HOW TO FILL IN YOUR TRAVEL RECORD
For help with filling in please unfold side flap for notes
JOURNEYS Please record each journey on a new row. Include very short ones and return journeys. Include walks if 1 mile or more

| A <br> What was the purpose of your journey? <br> See Note A | B What time did you leave? See Note B | C What time did you arrive? See Note C | D <br> Where did you start your journey? (Tick Home or give the name of the village, town or area) See Note D | E <br> Where did you go to? (Tick Home or give the name of the village, town or area) See Note E |  | F <br> What method of travel did you use for each stage of your journey? See Note F | G How far did you travel? (Miles) See Note G |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 <br> To School | Time: <br> 8.15 <br> $\checkmark$ am pm | Time: <br> 8.30 <br> $\checkmark \mathrm{am}$ pm | Home |  <br> Keynsham | 1 | Bus | 1.5 |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
| 2 Go Home | $\begin{aligned} & \text { Time: } \\ & 3.30 \\ & \square \mathrm{am} \\ & \square \mathrm{pm} \end{aligned}$ | $\begin{aligned} & \text { Time: } \\ & \mathbf{3 . 5 0} \\ & \square \mathrm{am} \\ & \square \mathrm{pm} \end{aligned}$ | Home <br> Keynsham | $\checkmark$ Home | 1 | Bus | 1.5 |
|  |  |  |  |  | 2 |  |  |
| 3 <br> To Friends | Time <br> 4.00 <br> $\square$ am <br> $\checkmark \mathrm{pm}$ | $\begin{aligned} & \text { Time: } \\ & \mathbf{4 . 0 7} \\ & \square \mathrm{am} \\ & \square \mathrm{pm} \end{aligned}$ | $\checkmark$ Home | Home <br> kingswood | 1 | Car | 1.2 |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
| Cinema | Time: <br> 6.00 <br> $\square$ am <br> $\checkmark \mathrm{pm}$ | Time: <br> 6.40 am $\checkmark \mathrm{pm}$ <br> pm | Home <br> Kingswood | Home <br> Bristol City Centre | 1 | Car | 0.5 |
|  |  |  |  |  | 2 | Train | 5 |
|  |  |  |  |  | 3 |  |  |
| 5 <br> Go Home | $\begin{aligned} & \text { Time: } \\ & \mathbf{9 . 0 0} \\ & \square \mathrm{am} \\ & \nabla \mathrm{pm} \end{aligned}$ | $\begin{aligned} & \text { Time: } \\ & 9.45 \\ & \square \mathrm{am} \\ & \checkmark \mathrm{pm} \end{aligned}$ | Home <br> Bristol City Centre | $\checkmark$ Home | 1 | Train | 5 |
|  |  |  |  |  | 2 | Car | 1.5 |
|  |  |  |  |  | 3 |  |  |
| 6 | Time$:$$\square \mathrm{am}$$\square \mathrm{pm}$ | $\begin{gathered} \text { Time } \\ : \\ \square \mathrm{am} \\ \square \mathrm{pm} \end{gathered}$ | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
| 7 | $\begin{array}{\|c} \text { Time } \\ : \\ \square \mathrm{am} \\ \square \mathrm{pm} \end{array}$ | Time$:$$\square \mathrm{am}$$\square \mathrm{pm}$ | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |

USE THIS SPACE FOR ANYTHING ELSE YOU WANT TO TELL US

Young Travel Record-Nov 16_Version 1_1st proof_Layout 1 21/11/2016 11:45-P-3

|  |  |  | Only fill in these columns if you used a CAR or OTHER MOTOR VEHICLE | Only fill in these columns if you usedPUBLIC TRANSPORT |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Which car or other motor vehicle did you use? | K What type of ticket did you use? | $\begin{aligned} & \text { Low much } \\ & \text { 品 } 10 \text { your } \\ & \text { tichet ocst? } \end{aligned}$ | $\begin{array}{\|l} \hline \mathbf{M} \\ \text { How } \\ \text { many } \\ \text { times } \\ \text { did you } \\ \text { board? } \\ \text { See } \end{array}$ |
| 10 |  | 1 |  | Bus Pass | \& : $\square_{\text {mi }}$ | 1 |
|  |  |  |  |  | \& : ■m |  |
|  |  |  |  |  | \& : ■m |  |
| 10 |  | 1 |  | Bus Pass | \&: $\square_{\text {m }}$ | 1 |
|  |  |  |  |  | \& : ■m |  |
|  |  |  |  | - | \& : ■m |  |
| 7 | 1 | 1 | Mum's | - | \& : ■m |  |
|  |  |  |  |  | \& : ■m |  |
|  |  |  |  |  | \& : ■m |  |
| 5 | 1 | 2 | Friend's |  | \& : ■m |  |
| 18 |  | 2 |  | Return | 2 $280 \square \mathrm{~mm}$ | 1 |
|  |  |  | , |  | \& : ■m |  |
| 18 |  | 2 | S | Return | \& : वnı | 1 |
| 10 | 1 | 1 | Mum's |  | \& : ■m |  |
|  |  |  |  |  | \& : $\square \mathrm{m}$ |  |
|  |  |  |  |  | \& : ■mı |  |
|  |  |  |  |  | ع : ■m |  |
|  |  |  |  |  | \& : पm |  |
|  |  |  |  |  | \& : ■mı |  |
|  |  |  |  |  | ع : ■m |  |
|  |  |  |  |  | \& : ■m |  |

## DM1 Mon Tues Wed Thur Fri Sat Sun Date

## For help with filling in please unfold side flap for notes

On this day only, please include all walks (even walks under a mile)
STAGES These columns are f

## JOURNEYS Please record each journey on a new row. Include very

 short ones and return journeys| A <br> What was the purpose of your journey? <br> See Note A | B <br> What <br> time <br> did <br> you <br> leave? <br> See <br> Note B | C <br> What <br> time <br> did <br> you <br> arrive? <br> See <br> Note C | D <br> Where did you start your journey? (Tick Home or give the name of the village, town or area) See Note D | E <br> Where did you go to? (Tick Home or give the name of the village, town or area) See Note E |  | F <br> What method of travel did you use for each stage of your journey? See Note F | G <br> How far did you travel? (Miles) <br> See Note G |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 |  | Timeampm | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
|  |  |  |  |  | 4 |  |  |
| 2 | Timeampm | Timeampm | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
|  |  |  |  |  | 4 |  |  |
| 3 | Time$\square \mathrm{am}$pm | Timeampm | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
|  |  |  |  |  | 4 |  |  |
| 4 | Timeampm | Timeampm | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
|  |  |  |  |  | 4 |  |  |



## Only fill in these columns if you used a CAR or OTHER MOTOR VEHICLE

J
Which car or other motor vehicle did you use?
See Note J

Only fill in these columns if you used PUBLIC TRANSPORT

| K | L | M |
| :--- | :--- | :--- |
| What type of ticket did | How much | How |
| you use? | did your | many |
| See Note K | ticket cost? | times |
| did you |  |  |
|  |  | See Note L <br> board? <br> See <br> Note M |

## $\mathcal{R}$ On this day only, please include all walks (even walks under a mile)

## JOURNEYS Please record each journey on a new row. Include very short ones and return journeys




| H | I |  |
| :--- | :--- | :--- |
| How long | How many |  |
| did you | people travelled |  |
| spend |  |  |
| travelling? |  |  |
| (Minutes) |  |  |
| See Note H | See Note I you? |  |
|  | Sdults | Children |

Only fill in these columns if you used a CAR or OTHER MOTOR VEHICLE

## J

Which car or other motor vehicle did you use?
See Note J

Only fill in these columns if you used PUBLIC TRANSPORT

| K | L | M |
| :--- | :--- | :--- |
| What type of ticket did | How much | How |
| you use? | did your | many |
| See Note K | ticket cost? | times |
|  | See Note L | did you <br> board? |
|  |  | See <br> Note M |


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| $£$ | $:$ | $\square \mathrm{Nil}$ |  |
| $£$ | $:$ | $\square \mathrm{Nil}$ |  |

On this day only, please include all walks (even walks under a mile)

## JOURNEYS Please record each journey on a new row. Include very short ones and return journeys

| A <br> What was the purpose of your journey? <br> See Note A | B <br> What time did you leave? <br> See Note B | C <br> What time did you arrive? <br> See Note C | D <br> Where did you start your journey? (Tick Home or give the name of the village, town or area) See Note D | E <br> Where did you go to? (Tick Home or give the name of the village, town or area) See Note E |  | F <br> What method of travel did you use for each stage of your journey? See Note F | G <br> How far did you travel? (Miles) See Note G |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 10 | Timeampm | $\begin{gathered} \text { Time } \\ \quad: \\ \square \mathrm{am} \\ \square \mathrm{pm} \end{gathered}$ | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
|  |  |  |  |  | 4 |  |  |
| 11 | Timeampm | Timeampm | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
|  |  |  |  |  | 4 |  |  |
| 12 | Timeampm | Timeampm | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
|  |  |  |  |  | 4 |  |  |
| 13 | Timeampm | Timeampm | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
|  |  |  |  |  | 4 |  |  |
| 14 | Timeampm | Timeampm | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
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| TAXI |  |  |
| :--- | :--- | :--- | :--- |
| H | How long | How many |
| did you |  |  |
| spend |  |  |
| travelling? |  |  |
| (Minutes) |  |  |
| See Note H |  |  |

## Only fill in these columns if you used a CAR or OTHER MOTOR VEHICLE

J
Which car or other motor vehicle did you use?
See Note J

Only fill in these columns if you used PUBLIC TRANSPORT

| K | L | M |
| :--- | :--- | :--- |
| What type of ticket did | How much | How |
| you use? | did your | many |
| See Note K | ticket cost? | times <br> did you |
|  |  | See Note L <br> board? |
|  |  | See <br> Note M |


| $£$ | $:$ | $\square \mathrm{Nil}$ |
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## DAY 2 <br> Mon Tues Wed Thur Fri Sat Sun <br> Date

## For help with filling in please unfold side flap for notes

## JOURNEYS Please record each journey on a new row. Include very short ones

 and return journeys. Include walks if 1 mile or more| A <br> What was the purpose of your journey? <br> See Note A | B <br> What <br> time <br> did <br> you leave? <br> See <br> Note B | C <br> What <br> time <br> did <br> you <br> arrive? <br> See <br> Note C | D <br> Where did you start your journey? <br> (Tick Home or give the name of the village, town or area) See Note D | E <br> Where did you go to? (Tick Home or give the name of the village, town or area) See Note E |  | F <br> What method of travel did you use for each stage of your journey? See Note F | G How far did you travel? (Miles) See Note G |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | $\begin{gathered} \text { Time } \\ : \\ \square \mathrm{am} \\ \square \mathrm{pm} \end{gathered}$ | Time$:$$\square \mathrm{am}$$\square \mathrm{pm}$ | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
| 2 | $\begin{gathered} \text { Time } \\ : \\ \square \mathrm{am} \\ \square \mathrm{pm} \end{gathered}$ | Time$:$$\square \mathrm{am}$$\square \mathrm{pm}$ | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
| 3 | Timeampm | Time$:$$\square \mathrm{am}$$\square \mathrm{pm}$ | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
| 4 | Time$:$$\square \mathrm{am}$$\square \mathrm{pm}$ | Time$:$$\square \mathrm{am}$$\square \mathrm{pm}$ | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
| 5 | Time$:$$\square \mathrm{am}$$\square \mathrm{pm}$ | Time$\quad:$$\square \mathrm{am}$$\square \mathrm{pm}$ | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
| 6 | Time$:$$\square \mathrm{am}$$\square \mathrm{pm}$ | $\begin{gathered} \text { Time } \\ : \\ \square \mathrm{am} \\ \square \mathrm{pm} \end{gathered}$ | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
| 7 | Time$:$$\square \mathrm{am}$$\square \mathrm{pm}$ | Time$\quad:$$\square \mathrm{am}$$\square \mathrm{pm}$ | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |

[^0]| How long <br> Lid you <br> spend <br> travelling? <br> (Minutes) <br> See Note H | I <br> How many <br> people travelled <br> including you? <br> See Note I |  |  |
| :--- | :--- | :--- | :--- | :--- |
|  | Adults | Children |  |
|  |  |  |  |

Only fill in these columns if you used a CAR or OTHER MOTOR VEHICLE

J
Which car or other motor vehicle did you use?
See Note J

Only fill in these columns if you used
PUBLIC TRANSPORT
$\left.\begin{array}{|l|ll|l|l|}\hline \begin{array}{l}\text { K } \\ \text { What type of ticket did } \\ \text { you use? } \\ \text { See Note K }\end{array} & \begin{array}{l}\text { L }\end{array} & & \text { Mow much } \\ \text { did your } \\ \text { ticket cost? } \\ \text { See Note L }\end{array} \quad \begin{array}{l}\text { How } \\ \text { many } \\ \text { times } \\ \text { did you } \\ \text { board? } \\ \text { See }\end{array}\right)$

## DAY 3 <br> Mon Tues Wed Thur Fri Sat Sun <br> Date

## For help with filling in please unfold side flap for notes

## JOURNEYS Please record each journey on a new row. Include very short ones

 and return journeys. Include walks if 1 mile or more| A <br> What was the purpose of your journey? <br> See Note A | B <br> What time did you leave? <br> See Note B | C <br> What time did you arrive? See Note C | D <br> Where did you start your journey? <br> (Tick Home or give the name of the village, town or area) See Note D | E <br> Where did you go to? (Tick Home or give the name of the village, town or area) See Note E |  | F <br> What method of travel did you use for each stage of your journey? See Note F | G <br> How far did you travel? (Miles) <br> See Note G |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | Time$:$$\square \mathrm{am}$$\square \mathrm{pm}$ | Timeampm | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
| 2 | Timeampm | $\begin{gathered} \text { Time } \\ : \\ \square \mathrm{am} \\ \square \mathrm{pm} \end{gathered}$ | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
| 3 | $\begin{gathered} \text { Time } \\ : \\ \square \mathrm{am} \\ \square \mathrm{pm} \end{gathered}$ | Timeampm | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
| 4 | $\begin{gathered} \text { Time } \\ : \\ \square \mathrm{am} \\ \square \mathrm{pm} \end{gathered}$ | Timeampm | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
| 5 | $\begin{gathered} \text { Time } \\ : \\ \square \mathrm{am} \\ \square \mathrm{pm} \end{gathered}$ | $\begin{gathered} \text { Time } \\ \quad: \\ \square \mathrm{am} \\ \square \mathrm{pm} \end{gathered}$ | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
| 6 | $\begin{gathered} \text { Time } \\ : \\ \square \mathrm{am} \\ \square \mathrm{pm} \end{gathered}$ | Timeampm | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
| 7 | Timeampm | Timeampm | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |

[^1]| H <br> How long did you spend travelling? (Minutes) <br> See Note H | I <br> How many people travelled including you? <br> See Note I |  |
| :---: | :---: | :---: |
|  | Adults | Children |
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Only fill in these columns if you
used a CAR or OTHER
MOTOR VEHICLE

J
Which car or other motor vehicle did you use?
See Note J

Only fill in these columns if you used


| K | L | M |
| :--- | :--- | :--- |
| What type of ticket did | How much | How |
| you use? |  |  |
| See Note K | did your | many |
| ticket cost? | times <br> did you <br> See Note L | board? <br> See |
|  |  | Note M |


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## DAY 4 <br> Mon Tues Wed Thur Fri Sat Sun <br> Date

## For help with filling in please unfold side flap for notes

## JOURNEYS Please record each journey on a new row. Include very short ones

 and return journeys. Include walks if 1 mile or more| A <br> What was the purpose of your journey? <br> See Note A | B <br> What time did you leave? <br> See Note B | C <br> What time did you arrive? See Note C | D <br> Where did you start your journey? <br> (Tick Home or give the name of the village, town or area) See Note D | E <br> Where did you go to? (Tick Home or give the name of the village, town or area) See Note E |  | F <br> What method of travel did you use for each stage of your journey? See Note F | G <br> How far did you travel? (Miles) <br> See Note G |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | Time$:$$\square \mathrm{am}$$\square \mathrm{pm}$ | Timeampm | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
| 2 | Timeampm | $\begin{gathered} \text { Time } \\ : \\ \square \mathrm{am} \\ \square \mathrm{pm} \end{gathered}$ | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
| 3 | $\begin{gathered} \text { Time } \\ : \\ \square \mathrm{am} \\ \square \mathrm{pm} \end{gathered}$ | Timeampm | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
| 4 | $\begin{gathered} \text { Time } \\ : \\ \square \mathrm{am} \\ \square \mathrm{pm} \end{gathered}$ | Timeampm | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
| 5 | $\begin{gathered} \text { Time } \\ : \\ \square \mathrm{am} \\ \square \mathrm{pm} \end{gathered}$ | $\begin{gathered} \text { Time } \\ \quad: \\ \square \mathrm{am} \\ \square \mathrm{pm} \end{gathered}$ | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
| 6 | $\begin{gathered} \text { Time } \\ : \\ \square \mathrm{am} \\ \square \mathrm{pm} \end{gathered}$ | Timeampm | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
| 7 | Timeampm | Timeampm | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |

[^2]| H <br> How long <br> did you <br> spend <br> travelling? <br> (Minutes) <br> See Note H | I <br> How many <br> people travelled <br> including you? <br> See Note I |  |  |
| :--- | :--- | :--- | :--- |
|  | Adults | Children |  |
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Only fill in these columns if you used a CAR or OTHER MOTOR VEHICLE

## J

Which car or other motor vehicle did you use?
See Note J

Only fill in these columns if you used


| K | L | M |
| :--- | :--- | :--- |
| What type of ticket did | How much | How |
| you use? | did your | many |
| See Note K | ticket cost? | times |
|  | See Note L | did you <br> board? |
|  |  | See <br> Note M |


| £ : $\square$ Nil |
| :---: |
| £ : $\square$ Nil |
| £ : $\square$ Nil |
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| £ : $\square$ Nil |

## D $\mathbf{A}^{1 / 5}$ Mon Tues Wed Thur Fri Sat Sun Date

## For help with filling in please unfold side flap for notes

## JOURNEYS Please record each journey on a new row. Include very short ones

 and return journeys. Include walks if 1 mile or more| A <br> What was the purpose of your journey? <br> See Note A | B <br> What time did you leave? See Note B | C <br> What time did you arrive? See Note C | D <br> Where did you start your journey? (Tick Home or give the name of the village, town or area) See Note D | E <br> Where did you go to? (Tick Home or give the name of the village, town or area) See Note E |  | F <br> What method of travel did you use for each stage of your journey? See Note F | G <br> How far did you travel? (Miles) See Note G |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | Timeampm | $\begin{gathered} \text { Time } \\ : \\ \square \mathrm{am} \\ \square \mathrm{pm} \end{gathered}$ | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
| 2 | Timeampm | Timeampm | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
| 3 | Timeampm | Timeampm | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
| 4 | Timeampm | Timeampm | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
| 5 | Timeampm | $\begin{gathered} \text { Time } \\ \quad: \\ \square \mathrm{am} \\ \square \mathrm{pm} \end{gathered}$ | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
| 6 | Timeampm | Timeampm | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
| 7 | Timeampm | Timeampm | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |

[^3]| H <br> How long did you spend travelling? (Minutes) See Note H | I <br> How many people travelled including you? <br> See Note I |  |
| :---: | :---: | :---: |
|  | Adults | Children |
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Only fill in these columns if you used a CAR or OTHER MOTOR VEHICLE

## J

Which car or other motor vehicle did you use?
See Note J

Only fill in these columns if you used


| K | L | M |
| :--- | :--- | :--- |
| What type of ticket did | How much | How |
| you use? | did your | many |
| See Note K | ticket cost? | times |
|  | See Note L | did you |
|  |  | board? <br> See |
|  |  | Note M |


| £ : $\square \mathrm{Nil}$ |
| :---: |
| £ : $\square$ Nil |
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| £ : $\square$ Nil |
| £ : $\square$ Nil |

## DAY 6 <br> Mon Tues Wed Thur Fri Sat Sun <br> Date

## For help with filling in please unfold side flap for notes

## JOURNEYS Please record each journey on a new row. Include very short ones

 and return journeys. Include walks if 1 mile or more| A <br> What was the purpose of your journey? <br> See Note A | B <br> What time did you leave? <br> See Note B | C <br> What time did you arrive? See Note C | D <br> Where did you start your journey? <br> (Tick Home or give the name of the village, town or area) See Note D | E <br> Where did you go to? (Tick Home or give the name of the village, town or area) See Note E |  | F <br> What method of travel did you use for each stage of your journey? See Note F | G <br> How far did you travel? (Miles) <br> See Note G |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | Time$:$$\square \mathrm{am}$$\square \mathrm{pm}$ | Timeampm | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
| 2 | Timeampm | $\begin{gathered} \text { Time } \\ : \\ \square \mathrm{am} \\ \square \mathrm{pm} \end{gathered}$ | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
| 3 | $\begin{gathered} \text { Time } \\ : \\ \square \mathrm{am} \\ \square \mathrm{pm} \end{gathered}$ | Timeampm | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
| 4 | $\begin{gathered} \text { Time } \\ : \\ \square \mathrm{am} \\ \square \mathrm{pm} \end{gathered}$ | Timeampm | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
| 5 | $\begin{gathered} \text { Time } \\ : \\ \square \mathrm{am} \\ \square \mathrm{pm} \end{gathered}$ | $\begin{gathered} \text { Time } \\ \quad: \\ \square \mathrm{am} \\ \square \mathrm{pm} \end{gathered}$ | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
| 6 | $\begin{gathered} \text { Time } \\ : \\ \square \mathrm{am} \\ \square \mathrm{pm} \end{gathered}$ | Timeampm | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
| 7 | Timeampm | Timeampm | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |

[^4]\(\left.$$
\begin{array}{|l|l|l|l|}\hline \text { TAXI } \\
\text { How long } \\
\text { did you } \\
\text { spend } \\
\text { travelling? } \\
\text { (Minutes) } \\
\text { See Note H }\end{array}
$$ \begin{array}{l}I How many <br>
people travelled <br>
including you? <br>

See Note I\end{array}\right]\) Adults | Children |
| :--- |

Only fill in these columns if you used a CAR or OTHER MOTOR VEHICLE

## J

Which car or other motor vehicle did you use?
See Note J

Only fill in these columns if you used


| K | L | M |
| :--- | :--- | :--- |
| What type of ticket did | How much | How |
| you use? |  |  |
| See Note K | did your | many |
| ticket cost? | times |  |
| did you |  |  |
|  | See Note L | board? <br> bee |
|  |  | Note M |


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| £ : $\square$ Nil |

## D 1 M Mon Tues Wed Thur Fri Sat Sun Date

## For help with filling in please unfold side flap for notes

## JOURNEYS Please record each journey on a new row. Include very short ones

 and return journeys. Include walks if 1 mile or more| A <br> What was the purpose of your journey? <br> See Note A | B <br> What time did you leave? <br> See Note B | C <br> What time did you arrive? <br> See Note C | D <br> Where did you start your journey? (Tick Home or give the name of the village, town or area) See Note D | E <br> Where did you go to? (Tick Home or give the name of the village, town or area) See Note E |  | F <br> What method of travel did you use for each stage of your journey? See Note F | G <br> How far did you travel? (Miles) See Note G |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | Timeampm | Timeampm | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
| 2 | Timeampm | Timeampm | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
| 3 | Timeampm | $\begin{gathered} \text { Time } \\ : \\ \square \mathrm{am} \\ \square \mathrm{pm} \end{gathered}$ | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
| 4 | Timeampm | $\begin{gathered} \text { Time } \\ : \\ \square \mathrm{am} \\ \square \mathrm{pm} \end{gathered}$ | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
| 5 | Timeampm | Timeampm | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
| 6 | Timeampm | Timeampm | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
| 7 | Timeampm | $\begin{gathered} \text { Time } \\ : \\ \square \mathrm{am} \\ \square \mathrm{pm} \end{gathered}$ | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |

[^5]
Only fill in these columns if you
used a CAR or OTHER
MOTOR VEHICLE
J
Which car or other motor vehicle
did you use?
See Note J

Only fill in these columns if you used


| K | L | M |
| :--- | :--- | :--- |
| What type of ticket did | How much | How |
| you use? | did your | many |
| See Note K | ticket cost? | times |
|  | See Note L | did you <br> board? <br>  |
|  |  | See |
|  |  | Note M |


| £ : $\square$ Nil |
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| £ : $\square$ Nil |

## EXTRA JOURNEYS

## For help with filling in please unfold side flap for notes

## JOURNEYS Please record each journey on a new row. Include very short ones

 and return journeys| A <br> What was the purpose of your journey? <br> See Note A | B <br> What <br> time <br> did <br> you <br> leave? <br> See <br> Note B | C <br> What time did you arrive? <br> See Note C | D <br> Where did you start your journey? <br> (Tick Home or give the name of the village, town or area) See Note D | E <br> Where did you go to? (Tick Home or give the name of the village, town or area) See Note E |
| :---: | :---: | :---: | :---: | :---: |
| 1 | Time am pm | Time am pm | Home | $\square$ Home |
| 2 | Time $\square \mathrm{am}$ pm | Time am pm | $\square$ Home | $\square$ Home |
| 3 | Time am pm | Time am pm | Home | $\square$ Home |

## EXIRA JOURNEYS Day of week



| TAXI |  |  | I |
| :--- | :--- | :--- | :--- |
| H <br> How long <br> did you <br> spend <br> travelling? <br> (Minutes) <br> See Note H | How many <br> people travelled <br> including you? <br> See Note I |  |  |
|  | Adults | Children |  |
|  |  |  |  |

Only fill in these columns if you used a CAR or OTHER MOTOR VEHICLE

J
Which car or other motor vehicle did you use?
See Note J

Only fill in these columns if you used
PUBLIC TRANSPORT

| K | L | M |
| :--- | :--- | :--- |
| What type of ticket did | How much | How |
| you use? |  |  |
| See Note K | did your | many |
| ticket cost? | times <br> did you <br> See Note L | board? <br> See <br> Note M |


| $£$ | $:$ | $\square \mathrm{Nil}$ |  |
| :--- | :--- | :--- | :--- | :--- |
| $£$ | $:$ | $\square \mathrm{Nil}$ |  |
| $£$ | $:$ | $\square \mathrm{Nil}$ |  |
| $£$ | $:$ | $\square \mathrm{Nil}$ |  |
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| $£$ | $:$ | $\square \mathrm{Nil}$ |  |
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| $£$ | $:$ | $\square \mathrm{Nil}$ |  |
| $£$ | $:$ | $\square \mathrm{Nil}$ |  |
| $£$ | $:$ | $\square \mathrm{Nil}$ |  |

## EXTRA JOURNEYS

## For help with filling in please unfold side flap for notes

## JOURNEYS Please record each journey on a new row. Include very short ones

 and return journeys| A <br> What was the purpose of your journey? <br> See Note A | B <br> What time <br> did <br> you leave? <br> See <br> Note B | C <br> What <br> time <br> did <br> you <br> arrive? <br> See <br> Note C | D <br> Where did you start your journey? <br> (Tick Home or give the name of the village, town or area) See Note D | E <br> Where did you go to? (Tick Home or give the name of the village, town or area) See Note E |
| :---: | :---: | :---: | :---: | :---: |
| 1 |  | Time $:$ $\square \mathrm{am}$ $\square \mathrm{pm}$ | $\square$ Home | $\square$ Home |
| 2 |  | Time : $\square \mathrm{am}$ $\square \mathrm{pm}$ | $\square$ Home | $\square$ Home |
| 3 | Time : $\square \mathrm{am}$ $\square \mathrm{pm}$ |  | $\square$ Home | $\square$ Home |

## EXTRA JOURNEYS

## Day of week

| 1 | Time am pm | Time am pm | $\square$ Home | $\square$ Home | 1 <br> 2 <br> 3 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 2 | $\begin{gathered} \text { Time } \\ : \\ \square \mathrm{am} \\ \square \mathrm{pm} \end{gathered}$ | $\begin{gathered} \text { Time } \\ : \\ \square \mathrm{am} \\ \square \mathrm{pm} \end{gathered}$ | $\square$ Home | $\square$ Home | 1 2 3 |
| 3 | Time $:$ $\square \mathrm{am}$ $\square \mathrm{pm}$ | Time $:$ $\square \mathrm{am}$ $\square \mathrm{pm}$ | $\square$ Home | $\square$ Home | 1 <br> 2 <br> 3 |


| TAXI |  |  |  |
| :--- | :--- | :--- | :--- |
| H <br> How long <br> did you <br> spend <br> travelling? <br> (Minutes) <br> See Note H | How many <br> people travelled <br> including you? <br> See Note I |  |  |
|  | Adults | Children |  |

Only fill in these columns if you used a CAR or OTHER MOTOR VEHICLE

J
Which car or other motor vehicle did you use?
See Note J

| Only fill in these columns if you used PUBLIC TRANSPORT |  |  |
| :---: | :---: | :---: |
| K <br> What type of ticket did you use? <br> See Note K | L <br> How much did your ticket cost? <br> See Note L | M <br> How <br> many <br> times <br> did you <br> board? <br> See <br> Note M |
|  | £ : $\square$ Nil |  |
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|  | $£$ | $:$ | $\square \mathrm{Nil}$ |  |
| :--- | :--- | :--- | :--- | :--- |
|  | $£$ | $:$ | $\square \mathrm{Nil}$ |  |
|  | $£$ | $:$ | $\square \mathrm{Nil}$ |  |
|  | $£$ | $:$ | $\square \mathrm{Nil}$ |  |
|  | $£$ | $:$ | $\square \mathrm{Nil}$ |  |
|  | $£$ | $:$ | $\square \mathrm{Nil}$ |  |
|  | $£$ | $:$ | $\square \mathrm{Nil}$ |  |
|  | $£$ | $:$ | $\square \mathrm{Nil}$ |  |
|  | $£$ | $:$ | $\square \mathrm{Nil}$ |  |

## EXTRA JOURNEYS

## For help with filling in please unfold side flap for notes

## JOURNEYS Please record each journey on a new row. Include very short ones

 and return journeys| A <br> What was the purpose of your journey? <br> See Note A | B <br> What time <br> did <br> you leave? <br> See <br> Note B | C <br> What <br> time <br> did <br> you <br> arrive? <br> See <br> Note C | D <br> Where did you start your journey? <br> (Tick Home or give the name of the village, town or area) See Note D | E <br> Where did you go to? (Tick Home or give the name of the village, town or area) See Note E |
| :---: | :---: | :---: | :---: | :---: |
| 1 |  | Time $:$ $\square \mathrm{am}$ $\square \mathrm{pm}$ | $\square$ Home | $\square$ Home |
| 2 |  | Time : $\square \mathrm{am}$ $\square \mathrm{pm}$ | $\square$ Home | $\square$ Home |
| 3 | Time : $\square \mathrm{am}$ $\square \mathrm{pm}$ |  | $\square$ Home | $\square$ Home |

## EXTRA JOURNEYS

## Day of week

| 1 | Time : $\square \mathrm{am}$ $\square \mathrm{pm}$ | Time : $\square \mathrm{am}$ $\square \mathrm{pm}$ | $\square$ Home | $\square$ Home |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 2 | Time $:$ $\square \mathrm{am}$ $\square \mathrm{pm}$ | Time $\quad:$ $\square \mathrm{am}$ $\square \mathrm{pm}$ | $\square$ Home | $\square$ Home | 1 <br> 2 |
| 3 | Time $:$ $\square \mathrm{am}$ $\square \mathrm{pm}$ | Time : $\square \mathrm{am}$ $\square \mathrm{pm}$ | $\square$ Home | $\square$ Home | $\begin{array}{\|l\|} 1 \\ \hline 2 \\ \hline 3 \\ \hline \end{array}$ |


| TAXI |  |  |  |
| :--- | :--- | :--- | :--- |
| H <br> How long <br> did you <br> spend <br> travelling? <br> (Minutes) <br> See Note H | How many <br> people travelled <br> including you? <br> See Note I |  |  |
|  | Adults | Children |  |

Only fill in these columns if you used a CAR or OTHER MOTOR VEHICLE

J
Which car or other motor vehicle did you use?
See Note J

| Only fill in these columns if you used |  |  |
| :---: | :---: | :---: |
|  |  |  |
| ¢-0 Hoy |  |  |
| K | L | M |
| What type of ticket did | How much | How |
| you use? | did your | many |
| See Note K | ticket cost? | times |
|  | See Note L | did you |
|  |  | board? |
|  |  | Note M |
|  | £ : $\square$ Nil |  |
|  | £ : $\square \mathrm{Nil}$ |  |
|  | £ : $\square$ Nil |  |
|  | £ : $\square$ Nil |  |
|  | £ : $\square$ Nil |  |
|  | £ : $\square$ Nil |  |
|  | £ : $\square \mathrm{Nil}$ |  |
|  | £ : $\square$ Nil |  |
|  | £ : $\square$ Nil |  |


|  | $£$ | $:$ | $\square \mathrm{Nil}$ |  |
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|  | $£$ | $:$ | $\square \mathrm{Nil}$ |  |
|  | $£$ | $:$ | $\square \mathrm{Nil}$ |  |
|  | $£$ | $:$ | $\square \mathrm{Nil}$ |  |
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|  | $£$ | $:$ | $\square \mathrm{Nil}$ |  |
|  | $£$ | $:$ | $\square \mathrm{Nil}$ |  |
|  | $£$ | $:$ | $\square \mathrm{Nil}$ |  |

## EXTRA JOURNEYS

## For help with filling in please unfold side flap for notes

## JOURNEYS Please record each journey on a new row. Include very short ones

 and return journeys| A <br> What was the purpose of your journey? <br> See Note A | B <br> What time <br> did <br> you leave? <br> See <br> Note B | C <br> What <br> time <br> did <br> you <br> arrive? <br> See <br> Note C | D <br> Where did you start your journey? <br> (Tick Home or give the name of the village, town or area) See Note D | E <br> Where did you go to? (Tick Home or give the name of the village, town or area) See Note E |
| :---: | :---: | :---: | :---: | :---: |
| 1 |  | Time $:$ $\square \mathrm{am}$ $\square \mathrm{pm}$ | $\square$ Home | $\square$ Home |
| 2 |  | Time : $\square \mathrm{am}$ $\square \mathrm{pm}$ | $\square$ Home | $\square$ Home |
| 3 | Time : $\square \mathrm{am}$ $\square \mathrm{pm}$ |  | $\square$ Home | $\square$ Home |

## EXTRA JOURNEYS Day of week



| H <br> How long did you spend travelling? (Minutes) See Note H | I <br> How many people travelled including you? <br> See Note I |  |
| :---: | :---: | :---: |
|  | Adults | Children |
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Only fill in these columns if you used a CAR or OTHER MOTOR VEHICLE

## J

Which car or other motor vehicle did you use?
See Note J

Only fill in these columns if you used PUBLIC TRANSPORT


What type of ticket did you use?
See Note K

| L | $\mathbf{M}$ |
| :--- | :--- |
| How much | How |
| did your | many |
| ticket cost? | times |
| See Note L | did you <br> board? <br> See <br> Note M |


| $£$ | $:$ | $\square \mathrm{Nil}$ |  |
| :--- | :--- | :--- | :--- |
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| $£$ | $:$ | $\square \mathrm{Nil}$ |  |

## PRAGTICE PAGE

For help with filling in please unfold side flap for notes

## JOURNEYS Please record each journey on a new row. Include very short ones and return journeys. Include walks if 1 mile or more

| A <br> What was the purpose of your journey? <br> See Note A | B <br> What <br> time <br> did <br> you <br> leave? <br> See <br> Note B | C <br> What <br> time <br> did <br> you <br> arrive? <br> See <br> Note C | D <br> Where did you start your journey? (Tick Home or give the name of the village, town or area) See Note D | E Where did you go to? (Tick Home or give the name of the village, town or area) See Note E |  | F <br> What method of travel did you use for each stage of your journey? See Note F | G How far did you travel? (Miles) See Note G |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | $\begin{gathered} \text { Time } \\ : \\ \square \mathrm{am} \\ \square \mathrm{pm} \end{gathered}$ | Timeampm | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
| 2 | $\begin{array}{\|c} \text { Time } \\ : \\ \square \mathrm{am} \\ \square \mathrm{pm} \end{array}$ | Timeampm | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
| 3 | $\begin{gathered} \text { Time } \\ \quad: \\ \square \mathrm{am} \\ \square \mathrm{pm} \end{gathered}$ | $\begin{gathered} \text { Time } \\ : \\ \square \mathrm{am} \\ \square \mathrm{pm} \end{gathered}$ | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
| 4 | Time:$\square \mathrm{am}$$\square \mathrm{pm}$ | Timeampm | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
| 5 | Time:$\square \mathrm{am}$$\square \mathrm{pm}$ | Timeampm | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
| 6 | Timeampm | $\begin{gathered} \text { Time } \\ : \\ \square \mathrm{am} \\ \square \mathrm{pm} \end{gathered}$ | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |
| 7 | $\begin{array}{\|c} \text { Time } \\ : \\ \square \mathrm{am} \\ \square \mathrm{pm} \end{array}$ | Timeampm | $\square$ Home | $\square$ Home | 1 |  |  |
|  |  |  |  |  | 2 |  |  |
|  |  |  |  |  | 3 |  |  |


| H <br> How long <br> did you <br> spend <br> travelling? <br> (Minutes) <br> See Note H | I <br> How many <br> people travelled <br> including you? <br> See Note I |  |  |
| :--- | :--- | :--- | :--- |
|  | Adults | Children |  |
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Only fill in these columns if you used a CAR or OTHER MOTOR VEHICLE

## J

Which car or other motor vehicle did you use?
See Note J

| Only fill in these columns if you used PUBLIC TRANSPORT |  |  |
| :---: | :---: | :---: |
| K <br> What type of ticket did you use? <br> See Note K | L How much did your ticket cost? See Note L | M <br> How many times did you board? See Note M |
|  | £: $\square$ Nil |  |
|  | £ : $\square$ Nil |  |
|  | £ : $\square$ Nil |  |
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[^0]:    USE THIS SPACE FOR ANYTHING ELSE YOU WANT TO TELL US

[^1]:    USE THIS SPACE FOR ANYTHING ELSE YOU WANT TO TELL US

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