

# Emergency Department Syndromic Surveillance System Bulletin (England) 2025 Week 1

# Key messages

#### Data reported to: 5 January 2025

During week 1, ED attendances for acute respiratory infections decreased across all age groups and regions, however attendances remained above baseline. Attendances for influenza-like illness (ILI) also decreased nationally, however ILI activity in the 15-44 years age group and London, South East and South West regions ILI activity remained stable rather than decreasing. COVID-19-like attendances remained stable and at low levels. Impact of cold attendances increased during week 1 in line with an Amber Cold Weather Alert that was in place over England, peaking on 2-3 January before returning to expected levels. There was a spike in acute alcohol intoxication attendances on 1 January, however activity then returned to expected levels.

#### Syndromic indicators at a glance

Table 1: The current trend (based on previous weeks, not only the current week) and the level (compared to the expected baseline), of each indicator included in this bulletin.

Indicator	Trend <sup>1</sup>	Level
Total attendances (Figure 1)	Decreasing	No baseline
COVID-19-like (Figure 2)	No trend	No baseline
Acute respiratory infections (Figure 3)	Decreasing	Above baseline
Acute bronchiolitis or bronchitis (Figure 4)	Decreasing	Below baseline
Influenza-like illness (Figure 5)	Decreasing	Above baseline
Pneumonia (Figure 6)	No trend	Above baseline
Asthma (Figure 7)	No trend	Similar to baseline
Gastroenteritis (Figure 8)	Decreasing	Similar to baseline
Cardiac (Figure 9)	No trend	Similar to baseline
Myocardial ischaemia (Figure 10)	No trend	Similar to baseline
Acute alcohol intoxication (Figure 11)	No trend	Similar to baseline
Mental health (Figure 12)	No trend	No baseline
Scarlet fever (Figure 13)	No trend	Similar to baseline
Impact of cold (Figure 14)	Increasing	Similar to baseline

<sup>1</sup> trend reports on the trend seen over most recent and earlier weeks

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## About this syndromic surveillance system

This bulletin presents data from the UK Health Security Agency (UKHSA) emergency department syndromic surveillance system.

Syndromic surveillance can be used to:

- assess current trends and levels compared to historical baselines
- compare trends between age groups/areas

Syndromic surveillance should not be used to:

- estimate total burden or number of 'cases' of a condition (see Notes and caveats)
- compare levels between age groups/areas

Fully anonymised, daily ED data are analysed and reported here, to identify and describe trends for a variety of syndromic indicators:

- syndromic indicators include groupings such as acute respiratory tract infections, gastroenteritis and myocardial ischaemia
- syndromic indicators are based on:
  - the primary diagnosis for each attendance
  - o other diagnoses may be recorded, but are not used for indicator grouping
  - diagnoses are based on signs/symptoms (not laboratory confirmed)
- **Key messages** describes any notable trends nationally (England), by age group and/or by geographical area (based on UKHSA Regions)
- the full list of syndromic indicators reported here, along with their current level and trend, are summarised in **Table 1**
- charts are provided for each syndromic indicator, on a national basis, by age group and by geographical area (UKHSA Region). Each chart includes a year of data with:
  - 7-day moving averages (adjusted for weekends and bank holidays) to aid in the identification of trend
  - statistical baselines (where available) to aid in the assessment of level compared to historical expectations

#### For further information please see Notes and caveats

Previous weekly bulletins from this system are available here.

#### Data quality issues of note this week

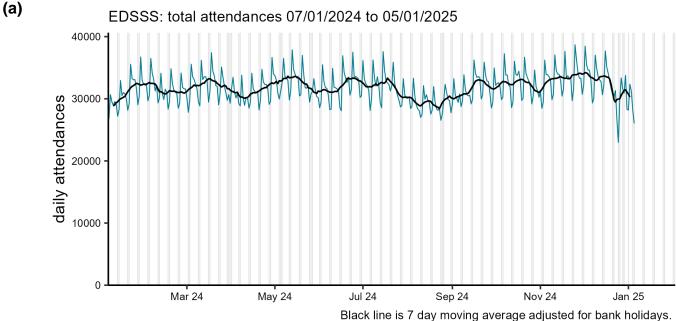
See Table 2 and Table 3 for the numbers of EDs included this week.

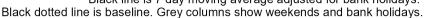
### **Total attendances**

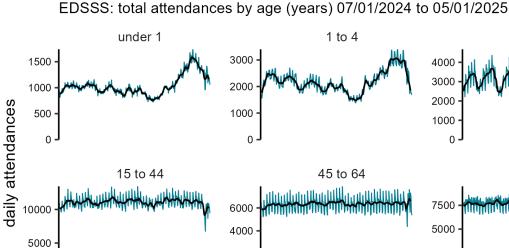
(b)

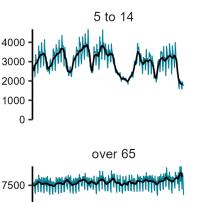
0

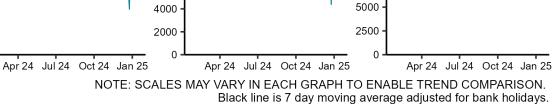
Figure 1: Daily number of ED attendances (and 7-day moving average adjusted for bank holidays) recorded in this sentinel syndromic surveillance system in England (a) nationally, (b) by age and (c) by UKHSA Region.











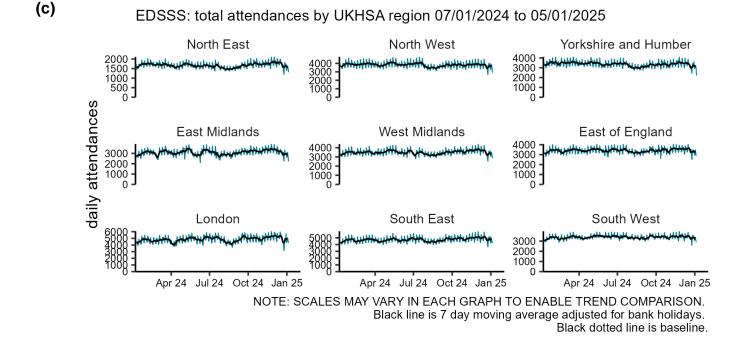


Table 2: The number of emergency department (ED) attendances and number with a diagnosis code included in surveillance each day during the most recent week.

Date	Total attendances <sup>2</sup>	Diagnoses included <sup>2</sup>
30 December 2024	33,755	19,822
31 December 2024	28,314	17,079
01 January 2025	28,176	17,462
02 January 2025	32,342	19,149
03 January 2025	31,246	18,418
04 January 2025	28,129	17,126
05 January 2025	26,021	15,655

Table 3: The number of EDs in total and in each UKHSA Region included in surveillance each day during the most recent week.

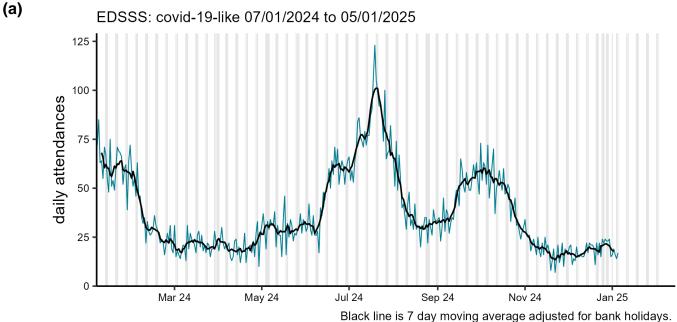
UKHSA Region	Number of EDs <sup>2</sup>
North East	7
North West	17
Yorkshire and Humber	13
West Midlands	12
East Midlands	9
East of England	13
London	18
South West	16
South East	17
Total	122

<sup>2</sup> only attendances from Type 01 EDs meeting the weekly reporting criteria are included in this report, for further details see **Notes and caveats** 

## **Respiratory conditions**

#### COVID-19-like

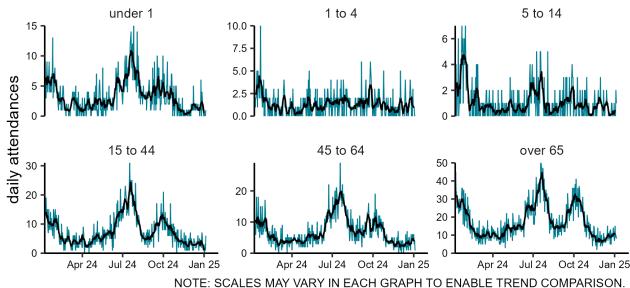
Figure 2: Daily number of COVID-19-like ED attendances (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by age and (c) by UKHSA Region.



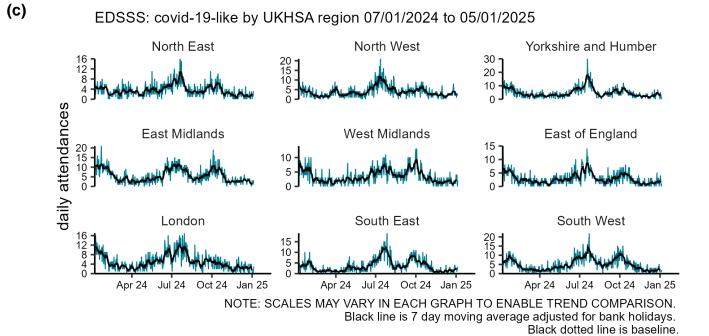
Black dotted line is baseline. Grey columns show weekends and bank holidays.

(b)

EDSSS: covid-19-like by age (years) 07/01/2024 to 05/01/2025



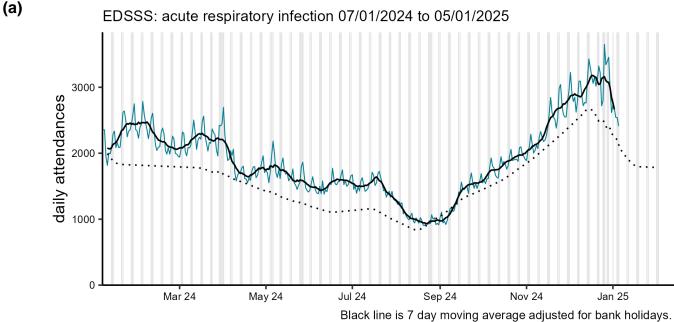
Black line is 7 day moving average adjusted for bank holidays.



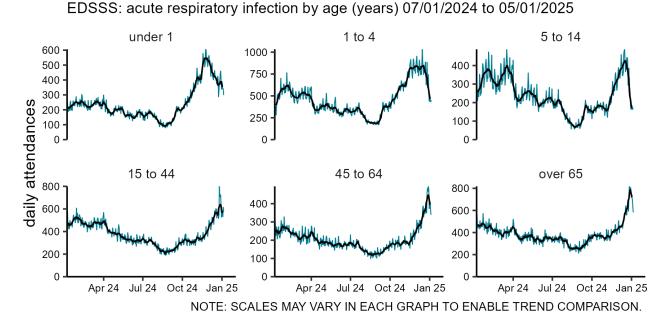
#### Acute respiratory infections

(b)

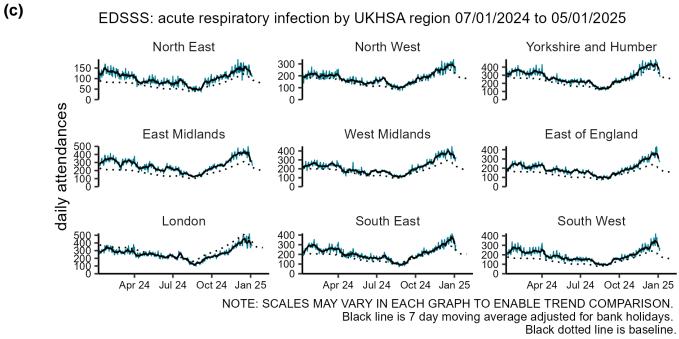
Figure 3: Daily number of acute respiratory infection ED attendances (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by age and (c) by UKHSA Region.



Black dotted line is baseline. Grey columns show weekends and bank holidays.



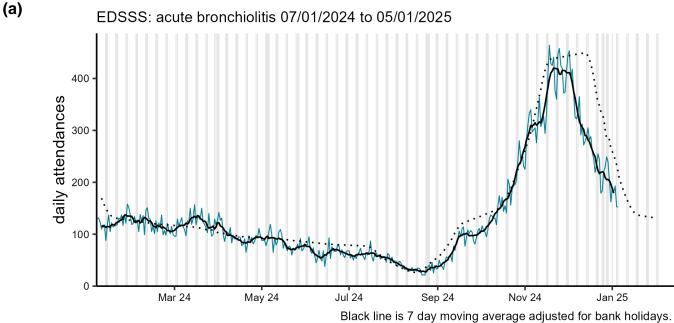
Black line is 7 day moving average adjusted for bank holidays.



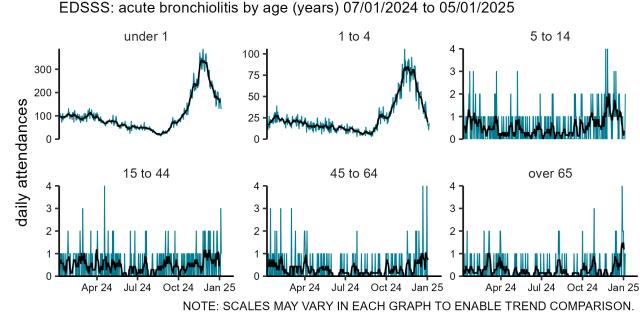
### Acute bronchiolitis/bronchitis

(b)

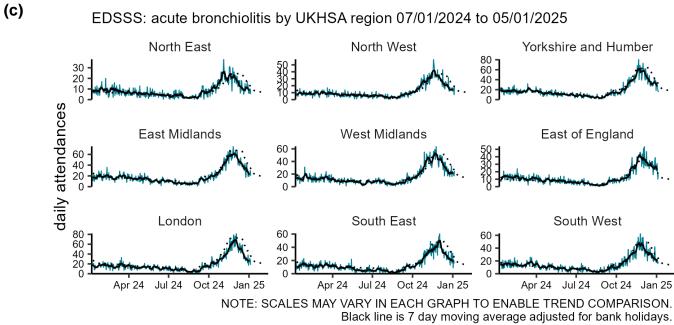
Figure 4: Daily number of acute bronchiolitis/bronchitis ED attendances (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by age and (c) by UKHSA Region.



Black dotted line is baseline. Grey columns show weekends and bank holidays.



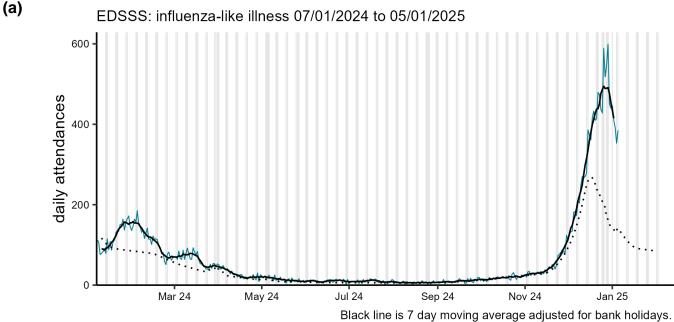
Black line is 7 day moving average adjusted for bank holidays.

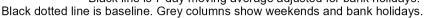


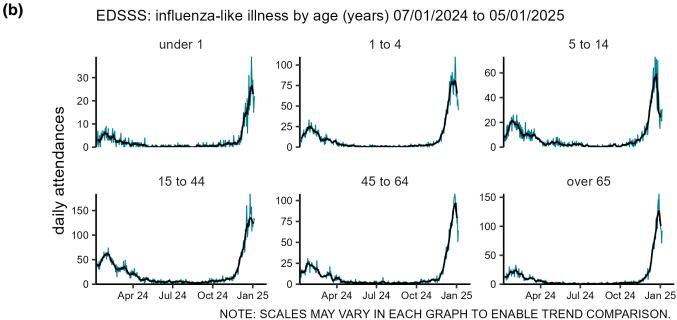
Black dotted line is baseline.

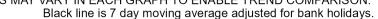
#### Influenza-like illness

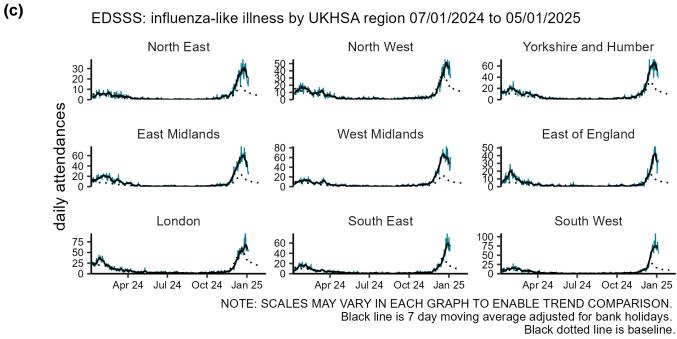
Figure 5: Daily number of influenza-like illness ED attendances (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by age and (c) by UKHSA Region.







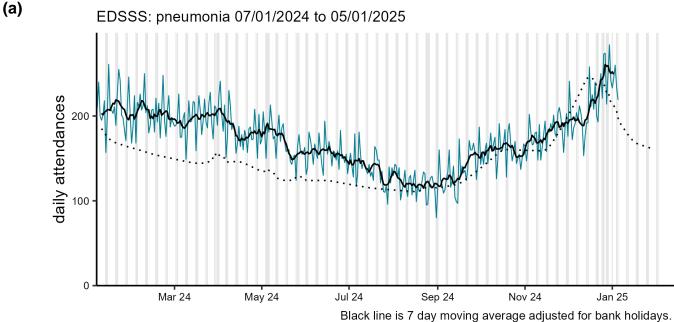




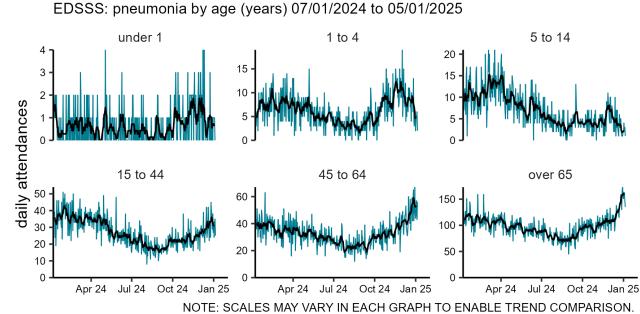
### Pneumonia

(b)

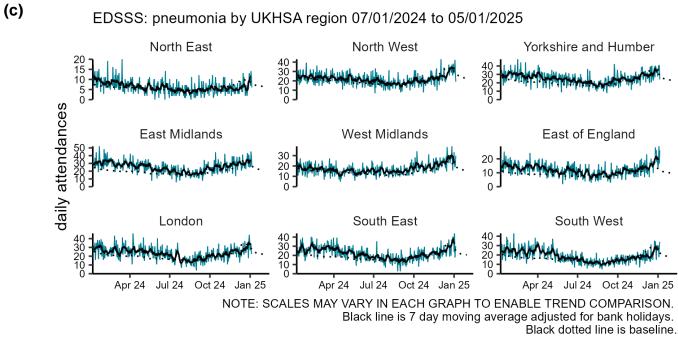
Figure 6: Daily number of pneumonia ED attendances (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by age and (c) by UKHSA Region.



Black dotted line is baseline. Grey columns show weekends and bank holidays.



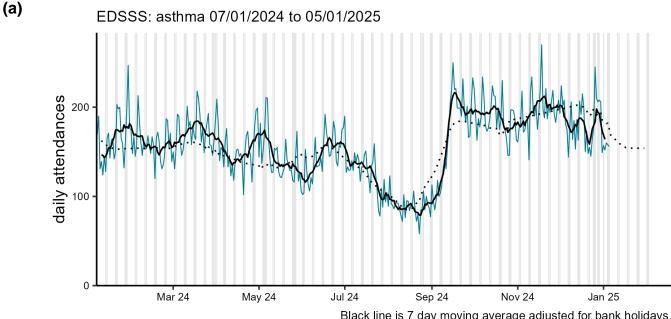
Black line is 7 day moving average adjusted for bank holidays.



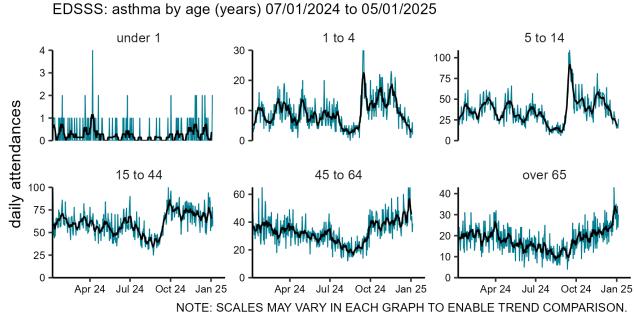
### Asthma

(b)

# Figure 7: Daily number of asthma ED attendances (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by age and (c) by UKHSA Region.

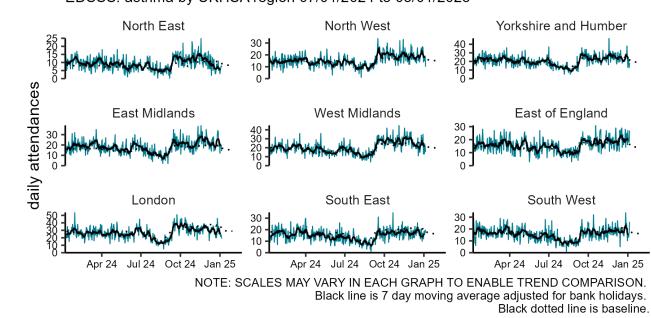


Black line is 7 day moving average adjusted for bank holidays. Black dotted line is baseline. Grey columns show weekends and bank holidays.



Black line is 7 day moving average adjusted for bank holidays.

(C)

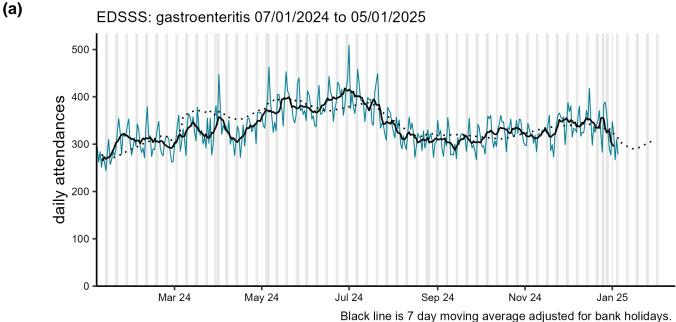


EDSSS: asthma by UKHSA region 07/01/2024 to 05/01/2025

## **Gastrointestinal conditions**

#### Gastroenteritis

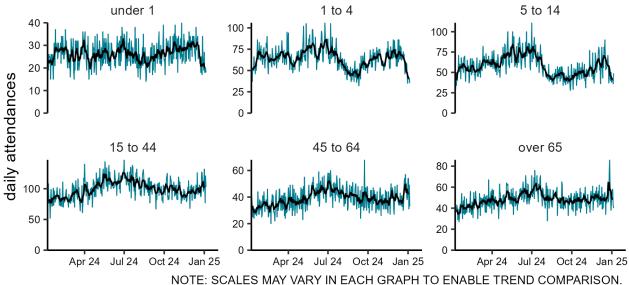
Figure 8: Daily number of gastroenteritis ED attendances (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by age and (c) by UKHSA Region.



Black dotted line is baseline. Grey columns show weekends and bank holidays.

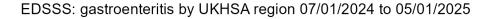
(b)

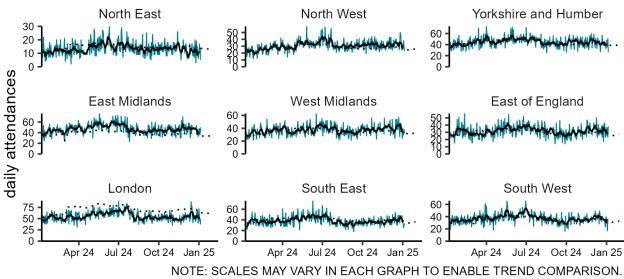
EDSSS: gastroenteritis by age (years) 07/01/2024 to 05/01/2025



Black line is 7 day moving average adjusted for bank holidays.

(c)



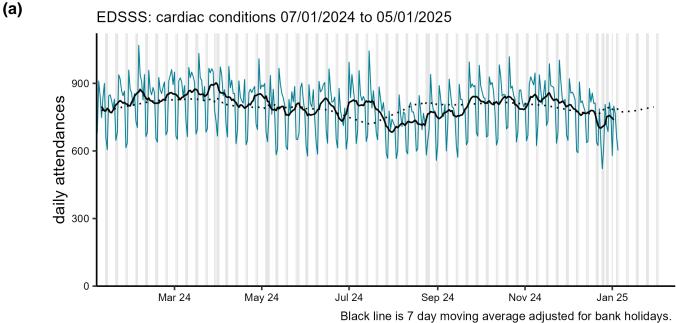


NOTE: SCALES MAY VARY IN EACH GRAPH TO ENABLE TREND COMPARISON. Black line is 7 day moving average adjusted for bank holidays. Black dotted line is baseline.

# **Cardiac conditions**

### Cardiac

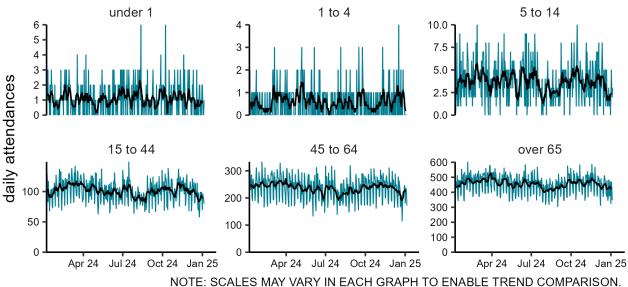
Figure 9: Daily number of cardiac ED attendances (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by age and (c) by UKHSA Region.



Black dotted line is baseline. Grey columns show weekends and bank holidays.

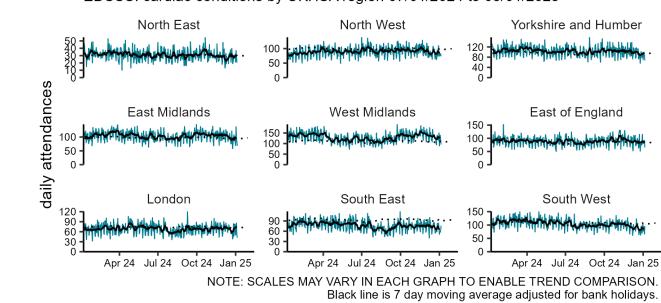
(b)

EDSSS: cardiac conditions by age (years) 07/01/2024 to 05/01/2025



Black line is 7 day moving average adjusted for bank holidays.

(C)

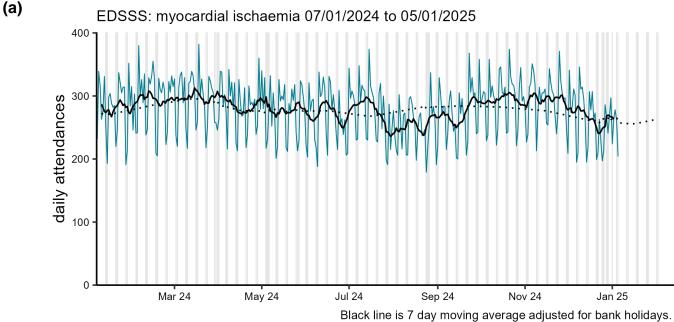


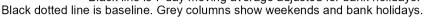
Black dotted line is baseline.

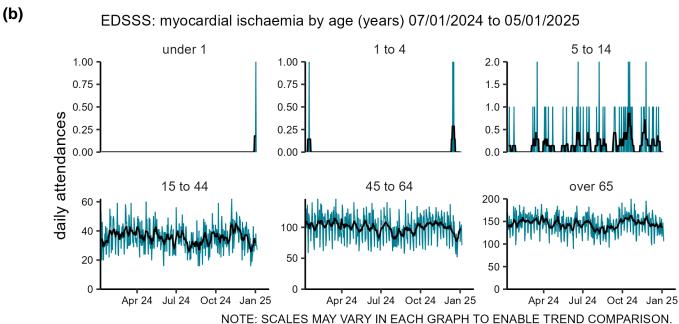
EDSSS: cardiac conditions by UKHSA region 07/01/2024 to 05/01/2025

#### Myocardial ischaemia

Figure 10: Daily number of myocardial ischaemia ED attendances (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by age and (c) by UKHSA Region.



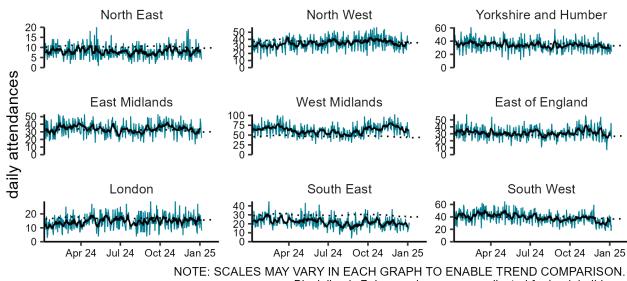




Black line is 7 day moving average adjusted for bank holidays.

(c)



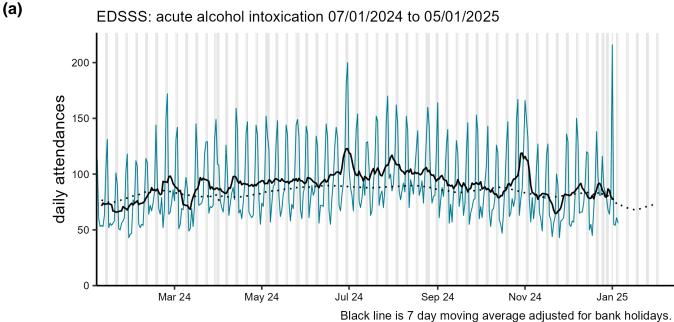


NOTE: SCALES MAY VARY IN EACH GRAPH TO ENABLE TREND COMPARISON. Black line is 7 day moving average adjusted for bank holidays. Black dotted line is baseline.

## **Other conditions**

#### Acute alcohol intoxication

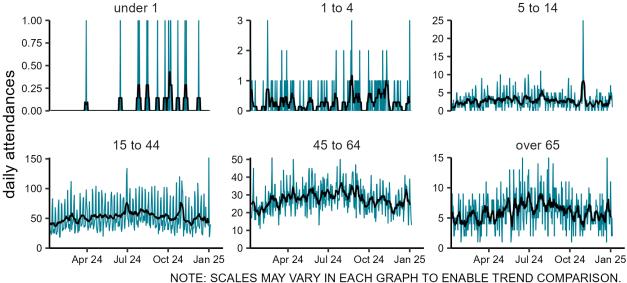
Figure 11: Daily number of acute alcohol intoxication ED attendances (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by age and (c) by UKHSA Region.



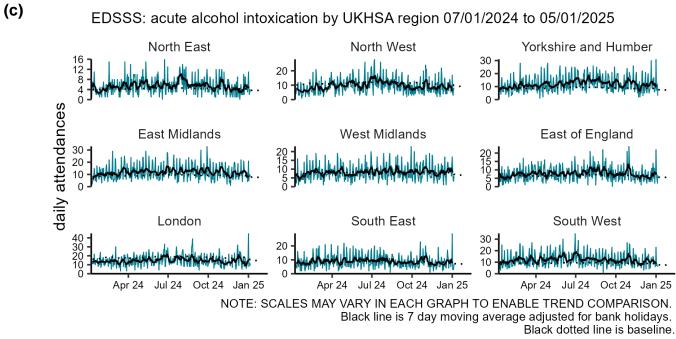
Black dotted line is baseline. Grey columns show weekends and bank holidays.

(b)

EDSSS: acute alcohol intoxication by age (years) 07/01/2024 to 05/01/2025



Black line is 7 day moving average adjusted for bank holidays.

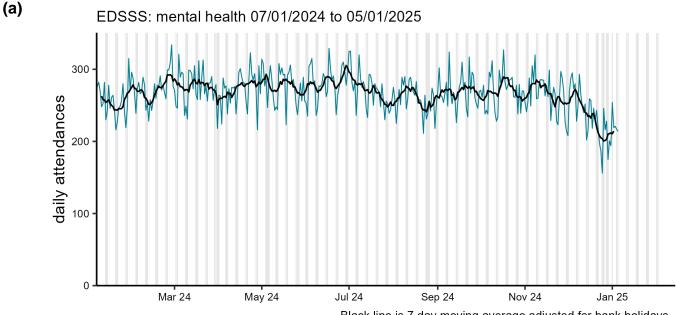


#### EDSSS: acute alcohol intoxication by UKHSA region 07/01/2024 to 05/01/2025

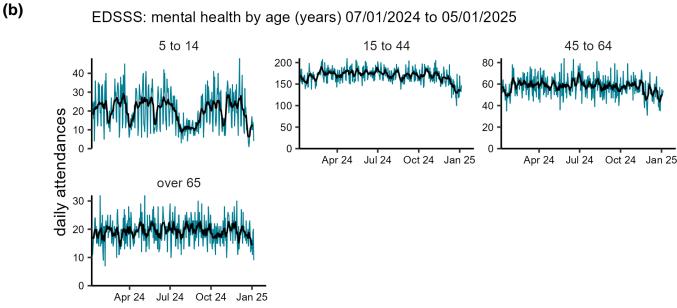
### Mental health

## Figure 12: Daily number of mental health<sup>3</sup> ED attendances (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by age and (c) by UKHSA Region.

<sup>3</sup> mental health attendances reported here are those with a primary diagnosis in the ECDS mental health diagnosis grouping. Attendances where the primary diagnosis relates to overdose, alcohol use or self harm are not included.

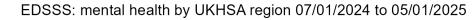


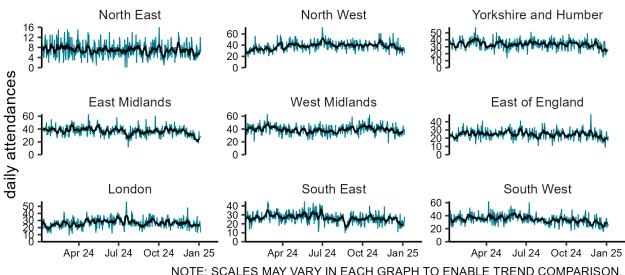
Black line is 7 day moving average adjusted for bank holidays. Black dotted line is baseline. Grey columns show weekends and bank holidays.



NOTE: SCALES MAY VARY IN EACH GRAPH TO ENABLE TREND COMPARISON. Black line is 7 day moving average adjusted for bank holidays.

(c)

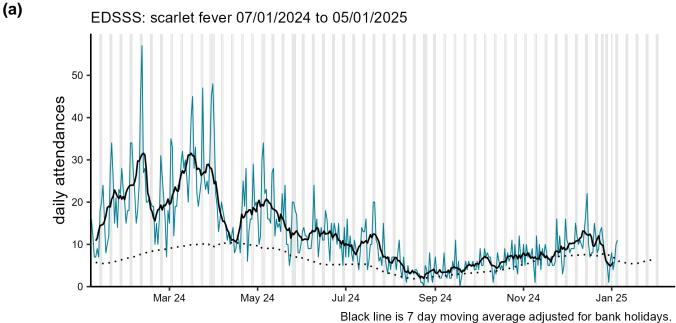


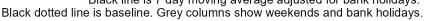


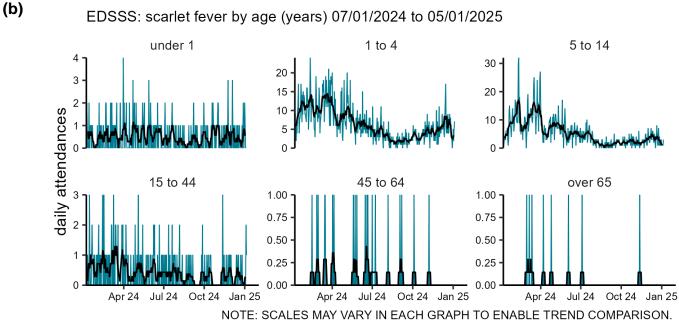
NOTE: SCALES MAY VARY IN EACH GRAPH TO ENABLE TREND COMPARISON. Black line is 7 day moving average adjusted for bank holidays. Black dotted line is baseline.

#### Scarlet fever

Figure 13: Daily number of scarlet fever ED attendances (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by age and (c) by UKHSA Region.

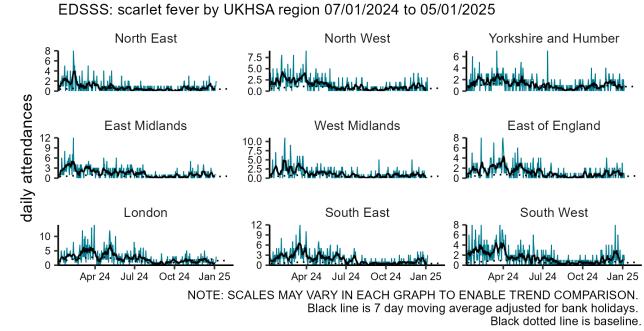






Black line is 7 day moving average adjusted for bank holidays.

(c)



## **Seasonal environmental conditions**

UKHSA and the Met Office operate a weather-health alert system that includes both heat and cold weather alert periods. Syndromic indicators are used to monitor the impact of both extreme hot and cold weather in England during these periods and will be routinely included below (where an appropriate syndromic indicator is available).

Cold weather alert period: 1 November to 31 March

Heat-Health Alert period: 1 June to 30 September

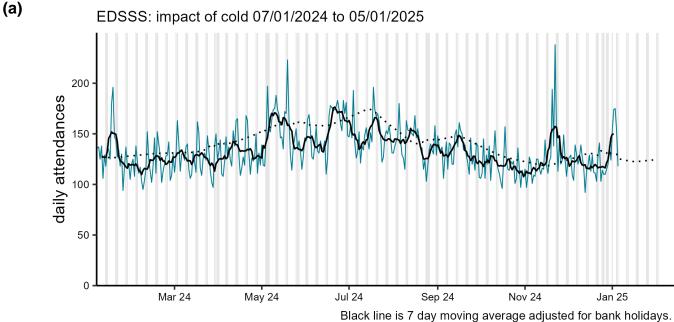
Highest weather alert level during the current reporting week:

Amber alert (enhanced cold weather response)

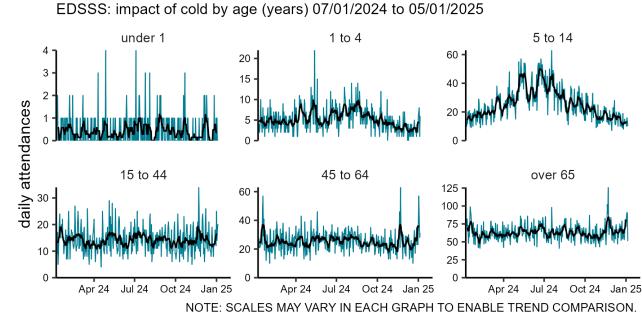
### Impact of cold

(b)

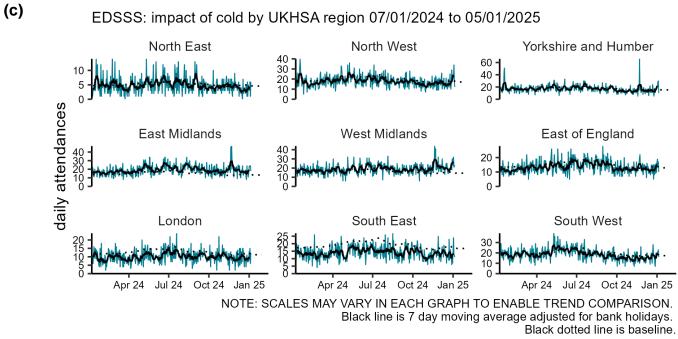
Figure 14: Daily number of impact of cold ED attendances (and 7-day moving average adjusted for bank holidays), England (a) nationally, (b) by age and (c) by UKHSA Region.



Black dotted line is baseline. Grey columns show weekends and bank holidays.



Black line is 7 day moving average adjusted for bank holidays.



### **Notes and caveats**

The following additional caveats apply to the UKHSA emergency department syndromic surveillance system:

- the data presented are based on a national syndromic surveillance system:
  - $\circ$  should be used to monitor trends not to estimate numbers of 'cases'
  - an automated daily transfer of anonymised ED data is received from NHS Digital, from the <u>Emergency Care Data Set</u> (ECDS)
  - not all EDs currently provide data on a daily basis, EDs are eligible for inclusion in this report only where:
    - data relates to attendances at a type 01 ED
    - data for 7 of the 7 most recent days was received
    - data for those days was received within 2 calendar days of the patient arrival
  - when an ED meets these criteria, all historical data from that ED is included
  - EDs included each week is likely to change, which will affect the historical data inclusion
  - o national coverage each week is included in Table 2,
  - the number of EDs in each region area is described in Table 3
- individual EDs will not be identified in these bulletins
- some syndromic indicators are hierarchical:
  - o acute respiratory infections includes:

acute bronchitis or bronchiolitis

COVID-19-like

- influenza-like illness
- pneumonia
- other and non-specific acute respiratory infections
- cardiac conditions includes:
  - myocardial ischaemia
  - other and non-specific cardiac conditions
- baselines:
  - were last remodelled January 2023 (influenza-like illness baselines were refitted to influenza-like illness surveillance data during December 2023 to account for post-COVID-19 changes in health care seeking behaviour)
  - o for asthma were last remodelled October 2024
  - o are constructed from historical data since April 2018
  - o represent seasonally expected levels of activity
  - take account of any known substantial changes in data collection, population coverage or reporting practices:
    - the COVID-19 pandemic period is excluded, to show seasonally expected levels if COVID-19 had not occurred

 may be remodelled to include the impacts seen during periods of the COVID-19 pandemic if/when appropriate due to introduction of large scale public health interventions which may affect ED attendance levels

### **Acknowledgements**

We are grateful to the clinicians in each ED and other staff within each Trust for their continued involvement in the EDSSS.

We thank the Royal College of Emergency Medicine, NHS Digital and NHS England for their support in the development of national EDSSS, using anonymised data collection from ECDS.

# About the UK Health Security Agency

UKHSA is responsible for protecting every member of every community from the impact of infectious diseases, chemical, biological, radiological and nuclear incidents and other health threats. We provide intellectual, scientific and operational leadership at national and local level, as well as on the global stage, to make the nation heath secure.

UKHSA is an executive agency, sponsored by the Department of Health and Social Care.

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UKHSA supports the UN Sustainable Development Goals

