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FOI2024/03348

19 March 2024

Dear

Thank you for your email of 23 February 2024 requesting the following information:

"The number of currently serving UK armed Forces personnel with

- a) With a record of a prescription for opioid painkillers as per the list in Annex A [of FOI2024/02125]
- b) with a Read code for opioid addiction recorded in their electronic medical record. Please note clinical SME advice has confirmed the presence of an opioid addiction Read code in a patient's primary medical record indicates that the patient is under the care of a GP and is therefore receiving treatment."

I am treating your correspondence as a request for information under the Freedom of Information Act 2000 (FOIA). A search for the information has now been completed within the Ministry of Defence, and I can confirm that all the information in scope of your request is held.

## As at 1 February 2024:

- a) **72,969** currently serving UK armed forces personnel had at least one prescription for an opioid painkiller entered into their medical record ever,
- b) **34** currently serving UK armed forces personnel had at least one Read code for opioid addiction entered into their medical record ever.

Please note, the methodology applied to this request uses Read codes entered at any point in a patient's military medical record. Therefore numbers are not comparable to previously released FOIs which are limited to specific time periods.

Under section 16 of the Act (Advice and Assistance) you may find it useful to note:

The figures provided in this response are for all UK armed forces trained and untrained, regular and reservist personnel in service as at 1 February 2024. This does not include entitled or non-entitled civilians, foreign service or non-UK military.

Reservist personnel have been included. However, the requestor should please note that the majority of reservist personnel receive their primary medical care from the NHS. Any personnel who were only seen by the NHS regarding these conditions and have not informed the MOD were not included in the figures presented for the number of personnel with a Read code or prescription entered into their military medical record.

Please note that the number of personnel with a record of opioid addiction represents those who have ever had information for opioid addiction entered into their electronic medical record, so these figures do not necessarily represent personnel with current opioid addiction.

In the case of dependency on any substance, a medical category of Medically Not Deployable is appropriate whilst any treatment is undertaken. Healthcare is available from primary care, specialist mental healthcare in the Departments of Community Mental Health, and for those requiring inpatient management via the Independent Service Providers in the NHS who are contracted to provide such services by the MOD.

Whilst healthcare needs have higher priority, you will wish to note that the MOD views the misuse of drugs within the Armed Forces as incompatible with military service. Evidence that drugs have been taken (for example, through failing a Compulsory Drug Testing (CDT)) is not necessary for administrative or disciplinary action to be taken. Personnel who are subject to administrative or disciplinary action for substance misuse can expect to be removed from the Services. All Service personnel are subject to random CDT regardless of their deployment status.

The following Read Codes were used to identify opioid addiction:

Code	Description	Code	Description
13cM1	Opioid analgesic dependence	E248	Combined opioid with other drug dependence
8B23-1	Drug addictn therap-methadone	E2480	Combined opioid with other drug dependence, unspecified
8B2M	Buprenorphine maintenance therapy	E2481	Combined opioid with other drug dependence, continuous
8B2N	Drug addiction detoxification therapy - methadone	E2482	Combined opioid with other drug dependence, episodic
8B2P	Drug addiction maintenance therapy - methadone	E2483	Combined opioid with other drug dependence in remission
8B2Q	Drug addiction maintenance therapy - buprenorphine	E248z	Combined opioid with other drug dependence NOS
8B2R	Drug addiction detoxification therapy - buprenorphine	Eu11	[X]Mental and behavioural disorders due to use of opioids
8B2S	Opioid agonist substitution therapy	Eu110	[X]Mental & behav dis due to use opioids: acute intoxication
8BE0	Reinduction to methadone maintenance therapy	Eu111	[X]Mental and behav dis due to use of opioids: harmful use
8BE1	Reinduction to buprenorphine maintenance therapy	Eu112	[X]Mental and behav dis due to use opioids: dependence syndr
E240	Opioid type drug dependence	Eu112-1	[X]Drug addiction - opioids
E240-1	Heroin dependence	Eu112-2	[X]Heroin addiction
E240-2	Methadone dependence	Eu113	[X]Mental and behav dis due to use opioids: withdrawal state
E240-3	Morphine dependence	Eu113-1	[X]Cold turkey, opiate withdrawal
E240-4	Opium dependence	Eu114	Men & behav dis due opioid: withdrawal state with delirium
E2400	Unspecified opioid dependence	Eu115	[X]Mental & behav dis due to use opioids: psychotic disorder
E2401	Continuous opioid dependence	Eu116	[X]Mental and behav dis due to use opioids: amnesic syndrome
E2402	Episodic opioid dependence	Eu117	[X]Men & beh dis due opioids: resid & late-onset psychot dis
E2403	Opioid dependence in remission	Eu11y	[X]Men & behav dis due to use opioids: oth men & behav dis
E240z	Opioid drug dependence NOS	Eu11z	[X]Ment & behav dis due use opioids: unsp ment & behav dis

A list of all opioid painkillers included in the total can be found in **Annex A**. Please note, the full list of opioid painkillers also includes items such as "aspirin, paracetamol and codeine", "Panadol ultra", and "ibuprofen and codeine".

Prescriptions made by the MOD for opioid painkillers reflect both national and NHS guidelines.

Please note, it is not possible to determine from the centrally held database whether the medicine was taken by the patient.

Information was derived from the Defence Medical Information Capability Programme (DMICP). It is the source of electronic, integrated healthcare records for primary healthcare and some MOD specialist care providers from which searches for Read codes and prescription drugs can be run.

Please note that if information was entered as free text in the patient record then it is not available in the DMICP data warehouse and will not be retrieved using the search for Read codes and prescriptions.

DMICP is a live data source and is subject to change. Date of extract 07 March 2024.

Joint Personnel Administration (JPA) is the most accurate source for demographic information for UK Armed Forces personnel and was used to identify the currently serving population.

If you have any gueries regarding the content of this letter, please contact this office in the first instance.

If you wish to complain about the handling of your request, or the content of this response, you can request an independent internal review by contacting the Information Rights Compliance team, Ground Floor, MOD Main Building, Whitehall, SW1A 2HB (e-mail <a href="CIO-FOI-IR@mod.gov.uk">CIO-FOI-IR@mod.gov.uk</a>). Please note that any request for an internal review should be made within 40 working days of the date of this response.

If you remain dissatisfied following an internal review, you may raise your complaint directly to the Information Commissioner under the provisions of Section 50 of the Freedom of Information Act. Please note that the Information Commissioner will not normally investigate your case until the MOD internal review process has been completed. The Information Commissioner can be contacted at: Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF. Further details of the role and powers of the Information Commissioner can be found on the Commissioner's website at <a href="https://ico.org.uk/">https://ico.org.uk/</a>

Yours sincerely,

Defence Statistics Health (Analysis Directorate)

## **Drug Name**Abstral Abtard Actiq Alfentanil

Aspirin And Codeine

Aspirin Paracetamol And Codeine

Breakyl Brimisol Pr

Bunov

Bupeaze

Buplast

Bupramyl

Buprenorph

Buprenorph/Naloxone

Buprenorphine

**Buprenorphine And Naloxone** 

Busiete Butec

Butrans

**Camphorated Opium** 

Candox Carexil Carlosafine

Co-codamol

Co-Codamol 12.8/500

Co-Codamol 15/500

Co-Codamol 30/500

Co-Codamol 60/1000

Co-Codamol 8/500

Co-Codamol 8/500 Effervescent

Codeine

Codeine Phosphate

Codipar

cyclimorph

Cyclimorph 10

Cyclimorph 15

Cyclimorph-10

Cyclimorph-15

demerol

Dextromoramide

df 118

Df 118 Forte

dhc continus

Diamorph HCl

Diamorphine Hydrochloride

Diconal

Dihydrocodeine

Dihydrocodeine Tartrate

dilaudid

Dipipanone And Cyclizine

dipipanone hydrochloride

dipipanone hydrochloride with cyclizine

Dolocodon Pr

dolophine

Dromadol Sr

Dromadol XI

duragesic

Durogesic

**Durogesic Dtrans** 

Effentora

**Eptadone** 

eroset

Espranor

exalgo

Fencino

fentalis

Fentalis Reservoir

Fentanyl

Fentanyl Cit

**Fentanyl Citrate** 

fentora

Filnarine Sr

**Fortral** 

Gabup

Gppe Inj\_Pamergan

Hapoctasin

heroin hydrochloride

hydrocodone

hydromorphone

Hydromorphone Hydrochloride

**Ibuprofen And Codeine** 

Ibuprofen M/r And Codeine

Instanyl

Invodol Sr

Ixyldone

Kapake

Kapake Insts 30/500

Kapake Insts 60/1000

Larapam Sr (Tramadol)

Leveraxo

Longtec

lorcet

Iortab

Lynlor

Mabron

iviabioi

Maneo

Marol

Matrifen

Maxitram Sr

Mediject Morphine Sulfate

Mediject Morphine Sulphate

meperidine

meptazinol

meptid

Methadone

Methadone 1 Mg/Ml

Methadone Hydrochloride

Methadose

Metharose

Mezolar Matrix

Migraleve

Migraleve Ultra

Migraleve yellow

Min-I-Jet Morphine Sulfate

Min-I-Jet Morphine Sulphate

Minjet\_Morph Sulf

Morcap Sr

Morph

Morph & Cocaine

Morph HCl

Morph Sulf

Morph/Cyclizine

Morphgesic Sr

Morphine

Morphine and Atropine

Morphine Hydrochloride

Morphine Sulfate

Morphine Sulfate in Intrasite

Morphine Sulphate

Morphine Tartrate and Cyclizine Tartrate

morphine with cyclizine

**Mst Continus** 

Mxl

Mylafent

Natzon

Nobligan Retard

norco

Oldaram

Onexila XI

onsolis

Opiodur

Opium

Opium\_Tinct

Oramorph

**Oramorph Concentrated** 

Oramorph Sr

Oramorph Unit Dose

Osmach

Osmanil

Oxeltra

Oxycodone And Naloxone

Oxycodone HCl

Oxycodone HCl/Naloxone HCl

Oxycodone Hydrochloride

Oxycodone Pectinate

Oxycontin

Oxylan

OxyNorm

OxyNorm Concentrate

Oxypro

Palexia

Palexia Sr

**Palfium** 

Palladone

palladone sr

Palladone-Sr

Pamergan P100

panadol ultra

Panadol Ultra

**Panitaz** 

Papaveretum

Papaveretum And Hyoscine

Paracetamol & Codeine

Paracetamol And Dihydrocodeine

paracodol

Pecfent

Pentazocine

Pentazocine Lactate

Pethidine

Pethidine Hydrochloride

Physeptone

Prefibin

Prenotrix

Proladone

Rapifen

Recivit

Reletrans

Relevtec

Reltebon

remedeine

Remedine FORTE

Remifentanil Hydrochloride

Renocontin

Rhotard\_Morph SR

Sevodyne

Sevredol

Shortec

Skudexa

solpadeine max

Solpadeine Max Solpadol Srm-Rhotard Sublimaze Suboxone Subutex Sufentanil Tapentadol Tapentadol HCL Targinact Temgesic **Tephine** Tilodol Sr Tilofyl Tradorec XI Tramacet Tramake **Tramake Insts** 

Tramadol And Dexketoprofen

Tramadol And Paracetamol

Tramadol Hydrochloride

Tramquel Sr

Tramulief

tramulief sr

Transtec

Turgeon

tylex

Ultiva

vicodin

Victanyl

Yemex

zalviso

Zamadol

Zamadol 24hr

Zamadol Melt

Zamadol Sr

zapain

Zeridame Sr

Zomestine

Zomorph

Zydol

Zydol Sr

Zydol XL

Zytram Sr