Appendix 6 - Reflection on practice

Reflection is an excellent way to learn from experience and showcase knowledge and understanding as applied in practice.

We encourage you as a screening technician to reflect on different situations to consider how you performed and what you could do better.

Using this reflective template will help provide a structure to focus learning and get the maximum from the activity.

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| What happened? Give some background and describe the situation. |
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| What did you do? Think about the experience and describe what you did. |
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| How did this experience make you feel? Bullet point how you felt and what you were thinking. |
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| What did you learn? Analyse the experience and summarise what you learnt. |
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| What can I apply to my practice? Explain how you will use what you have learnt from this experience to improve your practice as a screener. |
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| What other learning and development needs do I have? Consider if there was anything about this situation you didn’t understand or need further support with. |
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| What do I need to do now? Make a clear, and realistic, plan of **how** you will address the learning and development needs you identified in the section above. Who might you need to help you? When will you complete this? |
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