NATIONAL PHYSICAL ACTIVITY TASKFORCE

Tuesday 12 December 2023, 1100 - 1200 100 Parliament Street

NPAT Members	Rotating Members
 Government The Rt Hon Lucy Frazer KC MP Secretary of State for Culture, Media and Sport (co-chair) The Rt Hon Stuart Andrew MP, Minister for Sport, Gambling and Civil Society Robbie Moore MP, Minister for Water and Rural Growth The Rt Hon Dame Andrea Leadsom DBE MP, Minister for Public Health 	 National Governing Bodies Mark Bullingham, CEO, The Football Association Scott Lloyd, CEO, The Lawn Tennis Association National Sector Partnerships Group (NSPG) Ali Oliver, CEO, Youth Sport Trust
• Juliet Chua CB, Director General for	Invited attendees
 Schools, Department for Education Polly Payne, Director General, DCMS Catherine Bennion, Deputy Director, DLUHC Independent representatives Ugo Monye (co-chair) Daley Thompson CBE Sir Michael Barber 	 Mark Lawrie, CEO, Street Games Garret Fay, CEO Insignis Academy Trust Joel Moore, youth voice representative Eleanor Shawcross, 10 Downing Street
	Officials
 Arm's Length Bodies Tim Hollingsworth OBE, CEO, Sport England Chris Boardman MBE, National Active Travel Commissioner and Chair of Sport England Sally Munday, CEO, UK Sport Local Government Association Councillor Liz Green, Chair of the Culture, Tourism and Sport Board Active Partnerships Andy Taylor, CEO Active 	 Department for Transport: Dr Kevin Golding-Williams, Head of Active Travel Policy Active Travel Martin Key, Head of Strategy, Active Travel DCMS: Ben Dean, Director, Sport and Gambling Adam Conant, Head of Sport Simon Mason, Head of Sport Strategy
Partnerships	
NPAT Secretariat	Apologies
 Juliette Inverdale, Head of Sport Participation, DCMS Christina Barningham, Sport and Physical Accessibility Lead, DCMS 	Jill Scott MBE

Actions

- DCMS officials to work with DfE on their new non-statutory guidance for PE due to be published early 2024, focused on equal access and 2 hours of PE.
- Minister for Sport to meet with the Minister for Schools to discuss how DCMS can contribute to improving school sport including PE.
- Department for Education to convene a roundtable with Multi-Academy Trust representatives to discuss PE and school sport provision.
- DCMS to bring together schools and National Governing Bodies (NGBs) for a strategic discussion on what more can be done to support join up with schools and clubs.
- Active Travel England to work with the NPAT analytical subgroup to explore how available data sets can be used to develop cross-departmental coordinated interventions.
- DCMS and DfE to explore a university pilot to embed students into schools to help deliver school sport provision.
- Children and Young People to be revisited at the next NPAT in March 2024.

Main points raised

Introductory remarks from co-chairs

- 1. The Secretary of State for DCMS welcomed members to the second meeting of the National Physical Activity Taskforce (NPAT).
- 2. Co-chair Ugo Monye (UM) reiterated his commitment to the taskforce and highlighted the importance of accountability and driving towards tangible actions.
- 3. UM outlined the importance of improving activity rates for children and young people and reflected on his experience of convening a youth roundtable with the Minister for Sport, to hear directly from young people.

Children and Young People's Activity Rates

4. Presentation on children and young people's inactivity rates from the Active Lives Survey, released on 7 December. The data highlights that there has been no notable change since the last survey results but sustained growth over a 5 year time horizon.

Embedding the youth voice in decision making

- 5. Presentation from Minister Andrew and Joel Moore (JM), to feed the youth voice into the taskforce and reflect on the importance of embedding young people into policy discussions.
- 6. JM highlighted the value of young people's contributions to discussions on issues that matter to them and underlined the power of sport and physical activity.

Building an active school

- 7. Presentation from Garret Fay (GF), CEO Insignis Academy Trust, on what makes an active school and how to embed physical activity in the school day.
- 8. GF offered an overview of the positive impact of the School Games Organisers Network (SGO), and the Opening School Facilities programme (OSF).
- 9. GF reflected on the benefit of a dedicated Wellbeing Lead within schools and the importance of engaging with children from diverse backgrounds.

Taskforce member discussion

The following points were raised by NPAT members:

- 10. The focus on children and young people's activity rates was welcomed and it was agreed that government departments (No.10, DCMS, DfE, DLUHC, DEFRA, DHSC) should revert to the taskforce with measurable short term actions.
- 11. DHSC highlighted the importance of looking across a whole child's life including early years and the role of social prescribing.
- 12. Active Travel suggested the possibility of a research programme into 1,000 schools to understand what works in delivering active journeys to and from school.
- 13. Sport England referenced the Play Their Way campaign, aimed at coaches, which puts children's enjoyment at the centre of sport and physical activity.
- 14. NPAT members agreed on the importance of measuring quality access, enjoyment and physical literacy.
- 15. National Governing Bodies (the FA and LTA) commented on the impact and potential of their existing programmes with schools, including teacher training.

AOB and closing remarks

16. The Secretary of State for DCMS thanked the group for their commitments and contributions to the taskforce. The taskforce will convene in March and return the focus to children and young people's activity rates.