Contents

1. Introduction
   Page 3

2. People on low income benefits
   Page 4

3. Other payments for all households
   Page 8
From 20 June 2023, 6 million people in the UK who get certain disability benefits will automatically get a one-off £150 payment.

We call this a Disability Cost of Living Payment.

This payment is to help with the rising cost of living and higher disability-related costs, such as care and mobility needs.

This easy read leaflet gives more information about the Disability Cost of Living Payment.

For more information, go to gov.uk/costoflivingpayments
For disabled people on a low income, the payment of £150 comes on top of other Cost of Living payments, such as:

- £301 was automatically paid in May
- £300 will be paid in the Autumn.

To get the Disability Cost of Living Payment, a person must have received one of the following qualifying benefits:

- Attendance Allowance
- Constant Attendance Allowance
- Disability Living Allowance for adults
- Disability Living Allowance for children
- Personal Independence Payment
- Adult Disability Payment (in Scotland)
- Child Disability Payment (in Scotland)

- Armed Forces Independence Payment
- War Pension Mobility Supplement.

1 April 2023

Your qualifying benefit must have been in payment on 1 April 2023.
You may be waiting on a decision about one of these qualifying benefits.

If this decision includes an award which covers 1 April 2023, the Disability Cost of Living Payment will be paid automatically.

The disability payment will start on 20 June 2023 and may take a few weeks before you see it in your account.

Most payments will be made by 4 July 2023.
Those who qualify for the disability payment will get their £150 in the same way they get their regular benefit payments.

The Disability Cost of Living Payment is assessed on an individual basis.

If a household has multiple disabled occupants, each eligible person will get a Disability Cost of Living Payment.
Other payments for all households

There are specific types of payment depending on your circumstances, such as:

- People on low-income benefits
- Pensioners
- People on disability benefits.

To check if you qualify, go to: www.gov.uk/cost-of-living

For more information, go to gov.uk/costoflivingpayments