Insert HPT address

Insert recipient address

[Date]

Dear colleague,

As discussed, following a case of meningococcal disease, I am writing to confirm the advice on chemoprophylaxis for the close contacts[[1]](#footnote-1)registered with your practice, as listed below:

|  |  |  |
| --- | --- | --- |
| **Name** | **Date of birth** | **NHS number** |
|  |  |  |
|  |  |  |

Ciprofloxacin is the antibiotic of choice for all ages and in pregnancy. Note that ciprofloxacin is prescribed off label for children. Ciprofloxacin is contraindicated when there is known ciprofloxacin hypersensitivity and caution must be used when prescribing in epilepsy and G6PD deficiency. Please talk to a member of the health protection team if ciprofloxacin is not indicated in one of your patients.

Dosages for ciprofloxacin are given below:

* adults and children over 12 years 500mg stat
* children aged 5 to 11 years 250mg stat
* children under 5 years 30 mg/kg up to maximum of 125mg stat

\*Ciprofloxacin suspension contains 250mg/5ml

Your patient may find the enclosed ciprofloxacin advice sheet helpful and should be made aware of the early signs and symptoms of meningococcal disease. Advice leaflets are available from:

Health Publications orderline: <https://www.healthpublications.gov.uk/Home.html>

Meningitis NOW: [https://www.meningitisnow.org](https://www.meningitisnow.org/) (Tel: 0808 801 0388)

Meningitis Research Foundation: [www.meningitis.org](http://www.meningitis.org) (Tel: 0808 800 3344).

National guidelines on the management of meningococcal cases and their contacts can be found at: <https://www.gov.uk/government/publications/meningococcal-disease-guidance-on-public-health-management>

With many thanks for your assistance.

Yours sincerely

1. Chemoprophylaxis is indicated for the following groups, irrespective of vaccination status:

   * those who have had prolonged close contact with the case in a household type setting during the 7 days before onset of illness. For example; those living and/or sleeping in the same household (including extended household), pupils in the same dormitory, boy/girlfriends or university students sharing a kitchen in a hall of residence
   * those who have had transient close contact with a case only if they have been directly exposed to large particle droplets/secretions from the respiratory tract of a case around the time of admission to hospital

   [↑](#footnote-ref-1)