Publication withdrawn

This guidance was withdrawn in April 2024.

For up-to-date information about the National Drug Treatment Monitoring System (NDTMS), see core data set documentation on the NDTMS website.

TREATMENT OUTCOMES PROFILE (SECURE SETTING)

Public Health England

CLIENT ID [ ]

KEYWORKER [ ]

DOB DD / MM / YYYY

SEX MALE [ ] FEMALE [ ]

TREATMENT STAGE START [ ]

INTERVIEW DATE DD / MM / YYYY

Use 'NA' only if the client does not disclose information or does not answer

1 SUBSTANCE USE

Total for NDTMS return

Record the number of using days in each of the four weeks prior to custody and the average amount used on a using day

		WEEK 4	WEEK 3	WEEK 2	WEEK 1	AVERAGE PER DAY		
A.	ALCOHOL	0-7	0-7	0-7	0-7	UNITS		0-28
B.	OPIATES/OPIOIDS (ILLICIT)	0-7	0-7	0-7	0-7	G		0-28
	Includes street heroin and any non-prescribed opioid, such as methadone and buprenorphine							
C.	CRACK	0-7	0-7	0-7	0-7	G		0-28
D.	COCAINE	0-7	0-7	0-7	0-7	G		0-28
E.	AMPHETAMINES	0-7	0-7	0-7	0-7	G		0-28
F.	CANNABIS	0-7	0-7	0-7	0-7	SPLIFFS		0-28
G.	OTHER SUBSTANCE. SPECIFY:	0-7	0-7	0-7	0-7	G		0-28
H.	TOBACCO	0-7	0-7	0-7	0-7			0-28
	Includes ready-made and hand-rolled cigarettes, cannabis joints with tobacco, cigars, pipe tobacco, shisha/waterpipes, etc							

2 INJECTING RISK BEHAVIOUR

Record the number of days the client injected non-prescribed drugs during the four weeks prior to custody

		WEEK 4	WEEK 3	WEEK 2	WEEK 1		
A.	INJECTED	0-7	0-7	0-7	0-7		0-28
B.	INJECTED WITH A NEEDLE OR SYRINGE USED BY SOMEBODY ELSE	YES [ ]	NO [ ]				Y or N (Y if either is yes)
C.	INJECTED USING A SPOON, WATER OR FILTER USED BY SOMEBODY ELSE	YES [ ]	NO [ ]				

3 CRIME

Record the number of days of shoplifting, drug selling and other categories committed during the four weeks prior to custody

		WEEK 4	WEEK 3	WEEK 2	WEEK 1		
A.	SHOPLIFTING	0-7	0-7	0-7	0-7		0-28
B.	SELLING DRUGS	0-7	0-7	0-7	0-7		0-28
C.	THEFT FROM OR OF A VEHICLE	YES [ ]	NO [ ]				Y or N (Y IF EITHER IS YES)
D.	OTHER PROPERTY THEFT OR BURGLARY	YES [ ]	NO [ ]				
E.	FRAUD, FORGERY OR HANDLING STOLEN GOODS	YES [ ]	NO [ ]				
F.	COMMITTING ASSAULT OR VIOLENCE	YES [ ]	NO [ ]				Y or N

4 HEALTH & SOCIAL FUNCTIONING

A. CLIENT'S RATING: PSYCHOLOGICAL HEALTH
(Anxiety, depression, problem emotions and feelings)

0 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20
POOR ———————————————————————— GOOD [ ] 0-20

Record days worked, or at college or school in the four weeks prior to custody

		WEEK 4	WEEK 3	WEEK 2	WEEK 1		
B.	DAYS IN PAID WORK	0-7	0-7	0-7	0-7		0-28
C.	DAYS IN VOLUNTEERING	0-7	0-7	0-7	0-7		0-28
D.	DAYS IN UNPAID STRUCTURED WORK PLACEMENT	0-7	0-7	0-7	0-7		0-28
E.	DAYS ATTENDED COLLEGE OR SCHOOL	0-7	0-7	0-7	0-7		0-28

F. CLIENT'S RATING: PHYSICAL HEALTH
(Extent of physical symptoms and bothered by illness)

0 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20
POOR ———————————————————————— GOOD [ ] 0-20

Record accommodation status for the four weeks prior to custody

G.	ACUTE HOUSING PROBLEM	YES [ ]	NO [ ]	[ ] Y or N
H.	UNSUITABLE HOUSING housing situation that is likely to have a negative impact on health and wellbeing and / or on the likelihood of achieving recovery	YES [ ]	NO [ ]	[ ] Y or N
I.	AT RISK OF EVICTION	YES [ ]	NO [ ]	[ ] Y or N

J. CLIENT'S RATING: OVERALL QUALITY OF LIFE
(Able to enjoy life, gets on with family and partner, etc)

0 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20
POOR ———————————————————————— GOOD [ ] 0-20

TREATMENT OUTCOMES PROFILE

ABOUT THE TOP

The Treatment Outcomes Profile (TOP) is the national outcome monitoring tool for substance misuse services. It is a simple set of questions that can aid improvements in clinical practice by enhancing assessment and care plan reviews. It can also help to ensure that each service user's recovery care plan identifies and addresses his or her needs and treatment goals.

Outcome reports are compiled centrally within Public Health England (PHE) via the National Drug Treatment Monitoring System (NDTMS).

Keyworkers should complete the TOP on, or up to two weeks after, the service user's initial reception into custody. The TOP should be completed at the first assessment by a substance misuse worker. This provides a baseline record of behaviour in the month leading up to custody. If the TOP is completed after the service user has started treatment it should focus on the 28 days before entering custody.

Post-release TOP reviews will be completed in the community treatment service and/or CJIT that the service users have been referred to. Where service users have been released on licence but do not engage with community treatment or CJIT interventions, post-release TOP reviews will still be completed as part of their offender management. Community-based treatment providers or offender managers will complete a post-release TOP with the service user at least 28 days following release from custody. To support this, ensure the prison release date is shared with the community provider.

HOW TO COMPLETE THE TOP

START BY ENTERING:

- Client ID, date of birth and gender
- Completion date
- Keyworker name
- Date of assessment

TYPES OF RESPONSES:

- Timeline – invite the service user to recall the number of days in each of the past four weeks before entering custody on which they did something, for example, the number of days they used heroin. You then add these to create a total for the past four weeks in the red NDTMS box
- Yes and no – a simple tick for yes or no, then a 'Y' or 'N' in the red NDTMS box
- Rating scale – a 21-point scale from poor to good. Together with the service user, mark the scale in an appropriate place and then write the equivalent score in the red NDTMS box

A FEW THINGS TO REMEMBER

- The red shaded boxes are the only information that gets sent to PHE
- Week 4 is the most recent week; week 1 is the least recent
- The TOP should always capture drug and alcohol use pre-custody, so it is important that the recall period is the 28 days before the client entered prison. Not doing this will skew outcomes as there is likely to be a lower baseline

Alcohol units converter

Drink	%ABV	Units
Pint ordinary strength lager, beer or cider	3.5	2
Pint strong lager, beer or cider	5	3
440ml can ordinary strength lager	3.5	1.5
440ml can strong lager, beer or cider	5	2
440ml can super strength lager or cider	9	4
1 litre bottle ordinary strength cider	5	5
1 litre bottle strong cider	9	9

Drink	%ABV	Units
Glass of wine (175ml)	12	2
Large glass of wine (250ml)	12	3
Bottle of wine (750ml)	12	10
Single measure of spirits (25ml)	40	1
Bottle of spirits (750ml)	40	30
275ml bottle alcopops	5	1.5

THANK YOU FOR USING THE TOP AND CONTRIBUTING TO NDTMS