

Situational Awareness

Do you really know what's happening?

- The Big Picture and fine detail.
- Constantly update your awareness.
- Actively seek input from others.
- Never assume other's intentions.
- WHIM- ask *"What have I missed?"*

Fit for duty

Are you really fit to work?

- Avoid alcohol and drugs – they are major killers.
- Illness can impair judgement.
- Injuries can be distracting.

Alerting

Do you really speak up when you should?

- Vital skill – Use it effectively – encourage it.
- Be positive and constructive – propose solutions.
- Some may find it difficult to do.
- It is not a threat – it is good teamwork.
- Be assertive – it can save lives!

Communication

Do you really understand everyone?

- Message understood? Don't assume - check.
- Use closed loop communications.
- Words are only 30% of communications. Remember tone and body language.
- Different cultures may interpret things differently.
- Watch out for accidentally causing offence.

Complacency

Is everything really OK?

- Never assume all is OK. Check your situation constantly.
- Follow procedures – They work!
- Use checklists.
- Seek input from others.
- Early action avoids later difficulties.

Culture

Do you really have good safety culture?

- Applies to individuals, teams and organisations.
- Does everyone care about safety?
- Do you have a *Just Culture*?
- Do you strive for continual improvement?

Local Practices

Efficiency or dangerous shortcut?

- Don't cut corners.
- Follow procedures – they are there for a reason!
- Beware local norms becoming the "new standard".
- Poor or inadequate procedures? – report them.
- Efficient or not through enough?

Teamwork

How well do you really work together?

- Ensure shared mental model.
- Beware of *"group think"*
- Encourage challenge.
- You can be in more than one team at a time.

Fatigue

Just tired or dangerously fatigued?

- Don't accept it – It's a killer!
- Leads to accidents and ill health.
- Ever present danger at sea.
- Learn about cause, effect and prevention.
- Recognise it, report it, manage it – effectively!

Distractions

Multi-tasking or dangerously distracted?

- It happened easily.
- Personal as well as job distractions.
- Use checklists and *"Red Zone"* techniques.
- If distracted – go back 2 steps.
- Be assertive – insist on calling back when convenient.

Pressure

Just busy or dangerously overloaded?

- Good pressure can improve performance.
- Too much leads to stress – always bad.
- Don't let pressure lead to taking short cuts.
- Ensure adequate resources – people, time, tools.

Capability

Is your team really capable?

- Check training , qualification and experience.
- Regularly assess capability.
- Provide on-board training, mentoring and coaching.
- Ensure any capability gap is addressed.

The Deadly Dozen



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