



Attendance Allowance, Carer's Allowance, Carer Support Payment and Carer's Credit

Please read this then pass it to your carer if you have one.

This leaflet is in 2 parts:

- Part 1 – for you
- Part 2 – for your carer, if you have one. It gives information about Carer's Allowance, Carer Support Payment and Carer's Credit.

Part 1 – for you

Your benefit could be affected if someone claims Carer's Allowance or Carer Support Payment for looking after you.

If your claim for Attendance Allowance is successful, you may get an extra amount for severe disability with an income-related benefit or Pension Credit.

If someone is paid Carer's Allowance or Carer Support Payment for looking after you, you may not be able to get this extra amount. Contact the office dealing with your benefits for more information. Your Attendance Allowance will not be affected.

Part 2 – for you carer

Carer's Allowance

If you live in England or Wales and you care for someone for 35 hours or more each week, you may also get Carer's Allowance. You can get Carer's Allowance once we have agreed the person you care for is awarded Attendance Allowance. You must claim Carer's Allowance within 3 months of the Attendance Allowance decision being made or you could lose benefit.

Carer's Allowance and other benefits

Some benefits, allowances or pensions can change how much Carer's Allowance we can pay. This means that if you get another benefit, we may not pay Carer's Allowance at all, or pay you less. But you may still qualify for Carer's Allowance even if we cannot pay it. This means you may get an extra amount paid with income-based Jobseeker's Allowance, income-related Employment and Support Allowance, Income Support, Pension Credit or Housing Benefit.

How to claim Carer's Allowance or get more information

For more information about Carer's Allowance, including how to claim:

- go to www.gov.uk/carers-allowance
- call **0800 731 0297** or textphone **0800 731 0317**
- call the Relay UK service on **18001** then **0800 731 0297** or use the Relay UK app
- write to us at:
 - Carer's Allowance Unit
 - Mail Handling Site A
 - Wolverhampton
 - WV98 2AB

Carer Support Payment

If you live in Scotland, you may wish to consider applying for Carer Support Payment. You can get more information about Carer Support Payment and how to apply by visiting www.mygov.scot/benefits or by phoning **0800 182 2222**.

Carer's Credit

If you cannot get Carer's Allowance or Carer Support Payment and look after one or more disabled person for a total of 20 hours or more a week, you can apply for Carer's Credit. This is a National Insurance credit for working age carers. It can help you qualify for the State Pension and bereavement benefits.

You do not need to apply for Carer's Credit if you receive Child Benefit for a child under age 12 or get Carer's Allowance or Carer Support Payment as you will already get National Insurance credits.

You can find out more about Carer's Credit and how to apply:

- online at www.gov.uk/carers-credit
- phone **0800 731 0297**
- textphone **0800 731 0317**
- call the Relay UK service on **18001** then **0800 731 0297** or use the Relay UK app.

This leaflet is only a guide and does not cover every circumstance. We have done our best to make sure that the information is correct as of November 2024. It is possible that some of the information may change over time.

Call charges

Calls to 0800 numbers are free from personal mobiles and landlines.