



Public Health  
England

**NHS**

Born between 1 September 1998 and 31 August 1999

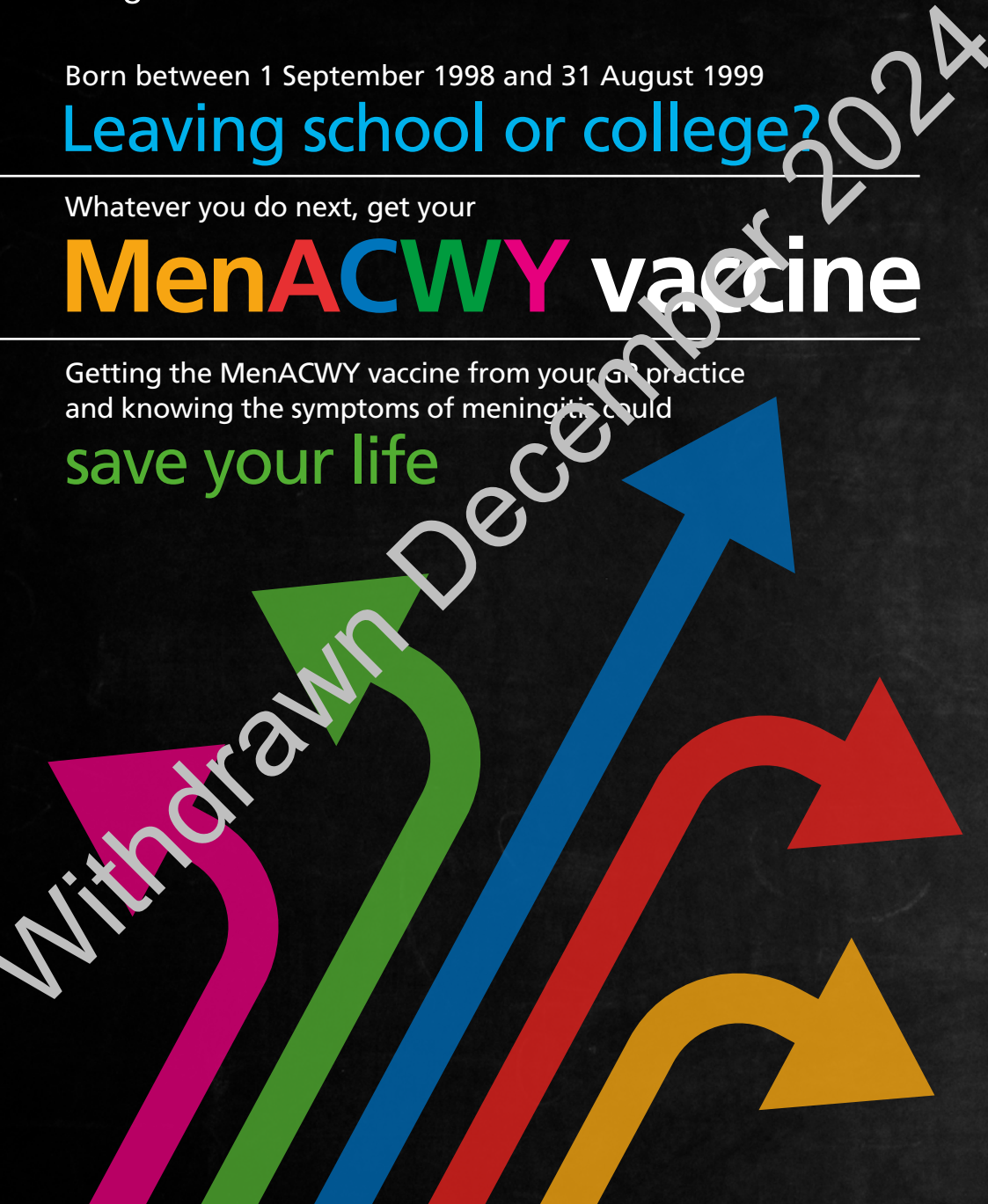
Leaving school or college?

Whatever you do next, get your

**MenACWY** vaccine

Getting the MenACWY vaccine from your GP practice  
and knowing the symptoms of meningitis could

save your life





## SIGNS AND SYMPTOMS

---

- Pale, blotchy skin with or without a rash
- Irritability and/or confusion
- Severe headache or muscle pains
- Dislike of bright lights
- Stiff neck
- Convulsions/seizures
- Fever, cold hands and feet
- Vomiting and diarrhoea
- Drowsiness, difficult to wake up
- Feeling really ill

Not everyone will develop these symptoms and they can appear in any order.

Your vaccine helps protect you from four types of meningitis and blood poisoning – Men A, C, W and Y. But there are other types so you need to know the signs and symptoms. Being aware could help keep you and your friends safe.

**Meningitis  
now**



---

**MenACWY  
DISEASE CAN KILL**

---