



Public Health
England



Born between 1 September 1998 and 31 August 1999

Leaving school or college?

Whatever you do next, get your

MenACWY vaccine

Getting the MenACWY vaccine from your GP practice and knowing the symptoms of meningitis could

save your life

SIGNS AND SYMPTOMS

- Pale, blotchy skin with or without a rash
- Irritability and/or confusion
- Severe headache or muscle pains
- Dislike of bright lights
- Stiff neck
- Convulsions/seizures
- Fever, cold hands and feet
- Vomiting and diarrhoea
- Drowsiness, difficult to wake up
- Feeling really ill

Not everyone will develop these symptoms and they can appear in any order.

Your vaccine helps protect you from four types of meningitis and blood poisoning – Men A, C, W and Y. But there are other types so you need to know the signs and symptoms. Being aware could help keep you and your friends safe.

MenACWY DISEASE CAN KILL

