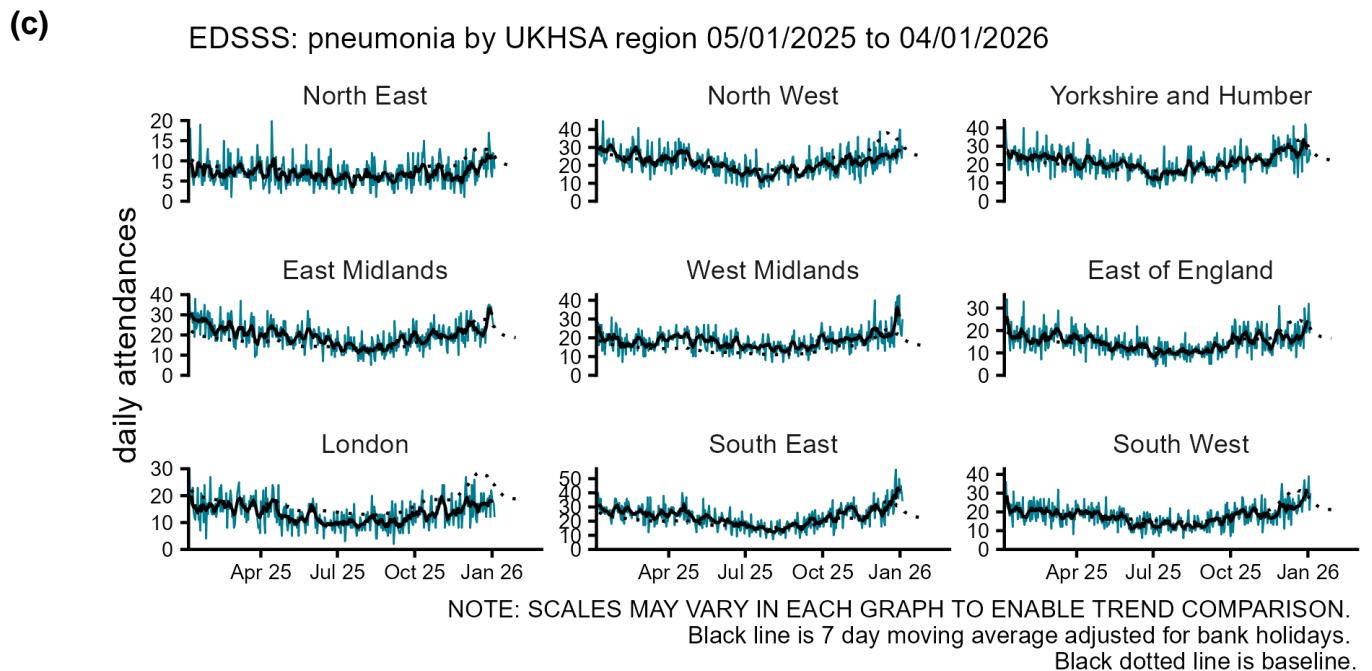
Pneumonia

Figure 6: Daily number of pneumonia ED attendances (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by age and (c) by UKHSA Region.



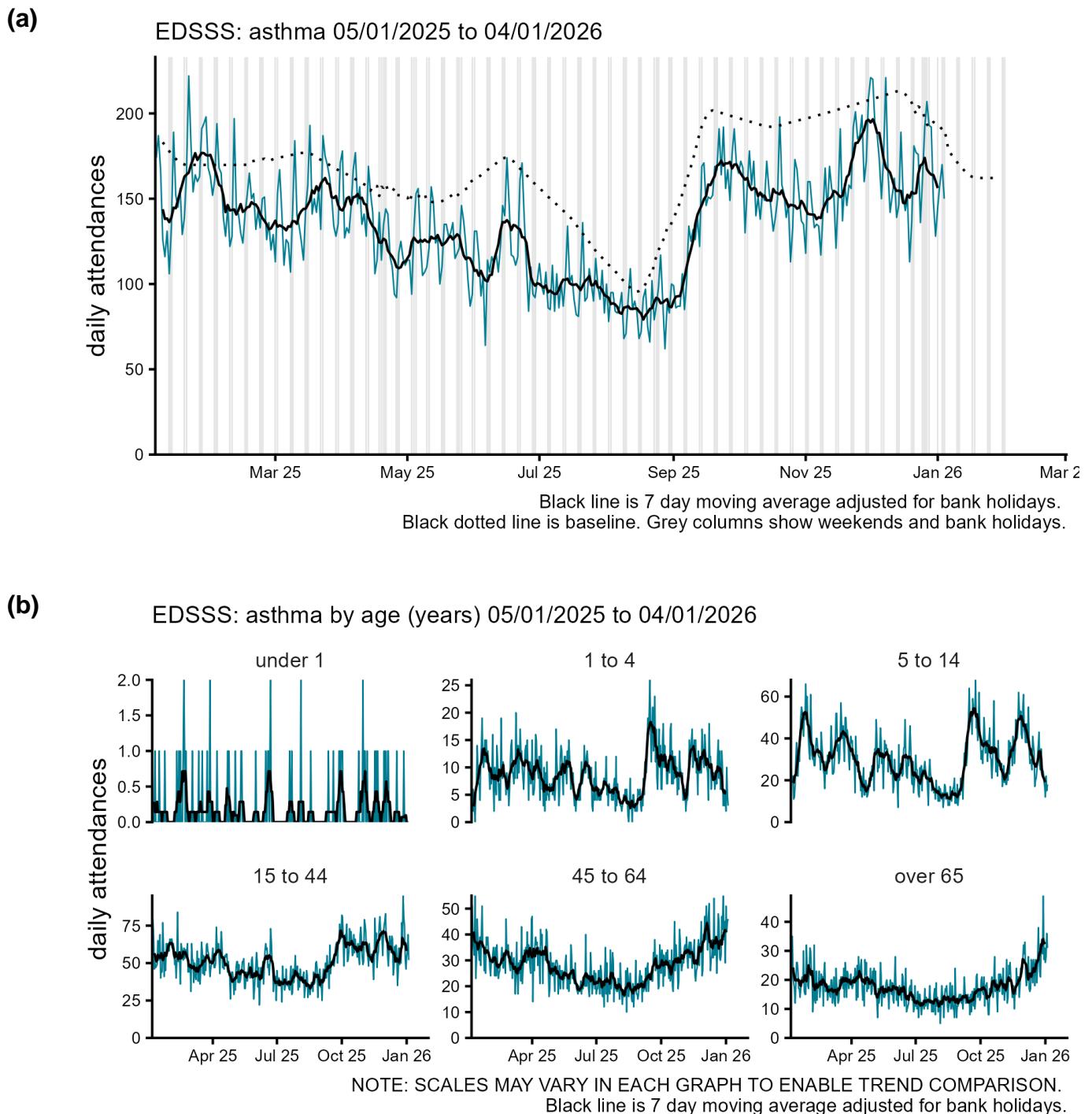
(b) EDSSS: pneumonia by age (years) 05/01/2025 to 04/01/2026

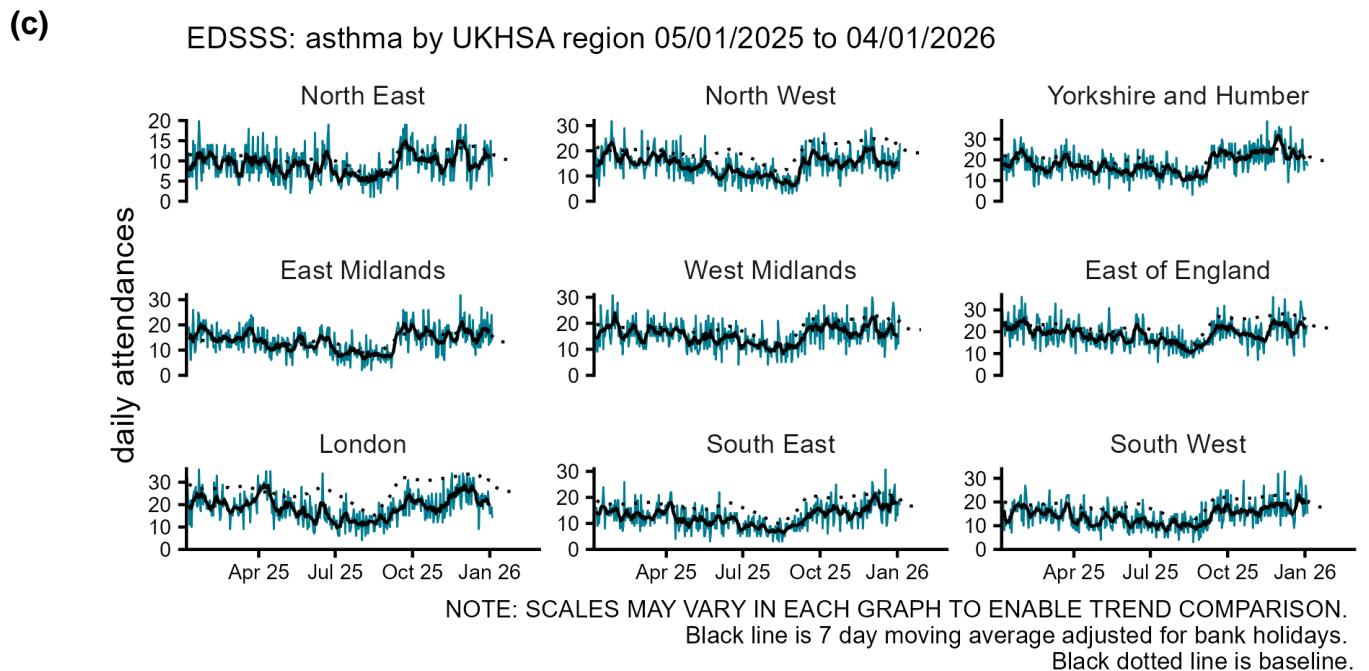




Asthma

Figure 7: Daily number of asthma ED attendances (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by age and (c) by UKHSA Region.

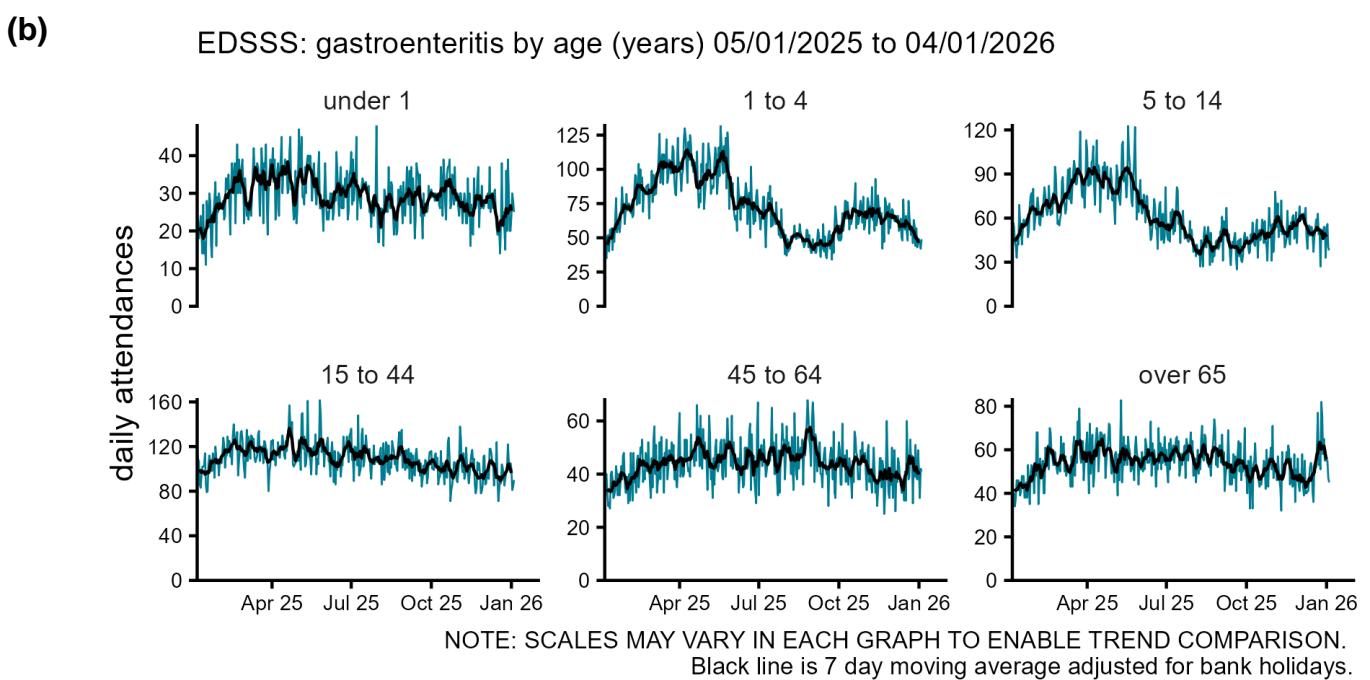
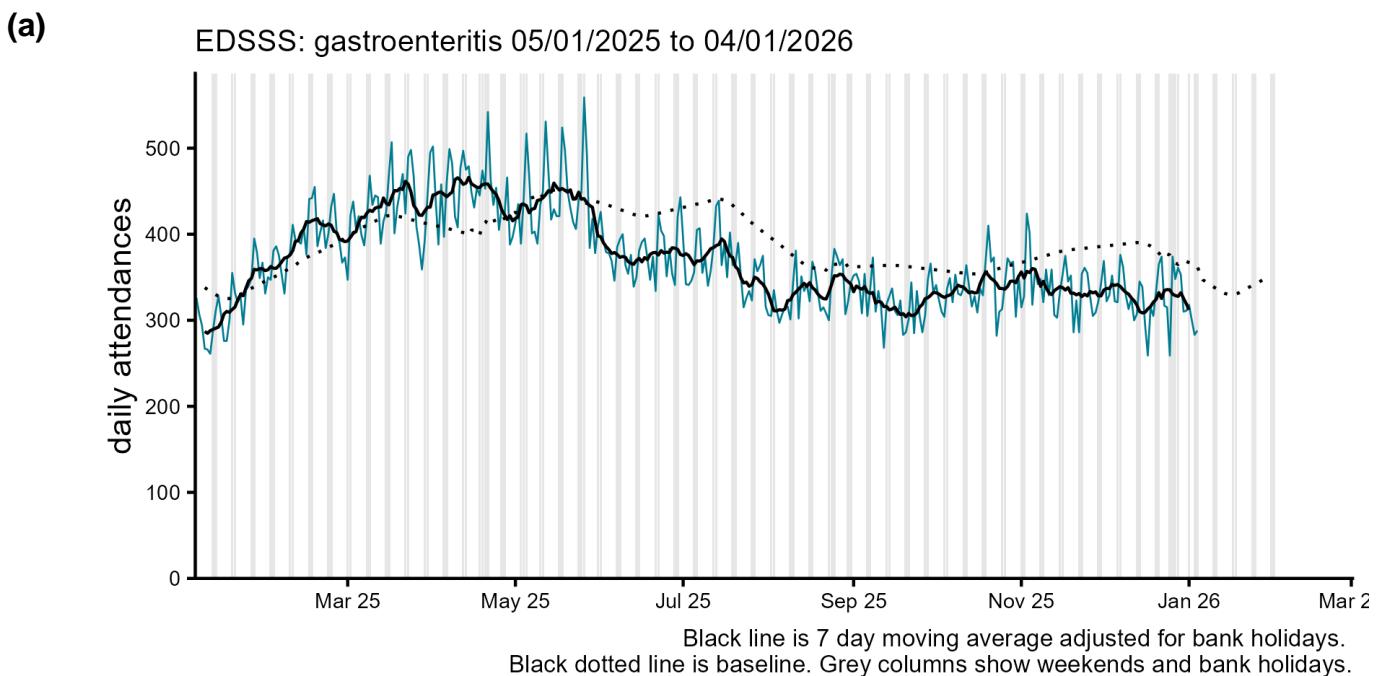


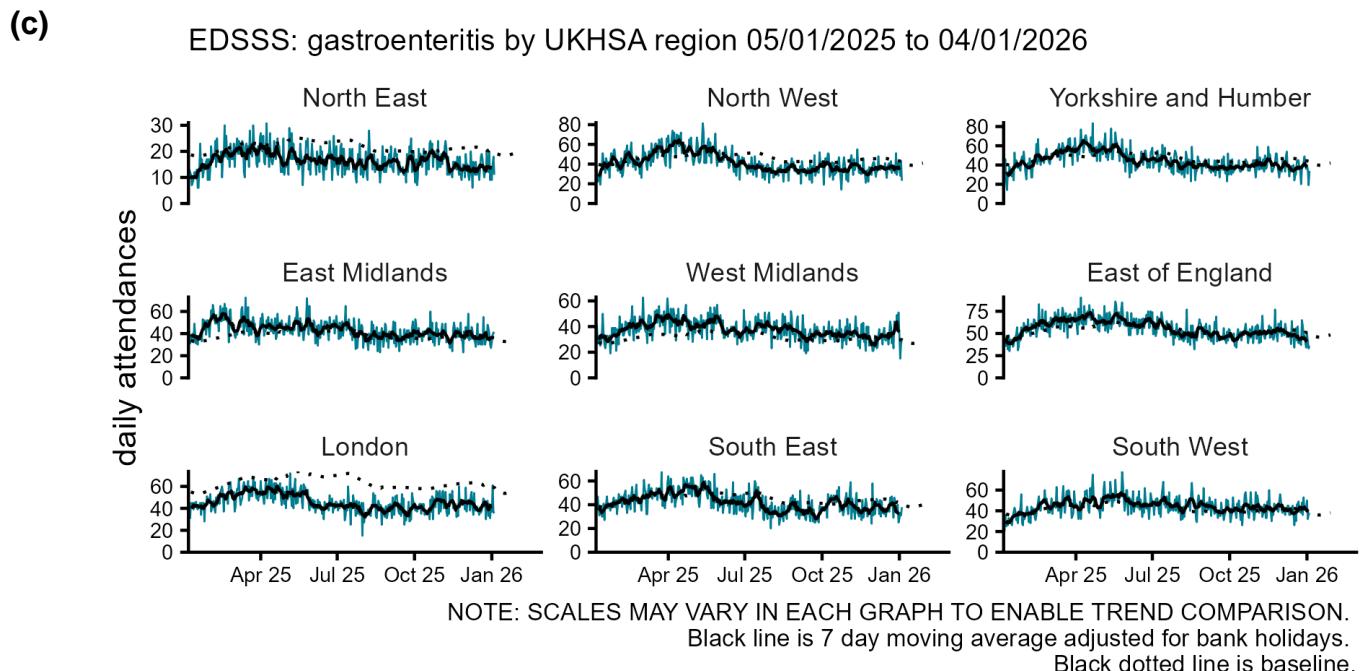


Gastrointestinal conditions

Gastroenteritis

Figure 8: Daily number of gastroenteritis ED attendances (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by age and (c) by UKHSA Region.

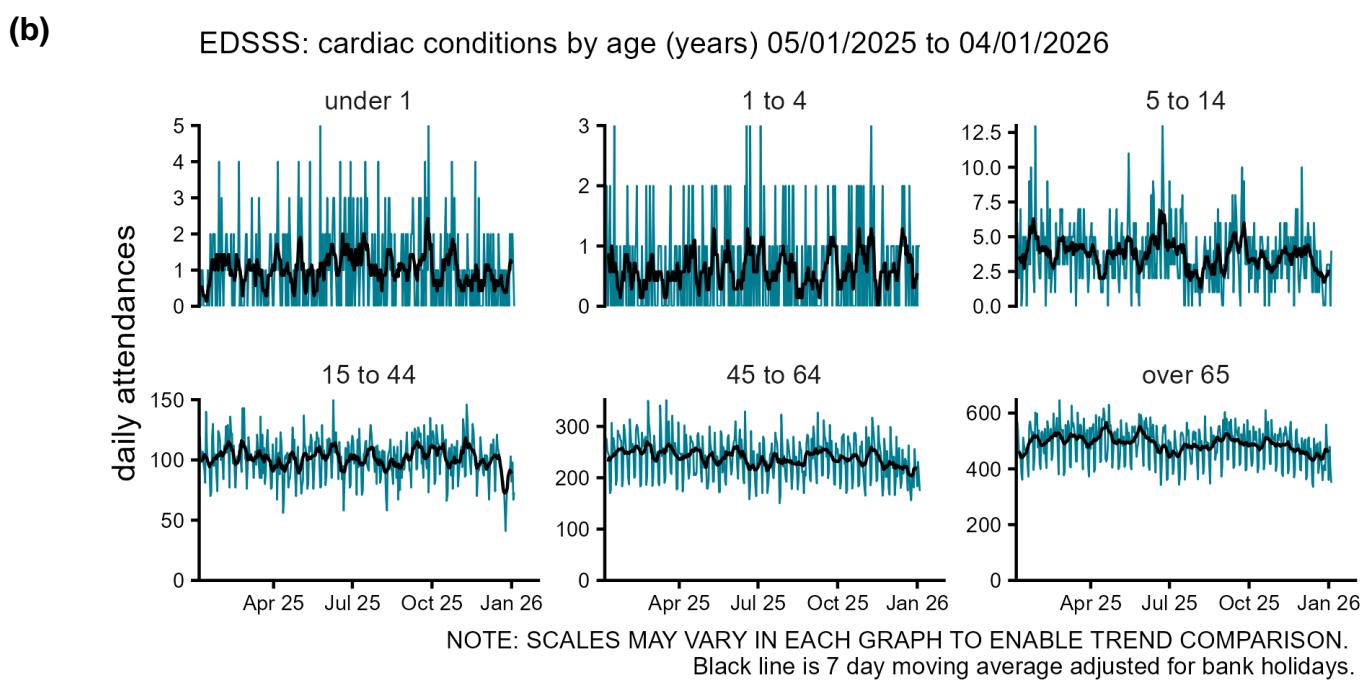
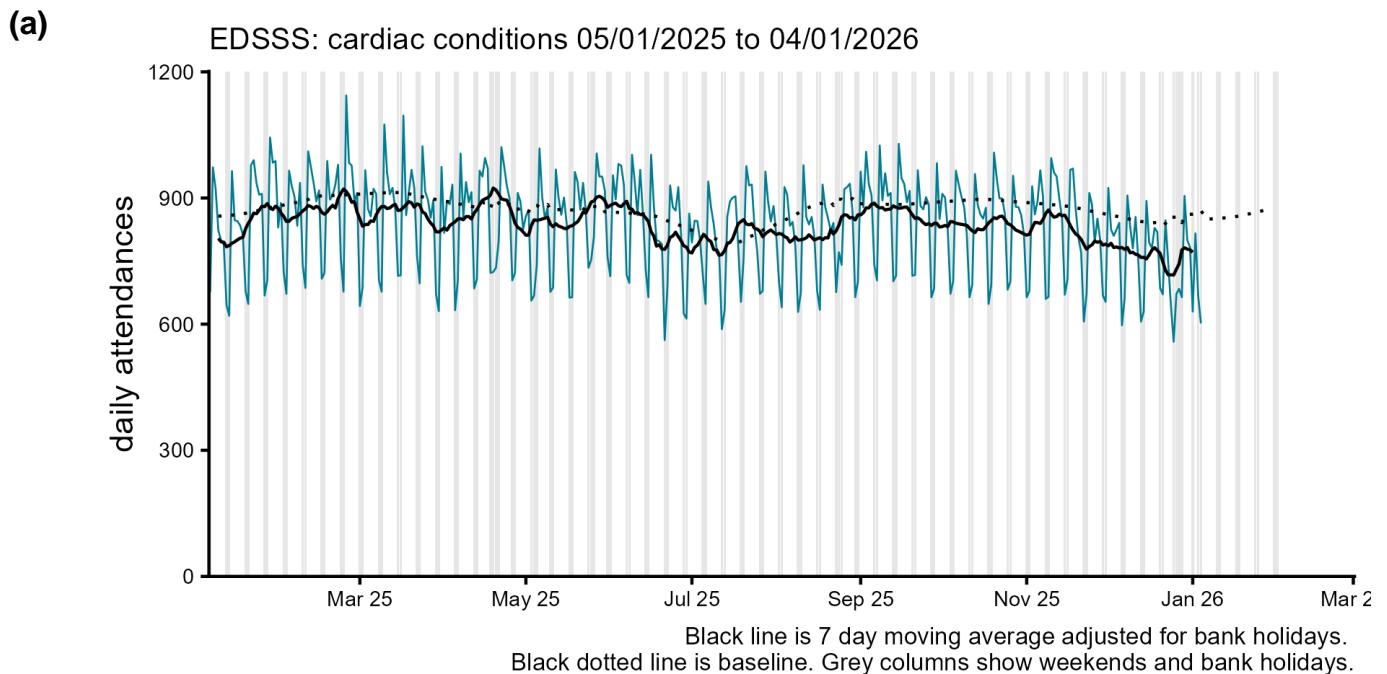


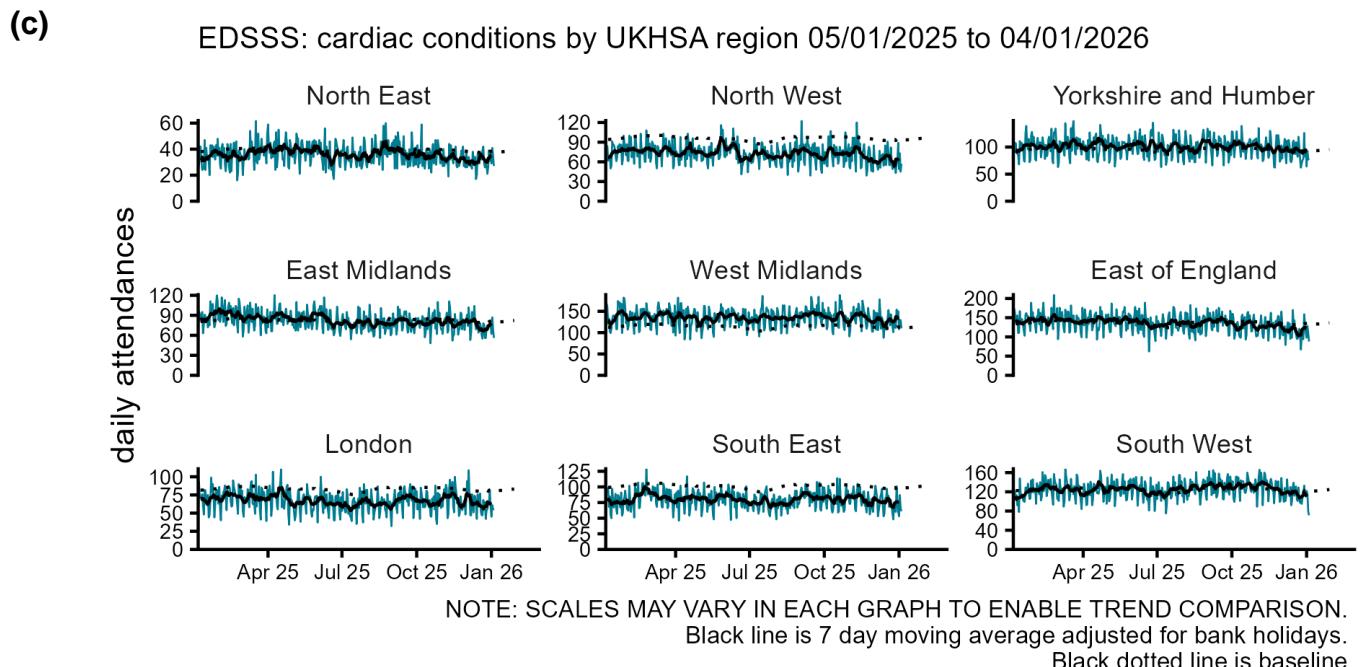


Cardiac conditions

Cardiac

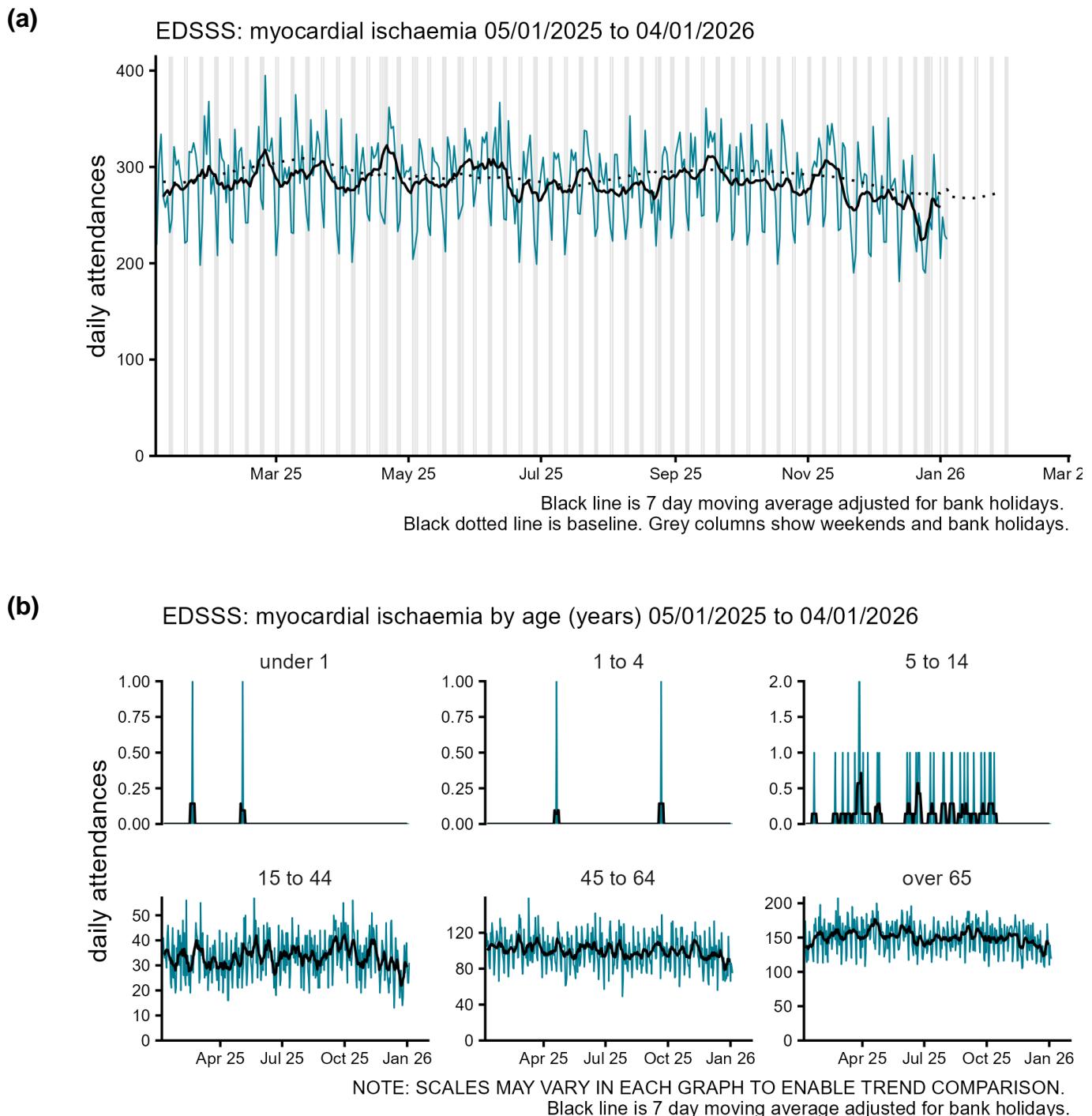
Figure 9: Daily number of cardiac ED attendances (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by age and (c) by UKHSA Region.

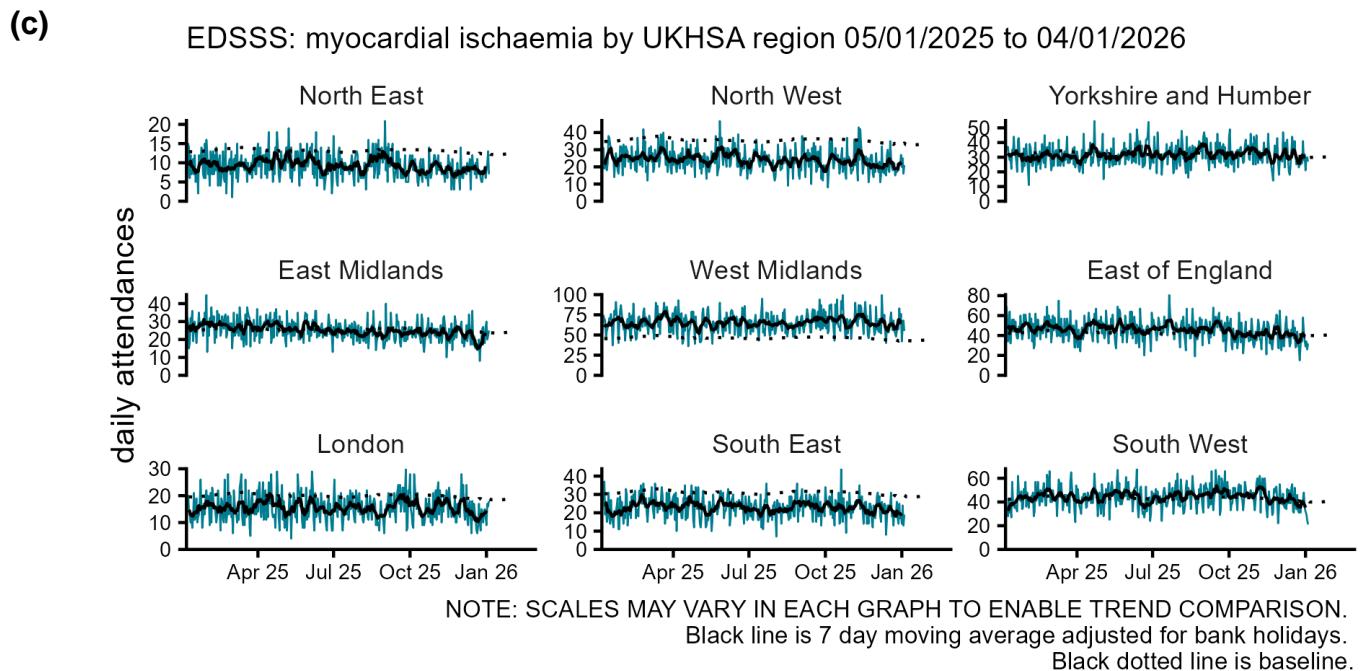




Myocardial ischaemia

Figure 10: Daily number of myocardial ischaemia ED attendances (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by age and (c) by UKHSA Region.



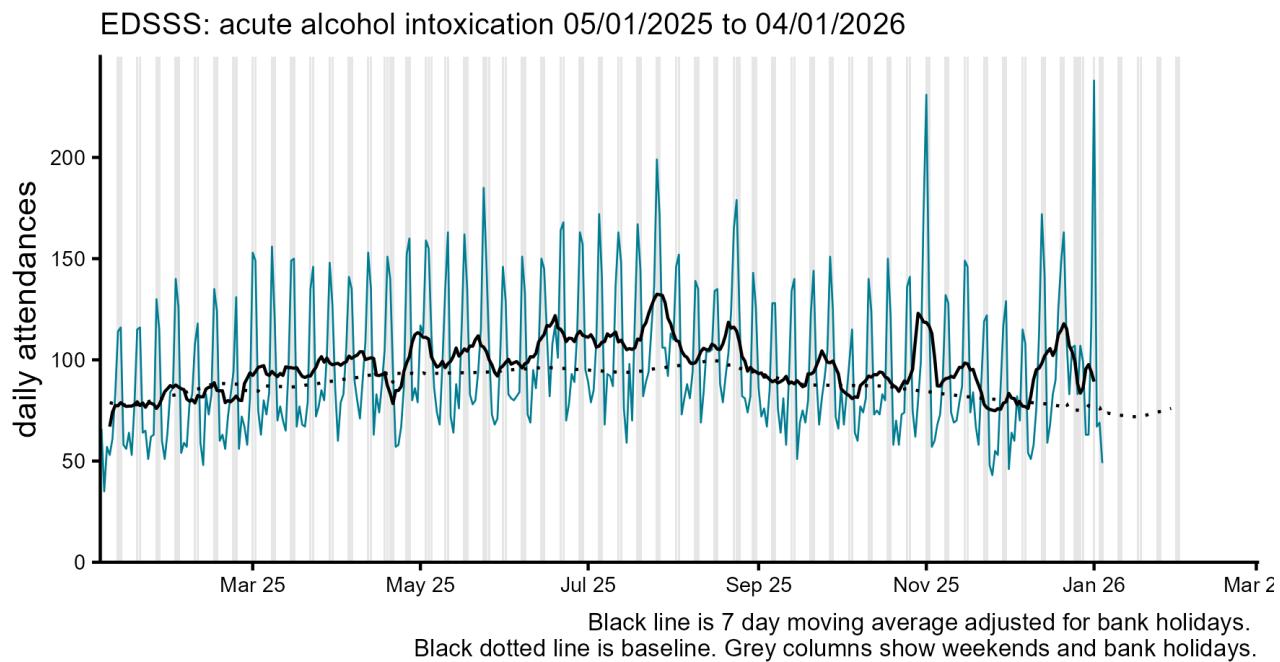


Other conditions

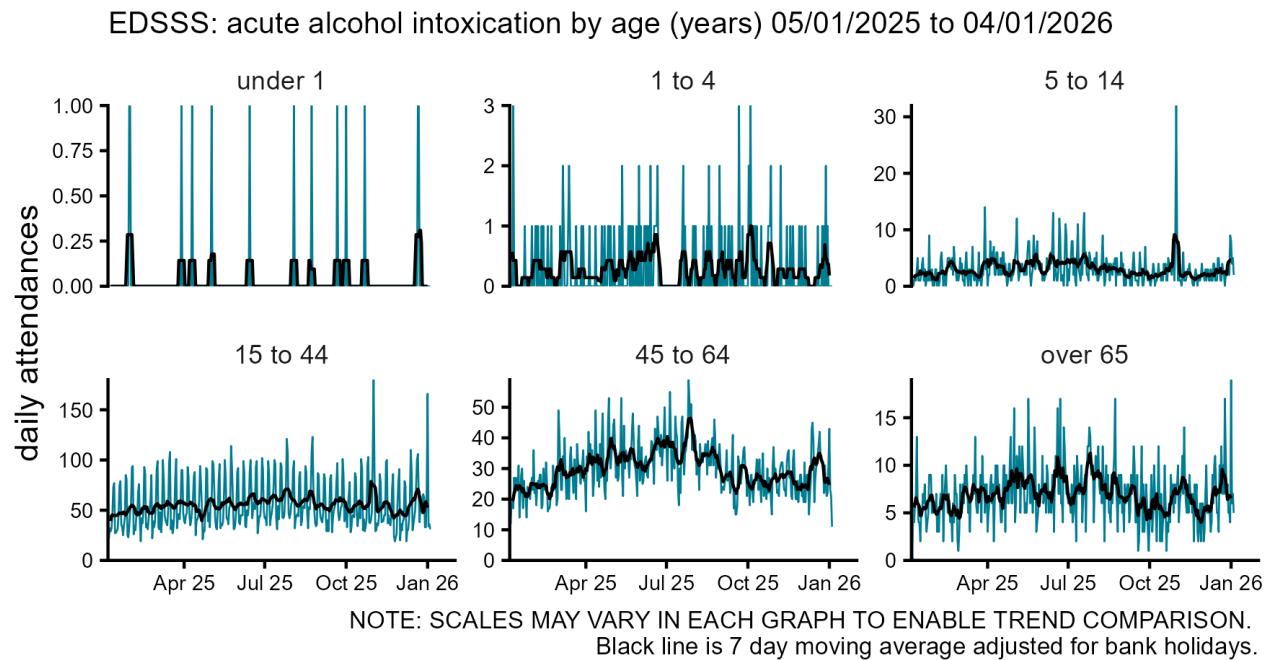
Acute alcohol intoxication

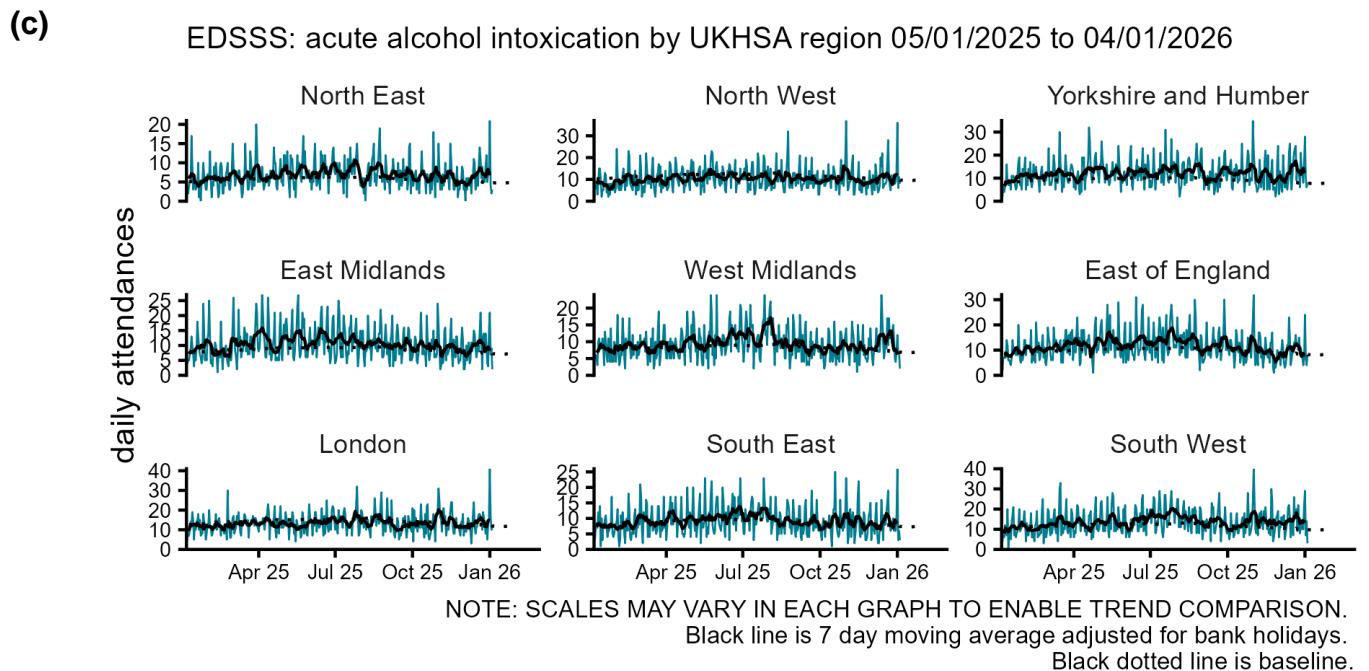
Figure 11: Daily number of acute alcohol intoxication ED attendances (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by age and (c) by UKHSA Region.

(a)



(b)

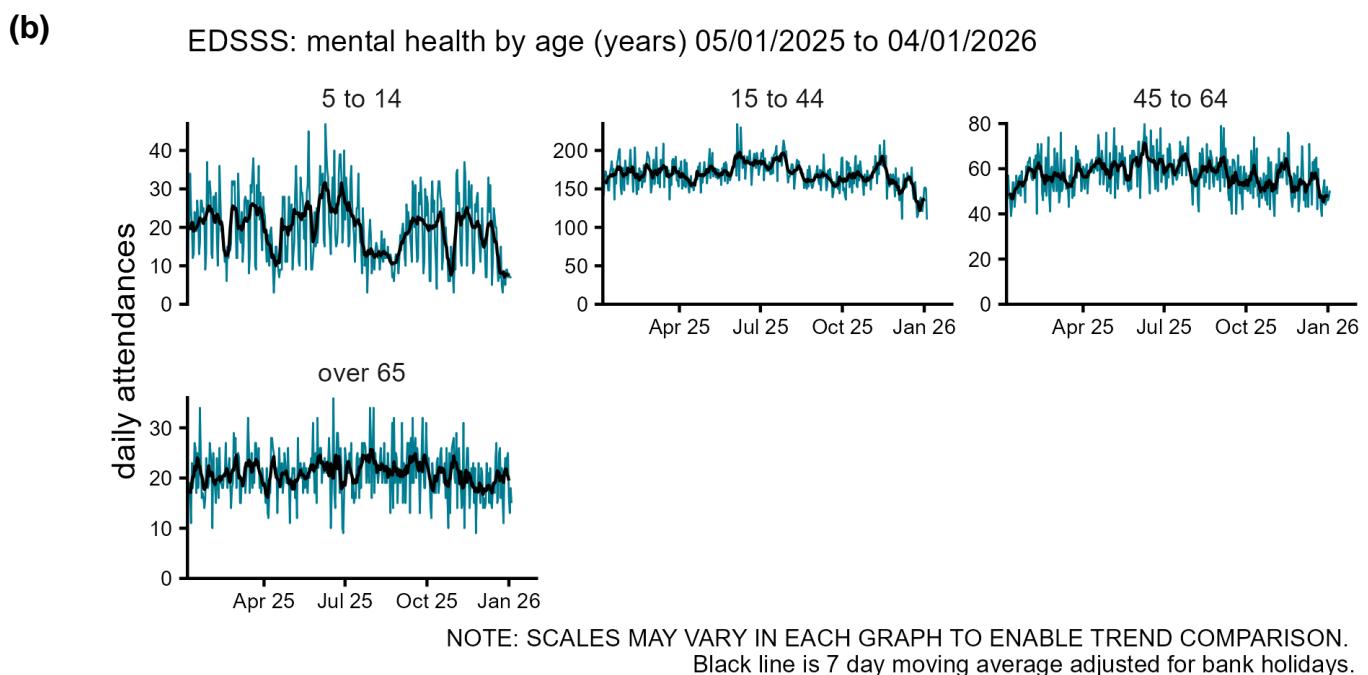
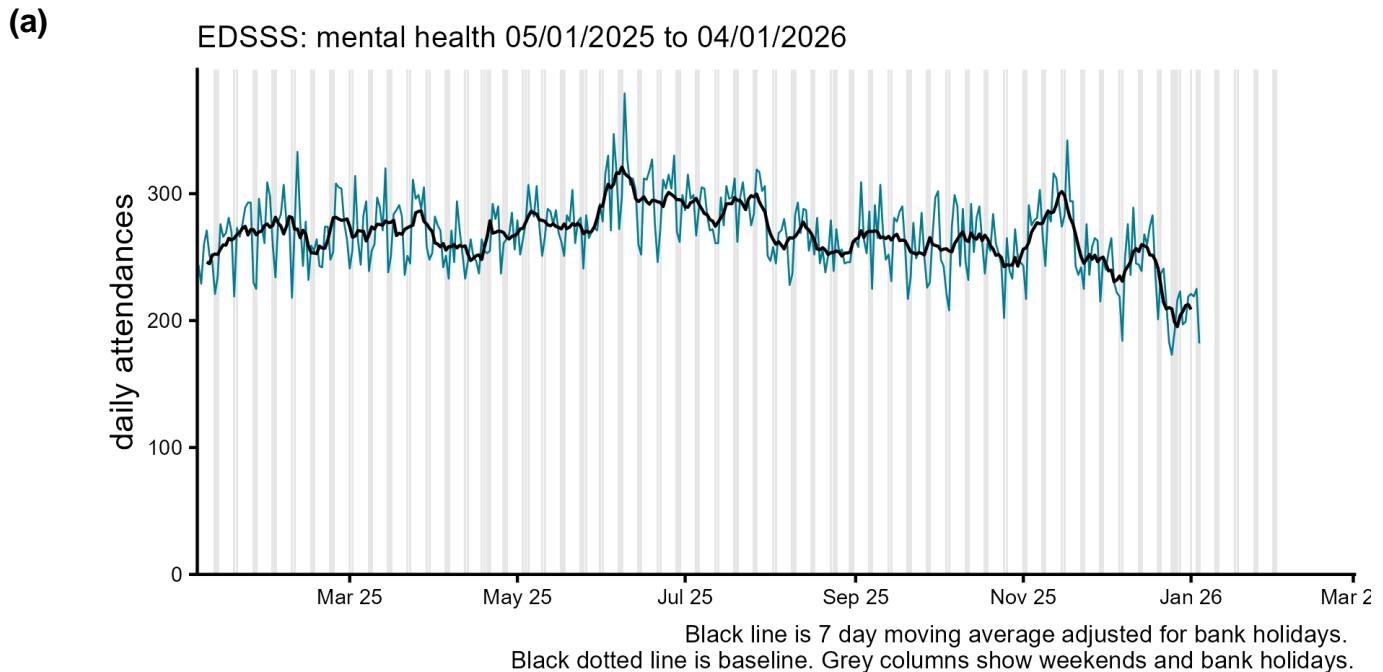


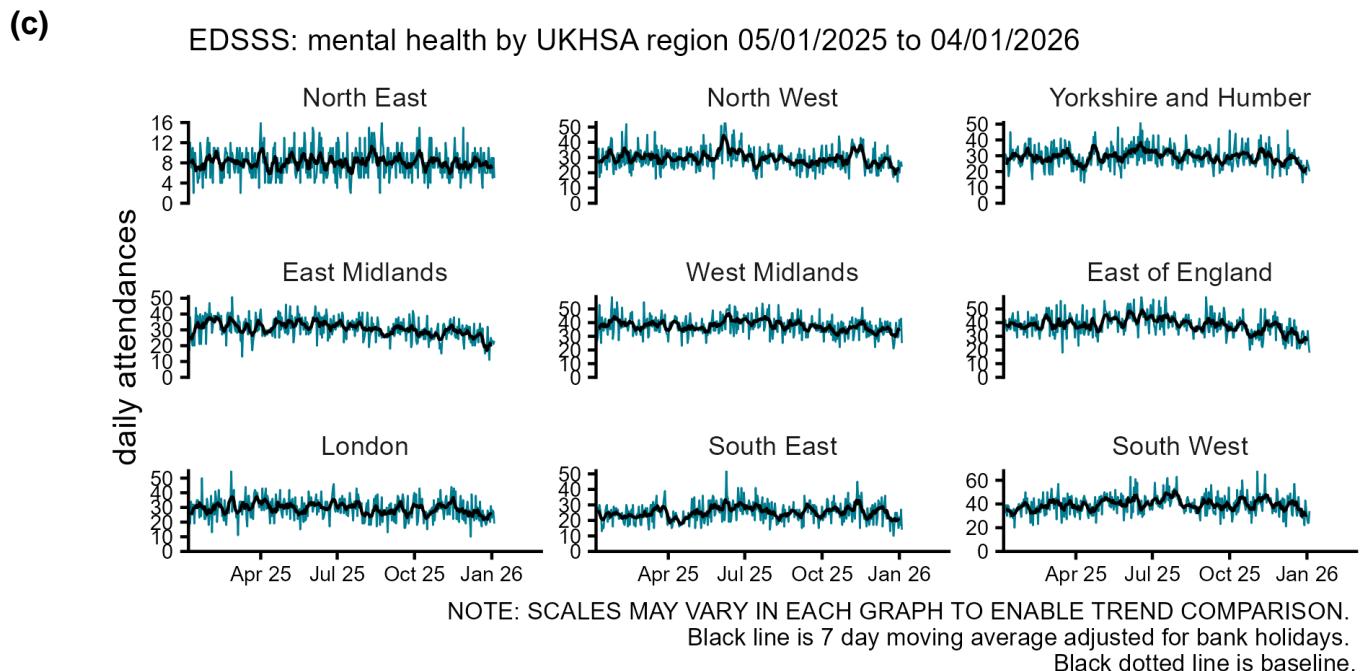


Mental health

Figure 12: Daily number of mental health³ ED attendances (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by age and (c) by UKHSA Region.

³ mental health attendances reported here are those with a primary diagnosis in the ECDS mental health diagnosis grouping. Attendances where the primary diagnosis relates to overdose, alcohol use or self harm are not included.

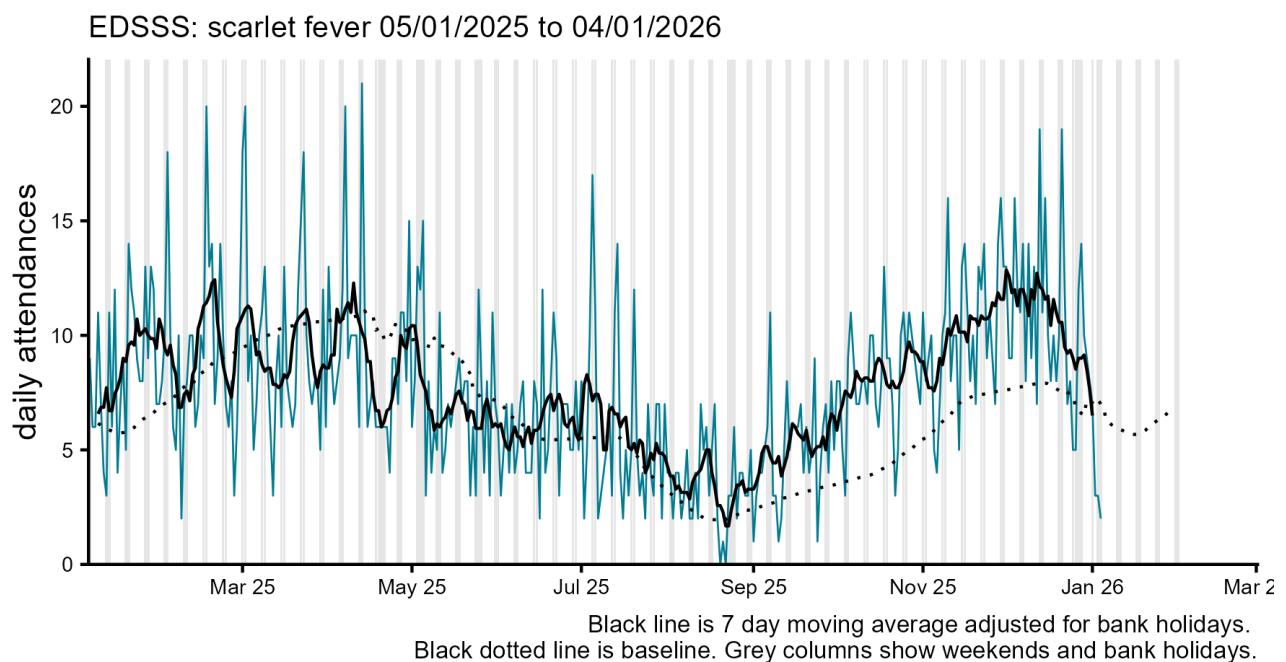




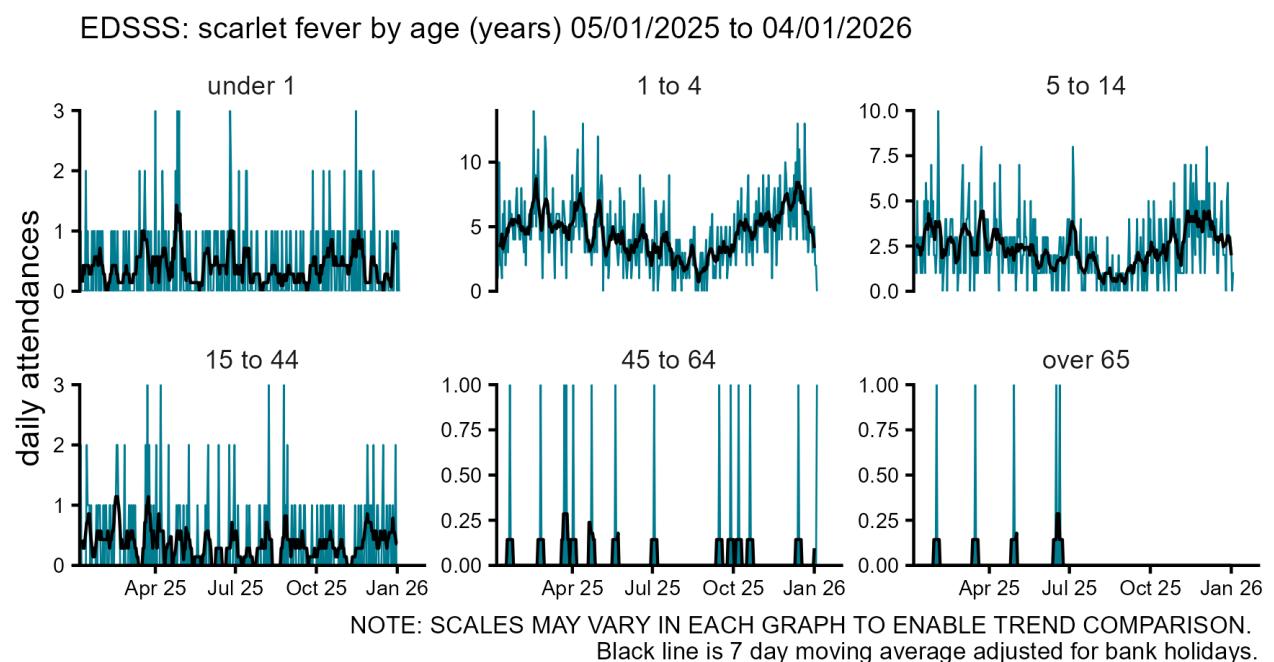
Scarlet fever

Figure 13: Daily number of scarlet fever ED attendances (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by age and (c) by UKHSA Region.

(a)

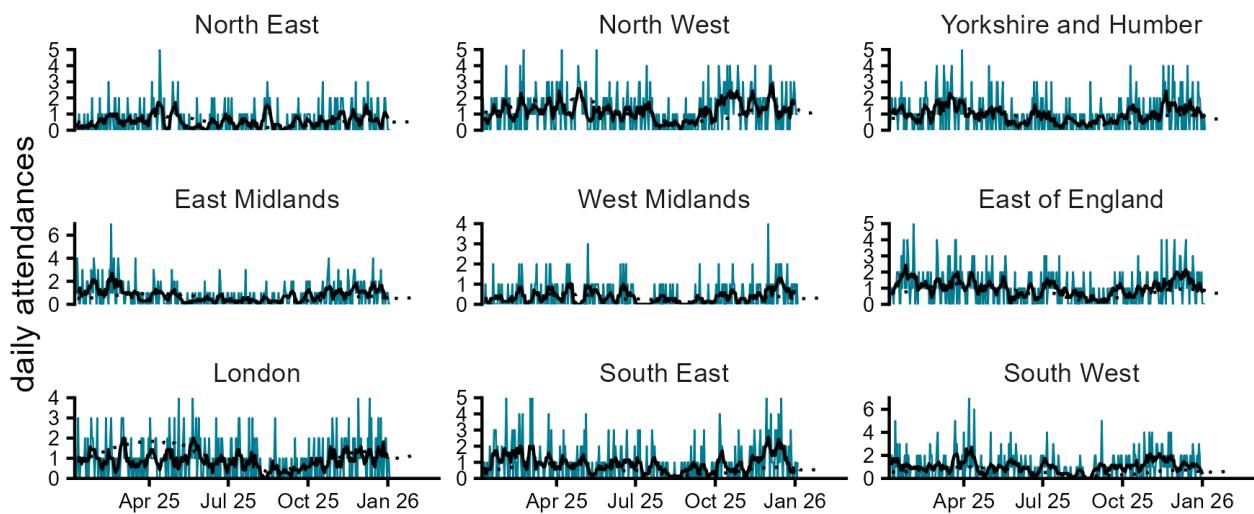


(b)



(c)

EDSSS: scarlet fever by UKHSA region 05/01/2025 to 04/01/2026



NOTE: SCALES MAY VARY IN EACH GRAPH TO ENABLE TREND COMPARISON.

Black line is 7 day moving average adjusted for bank holidays.

Black dotted line is baseline.

Seasonal environmental conditions

UKHSA and the Met Office operate a weather-health alert system that includes both heat and cold weather alert periods. Syndromic indicators are used to monitor the impact of both extreme hot and cold weather in England during these periods and will be routinely included below (where an appropriate syndromic indicator is available).

[Cold weather alert](#) period: 1 November to 31 March

[Heat-Health Alert](#) period: 1 June to 30 September

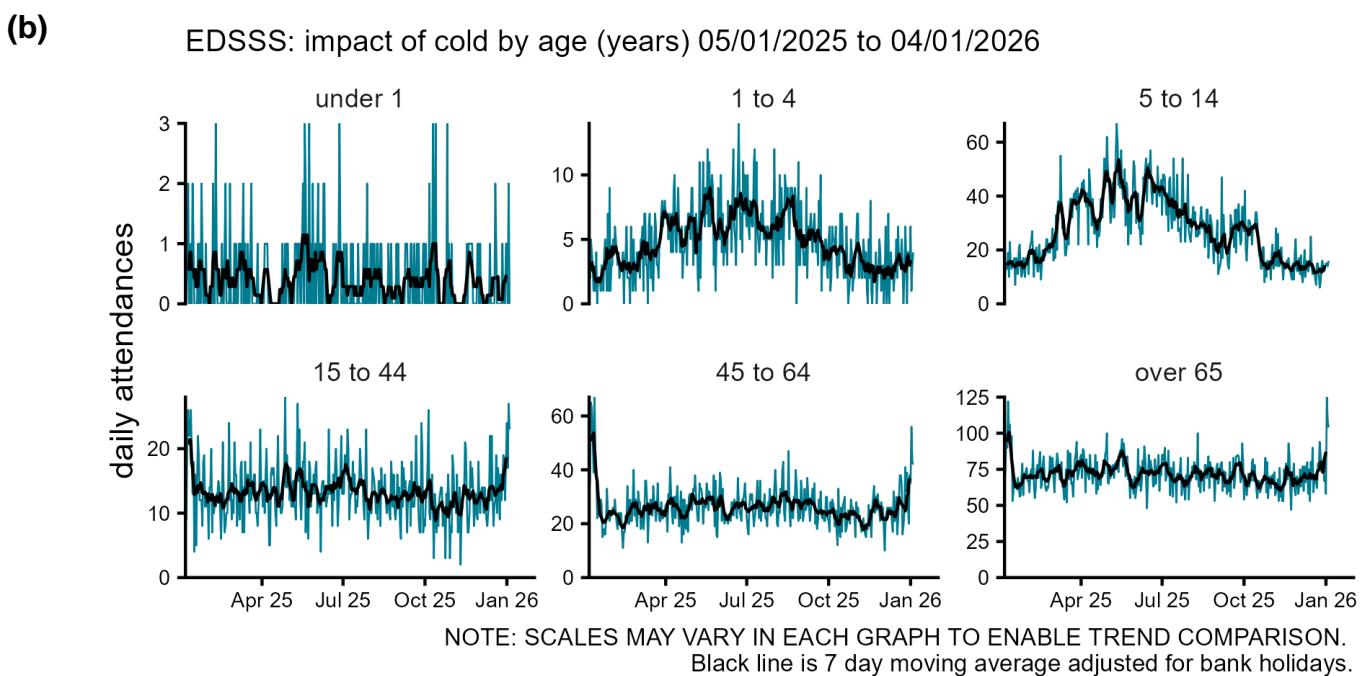
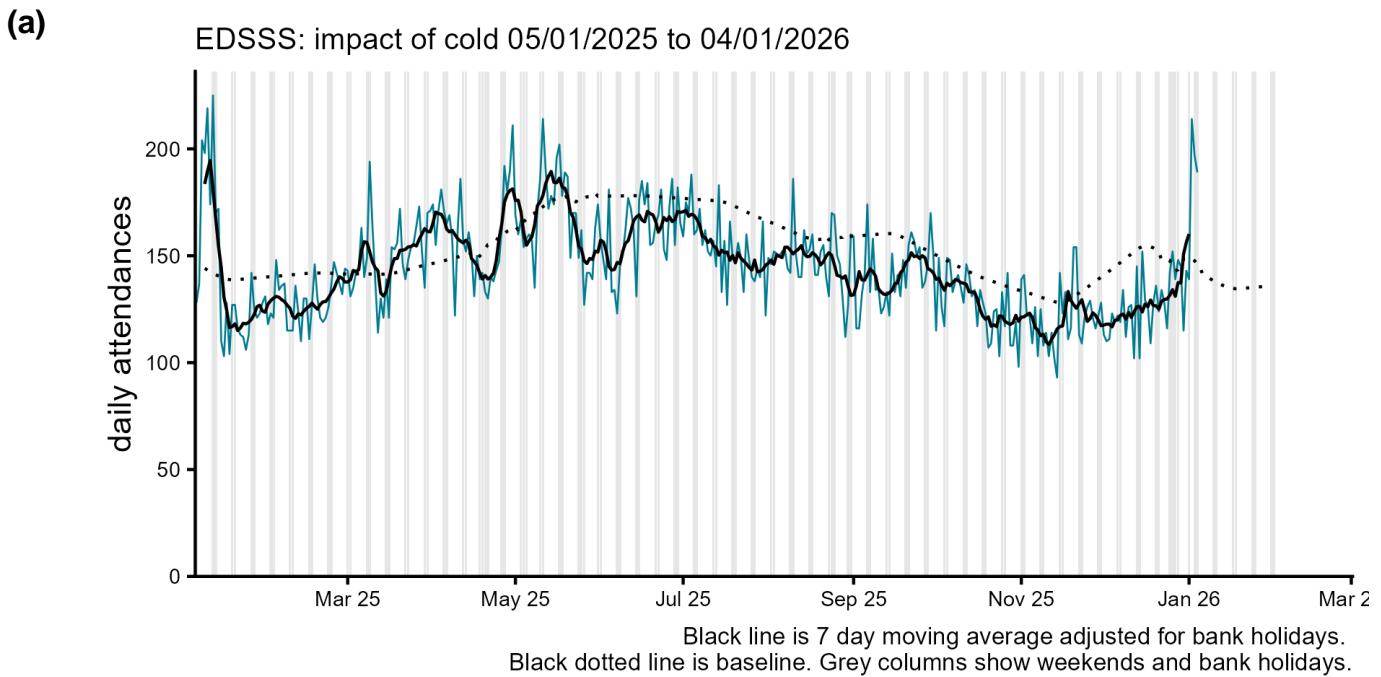
Highest weather alert level during the current reporting week:

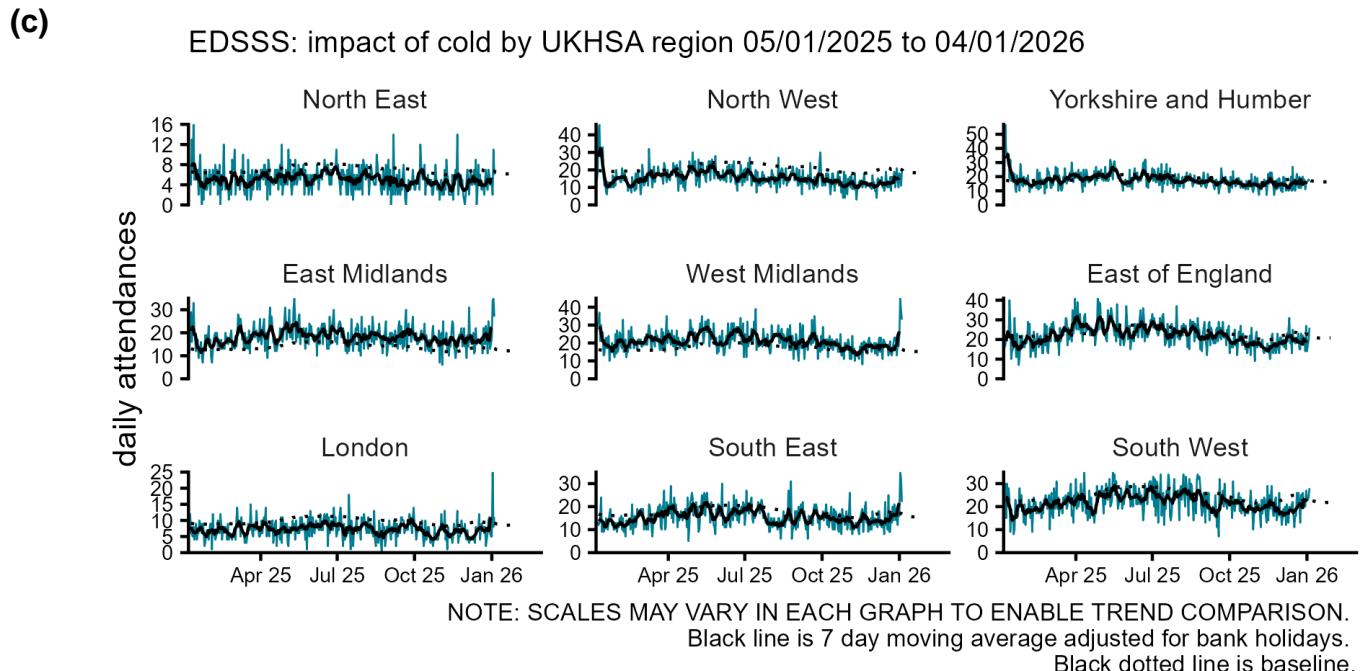
Amber alert (enhanced cold weather response)

Impact of cold

Figure 14: Daily number of impact of cold⁴ ED attendances (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by age and (c) by UKHSA Region.

⁴ impact of cold attendances reported here are restricted to female attendances, with a primary diagnosis of fracture of the femur/wrist/forearm plus cold specific diagnoses of hypothermia, or cold injuries.





Notes and caveats

The following additional caveats apply to the UKHSA emergency department syndromic surveillance system:

- the data presented are based on a national syndromic surveillance system:
 - should be used to monitor trends not to estimate numbers of 'cases'
 - an automated daily transfer of anonymised ED data is received from NHS Digital, from the [Emergency Care Data Set](#) (ECDS)
 - not all EDs currently provide data on a daily basis, EDs are eligible for inclusion in this report only where:
 - data relates to attendances at a type 01 ED
 - data for 7 of the 7 most recent days was received
 - data for those days was received within 2 calendar days of the patient arrival
 - when an ED meets these criteria, all historical data from that ED is included
 - EDs included each week is likely to change, which will affect the historical data inclusion
 - national coverage each week is included in **Table 2**,
 - the number of EDs in each region area is described in **Table 3**
- individual EDs will not be identified in these bulletins
- some syndromic indicators are hierarchical:
 - acute respiratory infections includes:
 - COVID-19-like
 - acute bronchitis or bronchiolitis
 - other and non-specific acute respiratory infections
 - cardiac conditions includes:
 - myocardial ischaemia
 - other and non-specific cardiac conditions
- baselines:
 - were last remodelled January 2023 (influenza-like illness baselines were refitted to influenza-like illness surveillance data during December 2023 to account for post-COVID-19 changes in health care seeking behaviour)
 - are constructed from historical data since April 2018
 - represent seasonally expected levels of activity
 - take account of any known substantial changes in data collection, population coverage or reporting practices:
 - the COVID-19 pandemic period is excluded, to show seasonally expected levels if COVID-19 had not occurred
 - may be remodelled to include the impacts seen during periods of the COVID-19 pandemic if/when appropriate due to introduction of large scale public health interventions which may affect ED attendance levels

Acknowledgements

We are grateful to the clinicians in each ED and other staff within each Trust for their continued involvement in the EDSSS.

We thank the Royal College of Emergency Medicine, NHS Digital and NHS England for their support in the development of national EDSSS, using anonymised data collection from ECDS.

About the UK Health Security Agency

UKHSA is responsible for protecting every member of every community from the impact of infectious diseases, chemical, biological, radiological and nuclear incidents and other health threats. We provide intellectual, scientific and operational leadership at national and local level, as well as on the global stage, to make the nation heath secure.

UKHSA is an executive agency, sponsored by the Department of Health and Social Care.

www.gov.uk/government/organisations/uk-health-security-agency

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Version: ED-2

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Published: January 2026



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