DfE assured senior mental health lead training courses

October 2024

Contents

Purpose

Below you will find a complete list of DfE quality assured courses that schools and colleges in England can pay for using a senior mental health lead training grant.

Courses are listed in alphabetical order by training provider. There are currently 93 courses available, being delivered across 63 providers.

Only the courses listed below are approved by DfE, and this list will be updated at the end of each month to reflect any changes to the training providers and courses that are DfE assured at that time.

DfE reserves the right to remove a course(s) from its list of quality-assured courses at any time, where it is reasonable to do so, to ensure schools and colleges receive high quality training.

To select a course

A diverse range of courses are available to enable senior mental health leads to develop the knowledge and skills required to implement a whole school or college approach to mental health and wellbeing.

Schools and colleges seeking to identify a course that most closely meets their specific needs and preferences are encouraged to use the online tools available.

Training providers

Altruist Enterprises UK Ltd

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
West Midlands Combined Setting Senior Mental Health Lead Training	SMHL067	Intermediate	Online / face to face	All settings

Anna Freud

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Senior mental health lead training – a community-wide approach to improving mental health outcomes in your school or FE college	SMHL004	Intermediate	Online	Primary schools; secondary schools; colleges; middle deemed primary; middle deemed secondary; alternative provision
Senior mental health lead training – a community-wide approach to improving mental health outcomes in your school or FE college (face to face delivery)	SMHL130	Intermediate	Face to face	Primary schools; secondary schools; colleges; middle deemed primary; middle deemed secondary; alternative provision
5 Steps to a whole-school approach – An introduction for Senior Mental Health Leads	SMHL140	Beginner	Online / face to face	Primary Schools; Secondary Schools; Middle Deemed Primary; Middle Deemed Secondary

Birmingham Education Partnership

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Birmingham Education Partnership Senior Mental Health Lead Training	SMHL017	Beginner	Face to face	Primary schools; secondary schools; special schools; alternative provision

Blue Mental Health Education & Training

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Leading a Whole School/College Approach for Positive Mental Health and Wellbeing (Intermediate Programme)	SMHL143	Intermediate	Online / face to face	All settings

Bradford Local Authority

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Bradford Local Authority Senior Mental Health Lead Training	SMHL003	Beginner	Online	All settings

Brightcore Consultancy

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Designated Senior Mental Health Lead Training and Certificate	SMHL018	Beginner	Online / face to face	Primary schools; secondary schools; colleges (sixth-form and further education colleges); middle deemed primary; middle deemed secondary; alternative provision

Bristol City Council Education and Skills Directorate and Bristol Department of Public Health

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Bristol Senior Mental Health Leads in Schools: Initial Training Course	SMHL131	Beginner	Online / face to face	Primary schools; secondary schools; colleges; special schools; alternative provision

Carnegie Centre of Excellence for Mental Health in Schools

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Establishing a Whole School Approach as Senior Mental Health Lead	SMHL021	Beginner	Online / face to face	All settings
Developing an in-depth Whole School Approach as Senior Mental Health Lead	SMHL022	Intermediate	Online / face to face	All settings
Embedding a Strategic Approach as Senior Mental Health Lead	SMHL023	Advanced	Online / face to face	All settings
School Mental Health Specialist PG Diploma	SMHL024	Expert	Online / face to face	All settings
Post Graduate Certificate in School Leadership of Mental Health	SMHL025	Expert	Online	Primary schools; secondary schools; colleges (sixth-form and further education colleges); middle deemed primary; middle deemed secondary; special schools
Masters in School Leadership of Mental Health	SMHL026	Expert	Online	All settings
Developing an in-depth whole school approach as Senior Mental Health Lead in a Specialist Setting	SMHL134	Intermediate	Online / face to face	Special schools; alternative provision

Catalyst Psychology Community Interest Company

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
The Well-Being Chartermark: a whole school approach to improving mental health and well-being	SMHL109	Intermediate	Face to face	All settings

Charlie Waller Institute, The University of Reading & Charlie Waller Trust

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Mental Health Leadership in Education Settings (SMHL Training)	SMHL075	Intermediate	Online	All settings

City of Wolverhampton Council: Educational Psychology Service

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Leading Mental Health in Schools Award	SMHL078	Intermediate	Online / face to face	Primary schools; secondary schools; colleges (sixth-form and further education colleges); special schools; alternative provision

Compass - Services to Improve Health & Wellbeing

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
A practical introduction to implementing a whole school approach – Online	SMHL035	Beginner	Online	All settings
A practical introduction to implementing a whole school approach – Face to face	SMHL122	Beginner	Face to face	All settings

Connex Academy

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Senior Mental Health Certificate	SMHL138	Beginner	Online	All settings

Creative Education

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
New to the Role of the Senior Mental Health Lead: Delivering a Whole School Approach	SMHL055	Beginner	Online	All settings
New to the Role of the Senior Mental Health Lead: Delivering a Whole School Approach (Face to face)	SMHL072	Beginner	Face to face	All settings
Improving Staff Wellbeing Across Your School	SMHL141	Intermediate	Online	Primary Schools; Secondary Schools; Middle Deemed Primary; Middle Deemed Secondary; Special Schools
Developing a Trauma-Informed Approach to Supporting Schools and Young People	SMHL147	Intermediate	Online	Primary Schools; Secondary Schools; Middle Deemed Primary; Middle Deemed Secondary; Special Schools

Dandelion Training and Development

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Diploma for Senior Mental Health Leads	SMHL139	Beginner	Online	Primary schools; secondary schools

Doncaster Educational Psychology Service

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Doncaster Mental Health Lead training	SMHL132	Intermediate	Online / face to face	All settings

Dragonfly: Impact Education Ltd

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Dragonfly Connect: Senior Mental Health Lead Training & Membership	SMHL085	Intermediate	Online	All settings

Durham Children and Young People Mental Health Partnership

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Senior Mental Health Lead Training	SMHL074	Intermediate	Online / face to face	All settings

East Sussex County Council (ISEND)

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
MH Leads Training	SMHL061	Beginner	Online / face to face	All settings

Edge Hill University

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
MSc Child and Adolescent Mental Health and Wellbeing	SMHL146	Expert	Online / face to face	All settings

Headsight Services Ltd

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
School mental health leadership programme (Intermediate)	SMHL015	Intermediate	Online	All settings

Healthy Minds, Sheffield CAMHS

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Healthy Minds Senior Mental Health Leads Training - National	SMHL040	Beginner	Online / face to face	All settings

Innovating Minds

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Implementing a whole school approach to mental health - Beginners course	SMHL019	Beginner	Online	Primary schools; secondary schools; middle deemed primary; middle deemed secondary; special schools; alternative provision
Implementing a whole school approach to mental health - Intermediate course	SMHL054	Intermediate	Online	Primary schools; secondary schools; middle deemed primary; middle deemed secondary; special schools; alternative provision
Advanced Course: Implementing a sustainable Whole School Approach to Mental Health	SMHL080	Advanced	Online	Primary schools; secondary schools; middle deemed primary; middle deemed secondary; special schools; alternative provision
Senior Mental Health Leads Training: Implementing a Whole School Approach to Mental Health - Beginners Course	SMHL107	Beginner	Online	Primary schools; secondary schools; middle deemed primary; middle deemed secondary; special schools; alternative provision
Senior Mental Health Leads Training: Implementing a Whole School Approach to Mental Health - Intermediate Course	SMHL108	Intermediate	Online	Primary schools; secondary schools; middle deemed primary; middle deemed secondary; special schools; alternative provision

Lancaster University

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Senior mental health lead training for Lancashire schools and colleges: relational and attachment-aware approaches to whole school mental health	SMHL020	Intermediate	Online / face to face	All settings

Leeds Beckett University – Minds Ahead

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Masters in School Mental Health Specialist	SMHL126	Expert	Online	All settings
School Mental Health Specialist PG Certificate	SMHL151	Expert	Online / face to face	All settings

Leeds City Council: Health & Wellbeing Service

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Developing a Whole School Approach to Leading Mental Health in your School	SMHL089	Intermediate	Online / face to face	Primary schools; secondary schools; colleges (sixth-form and further education colleges); middle deemed primary; middle deemed secondary; special schools

Leeds Trinity University

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Senior Mental Health Lead Training	SMHL116	Intermediate	Face to face	Primary schools; secondary schools; middle deemed primary; middle deemed secondary; alternative provision

Matt Messias Impact Leadership Ltd

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
How to plan, implement, and monitor a 'whole-school community' approach to embedding a positive culture of mental health & wellbeing	SMHL036	Beginner	Online	Primary schools; secondary schools; middle deemed primary; middle deemed secondary

Mentally Well Schools

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Mentally Well Schools: Staff Development; Creating an Ethos and Environment; Working with Parents, Families and Carers - Senior Mental Health Lead Training	SMHL090	Intermediate	Online	Primary schools; middle deemed primary
Mentally Well Schools: Senior Mental Health Lead Training – All 8 Principles for Whole-School Mental Wellbeing	SMHL114	Intermediate	Online	Primary schools; middle deemed primary; special schools

Merseyside Youth Association

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
ROAR Mental Health Lead Whole School Approach Training	SMHL005	Beginner	Online / face to face	All settings

National Education Group

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Certificate in the Role of the Senior Mental Health Lead	SMHL079	Beginner	Online	All settings
Intermediate Certificate in the Role of the Senior Mental Health Lead	SMHL111	Intermediate	Online	All settings

NESSie IN ED CIC

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
NESSie Foundation in Mental Health	SMHL027	Intermediate	Online / face to face	All settings

NottAlone

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Supporting young people's positive mental health across Nottinghamshire and Nottingham City	SMHL070	Advanced	Online / face to face	All settings

Nurture UK

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
The National Nurturing Schools Programme	SMHL128	Beginner	Online	Primary schools; secondary schools; middle deemed primary; middle deemed secondary; special schools; alternative provision
The Theory and Practice of the Boxall Profile®	SMHL129	Beginner	Online	Primary schools; secondary schools; colleges; middle deemed primary; middle deemed secondary; alternative provision

OTR Bristol

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
'Resilience Lab: A whole-school approach to mental health' by OTR Bristol	SMHL135	Beginner	Online	Primary Schools; Secondary Schools, Colleges, Middle deemed primary, Middle deemed secondary

Our Time

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Supporting Children with Parental Mental Illness in Education	SMHL098	Intermediate	Online / face to face	All settings

Place2Be

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Place2Be Senior Mental Health Leads programme	SMHL043	Intermediate	Online	Primary schools; secondary schools; colleges (sixth-form and further education colleges); middle deemed primary; middle deemed secondary; alternative provision

Progressive Minds Associate Ltd

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Senior Mental Health Lead Training	SMHL083	Beginner	Online / face to face	All settings
Senior Mental Health Lead Training (Advanced) - Strategic Leadership	SMHL099	Advanced	Online / face to face	All settings
Senior Mental Health Lead Training (Intermediate) - Developing a whole school approach	SMHL102	Intermediate	Online / face to face	All settings

Queens Park Federation

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Introduction to the Mental Health Designated Lead in Schools	SMHL149	Beginner	Online / face to face	All settings

Real Training

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Senior Mental Health Leadership Certificate (In person)	SMHL037	Beginner	Face to face	All settings
Senior Mental Health Leadership Certificate (Online)	SMHL038	Beginner	Online	All settings
Senior Mental Health Leadership - Advanced Award	SMHL039	Intermediate	Online	All settings

Redbridge Educational Wellbeing Team (REWT)

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Senior Mental Health Lead Training	SMHL112	Intermediate	Face to face	All settings

Restorative Thinking

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Fostering Restorative Practice in Schools	SMHL097	Beginner	Online	All settings

How Mental (RevolutionEyes Me Ltd)

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Senior Mental Health Leads Training: How to Create Lasting Change for Mental Health in Education	SMHL148	Beginner	Online	All settings

Safe4Schools Ltd

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
School Mental Health Leads – Intermediate Course for Staff	SMHL104	Intermediate	Online / face to face	All settings

Sarah Henry Safeguarding Consultancy Ltd

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Introduction to the role of Senior Mental Health Lead	SMHL092	Beginner	Face to face	All settings

SCCU Group

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Designated Mental Health Lead Training	SMHL124	Intermediate	Online	All settings

Somerset Educational Psychology Service

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Somerset Senior Mental Health Lead Training Course: 2 Day Beginner Course	SMHL034	Beginner	Online / face to face	All settings

Still Human

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Wellbeing Champion Training: Embedding staff wellbeing to support a positive whole school culture of mental health and wellbeing.	SMHL145	Beginner	Face to face	Primary Schools; Secondary Schools; Colleges (Sixth Form and Further Education); Middle deemed Primary; Middle deemed Secondary; Special School; Alternative Provision

Success in Schools

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Understanding and implementing the role of senior mental health lead	SMHL105	Beginner	Online / face to face	Primary schools; secondary schools; middle deemed primary; middle deemed secondary; special schools; alternative provision

Take Your Marks Ltd

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Senior Mental Health Lead Training	SMHL117	Beginner	Online	Primary schools; secondary schools; middle deemed primary; middle deemed secondary; special schools

Teach Well Toolkit Ltd

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Senior Mental Health Lead in Schools	SMHL093	Beginner	Online / face to face	All settings

Terapia

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Developing, Implementing and Sustaining a Positive Mental Health Whole School/College Culture	SMHL012	Beginner	Intermediate	All settings

The Association of Mental Health in Education

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Advanced Designated Mental Health Lead	SMHL008	Advanced	Online / face to face	All settings
Mental Health Lead Introduction Course	SMHL106	Beginner	Online / face to face	All settings
Mental Health Lead Intermediate Course	SMHL110	Intermediate	Online / face to face	All settings

The Tavistock & Portman NHS Foundation Trust

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Senior Mental Health Lead Training: A Whole School Approach	SMHL113	Beginner	Online	All settings

Thompson Team (TT)

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Senior Mental Health Lead Training - Face to Face	SMHL059	Intermediate	Face to face	Primary schools; secondary schools; middle deemed primary; middle deemed secondary; alternative provision
Senior Mental Health Lead Training - Online	SMHL060	Intermediate	Online	Primary schools; secondary schools; middle deemed primary; middle deemed secondary; alternative provision

Thrive Approach

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Mental Health Lead Training	SMHL068	Beginner	Online	All settings

Trauma Informed Consultancy Services

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Practising as a Trauma Informed Senior Mental Health Lead	SMHL150	Beginner	Online	All settings

Trauma Informed Schools UK (TISUK)

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Certificate in Child and Adolescent Mental Health for Designated Senior Mental Health Leads (policy, practice and leadership)	SMHL010	Intermediate	Online	All settings

TT Education

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
An introduction to senior mental health leadership in schools	SMHL096	Beginner	Online / face to face	Primary schools; middle deemed primary
Developing strong senior mental health leadership in schools	SMHL103	Intermediate	Online / face to face	Primary schools; middle deemed primary

West Sussex Council Educational Psychology Service

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Thriving in Schools. Senior Mental Health Lead Training. A West Sussex Approach	SMHL152	Intermediate	Online	All settings

Wigan Council Educational Psychology Service

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Leadership Course 1: Leading on Mental Health in your school	SMHL006	Beginner	Online	All settings

Worth-It Positive Education CIC

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Wellbeing Club: training, resources, and ongoing support for Senior Mental Health Leads	SMHL033	Beginner	Online	All settings

YMCA Trinity Group

Training course title	Course code	Level	Delivery mode	Type of setting course is intended for
Designated Senior Mental Health Lead Training – Beginners Programme	SMHL123	Beginner	Online / face to face	All settings
Designated Senior Mental Health Lead Training – Intermediate Programme	SMHL127	Intermediate	Online / face to face	All settings
Designated Senior Mental Health Lead Training – Advanced Programme	SMHL136	Advanced	Online / face to face	All settings

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