

# **GP in Hours Syndromic Surveillance System Bulletin (England)**2025 Week 7

# Key messages

#### Data reported to: 14 February 2025

During week 7, GP in-hours consultation rates for upper respiratory tract infections decreased slightly overall, however there was a small continuing increase observed in the under 1 year age group. Influenza-like illness rates continued to decrease overall, but activity remained above seasonally expected levels. Consultation rates for diarrhoea increased and this was particularly noted in adults aged 15-44 years. Vomiting consultations increased slightly, mainly in the under 1 year and 65 years and older age groups. Consultations for conjunctivitis were stable overall but remained elevated in the under 5 years age group.

# Syndromic indicators at a glance

Table 1: The current trend (based on previous weeks, not only the current week) and the level (compared to the expected baseline), of each indicator included in this bulletin.

Indicator	Trend <sup>1</sup>	Level
COVID-19-like (Figure 1)	No trend	No baseline
Upper respiratory tract infections (Figure 2)	Decreasing	Similar to baseline
Influenza-like illness (Figure 3)	Decreasing	Above baseline
Pharyngitis (Figure 4)	No trend	Below baseline
Scarlet fever (Figure 5)	No trend	Below baseline
Lower respiratory tract infections (Figure 6)	Decreasing	Similar to baseline
Pneumonia (Figure 7)	Decreasing	Below baseline
Bronchiolitis (Figure 8)	No trend	Below baseline
Acute bronchitis (Figure 9)	Decreasing	Similar to baseline
Acute presenting asthma (Figure 10)	No trend	Below baseline
Gastroenteritis (Figure 11)	Increasing	Above baseline
Diarrhoea (Figure 12)	Increasing	Above baseline
Vomiting (Figure 13)	Increasing	Above baseline
Measles (Figure 14)	No trend	Similar to baseline
Mumps (Figure 15)	No trend	Below baseline
Whooping cough (Figure 16)	No trend	Similar to baseline
Cellulitis (Figure 17)	No trend	Below baseline
Chickenpox (Figure 18)	Increasing	Similar to baseline
Herpes zoster (Figure 19)	No trend	Similar to baseline
Impetigo (Figure 20)	No trend	Below baseline
Conjunctivitis (Figure 21)	No trend	Below baseline

<sup>&</sup>lt;sup>1</sup> trend reports on the trend seen over most recent and earlier weeks

# System coverage

Table 2: The number of GP practices, and number of registered patients included in surveillance during the most recent week.

Year	Week	GP practices reporting <sup>1</sup>	GP practice type	Registered patients <sup>1</sup>
2025	7	1841	Combined	19 million
2025	7	646	TPP	7 million
2025	7	1195	Orchid	12 million

<sup>&</sup>lt;sup>1</sup> based on the average number of practices and registered patient population in the reporting week (Monday-Friday).

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# About this syndromic surveillance system

This bulletin presents data from the UK Health Security Agency (UKHSA) GP in hours Syndromic Surveillance System.

Syndromic surveillance can be used to:

- assess current trends
- assess current trends and levels compared to historical baselines
- compare trends between age groups/areas

Syndromic surveillance should not be used to:

- estimate total burden or number of 'cases' of a condition (see Notes and caveats)
- compare levels between age groups/areas

Fully anonymised, daily GP in hours data from two sources, TPP and ORCHID (Oxford and Royal College of General Practitioners Clinical Informatics Digital Hub), are analysed and reported here, to identify and describe trends for a variety of syndromic indicators:

- syndromic indicators include groupings such as upper respiratory tract infections, acute presenting asthma and gastroenteritis
- syndromic indicators are based on:
  - o diagnoses recorded during GP in hours patient consultations
  - diagnoses are based on signs/symptoms and may not be laboratory confirmed
- **Key messages** describes any notable trends nationally (England), by age group and/or by geographical area (based on UKHSA Regions)
- the full list of syndromic indicators reported here, along with their current level and trend, are summarised in Table 1
- charts are provided for each syndromic indicator, on a national basis, by age group and by geographical area (UKHSA Region). Each chart includes a year of data with:
  - 7-day moving averages (adjusted for weekends and bank holidays) to aid in the identification of trend
  - statistical baselines (where available) to aid in the assessment of level compared to historical expectations
  - o denominators vary for individual indicators, and are provided in Table 2

For further information please see the **Notes and caveats** section.

Previous weekly bulletins from this system are available <a href="here">here</a>.

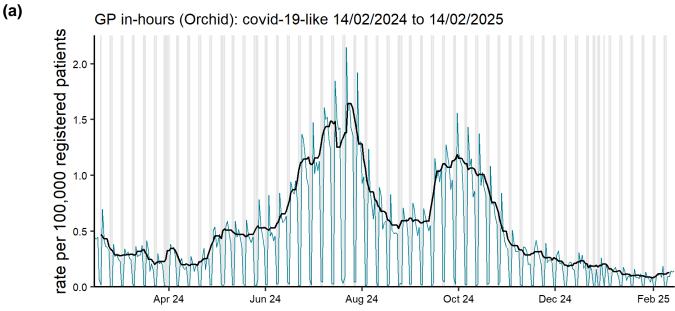
#### Data quality issues of note this week

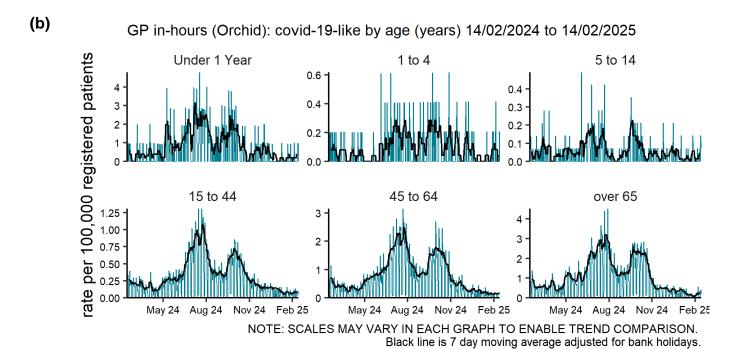
The 'diarrhoea' indicator has moved to ORCHID only whilst we continue to review all existing TPP indicators and develop the GPIH system further.

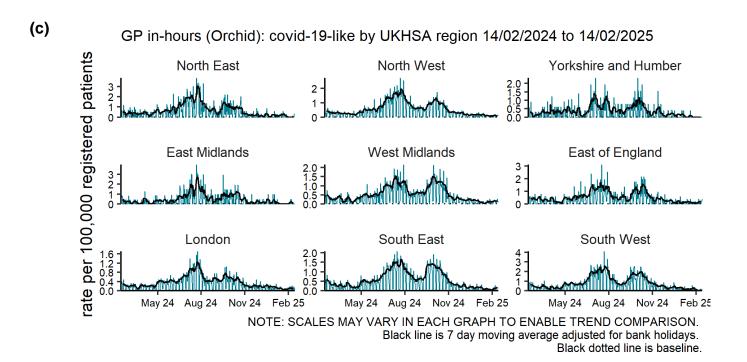
# **Respiratory conditions**

#### COVID-19-like

Figure 1: Daily incidence rate per 100,000 population (and 7-day moving average adjusted for bank holidays) for COVID-19-like GP in hours consultations, England (a) nationally, (b) by age and (c) by UKHSA Region.

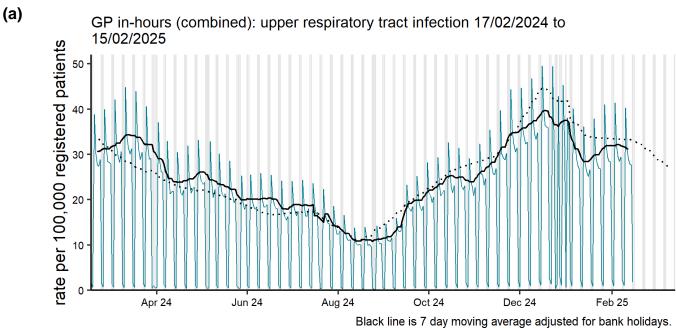




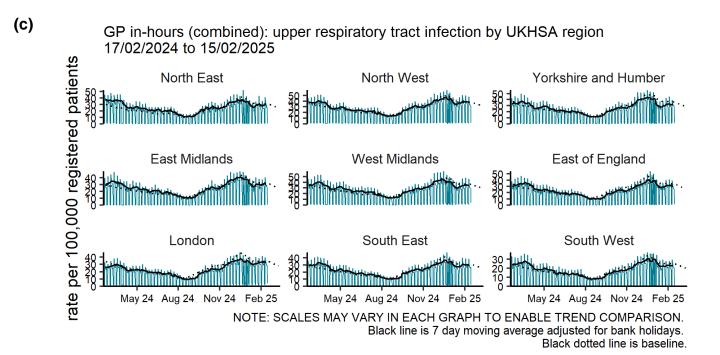


# Upper respiratory tract infections

Figure 2: Daily incidence rate per 100,000 population (and 7-day moving average adjusted for bank holidays) for upper respiratory tract infections GP in hours consultations, England (a) nationally, (b) by age and (c) by UKHSA Region.

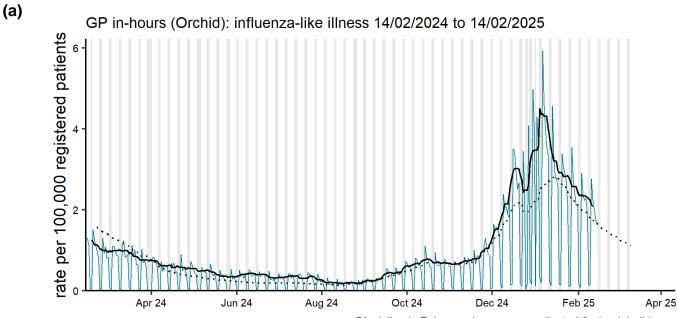


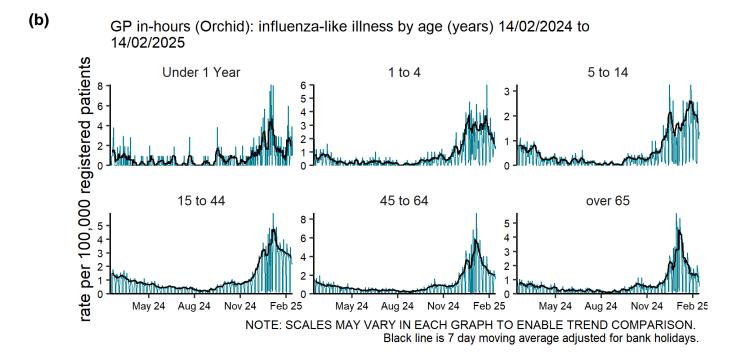


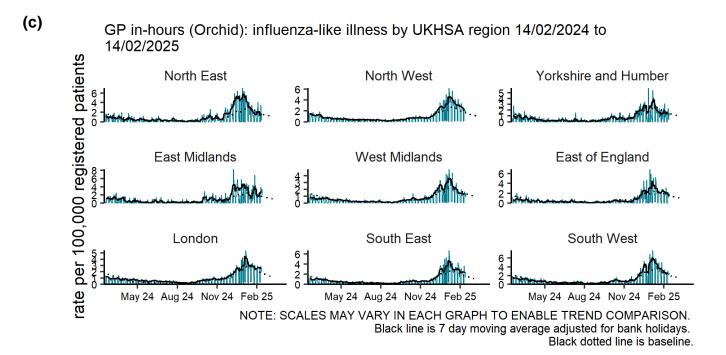


#### Influenza-like illness

Figure 3: Daily incidence rate per 100,000 population (and 7-day moving average adjusted for bank holidays) for influenza-like illness GP in hours consultations, England (a) nationally, (b) by age and (c) by UKHSA Region.

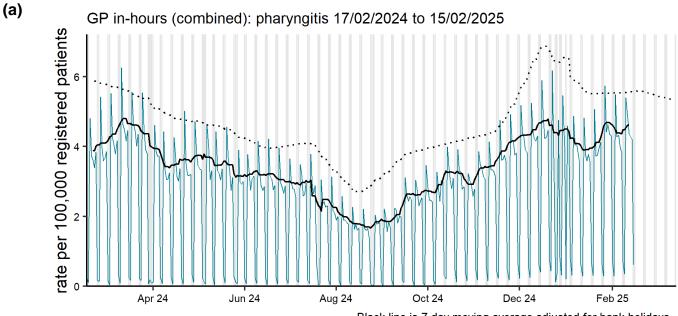


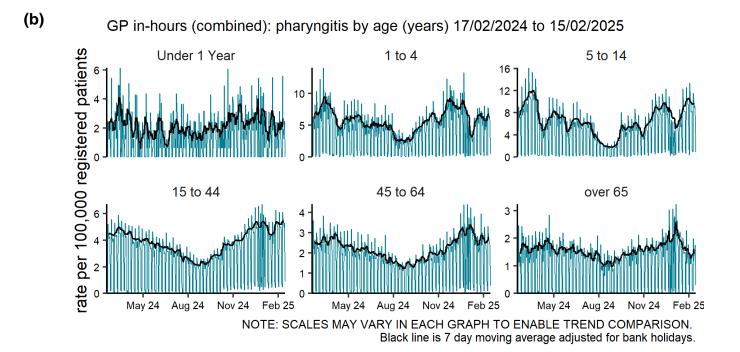


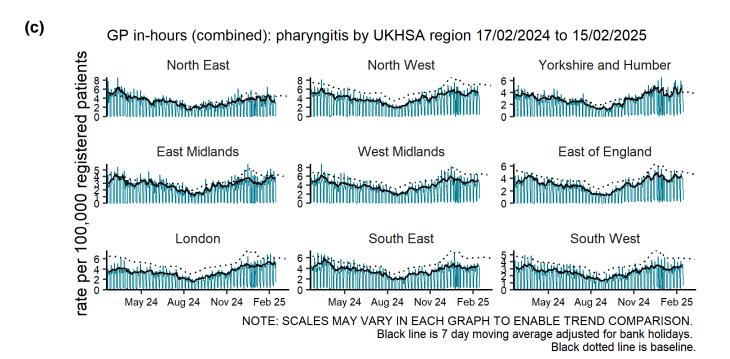


# Pharyngitis

Figure 4: Daily incidence rate per 100,000 population (and 7-day moving average adjusted for bank holidays) for pharyngitis GP in hours consultations, England (a) nationally, (b) by age and (c) by UKHSA Region.

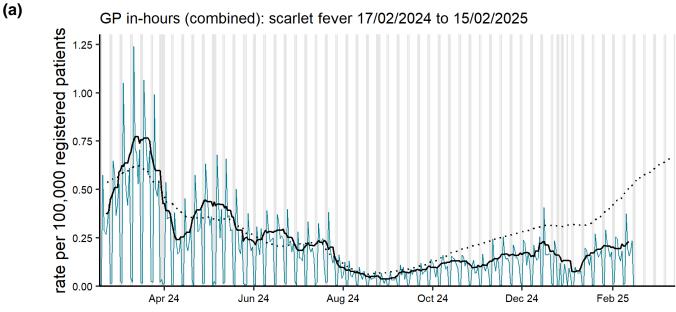


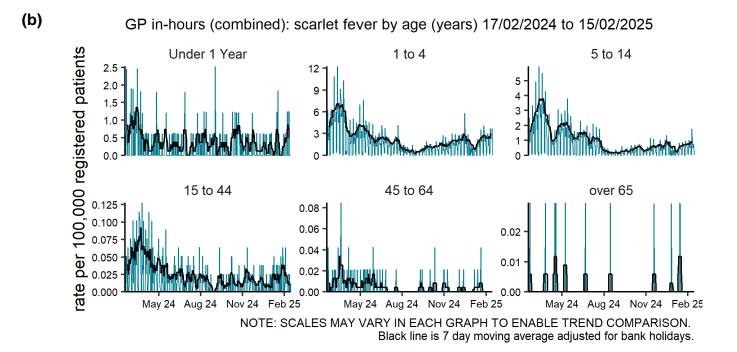


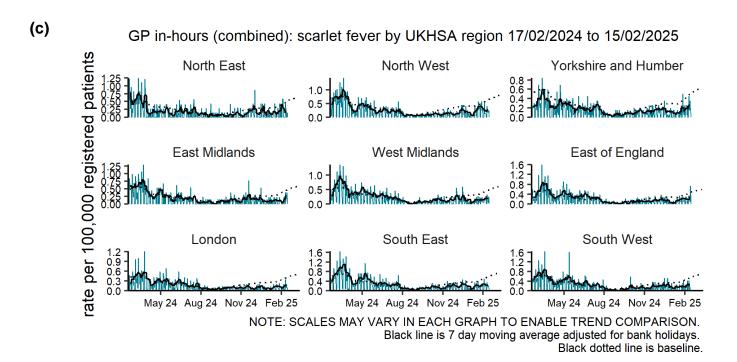


#### Scarlet fever

Figure 5: Daily incidence rate per 100,000 population (and 7-day moving average adjusted for bank holidays) for scarlet fever GP in hours consultations, England (a) nationally, (b) by age and (c) by UKHSA Region.

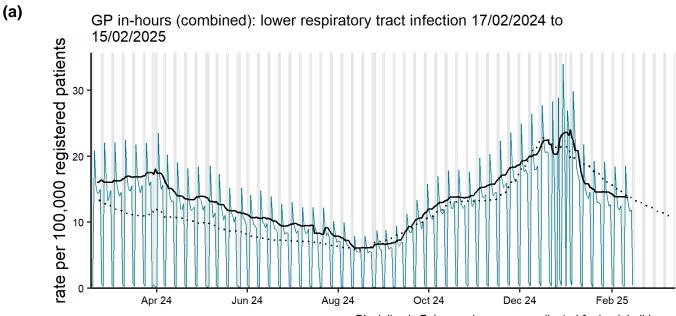


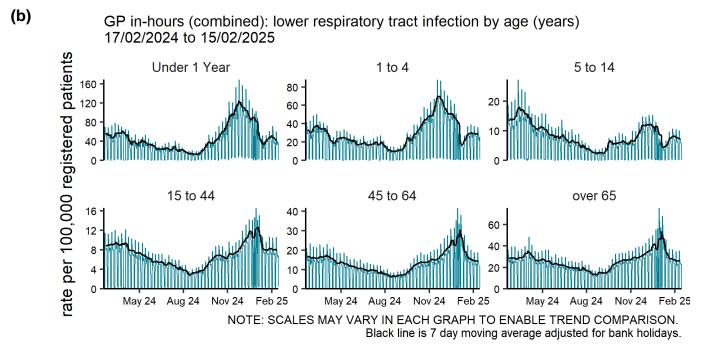


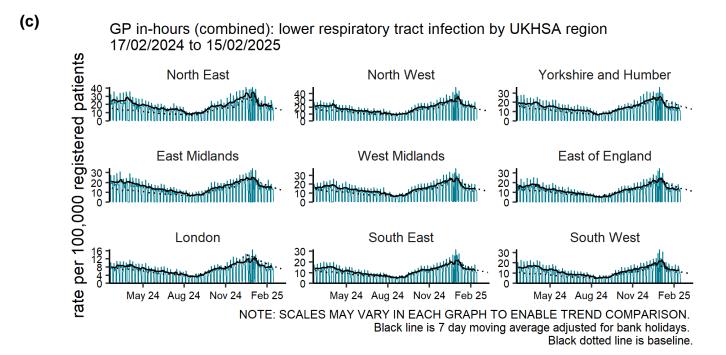


# Lower respiratory tract infections

Figure 6: Daily incidence rate per 100,000 population (and 7-day moving average adjusted for bank holidays) for lower respiratory tract infections GP in hours consultations, England (a) nationally, (b) by age and (c) by UKHSA Region.

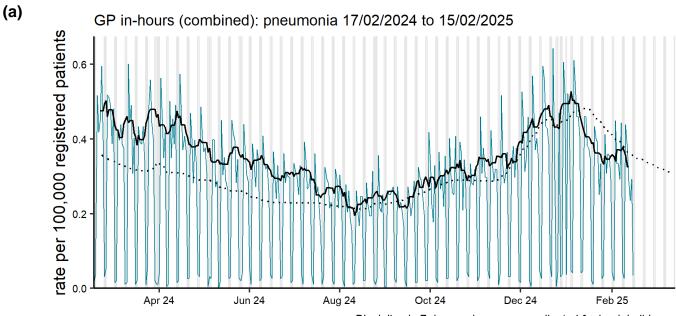


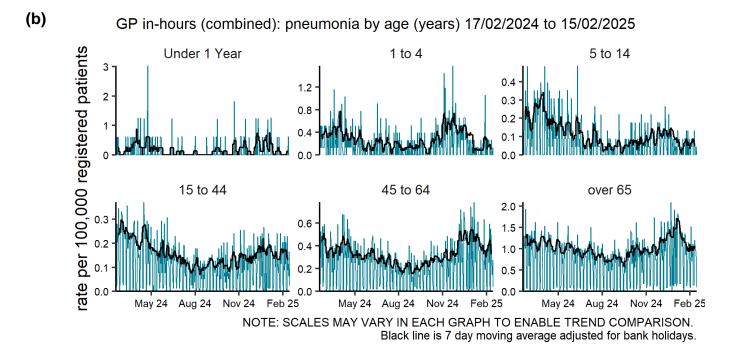


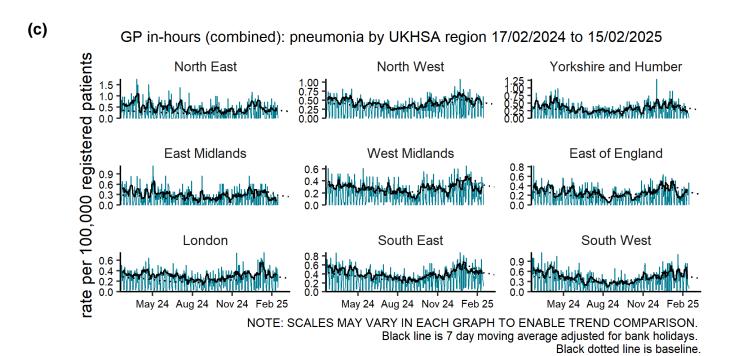


#### Pneumonia

Figure 7: Daily incidence rate per 100,000 population (and 7-day moving average adjusted for bank holidays) for pneumonia GP in hours consultations, England (a) nationally, (b) by age and (c) by UKHSA Region.

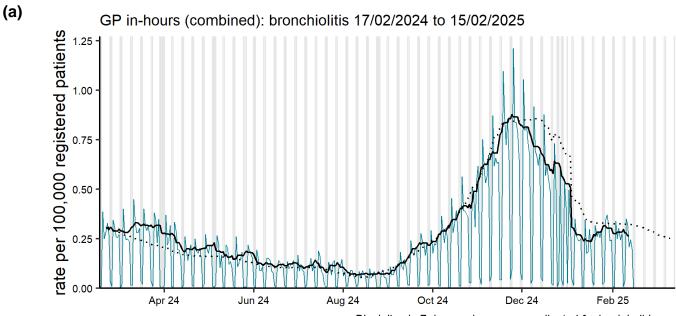


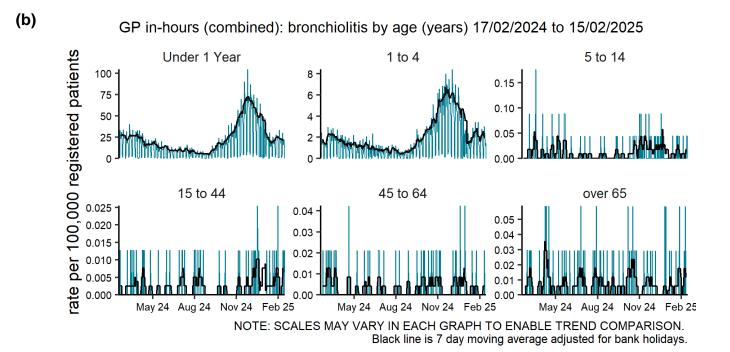


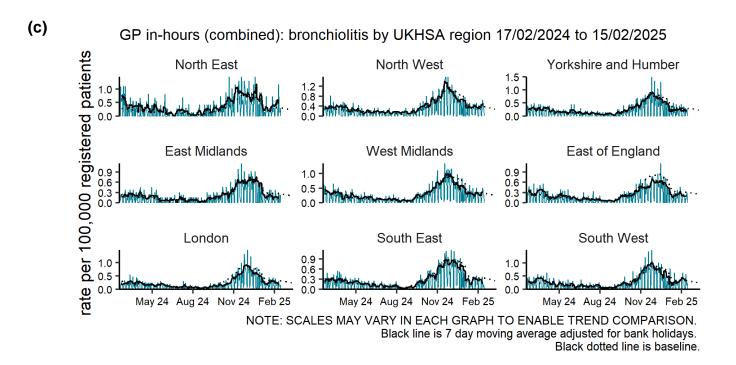


#### **Bronchiolitis**

Figure 8: Daily incidence rate per 100,000 population (and 7-day moving average adjusted for bank holidays) for bronchiolitis GP in hours consultations, England (a) nationally, (b) by age and (c) by UKHSA Region.

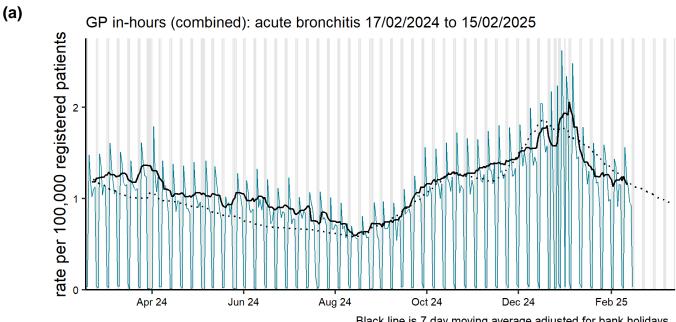


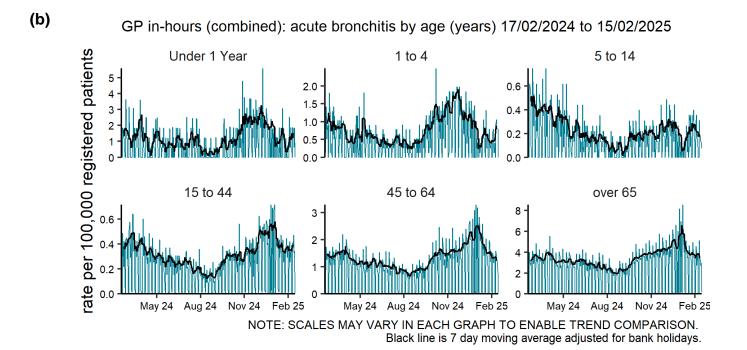


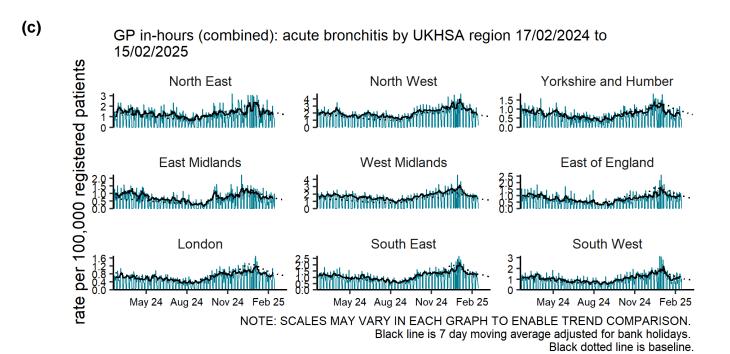


#### Acute bronchitis

Figure 9: Daily incidence rate per 100,000 population (and 7-day moving average adjusted for bank holidays) for acute bronchitis GP in hours consultations, England (a) nationally, (b) by age and (c) by UKHSA Region.

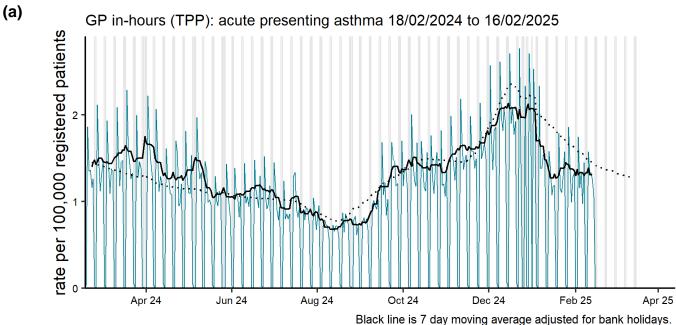


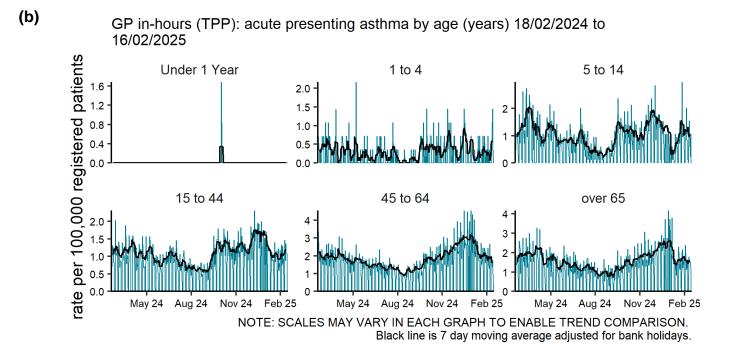


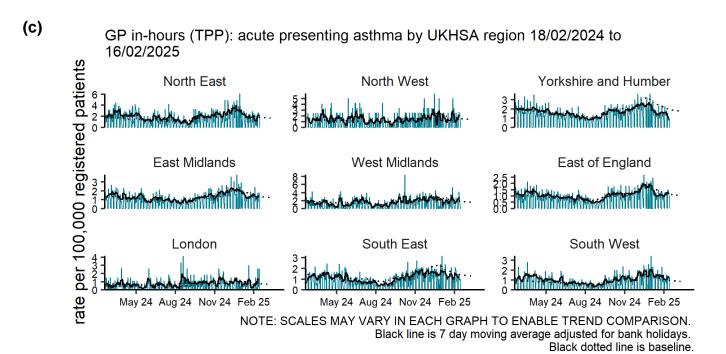


## Acute presenting asthma

Figure 10: Daily incidence rate per 100,000 population (and 7-day moving average adjusted for bank holidays) for acute presenting asthma GP in hours consultations, England (a) nationally, (b) by age and (c) by UKHSA Region.



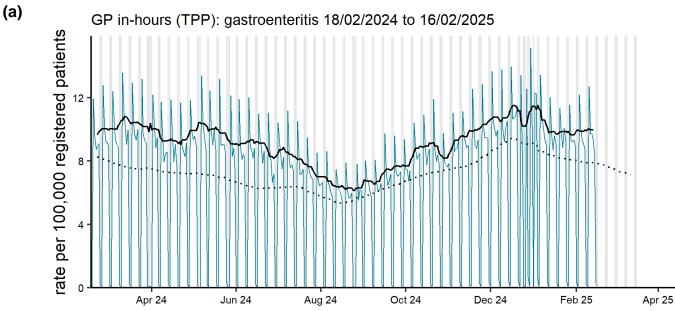


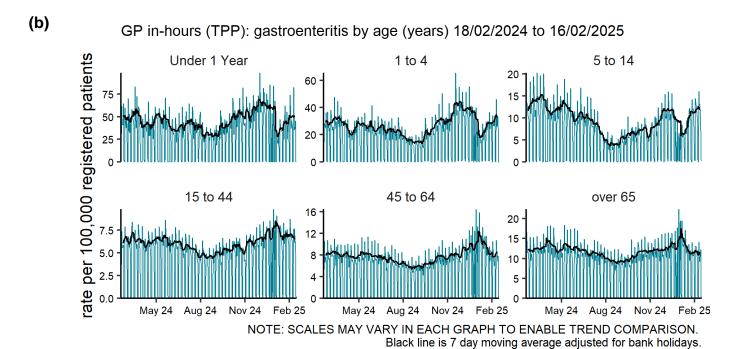


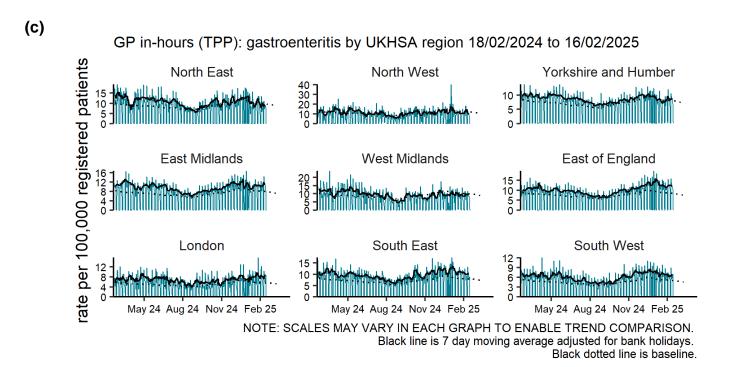
#### **Gastrointestinal conditions**

#### Gastroenteritis

Figure 11: Daily incidence rate per 100,000 population (and 7-day moving average adjusted for bank holidays) for gastroenteritis GP in hours consultations, England (a) nationally, (b) by age and (c) by UKHSA Region.

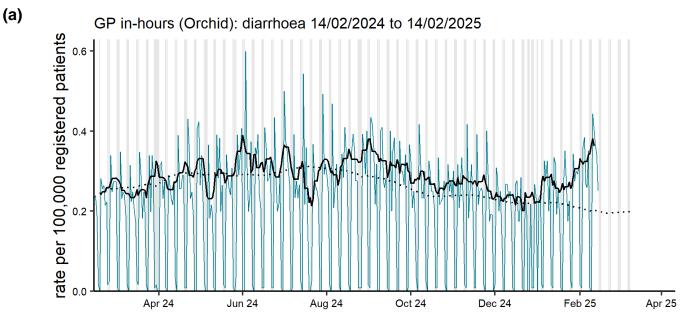


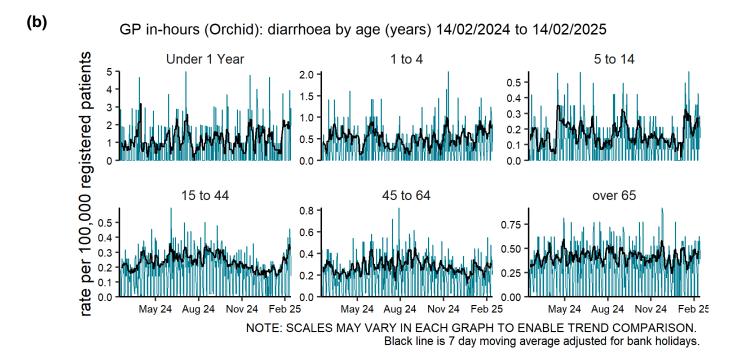


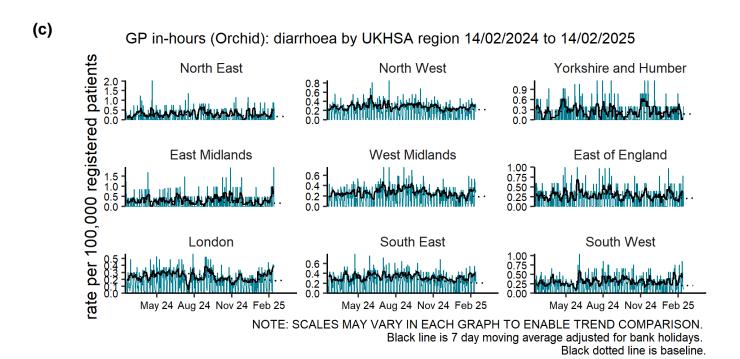


#### Diarrhoea

Figure 12: Daily incidence rate per 100,000 population (and 7-day moving average adjusted for bank holidays) for diarrhoea GP in hours consultations, England (a) nationally, (b) by age and (c) by UKHSA Region.

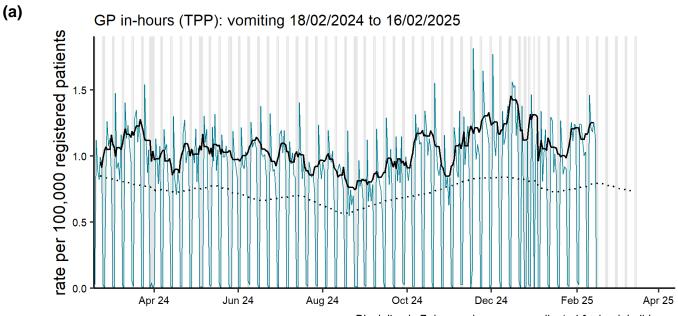


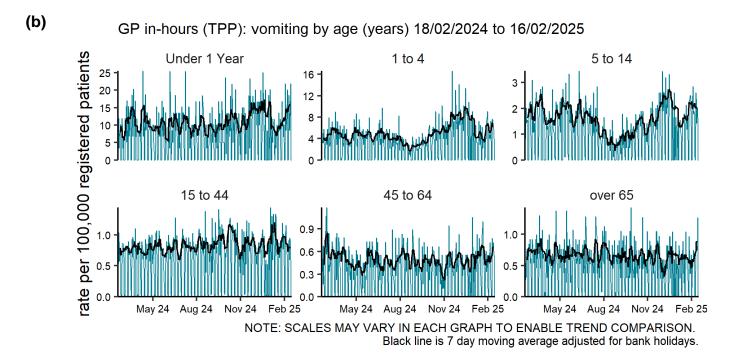


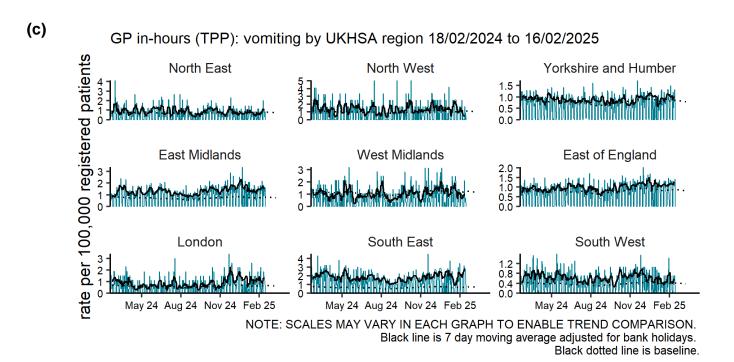


## Vomiting

Figure 13: Daily incidence rate per 100,000 population (and 7-day moving average adjusted for bank holidays) for vomiting GP in hours consultations, England (a) nationally, (b) by age and (c) by UKHSA Region.



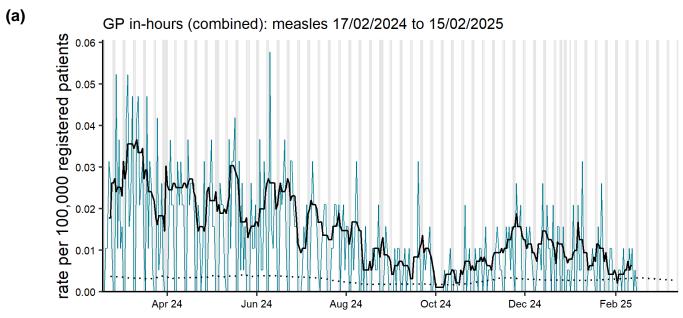




# Vaccine preventable conditions

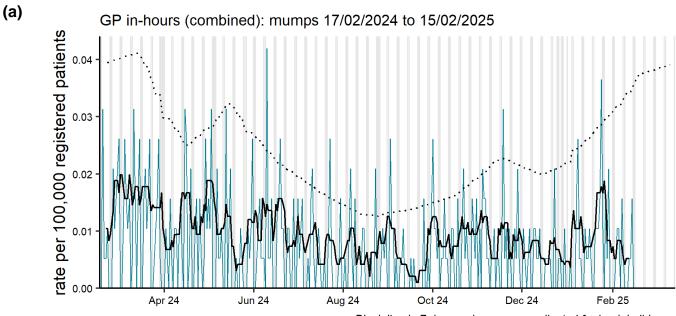
#### Measles

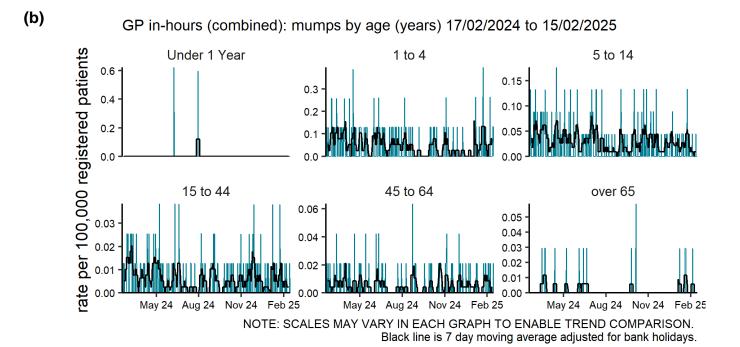
Figure 14: Daily incidence rate per 100,000 population (and 7-day moving average adjusted for bank holidays) for measles GP in hours consultations, England (a) nationally.

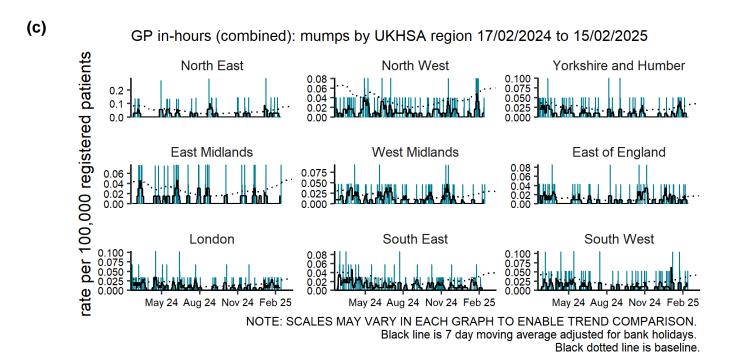


### Mumps

Figure 15: Daily incidence rate per 100,000 population (and 7-day moving average adjusted for bank holidays) for mumps GP in hours consultations, England (a) nationally, (b) by age and (c) by UKHSA Region.

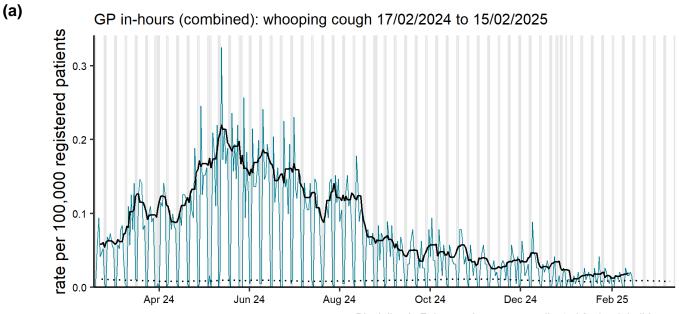


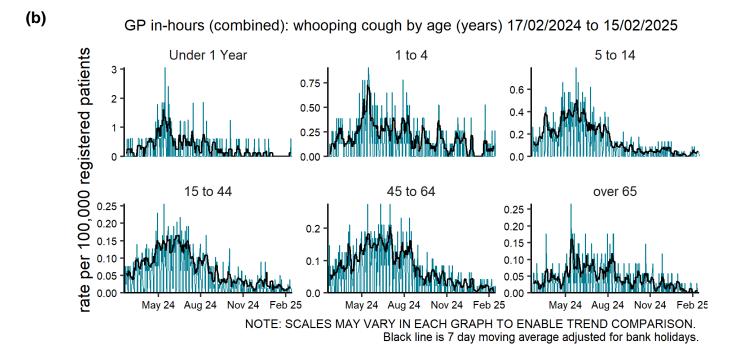


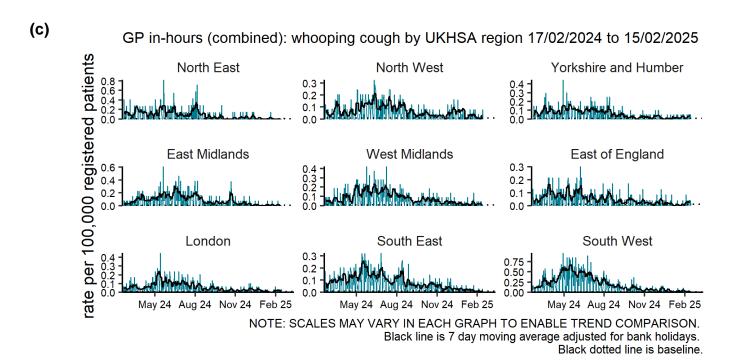


## Whooping cough

Figure 16: Daily incidence rate per 100,000 population (and 7-day moving average adjusted for bank holidays) for whooping cough GP in hours consultations, England (a) nationally, (b) by age and (c) by UKHSA Region.



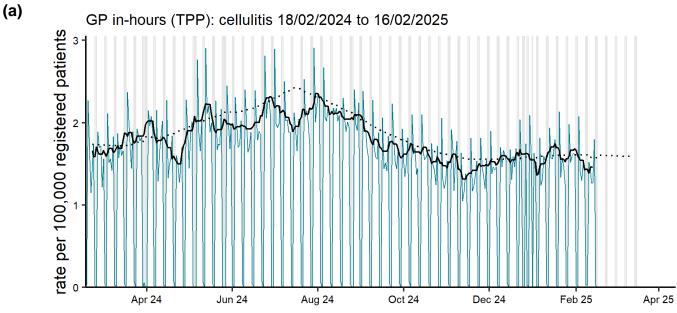


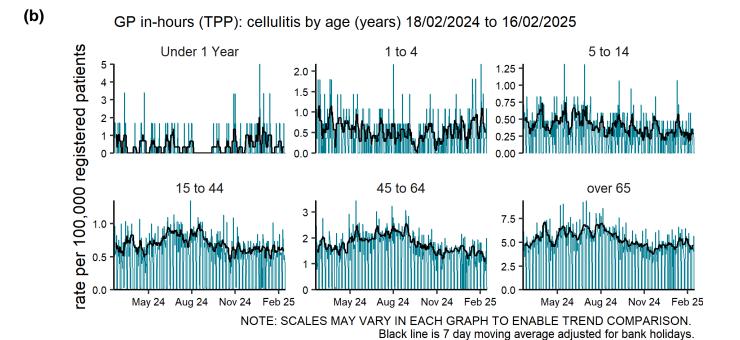


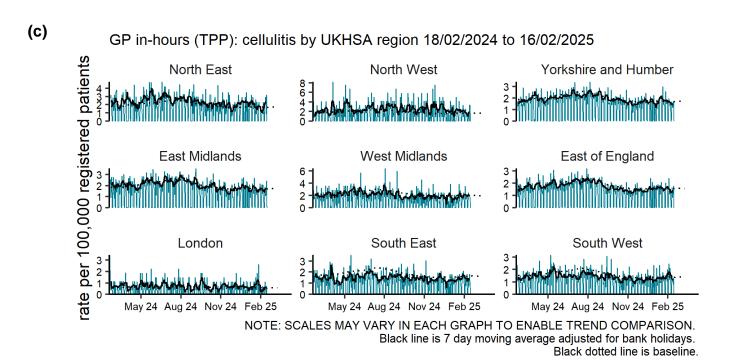
### **Skin conditions**

#### **Cellulitis**

Figure 17: Daily incidence rate per 100,000 population (and 7-day moving average adjusted for bank holidays) for cellulitis GP in hours consultations, England (a) nationally, (b) by age and (c) by UKHSA Region.

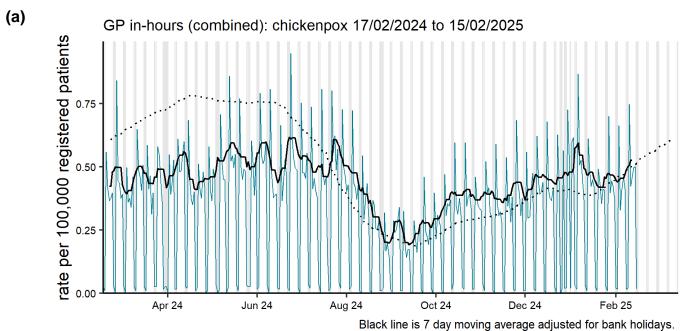




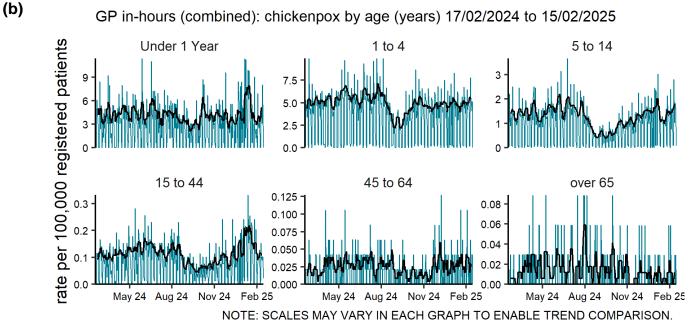


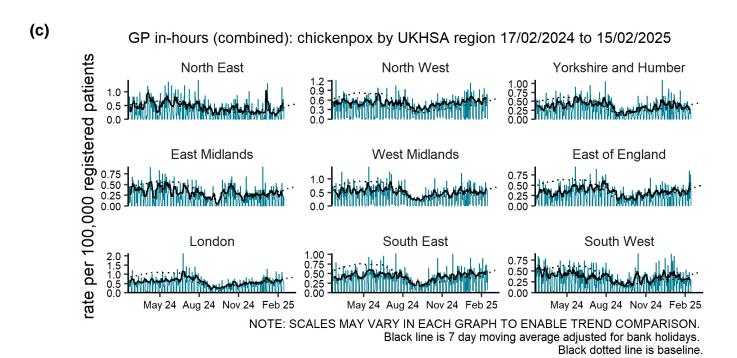
## Chickenpox

Figure 18: Daily incidence rate per 100,000 population (and 7-day moving average adjusted for bank holidays) for chicken pox GP in hours consultations, England (a) nationally, (b) by age and (c) by UKHSA Region.



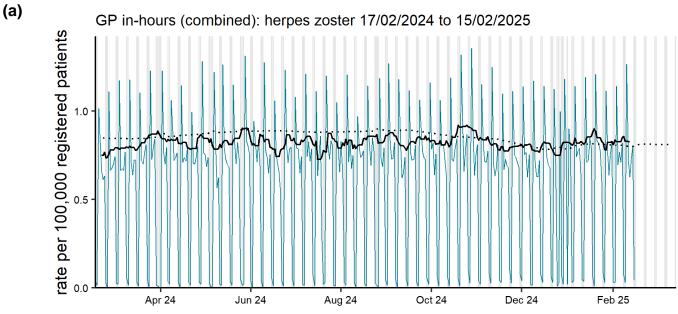
Black dotted line is baseline. Grey columns show weekends and bank holidays.

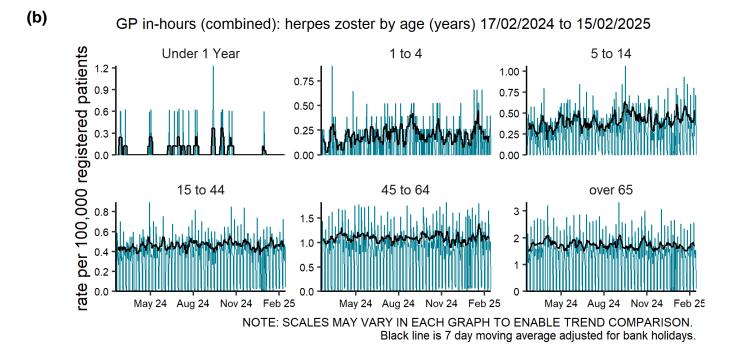


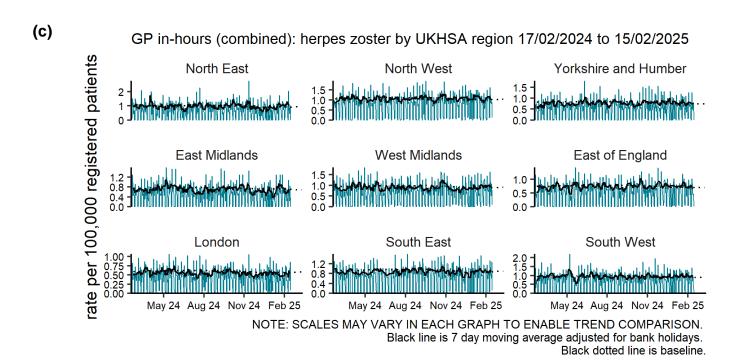


## Herpes zoster

Figure 19: Daily incidence rate per 100,000 population (and 7-day moving average adjusted for bank holidays) for herpes zoster GP in hours consultations, England (a) nationally, (b) by age and (c) by UKHSA Region.

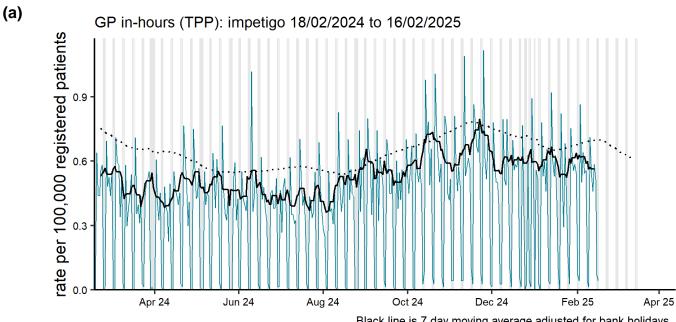


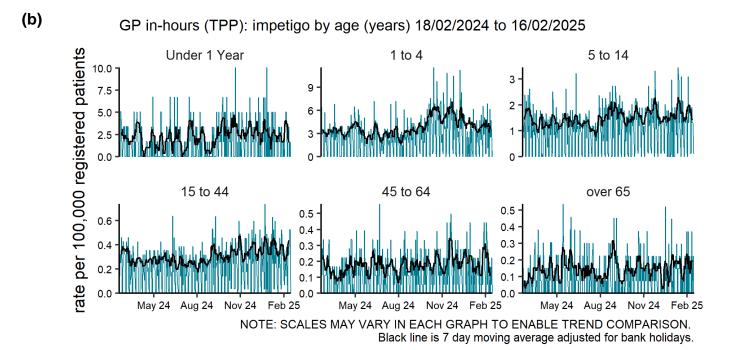


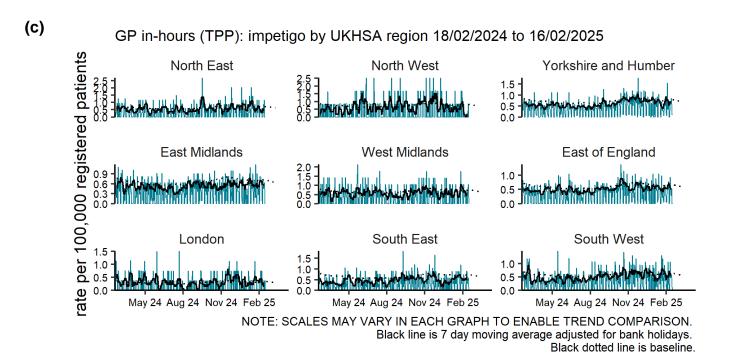


## **Impetigo**

Figure 20: Daily incidence rate per 100,000 population (and 7-day moving average adjusted for bank holidays) for impetigo GP in hours consultations, England (a) nationally, (b) by age and (c) by UKHSA Region.







### Seasonal environmental conditions

UKHSA and the Met Office operate a weather-health alert system that includes both heat and cold weather alert periods. Syndromic indicators are used to monitor the impact of both extreme hot and cold weather in England during these periods and will be included below (where an appropriate syndromic indicator is available).

Cold weather alert period: 1 November to 31 March

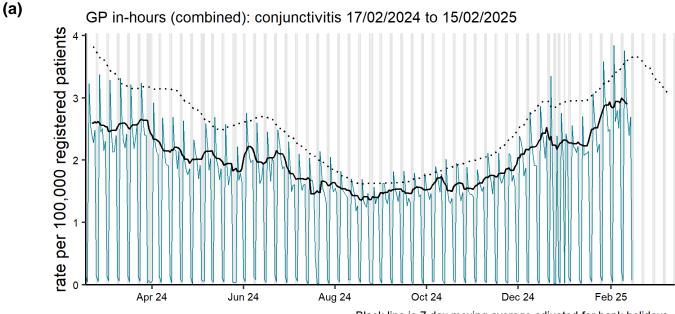
Heat-Health Alert period: 1 June to 30 September

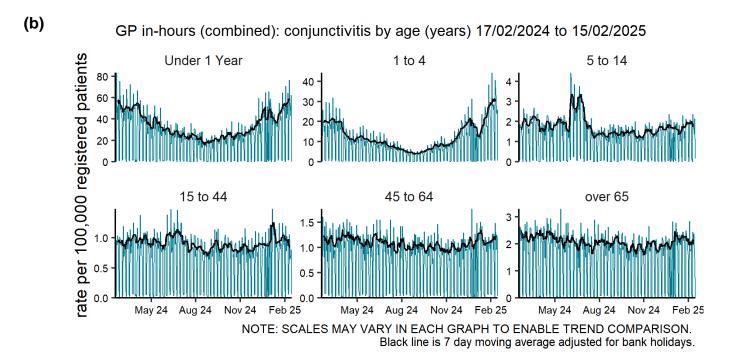
Highest weather alert level during the current reporting week:

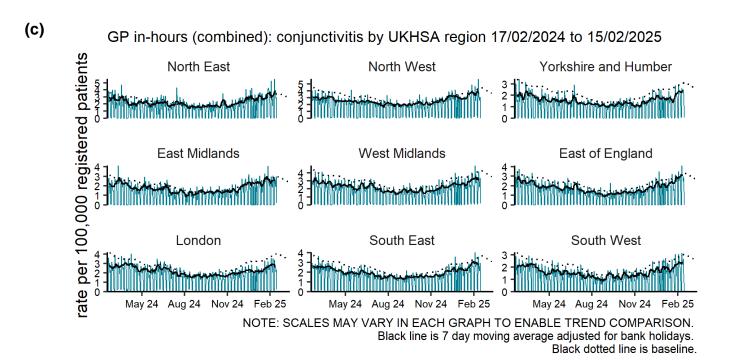
Yellow alert (cold weather response).

## Conjunctivitis

Figure 21: Daily incidence rate per 100,000 population (and 7-day moving average adjusted for bank holidays) for conjunctivitis GP in hours consultations, England (a) nationally, (b) by age and (c) by UKHSA Region.







#### **Notes and caveats**

The following additional caveats apply to the UKHSA GP in hours syndromic surveillance system:

- all syndromic trends should be interpreted with caution due to changes in national advice and guidance regarding access to health care services as well as updates and changes to service provision during the COVID-19 pandemic
- the data presented are based on a sentinel syndromic surveillance system:
  - o not all GP practices in England are included
  - data is included from two sources, TPP and ORCHID (Oxford and Royal College of General Practitioners Clinical Informatics Digital Hub)
  - o national coverage each week is included in Table 2
  - coverage varies by location
  - Data from ORCHID is currently only available for inclusion in this bulletin up to Friday each week, so all charts that contain ORCHID data do not include the most recent weekend
- some syndromic indicators are hierarchical:
  - upper respiratory tract infections includes:
    - influenza-like illness
    - pharyngitis
    - other and non-specific upper respiratory tract infections
  - lower respiratory tract infections includes:
    - pneumonia
    - bronchiolitis
    - acute bronchitis
    - other and non-specific lower respiratory tract infections
  - o gastroenteritis includes:
    - diarrhoea
    - vomiting
    - other and non-specific gastroenteritis
- baselines:
  - were last remodelled May 2023 for TPP and July 2023 for ORCHID
  - are constructed from historical data since August 2016
  - represent seasonally expected levels of activity
  - take account of any known substantial changes in data collection, population coverage or reporting practices:
    - the COVID-19 pandemic period is excluded
  - the scarlet fever baselines were re-modelled prior to week 23 2024. The period of exceptional activity between 20<sup>th</sup> Nov 2022 and 2<sup>nd</sup> Feb 2023 was excluded from the training data.

## COVID-19 syndromic surveillance

- the COVID-19-like syndromic indicator is based on diagnoses recorded using the COVID-19 Snomed codes released in March 2020:
  - these data are based on COVID-19-like symptoms reported and are not based on outcomes of tests for coronavirus
  - patients presenting with COVID-19 symptoms may be diagnosed using other clinical codes used by the GP, so the COVID-19-like syndromic indicator should be interpreted in context with the other respiratory syndromic indicators presented in this report
  - the rate of COVID-19-like consultations should not be used to estimate an absolute count of patients with COVID-19

# **Acknowledgements**

We thank TPP, ResearchOne and the SystmOne GP practices contributing to this surveillance system.

Thanks to the Oxford-Royal College of General Practitioners Clinical Informatics Digital Hub (ORCHID), and to its Syndromic Surveillance General Practices (SSGP) and their patients who share data with this surveillance system, and also to EMIS for facilitating pseudonymised data access.

# About the UK Health Security Agency

UKHSA is responsible for protecting every member of every community from the impact of infectious diseases, chemical, biological, radiological and nuclear incidents and other health threats. We provide intellectual, scientific and operational leadership at national and local level, as well as on the global stage, to make the nation heath secure.

<u>UKHSA</u> is an executive agency, sponsored by the <u>Department of Health and Social Care</u>.

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Version: IH-2

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Published: February 2025

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