UKHSA [Enter HPT]

Telephone number: [Enter HPT contact number]

Email: [Enter HPT contact email]

[www.gov.uk/ukhsa](http://www.gov.uk/ukhsa)

HPZ Reference number:

Date:

Dear Sir / Madam,

We are contacting you because the xx Health Protection Team/Environmental Health Department have been told that you have been in close contact with someone with <typhoid/paratyphoid> infection. There is a fact sheet with this letter which has more information about the illness and advice on how you can protect yourself.

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Optional paragraphs - If applicable, please choose one paragraph below or otherwise delete both paragraphs.

<For co-travellers in a risk group>

We have also been informed that you have recently travelled to an area where <typhoid/paratyphoid> is very common and there is a risk the infection could be passed on because of <your occupation in health, social care, handling food or child’s age>. We therefore recommend that you have one stool (poo) sample tested for <typhoid/paratyphoid>. An Environmental Health Officer or the Health Protection Team will contact you to arrange for the sample to be taken and tell you how to get the results.

<For household and close contacts of cases not thought to be travel related>

We recommend that you have one stool (poo) sample tested for <typhoid/paratyphoid>. An Environmental Health Officer or the Health Protection Team will contact you to arrange for the sample to be taken and tell you how to get the results.

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<Typhoid/paratyphoid> infection usually causes a high fever for several days, with headaches, general pains, stomach upset or diarrhoea. If you develop these symptoms in the next four weeks, please get medical attention immediately and show this letter to your doctor.

A good way to prevent illnesses such as <typhoid/paratyphoid> is to wash your hands carefully before preparing and eating food or drinks and after using the toilet. People who are ill or who take care of others who are ill (such as helping with toileting or changing nappies) should be very careful with hand hygiene. Young children may need an adult to help them wash their hands.

If you have any questions, please contact the Health Protection Team on xxx.

Yours faithfully,

Consultant in Health Protection / Health Protection Practitioner

[Enter region] Health Protection Team