

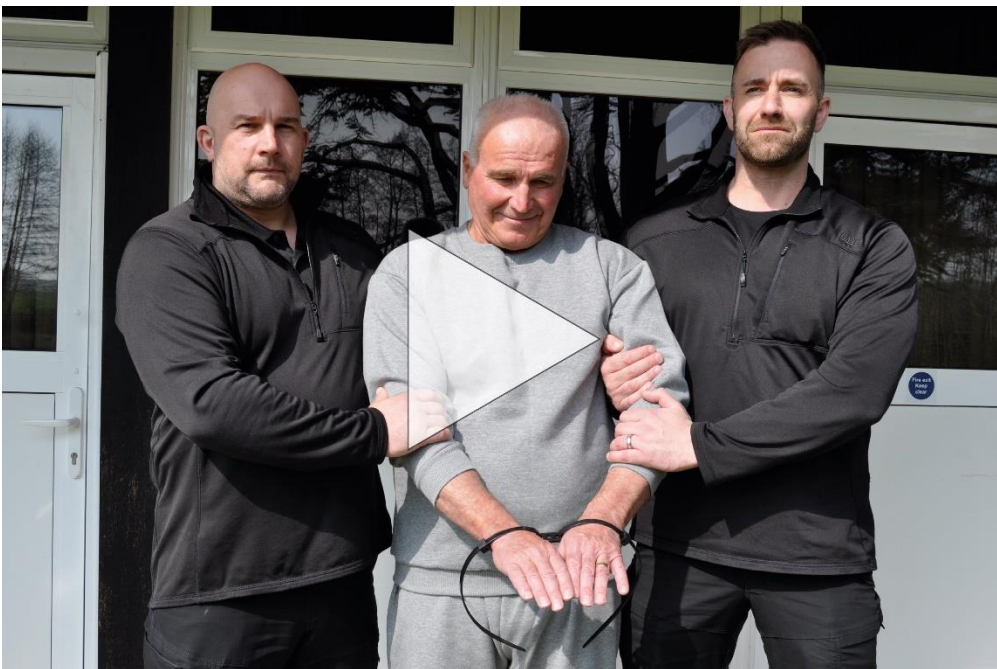


HM Prison &  
Probation Service

# Annex R

## External Escorts Videos

Plastic restraints instructional video: The use of plastic restraints



[Watch 'Use of Plastic Restraints'](#)

## Applying single and double cuffs: Application of single and double restraints



[Watch 'Single & double restraints'](#)

## Using the escort chain: Application of the escort chain



[Watch 'Applying the escort chain'](#)

## Changeover of restraints



[Watch 'Changing over of restraint'](#)

## Standard Escort Chain



[Watch Standard Escort Chain](#)