



Ministry
of Defence

Army Policy & Secretariat
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ArmySec/T/M/FOI2022/09316

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10 August 2022

Dear [REDACTED],

Thank you for your email of 4 August 2022 in which you requested the following information:

“In the years 2019/20 and 2021 (by year-end to include Reserves and TA) how many British Army personnel have failed the fitness test by Gender?”

I am treating your correspondence as a request for information under the Freedom of Information Act 2000 (the Act). A search for the information has now been completed within the Ministry of Defence, and I can confirm that information in scope of your request is held.

Table 1. Number of British Army personnel by gender who failed a fitness test in the 2019 to 2021 calendar years

Year	Gender	No. of Personnel
2019	F	416
	M	1345
2020	F	500
	M	2155
2021	F	428
	M	1317

Notes/caveats:

1. This data has been provided by a single Service source rather than official statistics produced by Defence Statistics as they do not collate this information.
2. The figures include both Regular and Reserve officers and soldiers.
3. The figures represent Annual Fitness Test (AFT) and Role Fitness Test (RFT) fails only and does not include the Soldier Conditioning Review (SCR). The SCR is not a pass / fail test, but a diagnostic fitness screening tool used by the Chain of Command to understand the fitness levels of their soldiers. It replaced the Personal Fitness Assessment (PFA) in 2019.
4. The RFT replaced the AFT for all personnel in Ground Close Combat (GCC) roles from 1 April 2019 and was introduced for non-GCC roles in 2021/22. Further information can be found at the link: <https://www.army.mod.uk/physical-employment-standards/>

If you have any queries regarding the content of this letter, please contact this office in the first instance. Following this, if you wish to complain about the handling of your request, or the content

of this response, you can request an independent internal review by contacting the Information Rights Compliance team, Ground Floor, MOD Main Building, Whitehall, SW1A 2HB (e-mail CIO-FOI-IR@mod.gov.uk). Please note that any request for an internal review should be made within 40 working days of the date of this response.

If you remain dissatisfied following an internal review, you may raise your complaint directly to the Information Commissioner under the provisions of Section 50 of the Freedom of Information Act. Please note that the Information Commissioner will not normally investigate your case until the MOD internal review process has been completed. The Information Commissioner can be contacted at: Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF. Further details of the role and powers of the Information Commissioner can be found on the Commissioner's website at <https://ico.org.uk/>.

Yours sincerely,

Workforce Team 1
Army Policy & Secretariat