

GP in Hours Syndromic Surveillance System Bulletin (England)2024 Week 14

Key messages

Data reported to: 5 April 2024

During week 14, GP in-hours consultations for upper respiratory tract infections continued to decrease but they remain above seasonally expected levels. Lower respiratory tract infections were stable overall however increases were noted in the 65+ years age group while the 5-14 years decreased. Pneumonia consultations were stable but above expected levels. Pharyngitis and scarlet fever consultations both decreased, particularly in children. Whooping cough and measles consultations remain above seasonally expected levels. Please note, week 14 contains a public holiday (Monday 1 April) when GP in-hours services are not routinely available.

Syndromic indicators at a glance

Table 1: The current trend (based on previous weeks, not only the current week) and the level (compared to the expected baseline), of each indicator included in this bulletin.

Indicator	Trend ¹	Level
COVID-19-like (Figure 1)	No trend	No baseline
Upper respiratory tract infections (Figure 2)	Decreasing	Above baseline
Influenza-like illness (Figure 3)	Decreasing	Similar to baseline
Pharyngitis (Figure 4)	Decreasing	Similar to baseline
Scarlet fever (Figure 5)	Decreasing	Below baseline
Lower respiratory tract infections (Figure 6)	No trend	Above baseline
Pneumonia (Figure 7)	No trend	Above baseline
Bronchiolitis (Figure 8)	No trend	Above baseline
Acute bronchitis (Figure 9)	Increasing	Above baseline
Acute presenting asthma (Figure 10)	No trend	Above baseline
Gastroenteritis (Figure 11)	No trend	Above baseline
Diarrhoea (Figure 12)	No trend	Above baseline
Vomiting (Figure 13)	Decreasing	Above baseline
Measles (Figure 14)	No trend	Above baseline
Mumps (Figure 15)	No trend	Below baseline
Whooping cough (Figure 16)	Increasing	Above baseline
Cellulitis (Figure 17)	Increasing	Above baseline
Chickenpox (Figure 18)	No trend	Below baseline
Herpes zoster (Figure 19)	No trend	Similar to baseline
Impetigo (Figure 20)	No trend	Below baseline
Conjunctivitis (Figure 21)	Decreasing	Below baseline

¹ trend reports on the trend seen over most recent and earlier weeks

System coverage

Table 2: The number of GP practices, and number of registered patients included in surveillance during the most recent week.

Year	Week	GP practices reporting ¹	GP practice type	Registered patients ¹
2024	14	1859	Combined	19 million
2024	14	655	TPP	7 million
2024	14	1204	Orchid	12 million

¹ based on the average number of practices and registered patient population in the reporting week (Monday-Friday).

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About this syndromic surveillance system

This bulletin presents data from the UK Health Security Agency (UKHSA) GP in hours Syndromic Surveillance System.

Syndromic surveillance can be used to:

- assess current trends
- assess current trends and levels compared to historical baselines
- compare trends between age groups/areas

Syndromic surveillance should not be used to:

- estimate total burden or number of 'cases' of a condition (see Notes and caveats)
- compare levels between age groups/areas

Fully anonymised, daily GP in hours data from two sources, TPP and ORCHID (Oxford and Royal College of General Practitioners Clinical Informatics Digital Hub), are analysed and reported here, to identify and describe trends for a variety of syndromic indicators:

- syndromic indicators include groupings such as upper respiratory tract infections, acute presenting asthma and gastroenteritis
- syndromic indicators are based on:
 - o diagnoses recorded during GP in hours patient consultations
 - diagnoses are based on signs/symptoms and may not be laboratory confirmed
- **Key messages** describes any notable trends nationally (England), by age group and/or by geographical area (based on UKHSA Regions)
- the full list of syndromic indicators reported here, along with their current level and trend, are summarised in Table 1
- charts are provided for each syndromic indicator, on a national basis, by age group and by geographical area (UKHSA Region). Each chart includes a year of data with:
 - 7-day moving averages (adjusted for weekends and bank holidays) to aid in the identification of trend
 - statistical baselines (where available) to aid in the assessment of level compared to historical expectations
 - o denominators vary for individual indicators, and are provided in Table 2

For further information please see the **Notes and caveats** section.

Previous weekly bulletins from this system are available here.

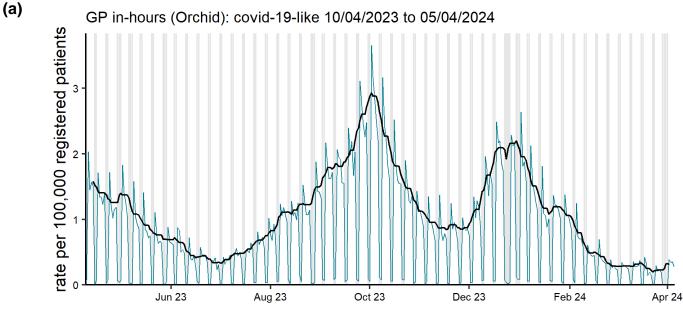
Data quality issues of note this week

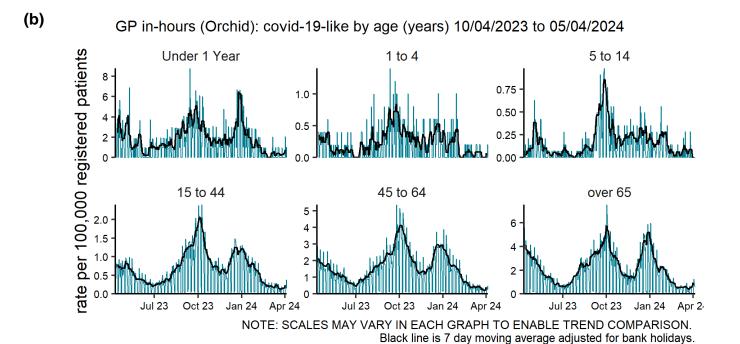
No issues identified.

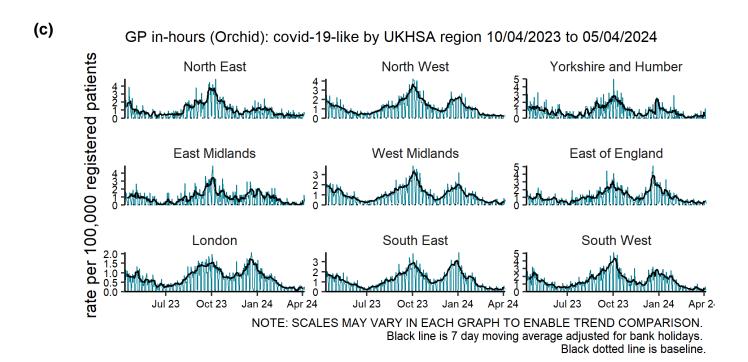
Respiratory conditions

COVID-19-like

Figure 1: Daily incidence rate per 100,000 population (and 7-day moving average adjusted for bank holidays) for COVID-19-like GP in hours consultations, England (a) nationally, (b) by age and (c) by UKHSA Region.

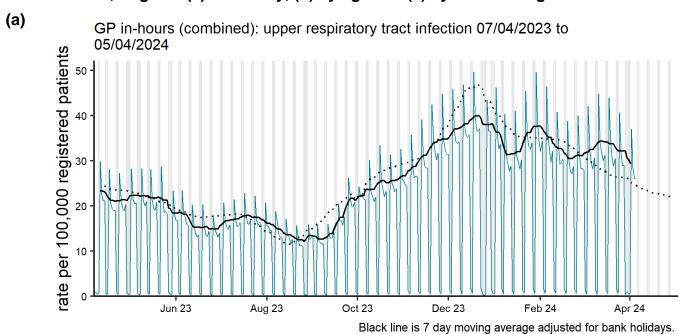




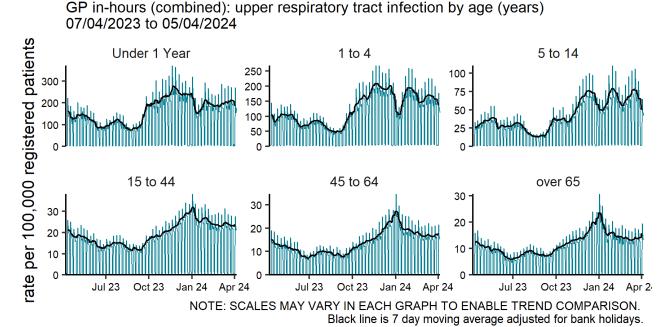


Upper respiratory tract infections

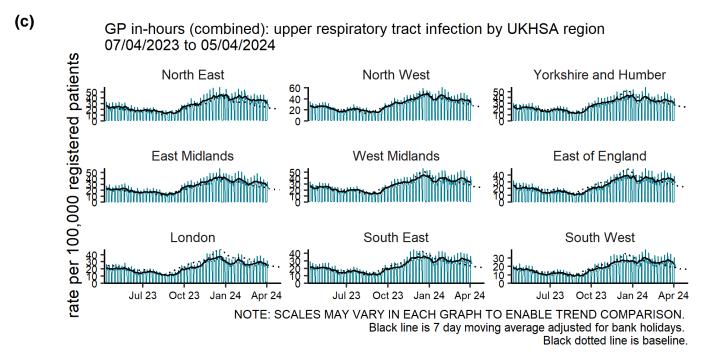
Figure 2: Daily incidence rate per 100,000 population (and 7-day moving average adjusted for bank holidays) for upper respiratory tract infections GP in hours consultations, England (a) nationally, (b) by age and (c) by UKHSA Region.



(b) GP in-hours (combined): upper respiratory tract infection by age (years)

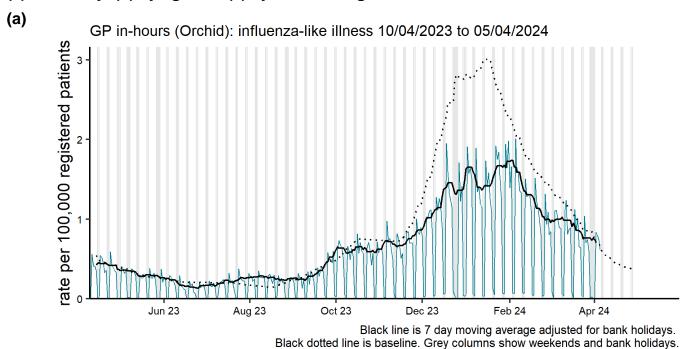


Black dotted line is baseline. Grey columns show weekends and bank holidays.



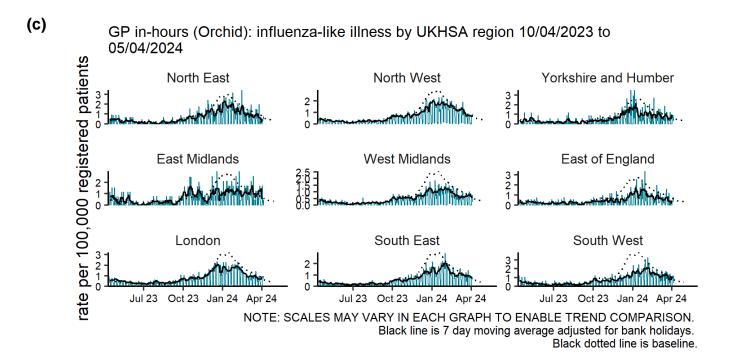
Influenza-like illness

Figure 3: Daily incidence rate per 100,000 population (and 7-day moving average adjusted for bank holidays) for influenza-like illness GP in hours consultations, England (a) nationally, (b) by age and (c) by UKHSA Region.



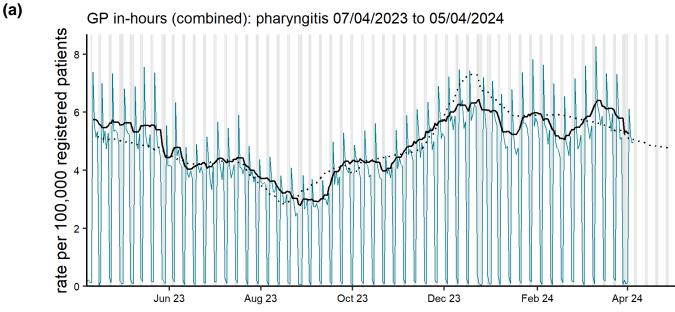
(b) GP in-hours (Orchid): influenza-like illness by age (years) 10/04/2023 to 05/04/2024 rate per 100,000 registered patients Under 1 Year 1 to 4 5 to 14 1.5 1.0 0.5 0.0 15 to 44 45 to 64 over 65 2.0 2.0 1.5 1.5 1.0 1.0 0.5 0.5 0.0 Oct 23 Jan 24 Jul 23 Jul 23 Oct 23 Jan 24 Jul 23 Apr 24 Oct 23 Jan 24 NOTE: SCALES MAY VARY IN EACH GRAPH TO ENABLE TREND COMPARISON.

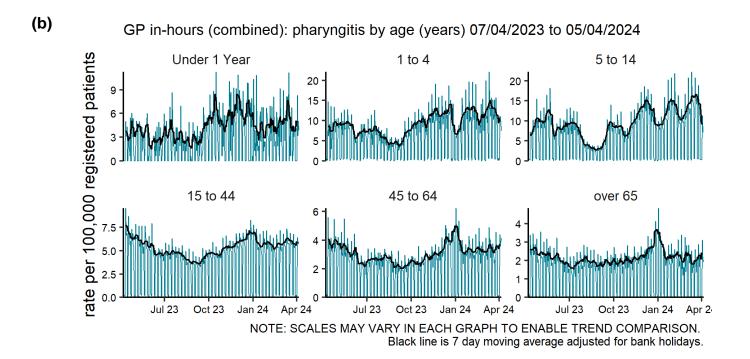
Black line is 7 day moving average adjusted for bank holidays.

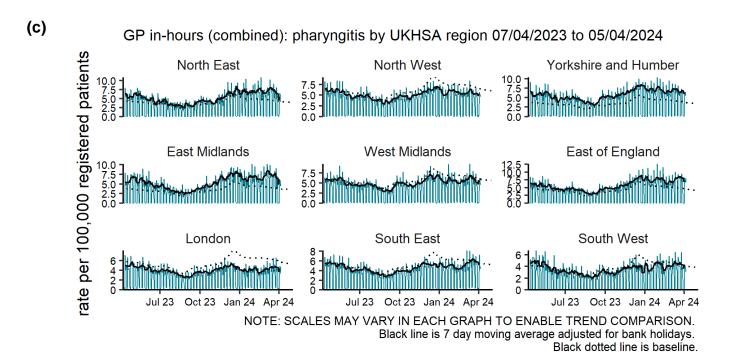


Pharyngitis

Figure 4: Daily incidence rate per 100,000 population (and 7-day moving average adjusted for bank holidays) for pharyngitis GP in hours consultations, England (a) nationally, (b) by age and (c) by UKHSA Region.

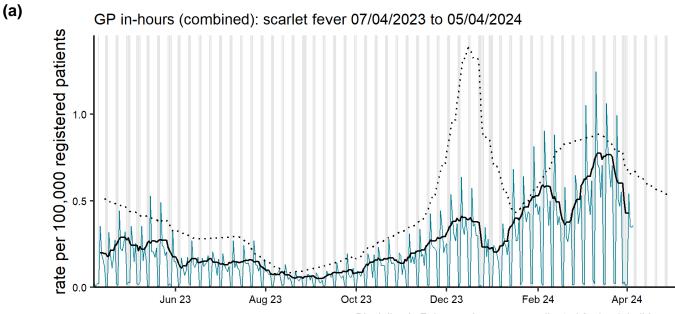


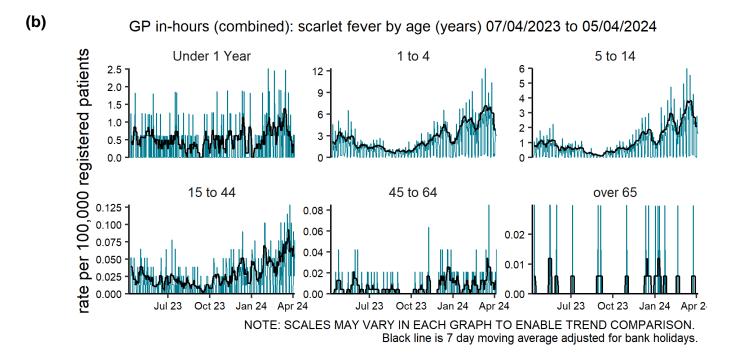


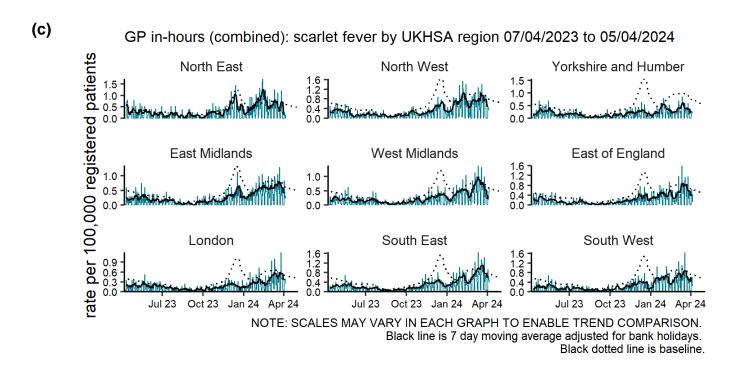


Scarlet fever

Figure 5: Daily incidence rate per 100,000 population (and 7-day moving average adjusted for bank holidays) for scarlet fever GP in hours consultations, England (a) nationally, (b) by age and (c) by UKHSA Region.

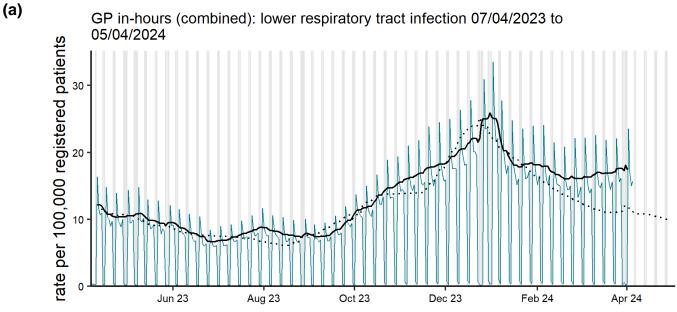


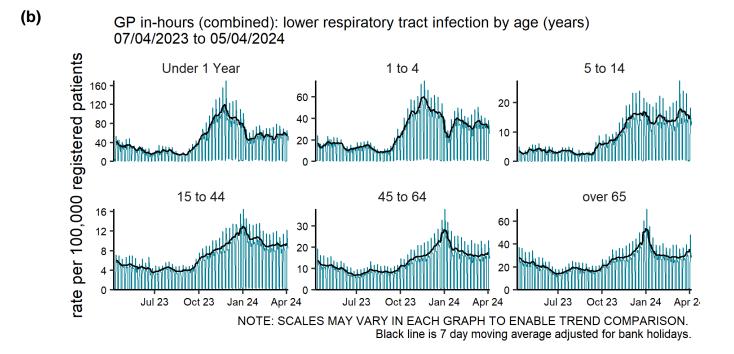


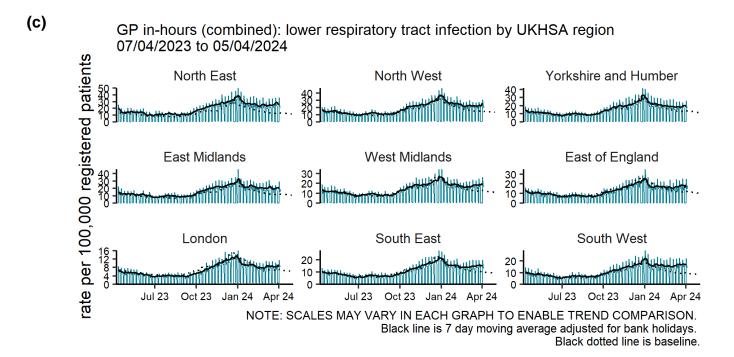


Lower respiratory tract infections

Figure 6: Daily incidence rate per 100,000 population (and 7-day moving average adjusted for bank holidays) for lower respiratory tract infections GP in hours consultations, England (a) nationally, (b) by age and (c) by UKHSA Region.

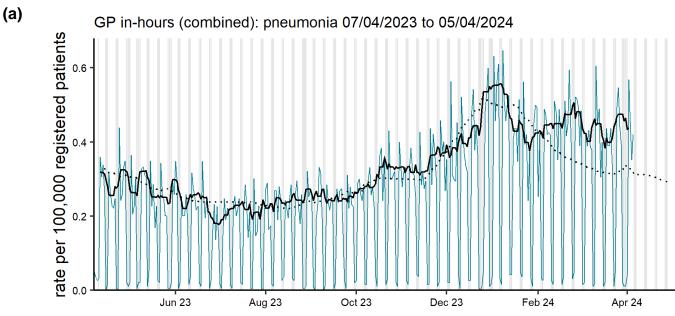


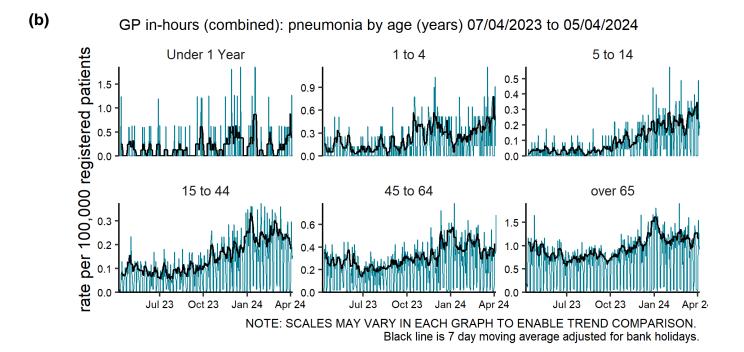


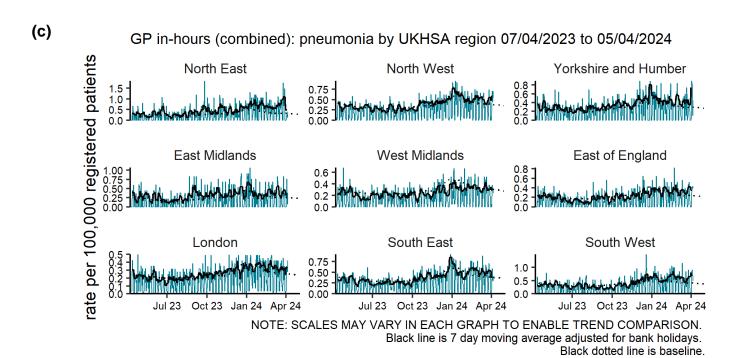


Pneumonia

Figure 7: Daily incidence rate per 100,000 population (and 7-day moving average adjusted for bank holidays) for pneumonia GP in hours consultations, England (a) nationally, (b) by age and (c) by UKHSA Region.

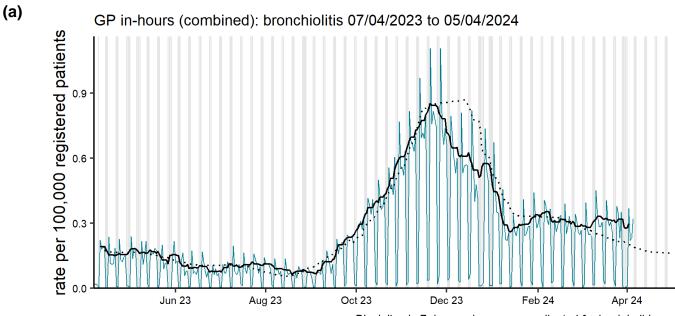


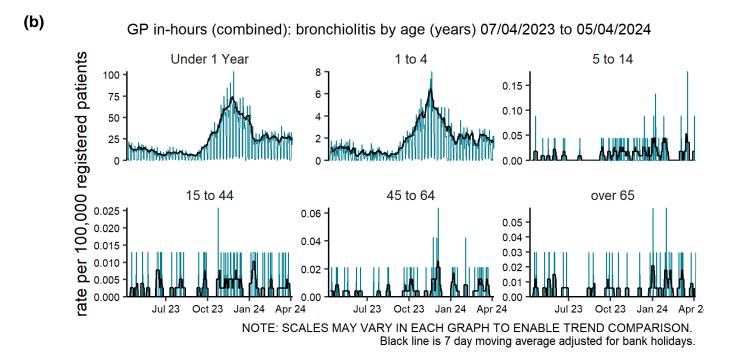


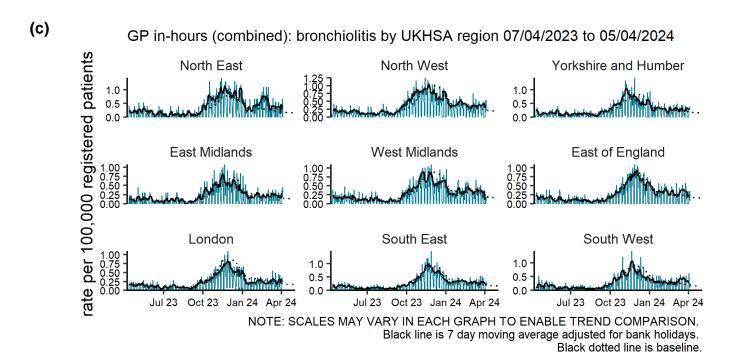


Bronchiolitis

Figure 8: Daily incidence rate per 100,000 population (and 7-day moving average adjusted for bank holidays) for bronchiolitis GP in hours consultations, England (a) nationally, (b) by age and (c) by UKHSA Region.

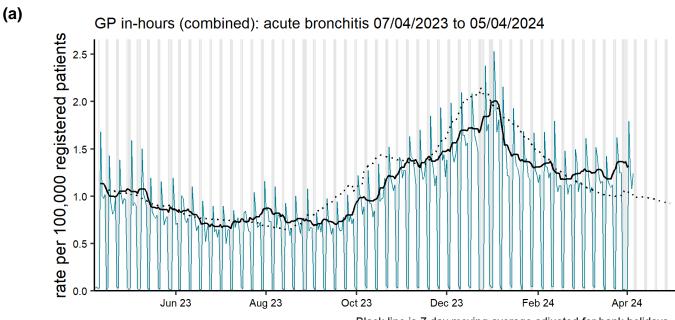


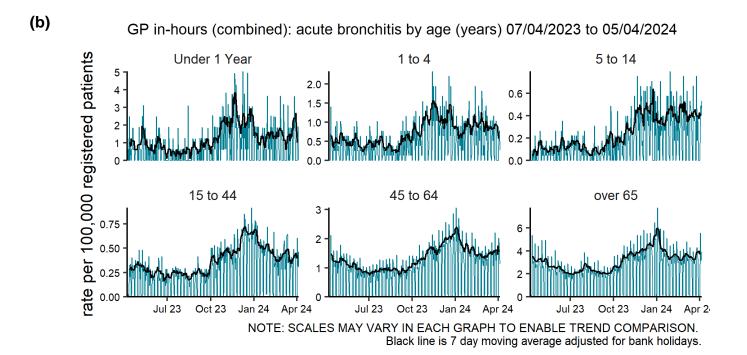


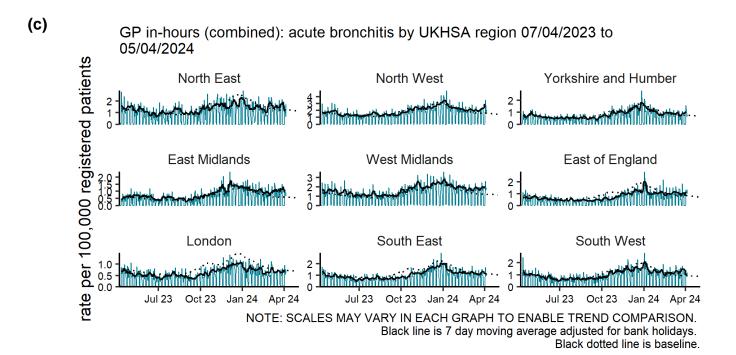


Acute bronchitis

Figure 9: Daily incidence rate per 100,000 population (and 7-day moving average adjusted for bank holidays) for acute bronchitis GP in hours consultations, England (a) nationally, (b) by age and (c) by UKHSA Region.

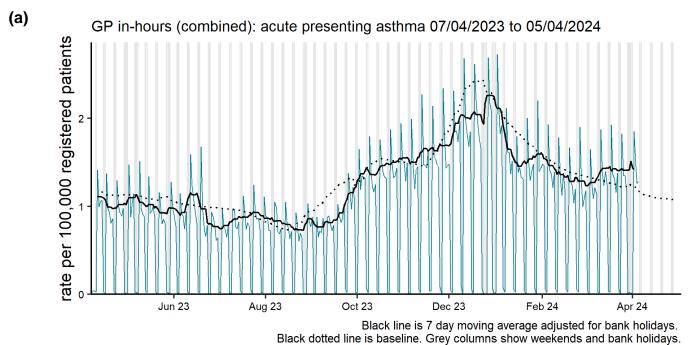




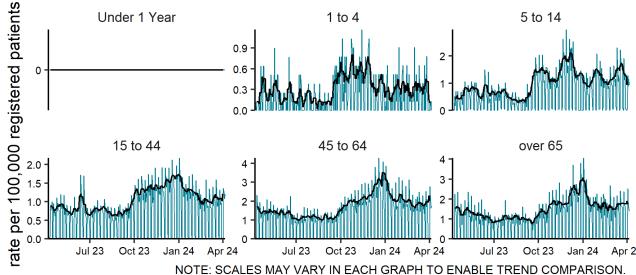


Acute presenting asthma

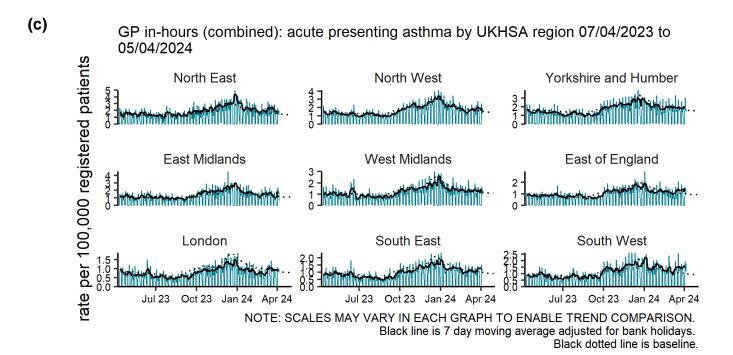
Figure 10: Daily incidence rate per 100,000 population (and 7-day moving average adjusted for bank holidays) for acute presenting asthma GP in hours consultations, England (a) nationally, (b) by age and (c) by UKHSA Region.



(b) GP in-hours (combined): acute presenting asthma by age (years) 07/04/2023 to 05/04/2024 Under 1 Year 1 to 4 5 to 14 0.9



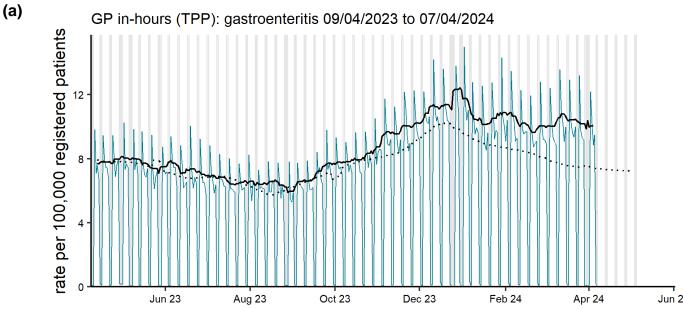
Black line is 7 day moving average adjusted for bank holidays.

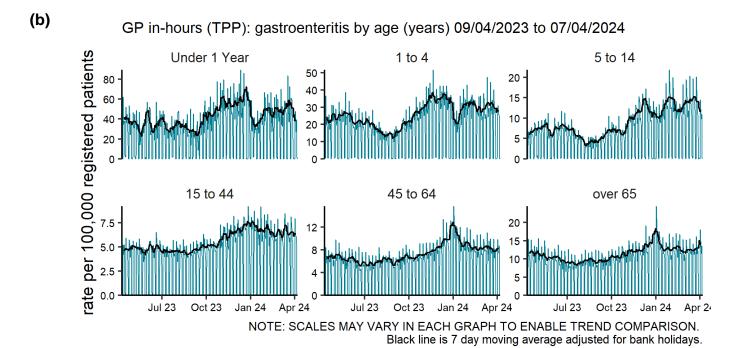


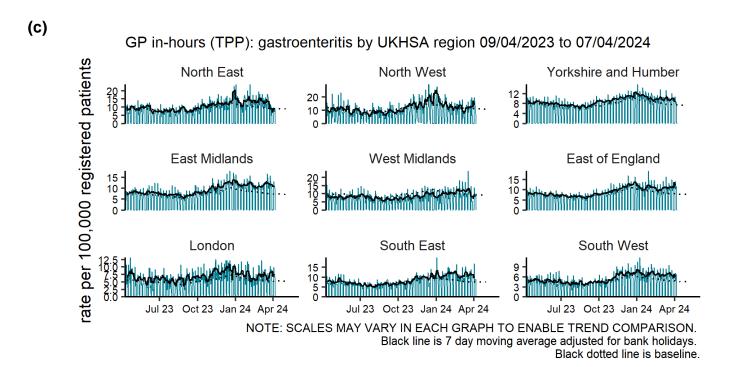
Gastrointestinal conditions

Gastroenteritis

Figure 11: Daily incidence rate per 100,000 population (and 7-day moving average adjusted for bank holidays) for gastroenteritis GP in hours consultations, England (a) nationally, (b) by age and (c) by UKHSA Region.

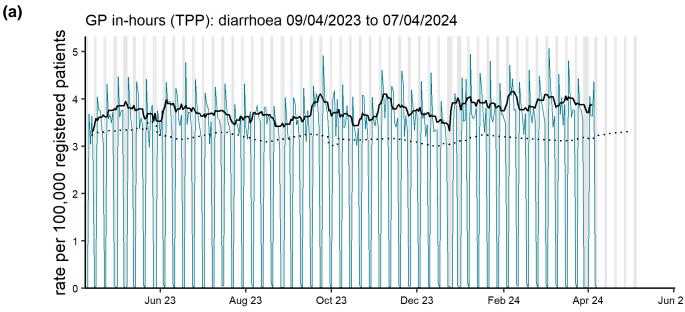


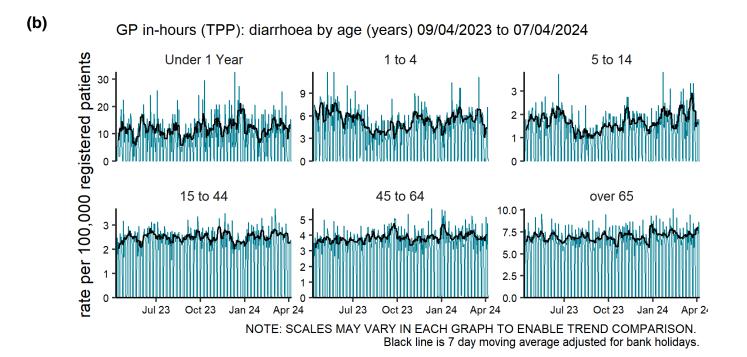


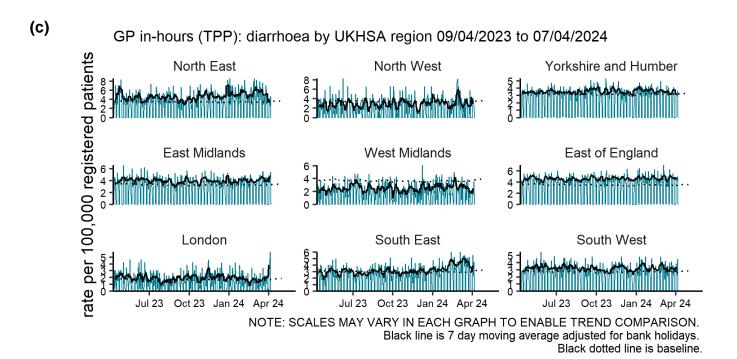


Diarrhoea

Figure 12: Daily incidence rate per 100,000 population (and 7-day moving average adjusted for bank holidays) for diarrhoea GP in hours consultations, England (a) nationally, (b) by age and (c) by UKHSA Region.

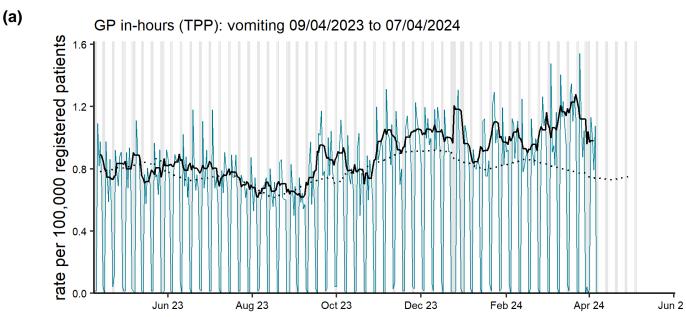


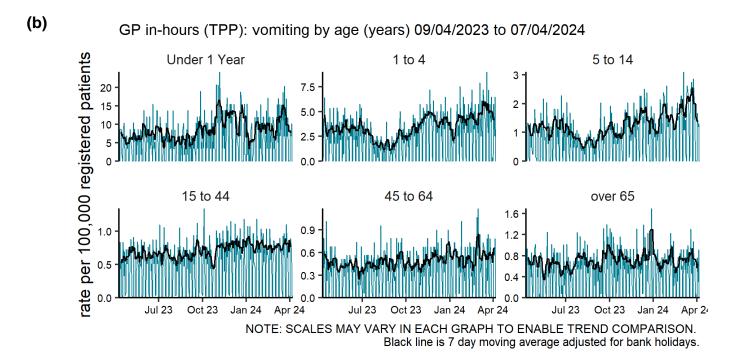


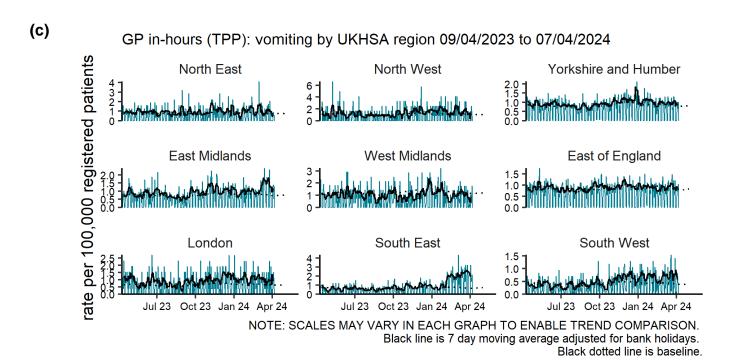


Vomiting

Figure 13: Daily incidence rate per 100,000 population (and 7-day moving average adjusted for bank holidays) for vomiting GP in hours consultations, England (a) nationally, (b) by age and (c) by UKHSA Region.



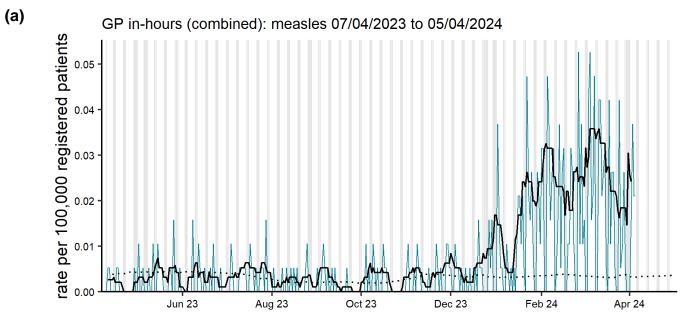




Vaccine preventable conditions

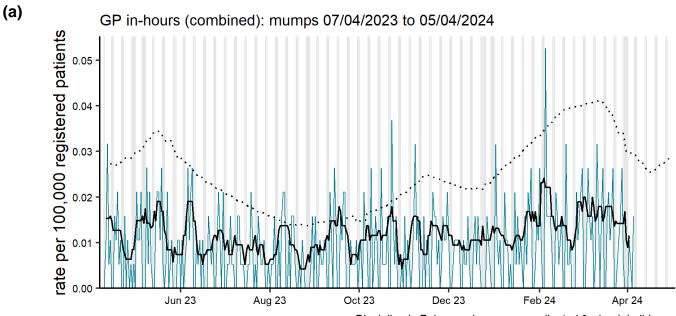
Measles

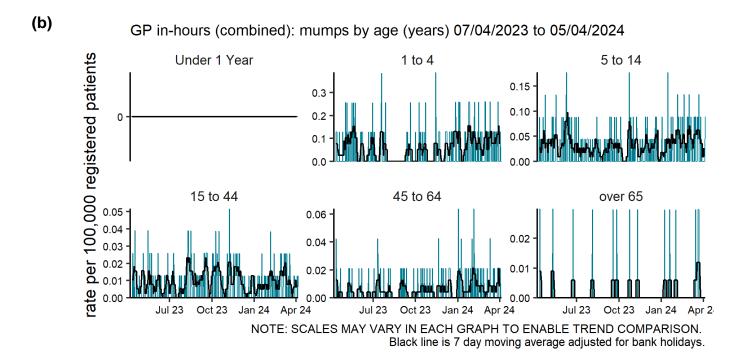
Figure 14: Daily incidence rate per 100,000 population (and 7-day moving average adjusted for bank holidays) for measles GP in hours consultations, England (a) nationally.

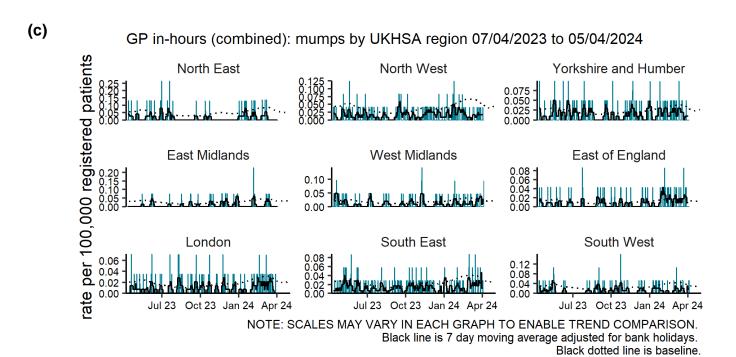


Mumps

Figure 15: Daily incidence rate per 100,000 population (and 7-day moving average adjusted for bank holidays) for mumps GP in hours consultations, England (a) nationally, (b) by age and (c) by UKHSA Region.

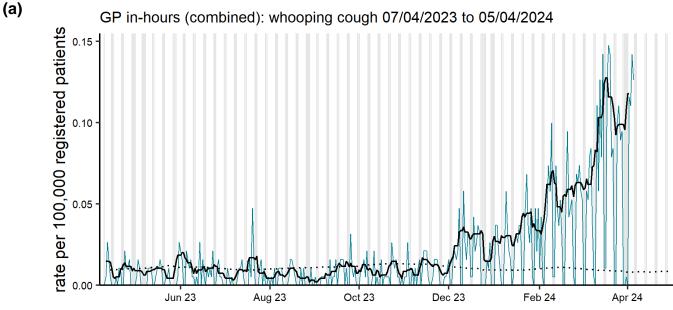


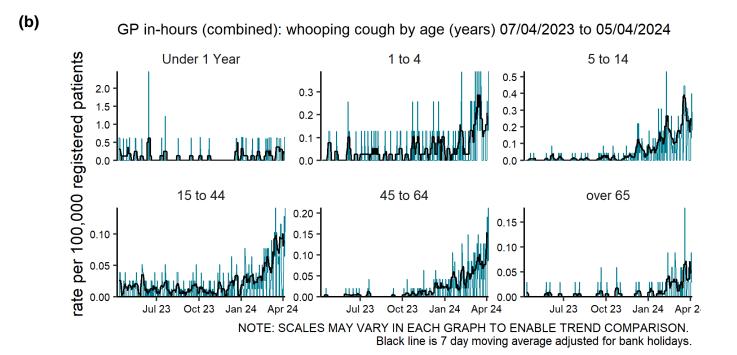


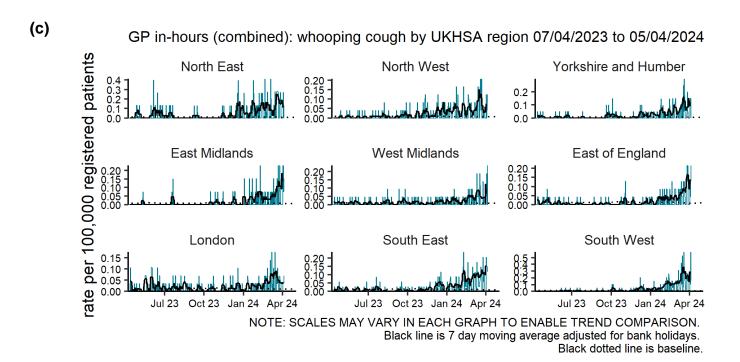


Whooping cough

Figure 16: Daily incidence rate per 100,000 population (and 7-day moving average adjusted for bank holidays) for whooping cough GP in hours consultations, England (a) nationally, (b) by age and (c) by UKHSA Region.



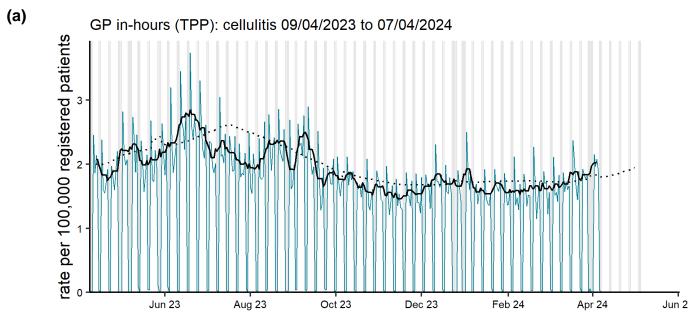




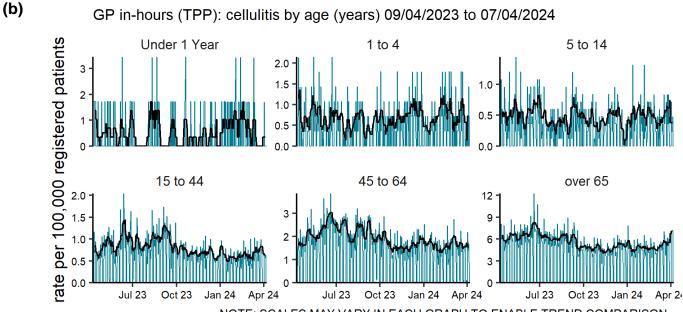
Skin conditions

Cellulitis

Figure 17: Daily incidence rate per 100,000 population (and 7-day moving average adjusted for bank holidays) for cellulitis GP in hours consultations, England (a) nationally, (b) by age and (c) by UKHSA Region.

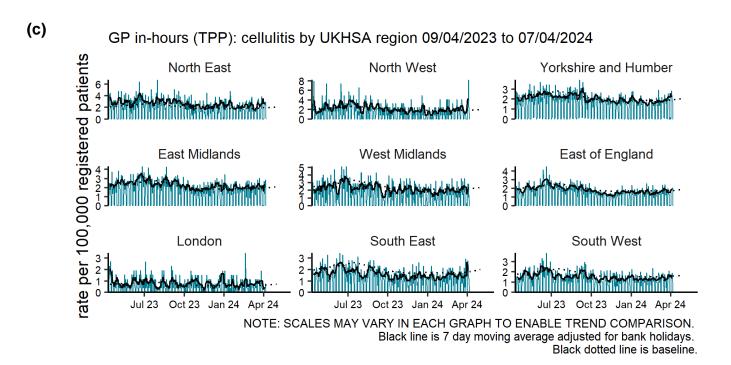


Black line is 7 day moving average adjusted for bank holidays. Black dotted line is baseline. Grey columns show weekends and bank holidays.



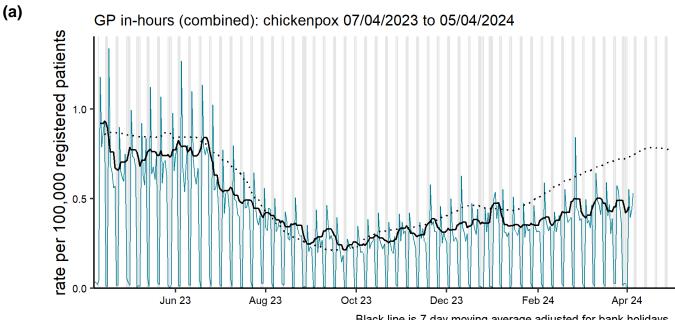
NOTE: SCALES MAY VARY IN EACH GRAPH TO ENABLE TREND COMPARISON.

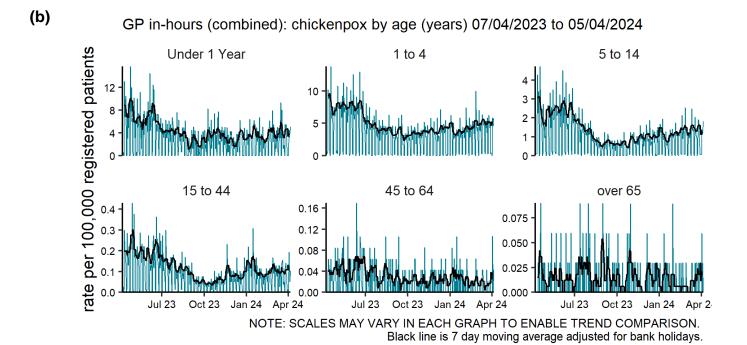
Black line is 7 day moving average adjusted for bank holidays.

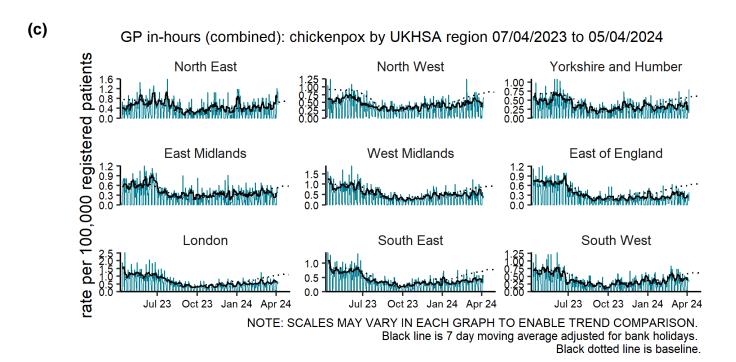


Chickenpox

Figure 18: Daily incidence rate per 100,000 population (and 7-day moving average adjusted for bank holidays) for chicken pox GP in hours consultations, England (a) nationally, (b) by age and (c) by UKHSA Region.

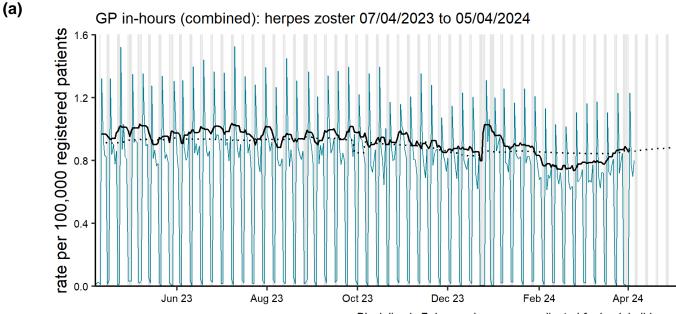


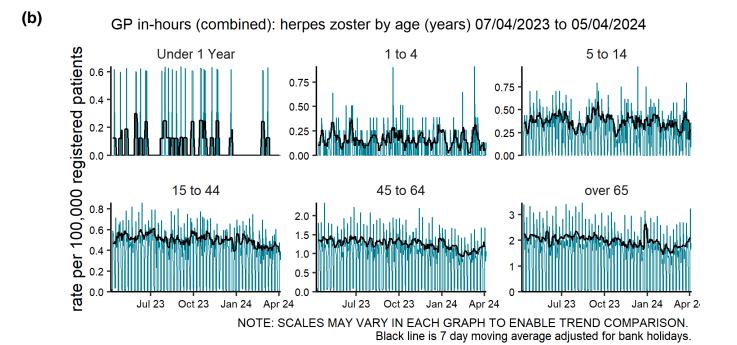


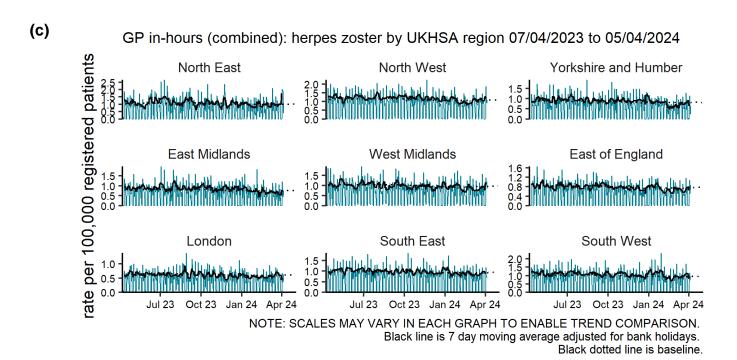


Herpes zoster

Figure 19: Daily incidence rate per 100,000 population (and 7-day moving average adjusted for bank holidays) for herpes zoster GP in hours consultations, England (a) nationally, (b) by age and (c) by UKHSA Region.

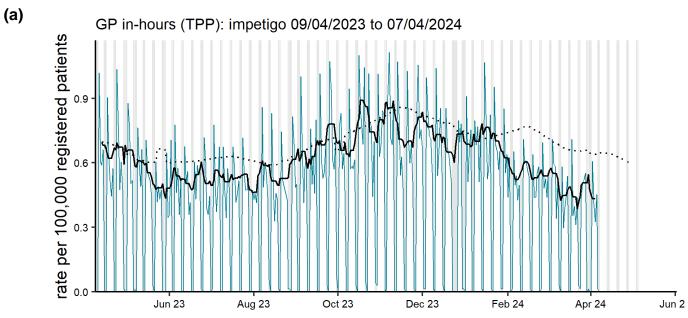


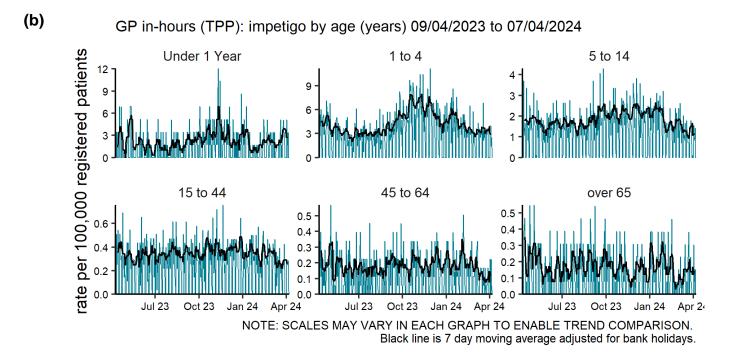


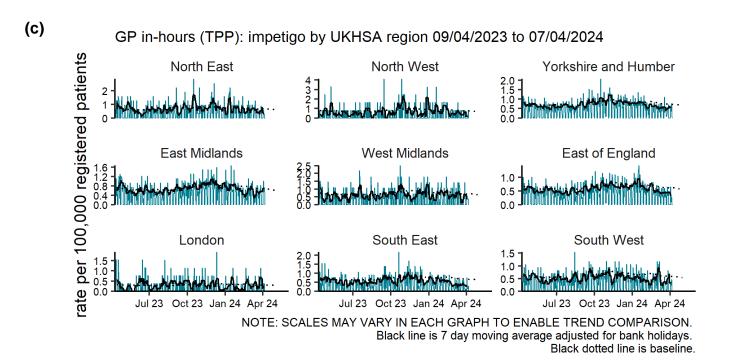


Impetigo

Figure 20: Daily incidence rate per 100,000 population (and 7-day moving average adjusted for bank holidays) for impetigo GP in hours consultations, England (a) nationally, (b) by age and (c) by UKHSA Region.







Seasonal environmental conditions

UKHSA and the Met Office operate a weather-health alert system that includes both heat and cold weather alert periods. Syndromic indicators are used to monitor the impact of both extreme hot and cold weather in England during these periods and will be included below (where an appropriate syndromic indicator is available).

Cold weather alert period: 1 November to 31 March

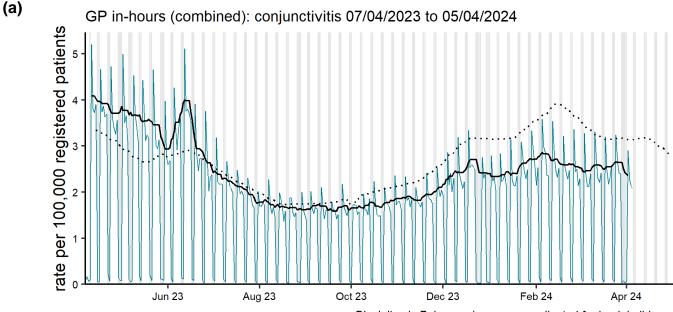
Heat-Health Alert period: 1 June to 30 September

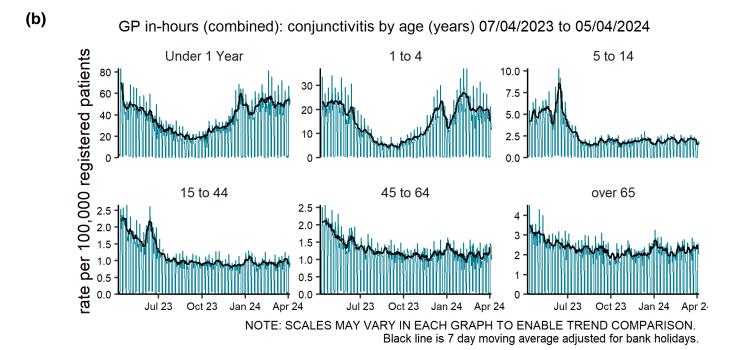
Highest weather alert level during the current reporting week:

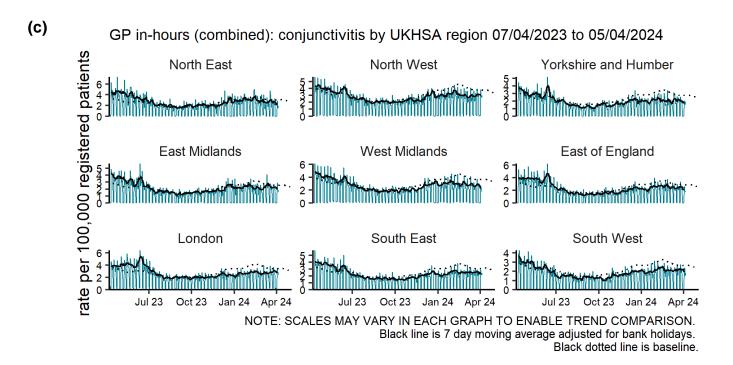
No alerts issued

Conjunctivitis

Figure 21: Daily incidence rate per 100,000 population (and 7-day moving average adjusted for bank holidays) for conjunctivitis GP in hours consultations, England (a) nationally, (b) by age and (c) by UKHSA Region.







Notes and caveats

The following additional caveats apply to the UKHSA GP in hours syndromic surveillance system:

- all syndromic trends should be interpreted with caution due to changes in national advice and guidance regarding access to health care services as well as updates and changes to service provision during the COVID-19 pandemic
- the data presented are based on a sentinel syndromic surveillance system:
 - o not all GP practices in England are included
 - data is included from two sources, TPP and ORCHID (Oxford and Royal College of General Practitioners Clinical Informatics Digital Hub)
 - o national coverage each week is included in Table 2
 - o coverage varies by location
 - Data from ORCHID is currently only available for inclusion in this bulletin up to Friday each week, so all charts that contain ORCHID data do not include the most recent weekend
- some syndromic indicators are hierarchical:
 - o upper respiratory tract infections includes:
 - influenza-like illness
 - pharyngitis
 - other and non-specific upper respiratory tract infections
 - lower respiratory tract infections includes:
 - pneumonia
 - bronchiolitis
 - acute bronchitis
 - other and non-specific lower respiratory tract infections
 - o gastroenteritis includes:
 - diarrhoea
 - vomiting
 - other and non-specific gastroenteritis
- baselines:
 - were last remodelled May 2023 for TPP and July 2023 for ORCHID
 - are constructed from historical data since August 2016
 - represent seasonally expected levels of activity
 - take account of any known substantial changes in data collection, population coverage or reporting practices:
 - the COVID-19 pandemic period is excluded

COVID-19 syndromic surveillance

- the COVID-19-like syndromic indicator is based on diagnoses recorded using the COVID-19 Snomed codes released in March 2020:
 - these data are based on COVID-19-like symptoms reported and are not based on outcomes of tests for coronavirus
 - patients presenting with COVID-19 symptoms may be diagnosed using other clinical codes used by the GP, so the COVID-19-like syndromic indicator should be interpreted in context with the other respiratory syndromic indicators presented in this report
 - the rate of COVID-19-like consultations should not be used to estimate an absolute count of patients with COVID-19

Acknowledgements

We thank TPP, ResearchOne and the SystmOne GP practices contributing to this surveillance system.

Thanks to the Oxford-Royal College of General Practitioners Clinical Informatics Digital Hub (ORCHID), and to its Syndromic Surveillance General Practices (SSGP) and their patients who share data with this surveillance system, and also to EMIS for facilitating pseudonymised data access.

About the UK Health Security Agency

UKHSA is responsible for protecting every member of every community from the impact of infectious diseases, chemical, biological, radiological and nuclear incidents and other health threats. We provide intellectual, scientific and operational leadership at national and local level, as well as on the global stage, to make the nation heath secure.

<u>UKHSA</u> is an executive agency, sponsored by the <u>Department of Health and Social Care</u>.

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