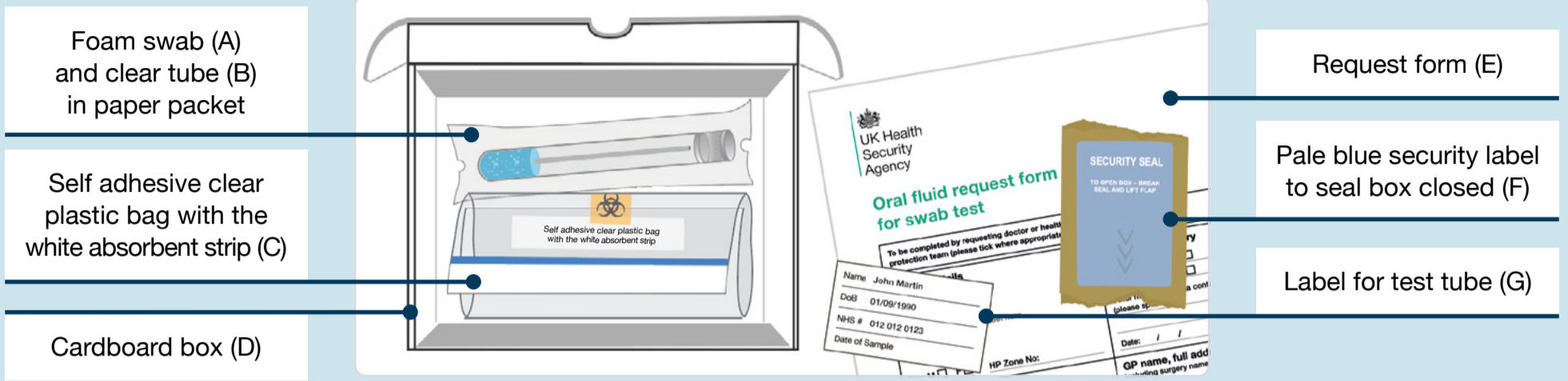




How to take an Oral fluid swab

Video guide
 'How to take an oral fluid swab – for all the family' here:
bit.ly/OFFKit

Contents of swab test kit



1

Write the date of sample on the label (G) and on the request form (E). Stick the label to the clear tube (B).

2

Swab (A) the gum line for 2 minutes.

3

Replace foam swab (A) in clear tube and replace lid (B).

4

Place clear tube (B) into self-adhesive clear bag. **Do not remove the white absorbent strip.** Push air out of bag. Peel back the strip and fold down top of the bag to seal it. Ensure bag is fully sealed. Now wash your hands.

5

Place form (E) with the clear bag containing the sample (C) into cardboard box (D). Close the cardboard box (D) and **use the security label (F) to seal the edge of the box where marked, but do not cover the address or barcodes on the Royal Mail label.**

6

Do not forget to seal the box and ensure the address and barcodes are not covered by the seal and then you can post it into any Royal Mail postbox.