

# Alternative proteins: food authenticity implications

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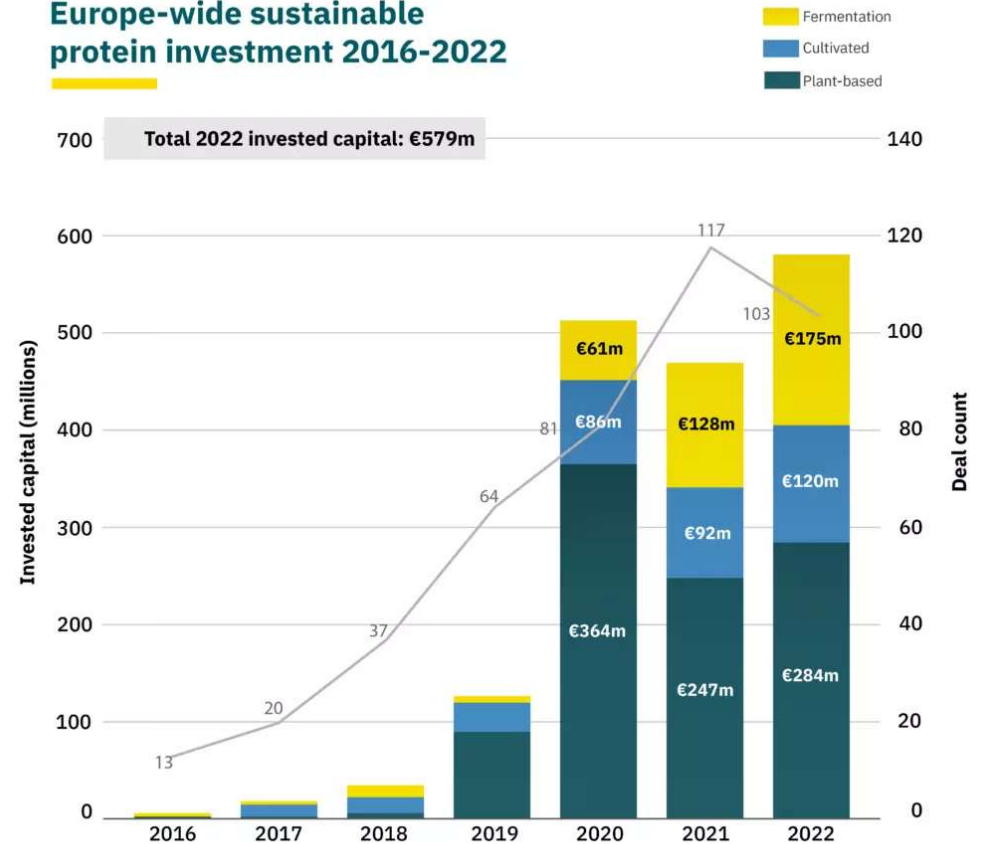
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# Growing interest in alternative sources of proteins

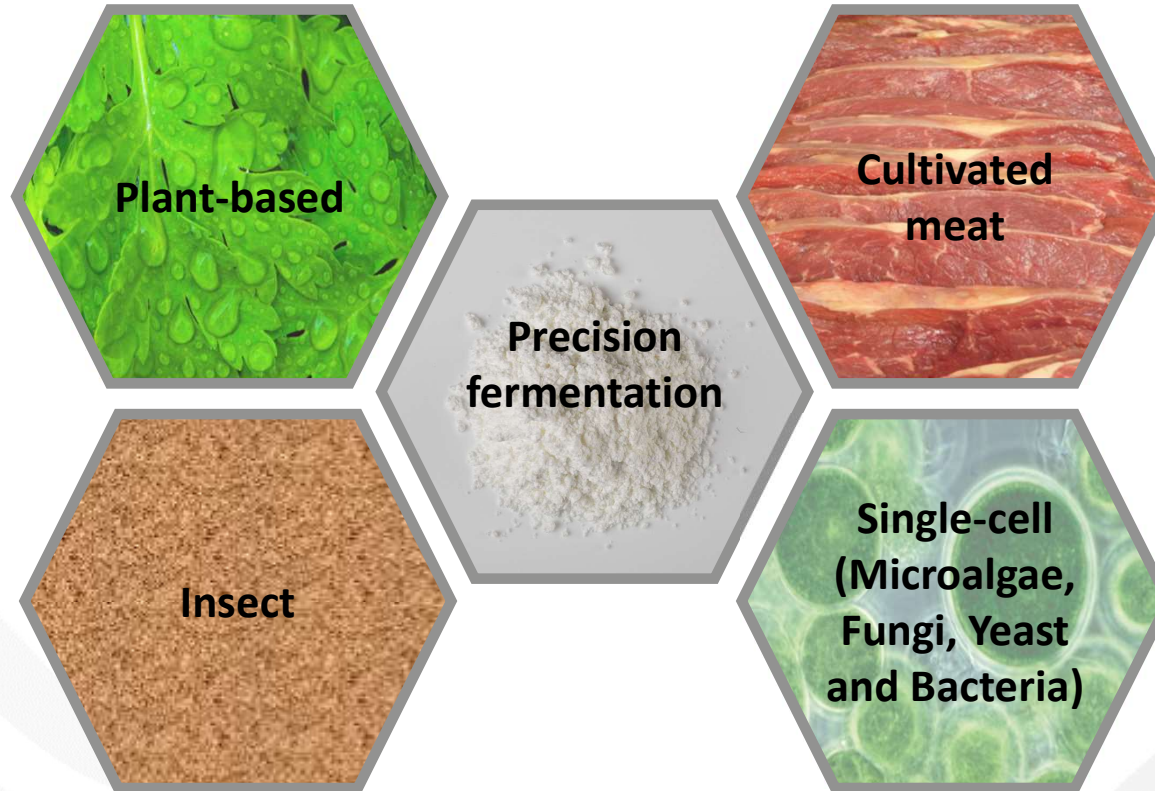
- Food security
- Environmental impact
- Health perceptions
- Animal welfare

### Europe-wide sustainable protein investment 2016-2022



From GFI Europe

# Accelerating innovations



**Potential to greatly impact the food system**

# Challenges remain



# Defra Food Authenticity Programme

Research Project - Implications of emerging novel protein sources for food authenticity



**Emerging risks for food authenticity and fraud?**

**Do we have adequate analytical capabilities?**

**What are the research priorities in this field?**

# Approach



The Future of Protein production Summit 2022 - world leading experts in the field to update on the most recent developments, technologies, policies and concepts across the food system



Light touch review of selective sources - academic and grey literature, internet sources.  
Focus on authenticity



Stakeholder consultations (n=10)

# Findings



**Authenticity** issues and **methodologies** have not been an area of focus for the alternative protein sector



Food industry – higher awareness

Consumer trust

Health implications

Wider implications of fraud



Authenticity main challenges

Species of origin / Ingredient verification

Complex formulations / highly processed products – more challenging

Supply chain may be complex / fragmented



# Drivers of fraud

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Economic factors

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Conventional protein may be cheaper – substitution

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Adulteration with non-protein material, e.g., powders

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Hybrid products potentially more vulnerable

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Excess of a particular commodity may lead to substitution

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Ingredient shortages (supply / demand)

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Some novel ingredients / raw materials may be in short supply

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Supply chain potentially more vulnerable – disruptions

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Impact of climatic events - crops

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Preference for short ingredient lists / natural ingredients may lead to failure to declare

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Competition





# Plant-based

Species substitution

Presence of animal ingredients

Quantification of AP in hybrid products

Substitution/dilution with nitrogen powders



# Cultivated meat / seafood

Species substitution

Adulteration with conventional meat / seafood

Discrimination from animal counterpart

Use of unauthorised cell lines

Quantification of AP in hybrid products

Substitution of culture medium / scaffolding ingredients



# Fermentation

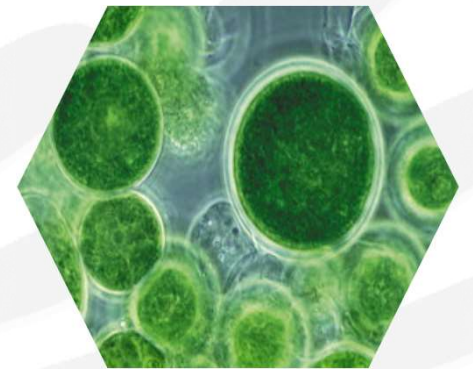
Species substitution (Biomass)

Presence of animal ingredients

Quantification of AP in hybrid products

Distinction from animal counterpart (Precision)

Substitution/dilution with nitrogen powders



# Insects

Species substitution, wild vs farmed

Insect protein for feed used for food

Use of unauthorised / undeclared rearing substrates

Quantification of AP in hybrid products

Substitution/dilution with nitrogen powders



# Anticipated analytical challenges

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Species identification – genomic information

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Discrimination between AP and conventional counterpart

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Identification of gene editing

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Potential impact of novel processing techniques  
on performance of current methods

potential structural modification of target  
molecules

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Databases and reference materials

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Validated methods

# Analytical tools

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## Plant-based

Spectroscopy/chemometrics for powders

Neves *et al.*, 2022 – classification soy, whey, wheat

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Sensors/AI – metabolomic fingerprints of plant-based products

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Faller *et al.*, 2019 – ingredient identification in plant protein powders

PCR, NGS – issues with DNA integrity

LC-MSMS – poor protein solubility in isolates

Orthogonal methods / data fusion

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Huschek *et al.* 2018 - Proteomics - detection and quantification of garden pea, meat and honey in processed plant-based products

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# Analytical tools

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## Insect protein

PCR for species identification

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Proteomics / spectral comparison – commercial insect meals (Bhelgit *et al.*, 2019)

Potential marker peptides for four species

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Francis *et al.*, 2020 – non-targeted proteomics - limited success due to lack of genomic data

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These studies highlight the need for **more comprehensive genome** sequence data

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# Analytical tools

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## Insect protein

Entometabolomics (Snart *et al.*, 2015)

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Poma *et al.*, 2022 – non-targeted metabolomic screening as a tool for traceability and authenticity monitoring “farm to fork”

complementary to proteomics/genomics

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discovery of unexpected – safety

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other aspects – wild vs farmed

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**Need for reliable databases / annotations, *in silico* tools for structural elucidation, shared repositories**

## Additional tools

Approaches to collect information about supply chains globally

AI, big data and block chain technologies, combined with other tools

Intelligent packaging

Sensors – radio frequency ID tags

DNA tags – e.g. DNABlockchain tool for traceability of olive oil

Standards and certification – guidelines

BRCGS - Plant-based Global Standard

BSI - PAS 224:2020 – 100% plant-based ingredients (composition)

ISO 23662:202 – vegetarian, vegan, definitions, criteria, labelling

IPIFF – guides on good hygiene practices and on labelling of insect products

Learning from other sectors (e.g. pharma)

# Research needs



Impact of new processing technologies on performance of existing authenticity tests



Identify and address points of vulnerability in the supply chain



Methods for detection of adulteration with nitrogen compounds



Investigate biomarkers to support authenticity testing of APs



Support databases as tools for authenticity testing – genome, proteome, metabolome, spectral data, isotope ratios. Collaboration and data sharing are essential.

# Acknowledgements

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## **Interview participants**

**Defra Food Authenticity Programme**

**Thank you**