



# Changing restraints on escorts and bedwatches

## Instructions

- You must have authorisation from either the risk assessment or a governor, before you can change restraints.
- Prisoners should be restrained to an officer at all times during a changeover in restraints.

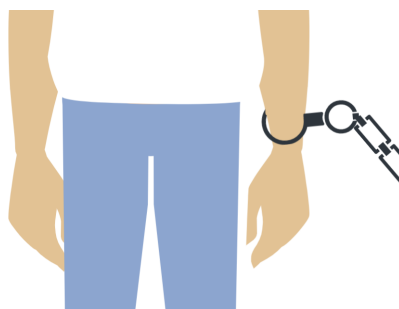
### Step 1

At the end of a shift, one officer will be restrained to the prisoner.



### Step 2

The officer starting duty will check the prisoner's wrists for any contaminants (cream, soap etc.). Such contaminants can compromise the re-application of restraints.



### Step 3

The officer starting duty should then cuff themselves to the prisoner using the standard restraints (D-cuff). Restraints must be secure above the wrist bone.



### Step 4

The escort chain should then be removed from the officer ending their shift and attached to the officer starting their duties.



### Step 5

Staff starting duty should check that the escort chain is secure above the wrist bone on both the prisoner and the member of staff.



### Step 6

Now the standard restraints (D-cuffs) can be removed.



You should remain extra vigilant during the changeover of restraints.



You can upskill yourself further using the link below.

<https://web.microsoftstream.com/video/403b965c-ec8d-4fff-8253-11cb588132a9>

For more information contact: [RiskandCapabilitiesUnit@justice.gov.uk](mailto:RiskandCapabilitiesUnit@justice.gov.uk)