

GP out-of-hours syndromic surveillance system bulletin (England)

2025 week 19

Key messages

Data reported to: 11 May 2025

During week 19, GP out-of-hours contacts for 'heat or sunstroke' and insect bites increased during the weekend of 10 to 11 May, although overall both remained at and below seasonally expected levels respectively. Contacts for diarrhoea increased slightly, particularly in the 5 years and over age groups. Overall, diarrhoea and vomiting contacts remained above seasonally expected levels.

Syndromic indicators at a glance

Table 1: The current trend (based on previous weeks, not only the current week) and the level (compared to the expected baseline), of each indicator included in this bulletin.

Indicator	Trend ¹	Level
Total contacts (Figure 1)	No trend	No baseline
Acute respiratory infections (Figure 2)	No trend	Similar to baseline
Influenza-like illness (Figure 3)	No trend	Similar to baseline
Acute bronchitis/bronchiolitis (Figure 4)	No trend	Similar to baseline
Difficulty breathing/wheeze/asthma (Figure 5)	No trend	Similar to baseline
Fever (Figure 6)	No trend	Below baseline
Acute pharyngitis (Figure 7)	No trend	Similar to baseline
Gastroenteritis (Figure 8)	No trend	Above baseline
Diarrhoea (Figure 9)	Increasing	Above baseline
Vomiting (Figure 10)	No trend	Above baseline
Chest pain (inc. myocardial infarction) (Figure 11)	No trend	Above baseline
Heat or sunstroke (Figure 12)	No trend	Similar to baseline
Insect bites (Figure 13)	Increasing	Below baseline
Eye problems (Figure 14)	No trend	Similar to baseline

¹ Current trend reports on the trend seen over previous weeks

Contents

Key messages	2
Syndromic indicators at a glance	2
Contents	3
About this syndromic surveillance system	4
Total contacts	5
Respiratory conditions	7
Acute respiratory infections	7
Influenza-like illness	8
Acute bronchitis/bronchiolitis	9
Difficulty breathing, wheeze or asthma	10
Fever	11
Acute pharyngitis	12
Gastrointestinal conditions	13
Gastroenteritis	13
Diarrhoea	14
Vomiting	15
Cardiac conditions	16
Chest pain (including myocardial infarction)	16
Seasonal environmental conditions	17
Heat or sunstroke infections	18
Insect bites	19
Eye problems	20
Notes and caveats	21
Acknowledgements	22
About the UK Health Security Agency	23

About this syndromic surveillance system

This bulletin presents data from the UK Health Security Agency (UKHSA) GP out-of-hours\ unscheduled care syndromic surveillance system.

Syndromic surveillance can be used to:

- assess current trends
- assess current trends and levels compared to historical baselines
- compare trends between age groups/areas

Syndromic surveillance should not be used to:

- estimate total burden or number of 'cases' of a condition (see Notes and caveats)
- compare levels between age groups/areas

Fully anonymised, daily GP out-of-hours (OOH) and unscheduled care service provider data are analysed and reported here, to identify and describe trends for a variety of syndromic indicators:

- syndromic indicators include groupings such as acute respiratory infections, fever and gastroenteritis
- syndromic indicators are based on:
 - diagnoses recorded during OOH patient contacts
 - o diagnoses are based on signs/symptoms and not laboratory confirmed
 - o not all contacts include a diagnosis
 - some contacts include more than one diagnosis, so may be included in more than one syndromic indicator
- Error! Reference source not found. describes any notable trends nationally (England) a nd by age group
- the full list of syndromic indicators reported here, along with their current level and trend, are summarised in Table 1
- charts are provided for each syndromic indicator, on a national basis and by age group. Each chart includes data from April 2023:
 - 7-day moving averages (adjusted for weekends and bank holidays) to aid in the identification of trend
 - statistical baselines (where available) to aid in the assessment of level compared to historical expectations

For further information please see the **Notes and caveats** section.

Previous weekly bulletins from this system are available here.

Data quality issues of note this week

See main key message for update on current data quality issues.

Total contacts

3000

Jul 24

Sep 24

Figure 1: Daily number of GP out-of-hours and unscheduled contacts with a clinical code (with 7-day moving average adjusted for bank holidays) recorded in this sentinel syndromic surveillance system in England (a) nationally and (b) by age.

GP out of hours: total contacts 12/05/2024 to 11/05/2025

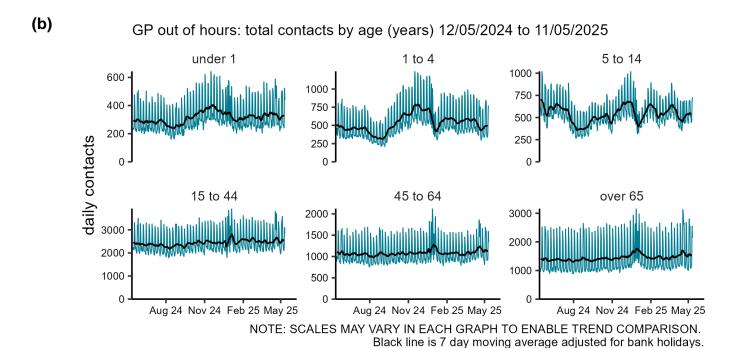


Table 2: The number of GP out-of-hours contacts in this sentinel syndromic surveillance system in England recorded each day in the most recent week.

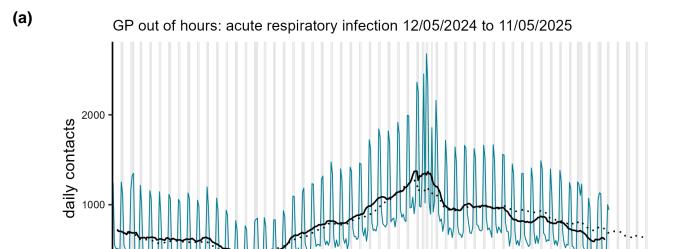
Date	Number of contacts
5 May 2025	36,921
6 May 2025	26,921
7 May 2025	24,680
8 May 2025	24,035
9 May 2025	25,016
10 May 2025	35,092
11 May 2025	29,685

Respiratory conditions

Acute respiratory infections

Jul 24

Figure 2: Daily number of GP out-of-hours and unscheduled contacts (and 7-day moving average adjusted for bank holidays) for acute respiratory infections, England (a) nationally and (b) by age.



Nov 24

Black line is 7 day moving average adjusted for bank holidays. Black dotted line is baseline. Grey columns show weekends and bank holidays.

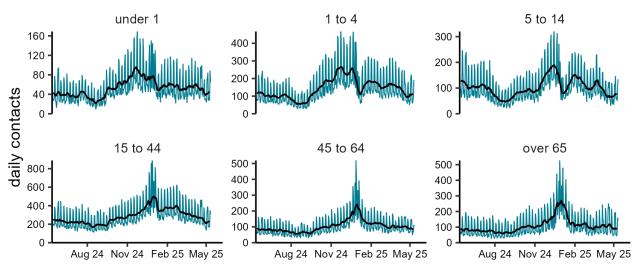
Mar 25

May 25

Jan 25



Sep 24

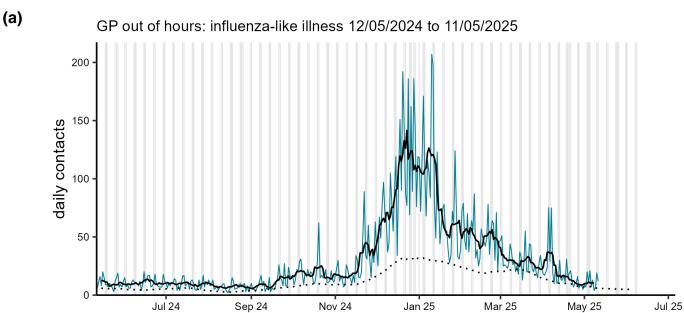


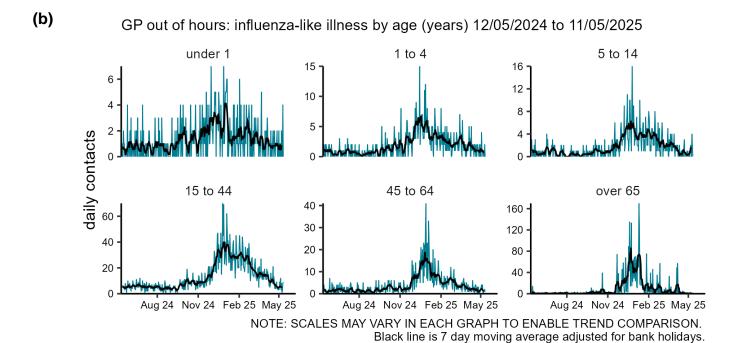
NOTE: SCALES MAY VARY IN EACH GRAPH TO ENABLE TREND COMPARISON.

Black line is 7 day moving average adjusted for bank holidays.

Influenza-like illness

Figure 3: Daily number of GP out-of-hours and unscheduled contacts (and 7-day moving average adjusted for bank holidays) for influenza-like illness, England (a) nationally and (b) by age.



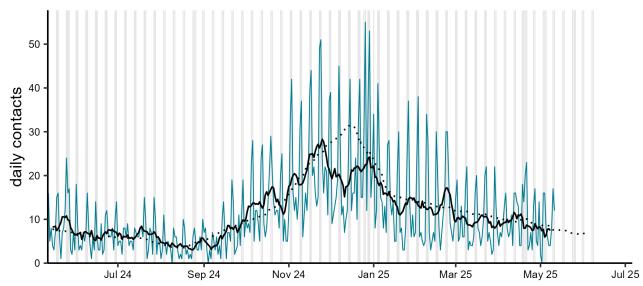


Acute bronchitis/bronchiolitis

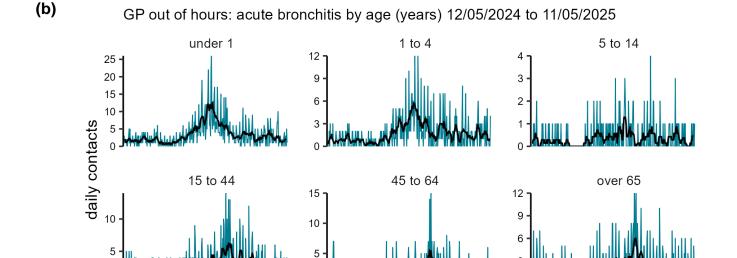
Aug 24 Nov 24 Feb 25 May 25

Figure 4: Daily number of GP out-of-hours and unscheduled contacts (and 7-day moving average adjusted for bank holidays) for acute bronchitis/bronchiolitis, England (a) nationally and (b) by age.





Black line is 7 day moving average adjusted for bank holidays. Black dotted line is baseline. Grey columns show weekends and bank holidays.



NOTE: SCALES MAY VARY IN EACH GRAPH TO ENABLE TREND COMPARISON.

Black line is 7 day moving average adjusted for bank holidays.

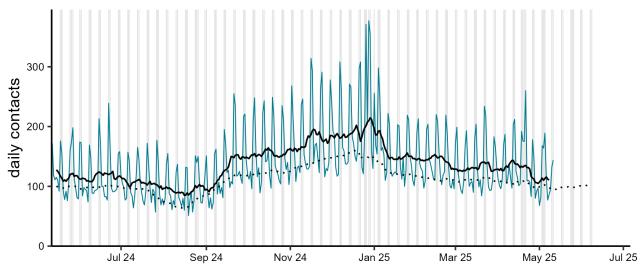
Aug 24 Nov 24 Feb 25 May 25

Aug 24 Nov 24 Feb 25 May 25

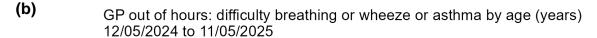
Difficulty breathing, wheeze or asthma

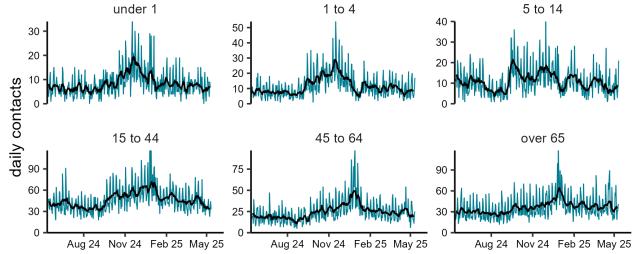
Figure 5: Daily number of GP out-of-hours and unscheduled contacts (and 7-day moving average adjusted for bank holidays) for difficulty breathing, wheeze or asthma, England (a) nationally and (b) by age.

(a) GP out of hours: difficulty breathing or wheeze or asthma 12/05/2024 to 11/05/2025



Black line is 7 day moving average adjusted for bank holidays. Black dotted line is baseline. Grey columns show weekends and bank holidays.



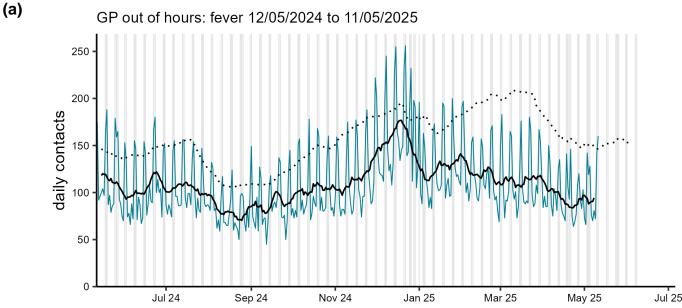


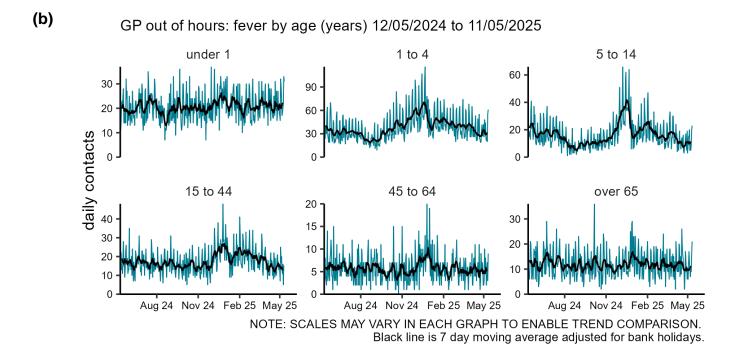
NOTE: SCALES MAY VARY IN EACH GRAPH TO ENABLE TREND COMPARISON.

Black line is 7 day moving average adjusted for bank holidays.

Fever

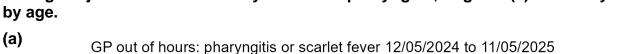
Figure 6: Daily number of GP out-of-hours and unscheduled contacts (and 7-day moving average adjusted for bank holidays) for fever, England (a) nationally and (b) by age.

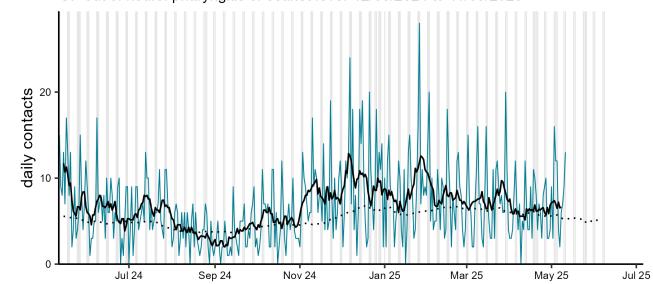


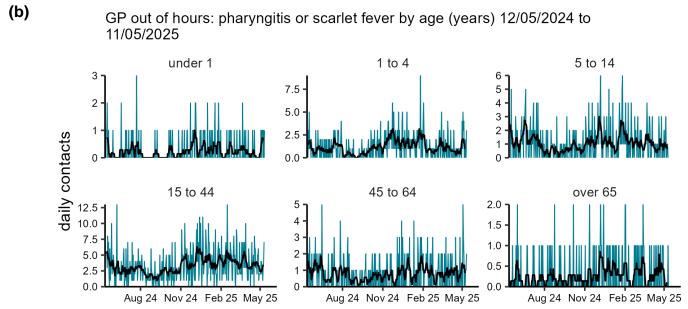


Acute pharyngitis

Figure 7: Daily number of GP out-of-hours and unscheduled contacts (and 7-day moving average adjusted for bank holidays for acute pharyngitis, England (a) nationally and (b) by age.





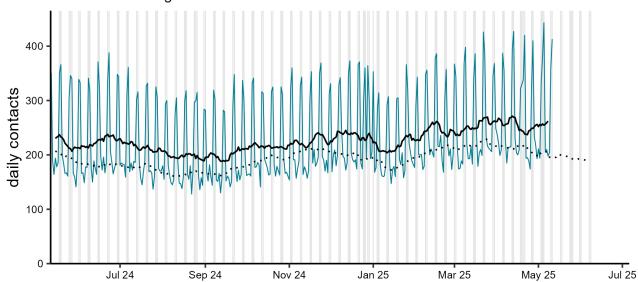


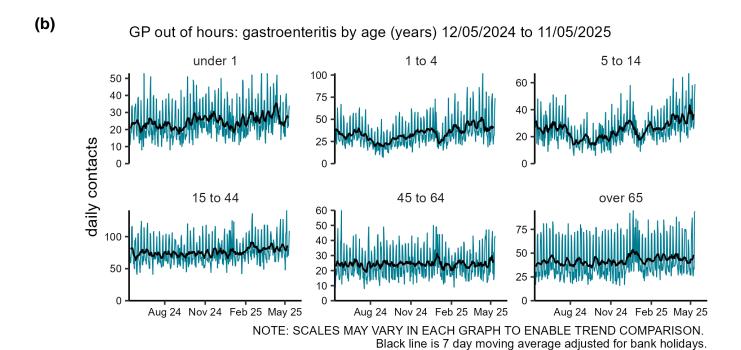
Gastrointestinal conditions

Gastroenteritis

Figure 8: Daily number of GP out-of-hours and unscheduled contacts (and 7-day moving average adjusted for bank holidays) for gastroenteritis, England (a) nationally and (b) by age.

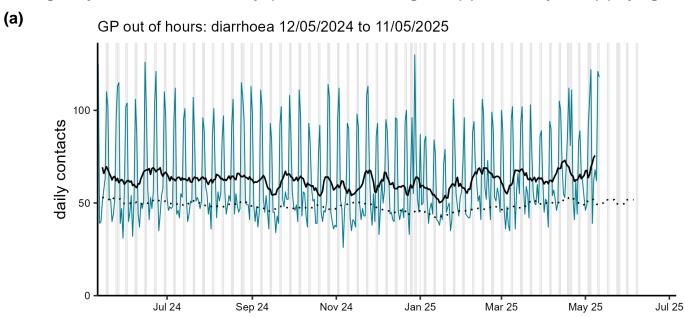


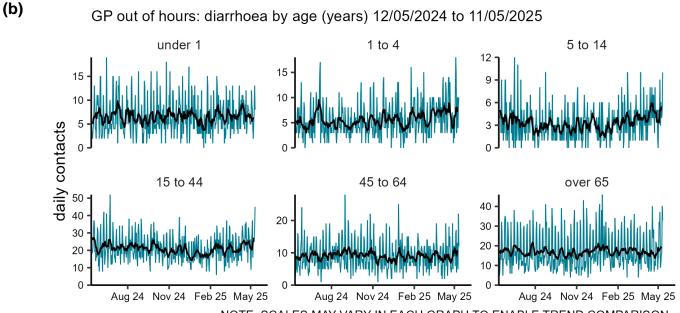




Diarrhoea

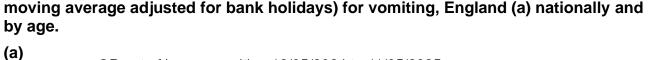
Figure 9: Daily number of GP out-of-hours and unscheduled contacts (and 7-day moving average adjusted for bank holidays) for diarrhoea, England (a) nationally and (b) by age.

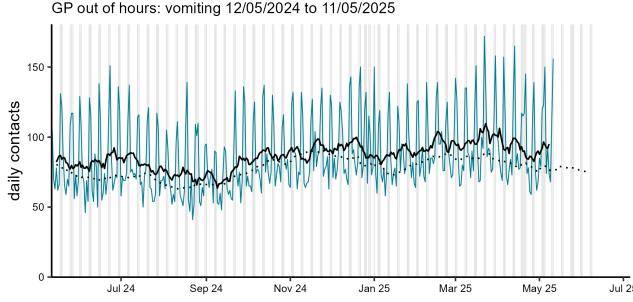


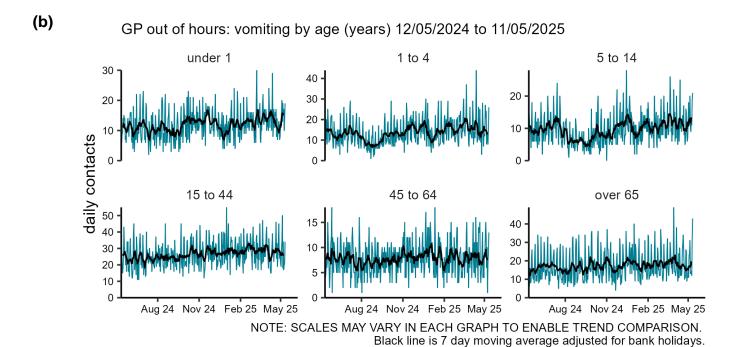


Vomiting

Figure 10: Daily number of GP out-of-hours and unscheduled contacts (and 7-day moving average adjusted for bank holidays) for vomiting, England (a) nationally and (b)





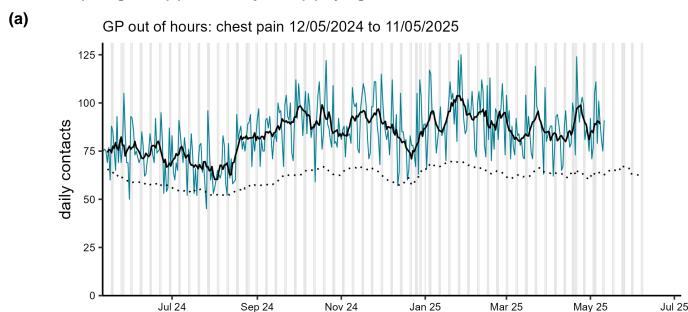


Cardiac conditions

Chest pain (including myocardial infarction)

Sep 24

Figure 11: Daily number of GP out-of-hours and unscheduled contacts (and 7-day moving average adjusted for bank holidays) for chest pain (including myocardial infarction), England (a) nationally and (b) by age.



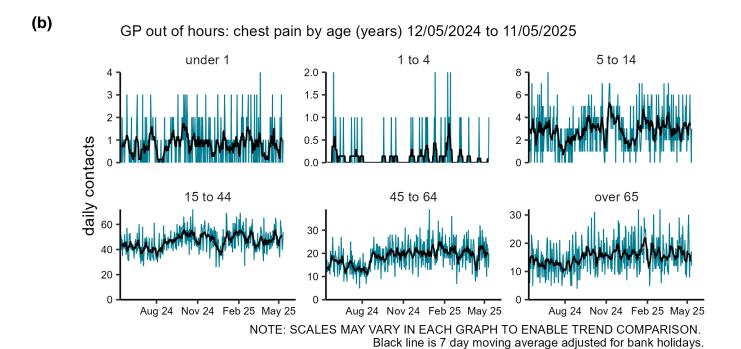
Nov 24

Black line is 7 day moving average adjusted for bank holidays. Black dotted line is baseline. Grey columns show weekends and bank holidays.

Mar 25

May 25

Jan 25



Seasonal environmental conditions

UKHSA and the Met Office operate a weather-health alert system that includes both heat and cold weather alert periods. Syndromic indicators are used to monitor the impact of both extreme hot and cold weather in England during these periods and will be routeinely included below (where an appropriate syndromic indicator is available).

Cold weather alert period: 1 November to 31 March

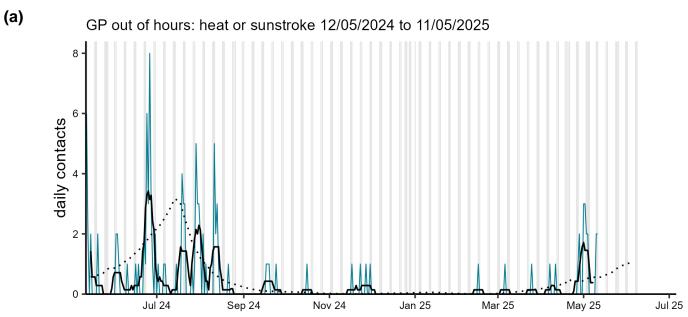
Heat-Health Alert period: 1 June to 30 September

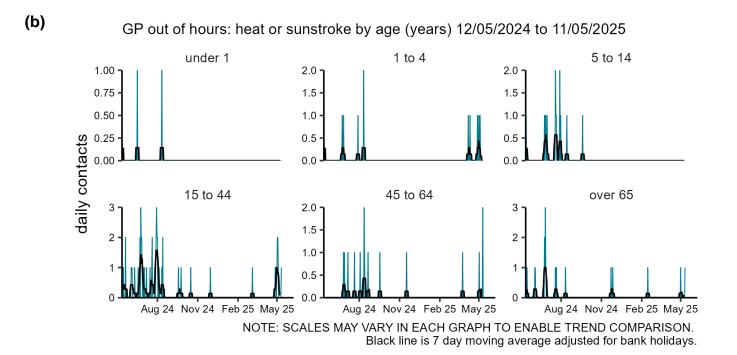
Highest weather alert level during the current reporting week:

No alert issued

Heat or sunstroke

Figure 12: Daily number of GP out-of-hours and unscheduled contacts (and 7-day moving average adjusted for bank holidays) for heat or sunstroke, England (a) nationally and (b) by age.

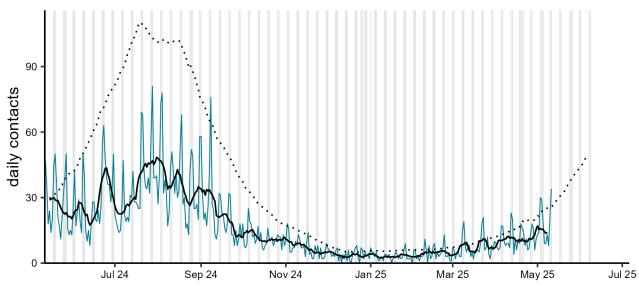




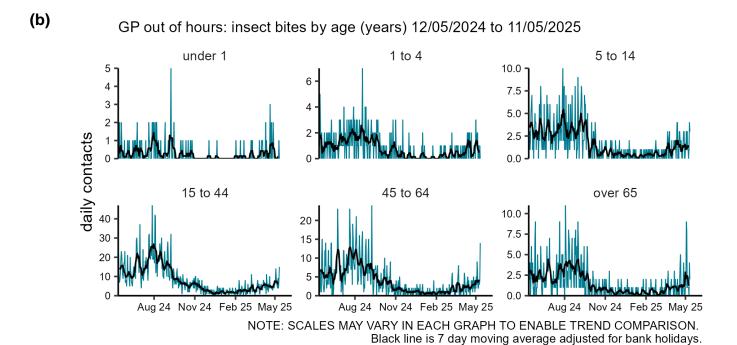
Insect bites

Figure 13: Daily number of GP out-of-hours and unscheduled contacts (and 7-day moving average adjusted for bank holidays) for insect bites, England (a) nationally and (b) by age.





Black line is 7 day moving average adjusted for bank holidays. Black dotted line is baseline. Grey columns show weekends and bank holidays.



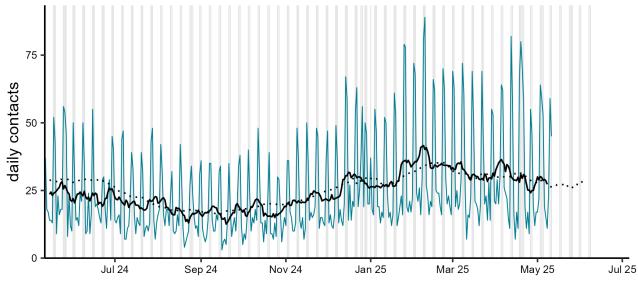
40

Aug 24 Nov 24 Feb 25 May 25

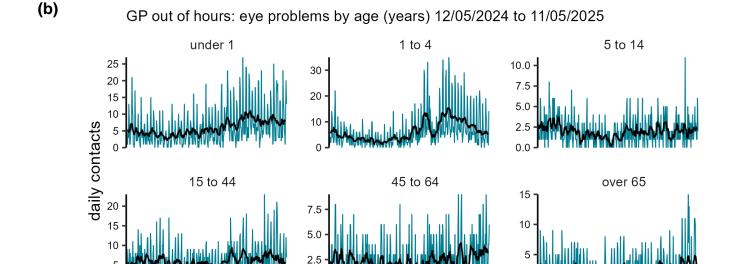
Eye problems

Figure 14: Daily number of GP out-of-hours and unscheduled contacts (and 7-day moving average adjusted for bank holidays) for eye problems, England (a) nationally and (b) by age.

(a) GP out of hours: eye problems 12/05/2024 to 11/05/2025



Black line is 7 day moving average adjusted for bank holidays. Black dotted line is baseline. Grey columns show weekends and bank holidays.



NOTE: SCALES MAY VARY IN EACH GRAPH TO ENABLE TREND COMPARISON.

Black line is 7 day moving average adjusted for bank holidays.

Aug 24 Nov 24 Feb 25 May 25

Aug 24 Nov 24 Feb 25 May 25

Notes and caveats

The following additional caveats apply to the UKHSA GP out-of-hours/unscheduled care syndromic surveillance system:

- the data presented should be used to monitor trends rather than numbers of 'cases':
 - this is a sentinel syndromic surveillance system; not all GP OOH service providers in England are included,
 - coverage varies by location
 - Table 2 shows total contacts which are higher than Figure 1 which shows total contacts where a clinical code is available for mapping to a syndromic indicator
- some syndromic indicators are hierarchical:
 - o acute respiratory infections includes:
 - influenza-like illness
 - acute bronchitis/ bronchiolitis
 - other and non-specific acute respiratory infections
 - o gastroenteritis includes:
 - diarrhoea
 - vomiting
 - other and non-specific gastroenteritis
- baselines:
 - were last remodelled March 2021
 - are constructed from historical data since July 2009
 - represent seasonally expected levels of activity
 - take account of any known substantial changes in data collection, population coverage or reporting practices:
 - the COVID-19 pandemic period is excluded
- We did not receive daily GP out-of-hours contact data from 4 August 2022 until 22
 April 2023 due to technical issues. The trends and levels presented in Table 1 of the
 report are based upon data received from 23 April 2023 onwards with baselines
 constructed from historical data as described above.
- The GP out-of-hours system coverage is currently poor across some of the UKHSA regions and therefore we are currently unable to publish data at regional level in this bulletin.

Acknowledgements

We are grateful to Advanced and the GP OOH and unscheduled care service providers who have kindly agreed to participate in this system.

About the UK Health Security Agency

UKHSA is responsible for protecting every member of every community from the impact of infectious diseases, chemical, biological, radiological and nuclear incidents and other health threats. We provide intellectual, scientific and operational leadership at national and local level, as well as on the global stage, to make the nation heath secure.

<u>UKHSA</u> is an executive agency, sponsored by the <u>Department of Health and Social Care</u>.

www.gov.uk/government/organisations/uk-health-security-agency

© Crown copyright 2025

Version: OOH-2

Prepared by: Real-time Syndromic Surveillance Team

For queries relating to this document, please contact: syndromic.surveillan@ukhsa.gov.uk

Published: May 2025

OGL

You may re-use this information (excluding logos) free of charge in any format or medium, under the terms of the Open Government Licence v3.0. To view this licence, visit <u>OGL</u>. Where we have identified any third party copyright information you will need to obtain permission from the copyright holders concerned.



UKHSA supports the UN Sustainable Development Goals

