ARMED FORCES CONTINUOUS WORKING PATTERNS SURVEY

2022/2023









2022/2023 ARMED FORCES CONTINUOUS WORKING PATTERNS SURVEY (CWP)

- You have been randomly selected to take part in this year's Armed Forces Continuous Working Patterns Survey. Defence Statistics
 (Surveys) conducts this survey for the Armed Forces' Pay Review Body (AFPRB). The results from this survey are used as evidence for the
 AFPRB pay award recommendations each year. It is important that we gain enough responses to provide robust evidence.
- The questionnaire requires you to complete a 7-day diary, recording how much time you spend each day on various types of activity. The questionnaire also asks for some background information to allow results to be compiled for different groups of personnel.
- Your survey will be treated in the strictest confidence. Only civilian researchers outside of the chain of command will see your completed questionnaire. The results of this survey are always reported so that individuals cannot be identified by their responses.

This survey is available for you to complete online. You should have received weblinks from a point of contact in your deployed location to access this online survey.

If you have already completed the survey online then please accept our thanks, there is no further action required.

- You should aim to start completing the questionnaire on the first Monday after receiving it. You can either complete the survey online or on paper. If you choose to complete the survey on paper, please return the questionnaire as soon as possible in the envelope provided. Responses must reach us by 14th May 2023 to be included.
- You do not have to take part in this survey and choosing not to take part will not disadvantage you in any way. By completing and returning the survey you are agreeing to take part in the research.
- The data controller for this project will be Defence Statistics. The Data Protection Assistant Advisor oversees the processing of these personal data and can be contacted at: Andy.Dorman415@mod.gov.uk.
- UK data protection law is regulated by the Information Commissioner's Office (ICO). If you are concerned about how your personal data is being processed, you may wish to submit a complaint to them. Contact details, and details of data subject rights are available at: https://ico.org.uk/for-organisations/data-protection-reform/overview-of-the-gdpr/individuals-rights
- For advice on completing the questionnaire, or questions on the survey itself, please contact the Working Patterns Helpdesk at Analysis-Surveys-Group1@mod.gov.uk or call 030 016 36856.

¹ Continuous Working Patterns (CWP) Survey reports are publicly available via: https://www.gov.uk/government/collections/armed-forces-continuous-working-patterns-survey-index The report of the findings of the 2020/21 CWP survey is provisionally due to be released in September 2023.

SECTION ONE: YOUR SERVICE DETAILS

Q1	What is your Service number? We need your Service number to ensure that responses are from UK Regular Service personnel.								
	All responses in the survey and comments are entirely confidential. Only civilian researchers outside of the chain of command will see your completed questionnaire.								
Q2	Are you deployed on overseas operation/ exercise (e.g. OP KIPION, OP CABRIT etc.)								
	Yes Please go to next question: Q3 No Thank you for your interest. There is no need to continue. This survey is designed for personnel deployed on overseas operation/exercise.								
Q3	Which Service do you belong to? Please tick ONE response only.								
	Royal Navy Royal Marines Army Royal Air Force								

Q4 Which of the following RANK GROUPS do you belong to? Please tick ONE response only.											
	OF5 to OF6 (RN Captain/Colonel/Group Captain to Commodore/Brigadier/Air Commodore) OF3 to OF4 (Lt Commander/Major/Sqn Leader to Commander/Lt Colonel/Wing Commander) OF1 to OF2 (Midshipman/2 nd Lt/Pilot Officer to Lieutenant/Captain/Flight Lieutenant) OR6 to OR9 (Petty Officer/Sergeant to Warrant Officer Class 1/Master Aircrew) OR2 to OR4 (Able Rate/Marine/Air Recruit to Leading Rate/Corporal)										
Q5	Were your working patterns for this week affected by COVID-19?										
	Yes No										
Q6	What date did your diary start on? This must be a MONDAY. For example, if the Monday when you start the diary is 9th January 2023, please enter 09 01 2023.										
	DAY MONTH YEAR										

Please start your diary on as "normal" a working week as possible.

For example, if you are on leave for most of the week or isolating due to COVID and unable to work your "normal" hours then please wait until the following week to complete your diary.

Now please go to Section Two on the next page to start your diary

SECTION TWO: YOUR WORKING PATTERN FOR ONE WEEK

For each of the seven days from Monday to Sunday, for the week you are recording, please state against each six hour time period, how much time in hours and minutes (*to the nearest 15 minutes*) you spent on the following: **WORK**, **BREAKS**, **ON-CALL** and **OFF-DUTY**. The list below show how different types of activities should be recorded.

If you were on leave all day, please tick the relevant box and leave the rest of that day's grid blank. Leave includes Individual Leave Allowance (including Authorised Absence (AA), Post Operational Leave (POL), Seagoers Leave (SGL), Annual Leave Allowance including Public Holidays (ALA)), other types of leave such as, Maternity Leave, Re-Engagement Leave, Compassionate leave, Enhanced Leave, etc.

At the end of each day, please add up the total number of hours accounted for in each time period. Each of these totals should be **six hours**. If the total is not six hours, please review your responses to the survey and ensure that each column of the grid adds up to six hours.

Possible activities to be recorded

WORK	Includes:	 Normal work Working from home Duty personnel, when working Exercise / Operations working time Compulsory fitness training 	 Instruction / training courses Duty travel Ceremonial / hosting duties Service representational activities Secondary duties (for example Mess Treasurer)
BREAKS	Includes:	Meal and tea breaks	
ON CALL	Includes:	 Held in specified location On call at place of duty Held at 48 hours or less Notice to Move (NTM) 	 Duty personnel, when on standby Period of off duty / stand down on exercise or operations
OFF DUTY	Includes:	 Leave (for less than 24 hours) Off duty / stand down (except when on Exercise / operations – see on call) 	Home to duty travel

EXAMPLE

Q1	Were you deployed	Were you deployed on operations, exercise or at sea today?									
	Yes □ No	\boxtimes									
Q2	Were you: Please tick one box only.										
	Not on leave today Please complete diary		On leave all day today Please go on to Monday		On sick leave all day today Please go on to Monday						
	Diary:										

	00:01 t	00:01 to 06:00		06:00 to 12:00		12:00 to 18:00		18:00 to 24:00	
	Hours	Minutes	Hours	Minutes	Hours	Minutes	Hours	Minutes	
Work			3	30	2	45			
Breaks			0	30	1	15			
On Call					2	00	6	00	
Off Duty	6	00	2	00					
Total	6	00	6	00	6	00	6	00	

Please check that all sections add up to exactly six hours Now go on to Monday's grid on the next page

MONDAY Q1 Were you deployed on operations, exercise or at sea today? Yes \square No Q2 Were you: Please tick one box only. Not on leave today On leave all day today On sick leave all day today Please complete diary Please go on to Tuesday Please go on to Tuesday Diary: 06:00 to 12:00 12:00 to 18:00 18:00 to 24:00 00:01 to 06:00 Hours Hours Minutes Hours Minutes Minutes Hours Minutes Work **Breaks** On Call

6

Please check that all sections add up to exactly six hours

Now go on to Tuesday's grid on the next page

00

6

Off Duty

Total

6

00

00

6

00

Q1	TUESDAY Were you deployed of the second sec	on operatio	ns, exercis	se or at sea	today?					
Q2	Were you: Please tick o	ne box only.								
	Not on leave today Please complete diary		On leave all day today Please go on to Wednesday			On sick leave all day today Please go on to Wednesday				
	Diary:									
		00:01 to	00:00	06:00 to 12:00		12:00 to 18:00		18:00 to 24:00		
		Hours	Minutes	Hours	Minutes	Hours	Minutes	Hours	Minutes	
	<u> </u>									

	Hours	Minutes	Hours	Minutes	Hours	Minutes	Hours	Minutes
Work								
Breaks								
On Call								
Off Duty								
Total	6	00	6	00	6	00	6	00

Please check that all sections add up to exactly six hours Now go on to Wednesday's grid on the next page

	WEDNESDAY											
Q1	Were you deployed on operations, exercise or at sea today?											
	Yes 🗌 No I											
Q2	Were you: Please tick o	ne box only.										
	Not on leave today Please complete diary		On leave all Please go on to	-			On sick leave all day today Please go on to Thursday					
	Diary:											
		00:01 t	o 06:00	06:00 t	06:00 to 12:00		o 18:00	18:00 to 24:00				
		Hours	Minutes	Hours	Minutes	Hours	Minutes	Hours	Minute			

	00:01 1	00:01 to 06:00		to 12:00	12:00 t	o 18:00	18:00 to 24:00		
	Hours	Minutes	Hours	Minutes	Hours	Minutes	Hours	Minutes	
Work									
Breaks									
On Call									
Off Duty									
Total	6	00	6	00	6	00	6	00	

Please check that all sections add up to exactly six hours Now go on to Thursday's grid on the next page

	THURSDAY											
Q 1	Were you deployed on operations, exercise or at sea today?											
	Yes 🗌 No											
Q2	Were you: Please tick of	one box only.										
	Not on leave today Please complete diary		In leave all of lease go on to			On sick leave all day today Please go on to Friday						
	Diary:											
		00:01 t	o 06:00	06:00 to 12:00		12:00 t	o 18:00	18:00 to 24:00				
		Houre	Minutoo	Houro	Minutoo	Houre	Minutoo	Hours Minutes				

	00:01	00:01 to 06:00		06:00 to 12:00		12:00 to 18:00		18:00 to 24:00	
	Hours	Minutes	Hours	Minutes	Hours	Minutes	Hours	Minutes	
Work									
Breaks									
On Call									
Off Duty									
Total	6	00	6	00	6	00	6	00	

Please check that all sections add up to exactly six hours Now go on to Friday's grid on the next page

	FRIDAY											
Q1	Were you deployed on operations, exercise or at sea today?											
	Yes No											
Q2	Were you: Please tick one box only.											
	Not on leave today Please complete diary		On leave a Please go on	ll day today to Saturday	′ 🗆	On sick leave all day today Please go on to Saturday						
	Diary:											
		00:01 t	00:01 to 06:00		o 12:00	12:00 t	o 18:00	18:00 t	o 24:00			
		Hours	Minutes	Hours	Minutes	Hours	Minutes	Hours	Minutes			
	Work											
	Breaks											

Please check that all sections add up to exactly six hours Now go on to Saturday's grid on the next page

00

6

On Call

Off Duty

Total

6

00

00

6

00

6

SATURDAY								
Were you deployed on operations, exercise or at sea today?								
Yes □ No □								
Were you: Please tick on	e box only.							
Not on leave today Please complete diary	On stand down / weekend Please go on to Sunday	leave	On leave all on Please go on	,		On sick leave all day today Please go on to Sunday		
Diary:								
	00:01 to 06:00	06:00 to	12:00	12:00 to	18:00	18:00 to 24:00		

	00:01 to 06:00		06:00 to 12:00		12:00 to 18:00		18:00 to 24:00	
	Hours	Minutes	Hours	Minutes	Hours	Minutes	Hours	Minutes
Work								
Breaks								
On Call								
Off Duty								
Total	6	00	6	00	6	00	6	00

Please check that all sections add up to exactly six hours Now go on to Sunday's grid on the next page

	SUNDAY									
Q1	Were you deployed on operations, exercise or at sea today?									
	Yes 🗌 No									
Q2	Were you: Please tick one box only.									
	Not on leave today Please complete diary				, , <u> </u>	On sick leave all day today Please go on to Section 3				
	Diary:									
			00:01 to 06:00	06:00 to 12:00	12:00 to 18:00	18:00 to 24:00				

	00:01 t	00:01 to 06:00		06:00 to 12:00		12:00 to 18:00		18:00 to 24:00	
	Hours	Minutes	Hours	Minutes	Hours	Minutes	Hours	Minutes	
Work									
Breaks									
On Call									
Off Duty									
Total	6	00	6	00	6	00	6	00	

Please check that all sections add up to exactly six hours

Now please go on to Section Three on the next page

SECTION THREE: DESIGNATED READINESS OVER THE PAST WEEK

Q1 During the past week how many days did you spend on the following activities or designated states of readiness? Please check that your answers add up to 7 days.

Deployed on operations, exercis	e or at sea	
Immediate readiness:	24 hours or less	
Immediate readiness:	Less than 2 days	
Extremely High Readiness:	R1 (2 days NTM)	
Very High Readiness:	R2 or R3 (5 or 10 days NTM)	
High readiness:	R4 or R5 (20 or 30 days NTM)	
Medium readiness:	R6 to R8 (40, 60 or 90 days)	
Low or very low readiness:	R9 to R11 (180 days or more)	
Not held on a state of readiness		
Total		7

Now please go on to the next page for the Section Four and details on how to return your questionnaire

SECTION FOUR: LEAVE OVER THE LAST TWELVE MONTHS

Q1 Q2	During the last twelve months, did you have to change authorised periods of leave for Service reasons? Please tick ONE response only.						
	Yes No		Go to Q2 Thank you, there are no more questions				
	How many times during the last twelve months did you have to change authorised periods of leave for Service reasons? Please tick ONE response only.						
	Once Twice Three times More than three ti	mes					

Thank you for completing this questionnaire.

Please see below for details on how to return your questionnaire.

Please return your questionnaire as soon as possible. Responses must reach us by 14th May 2023 in order to be included.

Please return your completed questionnaire in the pre-paid envelope provided to:

FAO Demetri Vlachos / Nick Goodman Civica Engagement Solutions (CWP) 33 Clarendon Road, London