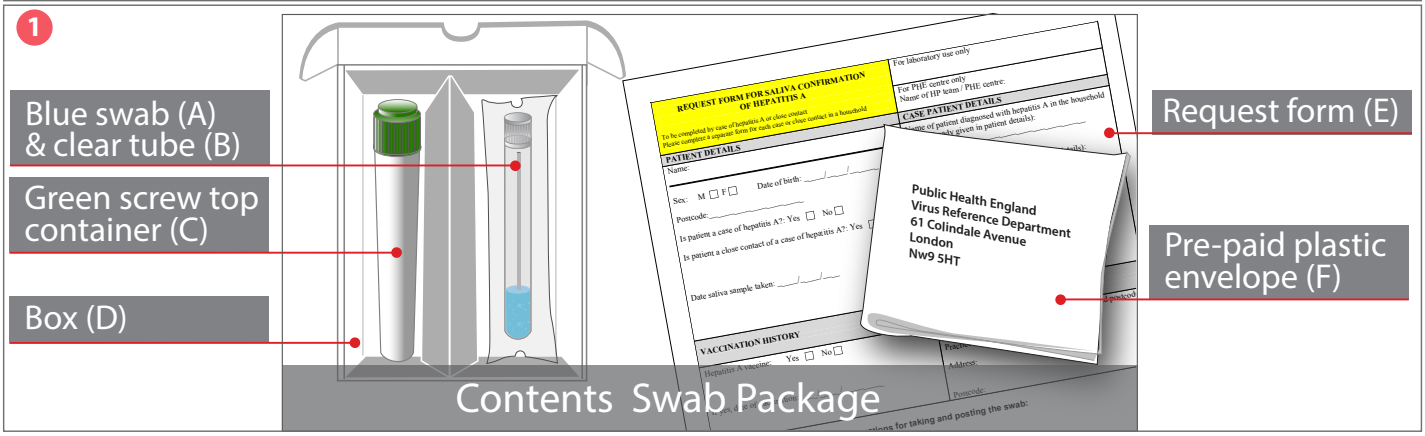
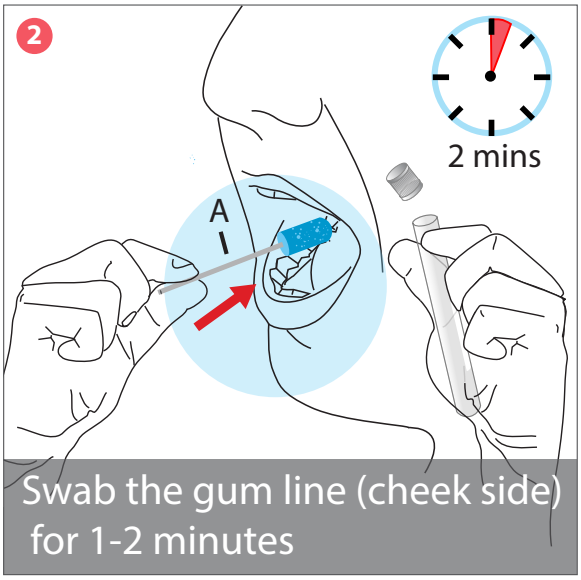
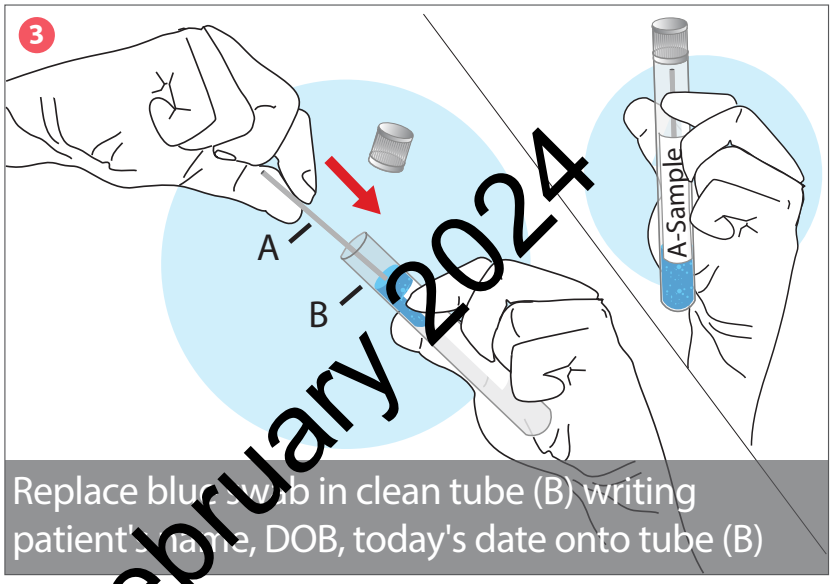
How to take an oral fluid swab

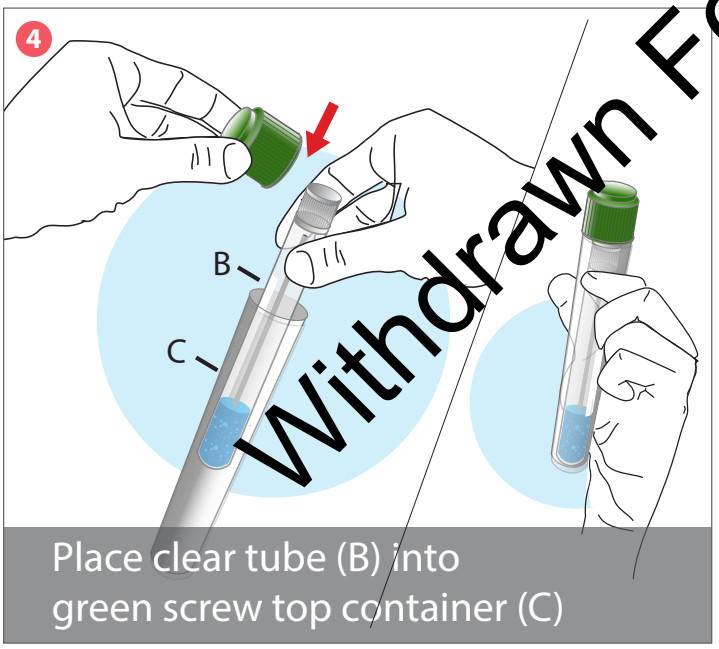




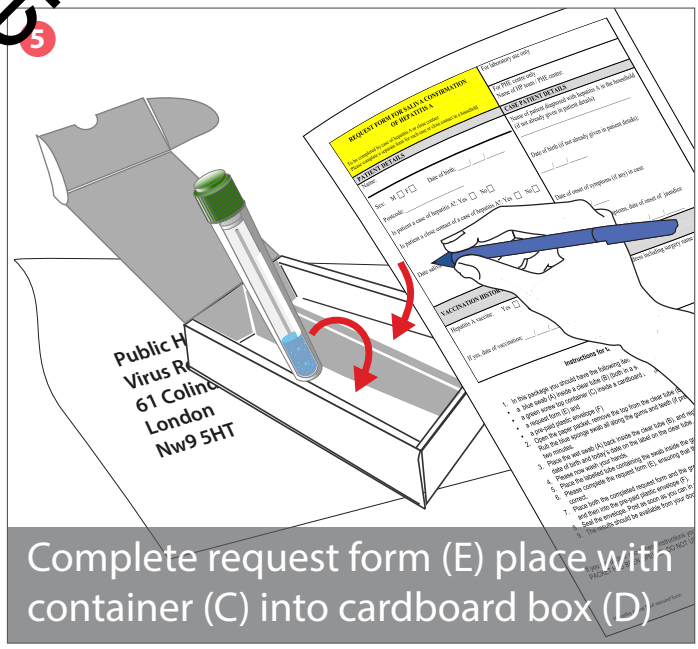
Swab the gum line (cheek side) for 1-2 minutes



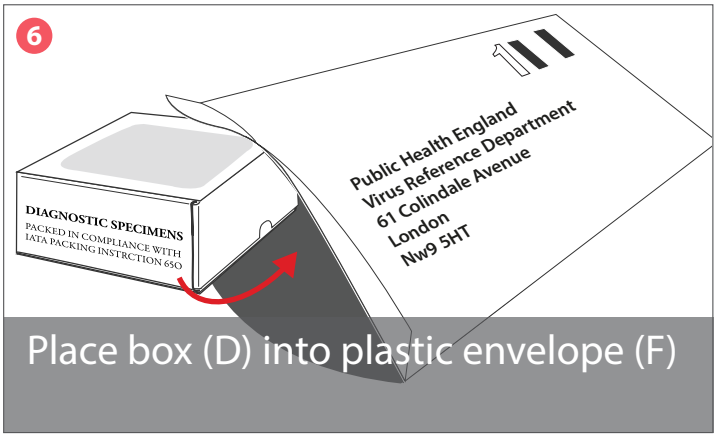
Replace blue swab in clean tube (B) writing patient's name, DOB, today's date onto tube (B)



Place clear tube (B) into green screw top container (C)



Complete request form (E) place with container (C) into cardboard box (D)



Place box (D) into plastic envelope (F)

Post plastic envelope (F) in your local Royal Mail post box

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