## **HOW TO FILL IN YOUR TRAVEL RECORD**

For help with filling in please unfold side flap for notes

STAGES These columns are f

JOURNEYS Please and return journeys			i journey on a new row. Ir ks if 1 mile or more	nclude very short ones			S.Y.
A What was the purpose of your journey? See Note A	B What time did you leave? See Note B	C What time did you	Where did you start your journey? (Tick Home or give the name of the	E Where did you go to? (Tick Home or give the name of the village, town or area) See Note E		F What method of travel did you use for each stage of your journey? See Note F	G How far did you travel? (Miles) See Note G
1	Time: <b>8.15</b>	Time: <b>8.30</b>	Home	Home	1	Bus	1.5
To School	am	am		Keynsham	2	· .	
	_ pm	_ pm			3		
2	Time:	Time:	Home	Home	1	Bus	1.5
Go		3.50	Vahan		2	0-5	
Home	☐ am ✓ pm	☐ am	Keynsham		3		
3	Time:	Time:	Home	Home	1	Car	1.2
To Friends		4.07		Kingswood	2	Cui	*
Triends	☐ am ✓ pm	am pm		Kiriuswood	3		
4	Time:	Time:	Home	Home			^ _
4 To		6.40		Bristol City	1	Car	0.5
Cinema	am	am	Kingswood	Centre	2	Train	5
	pm	pm			3	_	
	Time: <b>9.00</b>	Time: <b>9.45</b>	Home	Home	1	Train	5
Home	am	am	Bristol City		2	Car	1.5
	pm	pm	Centre		3		
6	Time	Time	Home	Home	1		
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mns a	are for ente	ring deta	ils of <b>eac</b>	<b>h stage</b> of your journey								
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	H How long did you spend travelling? (Minutes) See Note H	How many people tra including See Note I	velled you?	J Which car or other motor vehicle did you use? See Note J	K What type of ticket did you use? See Note K	L How much did your ticket cost? See Note L	M How many times did you board? See					
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Mon Tues Wed Thur Fri Sat Sun

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For help with filling in please	e unfold side flap for note	<b>)</b> S
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On this day only,	please i	nclude a	all walks (even walks under a	ı mile)		S	TAGES These	columns	are f
JOURNEYS Pleas short ones and retu			journey on a new row. I	nclude very				SX	
A What was the purpose of your journey? See Note A	B What time did you leave? See Note B	C What time did you	Where did you start your journey? (Tick Home or give the name of the village, town or area) See Note D	E Where did you go (Tick Home or gi the name of the village, town or a See Note E	ve		What method of travel did you use for each stage of your journey? See Note F	G How far did you travel? (Miles) See Note G	
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STAGES These columns are for



#### Turn over for more journeys

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	H How long did you spend travelling? (Minutes) See Note H	How many people tra including See Note I	velled you?	J Which car or other motor vehicle did you use? See Note J	K What type of ticket did you use? See Note K	L How much did your ticket cost? See Note L	M How many times did you board? See						
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# DAY 1 continued

Mon Tues Wed Thur Fri Sat Sun

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#### Turn over for more journeys

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## DAY 1 continued

Mon Tues Wed Thur Fri Sat Sun

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12	Time	Time	Home	Home		1			
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nns a	are for ente	ring deta	ils of <b>eac</b>	<b>h stage</b> of your journey							
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	H How long did you spend travelling? (Minutes) See Note H	How man people tra including See Note I	avelled	J Which car or other motor vehicle did you use? See Note J	K What type of ticket did you use? See Note K	L How much did your ticket cost? See Note L	M How many times did you board? See				
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Mon Tues Wed Thur Fri Sat Sun

Date

For help with filling in please unfold side flap for notes

STAGES These columns are for

	JOURNEYS Please record each journey on a new row. Include very short ones and return journeys. Include walks if 1 mile or more							
A What was the purpose of your journey? See Note A	B What time did you leave? See Note B	What time did you arrive?	Where did you start your journey? (Tick Home or give the name of the village, town or area) See Note D	Where did you go to? (Tick Home or give the name of the village, town or area) See Note E		What method of travel did you use for each stage of your journey? See Note F	G How far did you travel? (Miles) See Note G	
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	H How long did you spend travelling? (Minutes) See Note H	How man people tra including See Note I	avelled you?	J Which car or other motor vehicle did you use? See Note J	K What type of ticket did you use? See Note K	L How much did your ticket cost? See Note L	M How many times did you board? See				
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Mon Tues Wed Thur Fri Sat Sun Date

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JOURNEYS Pleas and return journeys			journey on a new row. Incs if 1 mile or more	nclude very short ones			S.Y.
A What was the purpose of your journey? See Note A	B What time did you leave? See Note B	C What time did you	D Where did you start your journey? (Tick Home or give the name of the	E Where did you go to? (Tick Home or give the name of the village, town or area) See Note E		What method of travel did you use for each stage of your journey? See Note F	G How far did you travel? (Miles) See Note G
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	TAXI O			Only fill in these columns if you used a CAR or OTHER MOTOR VEHICLE	PUBLIC TRANSPORT	Only fill in these columns if you used PUBLIC TRANSPORT				
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			journey on a new row. In	nclude very short ones			£X.
and return journeys							
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	TAXI ⁄ 🗞			Only fill in these columns if you used a CAR or OTHER MOTOR VEHICLE		Only fill in these columns if you used PUBLIC TRANSPORT				
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	H How long did you spend travelling? (Minutes) See Note H		avelled you?	J Which car or other motor vehicle did you use? See Note J	K What type of ticket did you use? See Note K	L How much did your ticket cost? See Note L	M How many times did you board? See		
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Mon Tues Wed Thur Fri Sat Sun

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STAGES These columns are for

JOURNEYS Pleas and return journeys			i journey on a new row. It ks if 1 mile or more	nclude very short ones			S.Y.	
A What was the purpose of your journey? See Note A	B What time did you leave? See Note B	C What time did you arrive? See Note C	Where did you start your journey? (Tick Home or give the name of the village, town or area) See Note D	E Where did you go to? (Tick Home or give the name of the village, town or area) See Note E		What method of travel did you use for each stage of your journey? See Note F	G How far did you travel? (Miles) See Note G	
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	TAXI ⁄			Only fill in these columns if you used a CAR or OTHER MOTOR VEHICLE	PUBLIC TRANSPORT	Only fill in these columns if you used  PUBLIC TRANSPORT			
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Mon Tues Wed Thur Fri Sat Sun

Date

## For help with filling in please unfold side flap for notes

STAGES These columns are for

JOURNEYS Pleas and return journeys			journey on a new row. Ir	nclude very short ones			S. K.	
A What was the purpose of your journey? See Note A	B What time did you leave? See Note B	C What time did you arrive? See Note C	Where did you start your journey? (Tick Home or give the name of the village, town or area) See Note D	E Where did you go to? (Tick Home or give the name of the village, town or area) See Note E		F What method of travel did you use for each stage of your journey? See Note F	G How far did you travel? (Miles) See Note G	
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#### **EXTRA JOURNEYS** Day of week Date **STAGES** These columns are for For help with filling in please unfold side flap for notes **JOURNEYS** Please record each journey on a new row. Include very short ones and return journeys Α В С D Ε What was the What What Where did you start Where did you go to? What method How far your journey? (Tick Home or give of travel did did you purpose of your time time (Tick Home or give the name of the you use for travel? journey? did did See Note A the name of the village, town or area) each stage of (Miles) you you See Note E See Note G leave? arrive? village, town or area) your journey? See Note D See Note F **Note C Note B** 1 Time Time Home Home 1 2 am am 3 pm pm 2 Time Time Home Home 1 2 am am 3 pm pm 3 Time Time Home Home 1 2 am am 3 pm pm **EXTRA JOURNEYS** Day of week Date 1 Time Time Home Home 1 2 am am 3 pm pm 2 Time Time Home Home 1 2 am am 3 pm pm 3 Time Time Home Home 1 :



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	H How long did you spend travelling? (Minutes) See Note H  I How many people travelled including you? See Note I  Adults Children			J Which car or other motor vehicle did you use? See Note J	K What type of ticket did you use? See Note K	L How much did your ticket cost? See Note L	M How many times did you board? See Note M			
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#### **EXTRA JOURNEYS** Day of week Date **STAGES** These columns are for For help with filling in please unfold side flap for notes **JOURNEYS** Please record each journey on a new row. Include very short ones and return journeys Α В С D Ε What was the What What Where did you start Where did you go to? What method How far your journey? (Tick Home or give of travel did did you purpose of your time time (Tick Home or give the name of the you use for travel? journey? did did See Note A the name of the village, town or area) each stage of (Miles) you you See Note E See Note G leave? arrive? village, town or area) your journey? See Note D See Note F **Note C Note B** 1 Time Time Home Home 1 2 am am 3 pm pm 2 Time Time Home Home 1 2 am am 3 pm pm 3 Time Time Home Home 1 2 am am 3 pm pm **EXTRA JOURNEYS** Day of week Date 1 Time Time Home Home 1 2 am am 3 pm pm 2 Time Time Home Home 1 2 am am



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## PRACTICE PAGE

For help with filling in please unfold side flap for notes

**STAGES** These columns are for

JOURNEYS Pleas and return journeys			journey on a new row. In	nclude very short ones			<u>c</u> x
A What was the purpose of your journey? See Note A	B What time did you leave? See Note B	C What time did you	Where did you start your journey? (Tick Home or give the name of the village, town or area) See Note D	Where did you go to? (Tick Home or give the name of the village, town or area) See Note E		F What method of travel did you use for each stage of your journey? See Note F	G How far did you travel? (Miles) See Note G
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2	Time : am pm	Time : am pm	Home	Home	1 2 3		
3	Time : am pm	Time : am	Home	Home	1 2 3		•
4	Time : am pm	Time : am pm	Home	Home	1 2 3		
5	Time : am pm	Time : am pm	Home	Home	1 2 3		
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TAXI ⁄			Only fill in these columns if you used a CAR or OTHER MOTOR VEHICLE	Only fill in these columns if you used PUBLIC TRANSPORT				
H How long did you spend travelling? (Minutes) See Note H	How man people traincluding See Note I	avelled you?	See Note J	K What type of ticket did you use? See Note K	L How much did your ticket cost? See Note L	M How many times did you board?		
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