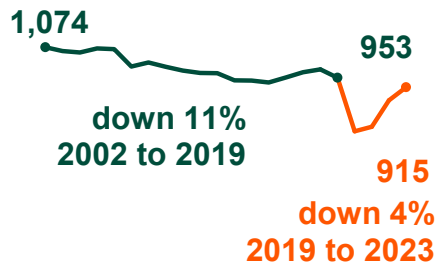




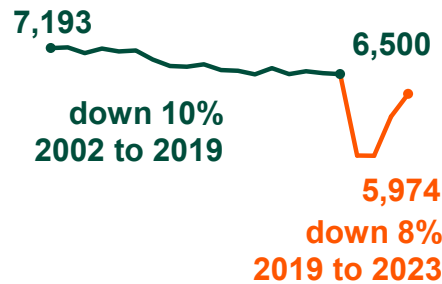
Trips [NTS0101]

Average trips per person per year



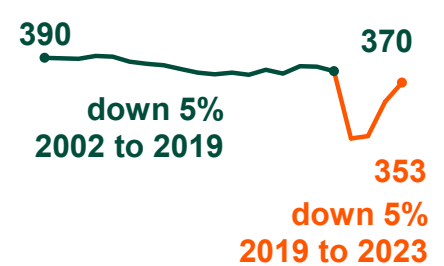
Distance [NTS0101]

Average distance (miles) per year



Time [NTS0101]

Average time (hours) per year



2002

2023

2002

2023

2002

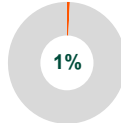
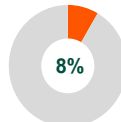
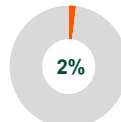
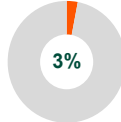
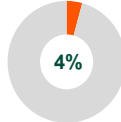
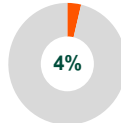
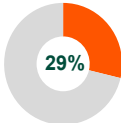
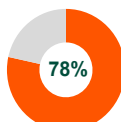
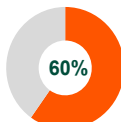
2023

How we travelled [NTS0303]

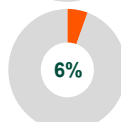
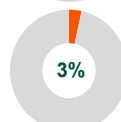
Modal share

Trips

Distance



Other



People made 915 trips on average in 2023, or 18 trips a week. This was 6% higher than in 2022, but a 4% decrease on the level in 2019 prior to the coronavirus (COVID-19) pandemic, when people made an average of 953 trips per person.

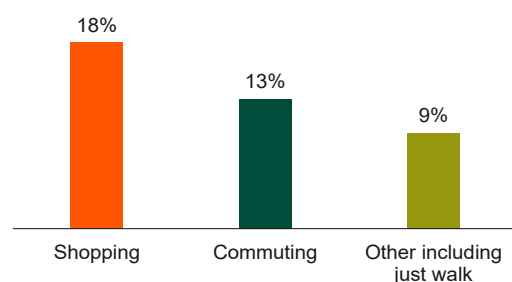
People travelled an average of 5,974 miles in 2023, an 11% increase from 2022 and an 8% decrease from 6,500 miles in 2019.

On average, people spent around 353 hours travelling in 2023 (around 58 minutes per day), 9% higher than in 2022 but down 5% from the 370 hours of travelling in 2019.

Cars remained the most popular mode of travel, making up 60% of all trips in 2023 (a decrease of 1 percentage point from 2019), and 78% of all miles travelled (an increase of 1 percentage point from 2019). The proportion of trips that were walked was higher in 2023 than in 2019, with a 3 percentage point increase to 29% of all trips in 2023.

Why we travelled [NTS0403]

The most common trip purposes were:

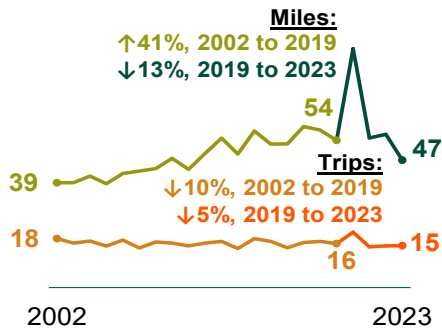


The most common trip purpose in 2023 was shopping, with 18% of journeys being made for this purpose. Journeys for the purpose of commuting took up 13% of the average person's trips in this year. 'Other including just walk' was the third most common trip purpose in 2023, accounting for 9% of all trips. These three were also the most popular purposes in the past four years. Similarly, in 2019 the two most common trip purposes were shopping and commuting, while the third most common trip purpose was personal business.

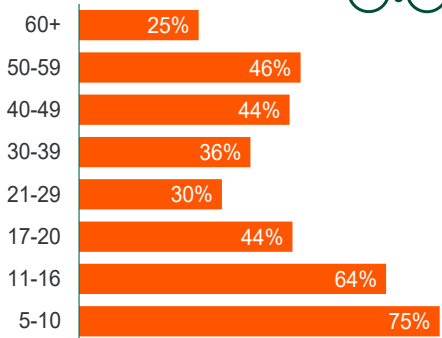


Cycling [NTS0303, NTS0608]

Average cycling trips and distance per year



People with access to a pedal cycle, by age



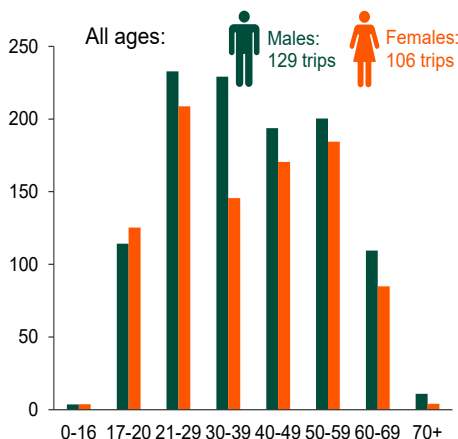
Sex [NTS0601, NTS0611]

Average trips and distance per person per year, by the sex of the respondent

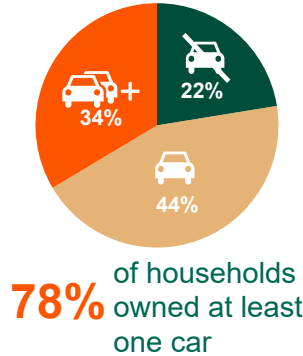


Distance (miles) **6,389** **5,576**

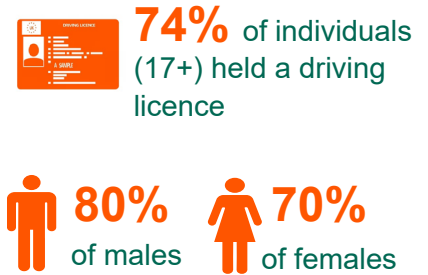
Commuting trips per person per year, by age and sex



Car ownership [NTS0205]



Licence holding [NTS0201]



In 2023, males made 6% fewer trips than females, but travelled 15% further. This is reflected in the type of trips made with males making an average of 129 commuting trips per person (a decrease of 20% on 2019), while females made an average of 106 commuting trips per person (a decrease of 11% on 2019).

In 2023, 74% of English residents aged 17 and over held a driving licence. Around 80% of males and 70% of females held a licence. For males, this percentage is unchanged since 2002, but for females, driving licence holding has increased by 8 percentage points in the same period.

Looking at households in England, 78% own at least one car, an increase of 4 percentage points since 2002. In households which own at least one car or van, 65% of adult males are the main driver of a personal vehicle in their household, a figure which has remained unchanged since the 1990s. In comparison, 52% of adult females are the main driver of a personal vehicle in their household, an increase of 7 percentage points since 2002, and an increase of 39 percentage points since 1975.

Compared to 2019, before the coronavirus pandemic, in 2023 there was an increase in the percentage of walking trips to and from school that were made by children between the ages of 5 and 16. The percentage of car trips to and from school decreased for children aged 5 to 10 but increased for children aged 11 to 16.

Trips to and from school by main mode and age [NTS0613]

