



We are inviting you to do a test.

You can do the test at home.

The test will check if your bowel is healthy.



This is called screening.

Your test kit will arrive in the post in around 2 weeks.



Please follow the instructions carefully.

You will need to collect a small amount of your poo. This is called a sample.



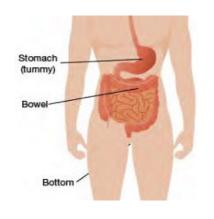
When you have finished, post your sample to us.

Use the free post envelope.



You can have bowel screening every 2 years.

You are invited from age 50 until 74.



Your bowel links your stomach (tummy) to your bottom. It takes nutrients and water from food. It turns what's left into poo.



Some people get a disease called bowel cancer.

This is a serious illness you can die from.



If we find bowel cancer early, treatment can work better. You have a better chance of living.



For more information, phone our free helpline on 0800 707 60 60.

You can also speak to your GP (doctor) or your learning disability team.



For more easy read information about bowel cancer screening, visit www.gov.uk/bowel-screening-easy-read