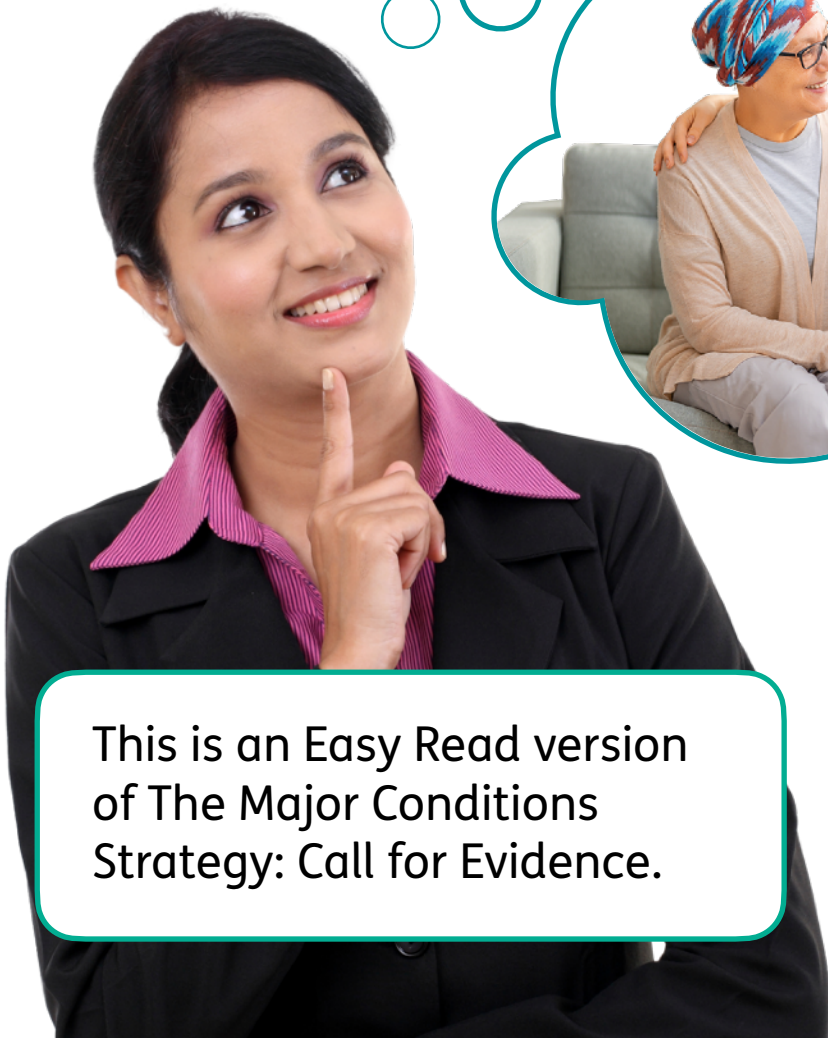




Department
of Health &
Social Care

A new plan to deal with illnesses causing bad health and early death in England

What do you think?



This is an Easy Read version
of The Major Conditions
Strategy: Call for Evidence.



**Easy
Read**

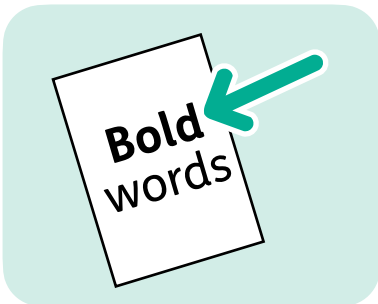
Easy Read



This is an Easy Read version of some hard information. It may not include all of the information but will tell you about the important parts.



This Easy Read information uses easier words and pictures. You may still want help to read it.



Some words are in **bold** - this means the writing is thicker and darker.



These are words that some people will find hard. When you see a bold word, we will explain it in the next sentence.



Blue and underlined words show links to websites and email addresses. You can click on these links on a computer.

What is in this booklet

About this booklet	4
How to give us your answers	5
Illnesses causing bad health and early death.....	6
About you	8
Your organisation	17
Your email	20
What should we do about these illnesses?	21

About this booklet



The Government is writing a plan to deal with illnesses causing bad health and early death in England.

It is called The Major Conditions Strategy.



We want to know what you think should be in this plan.



Please tell us what you think by answering the questions.



We need your answers by:

12 July at 11:59pm

How to give us your answers

To give us your answers you can:



1. Give them to us on our website:
www.gov.uk/government/consultations/major-conditions-strategy-call-for-evidence-easy-read



2. Print and scan this document to your computer using a scanner.
Then email it to:
majorconditionsstrategy@dhsc.gov.uk



3. Post this document with your answers to:
Major Conditions Strategy
Department of Health and Social Care
39 Victoria Street
London
SW1H 0EU

*Please make sure that you write **Major Conditions Strategy** clearly in the address so we know what it is.*

Illnesses causing bad health and early death

Illnesses causing bad health and early death in England are:



- Cancers.



- Diseases of the heart.



- Diseases of the lungs.



- Dementia - this is a disease of your brain. It can affect how you remember things as well as how you behave and speak.



- Mental ill-health.



- Diseases that cause pain in your:
 - Muscles.
 - Nerves - these link your brain to the rest of your body.
 - Tendons - these link your muscles to your bones.
 - Bones.
 - Joints - these are your knees, shoulders, ankle and wrists.

About you



Question 1: Who are you answering these questions for?

Myself

An organisation

More than 1 organisation



Question 2: How old are you?



Question 3: What sex are you?

Female

Male

Prefer not to say



Question 4: Are you the same gender as when you were born?

Yes

No

Prefer not to say



Question 5: Which country do you live in?

England

Scotland

Wales

Northern Ireland

Outside the UK



Question 6: Where in England do you live?

North East England

Yorkshire and Humberside

East Midlands

West Midlands

South West England

North West England

East of England

South East England

London

Prefer not to say



Question 7: What is your **ethnic background**?

Your **ethnic background** is your race and the country that your family came from.

White

From more than 1 ethnic background

Asian

Black

Other

Prefer not to say



Question 8: Have you got a health condition?

Yes

No

Don't know

Prefer not to say



Question 9: If 'Yes', what is your health condition?

Tick all the boxes that apply.

Cancer



Mental health



Diseases of your heart and the way blood flows around your body

Heart disease

Stroke

Peripheral arterial disease - a problem with the blood going to your legs

Aortic disease - a type of disease of your heart



Diseases of your lungs and breathing



Chronic obstructive pulmonary disease (COPD) - this is a disease of your lungs



Asthma - a disease that causes breathing problems



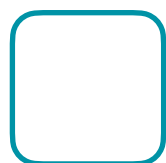
Occupational lung disease - breathing problems caused by your work



Pulmonary hypertension - high blood pressure in the blood vessels going to your lungs



Dementia



Dementia - a disease in the brain which affects your memory and behaviour

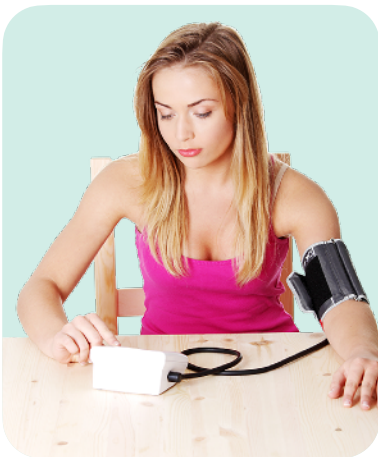


Diseases that cause pain in your muscles, nerves, tendons, bones and joints

Rheumatoid arthritis - a disease that causes swelling and stiffness in your joints

Osteoarthritis - a disease that causes stiffness and pain in your joints

Osteoporosis - a disease that makes your bones weak and more likely to break



Other illness

High blood pressure

Diabetes - a disease that stops your body from dealing with sugar properly

Something else - please say what

Your organisation

Question 10: If you are answering these questions for an organisation, are you...



A health or social care professional



Answering for an NHS organisation



Answering for a health or social care company



Answering for an Integrated Care Board (ICB)



Answering for a local council



Answering for a Royal College



Answering for a community group or charity.



Answering for a drugs company



Someone who works in a university



Other - please say



Question 11: What is the name of your organisation?



Question 12: Which country does your organisation work in?

England

Wales

Scotland

Northern Ireland

Outside the UK

Your email



Question 13: Are you happy to give us your email?

Yes

No



Question 14: What is your email?

What should we do about these illnesses?

Question 15: Which illnesses causing bad health and early death would you like to answer questions about?
Tick all that apply.



Heart diseases



Lung diseases



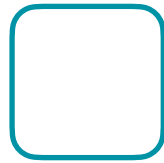
Dementia



Diseases that cause pain in your muscles, nerves, tendons, bones and joints.



Cancers



Mental ill-health



Heart diseases

Question 16: What are the most important things that we should do first? *Choose up to 3.*

Stopping people from getting a heart disease

Treating people likely to get diseases of the heart at an early stage so they don't get worse.

Getting quicker at finding out if someone has a heart disease

Better emergency and urgent care

Helping people to live better with a heart disease



Question 17: How can we find people who are more likely to get heart disease?

For example, because they have high blood pressure or high **cholesterol**?



Cholesterol is a type of fat that can block the flow of blood around your body.

What services could we offer?



Lung diseases

Question 18: What are the most important things that we should do first? *Choose up to 3.*

Stopping people from getting lung diseases

Treating people likely to get diseases of the lungs at an early stage so they don't get worse.

Getting quicker at finding out if someone has lung diseases

Better emergency and urgent care

Helping people to live better with lung diseases



Dementia

Question 19: What are the most important things that we should do first? *Choose up to 3.*

Stopping people from getting dementia

Helping people as soon as they get dementia so that the disease doesn't get worse so fast

Getting quicker at finding out if someone has dementia

Better emergency and urgent care

Helping people to live better with dementia



Diseases that cause pain in your muscles, nerves, tendons, bones and joints

Question 20: What are the most important things that we should do first? *Choose up to 3.*

Stopping people from getting these diseases

Treating people likely to get one of these diseases at an early stage so they don't get worse

Getting quicker at finding out if someone has one of these diseases

Better emergency and urgent care

Helping people to live better with long-term pain in their muscles, nerves, tendons, bones and joints

Keeping people healthy



These diseases are made worse if you:

- Smoke.



- Drink alcohol.



- Don't do any exercise.



- Don't eat healthy food.



Question 21: Do you have any ideas about how we can help people to stay healthy?

Yes

No



Question 22: How can we help people to live more healthily?

A large, empty rectangular box with a thin blue border, intended for writing an answer to the question.

Helping people to live well with these illnesses



For the next questions, we would like you to think about these things in your answers:



- How we can help people to get better or live with their diseases no matter what age they are, from babies to older people



- How we can make sure that bad health and early death don't affect some groups of people more than others, like people who are from a more **deprived community** or those from an ethnic background.



Deprived communities are those that do not have the same things as many other communities.



- What changes we can make to improve the health and care services in the next 1 to 2 years.



We would also like you to think about this in your answers:

- What can we learn from other countries and different health and care services about good ways of working.
- If you have tried a way of working that you thought was good, please tell us how you did it and how much it cost.



Question 23: Do you have any ideas about how we can find out if people have these diseases sooner?

Yes

No



Question 24: How can we find out quickly if people are ill with...

a) More than 1 serious illness?



b) A heart disease?



c) A lung disease?



d) A disease that causes pain in your muscles, nerves, tendons, bones and joints.



e) Dementia?



Question 25: Do you have any ideas about how we can treat people with these diseases better?

Yes

No



Question 26: How can we treat and support people better who are ill with...

a) More than 1 serious illness?



b) A heart disease?



c) A lung disease?



d) A disease that causes pain in your muscles, nerves, tendons, bones and joints?



e) Dementia?



Question 27: Do you have any ideas about how health and social care services can work together better?

Yes

No



Question 28: How can health and social care services work together better for people who are ill with...

a) More than 1 serious illness?

b) A heart disease?





c) A lung disease?



d) A disease that causes pain in your muscles, nerves, tendons, bones and joints.



e) Dementia?



Question 29: Do you have any ideas about how we can use **research and technology** better to help people with these diseases?

Research means looking for new ways to treat illnesses.



Technology means new machines and ways to help people. It includes computers, phones and the internet.

Yes

No

Question 30: How can we use research and technology better for people who are ill with...

a) More than 1 serious illness?





b) A heart disease?



c) A lung disease?



d) A disease that causes pain in your muscles, nerves, tendons, bones and joints.



e) Dementia?



Question 31: Do you have any ideas about how we can help people to get care at the end of their lives?

Yes

No



Question 32: How can we help people to get care at the end of their lives?



Cancer

Question 33: How can we support people with cancer better?



Mental Health

Question 34: How can we support people with mental ill health better?