



Department  
of Health &  
Social Care



**We want to make  
some changes.**

**Tell us what you think!**

# About the Care Quality Commission



## The Care Quality Commission

checks the standard of health and social care services in England. They are called **CQC** for short.



Most organisations who give people health or social care must be on CQC's list called a **register**. CQC maintains this register to make sure the care people receive is safe. This is the law.



This means places like:

- hospitals
- GP surgeries
- dentists
- care homes
- care in people's own homes.

# What CQC does



CQC checks every organisation on its list to see that people are getting care which is:



- safe
- respectful
- well run.

CQC does this by:



- collecting information
- visiting
- writing reports.

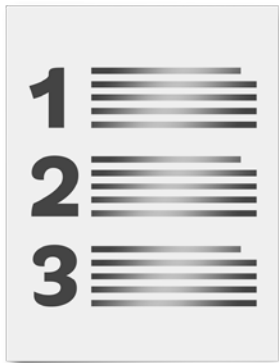
# What this consultation is about



A **consultation** is when we ask questions to find out what people think of a change.

This consultation is about **3** changes:

1. Replacing the end date of the regulations with a review date
2. Healthcare at sports events and cultural events if someone gets hurt
3. Reporting when someone with a learning disability is restrained



**Restrained** means you are held by force. This can be physical or happen in other ways.



# Telling us what you think



This booklet includes information about the changes.



You can tell us what you think by filling out the online questionnaire:

<https://www.gov.uk/government/consultations/changes-to-rules-the-care-quality-commission-easy-read>



Please get back to us by **27 September 2024**



If are unable to use the online survey please email:

[2014Regulations@dhsc.gov.uk](mailto:2014Regulations@dhsc.gov.uk)

# Reviewing regulations



We use a set of rules, called **regulations**. Registered health and care organisations must **follow these rules**.

The rules are due to expire. Their end date is in **March 2025**.



We want to review the regulations every **5 years** instead of having an end date.

We will ask you some questions about what you think about this change.

# Questions about changing the rules date

Do you think we should review our rules every 5 years instead of having an end date?



- Yes
- No
- I'm not sure

Or are there any other choices?  
For example, you can: (put a tick in the box that suits you best)



Make the end date longer by **3 years**



Make the end date longer by **5 years**

Something else

# Questions about the rules date

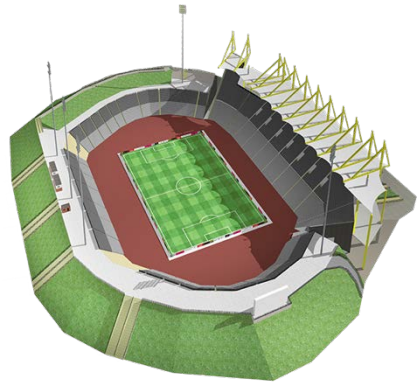
Please say more about your answer  
in the box





# Healthcare at sports and cultural events

Some organisations give healthcare to people at **sports venues and sports and cultural events**. For example, organisations, such as St John Ambulance.



These organisations help people who have hurt themselves or are ill at sports venues, sports events and cultural events, such as carnivals.



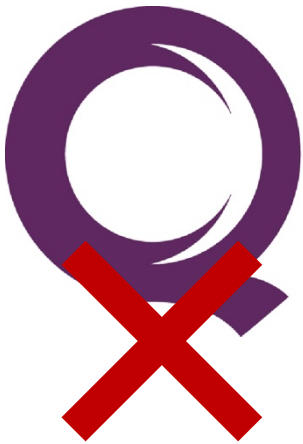
These could be at regular events like football matches, or temporary ones such as a music festival.

But poor care has led to injuries, illness, abuse and even death at sporting events.

# What happens now



Care providers at sporting events do not have to register with **CQC**.



They do not have to follow the rules and CQC does not check that care is safe.

# Healthcare at sports and cultural events



We want organisations who give people care at sporting events to be **regulated**.



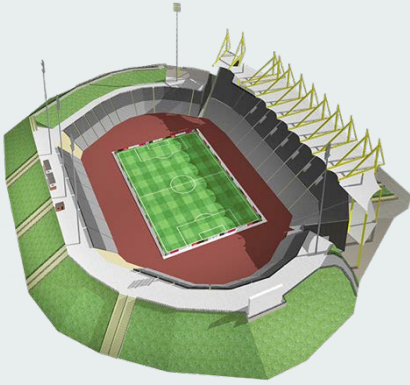
This means they will have to register with **CQC**.

They will have to follow the rules.



They will be fully checked for safety. CQC will publish reports about the quality of their care.

# Questions about healthcare at sport and cultural events



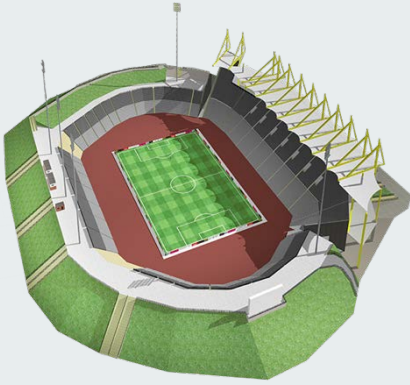
**Should organisations who give healthcare at sports venues and cultural events register with CQC?**

- Yes
- No
- I'm not sure

**Please tell us more about your answer in the box**



# Questions about healthcare at sport and cultural events



**Should organisations who give healthcare at temporary sports venues and sports and cultural events register with CQC?**

- Yes
- No
- I'm not sure

**Please tell us more about your answer in the box**



# Questions about healthcare at sports and cultural events



**Do you think our plans will make it more difficult for organisations to provide help to people who become injured or unwell at sports events?**

- Yes
- No
- I'm not sure

**Please tell us more about your answer in the box**



# What restraint is



Restraint should only ever be used to keep a person or other people safe. Only when everything else has been tried. It should not be used often.

**Restraint** can mean:



- physically holding someone to stop them moving
- giving them medication to calm them down
- keeping them apart from other people – this is called being **segregated.**



# Reporting restraint

This is for **all** people, not only people with learning disabilities and autistic people.



**Why do we want to make this change?** - we want CQC to be told when someone is being restrained or segregated in a mental health hospital.

This is so CQC can take action quickly to protect the person and other people being restrained too much or for the wrong reasons.



We want all **restraint** and **segregation** to be reported to CQC within **72 hours**.

**72 hours**



# Questions about restraint

Do you think all use of restraint as we have described should be reported to CQC?



- Yes
- No
- I'm not sure

Please tell us more about your answer in the box



# Questions about restraint



**Do you agree or disagree with the plan that the new rules should apply to all patients in mental health hospitals?**

- I agree
- I disagree
- I'm not sure

**Please tell us more about your answer in the box**





**72 hours**

## Questions about restraint

**Do you think mental health hospitals should report information to CQC within 72 hours?**

- Yes
- No
- I'm not sure

**Please tell us ways we can help mental health hospitals do this**



# Questions about restraint

**Do you think the change will affect mental health hospitals that have to follow CQC's rules?**

Yes

No

I'm not sure

**Please tell us ways we can help mental health hospitals do this**



# Treating everyone in a good and fair way



We want to treat everyone in a good and fair way.

We don't think these changes will harm anyone because of their:



- disability
- sex
- gender change
- age
- sexual orientation
- religion or belief
- race
- pregnancy or maternity
- marriage or civil partnership



We think the changes will make everyone safer.

**Please write down anything else you want to tell us in the box**

A large, empty rectangular box with a black border, intended for the user to write their additional comments or feedback.

# How we look after your information and what you tell us



When you answer our questions, you should not include any personal information in your answers.



Personal information is things like your name, address or phone number.



There is more information about how we look after your answers in our Privacy Notice.

The notice is on our website:

<http://www.gov.uk/government/publications/dhsc-privacy-notice>



It is not in easy read.