



UK Health  
Security  
Agency

# Dioxins (2,3,7,8- Tetrachlorodibenzo-p-dioxin)

## Incident management

This document provides information needed for response to a chemical incident, such as physicochemical properties, health effects and decontamination advice.

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## Main points

### General

The term dioxins refers to a group of 210 compounds with similar chemical structures but greatly varying toxicity.

The most toxic dioxin is 2,3,7,8-tetrachlorodibenzo-p-dioxin (TCDD) and most of the available data refer to this compound

TCDD is non-flammable and not soluble in water.

TCDD decomposes on heating to emit fumes of hydrogen chloride and also decomposes when exposed to UV light.

### Health

Systemic toxicity may develop following ingestion, inhalation or dermal exposure.

Inhalation may cause irritation of the respiratory tract and dyspnoea.

Nausea, vomiting, diarrhoea and abdominal pain may follow ingestion.

Irritating to skin and eyes.

Exposures may cause headaches, dizziness, nausea.

Chloracne may follow, it usually develops two to four weeks after exposure.

### Casualty decontamination at the scene

Following disrobe, improvised dry decontamination should be considered for an incident involving dioxins, unless casualties are demonstrating signs or symptoms of exposure to caustic or corrosive substances.

### Environment

Inform the [Environment Agency](#) where appropriate and avoid release into the environment.

## Hazard identification

**Table 1. Standard (UK) dangerous goods emergency action codes**

<b>UN</b>		No codes specified
<b>EAC</b>		
<b>APP</b>		
<b>Hazards</b>	<b>Class</b>	
	<b>Sub-risks</b>	
<b>HIN</b>		

### Abbreviations

UN = United Nations number.

EAC = emergency action code.

APP = additional personal protection.

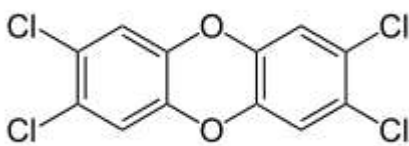
HIN = hazard identification number.

### The GB classification, labelling and packaging (CLP)

There is no harmonised classification for TCDD or dioxins as a whole under CLP regulations.

## Physicochemical properties

Table 2. Physicochemical properties of TCDD

<b>CAS number</b>	1746-01-6
<b>Molecular weight</b>	322
<b>Formula</b>	C <sub>12</sub> H <sub>4</sub> Cl <sub>4</sub> O <sub>2</sub>
<b>Common synonyms</b>	2,3,7,8-tetrachlorodibenzo-p-dioxin
<b>State at room temperature</b>	Colourless to white needle-like crystals
<b>Volatility</b>	Vapour pressure is negligible at 25°C
<b>Specific gravity</b>	1.8 at 20°C (water = 1)
<b>Flammability</b>	Non-flammable
<b>Lower explosive limit</b>	-
<b>Upper explosive limit</b>	-
<b>Water solubility</b>	Not soluble in water
<b>Reactivity</b>	Begins to decompose at 500 °C and almost completely decomposes within 21 seconds at 800°C. Also decomposes when exposed to UV light.
<b>Reaction or degradation products</b>	When heated to decomposition emits fumes of hydrogen chloride.
<b>Odour</b>	Odourless
<b>Structure</b>	

### References

PubChem. Bethesda (MD): National Library of Medicine (US), National Center for Biotechnology Information. '[PubChem Compound Summary for CID 15625, 2,3,7,8-Tetrachlorodibenzo-P-dioxin](#)' (viewed on 03 October 2024)

## **Reported effect levels from authoritative sources**

No acute exposure effect levels could be found following a review of authoritative sources.

## Published emergency response guidelines

**Table 3. Acute exposure guideline levels (AEGLs)**

	Concentration				
	10 minutes	30 minutes	60 minutes	4 hours	8 hours
<b>AEGL-1</b> [note 1]	No values specified				
<b>AEGL-2</b> [note 2]					
<b>AEGL-3</b> [note 3]					

### Notes to Table 3

Note 1: Level of the chemical in air at or above which the general population could experience notable discomfort.

Note 2: Level of the chemical in air at or above which there may be irreversible or other serious long-lasting effects or impaired ability to escape.

Note 3: Level of the chemical in air at or above which the general population could experience life-threatening health effects or death.

# Exposure standards, guidelines or regulations

**Table 4. Occupational standards**

	LTEL (8-hour reference period)		STEL (15-min reference period)	
	ppm	mg/m <sup>3</sup>	ppm	mg/m <sup>3</sup>
<b>WEL</b>	No values specified			

## Abbreviations

WEL = workplace exposure limit.

LTEL = long-term exposure limit.

STEL = short-term exposure limit.

**Table 5. Public health standards and guidelines**

<b>Drinking water standard</b>	No value specified
<b>WHO guideline for drinking water quality</b>	No value specified
<b>UK indoor air quality guideline</b>	No value specified
<b>WHO indoor air quality guideline</b>	No value specified
<b>WHO air quality guideline</b>	No value specified



## Health effects

The main route of exposure is ingestion. Absorption may occur following inhalation or dermal exposure to aerosols.

**Table 6. Signs or symptoms of acute exposure**

Route	Signs and symptoms
<b>Inhalation</b>	Inhalation of dioxin dust or spray may cause irritation of the respiratory tract and mucous membranes and dyspnoea. Systemic toxicity may develop.
<b>Ingestion</b>	Gastrointestinal upset, headache and lethargy. Systemic features may develop.
<b>Eyes</b>	Dioxin dusts or spray may irritate the eye causing conjunctivitis.
<b>Dermal</b>	May irritate the skin, systemic toxicity may develop.
<b>Systemic features</b>	<p>Headache, dizziness and nausea, which usually precede the development of skin lesions, subside within one or two weeks.</p> <p>Chloracne (pale yellow cysts resembling acne vulgaris) is the result of follicular hyperkeratosis in response to dioxins excreted in sebum. Chloracne is the most characteristic manifestation of TCDD exposure and develops typically two to four weeks after exposure, although may be delayed for several weeks. Lesions occur typically on the malar, temporal, periorbital and pre- and postauricular areas. The nose, perioral skin and supraorbital regions are usually spared. Severe chloracne may involve the trunk, arms, axillae, legs, genitals, face, neck and back. Mild cases may resolve in weeks or months. More severe cases can persist for years.</p> <p>Porphyria cutanea tarda (with hirsutism, increased skin fragility with blister formation following minor trauma, atrophic scarring, photosensitivity and hyperpigmentation) has also been described rarely in association with TCDD exposure as have severe myalgia, lethargy, anorexia, dyspepsia, nervousness, irritability, decreased libido and cold intolerance. Hyperkeratosis, lymphadenopathy, peripheral neuropathy with sensory impairment and lower extremity weakness, dystonia and tremor are recognised. Hepatic dysfunction, manifest as increased transaminase activities, a prolonged prothrombin time, hypercholesterolaemia, hypertriglyceridaemia and pancreatitis have been observed.</p>

### Reference

National Poisons Information Service (NPIS). TOXBASE '[dioxins](#)' 2020 (viewed on 03 October 2024)

## Decontamination at the scene

### Chemical specific advice

The approach used for decontamination at the scene will depend upon the incident, location of the casualties and the chemicals involved. Therefore, a risk assessment should be conducted to decide on the most appropriate method of decontamination.

Following disrobe, improvised dry decontamination should be considered for an incident involving dioxins, unless casualties are demonstrating signs or symptoms of exposure to caustic or corrosive substances.

People who are processed through improvised decontamination should subsequently be moved to a safe location, triaged and subject to health and scientific advice. Based on the outcome of the assessment, they may require further decontamination.

Emergency services and public health professionals can obtain further advice from the UK Health Security Agency (UKHSA) Radiation, Chemicals, Climate and Environmental Hazards Directorate using the 24 hour chemical hotline number: 0344 892 0555.

### Disrobe

The disrobe process is highly effective at reducing exposure to HAZMAT/CBRN material when performed within 15 minutes of exposure.

Therefore, disrobe must be considered the primary action following evacuation from a contaminated area.

Where possible, disrobing should be conducted at the scene and by the casualty themselves. Disrobing should be systematic to prevent transfer of contaminant from clothing to skin. Clothing should not be pulled over the head if possible.

Clothing stuck to the casualty by the contaminant should not be forcefully removed, as this risks causing further harm.

Consideration should be given to ensuring the welfare and dignity of casualties as far as possible. Immediately after decontamination the opportunity should be provided to dry and dress in clean robes or clothes.

## Improvised decontamination

Improvised decontamination is an immediate method of decontamination prior to the use of specialised resources. This should be performed on all contaminated casualties unless medical advice is received to the contrary. Improvised dry decontamination should be considered for an incident involving chemicals unless the agent appears to be corrosive or caustic.

Unprotected first responders and members of the public should not approach casualties incapacitated by exposure to administer improvised decontamination, as they may be exposed to contaminants and become a casualty themselves.

Important note: Improvised decontamination should continue until more structured interventions such as Interim or Specialist Operational Response are present.

## Improvised dry decontamination

Improvised dry decontamination should be considered for an incident involving dioxins unless casualties are demonstrating obvious signs of chemical burns or skin irritation.

Any available dry absorbent material can be used such as kitchen towel, paper tissues (for example blue roll) and clean cloth.

Exposed skin surfaces should be blotted first and then rubbed, starting with the face, head, and neck, and moving down and away from the body.

Blotting and rubbing should not be too aggressive, as it could drive contamination further into the skin.

Casualties should also blow their nose to remove contaminants from the nasal cavities.

All waste material arising from decontamination should be left in situ, and ideally bagged, for disposal at a later stage.

## Improvised wet decontamination

Wet decontamination should be used if contamination with a caustic chemical substance is suspected.

Water should only be used for decontamination where casualty signs and symptoms are consistent with exposure to caustic or corrosive substances such as acids or alkalis.

Wet decontamination may be performed using copious amounts of water from any available source such as taps, showers, water bottles, fixed installation hose-reels and sprinklers to gently rinse the affected skin. Other natural sources of water may be considered unless this creates greater risks to the individuals affected. Wet wipes or baby wipes may be used as an effective alternative.

Improvised decontamination should not involve overly aggressive methods to remove contamination as this could further damage affected tissues and drive the contamination further into the skin.

Where appropriate, seek professional advice on how to dispose of contaminated water and prevent run-off going into the water system.

## Additional notes

Following improvised decontamination, remain cautious and observe for signs and symptoms in the decontaminated person and in unprotected staff.

If water is used to decontaminate casualties this may be contaminated, and therefore hazardous, and a potential source of further contamination spread.

All materials (paper tissues and so on) used in this process may also be contaminated and, where possible, should not be used on new casualties.

The risk from hypothermia should be considered when disrobe and any form of wet decontamination is carried out.

People who are contaminated should not eat, drink or smoke before or during the decontamination process and should avoid touching their face.

When vulnerable people are affected by a hazardous substance, they may need additional support to remove themselves, their clothing or the substance.

Casualties should remain in the area and should not leave to seek care at a hospital, as this presents a contamination risk. Further care will be administered on site by the appropriate emergency services.

## Interim wet decontamination

Interim decontamination is the use of standard Fire and Rescue Service equipment to provide a planned and structured decontamination process prior to the availability of purpose-designed decontamination equipment.

## Decontamination at the scene references

Home Office. [‘Initial operational response to a CBRN incident’](#) Version 2.0 2015 (viewed on 03 October 2024)

National Health Service England. [‘Emergency Preparedness, Resilience and Response \(EPRR\): Guidance for the initial management of self-presenters from incidents involving hazardous materials’](#) 2019 (viewed on 03 October 2024)

Joint Emergency Service Interoperability Programme. [‘Initial Operational Response \(IOR\) to Incidents Suspected to Involve Hazardous Substances or CBRN Materials’](#) 2024 (viewed on 03 October 2024)

## Clinical decontamination and first aid

Clinical decontamination is the process where trained healthcare professionals, using purpose-designed decontamination equipment, treat contaminated persons individually.

[Detailed information on clinical management](#) can be found on TOXBASE.

### Important notes

Once body surface contaminants have been removed or if your patient was exposed by ingestion or inhalation, the risk that secondary care givers may become contaminated is very low. Secondary carers should wear standard hospital PPE as a precaution against secondary contamination from vomit and body fluids.

If the patient has not been decontaminated following surface contamination, secondary carers must wear appropriate NHS PPE for chemical exposure to avoid contaminating themselves.

The area should be well ventilated.

For comprehensive clinical advice consult [TOXBASE](#) directly.

## Clinical decontamination following surface contamination

Avoid contaminating yourself.

Carry out decontamination after resuscitation. This should be performed in a well-ventilated area preferably with its own ventilation system.

Contaminated clothing should be removed, double-bagged, sealed and stored safely.

Decontaminate open wounds first and avoid contamination of unexposed skin.

Any particulate matter adherent to skin should be removed and the patient washed with soap and water under low pressure for at least 10 to 15 minutes.

Pay particular attention to mucous membranes, moist areas such as skin folds, fingernails and ears.

The earlier irrigation begins, the greater the benefit.

## Dermal exposure

Decontaminate (as above) the patient following surface contamination.

If features of systemic toxicity are present, manage as per ingestion.

Other supportive measures as indicated by the patient's clinical condition

## Ocular exposure

Remove contact lenses if present.

Anaesthetise the eye with a topical local anaesthetic (for example, oxybuprocaine, amethocaine or similar). However, do not delay irrigation if local anaesthetic is not immediately available.

Immediately irrigate the affected eye thoroughly with 1,000mL 0.9% saline or equivalent crystalloid (for example, by an infusion bag with a giving set) for a minimum of 10 to 15 minutes irrespective of initial conjunctival pH. A Morgan Lens may be used if anaesthetic has been given.

Any particles lodged in the conjunctival recesses should be removed.

Repeated instillation of local anaesthetics may reduce discomfort and help more thorough decontamination. However, prolonged use of concentrated local anaesthetics is damaging to the cornea.

Patients with corneal damage or those whose symptoms do not resolve rapidly should be discussed urgently with an ophthalmologist.

Other supportive measures as indicated by the patient's clinical condition.

## Ingestion

Maintain a clear airway and ensure adequate ventilation.

Administer oxygen to achieve adequate oxygenation.

The benefit of gastric decontamination using charcoal is uncertain. See [TOXBASE](#) for further advice.

Other supportive measures as indicated by the patient's clinical condition.

## Inhalation

Maintain a clear airway and ensure adequate ventilation.

Administer oxygen to achieve adequate oxygenation.

Other supportive measures as indicated by the patient's clinical condition.

## Clinical decontamination and first aid references

National Poisons Information Service (NPIS). TOXBASE [‘Dioxins’](#) 2019 (viewed on 03 October 2024)

National Poisons Information Service (NPIS). TOXBASE [‘Skin decontamination - irritants’](#) 2019 (viewed on 03 October 2024)



## About the UK Health Security Agency

UKHSA is responsible for protecting every member of every community from the impact of infectious diseases, chemical, biological, radiological and nuclear incidents and other health threats. We provide intellectual, scientific and operational leadership at national and local level, as well as on the global stage, to make the nation health secure.

UKHSA is an executive agency, sponsored by the Department of Health and Social Care.

This document from the UKHSA Radiation, Chemicals and Environment Directorate reflects understanding and evaluation of the current scientific evidence as presented and referenced here.

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