

OFFICIAL - SENSITIVE PERSONAL WHEN COMPLETE

**Army**  
**CONTINUOUS WORKING PATTERNS SURVEY**  
**2022/2023**



## 2022/2023 ARMY CONTINUOUS WORKING PATTERNS SURVEY (CWP)

- You have been randomly selected to take part in this year's Army Continuous Working Patterns Survey. Defence Statistics (Surveys) conducts this survey for the Armed Forces' Pay Review Body (AFPRB). The results from this survey are used as evidence for the AFPRB pay award recommendations each year. It is important that we gain enough responses to provide robust evidence.
- The questionnaire requires you to complete a 7-day diary, recording how much time you spend each day on various types of activity. The questionnaire also asks for some background information to allow results to be compiled for different groups of personnel.
- Your survey will be treated in the strictest confidence. Only civilian researchers outside of the chain of command will see your completed questionnaire. The results of this survey are always reported<sup>1</sup> so that individuals cannot be identified by their responses.

This survey is available for you to complete online. It is recommended you use **Google Chrome** to access the survey. The Token you are asked to enter is your **Service Number** (this is case sensitive).

If you are accessing the survey via a **MOD computer** e.g. a MODNET or DII computer, please visit the following internal webpage: <http://bravo.dasa.r.mil.uk/limesurvey/index.php/626718?lang=en>

Alternatively, if you are accessing the survey using a non-MOD computer e.g. personal computer, tablet or mobile phone, please visit the following external webpage: <https://surveys.mod.uk/index.php/626718?lang=en>

**You should have received an email invite to the online survey. If you have already completed the survey online then please accept our thanks, there is no further action required.**

- You should aim to start completing the questionnaire on the first Monday after receiving it. You can either complete the survey online or on paper. If you choose to complete the survey on paper, please return the questionnaire as soon as possible in the envelope provided. Responses must reach us by 14<sup>th</sup> May 2023 to be included.
- You do not have to take part in this survey and choosing not to take part will not disadvantage you in any way. By completing and returning the survey you are agreeing to take part in the research.

<sup>1</sup> Continuous Working Patterns (CWP) Survey reports are publicly available via: <https://www.gov.uk/government/collections/armed-forces-continuous-working-patterns-survey-index>  
The report of the findings of the 2022/23 CWP survey is provisionally due to be released in September 2023.

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- The data controller for this project will be Defence Statistics. The Data Protection Assistant Advisor oversees the processing of these personal data and can be contacted at: [Andy.Dorman415@mod.gov.uk](mailto:Andy.Dorman415@mod.gov.uk).
- UK data protection law is regulated by the Information Commissioner's Office (ICO). If you are concerned about how your personal data is being processed, you may wish to submit a complaint to them. Contact details, and details of data subject rights are available at: <https://ico.org.uk/for-organisations/data-protection-reform/overview-of-the-gdpr/individuals-rights>
- For advice on completing the questionnaire, or questions on the survey itself, please contact the Working Patterns Helpdesk at [Analysis-Surveys-Group1@mod.gov.uk](mailto:Analysis-Surveys-Group1@mod.gov.uk) or call 030 016 36856.

**If you wish to complete the paper survey instead of the online survey, please return completed survey in the envelope provided to:**

FAO Demetri Vlachos / Nick Goodman, Civica Engagement Solutions (CWP)  
33 Clarendon Road, London, N8 0NW

## **SECTION ONE: YOUR SERVICE DETAILS**

**Q1** In which of the following **RANK GROUPS** are you? *Please tick ONE response only.*

- |                                       |                          |
|---------------------------------------|--------------------------|
| Colonel to Brigadier                  | <input type="checkbox"/> |
| Major to Lt Colonel                   | <input type="checkbox"/> |
| 2 <sup>nd</sup> Lieutenant to Captain | <input type="checkbox"/> |
| Sergeant to Warrant Officer           | <input type="checkbox"/> |
| Private to Corporal                   | <input type="checkbox"/> |

**Q2** What is your **REGIMENT / CORPS**? *Please tick ONE response only.*

- |             |                          |                       |                          |
|-------------|--------------------------|-----------------------|--------------------------|
| H Cav / RAC | <input type="checkbox"/> | RLC                   | <input type="checkbox"/> |
| RA          | <input type="checkbox"/> | REME                  | <input type="checkbox"/> |
| RE          | <input type="checkbox"/> | AGC                   | <input type="checkbox"/> |
| R SIGNALS   | <input type="checkbox"/> | Army Medical Services | <input type="checkbox"/> |
| Infantry    | <input type="checkbox"/> | Other                 | <input type="checkbox"/> |
| AAC         | <input type="checkbox"/> |                       |                          |

**Q3** Which **LOCATION** were you mainly serving in this week? *Please tick ONE response only.*

- |   |                          |                                  |
|---|--------------------------|----------------------------------|
| England / Wales / Scotland / Northern Ireland | <input type="checkbox"/> |                                  |
| Germany                                       | <input type="checkbox"/> |                                  |
| Overseas Operational Theatres                 | <input type="checkbox"/> | (E.g. Op SHADER, Op CABRIT etc.) |
| Elsewhere abroad                              | <input type="checkbox"/> | (Including Falkland Islands)     |

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**Q4** For the week recorded, what was your principal activity? *Please tick ONE response only.*

- Routine Work
- Operational Tour
- Deployed in support of UK based Operations  *(E.g. COVID-19 support)*
- Exercise
- Pre – Deployment training
- Other  *(E.g. Training Course, medical appointments, Adventure Training, Sport etc.)*

**Q5** Were your working patterns for this week affected by COVID-19?

- Yes
- No

**Q6** How many days did you work from home this week?

*Please tick one response only.*

- 0       1       2       3       4       5       6       7

**Please start your diary on as “normal” a working week as possible.**

*For example, if you are on leave for most of the week or isolating due to COVID and unable to work your “normal” hours then please wait until the following week to complete your diary.*

**Q7 What date did your diary start on? This must be a MONDAY.**

*For example, if the Monday when you start the diary is 19<sup>th</sup> December 2022, please enter 19 12 2022.*

DAY		MONTH		YEAR		

***Now please go to Section Two on the next page to start your diary***

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### **SECTION TWO: YOUR WORKING PATTERN FOR ONE WEEK**

For each of the seven days from Monday to Sunday, for the week you are recording, please state against each six hour time period, how much time in hours and minutes (**to the nearest 15 minutes**) you spent on the following: **WORK, BREAKS, ON-CALL** and **OFF-DUTY**. The list below show how different types of activities should be recorded.

**If you were on leave all day, please tick the relevant box and leave the rest of that day's grid blank.** Leave includes Individual Leave Allowance (including Authorised Absence (AA), Post Operational Leave (POL), Seagoers Leave (SGL), Annual Leave Allowance including Public Holidays (ALA)), other types of leave such as, Maternity Leave, Re-Engagement Leave, Compassionate leave, Enhanced Leave, etc.

At the end of each day, please add up the total number of hours accounted for in each time period. Each of these totals should be **six hours**. If the total is not six hours, please review your responses to the survey and ensure that each column of the grid adds up to six hours.

#### **Possible activities to be recorded**

<b><u>WORK</u></b>	Includes:	<ul style="list-style-type: none"><li>• Normal work</li><li>• Working from home</li><li>• Duty personnel, when working</li><li>• Exercise / Operations working time</li><li>• Compulsory fitness training</li></ul>	<ul style="list-style-type: none"><li>• Instruction / training courses</li><li>• Duty travel</li><li>• Ceremonial / hosting duties</li><li>• Service representational activities</li><li>• Secondary duties (for example Mess Treasurer)</li></ul>
<b><u>BREAKS</u></b>	Includes:	<ul style="list-style-type: none"><li>• Meal and tea breaks</li></ul>	
<b><u>ON CALL</u></b>	Includes:	<ul style="list-style-type: none"><li>• Held in specified location</li><li>• On call at place of duty</li><li>• Held at 48 hours or less Notice to Move (NTM)</li></ul>	<ul style="list-style-type: none"><li>• Duty personnel, when on standby</li><li>• Period of off duty / stand down on exercise or operations</li></ul>
<b><u>OFF DUTY</u></b>	Includes:	<ul style="list-style-type: none"><li>• Leave (for less than 24 hours)</li><li>• Off duty / stand down (except when on Exercise / operations – see on call)</li></ul>	<ul style="list-style-type: none"><li>• Home to duty travel</li></ul>

EXAMPLE

**Q1** Were you deployed on operations, exercise or at sea today?

Yes  No

**Q2** Were you: *Please tick one box only.*

**Not on leave today**   
*Please complete diary*

On leave all day today   
*Please go on to Monday*

On sick leave all day today   
*Please go on to Monday*

**Diary:**

	00:01 to 06:00		06:00 to 12:00		12:00 to 18:00		18:00 to 24:00	
	Hours	Minutes	Hours	Minutes	Hours	Minutes	Hours	Minutes
Work			3	30	2	45		
Breaks			0	30	1	15		
On Call					2	00	6	00
Off Duty	6	00	2	00				
<b>Total</b>	<b>6</b>	<b>00</b>	<b>6</b>	<b>00</b>	<b>6</b>	<b>00</b>	<b>6</b>	<b>00</b>

***Please check that all sections add up to exactly six hours***

***Now go on to Monday's grid on the next page***



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MONDAY

**Q1** Were you deployed on operations, exercise or at sea today?

Yes  No

**Q2** Were you: *Please tick one box only.*

**Not on leave today**

*Please complete diary*

On leave all day today

*Please go on to Tuesday*

On sick leave all day today

*Please go on to Tuesday*

**Diary:**

	00:01 to 06:00		06:00 to 12:00		12:00 to 18:00		18:00 to 24:00	
	Hours	Minutes	Hours	Minutes	Hours	Minutes	Hours	Minutes
Work								
Breaks								
On Call								
Off Duty								
<b>Total</b>	<b>6</b>	<b>00</b>	<b>6</b>	<b>00</b>	<b>6</b>	<b>00</b>	<b>6</b>	<b>00</b>

***Please check that all sections add up to exactly six hours***

***Now go on to Tuesday's grid on the next page***

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TUESDAY

**Q1** Were you deployed on operations, exercise or at sea today?

Yes  No

**Q2** Were you: *Please tick one box only.*

**Not on leave today**   
*Please complete diary*

On leave all day today   
*Please go on to Wednesday*

On sick leave all day today   
*Please go on to Wednesday*

**Diary:**

	00:01 to 06:00		06:00 to 12:00		12:00 to 18:00		18:00 to 24:00	
	Hours	Minutes	Hours	Minutes	Hours	Minutes	Hours	Minutes
Work								
Breaks								
On Call								
Off Duty								
<b>Total</b>	<b>6</b>	<b>00</b>	<b>6</b>	<b>00</b>	<b>6</b>	<b>00</b>	<b>6</b>	<b>00</b>

***Please check that all sections add up to exactly six hours***

***Now go on to Wednesday's grid on the next page***

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WEDNESDAY

**Q1** Were you deployed on operations, exercise or at sea today?

Yes  No

**Q2** **Were you:** *Please tick one box only.*

**Not on leave today**   
*Please complete diary*

On leave all day today   
*Please go on to Thursday*

On sick leave all day today   
*Please go on to Thursday*

**Diary:**

	00:01 to 06:00		06:00 to 12:00		12:00 to 18:00		18:00 to 24:00	
	Hours	Minutes	Hours	Minutes	Hours	Minutes	Hours	Minutes
Work								
Breaks								
On Call								
Off Duty								
<b>Total</b>	<b>6</b>	<b>00</b>	<b>6</b>	<b>00</b>	<b>6</b>	<b>00</b>	<b>6</b>	<b>00</b>

***Please check that all sections add up to exactly six hours***

***Now go on to Thursday's grid on the next page***

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THURSDAY

**Q1** Were you deployed on operations, exercise or at sea today?

Yes  No

**Q2** **Were you:** *Please tick one box only.*

**Not on leave today**   
*Please complete diary*

On leave all day today   
*Please go on to Friday*

On sick leave all day today   
*Please go on to Friday*

**Diary:**

	00:01 to 06:00		06:00 to 12:00		12:00 to 18:00		18:00 to 24:00	
	Hours	Minutes	Hours	Minutes	Hours	Minutes	Hours	Minutes
Work								
Breaks								
On Call								
Off Duty								
<b>Total</b>	<b>6</b>	<b>00</b>	<b>6</b>	<b>00</b>	<b>6</b>	<b>00</b>	<b>6</b>	<b>00</b>

***Please check that all sections add up to exactly six hours***

***Now go on to Friday's grid on the next page***

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FRIDAY

**Q1** Were you deployed on operations, exercise or at sea today?

Yes  No

**Q2** Were you: *Please tick one box only.*

**Not on leave today**   
*Please complete diary*

On leave all day today   
*Please go on to Saturday*

On sick leave all day today   
*Please go on to Saturday*

**Diary:**

	00:01 to 06:00		06:00 to 12:00		12:00 to 18:00		18:00 to 24:00	
	Hours	Minutes	Hours	Minutes	Hours	Minutes	Hours	Minutes
Work								
Breaks								
On Call								
Off Duty								
<b>Total</b>	<b>6</b>	<b>00</b>	<b>6</b>	<b>00</b>	<b>6</b>	<b>00</b>	<b>6</b>	<b>00</b>

***Please check that all sections add up to exactly six hours***

***Now go on to Saturday's grid on the next page***

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**SATURDAY**

**Q1** Were you deployed on operations, exercise or at sea today?

Yes  No

**Q2** **Were you:** *Please tick one box only.*

**Not on leave today** *Please complete diary*
 **On stand down / weekend leave** *Please go on to Sunday*
 **On leave all day today** *Please go on to Sunday*
 **On sick leave all day today** *Please go on to Sunday*

**Diary:**

	00:01 to 06:00		06:00 to 12:00		12:00 to 18:00		18:00 to 24:00	
	Hours	Minutes	Hours	Minutes	Hours	Minutes	Hours	Minutes
Work								
Breaks								
On Call								
Off Duty								
<b>Total</b>	<b>6</b>	<b>00</b>	<b>6</b>	<b>00</b>	<b>6</b>	<b>00</b>	<b>6</b>	<b>00</b>

***Please check that all sections add up to exactly six hours***

***Now go on to Sunday's grid on the next page***

**OFFICIAL - SENSITIVE PERSONAL WHEN COMPLETE**

SUNDAY

**Q1** Were you deployed on operations, exercise or at sea today?

Yes  No

**Q2** Were you: *Please tick one box only.*

**Not on leave today** *Please complete diary*
     
  **On stand down / weekend leave** *Please go on to Section 3*
     
  **On leave all day today** *Please go on to Section 3*
     
  **On sick leave all day today** *Please go on to Section 3*
     

**Diary:**

	00:01 to 06:00		06:00 to 12:00		12:00 to 18:00		18:00 to 24:00	
	Hours	Minutes	Hours	Minutes	Hours	Minutes	Hours	Minutes
Work								
Breaks								
On Call								
Off Duty								
<b>Total</b>	<b>6</b>	<b>00</b>	<b>6</b>	<b>00</b>	<b>6</b>	<b>00</b>	<b>6</b>	<b>00</b>

***Please check that all sections add up to exactly six hours***

***Now please go on to Section Three on the next page***

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**SECTION THREE: DESIGNATED READINESS OVER THE PAST WEEK**

**Q1** During the past week how many days did you spend on the following activities or designated states of readiness? *Please check that your answers add up to 7 days.*

Deployed on operations, exercise or at sea	
Immediate readiness: 24 hours or less	
Immediate readiness: Less than 2 days	
Extremely High Readiness: R1 (2 days NTM)	
Very High Readiness: R2 or R3 (5 or 10 days NTM)	
High readiness: R4 or R5 (20 or 30 days NTM)	
Medium readiness: R6 to R8 (40, 60 or 90 days)	
Low or very low readiness: R9 to R11 (180 days or more)	
Not held on a state of readiness	
<b>Total</b>	<b>7</b>

***Now please go on to the next page for the Section Four and details on how to return your questionnaire***



**SECTION FOUR: LEAVE OVER THE LAST TWELVE MONTHS**

**Q1** During the last twelve months, did you have to change authorised periods of leave for **Service reasons?** *Please tick ONE response only.*

- Yes  *Go to Q2*  
No  *Thank you, there are no more questions*

**Q2** How many times during the last twelve months did you have to change authorised periods of leave for **Service reasons?** *Please tick ONE response only.*

- Once   
Twice   
Three times   
More than three times

**Thank you for completing this questionnaire.**

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**Please see below for details on how to return your questionnaire.**

Please return your questionnaire as soon as possible. Responses must reach us by 14<sup>th</sup> May 2023 to be included.

Please return your completed questionnaire in the pre-paid envelope provided to:

**FAO Demetri Vlachos / Nick Goodman  
Civica Engagement Solutions (CWP)  
33 Clarendon Road,  
London**