



Department
of Health &
Social Care



Men's health strategy for England

Call for evidence: tell us how we can
make men's health better in England



 **What do you think?**

Do you think the idea is a good one?

 Yes ☒

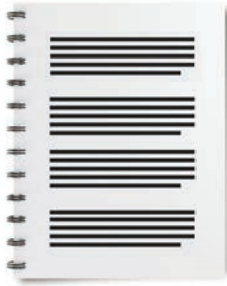
 Not sure ☐

 No ☐



**The questions in this survey
are for people who are
interested in men's health**

About this easy read booklet



This is an easy read of a bigger survey called **Men's Health Strategy for England: call for evidence**.



This easy read booklet tells you about the main things in the bigger survey.



If you want more information, you can find the bigger survey on our website:

www.gov.uk/government/calls-for-evidence/mens-health-strategy-for-england-call-for-evidence



The questions in this booklet are for people who are interested in men's health to answer.



We have another booklet with questions for men to answer.

What is in this booklet



Page 1 About our call for evidence



Page 3 Why we need to look at men's health



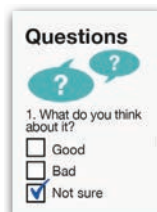
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About our call for evidence

We are the Department of Health and Social Care. We are writing a new plan for men's health in England.



The government is asking people what they should put in the plan. We call this a **call for evidence**.



To find out what people think about men's health, we have written a survey.



We will read all the answers people give us in this survey.



We will use what people tell us to make our plan.



Important

The answers you put on this form will help us think about men's health.



We will not be able to ask a doctor or nurse to see you if you tell us about a health condition in your answers.



If you are worried about your health you can:

- Contact your local doctor.
- Contact NHS 111 if you need help quickly but it is not an emergency.
- Phone 999 or go straight to your nearest A and E at the hospital.
You should only do this if it is an emergency and you need help straight away.



Why we need to look at men's health

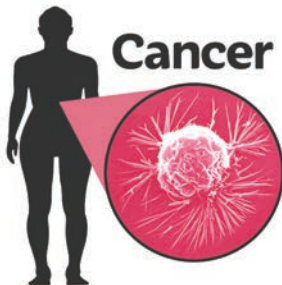


There are some health conditions that affect men more than other people.

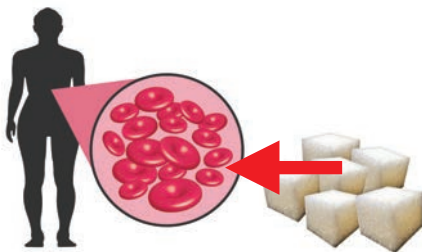


Men are more likely to have things like:

- **Heart problems.**



- **Cancer.** **Cancer** is an illness people can get. It can be very serious and can make you very poorly.



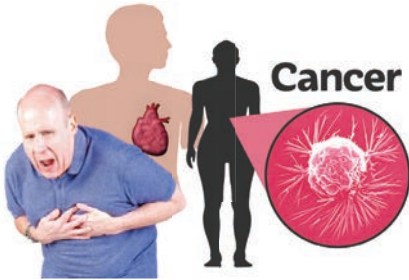
- **Diabetes.** **Diabetes** is an illness where your body cannot control the right amount of sugar in your blood.



Men don't live as long as women.



Men are more likely to do unhealthy things like smoking and drinking alcohol.



Doing these things can cause things like cancer and heart problems.



Men are more likely to die by **suicide**. **Suicide** is when someone ends their own life.

When we say ends their own life, we mean when a person kills themselves on purpose.



Men can find it hard to use **healthcare services**.

Healthcare services are things like local doctors and hospitals.



Health inequalities are when some people do not get the same chances to have good health.



Some men have less chance of having good health.



They might be disabled men or men who live in poorer areas.

What we want to work on in our plan



We want all men to get the support they need to live healthy, happy lives.

To make men's health better, we want to:

1. Support men to live healthy lives. Things like eating healthy foods or stopping smoking.



2. Make things better for men who have health conditions.



3. Help men to use healthcare services.



How to fill in the survey



We have this easy read survey online on our website. If you want to fill it in online go to:

www.consultations.dhsc.gov.uk/mens-health-strategy-for-england-easy-read



Or, you can print it out and fill in a paper copy.



If you do not know how to print something, you might be able to get help at your local library.



Please send your answers back to us by **Friday 12 September 2025**.



When you answer our questions, try not to put any personal information.

Things like your name, email address or phone number.



Before you send us your answers, it is important you read our privacy notice on **page 19**.

It tells you how we will use and look after the information you tell us.



If you have filled in a paper copy, please send it back to:

Men's Health Strategy team
Department of Health and Social Care
39 Victoria Street
London
SW1H 0EU

Who can answer the questions in this survey



You can answer our questions if you:

- Are aged 16 or older.

and



- Live in England.



We are asking about healthcare services in England.



Please do not tell us about healthcare services in Scotland, Wales or Northern Ireland.

Questions about you



Question 1: Are you aged 16 or older?



Question 2: Do you live in England?



Question 3: What is your sex?





Question 4: When you are born, a doctor might say if you are a boy or a girl. This is your gender at birth.



You might stay this gender all of your life. Or, as you grow up, you may feel like your gender is wrong. You may change your gender.



Is your gender now the same as the one you were given when you were born?



Yes



No



I don't want to say



You can tell us what gender you are here, if you want to:

Questions about men's health



Question 5: Thinking about things that affect men's health.

Please tell us up to 5 things you think are the most important for us to look at in our plan.

Try not to put any personal information.

1:

2:

3:

4:

5:

Supporting men to live healthy lives

We want to help men and boys to live healthy lives. Things like:



- Eating healthy food.



- Moving around and doing more exercise.



- Stopping smoking.



- Using less drugs or drinking less alcohol.



Question 6: What can we do to make it easier for men and boys to live healthy lives? Please tell us here.

Try not to put any personal information.

Making things better for men who have health conditions



Question 7: How do you think men with health conditions could be better supported at work? Please tell us here.

Try not to put any personal information.



Question 8: What should we put in our plan to deal with things that affect men's and boys health the most? Please tell us here.

Try not to put any personal information.

Using healthcare services



Question 9: What things would make it easier for men to use healthcare services? Please tell us here.

Try not to put any personal information.



Question 10: What things can we do to make men's and boys experiences of using healthcare services better? Please tell us here.

Try not to put any personal information.



Question 11: Is there anything else you want to tell us about men's health? Please tell us here.

Try not to put any personal information.

Our privacy notice



Our **privacy notice** tells you how we will use and look after the personal information you tell us.



When you fill in our survey, we will get some personal information about you. Things like your age, sex and gender.



We will also have things you tell us in your answers.



We will follow the law about keeping your information safe and private.



We will keep your personal information for 1 year. Then we will delete it.

How to complain



Complain means telling us you are not happy. If you are not happy about how we have looked after your information, you can:



- **Email us:**
data_protection@dhsc.gov.uk



- **Write to us:**
Data Protection Officer
First Floor North
39 Victoria Street
London
SW1H 0EU



If you are not happy with how we deal with your complaint, you can complain to the Information Commissioner's Office.



You can find out how to do this on their website:
www.ico.org.uk/make-a-complaint

