

COVID-19 transmission from the deceased

A rapid review (brief update 1)

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Purpose

This is a brief update of our rapid review examining risk of coronavirus (COVID-19) transmission from the deceased (1) (search up to 22 November 2021).

Evidence from our previous review

Our previous review (1) (search up to 17 March 2021) included 12 studies: 4 observational studies (with laboratory components) and 8 laboratory studies conducted in autopsy settings.

Evidence on SARS-CoV-2 detection in body fluids of the deceased: evidence from laboratory studies conducted in autopsy settings suggested that SARS-CoV-2 RNA can be detected in the respiratory tract, skin and eyes of deceased persons with confirmed or suspected COVID-19 up to 35 days after death. Across these studies, viable (infectious) virus was detected in 3 studies (up to 17 days after death in one study). However, more research was needed to understand the risk of transmission from contact with the body fluids of deceased persons with COVID-19 and its association with factors such as disease severity, disease duration and post-mortem interval.

Evidence on risk of transmission from the deceased: 3 case series suggested that the risk of transmission from the deceased in autopsy settings (with strict infection control protocols) was low. A prevalence study in mortuary and cemetery workers in Qatar showed high infection rates, although the results suggested that transmission may have occurred in the community rather than from handling bodies of COVID-19 cases.

Methods

Our search update was conducted on 22 November 2021 to identify studies published since 17 March 2021. Additional citation searching was conducted on 3 December 2021. An overview of inclusion and exclusion criteria is summarised in Annexe A, and the full methodology is available in our original review (1). No adjustments were made to the original methodology.

New evidence

Ten new studies were identified (see PRISMA diagram, Annexe A). All studies reported on postmortem reverse transcriptase polymerase chain reaction (RT-PCR) testing for SARS-CoV-2 in swabs from the body of deceased persons with suspected or confirmed COVID-19 (sample sizes ranged from 2 to 151 bodies), including in the respiratory tract (2 to 10), eyes (3, 4, 9), skin (2, 6) and urine and faeces (3). Two of these studies also examined the infectivity of body fluids by conducting virus isolation in cell culture (2, 6) and 2 reported on COVID-19 infection in autopsy staff (6, 10). The amount of detail reported regarding sampling methodologies was highly variable across studies, and not all studies reported RT-PCR results with associated cycle threshold (Ct) values or viral load findings. Additionally, the post-mortem interval between death and swab collection varied widely between studies (one hour to 4 months). Swabs were mainly collected only once after death, except in one study in which swabs were taken at 3 different time points up to 24 hours after death (7).

The results of the 10 studies suggest that SARS-CoV-2 RNA can be detected in swabs from the respiratory tract (longest post-mortem interval with positive result: 4 months) (2 to 11), the skin (longest post-mortem interval with positive result: 9 days) (6), and the eyes (longest post-mortem interval with positive result: 27 days) (3, 9) as well as in urine and faeces (longest post-mortem interval with positive result: 27 days) (3). These results are consistent with the findings of our previous review that SARS-CoV-2 RNA can be detected in the bodies of deceased persons with confirmed or suspected COVID-19 for varied time-intervals post-mortem. However, this does not provide evidence of infectivity as RT-PCR tests do not distinguish between live and dead virus or viral fragments.

One study, conducted in England, reported that rates of positive post-mortem RT-PCR tests were higher for deceased cases who had tested positive less than one week before death, compared to those with a last positive test more than 2 weeks before death (5). Viable (infectious) virus was not detected in the 2 studies that had conducted virus culture tests: in swabs from the skin (11 bodies, up to 5 days after death) in one study (6), nor from the respiratory tract of an exhumated body (4 months after death) in the other study (2).

In our previous review, SARS-CoV-2 had been successfully isolated in the respiratory tract of confirmed COVID-19 cases in 3 studies with maximum post-mortem intervals ranging from 36 hours to 17 days. In this update, no study reporting on viral culture tests in swabs from the respiratory tract of the deceased with similar post-mortem interval was identified. More research is needed to understand the risk of transmission from contact with the body fluids of deceased persons with COVID-19 and its association with factors such as disease severity, disease duration and post-mortem interval.

Two studies also conducted regular testing in autopsy staff, neither detected current infections at any point in the study (assessed by RT-PCR and/or antigen testing) (6, 10). One of these studies also tested for past infection (serology) and found that one out of 25 staff had antibody against SARS-CoV-2 although it is not known where transmission occurred (6). No epidemiological investigations reporting on transmission from handling bodies of COVID-19 cases were identified. Whilst this may suggest that clusters of COVID-19 infection amongst persons handling the bodies of the deceased has not been reported, this does not constitute evidence of absence of risk. More research is required to understand the risk of transmission from handling the bodies of deceased persons with suspected or confirmed COVID-19.

Limitations

The 2 studies providing some evidence on risk of transmission from the deceased were both conducted in autopsy settings (with strict infection control protocols) which limits their applicability to non-clinical settings.

A detailed analysis of the results on SARS-CoV-2 detection in body fluids from the deceased had not been conducted and as postmortem virus persistence was not the primary objective of this review, relevant studies may have been missed.

No formal risk of bias assessment was completed for included studies and their findings are limited due to small sample sizes and variation in methods between studies (difference in type of samples, time of collection, detection method and so on).

Conclusions

Based on the evidence identified in this update, the conclusions from our previous review (1) remain unchanged.

Acknowledgment

We would like to thank colleagues within the Public Health Advice, Guidance and Expertise function who either reviewed or input into aspects of the review, especially Jo Nurse. Thanks also to colleagues within the COVID-19 Rapid Evidence Service team for their support into specific aspects of this review, especially Sean Harrison.

Disclaimer

UKHSA's rapid reviews aim to provide the best available evidence to decision makers in a timely and accessible way, based on published peer-reviewed scientific papers, unpublished reports and papers on preprint servers. Please note that the reviews: i) use accelerated methods and may not be representative of the whole body of evidence publicly available; ii) have undergone an internal, but not independent, peer review; and iii) are only valid as of the date stated on the review.

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Annexe A. Inclusion and exclusion criteria

Article eligibility criteria are summarised in Table A.1. The PRISMA diagram showing the flow of citations is provided in Figure A.1.

The main objective of this rapid review was to assess the risk of transmission to individuals handling bodies of deceased persons with suspected or confirmed COVID-19. Outcome measures were not specified in the protocol so 'any measures deemed appropriate to assess transmission risk [would] be considered'. Due to the limited number of studies identified on risk from handling dead bodies in our previous review (1), studies reporting on post-mortem virus persistence in body fluids had been included. Only studies reporting on fluids from the respiratory tract, from the eyes and from the gastrointestinal tract (urine and faeces) collected with a swab were considered for inclusion as virus persistence in these fluids were considered as an intermediate outcome for transmission risk when handling bodies. Studies focusing on internal organs and tissue sample analysis were excluded. Similar criteria were used for this update.

Table A.1. Inclusion and excl	lusion criteria
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	Included	Excluded
Population	Bodies of deceased persons with suspected or confirmed COVID-19 Individuals handling bodies of	
	deceased persons with suspected or confirmed COVID-19	
Setting	All	
Context	COVID-19 pandemic	Other infectious disease
Intervention	Handling of bodies of deceased persons with suspected or confirmed COVID-19 Any strategy to manage bodies of deceased persons	Studies looking at post-mortem virus persistence in internal organs or tissue samples will be excluded (only body fluids in which one could get in contact with when handling a body will be
		considered)
Outcomes	Risk of COVID-19 transmission to the individual handling the bodies	
	Measures:	
	Any measures deemed appropriate to assess transmission risk will be considered	
Language	English	
Date of publication	17 March 2021 to 22 November 2021	
Study design	Experimental or observational studies Outbreak investigation	Systematic or narrative reviews Guidelines Opinion pieces
Dublication type	Dublished and preprint	Modelling studies
Publication type	Published and preprint	

Figure A.1. PRISMA diagram



Figure A.1. PRISMA diagram – accessible text

A PRISMA diagram showing the flow of studies through this review.

From identification of studies via databases and registers, records identified from databases and preprints:

- Ovid Medline (n=904)
- Ovid Embase (n=1,1015)
- medRxiv (n=37)
- SSRN (n=9)
- WHO COVID database (n=261)

From these, records removed before screening:

• duplicate records removed (n=687)

n=1,539 records screened, of which n=1,486 were excluded, leaving n=53 papers sought for retrieval, all of which were retrieved.

n=53 reports assessed for eligibility from identification of studies via databases and register, of which n=43 reports were excluded.

n=45 records identified from identification of studies via other methods:

- citation analysis (n=43)
- additional search (n=2)

Of these, n=43 records were removed:

• duplicate records removed (n=43)

n=2 reports sought for retrieval, n=2 reports assessed for eligibility, n=2 reports excluded

n=10 reports identified from electronic searching, n=0 reports identified from other methods, giving n=10 total unique studies included in report.

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