

National ambulance syndromic surveillance system bulletin (England)

2025 week 28

Key messages

Data reported to: 13 July 2025

During week 28, daily ambulance dispatch calls for impact of heat increased, peaking on Friday 11 July, then decreasing over the weekend, in line with the amber heat health alert in place across England.

Syndromic indicators at a glance

Table 1: The current trend (based on previous weeks, not only the current week) and the level (compared to the expected baseline) of each indicator included in this bulletin.

Indicator	Trend	Level
Difficulty breathing (Figure 1)	No trend	Below baseline
Chest pain (Figure 2)	Decreasing	Similar to baseline
Cardiac or respiratory arrest (Figure 3)	Increasing	Below baseline
Impact of heat or cold (Figure 4)	Increasing	Above baseline
Headache (Figure 5)	Decreasing	Below baseline
Unconscious or passing out (Figure 6)	Increasing	Below baseline
Collapsed with unknown problem (Figure 7)	Increasing	Above baseline
Allergic reactions (Figure 8)	Increasing	Above baseline
Injuries (Figure 9)	Increasing	Above baseline
Overdose or ingestion or poisoning (Figure 10)	Decreasing	Below baseline

System coverage

Table 2: The number of ambulance Trusts included in surveillance each day during the most recent week.

Date	Number of ambulance Trusts ¹
07 July 2025	10
08 July 2025	10
09 July 2025	10
10 July 2025	10
11 July 2025	10
12 July 2025	10
13 July 2025	10

¹ maximum 10 Trusts in England

Contents

Key messages	2
Syndromic indicators at a glance	2
System coverage	2
Contents	3
About this syndromic surveillance system	4
Respiratory conditions	5
Difficulty breathing	5
Cardiac conditions	6
Chest pain	6
Cardiac or respiratory arrest	7
Seasonal or environmental conditions	8
Impact of heat or cold	9
Other conditions	10
Headache	10
Unconscious or passing out	11
Collapsed with unknown problem	12
Allergic reactions	13
Injuries	14
Overdose or poisoning	15
Notes and caveats	16
Acknowledgements	17
About the UK Health Security Agency	18

About this syndromic surveillance system

This bulletin presents data from the UK Health Security Agency (UKHSA) ambulance syndromic surveillance system.

Syndromic surveillance can be used to:

- assess current trends
- assess current trends and levels compared to historical baselines
- compare trends between age groups/areas

Syndromic surveillance should not be used to:

- estimate total burden or number of 'cases' of a condition (see Notes and caveats)
- compare levels between age groups/areas

Fully anonymised, daily ambulance call data are analysed and reported here, to identify and describe trends for a variety of syndromic indicators:

- syndromic indicators include groupings such as difficulty breathing, chest pain and injuries
- syndromic indicators are based on:
 - information gathered during the initial call
 - o signs/symptoms and may not be laboratory confirmed
- Key messages describes any notable trends nationally (England), and/or by geographical area (based on UKHSA Regions)
- the full list of syndromic indicators reported here, along with their current level and trend, are summarised in Table 1
- charts are provided for each syndromic indicator, on a national basis, by geographical area (UKHSA Region). Each chart includes a year of data with:
 - 7-day moving averages (adjusted for weekends and bank holidays) to aid in the identification of trend
 - statistical baselines (where available) to aid in the assessment of level compared to historical expectations

For further information please see the **Notes and caveats** section.

Previous weekly bulletins from this system are available <u>here</u>.

Data quality issues of note this week

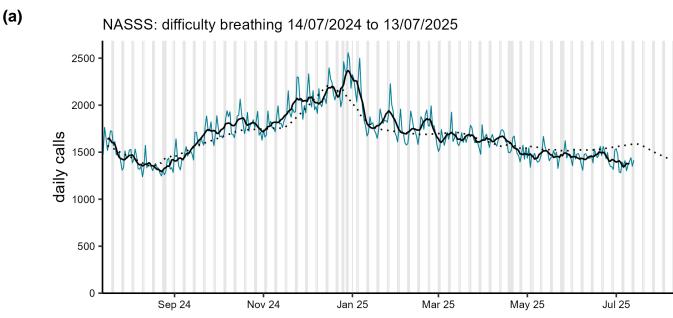
See **Table 2** for the number of Trusts included in the most recent week, indicating where data has not arrived at the time of this report production. All historical data are complete.

Please note that since 20th May there has been a decrease in the number of calls from Yorkshire Ambulance Service across all syndromic indicators in recent weeks, so trends for Yorkshire and Humber should be interpreted with caution.

Respiratory conditions

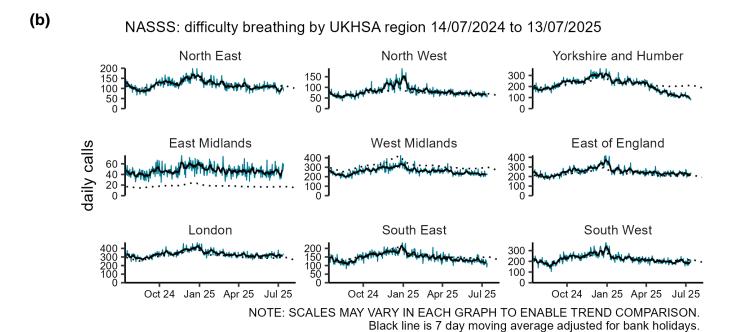
Difficulty breathing

Figure 1: Daily number of difficulty breathing ambulance service calls (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by UKHSA Region. Please note there is minimal usage of this syndromic indicator by the East Midlands Ambulance Service before 26th June 2023.



Black line is 7 day moving average adjusted for bank holidays. Black dotted line is baseline. Grey columns show weekends and bank holidays.

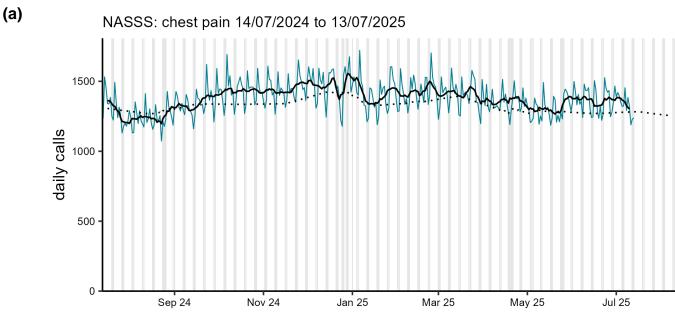
Black dotted line is baseline.



Cardiac conditions

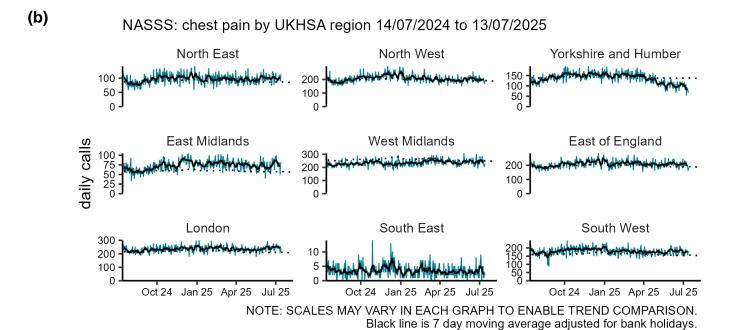
Chest pain

Figure 2: Daily number of chest pain ambulance service calls (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by UKHSA Region.



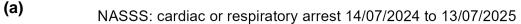
Black line is 7 day moving average adjusted for bank holidays. Black dotted line is baseline. Grey columns show weekends and bank holidays.

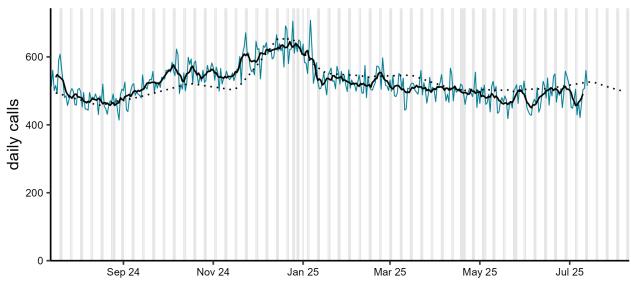
Black dotted line is baseline.



Cardiac or respiratory arrest

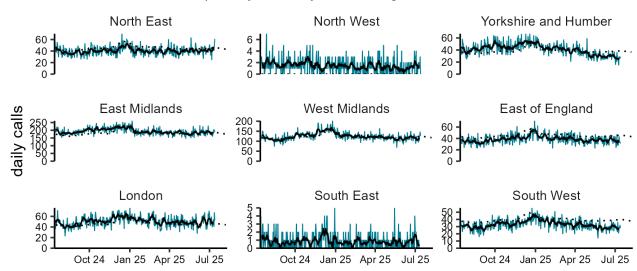
Figure 3: Daily number of cardiac or respiratory arrest ambulance service calls (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by UKHSA Region. Please note there is minimal usage of this syndromic indicator by the East Midlands Ambulance Service.





Black line is 7 day moving average adjusted for bank holidays. Black dotted line is baseline. Grey columns show weekends and bank holidays.





NOTE: SCALES MAY VARY IN EACH GRAPH TO ENABLE TREND COMPARISON.

Black line is 7 day moving average adjusted for bank holidays.

Black dotted line is baseline.

Seasonal or environmental conditions

UKHSA and the Met Office operate a weather-health alert system that includes both heat and cold weather alert periods. Syndromic indicators are used to monitor the impact of both extreme hot and cold weather in England during these periods and will routinely be included below (where an appropriate syndromic indicator is available).

Cold-Health alert period: 1 November to 31 March

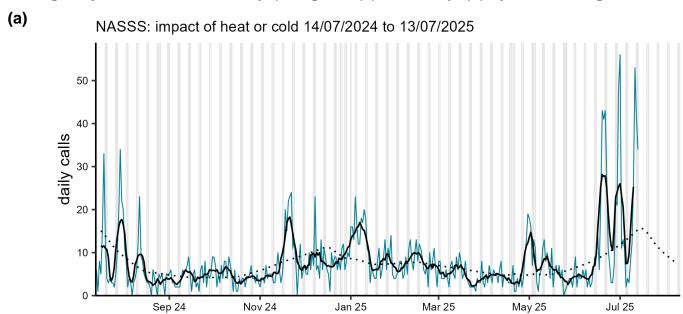
Heat-Health Alert period: 1 June to 30 September

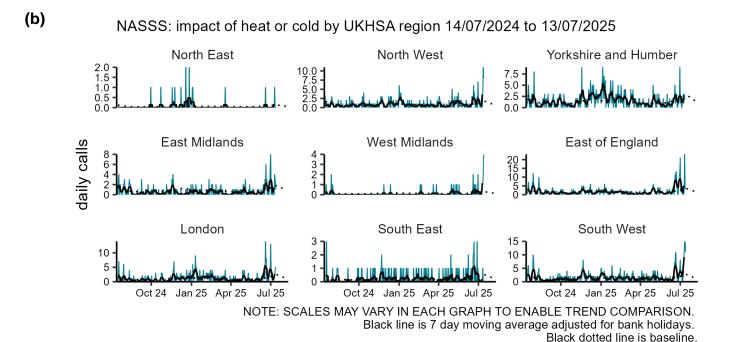
Highest weather alert during the current reporting week:

Amber alert (enhanced hot weather response).

Impact of heat or cold

Figure 4: Daily number of heat or cold related ambulance service calls (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by UKHSA Region.

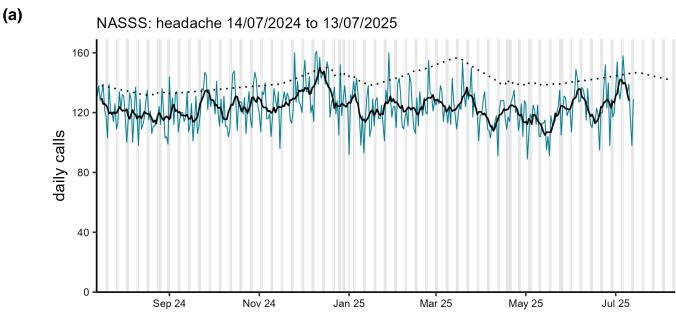




Other conditions

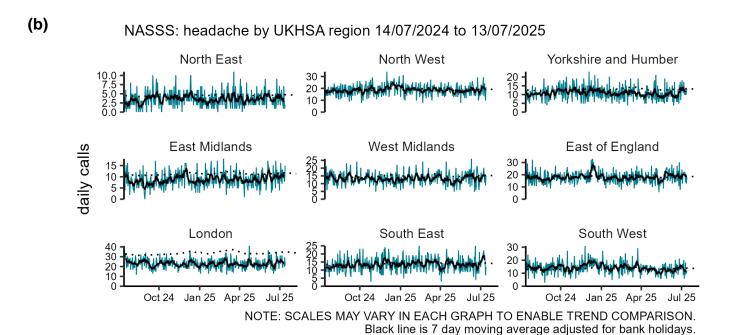
Headache

Figure 5: Daily number of headache ambulance service calls (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by UKHSA Region.



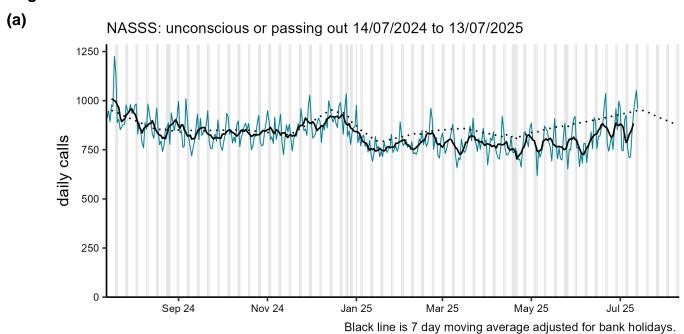
Black line is 7 day moving average adjusted for bank holidays. Black dotted line is baseline. Grey columns show weekends and bank holidays.

Black dotted line is baseline.

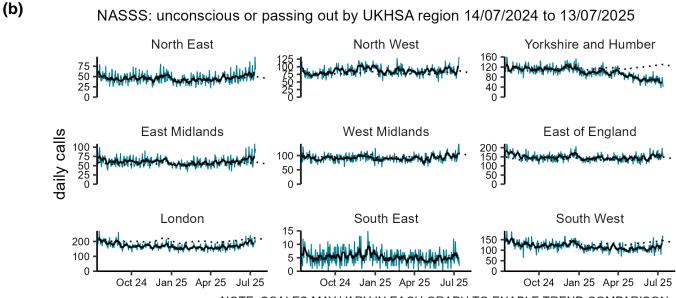


Unconscious or passing out

Figure 6: Daily number of unconscious or passing out ambulance service calls (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by UKHSA Region.



Black dotted line is baseline. Grey columns show weekends and bank holidays.



NOTE: SCALES MAY VARY IN EACH GRAPH TO ENABLE TREND COMPARISON.

Black line is 7 day moving average adjusted for bank holidays.

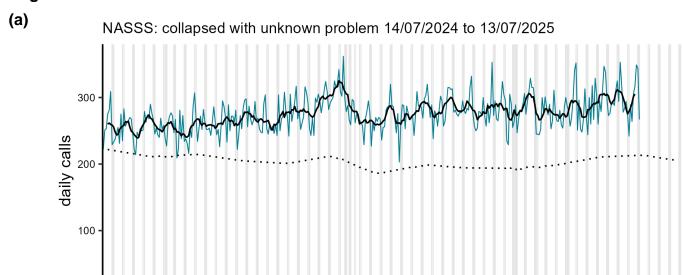
Black dotted line is baseline.

Sep 24

Nov 24

Collapsed with unknown problem

Figure 7: Daily number of collapsed with unknown problem ambulance service calls (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by UKHSA Region.

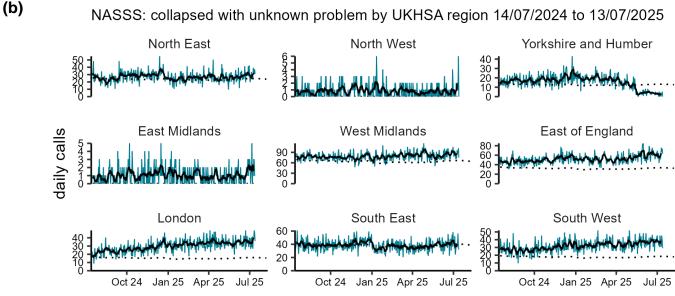


Jan 25

Black line is 7 day moving average adjusted for bank holidays. Black dotted line is baseline. Grey columns show weekends and bank holidays.

May 25

Mar 25



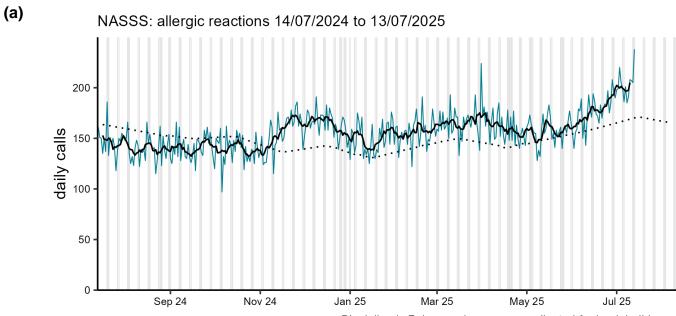
NOTE: SCALES MAY VARY IN EACH GRAPH TO ENABLE TREND COMPARISON.

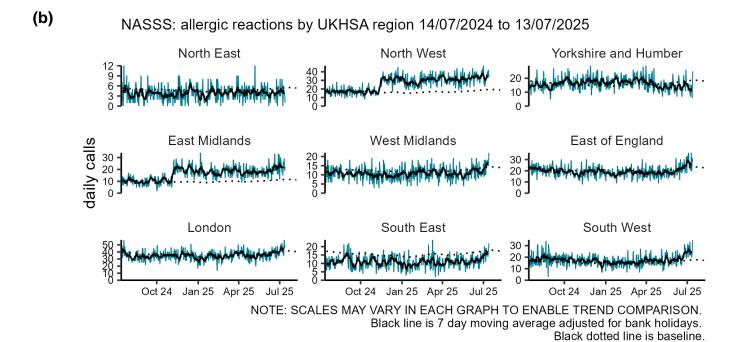
Black line is 7 day moving average adjusted for bank holidays.

Black dotted line is baseline.

Allergic reactions

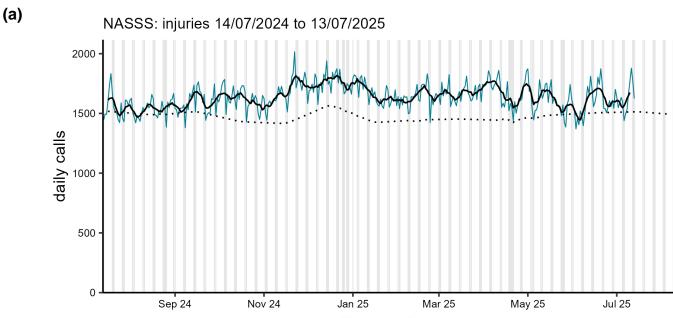
Figure 8: Daily number of allergic reactions ambulance service calls (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by UKHSA Region.

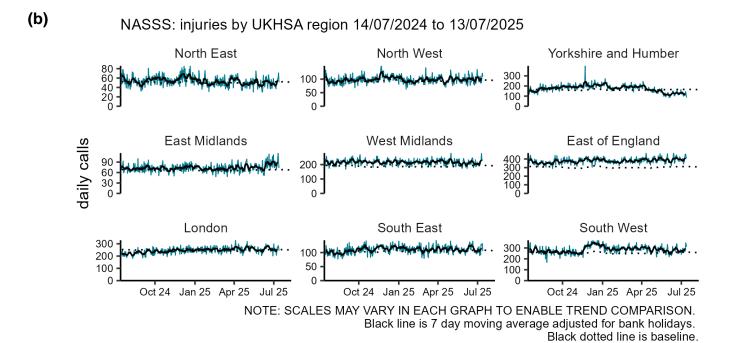




Injuries

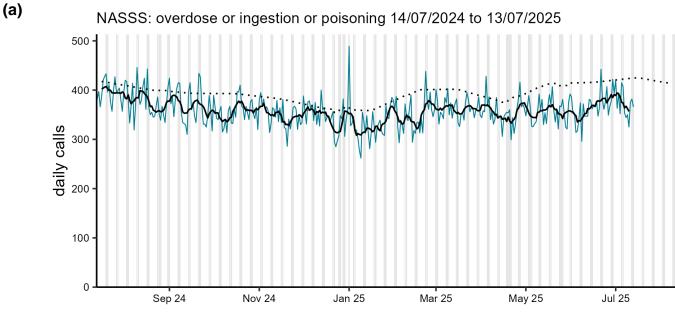
Figure 9: Daily number of injury ambulance service calls (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by UKHSA Region.

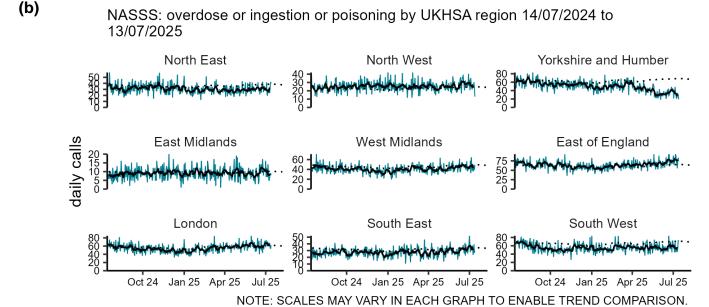




Overdose or poisoning

Figure 10: Daily number of overdose or poisoning ambulance service calls (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by UKHSA Region.





Notes and caveats

The following additional caveats apply to the UKHSA ambulance syndromic surveillance system

- the data presented are based on a national syndromic surveillance system:
 - the 10 ambulance trusts in mainland England are included
 - the number of Trusts included each day of the most recent week is included in Table 2
 - indicating where data has not arrived at the time of this report production.
 All historical data are complete
- the signs/symptoms related to each call may be recorded differently by each ambulance Trust
 - there may be minimal usage of some syndromic indicators in some ambulance Trusts due to operational use of certain chief complaint codes
 - the title for each set of syndromic indicator charts will describe which
 Trusts (if any) are affected
- baselines:
 - were last remodelled May 2023
 - are constructed from historical data since January 2019
 - represent seasonally expected levels of activity
 - take account of any known substantial changes in data collection, population coverage or reporting practices:
 - the COVID-19 pandemic period is excluded

Acknowledgements

We would like to thank:

- North East, North West, Yorkshire, East Midlands, West Midlands, East of England, London, South East Coast, South Central, and South Western NHS ambulance Trusts for submitting anonymised, daily data to this syndromic surveillance system
- the Association of Ambulance Chief Executives for their support in establishing this syndromic surveillance system

About the UK Health Security Agency

UKHSA is responsible for protecting every member of every community from the impact of infectious diseases, chemical, biological, radiological and nuclear incidents and other health threats. We provide intellectual, scientific and operational leadership at national and local level, as well as on the global stage, to make the nation heath secure.

<u>UKHSA</u> is an executive agency, sponsored by the <u>Department of Health and Social Care</u>.

www.gov.uk/government/organisations/uk-health-security-agency

© Crown copyright 2025

Version: Amb-2

Prepared by: Real-time Syndromic Surveillance Team

For queries relating to this document, please contact: syndromic@ukhsa.gov.uk

Published: July 2025

OGL

You may re-use this information (excluding logos) free of charge in any format or medium, under the terms of the Open Government Licence v3.0. To view this licence, visit <u>OGL</u>. Where we have identified any third party copyright information you will need to obtain permission from the copyright holders concerned.



UKHSA supports the UN Sustainable Development Goals

