Weekly rainfall and river flow summary

Wednesday 8 October to Tuesday 14 October 2025

1 Summary

It has been the driest week for England as a whole since late April, with all regions receiving 1mm or less rainfall. River flows decreased at almost all sites, and more than two-thirds of sites were classed as below normal or lower for the time of year.

1.1 Rainfall

It has been a very dry week across England, the driest for the whole country since late April. Rainfall totals ranged from just 1mm in east England to less than 1mm across all other regions. England as a whole received less than 1mm of rain during the week. This has stalled October to date rainfall totals as we reach the middle of the month. North-west and north-east England have received just over a third (36%) of long term average (LTA) rainfall for October so far this month. In contrast, south-west England has received just 18% of LTA rainfall, and England as a whole has received 26% of the LTA.

1.2 River flows

River flows decreased at almost all of the sites we report on when compared to the previous week. Just over two thirds of sites were classed as below normal or lower, with 28 sites (52% of the total) classed as below normal and 6 (11%) classed as notably low. Three sites (6%) in east England were classed as exceptionally low for the time of year. Sixteen sites (30%) were classed as normal for the time of year, and the River Ver in south-east England was classed as above normal.

1.3 Outlook

Conditions are expected to remain settled and mainly cloudy for many on Thursday and Friday. Saturday will bring some scattered showers, before heavier, more sustained rain arrives in the west later in the day. This band of rain will move slowly across England on Sunday, bringing rainfall to all areas. Monday is expected to see showers, with further unsettled weather likely to follow.

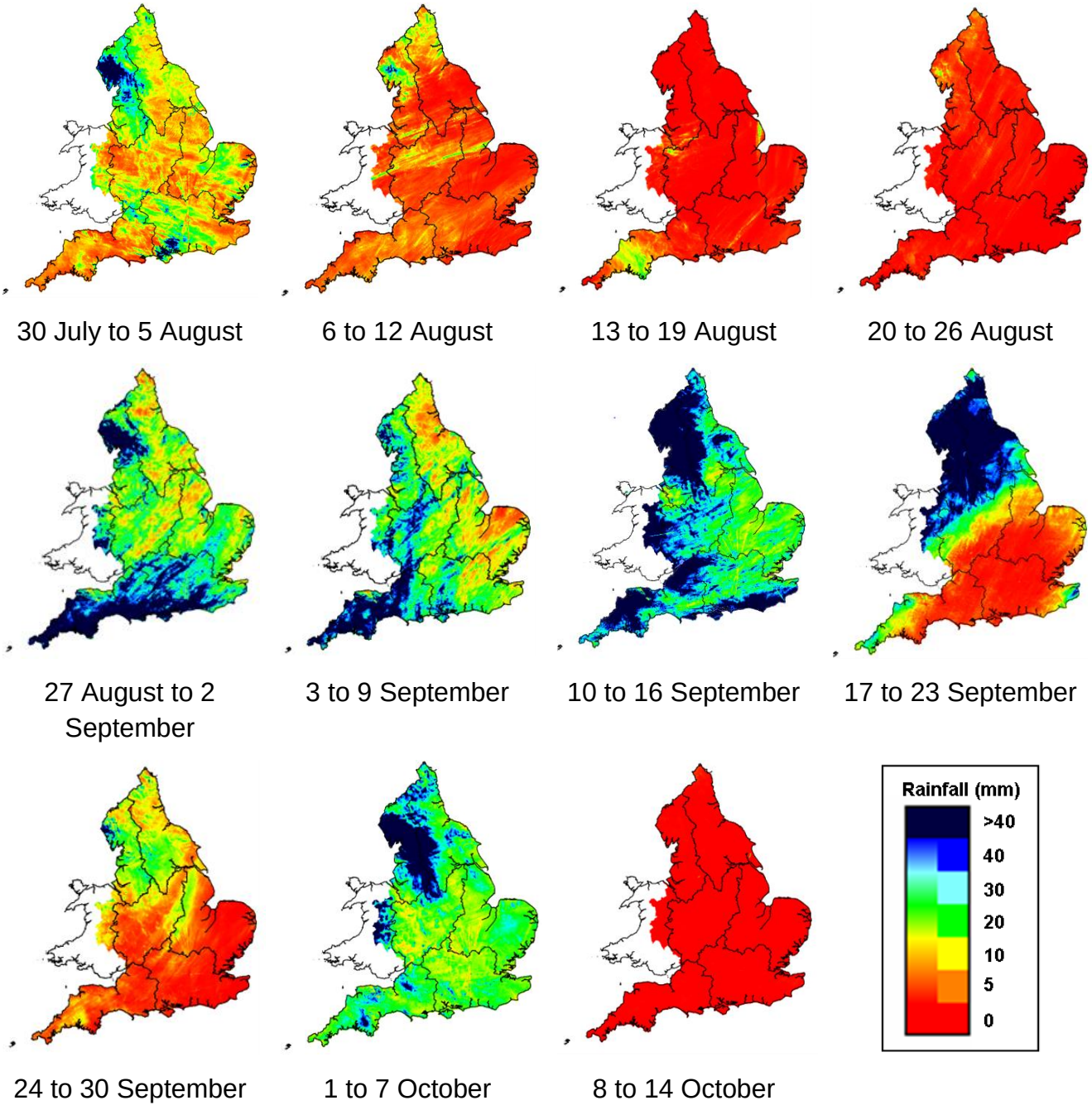
Table 1: Latest rainfall summary information (Source: Met Office © Crown Copyright, 2025)

Geographic regions	8 to 14 Oct 2025 total rainfall (mm)	Oct 2025 to date total rainfall (mm)	Oct 2025 to date rainfall % of LTA	Sep 2025 total rainfall (mm)	Sep 2025 rainfall % of LTA	Last 3 months Jul to Sep 2025 total rainfall (mm)	Last 3 months Jul to Sep 2025 rainfall % of LTA	Last 6 months Apr to Sep 2025 total rainfall (mm)	Last 6 months Apr to Sep 2025 rainfall % of LTA	Last 12 months Oct 2024 to Sep 2025 total rainfall (mm)	Last 12 months Oct 2024 to Sep 2025 rainfall % of LTA
north-west	<1	47	36	202	190	357	114	590	108	1,163	91
north-east	<1	31	36	122	171	217	98	311	76	681	77
central	<1	18	23	88	145	156	81	239	65	609	80
east	1	16	24	53	100	126	75	196	62	458	72
south-east	<1	17	20	74	126	163	93	241	73	629	81
south-west	<1	21	18	118	152	205	88	382	87	969	89
England	<1	24	26	102	149	192	92	305	79	714	82

Notes: Long term average (LTA) rainfall for 1991 to 2020. Data for the current month are calculated using MORECS (Met Office Rainfall and Evaporation Calculation System); data for past months are provisional values from the National Climate Information Centre (NCIC). The data are rounded to the nearest millimetre or percent except when values are less than 1. Recorded amounts of rainfall are likely to be underestimated during snow events.

2 Rainfall

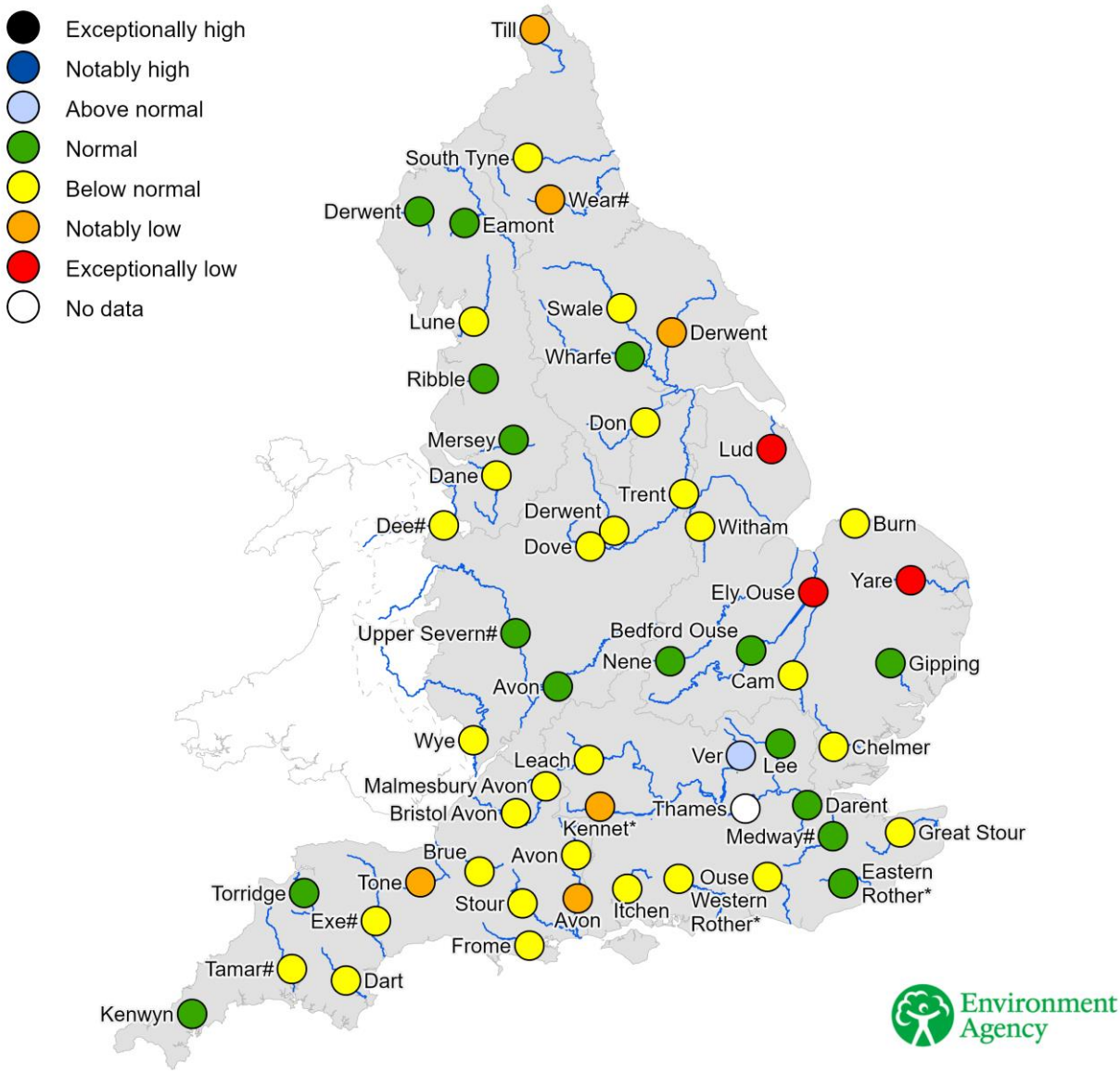
Figure 2: Weekly precipitation across England and Wales for the past 11 weeks. UKPP radar. Note: Images may sometimes include straight lines originating from the centre of the radar, resulting from tall trees and buildings located near the radar installation affecting its performance. This does not reflect actual conditions on the ground.



3 River flows

3.1 River flows map

Figure 3.1: Latest daily mean river flow, relative to an analysis of historic daily mean flows, classed by flow percentile for the same time of year. River flows for the River Thames at Kingston and the River Lee at Feildes Weir are naturalised. * Flows may be overestimated and data should be treated with caution. # Flows may be impacted by upstream reservoir releases.



3.2 River flow categories

Exceptionally high	Value likely to fall within this band 5% of the time
Notably high	Value likely to fall within this band 8% of the time
Above normal	Value likely to fall within this band 15% of the time
Normal	Value likely to fall within this band 44% of the time
Below normal	Value likely to fall within this band 15% of the time
Notably low	Value likely to fall within this band 8% of the time
Exceptionally low	Value likely to fall within this band 5% of the time