Working sheet	
Allowable loss 2022 to 2023	A £
(Adjusted loss)	
Loss relief used	
Year amount	B£
2022 to 2023	
(Loss from this tax year set-off against other income from 2021 to 2022)	
	C £
2021 to 2022	
	D£
2020 to 2021	
	E£
2019 to 2020	_
(Total of boxes C, D and E should equal loss to be carried back to previous years and set-off against income or capital gains)	
and set-on against income or capital gains)	
Total losses claimed in this way (total of boxes B to E)	F£
Total losses claimed in this way (total of boxes b to E)	
Balance of allowable loss for 2022 to 2023 (A minus F)	G£
batance of attowable toss for 2022 to 2025 (A fillings I)	
Earlier years' losses	
Losses brought forward from earlier years	H £
Losses brought forward from earlier years used this year	I £
(Losses brought forward from earlier years set-off against this year's profit)	I £
	J£
Balance of earlier years' losses not yet allowed (H minus I)	J
Loss carried forward to next year (box G + box J)	Κ£
(Total losses to carry forward after all other set-offs including unused losses brought forward)	-