

## NATIONAL PHYSICAL ACTIVITY TASKFORCE

Monday 25 March, 1400 - 1500

100 Parliament Street

NPAT Members	Rotating Members	
<p><b>Independent representatives</b></p> <ul style="list-style-type: none"> <li>● Ugo Monye (co-chair)</li> <li>● Daley Thompson CBE</li> <li>● Sir Michael Barber</li> <li>● Jill Scott MBE</li> </ul> <p><b>Government</b></p> <ul style="list-style-type: none"> <li>● The Rt Hon Lucy Frazer KC MP Secretary of State for Culture, Media and Sport</li> <li>● The Rt Hon Stuart Andrew MP, Minister for Sport, Gambling and Civil Society</li> <li>● The Rt Hon Damian Hinds MP, Minister for Schools</li> <li>● Guy Opperman MP, Minister for Roads and Local Transport</li> <li>● Deputy Chief Medical Officer, Dr Jeanelle de Gruchy</li> </ul> <p><b>Arm's Length Bodies</b></p> <ul style="list-style-type: none"> <li>● Tim Hollingsworth OBE, CEO of Sport England</li> <li>● Chris Boardman MBE, National Active Travel Commissioner and Chair of Sport England</li> <li>● Danny Williams, CEO, Active Travel England</li> </ul> <p><b>Local Government Association</b></p> <ul style="list-style-type: none"> <li>● Councillor Liz Green, Chair of the Culture, Tourism and Sport Board</li> </ul> <p><b>Active Partnerships</b></p> <ul style="list-style-type: none"> <li>● Andy Taylor, CEO Active Partnerships</li> </ul>	<p><b>National Governing Bodies</b></p> <ul style="list-style-type: none"> <li>● Scott Lloyd, CEO, LTA</li> </ul> <p><b>National Sector Partnerships Group (NSPG)</b></p> <ul style="list-style-type: none"> <li>● Ali Oliver, CEO, Youth Sport Trust</li> </ul>	
	<b>Invited attendees</b>	
		<ul style="list-style-type: none"> <li>● Mark Lawrie, CEO, Street Games</li> </ul>
		<b>Government Officials</b>
		<p><b>Department for Levelling Up, Housing and Communities</b></p> <ul style="list-style-type: none"> <li>● Will Garton, Director General, Department for Levelling Up, Housing and Communities</li> </ul> <p><b>Department for Education</b></p> <ul style="list-style-type: none"> <li>● Matthew Hopkinson, Deputy Director, for Life Skills</li> </ul> <p><b>Department for Transport</b></p> <ul style="list-style-type: none"> <li>● Dr Kevin Golding-Williams, Head of Active Travel Policy</li> </ul> <p><b>Department for Environment, Food &amp; Rural Affairs</b></p> <ul style="list-style-type: none"> <li>● Sion McGeever, Deputy Director for Access, Landscapes, Peatland and Soil</li> </ul> <p><b>Department for Culture, Media and Sport</b></p> <ul style="list-style-type: none"> <li>● Ben Dean, Director, Sport and Gambling</li> <li>● Sian Joseph, Head of Sport</li> <li>● Simon Mason, Head of Sport Strategy</li> <li>● Alex Wilkinson, Deputy Director, Analysis</li> </ul>
	<b>Apologies</b>	
<ul style="list-style-type: none"> <li>● Dame Katherine Grainger, Chair, UK Sport</li> <li>● Rebecca Pow MP, Minister for Nature, Defra</li> <li>● The Rt Hon Andrea Leadsom MP, Minister for Public Health, Start for Life and Primary Care</li> </ul>	<b>NPAT Secretariat</b>	
	<ul style="list-style-type: none"> <li>● Juliette Inverdale, Head of Sport Participation, DCMS</li> <li>● Christina Barningham, Sport and Physical Accessibility Lead, DCMS</li> </ul>	

## **Actions**

- DCMS to convene a cross department working group with senior representatives from DEFRA, DHSC, DfE and DfT to discuss coordination of funding and efficacy of outcomes on sport and physical activity. By 17 May.
- Sport England to work with major National Governing Bodies (NGBs) to submit a paper setting out the ambitions for how they will get more children and young people active, including targets and dates for extending their reach. By 10 May.
- DfT, with support from Active Travel England, to submit a paper to the NPAT on the opportunities and the investment being made by DfT and ATE, to enable increased levels of physical activity through partnership working across Government and with sectoral partners. By 17 May.
- DLUHC, with support from the Local Government Association, to submit a paper to NPAT which sets out recommendations for how place based investment can drive physical activity. By 17 May.
- Sport England to propose how the frequency of Activity Check-Ins can be increased. By 10 May.
- DEFRA to submit a paper to the NPAT which reports on progress on the Government's target for everyone to live within a 15 minute walk of a green or blue space and recommendations for what more can be done to promote health outcomes and active environments. By 17 May.
- DHSC to deliver a roundtable with the support of DEFRA on Green Social Prescribing. By September.
- DHSC, with the support of DEFRA, to provide an update to the NPAT on actions and recommendations of how nature-based interventions are being prescribed and what more can be done to improve mental and physical health. By September.

## **Main points raised**

### **Introductory remarks from co-chairs**

1. The Secretary of State for DCMS (LF) welcomed members to the third meeting of the National Physical Activity Taskforce (NPAT).

### **Key NPAT Milestones**

2. The Minister for Sport set out the progress made since the launch of the NPAT in improving cross government and sector connections; driving up the quality of school sport; strengthening the integrity of the sector; tackling disparities in participation; making facilities accessible and inclusive and improving sector sustainability.
3. DCMS paper on the barriers that prevent children and young people from being physically active is cleared for publication.

### **Department for Education update on PE and sport in schools**

4. Presentation from Minister Hinds on the key factors that affect how schools design and deliver PE and sport provision to meet the needs of their pupils. See accompanying DfE paper for further background on PE and sport in schools.

### **Promoting Chief Medical Officer (CMO) physical activity guidelines in under 5s**

5. Presentation from Deputy Chief Medical Officer, Dr Jeanelle de Gruchy on the importance of Government meeting its shared health ambition on the UK CMOs' physical activity guidelines in under 5s - covering infants, toddlers and preschoolers - for achieving good health across the life course. See accompanying paper.
6. Recommendations set out in the DHSC policy paper are supported in principle.

### **The role of NGBs in getting young people active**

7. Sport England CEO, Tim Hollingsworth, offered an overview of the gaps and opportunities of the current NGB provision for children and young people (CYP).
8. LF encouraged the LTA to work with other NGBs to explore where they can strengthen their work to improve their CYP offer.

### **Taskforce member discussion**

The following points were raised by NPAT members:

1. Co-chair Ugo Monye (UM) outlined the importance of connecting clubs with schools to improve activity rates for CYP. UM opened the floor to consolidate taskforce member actions.
2. The Local Government Association raised the importance of including local government in NPAT place-based policy discussions.
3. NPAT members agreed on the importance of continued collaboration and coordination between government departments, agencies and the sector.
4. Jill Scott (JS) highlighted the importance of accessible sports facilities and the necessity of choice to ensure children have options. JS noted the importance of not forgetting those that fall through the gaps and those that do not attend traditional sport settings.
5. Active Partnerships noted the risk of a reduction of the sport sector workforce due to an uncertain funding landscape.
6. The Youth Sport Trust commented on the need to scrutinise value for money in existing projects to ensure we are achieving best outcomes.
7. Daley Thompson urged the group to consider affordability of all physical activity offers to ensure those in lower socioeconomic groups have the opportunity to participate.

### **AOB and closing remarks**

8. LF thanked the group for their commitments and agreed to shape the next agenda on the basis of NPAT actions delivered in the next three months. The taskforce will reconvene in June.