



UK Health
Security
Agency

NHS

A guide to measles for visitors to **Immigration Removal Centres (IRCs)**

Measles is circulating, it's very infectious and can make you very ill if you catch it. It's especially serious if you are pregnant, have a weak immune system or for children under 1 year of age.

The number of people catching measles has risen. It's never too late to be vaccinated.

You need 2 doses of the measles, mumps, rubella (MMR) vaccine to be fully protected against measles, mumps and rubella.

If you are worried about you or your child's symptoms, please call NHS 111 or your GP practice.

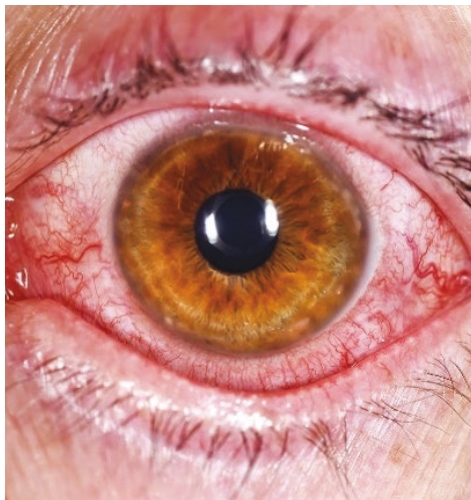


Scan the QR code to access flyers in a number of languages on general information on measles.



If you think you have measles, you should try to call your GP or NHS 111 before visiting them in person. This is to **AVOID SPREADING MEASLES** to others.

Measles symptoms include: a high temperature; a runny or blocked nose; sneezing; a cough; red, sore, watery eyes; a blotchy red brown rash, which usually appears after the initial symptoms.



For more information contact your local GP practice or visit:
www.nhs.uk/mmr