



Ministry
of Defence

Defence Statistics Health
Ministry of Defence
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26 January 2022

Dear [REDACTED],

Thank you for your request of 23 December 2022 for the following information:

"The information I need is how many Type 1 diabetes and Type 2 diabetes are in the British armed forces"

I am treating your correspondence as a request for information under the Freedom of Information Act 2000.

A search for the information has now been completed within the Ministry of Defence, and I can confirm that all the information in scope of your request is held.

As at 1 December 2022 there were:

- **188** currently serving armed forces personnel with a Read code for Type 1 diabetes entered into their electronic medical record.
- **816** currently serving armed forces personnel with a Read code for Type 2 diabetes entered into their electronic medical record.

Under section 16 of the Act (Advice and Assistance) you may find it useful to note:

The figures provided in this response are for UK armed forces trained and untrained, regular and reservist personnel. This does not include entitled or non-entitled civilians.

Reservist personnel have been included. However, the requestor should please note that the majority of reservist personnel receive their primary medical care from the NHS. Any personnel who were only seen by the NHS regarding these conditions and have not informed the MOD were not included in the figures presented for the number of personnel with a Read code entered into their military medical record.

Information was derived from the Defence Medical Information Capability Programme (DMICP). DMICP has a centralised data warehouse of Read coded information. It is the source of electronic, integrated healthcare records for primary healthcare and some MOD specialist care providers from which searches can be run.

Personnel with Type 1 and Type 2 diabetes were identified by searching for Read codes in their electronic medical records. The list of Read codes that was used to extract data on Type 1 and Type 2 diabetes can be found in Annex A.

The following list presents the Type 1 diabetes Read codes which were in patients' medical records serving as at 1 December 2022:

Code	Description
C1000	Insulin dependent diabetes mellitus
C108	Type 1 diabetes mellitus
	Insulin-dependent diabetes mellitus with neurological
C1082	comps
C1088	Type 1 diabetes mellitus - poor control
C10E	Type 1 diabetes mellitus
C10EM	Type 1 diabetes mellitus with ketoacidosis

The following list presents the Type 2 diabetes Read codes which were in patients' medical records serving as at 1 December 2022:

Code	Description
C1001-2	Non-insulin dependent diabetes mellitus
C109	Non-insulin dependent diabetes mellitus
C109-1	NIDDM - Non-insulin dependent diabetes mellitus
C109-2	Type 2 diabetes mellitus
C109-3	Type II diabetes mellitus
C1097-1	Type II diabetes mellitus - poor control
C1097-2	Type 2 diabetes mellitus - poor control
C1099-1	Type II diabetes mellitus without complication
C10D-1	Maturity onset diabetes in youth type 2
C10F	Type 2 diabetes mellitus
C10F-1	Type II diabetes mellitus
C10F7	Type 2 diabetes mellitus - poor control
C10F9	Type 2 diabetes mellitus without complication
C10FJ	Insulin treated Type 2 diabetes mellitus
C10FN	Type 2 diabetes mellitus with ketoacidosis
C10FR	Type 2 diabetes mellitus with gastroparesis

Defence Statistics Health are only able to identify cases when a Read code has been entered into the electronic patient record.

DMICP is a live data source and is subject to change. Date of extract 13 January 2023.

Joint Personnel Administration (JPA) is the most accurate source for demographic information for UK Armed Forces personnel and was used to gather information on a person's deployment.

If you have any queries regarding the content of this letter, please contact this office in the first instance.

If you wish to complain about the handling of your request, or the content of this response, you can request an independent internal review by contacting the Information Rights Compliance team, Ground Floor, MOD Main Building, Whitehall, SW1A 2HB (e-mail CIO-FOI-IR@mod.gov.uk). Please note that any request for an internal review should be made within 40 working days of the date of this response.

If you remain dissatisfied following an internal review, you may raise your complaint directly to the Information Commissioner under the provisions of Section 50 of the Freedom of Information Act. Please note that the Information Commissioner will not normally investigate your case until the MOD internal review process has been completed. The Information Commissioner can be contacted at: Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF. Further details of the role and powers of the Information Commissioner can be found on the Commissioner's website at <https://ico.org.uk/>

Yours sincerely,
Defence Statistics Health (Analysis Directorate)