

Self-Assessment (Health Surveillance (HS) or Health Monitoring (HM))

Refer to JSP 375 Vol 1 Chap 14 before completing. Page 2 has links to assessment forms.

The data below is for the sole purpose of monitoring health risks and will be protected in accordance with DPA 18 and MOD policy.

Assessment Management					
Reference Number		Assessment Date		Next Assessment Date	
Commanders and managers must make sure this 'Assessment Management' information is recorded in the individuals Personal Health Record.					
Personal details					
Surname		Forename(s)			
Select as appropriate				Date of Birth	Service / Staff Number
Male <input type="checkbox"/>	Female <input type="checkbox"/>	Other <input type="checkbox"/>	Prefer not to say <input type="checkbox"/>		
Employment details					
Navy, Army RAF, Defence organisation				Start date of present job	
				End date of present job	
Current employment role					
Hazards exposed to that may require HS or HM					
Previous employment					
Previous employment requiring HS or HM			Hazards exposed to that required HS or HM		
Commander / manager responsible for work activity and health record					
Surname		Forename(s)		Rank/Grade	Service / staff number

Identified work activity hazard	Self-assessment questions
Vibration Hand Arm Vibration (HAV) Pre-Exposure and Annual Self-Assessment	Go to Annex A
Whole Body Vibration (WBV) Pre-Exposure Self-Assessment	Go to Annex B
Whole Body Vibration (WBV) Annual Self-Assessment	Go to Annex C