

Defence Equipment and Support Secretariat #2043 Maple 0a Ministry of Defence Abbey Wood Bristol BS34 8JH



Email: DESSEC-PolSecLE-JSC-WPNS@mod.gov.uk

Our Reference: FOI2022/03514 Date: 7 April 2022

Dear

Thank you for your email of 14 March 2022 requesting the following information:

"I am seeking a listing of all types of ration packs used by the MOD and a list of the menus for each type."

I am treating your correspondence as a request for information under the Freedom of Information Act 2000 (FOIA).

A search for the information has now been completed within the Ministry of Defence (MOD), and I can confirm that all information in scope of your request is held.

The types of ration packs which are currently provided are the following:

- 1. 24 Hr General Purpose
- 2. 24 Hr Vegetarian
- 3. 24 Hr Kosher
- 4. 24 Hr Halal
- 5. 24 Hr Sikh/Hindu
- 6. 24 Hr Enhanced
- 7. 24 Hr Cold Climate
- 8. 8 Hr Single Meal
- 9. 10-Man
- 10. Emergency Survival Rations (see below)

The approved menus for the first 9 ration packs listed are attached as Annexes 1-9 with this letter. The numbers at the end of each menu item indicate the approved product used. In some cases, for example the drinks, there are a number of suppliers providing the same item therefore all relevant approved product numbers are listed. The Emergency Survival Rations are also part of the portfolio of rations provided but there are no menus for this type of pack. As can be seen from the menus attached, there are a range of variants which are designed to meet the religious and cultural requirements of the modern, diverse nature of the British Military and the climate in which they operate.

Under Section 16 of the Act (Advice and Assistance) you may find it helpful to note that the 24 Hr Enhanced ration pack is based on the standard 24 Hr ration pack with additional

supplements provided to meet the energy demand. All menus have been developed to ensure maximum choice to the end user and to prevent menu fatigue.

If you have any queries regarding the content of this letter, please contact this office in the first instance.

If you wish to complain about the handling of your request, or the content of this response, you can request an independent internal review by contacting the Information Rights Compliance team, Ground Floor, MOD Main Building, Whitehall, SW1A 2HB (e-mail CIO-FOI-IR@mod.gov.uk). Please note that any request for an internal review should be made within 40 working days of the date of this response.

If you remain dissatisfied following an internal review, you may raise your complaint directly to the Information Commissioner under the provisions of Section 50 of the Freedom of Information Act. Please note that the Information Commissioner will not normally investigate your case until the MOD internal review process has been completed. The Information Commissioner can be contacted at: Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF. Further details of the role and powers of the Information Commissioner can be found on the Commissioner's website at https://ico.org.uk/.

Yours sincerely

**DE&S Secretariat** 

#### 24 Hour GP Ration Pack Pxx Pack Date xx/xxxx

Menu 1 Menu 2 Menu 3 Pork Sausage and Beans in Tomato Sauce 1-104 Chicken Sausages and Beans 1-107 Raspberry Toasted Muesli with Milk 1-113 Meatballs and Pasta (Beef) 1-125 Raima Masala 1-744 1-166 Steak Vegetables and Dumplings 1-128 Pindi Chana Alon 1-768 1-167 Cooked Rice 1-745 1-168 Beef Burrito Style Filling with Rice 1-142 Chilli Con Carne (Beef) 1-290 Cinnamon Cake 1-293 Chocolate Brownie 1-171 Cinnamon Cake 1-293 Fortified Energy Drink Powder Peach Iced Tea Fortified Energy Drink Powder Peach Iced Tea Fortified Energy Drink Powder Apple Flavour 1-236 Flavour 1-237 Flavour 1-237 Grapefruit Flavour Drink Powder 1-736 / 1-244 / 1-Energy Drink Powder Raspberry Flavour 1-297 Grapefruit Flavour Drink Powder 1-736 / 1-244 / 1-727 Pear Flavour Drink Powder 1-738/Cola Flavour Pear Flavour Drink Powder 1-738 / Cola Flavour Drink Lemon Flavour Drink Powder 1-735 / 1-245 / 1-724 Drink Powder 1-240 Powder 1-240 Energy Drink Powder Orange Flavour 1-298 / 1-243 / 1-725 Energy Drink Powder Lime Flavour 1-296 / 1-723 Lemon Flavour Drink Powder 1-735 / 1-245 / 1-724 Hot Chocolate Flavour Drink Powder 1-251 Hot Chocolate Flavour Drink Powder 1-251 Hot Chocolate Flavour Drink Powder 1-251 Oat Digestive Biscuits 1-199 Cheese Oat Biscuits 1-198 Biscuits Brown-S 1-195 Just Fruit 1-210 Exotic Fruit Nougat 1-208 Sesame Bar 1-207 Just Nuts 1-215 Salted Peanuts 1-218 Chilli Peanuts 1-216 Strawberry Jam 1-228 / Apricot Jam 1-229 / Plum Apricot Jam 1-229 / Strawberry Jam 1-228 / Plum Jam Jam 1-230 / Raspberry Jam 1-231 Cheese Flavour Spread 1-778 / 1-233 1-230 / Raspberry Jam 1-231 Menu 6 Menu 7 Menu 8 All Day Breakfast (Pork) 1-101 Vegetarian All Day Breakfast 1-105 All Day Breakfast (Pork) 1-101 Pasta Bolognese (Pork) 1-139 Vegetable and Chickpea Biryani 1-151 Spicy Sauce and Potato Wedges (Pork) 1-127 Indonesian Style Spicy Rice with Pork 1-146 Raima Masala 1-744 1-166 Beef Burrito Style Filling with Rice 1-142 Vanilla Flavour Cake 1-295 Cooked Rice 1-745 1-168 Orange Flavour Cake 1-292 Chocolate Flavour Cake 1-294 Fortified Energy Drink Powder Apple Flavour 1-Fortified Energy Drink Powder Refreshing Strawberry Isotonic Drink Powder Cherry Flavour 1-235 Flavour 1-238 Energy Drink Powder Orange Flavour 1-298 / 1-Energy Drink Powder Lime Flavour 1-296 1-723 243 / 1-725 Blackcurrant Flavour Drink Powder 1-247 Tropical Flavour Drink Powder 1-242/Mango Energy Drink Powder Raspberry Flavour 1-297 Blackcurrant Flavour Drink Powder 1-247 Passionfruit Flavour Drink Powder 1-740 Energy Drink Powder Orange Flavour 1-298 / 1-243 Mango Passionfruit Flavour Drink Powder 1-740/Tropical Flavour Drink Powder 1-242 Tutti Fruity Drink Powder 1-241 Hot Chocolate Flavour Drink Powder 1-251 Hot Chocolate Flavour Drink Powder 1-251 Hot Chocolate Flavour Drink Powder 1-251 Oatmeal Block 1-201 Apricot Oat Biscuit 1-196 Tropical Fruit and Nut Mix 1-209 Sesame Bar 1-207 Tropical Fruit and Nut Mix 1-209 Barbecue Peanuts 1-219 Chilli Peanuts 1-216 Chilli Peanuts 1-216 Peanut Butter 1-232 Apricot Jam 1-229 / Plum Jam 1-230 / Raspberry Plum Jam 1-230/ Strawberry Jam 1-228 / Apricot Jam 1-231 / Strawberry Jam 1-228 Jam 1-229 / Raspberry Jam 1-231 Coconut Biscuit Bite 1-753 Chocolate Orange Mini Cookies 1-780 / Milk Chocolate Orange Mini Cookies 1-780 / Milk Chocolate Mini Cookies 1-729 / Choc Chip & Chocolate Mini Cookies 1-729 / Choc Chip & Orange Orange Oat Biscuits 1-197 Oat Biscuits 1-197 Common Items Spicy Red Chilli Sauce 1-252 Alcohol Free Moist Wipe x 2 1-256 / 1-773

Chicken Sausages and Beans 1-107 Chicken Curry with Potato and Rice 1-134

Pasta Bolognese (Pork) 1-139 Vanilla Flavour Cake 1-295

Fortified Energy Drink Powder Refreshing Strawberry Flavour 1-238

Energy Drink Powder Lime Flavour 1-296 1-723

Mango Passionfruit Flavour Drink Powder 1-740/Tropical Flavour Drink Powder 1-242

Tutti Fruity Drink Powder 1-241 Hot Chocolate Flavour Drink Powder 1-251

Biscuits Brown-S 1-195 Fruit Flaniack 1-211 Apple/Peach Fruit Puree 1-214

Salted Peanuts 1-218 Apricot Jam 1-229 /Strawberry Jam 1-228 / Plum Jam 1-230 / Raspberry Jam 1-231

Menu 9

Fruitful Muesli with Milk 1-112 Sausage Casserole (Pork) 1-140 Pindi Chana Aloo 1-768 1-167 Chocolate Pudding in Chocolate Sauce 1-195

Fortified Energy Drink Powder Refreshing Strawberry Flavour 1-238

Blackcurrant Flavour Drink Powder 1-247

Pineapple Flavour Drink Powder 1-737 / 1-248

Energy Drink Powder Raspberry Flavour 1-297 Hot Chocolate Flavour Drink Powder 1-251

Oatmeal Block 1-201 Cookies and Cream Flavour Bar 1-203 Just Nuts 1-215

Peanut Butter 1-232

Menu 5

Fruitful Muesli with Milk 1-112 Sweet and Sour Chicken with Rice 1-137 Pasta Bolognese (Pork) 1-139 Chocolate Pudding in Chocolate Sauce 1-195

Fortified Energy Drink Powder Apple Flavour 1-

Grapefruit Flavour Drink Powder 1-244 / 1-736 /

Cola Flavour Drink Powder 1-240/ Pear Flavour Drink Powder 1-738

Pineapple Flavour Drink Powder 1-737 / 1-248 Hot Chocolate Flavour Drink Powder 1-251

Biscuits Brown-S 1-195 Cookies and Cream Flavour Bar 1-203 Salted Peanuts 1-218

Cheese Flavour Spread 1-778 / 1-233

Menu 10

Instant Porridge 1-706 Beef Burrito Style Filling with Rice 1-142 Hunters Chicken 1-143 Chocolate Marble Cake 1-173

Fortified Energy Drink Powder Peach Iced Tea Flavour 1-237

Tutti Fruity Drink Powder 1-241 Lemon Flavour Drink Powder 1-245 / 1-724 / 1-

Pineapple Flavour Drink Powder 1-737 / 1-248 Hot Chocolate Flavour Drink Powder 1-251

Apricot Oat Biscuits 1-196 Cola Bottles 1-212 Just Nuts 1-215

Peanut Butter 1-232



Spork 1- 253

Tissues 1-257 / 1-769 Water Purification Tablets 1-254 / 1-772 Chewing Gums 1-767 Windproof/Waterproof Matches 1-255 Re-useable Polybag 1-260

Instant Coffee x 2 1-261 / 1-734 Tea Bag x 2 1-263 / 1-264 / 1-764 Sugar x 4 1-266 / 1-765 Beverage Whiteners x 4 1-766 / 1-267

## 24 Hour Vegetarian Ration Pack Pxx Pack Date xx/xxxx

Menu 1		Menu 2		Menu 3		Menu 4		Menu 5	
Vegetarian Sausage and Beans	1-771	Vegetarian Sausages & Tomato Breakfast	1-106	Raspberry Toasted Muesli with Milk	1-113	Vegetarian Sausage and Beans	1-771	Raspberry Toasted Muesli with Milk	1-113
3 Bean Chilli	1-148	3 Bean Chilli	1-148	Pea & Mint Soup	1-163	Pindi Chana Aloo	1-768 / 1-167	Bean & Pasta Salad	1-160
Cooked Rice	1-745 / 1-168	Kashmiri Potato Curry	1-742 / 1-711	Edamame Bean Curry	1-758	Tomato & Pasta Salad	1-164	Mac & Cheese	1-161
Rajma Masala	1-744 / 1-166	Orange Flavour Cake	1-292	Chocolate Pudding in Chocolate Sauce	1-170	Chocolate Pudding in Chocolate Sauce	1-170	Chocolate Flavour Cake	1-294
Cinnamon Cake	1-293								
Isotonic Drink Powder Cherry Flavour	1-235	Fortified Energy Drink Powder Peach Iced Tea	1-237	Fortified Energy Drink Powder Refreshing Strawberry		Fortified Energy Drink Powder Refreshing		Fortified Energy Drink Powder Refreshing	
Isotoliic Brillik Fowder Cherry Flavour	1-233	Flavour		Flavour	1-238	Strawberry Flavour	1-238	Strawberry Flavour	1-238
Blackcurrant Flavour Drink Powder	1-247	Energy Drink Powder Lime Flavour / Lime Flavour Drink Powder	1-296 / 1-723	Energy Drink Powder Raspberry Flavour	1-297	Lemon Flavour Drink Powder	1-735 / 1-724 / 1-245	Energy Drink Powder Lime Flavour / Lime Flavour Drink Powder	1-296 / 1-723
		Energy Drink Powder Orange Flavour / Orange	1-298 / 1-243 / 1-		1-736 / 1-727 /	/			1-735 / 1-724 / 1-
Energy Drink Powder Raspberry Flavour	1-297	Flavour Drink Powder	725	Grapefruit Flavour Drink Powder	1-244	Apple Flavour Drink Powder	1-739	Lemon Flavour Drink Powder	245
Energy Drink Powder Orange Flavour / Orange		1- Pear Flavour Drink Powder / Cola Flavour Drink	1-738 / 1-240	Lemon Flavour Drink Powder		/ Mango and Passionfruit Drink Powder / Tropical	1-740 / 1-242	Pear Flavour Drink Powder / Cola Flavour Drink	1-738 / 1-240
Flavour Drink Powder	725	Powder			1-245	Flavour Drink Powder		Powder	
Hot Chocolate Flavour Drink Powder	1-251	Hot Chocolate Flavour Drink Powder	1-251	Hot Chocolate Flavour Drink Powder	1-251	Hot Chocolate Flavour Drink Powder	1-251	Hot Chocolate Flavour Drink Powder	1-251
Ont Discretive Discrete	1-199	Biscuits Brown -S	1-195	Biscuits Brown	1-195	Oat Digestive Biscuits	1-199	Cheese Oat Biscuits	1-198
Oat Digestive Biscuits Just Nuts	1-199	Apricot Oat Biscuits	1-195	Protein Bar Chocolate Flavour	1-195	Sesame Bar	1-199	Oat Digestive Biscuits	1-198
Raspberry Jam / Strawberry Jam /Apricot Jam /	1-231/1-228/1-	·						-	
Plum Jam /	229/1-230	Cookies & Cream Flavour Bar	1-203	Fruit Flapjack	1-211	Chilli Peanuts	1-216	Fruit Flapjack	1-211
Chocolate Orange Mini Cookies / Milk Chocolate	1 700 / 1 107 /	1							
Mini Cookies / Chocolate Chip and Orange Flavou	1-780 / 1-197 / 729	Just Nuts	1-215	Barbecue Peanuts	1-219	Raspberry Jam /Strawberry Jam /Apricot Jam /	1-231/1-228/1-229/1	Salted Peanuts	1-218
Biscuits		Apricot Jam /Strawberry Jam / Plum Jam /	1-229/1-228/1-			Plum Jam	230		
Spicy Mini Breadsticks	1-750	Raspberry Jam	230/1-231	Peanut Butter	1-232			Peanut Butter	1-232
		Just Fruit	1-210						
Menu 6		Menu 7		Menu 8		Menu 9		Menu 10	
Frittata	1-108	Frittata	1-108	Instant Porridge	1-706	Vegetarian Sausage and Beans	1-771	Frittata	1-108
Vegetable Curry & Rice	1-135	3 Bean Chilli	1-148	Pindi Chana Aloo	1-768 / 1-167	Pea & Mint Soup	1-163	Mac & Cheese	1-161
Bulgar Wheat in Tomato Sauce	1-770	Moroccan Style Bean Stew	1-159	Chilli Non Carne	1-747	Chickpea Curry	1-722	Cooked Rice	1-745 / 1-168
Orange Flavour Cake	1-292	Chocolate Flavour Cake	1-294	Vanilla Flavour Cake	1-295	Vanilla Flavour Cake	1-295	Vegetable Korma	1-721
								Orange Flavour Cake	1-292
Fortified Energy Drink Powder Peach Iced Tea	1-237	Fortified Energy Drink Powder Peach Iced Tea	1-237	Isotonic Drink Powder Cherry Flavour	1-235	Fortified Energy Drink Powder Apple Flavour	1-236	Isotonic Drink Powder Cherry Flavour	1-235
Flavour Pineapple Flavour Drink Powder / Energy Drink		Flavour		,				Energy Drink Powder Lime Flavour / Lime Flavour	
Powder Pineapple Flavour  Powder Pineapple Flavour	1-737 / 1-248	Blackcurrant Flavour Drink Powder	1-247	Apple Flavour Drink Powder	1-739	Blackcurrant Flavour Drink Powder	1-247	Drink Powder Lime Flavour / Lime Flavour Drink Powder	1-296 / 1-723
			1-736 / 1-727 / 1-	Mango and Passionfruit Drink Powder / Tropical			1-297	Energy Drink Powder Orange Flavour / Orange	1-298 / 1-243 / 1-
Apple Flavour Drink Powder	1-739	Grapefruit Flavour Drink Powder	244	Flavour Drink Powder	1-740 / 1-242	Energy Drink Powder Raspberry Flavour	1-297	Flavour Drink Powder	725
Mango and Passionfruit Drink Powder / Tropical	1-740 / 1-242	Pineapple Flavour Drink Powder / Energy Drink	1-737 / 1-248	Pineapple Flavour Drink Powder / Energy Drink	1-737 / 1-248	Grapefruit Flavour Drink Powder	1-736 / 1-727 / 1-244	Pear Flavour Drink Powder / Cola Flavour Drink	1-738 / 1-240
Flavour Drink Powder Hot Chocolate Flavour Drink Powder	1-251	Powder Pineapple Flavour Hot Chocolate Flavour Drink Powder	1-251	Powder Pineapple Flavour Hot Chocolate Flavour Drink Powder	1-251	Hot Chocolate Flavour Drink Powder	1-251	Powder Hot Chocolate Flavour Drink Powder	1-251
not chocolate riavour brillik rowder	1-231	not chocolate riavour Dillik rowder	1-231	not enocolate riavour Dillik rowder	1-231	not enocolate riavour Drillik rowder	1-2-11	not chocolate riavour Dillik rowder	1-231
Cheese Oat Biscuits	1-198	Apricot Oat Biscuits	1-196	Biscuits Brown-S	1-195	Apricot Oat Biscuits	1-196	Cookies & Cream Flavour Bar	1-203
Cookies & Cream Flavour Bar	1-203	Tropical Fruit & Nut	1-209	Oatmeal Block	1-201	Fruit Flapjack	1-211	Salted Peanuts	1-218
		•						Apricot Jam / Strawberry Jam / Plum Jam /	1-229/1-228/1-
Exotic Fruits Nougat Bar	1-208	Apple/Mango/Banana Fruit Puree	1-213	Protein Bar Chocolate Flavour	1-731	Chilli Peanuts	1-216	Raspberry Jam	230/1-231
						Carry trans law (Arrivat law (Blue Law (	4 220/4 220/4 220/4	Chocolate Orange Mini Cookies / Milk Chocolate	1-780 / 1-197 / 1-
Salted Peanuts	1-218	Chilli Peanuts	1-216	Just Nuts	1-215	Strawberry Jam /Apricot Jam / Plum Jam / Raspberry Jam	1-228/1-229/1-230/1	Mini Cookies / Chocolate Chip and Orange	729
Cheese Flavour Spread / Cheddar Cheese Flavour		Raspberry Jam /Strawberry Jam /Apricot Jam /	1-231/1-228/1-					Flavour Biscuits	
Spread	1-778 / 1-233	Plum Jam	229/1-230	Peanut Butter	1-232	Coconut Biscuit Bite	1-753		
·		Chocolate Orange Mini Cookies / Milk Chocolate	1-780 / 1-197 / 1-						
Coconut Biscuit Bite	1-753	Mini Cookies / Chocolate Chip and Orange	729						
		Flavour Biscuits						I cto	
								Nada D	

Common	Items

Spicy Red Chilli Sauce 1-252	Alcohol Free Moist Wipe x 2 1-256 / 1-773	Instant Coffee x 2 1-261 / 1-734
Spork 1- 253	Tissues 1-257 / 1-769	Tea Bag x 2 1-263 / 1-264 / 1-764
Water Purification Tablets 1-254 / 1-772	Chewing Gums 1-767	Sugar x 4 1-266 / 1-765
Windproof/Waterproof Matches 1-255	Re-useable Polybag 1-260	Beverage Whiteners x 4 1-766 / 1-267



# 24 Hour Kosher Ration Pack Pxx Pack Date xx/xxxx

Menu 1 Frittata Kosher Chicken Tikka Masala with Rice Bean & Pasta Salad Chocolate Pudding in Chocolate Sauce	1-108 1-115 1-160 1-170	Menu 2 Vegetarian All Day Breakfast Kosher Chicken with Dhal Tomato & Pasta Salad Cinnamon Flavour Cake	1-105 1-117 1-164 1-293	Menu 3 Fruitful Muesli with Milk Kosher Chilli Con Carne with Rice (Beef) Mac & Cheese Vanilla Flavour Cake	1-112 1-118 1-161 1-295	Menu 4 Vegetarian All Day Breakfast Kosher Steak & Vegetables Chickpea Curry Cinnamon Flavour Cake	1-105 1-119 1-722 1-293	Menu 5 Frittata Kosher Beef Bolognese & Pasta Pindi Chana Aloo Cinnamon Flavour Cake	1-108 1-121 1-768 / 1-167 1-293
Fortified Energy Drink Powder Refreshing Strawberry Flavour Grapefruit Flavour Drink Powder	1-238 1-244/1-736 / 1- 727	Grapefruit Flavour Drink Powder	1-236 1-244/1-736 / 1- 727	Fortified Energy Drink Powder Peach Iced Tea Flavour Blackcurrant Flavour Drink Powder	1-247	Fortified Energy Drink Powder Apple Flavour Energy Drink Powder Raspberry Flavour	1-236 1-297	Fortified Energy Drink Powder Refreshing Strawberry Flavour Tropical Flavour Drink Powder/Mango and Passionfruit Drink Powder	1-238 1-242/1-740
Lemon Flavour Drink Powder	1-245/1-735 / 1- 724	Energy Drink Powder Orange Flavour / Orange Flavour Drink Powder	1-298 / 1-243 / 1- 725	Energy Drink Powder Orange Flavour / Orange Flavour Drink Powder	1-298 / 1-243 / 1 725	Tutti Fruity Drink Powder	1-241	Lemon Flavour Drink Powder	1-245/1-735 / 1- 724
Energy Drink Powder Raspberry Flavour Hot Chocolate Flavour Drink Powder	1-297 1-251	Pineapple Flavour Drink Powder / Energy Drink Powder Pineapple Flavour Hot Chocolate Flavour Drink Powder	1-737 / 1-248 1-251	Energy Drink Powder Lime Flavour / Lime Flavour Drink Powder Hot Chocolate Flavour Drink Powder	1-296 / 1-723 1-251	Tropical Flavour Drink Powder/Mango and Passionfruit Drink Powder Hot Chocolate Flavour Drink Powder	1-242/1-740 1-251	Pineapple Flavour Drink Powder / Energy Drink Powder Pineapple Flavour Hot Chocolate Flavour Drink Powder	1-737 / 1-248 1-251
Oatmeal Block Cola Bottles Chilli Peanuts Strawberry Jam / Pricot Jam / Plum Jam / Raspberry Jam	1-201 1-212 1-216 1-228/1-229/1- 230/1-231	Biscuits Brown-S Just Fruit Just Nuts Apricot Jam / Strawberry Jam / Plum Jam / Raspberry Jam	1-195 1-210 1-215 1-229/1-228/1- 230/1-231	Oat Digestive Biscuits Cookies & Cream Flavour Bar Cola Bottles Chilli Peanuts Strawberry Jam / Apricot Jam / Plum Jam / Raspberry Jam	1-199 1-203 1-212 1-216 1-228/1-229/1-230/1-231	Biscuits Browners Sesame Bar- Fruit Flaplack Salted Peanuts Apricot Jam / Strawberry Jam /Plum Jam / Raspberry Jam	1-195 1-207 1-211 1-218 1-229/1-228/1-230/1-231	Oat Digestive Biscuits Sesame Bar Chilli Peanuts Strawberry Jam / Pricot Jam / Plum Jam / Raspberry Jam	1-199 1-207 1-216 1-228/1-229/1- 230/1-231
Menu 6 Vegetarian All Day Breakfast	1-105	<b>Menu 7</b> Fruitful Muesli with Milk	1-112	Menu 8 Instant Porridge	1-706	Menu 9 Raspberry Toasted Muesli with Milk	1-113	Menu 10 Vegetarian Sausages & Tomato Breakfast	1-106
Kosher Beef with Kale and Rice	1-122	Kosher Savoury Minced Beef	1-123	Kosher Beef & Tomato Curry with Rice & Quinoa	1-124	Kosher Chicken Curry with Potato & Rice	1-138	Kosher Chicken Arrabiata	1-120
Pindi Chana Aloo Vanilla Flavour Cake	1-768 / 1-167 1-295	Mac & Cheese Orange Flavour Cake	1-161 1-292	Mac & Cheese Chocolate Brownie	1-161 1-171	Bean & Pasta Salad Chocolate Pudding in Chocolate Sauce	1-160 1-170	Pindi Chana Aloo Vanilla Flavour Cake	1-768 / 1-167 1-295
Isotonic Drink Powder Cherry Flavour  Cola Flavour Drink Powder/Pear Flavour Drink Powder	1-235 1-240/1-738	Fortified Energy Drink Powder Peach Iced Tea Flavour Tutti Fruity Drink Powder	1-237	Fortified Energy Drink Powder Refreshing Strawberry Flavour Energy Drink Powder Lime Flavour / Lime Flavour Drink Powder	1-238 1-296 / 1-723	Fortified Energy Drink Powder Peach Iced Tea Flavour Tropical Flavour Drink Powder/Mango and Passionfruit Drink Powder	1-237	Fortified Energy Drink Powder Apple Flavour Cola Flavour Drink Powder/Pear Flavour Drink Powder	1-236 1-240/1-738
Energy Drink Powder Raspberry Flavour	1-297	Energy Drink Powder Lime Flavour / Lime Flavour	1-296 / 1-723	Blackcurrant Flavour Drink Powder	1-247	Tutti Fruity Drink Powder	1-241	Blackcurrant Flavour Drink Powder	1-247
Energy Drink Powder Orange Flavour / Orange Flavour Drink Powder Hot Chocolate Flavour Drink Powder		Drink Powder L- Cola Flavour Drink Powder/Pear Flavour Drink Powder Hot Chocolate Flavour Drink Powder	1-240/1-738	Grapefruit Flavour Drink Powder Hot Chocolate Flavour Drink Powder	1-244/1-736 / 1- 727 1-251	Lemon Flavour Drink Powder Hot Chocolate Flavour Drink Powder		Pineapple Flavour Drink Powder / Energy Drink Powder Pineapple Flavour Hot Chocolate Flavour Drink Powder	1-737 / 1-248 1-251
Oat Digestive Biscuits Oatmeal Block	1-199 1-201	Cheese Oat Biscuits Tropical Fruit & Nut	1-198 1-209	Apricot Flavour Biscuits Cola Bottles	1-196 1-212	Fruit Flapjack Just Nuts	1-211 1-215	Biscuits Brown-S Cheese Oat Biscuits	1-195 1-198
Exotic Fruits Nougat Bar	1-208	Just Fruit	1-210	Just Nuts	1-215	Apricot Jam / Strawberry Jam / Plum Jam / Raspberry Jam	1-229/1-228/1- 230/1-231	Just Fruit	1-210
Fruit Flapjack	1-211	Barbecue Peanuts	1-219	Peanut Butter	1-232	Chocolate Orange Mini Cookies / Milk Chocolate Mini Cookies / Chocolate Chip and Orange Flavour Biscuits	1-780 / 1-197 / 1729	Salted Peanuts	1-218
Salted Peanuts	1-218	Cheese Flavour Spread / Cheddar Cheese Flavour Spread	1-778 / 1-233					Peanut Butter	1-232
Peanut Butter	1-232								

Spicy Red Chilli Sauce 1-252	Alcohol Free Moist Wipe x 2 1-256 / 1-773	Instant Coffee x 2 1-261 / 1-734
Spork 1- 253	Tissues 1-257 / 1-769	Tea Bag x 2 1-263 / 1-264 / 1-764
Water Purification Tablets 1-254 / 1-772	Chewing Gums 1-767	Sugar x 4 1-266 / 1-765
Windproof/Waterproof Matches 1-255	Re-useable Polybag 1-260	Beverage Whiteners x 4 1-766 / 1-267



# 24 Hour Halal Ration Pack Pxx Pack Date xx/xxxx

Menu 1 Frittata Halal Chicken Jalfrezi, Chickpea and Rice Bean & Pasta Salad Cinnamon Flavour Cake	1-108 1-158 1-160 1-293	Menu 2 Vegetarian All Day Breakfast Pindi Chana Aloo Halal Chicken Arrabiata Chocolate Pudding in Chocolate Sauce	1-105 1-768 / 1-167 1-153 1-170	Menu 3 Frittata Halal Chicken Curry with Potato & Rice Pindi Chana Aloo Orange Flavour Cake	1-108 1-133 1-768 / 1-167 1-292	Menu 4 Fruitful Muesli with Milk Halal Sweet & Sour Chicken with Rice Mac & Cheese Chocolate Flavour Cake	1-112 1-136 1-161 1-294	Halal Chicken with Dhal Cooked Rice Rajma Masala	1-113 1-131 1-745 / 1-168 1-744 1-166 1-294
Fortified Energy Drink Powder Apple Flavour	1-236	Isotonic Drink Powder Cherry Flavour	1-235	Fortified Energy Drink Powder Refreshing Strawberry Flavour	1-238	Fortified Energy Drink Powder Peach Iced Tea Flavour	1-237	Fortified Energy Drink Powder Apple Flavour	1-236
Grapefruit Flavour Drink Powder	1-736 / 1-727 / 244	Energy Drink Powder Orange Flavour / Orange     Flavour Drink Powder	1-298 / 1-243 / 1-725	Mango and Passionfruit Drink Powder / Tropical Flavour Drink Powder	1-740 / 1-242	Energy Drink Powder Lime Flavour / Lime Flavour Drink Powder	1-296 / 1-723	Mango and Passionfruit Drink Powder / Tropical Flavour Drink Powder	1-740 / 1-242
Lemon Flavour Drink Powder	1-735 / 1-724 / 245	Energy Drink Powder Lime Flavour / Lime     Flavour Drink Powder	1-296 / 1-723	Pear Flavour Drink Powder / Cola Flavour Drink Powder	1-738 / 1-240	Blackcurrant Flavour Drink Powder	1-247	Pear Flavour Drink Powder / Cola Flavour Drink Powder	1-738 / 1-240
Pineapple Flavour Drink Powder / Energy Drink Powder Pineapple Flavour	1-737 / 1-248	Energy Drink Powder Raspberry Flavour	1-297	Apple Flavour Drink Powder	1-739	Pineapple Flavour Drink Powder / Energy Drink Powder Pineapple Flavour	1-737 / 1-248		1-247
Hot Chocolate Flavour Drink Powder	1-251	Hot Chocolate Flavour Drink Powder	1-251	Hot Chocolate Flavour Drink Powder	1-251	Hot Chocolate Flavour Drink Powder	1-251	Hot Chocolate Flavour Drink Powder	1-251
Cheese Oat Biscuits Cola Bottles	1-198 1-212	Fruit Flapjack Just Nuts Chocolate Orange Mini Cookies / Milk Chocolate	1-211 1-215	Oatmeal Block Sesame Bar	1-201 1-207	Cheese Oat Biscuits Oat Digestive Biscuits	1-198 1-199		1-196 1-208
Just Nuts	1-215	Mini Cookies / Chocolate Chip and Orange Flavour Biscuits	1-780 / 1-197 / 1729	Just Fruit	1-210	Cola Bottles	1-212	Chilli Peanuts	1-216
Peanut Butter	1-232	Raspberry Jam/Strawberry Jam /Apricot Jam / Plum Jam	1-231/1-228/1- 229/1-230	Barbecue Peanuts	1-219	Salted Peanuts	1-218		1-228/1-229/1- 230/1-231
				Cheese Flavour Spread / Cheddar Cheese Flavour Spread	1-778 / 1-233	Peanut Butter	1-232		,
Menu 6 Vegetarian Sausages & Tomato Breakfast Halal Pasta Bolognese (Beef) Cooked Rice Rajma Masala Chocolate Brownie	1-106 1-157 1-745 / 1-168 1-744 1-166 1-171	Menu 7 Vegetarian Sausages & Tomato Breakfast Halal Steak & Vegetables Cooked Rice Rajma Masala Vanilla Flavour Cake	1-106 1-132 1-745 / 1-168 1-744 / 1-166 1-295	Menu 8 Instant Porridge Moroccan Style Bean Stew Pindi Chana Aloo Cinnamon Flavour Cake	1-706 1-159 1-768 / 1-167 1-293	Menu 9 Vegetarian All Day Breakfast Vegetable Curry & Rice Mac & Cheese Chocolate Pudding in Chocolate Sauce	1-105 1-135 1-161 1-170	Mac & Cheese Chickpea Curry	1-113 1-161 1-722 1-293
Vegetarian Sausages & Tomato Breakfast Halal Pasta Bolognese (Beef) Cooked Rice Rajma Masala	1-157 1-745 / 1-168 1-744 1-166	Vegetarian Sausages & Tomato Breakfast Halal Steak & Vegetables Cooked Rice Rajma Masala	1-132 1-745 / 1-168 1-744 / 1-166	Instant Porridge Moroccan Style Bean Stew Pindi Chana Aloo	1-159 1-768 / 1-167	Vegetarian All Day Breakfast Vegetable Curry & Rice Mac & Cheese	1-135 1-161	Raspberry Toasted Muesli with Milk Mac & Cheese Chickpea Curry Cinnamon Flavour Cake Fortified Energy Drink Powder Refreshing	1-161 1-722
Vegetarian Sausages & Tomato Breakfast Halal Pasta Bolognese (Beef) Cooked Rice Rajma Masala Chocolate Brownie	1-157 1-745 / 1-168 1-744 1-166 1-171	Vegetarian Sausages & Tomato Breakfast Halal Steak & Vegetables Cooked Rice Rajma Masala Vanilla Flavour Cake Fortified Energy Drink Powder Peach Led Tea	1-132 1-745 / 1-168 1-744 / 1-166 1-295	Instant Porridge Moroccan Style Bean Stew Pindi Chana Aloo Cinnamon Flavour Cake Fortified Energy Drink Powder Refreshing Strawberry	1-159 1-768 / 1-167 1-293	Vegetarian All Dav Breakfast Vegetable Curry & Rice Mac & Cheese Chocolate Pudding in Chocolate Sauce Fortified Energy Drink Powder Peach Iced Tea	1-135 1-161 1-170	Raspberry Toasted Muesli with Milk Mac & Chesse Chickpea Curry Cinnamon Flavour Cake Fortified Energy Drink Powder Refreshing Strawberry Flavour	1-161 1-722 1-293
Vegetarian Sausages & Tomato Breakfast Haial Pasta Bolognese (Beef) Cooked Rice Rajma Masala Chocolate Brownie Fortified Energy Drink Powder Apple Flavour Pineapple Flavour Drink Powder / Energy Drink	1-157 1-745 / 1-168 1-744 1-166 1-171 1-236 1-737 / 1-248 1-297	Vegetarian Sausages & Tomato Breakfast Halal Steak & Vegetables Cooked Rice Rajma Masala Vanilla Flavour Cake Fortified Energy Drink Powder Peach Iced Tea Flavour Blackcurrant Flavour Drink Powder Energy Drink Powder Lime Flavour / Lime Flavour Drink Powder Flavour / Lime Flavour Drink Powder	1-132 1-745 / 1-168 1-744 / 1-166 1-295 1-237 1-247 1-296 / 1-723	Instant Porridge Moroccan Style Bean Stew Pindi Chana Aloo Cinnamon Flavour Cake Fortified Energy Drink Powder Refreshing Strawberry Flavour	1-159 1-768 / 1-167 1-293 1-238 1-739 1-735 / 1-724 / 1-245	Vegetarian All Day Breakfast Vegetable Curry & Rice Mac & Cheese Chocolate Pudding in Chocolate Sauce Fortified Energy Drink Powder Peach Iced Tea Flavour Apple Flavour Drink Powder Energy Drink Powder Raspberry Flavour	1-135 1-161 1-170 1-237 1-739 1-297	Raspberry Toasted Muesli with Milk Mac & Cheese Chickpea Curry Clinnamon Flavour Cake  Fortified Energy Drink Powder Refreshing Strawberry Flavour Pear Flavour Drink Powder / Cola Flavour Drink Powder Mango and Passionfruit Drink Powder / Tropical Flavour Drink Powder	1-161 1-722 1-293 1-238 1-738 / 1-240 1-740 / 1-242
Vegetarian Sausages & Tomato Breakfast Haial Pasta Bolognese (Beef) Cooked Rice Rajma Masala Chocolate Brownie Fortified Energy Drink Powder Apple Flavour Pineapple Flavour Drink Powder / Energy Drink Powder Pineapple Flavour	1-157 1-745 / 1-168 1-744 1-166 1-171 1-236 1-737 / 1-248	Vegetarian Sausages & Tomato Breakfast Halal Steak & Vegetables Cooked Rice Rajma Masala Vanilla Flavour Cake Fortified Energy Drink Powder Peach Iced Tea Flavour Blackcurrant Flavour Drink Powder Energy Drink Powder Lime Flavour / Lime Flavour Drink Powder Flavour / Lime Flavour Drink Powder	1-132 1-745 / 1-168 1-744 / 1-166 1-295 1-237	Instant Porridge Moroccan Style Bean Stew Pindi Chana Aloo Cinnamon Flavour Cake Fortified Energy Drink Powder Refreshing Strawberry Flavour Apple Flavour Drink Powder	1-159 1-768 / 1-167 1-293 1-238 1-739 1-735 / 1-724 / 1-245	Vegetarian All Day Breakfast Vegetable Curry & Rice Mac & Cheese Chocolate Pudding in Chocolate Sauce Fortified Energy Drink Powder Peach Iced Tea Flavour Apple Flavour Drink Powder Energy Drink Powder Raspberry Flavour	1-135 1-161 1-170 1-237 1-739	Raspberry Toasted Muesli with Milk Mac & Cheese Chickpea Curry Cinnamon Flavour Cake  Fortified Energy Drink Powder Refreshing Strawberry Flavour Pear Flavour Drink Powder / Cola Flavour Drink Powder Mango and Passionfruit Drink Powder / Tropical Flavour Drink Powder	1-161 1-722 1-293 1-238 1-738 / 1-240
Vegetarian Sausages & Tomato Breakfast Halai Pasta Bolognese (Beef) Cooked Rice Rajma Masala Chocolate Brownie Fortfied Energy Drink Powder Apple Flavour Pineapple Flavour Drink Powder / Energy Drink Powder Pineapple Flavour Energy Drink Powder Raspberry Flavour Energy Drink Powder Raspberry Flavour Energy Drink Powder Grange Flavour / Orange	1-157 1-745 / 1-168 1-744 1-166 1-171 1-236 1-737 / 1-248 1-297 1-298 / 1-243 /	Vegetarian Sausages & Tomato Breakfast Halal Steak & Vegetables Cooked Rice Rajma Masala Vanilla Flavour Cake Fortified Energy Drink Powder Peach Iced Tea Flavour Blackcurrant Flavour Drink Powder Energy Drink Powder Lime Flavour / Lime Flavour Drink Powder	1-132 1-745 / 1-168 1-744 / 1-166 1-295 1-237 1-247 1-296 / 1-723 1-735 / 1-724 /	Instant Porridge Moroccan Style Bean Stew Pindi Chana Aloo Cinnamon Flavour Cake Fortified Energy Drink Powder Refreshing Strawberry Flavour Apple Flavour Drink Powder Lemon Flavour Drink Powder	1-159 1-768 / 1-167 1-293 1-238 1-739 1-735 / 1-724 / 1-245 1-736 / 1-727 /	Vegetarian All Day Breakfast Vegetable Curry & Rice Mac & Cheese Chocolate Pudding in Chocolate Sauce  Fortified Energy Drink Powder Peach Iced Tea Flavour Apple Flavour Drink Powder Energy Drink Powder Raspberry Flavour Energy Drink Powder Orange Flavour / Orange	1-135 1-161 1-170 1-237 1-739 1-297 1-298 / 1-243 / 1-	Raspberry Toasted Muesli with Milk Mac & Cheese Chickpea Curry Cinnamon Flavour Cake  Fortified Energy Drink Powder Refreshing Strawberry Flavour Pear Flavour Drink Powder / Cola Flavour Drink Powder Moder Moder Mac Assionfruit Drink Powder / Tropical Flavour Drink Powder Grapefruit Flavour Drink Powder	1-161 1-722 1-293 1-238 1-738 / 1-240 1-740 / 1-242 1-736 / 1-727 / 1-
Vegetarian Sausages & Tomato Breakfast Halal Pasta Bolognese (Beef) Cooked Rice Rajma Masala Chocolate Brownie Fortified Energy Drink Powder Apple Flavour Pineapple Flavour Drink Powder / Energy Drink Powder Pineapple Flavour Energy Drink Powder Orange Flavour Chergy Drink Powder Orange Flavour Orange Flavour Drink Powder Orange Flavour Drink Powder Hot Chocolate Flavour Drink Powder Apricot Oat Biscuits Tropical Fruit & Nut Chilli Peanuts  Raspberry Jam / Strawberry Jam / Apricot Jam /	1-157 1-745 / 1-168 1-744 1-166 1-71 1-236 1-737 / 1-248 1-297 1-298 / 1-243 / 725 1-251 1-196 1-209 1-216 1-211/1-228/1-	Vegetarian Sausages & Tomato Breakfast Halal Steak & Vegetables Cooked Rice Rajma Masala Vanilla Flavour Cake Fortified Energy Drink Powder Peach Iced Tea Flavour Blackcurrant Flavour Drink Powder Energy Drink Powder Lime Flavour Drink Powder Energy Drink Powder Lime Flavour Drink Powder Hot Chocolate Flavour Drink Powder Och Bottles Listens Flavour Drink Powder Hot Chocolate Flavour Drink Powder Cola Bottles Listens Flavour Drink Powder Cola Bot	1-132 1-745 / 1-168 1-744 / 1-166 1-295 1-237 1-247 1-296 / 1-723 1-735 / 1-724 / 1-245	Instant Porridge Moroccan Style Bean Stew Pindi Chana Aloo Cinnamon Flavour Cake Fortified Energy Drink Powder Refreshing Strawberry Flavour Apple Flavour Drink Powder Lemon Flavour Drink Powder Grapefruit Flavour Drink Powder	1-159 1-768 / 1-167 1-293 1-238 1-739 1-735 / 1-724 / 1-245 1-736 / 1-727 / 1-244	Vegetarian All Day Breakfast Vegetable Curry & Rice Mac & Cheese Chocolate Pudding in Chocolate Sauce Fortified Energy Drink Powder Peach Iced Tea Flavour Apple Flavour Drink Powder Energy Drink Powder Raspberry Flavour Energy Drink Powder Orange Flavour / Orange Flavour Drink Powder (Pange Flavour / Orange)	1-135 1-161 1-170 1-237 1-739 1-297 1-298 / 1-243 / 1-725	Raspberry Toasted Muesli with Milk Mac & Cheese Chickpea Curry Cinnamon Flavour Cake  Fortified Energy Drink Powder Refreshing Strawberry Flavour Pear Flavour Drink Powder / Cola Flavour Drink Powder Mango and Passionfruit Drink Powder / Tropical Flavour Drink Powder Grapefruit Flavour Drink Powder Hot Chocolate Flavour Drink Powder Cheese Oat Biscuits Sesame Bar Chilli Peanuts  Strawberry Jam / Apricot Jam / Plum Jam /	1-161 1-722 1-223 1-238 1-738 / 1-240 1-740 / 1-242 1-736 / 1-727 / 1-244 1-251 1-198 1-207 1-216 1-228/1-229/1-
Vegetarian Sausaees & Tomato Breakfast Halal Pasta Bolognese (Beef) Cooked Rice Rajma Masala Chocolate Brownie Fortified Energy Drink Powder Apple Flavour Pineapple Flavour Drink Powder / Energy Drink Powder Pineapple Flavour Energy Drink Powder Raspberry Flavour Energy Drink Powder Raspberry Flavour Energy Drink Powder Raspberry Flavour Charles Powder Hot Chocolate Flavour Drink Powder Apricot Oat Biscuits Tropical Fruit & Nut Chilli Peanuts	1-157 1-745 / 1-168 1-744 1-166 1-741 1-236 1-737 / 1-248 1-297 1-298 / 1-243 / 725 1-251 1-196 1-209 1-216	Vegetarian Sausages & Tomato Breakfast Halal Steak & Vegetables Cooked Rice Rajma Masala Vanilla Flavour Cake Fortified Energy Drink Powder Peach Iced Tea Flavour Blackcurrant Flavour Drink Powder Energy Drink Powder Energy Drink Powder Lemergy Drink Powder Hot Ornink Powder Hot Chocolate Flavour Drink Powder Cola Bottles Just Nuts Peanut Butter Chocolate Orange Mini Cookies / Milk Chocolate Oronge Mini Cookies / Milk Chocolate	1-132 1-745 / 1-168 1-744 / 1-166 1-295 1-237 1-247 1-26 / 1-723 1-735 / 1-724 / 1-245 1-212 1-212 1-215 1-212 1-213 1-780 / 1-197 /	Instant Porridge Moroccan Style Bean Stew Pindi Chana Aloo Cinnamon Flavour Cake  Fortified Energy Drink Powder Refreshing Strawberry Flavour Apple Flavour Drink Powder Lemon Flavour Drink Powder Grapefruit Flavour Drink Powder Hot Chocolate Flavour Drink Powder Biscuits Brown Apricot Oat Biscuits Cookies & Cream Flavour Bar	1-159 1-768/1-167 1-293 1-238 1-739 1-735/1-724/ 1-245 1-736/1-727/ 1-244 1-251 1-196 1-203	Vegetarian All Day Breakfast Vegetable Curry & Rice Mac & Cheese Chocolate Pudding in Chocolate Sauce  Fortified Energy Drink Powder Peach Iced Tea Flavour Apple Flavour Drink Powder Energy Drink Powder Raspberry Flavour Energy Drink Powder Grange Flavour / Orange Flavour Drink Powder Hot Chocolate Flavour Drink Powder Oatmeal Block Tropical Fruit & Nut Fruit Flapjack	1-135 1-161 1-170 1-237 1-739 1-297 1-298 / 1-243 / 1-725 1-251 1-200 1-201 1-209 1-211	Raspberry Toasted Muesli with Milk Mac & Cheese Chickpea Curry Cinnamon Flavour Cake  Fortified Energy Drink Powder Refreshing Strawberry Flavour Pear Flavour Drink Powder / Cola Flavour Drink Powder Mango and Passionfruit Drink Powder / Tropical Flavour Drink Powder Grapefruit Flavour Drink Powder Hot Chocolate Flavour Drink Powder Cheese Oat Biscuits Sesame Bar Chilli Peanuts  Strawberry Jam / Apricot Jam / Plum Jam /	1-161 1-722 1-293 1-238 1-738 / 1-240 1-740 / 1-242 1-736 / 1-727 / 1-244 1-251 1-198 1-207 1-216

Common Items		
Spicy Red Chilli Sauce 1-252	Alcohol Free Moist Wipe x 2 1-256 / 1-773	Instant Coffee x 2 1-261 / 1-734
Spork 1- 253	Tissues 1-257 / 1-769	Tea Bag x 2 1-263 / 1-264 / 1-764
Water Purification Tablets 1-254 / 1-772	Chewing Gums 1-767	Sugar x 4 1-266 / 1-765
Windproof/Waterproof Matches 1-255	Re-useable Polybag 1-260	Beverage Whiteners x 4 1-766 / 1-267

The individual items in this box are labelled with dietary and other information. Please read carefully to ensure the product meets your dietary requirements



# 24 Hour Sikh/Hindu Ration Pack Pxx Pack Date xx/xxxx

Menu 1		Menu 2		Menu 3		Menu 4		Menu 5	
Instant Porridge	1-706	Fruitful Muesli with Milk	1-112	Raspberry Toasted Muesli with Milk	1-113	Vegetarian Sausage and Beans	1-771	Raspberry Toasted Muesli with Milk	1-113
Cooked Rice	1-745 / 1-168	Vegetable Korma	1-721	Rajma Masala	1-744 / 1-166	Kashmiri Potato Curry	1-742 / 1-711	Chickpea Curry	1-722
Rajma Masala	1-744 / 1-166	Kashmiri Potato Curry	1-742 / 1-711	Moroccan Style Bean Stew	1-159	Chilli Non Carne	1-747	Pindi Chana Aloo	1-768 / 1-167
3 Bean Chilli	1-148	Rice Pudding	1-175	Chocolate Pudding in Chocolate Sauce	1-170	Rice Pudding	1-175	Chocolate Pudding in Chocolate Sauce	1-170
Rice Pudding	1-175								
Fortified Energy Drink Powder Peach Iced Tea	1-237	Fortified Energy Drink Powder Refreshing		Fortified Energy Drink Powder Apple Flavour	1-236	Isotonic Drink Powder Cherry Flavour	1-235	Fortified Energy Drink Powder Peach Iced Tea	1-237
Flavour		Strawberry Flavour	1-238 1-736 / 1-727 / 1-			, , , , , , , , , , , , , , , , , , , ,		Flavour	
Cola Flavour Drink Powder	1-240	Grapefruit Flavour Drink Powder	244	Cola Flavour Drink Powder	1-240	Tutti Fruity Drink Powder	1-241	Tutti Fruity Drink Powder	1-241
Lemon Flavour Drink Powder	1-735 / 1-724 / 1-	Pineapple Flavour Drink Powder / Energy Drink	1-737 / 1-248	Tropical Flavour Drink Powder/Mango and	1-242/1-740	Pineapple Flavour Drink Powder / Energy Drink	1-737 / 1-248	Tropical Flavour Drink Powder/Mango and	1-242/1-740
	245	Powder Pineapple Flavour		Passionfruit Drink Powder		Powder Pineapple Flavour	. ,	Passionfruit Drink Powder	
Pear Flavour Drink Powder	1-738	Pear Flavour Drink Powder	1-738	Tutti Fruity Drink Powder	1-241	Pear Flavour Drink Powder	1-738	Apple Flavour Drink Powder	1-739
Hot Chocolate Flavour Drink Powder	1-251	Hot Chocolate Flavour Drink Powder	1-251	Hot Chocolate Flavour Drink Powder	1-251	Hot Chocolate Flavour Drink Powder	1-251	Hot Chocolate Flavour Drink Powder	1-251
Biscuits Brown	1-195	Oat Digestive Biscuits	1-199	Cheese Oat Biscuits	1-198	Cheese Oat Biscuits	1-198	Cheese Oat Biscuits	1-198
Cookies & Cream Flavour Bar	1-203	Cookies & Cream Flavour Bar	1-203	Protein Bar Chocolate Flavour	1-731	Oat Digestive Biscuits	1-199	Chilli Peanuts	1-216
						=		Strawberry Jam /Apricot Jam / Plum Jam /	1-228/1-229/1-
Just Nuts	1-215	Sesame Bar	1-207	Fruit Flapjack	1-211	Fruit Flapjack	1-211	Raspberry Jam	230/1-231
Apricot Jam /Strawberry Jam / Plum Jam /	1-229/1-228/1-	Cola Bottles	1-212	Salted Peanuts	1-218	Cola Bottles	1-212	Spicy Mini Breadstick	1-750
Raspberry Jam	230/1-231								
Tropical Fruit & Nut	1-209	Just Nuts	1-215	Apricot Jam / Strawberry Jam /Plum Jam / Raspberry	1-229/1-228/1-	Salted Peanuts	1-218	Apple/Mango/Banana Fruit Puree	1-213
				Jam	230/1-231				
		Plum Jam /Strawberry Jam /Apricot Jam /	1-230/1-228/1- 229/1-231	Spicy Mini Breadstick	1-750	Barbecue Peanuts	1-219		
		Raspberry Jam	229/1-231			Strawberry Jam /Apricot Jam / Plum Jam /	1-228/1-229/1-230/1-		
				Tropical Fruit & Nut	1-209	Raspberry Jam	231		
Menu 6		Menu 7		Menu 8		Menu 9		Menu 10	
Fruitful Muesli with Milk	1-112	Menu 7 Vegetarian Sausage and Beans	1-771	Fruitful Muesli with Milk	1-112	Raspberry Toasted Muesli with Milk	1-113	Vegetarian Sausage and Beans	1-771
Fruitful Muesli with Milk Edamame Bean Curry	1-758	Vegetarian Sausage and Beans Kashmiri Potato Curry	1-742 / 1-711	Fruitful Muesli with Milk Tomato & Pasta Salad	1-164	Raspberry Toasted Muesli with Milk Vegetable Curry & Rice	1-135	Vegetarian Sausage and Beans Pindi Chana Aloo	1-768 / 1-167
Fruitful Muesli with Milk Edamame Bean Curry Pea & Mint Soup	1-758 1-163	Vegetarian Sausage and Beans Kashmiri Potato Curry Bulgar Wheat in Tomato Sauce	1-742 / 1-711 1-770	Fruitful Muesli with Milk Tomato & Pasta Salad Rajma Masala	1-164 1-744 / 1-166	Raspberry Toasted Muesli with Milk Vegetable Curry & Rice Pindi Chana Aloo	1-135 1-768 / 1-167	Vegetarian Sausage and Beans Pindi Chana Aloo Bean & Pasta Salad	1-768 / 1-167 1-160
Fruitful Muesli with Milk Edamame Bean Curry	1-758	Vegetarian Sausage and Beans Kashmiri Potato Curry Bulgar Wheat in Tomato Sauce Cooked Rice	1-742 / 1-711 1-770 1-745 / 1-168	Fruitful Muesli with Milk Tomato & Pasta Salad	1-164	Raspberry Toasted Muesli with Milk Vegetable Curry & Rice	1-135	Vegetarian Sausage and Beans Pindi Chana Aloo	1-768 / 1-167
Fruitful Muesli with Milk Edamame Bean Curry Pea & Mint Soup	1-758 1-163	Vegetarian Sausage and Beans Kashmiri Potato Curry Bulgar Wheat in Tomato Sauce	1-742 / 1-711 1-770	Fruitful Muesli with Milk Tomato & Pasta Salad Rajma Masala	1-164 1-744 / 1-166	Raspberry Toasted Muesli with Milk Vegetable Curry & Rice Pindi Chana Aloo	1-135 1-768 / 1-167	Vegetarian Sausage and Beans Pindi Chana Aloo Bean & Pasta Salad	1-768 / 1-167 1-160
Fruitful Muesli with Milk Edamame Bean Curry Pea & Mint Sup Chocolate Pudding in Chocolate Sauce	1-758 1-163	Vegetarian Sausage and Beans Kashmiri Potato Curry Bulgar Wheat in Tomato Sauce Cooked Rice	1-742 / 1-711 1-770 1-745 / 1-168	Fruitful Muesli with Milk Tomato & Pasta Salad Rajma Masala	1-164 1-744 / 1-166	Raspberry Toasted Muesli with Milk Vegetable Curry & Rice Pindi Chana Aloo Cinnamon Bun	1-135 1-768 / 1-167	Vegetarian Sausage and Beans Pindi Chana Aloo Bean & Pasta Salad Cinnamon Bun	1-768 / 1-167 1-160
Fruitful Muesli with Milk Edamame Bean Curry Pea & Mint Soup Chocolate Pudding in Chocolate Sauce Fortified Energy Drink Powder Refreshing	1-758 1-163 1-170	Vegetarian Sausage and Beans Kashmiri Potato Curry Bulgar Wheat in Tomato Sauce Cooked Rice	1-742 / 1-711 1-770 1-745 / 1-168	Fruitful Muesli with Milk Tomato & Pasta Salad Rajma Masala	1-164 1-744 / 1-166	Raspberry Toasted Muesli with Milk Vegetable Curry & Rice Pindi Chana Aloo Cinnamon Bun Fortified Energy Drink Powder Refreshing	1-135 1-768 / 1-167 1-225	Vegetarian Sausage and Beans Pindi Chana Aloo Bean & Pasta Salad Cinnamon Bun Fortified Energy Drink Powder Peach Iced Tea	1-768 / 1-167 1-160
Fruitful Muesli with Milk Edamame Bean Curry Pea & Mint Soup Chocolate Pudding in Chocolate Sauce Fortified Energy Drink Powder Refreshing Strawberry Flavour	1-758 1-163 1-170	Vegetarian Sausage and Beans Kashmiri Potato Curry Bulgar Wheat in Tomato Sauce Cooked Rice Cinnamon Bun Isotonic Drink Powder Cherry Flavour	1-742 / 1-711 1-770 1-745 / 1-168 1-225	Fruifful Muesli with Milk Tomato & Pasta Salad Rajma Masala Apple Turnover  Fortified Energy Drink Powder Apple Flavour	1-164 1-744 / 1-166 1-227 1-236	Raspherry Toasted Museli with Milk Vegetable Curry & Nice Pindi Chana Aloo Cinnamon Bun Fortified Energy Drink Powder Refreshing Strawberry Flavour	1-135 1-768 / 1-167 1-225	Vegetarian Sausage and Beans Pindi Chana Aloo Bean & Pasta Salad Cinnamon Bun	1-768 / 1-167 1-160 1-225
Fruitful Muesli with Milk Edamame Bean Curry Pea & Mint Soup Chocolate Pudding in Chocolate Sauce Fortified Energy Drink Powder Refreshing	1-758 1-163 1-170	Vegetarian Sausage and Beans Kashmiri Potato Curry Bulgar Wheat in Tomato Sauce Cooked Rice Cinnamon Bun	1-742 / 1-711 1-770 1-745 / 1-168 1-225	Fruifful Muesli with Milk Tomato & Pasta Salad Rajma Masala Apple Turnover	1-164 1-744 / 1-166 1-227 1-236	Raspberry Toasted Muesli with Milk Vegetable Curry & Rice Pindi Chana Aloo Cinnamon Bun  Fortified Energy Drink Powder Refreshing Strawberry Flavour Blackcurrant Flavour Drink Powder	1-135 1-768 / 1-167 1-225	Vegetarian Sausage and Beans Pindi Chana Aloo Bean & Pasta Salad Cinnamon Bun  Fortified Energy Drink Powder Peach Iced Tea Flavour	1-768 / 1-167 1-160 1-225 1-237 1-740 / 1-242
Fruitful Muesli with Milk Edamame Bean Curry Pea & Mint Soup Chocolate Pudding in Chocolate Sauce Fortified Energy Drink Powder Refreshing Strawberry Flavour	1-758 1-163 1-170	Vegetarian Sausage and Beans Kashmiri Potato Curry Bulgar Wheat in Tomato Sauce Cooked Rice Cinnamon Bun Isotonic Drink Powder Cherry Flavour	1-742 / 1-711 1-770 1-745 / 1-168 1-225	Fruifful Muesli with Milk Tomato & Pasta Salad Rajma Masala Apple Turnover  Fortified Energy Drink Powder Apple Flavour	1-164 1-744 / 1-166 1-227 1-236 1-247 1-735 / 1-724 / 1	Raspberry Toasted Muesli with Milk Vegetable Curry & Rice Pindi Chana Aloo Cinnamon Bun  Fortified Energy Drink Powder Refreshing Strawberry Flavour Blackcurrant Flavour Drink Powder - Tropical Flavour Drink Powder/Mango	1-135 1-768 / 1-167 1-225	Vegetarian Sausage and Beans Pindi Chana Aloo Bean & Pasta Salad Cinnamon Bun  Fortified Energy Drink Powder Peach Iced Tea Flavour Mango and Passionfruit Drink Powder / Tropical	1-768 / 1-167 1-160 1-225 1-237 1-740 / 1-242 1-736 / 1-727 / 1-
Fruitful Museli with Milk Edamane Bean Curry Pea & Mint Soup Chocolate Pudding in Chocolate Sauce Fortified Energy Drink Powder Refreshing Strawberry Flavour Cola Flavour Drink Powder Apple Flavour Drink Powder	1-758 1-163 1-170 1-238 1-240	Vegetarian Sausage and Beans Kashmiri Potato Curry Bulgar Wheat in Tromato Sauce Cooked Rice Cinnamon Bun Isotonic Drink Powder Cherry Flavour Blackcurrant Flavour Drink Powder	1-742 / 1-711 1-770 1-745 / 1-168 1-225 1-235 1-247	Fruifful Muesli with Milk Tomato & Pasta Salad Rajma Masala Apple Turnover  Fortified Energy Drink Powder Apple Flavour Blackcurrant Flavour Drink Powder	1-164 1-744 / 1-166 1-227 1-236 1-247 1-735 / 1-724 / 1	Raspberry Toasted Muesli with Milk Vegetable Curry & Rice Pindi Chana Aloo Cinnamon Bun  Fortified Energy Drink Powder Refreshing Strawberry Flavour Blackcurrant Flavour Drink Powder	1-135 1-768 / 1-167 1-225 1-238 1-247 1-242/1-740	Vegetarian Sausage and Beans Pindi Chana Aloo Bean & Pasta Salad Cinnamon Bun  Fortified Energy Drink Powder Peach Iced Tea Flavour Mango and Passionfruit Drink Powder / Tropical Flavour Drink Powder Grapefruit Flavour Drink Powder	1-768 / 1-167 1-160 1-225 1-237 1-740 / 1-242
Fruitful Muesii with Milk Edamame Bean Curry Pea & Mint Soup Chocolate Pudding in Chocolate Sauce  Fortified Energy Drink Powder Refreshing Strawberry Flavour Cola Flavour Drink Powder  Apple Flavour Drink Powder  Grapefruit Flavour Drink Powder	1-758 1-163 1-170 1-238 1-240 1-739	Vegetarian Sausage and Beans Kashmiri Potato Curry Bulgar Wheat in Tomato Sauce Cooked Rice Cinnamon Bun Isotonic Drink Powder Cherry Flavour Blackcurrant Flavour Drink Powder Apple Flavour Drink Powder Mango and Passionfruit Drink Powder / Tropical Flavour Drink Powder	1-742 / 1-711 1-770 1-745 / 1-168 1-225 1-235	Fruitful Muesli with Milk Tomato & Pasta Salad Rajna Masala Apple Turnover  Fortified Energy Drink Powder Apple Flavour Blackcurrant Flavour Drink Powder Lemon Flavour Drink Powder Mango and Passionfruit Drink Powder / Tropical Flavour Drink Powder	1-164 1-744 / 1-166 1-227 1-236 1-247 1-735 / 1-724 / 1	Raspberry Toasted Muesli with Milk Vegetable Curry & Rice Pindi Chana Aloo Cinnamon Bun  Fortified Energy Drink Powder Refreshing Strawberry Flavour Blackcurrant Flavour Drink Powder - Tropical Flavour Drink Powder/Mango and Passonfrult Drink Powder Pineapple Flavour Drink Powder Fleepple Plavour Drink Powder Pineapple Flavour Drink Powder Pineapple Flavour Drink Powder Pineapple Flavour Drink Powder Pineapple Flavour	1-135 1-768 / 1-167 1-225 1-238 1-247	Vegetarian Sausage and Beans Pindi Chana Aloo Bean & Pasta Salad Cinnamon Bun  Fortified Energy Drink Powder Peach Iced Tea Flavour Mango and Passionfruit Drink Powder / Tropical Flavour Drink Powder Grapefruit Flavour Drink Powder Lemon Flavour Drink Powder	1-768 / 1-167 1-160 1-225 1-237 1-740 / 1-242 1-736 / 1-727 / 1-244
Fruitful Museli with Milk Edamane Bean Curry Pea & Mint Soup Chocolate Pudding in Chocolate Sauce Fortified Energy Drink Powder Refreshing Strawberry Flavour Cola Flavour Drink Powder Apple Flavour Drink Powder	1-758 1-163 1-170 1-238 1-240 1-739 1-736 / 1-727 / 1-	Vegetarian Sausage and Beans Kashmiri Potato Curry Bulgar Wheat in Tomato Sauce Cooked Rice Cinnamon Bun Isotonic Drink Powder Cherry Flavour Blackcurrant Flavour Drink Powder Apple Flavour Drink Powder Mango and Passion	1-742 / 1-711 1-770 1-745 / 1-168 1-225 1-235 1-247	Frutful Muesli with Milk Tomato & Pasta Salad Rajma Masala Apple Turnover  Fortified Energy Drink Powder Apple Flavour Blackcurrant Flavour Drink Powder Lemon Flavour Drink Powder Mango and Passionfruit Drink Powder / Tropical	1-164 1-744 / 1-166 1-227 1-236 1-247 1-735 / 1-724 / 1	Raspherry Toasted Muesli with Milk Vegetable Curry & Nice Pindi Chana Aloo Cinnamon Bun Fortified Energy Drink Powder Refreshing Strawberry Flavour Blackcurrant Flavour Drink Powder Tropical Flavour Drink Powder Tropical Flavour Drink Powder Pineapple Flavour Drink Powder / Energy Drink Pineapple Flavour Drink Powder / Energy Drink	1-135 1-768 / 1-167 1-225 1-238 1-247 1-242/1-740	Vegetarian Sausage and Beans Pindi Chana Aloo Bean & Pasta Salad Cinnamon Bun  Fortified Energy Drink Powder Peach Iced Tea Flavour Mango and Passionfruit Drink Powder / Tropical Flavour Drink Powder Grapefruit Flavour Drink Powder	1-768 / 1-167 1-160 1-225 1-237 1-740 / 1-242 1-736 / 1-727 / 1- 244 1-735 / 1-724 / 1-
Fruitful Museli with Milk Edamane Bean Curry Pea & Mint Soup Chocolate Pudding in Chocolate Sauce Fortified Energy Drink Powder Refreshing Strawberry Flavour Cola Flavour Drink Powder Apple Flavour Drink Powder Grapefruit Flavour Drink Powder Hot Chocolate Flavour Drink Powder	1-758 1-163 1-170 1-238 1-240 1-739 1-736 / 1-727 / 1-244 1-251	Vegetarian Sausage and Beans Kashmiri Potato Curry Bulgar Wheat in Tomato Sauce Cooked Rice Cinnamon Bun Isotonic Drink Powder Cherry Flavour Blackcurrant Flavour Drink Powder Apple Flavour Drink Powder Mango and Passionfruit Drink Powder / Tropical Flavour Drink Powder Hot Chocolate Flavour Drink Powder	1-742 / 1-711 1-770 1-745 / 1-168 1-225 1-235 1-247 1-739 1-740 / 1-242 1-251	Fruifful Muesii with Milk Tomato & Pasta Salad Rajma Masala Apple Turnover  Fortified Energy Drink Powder Apple Flavour Blackcurrant Flavour Drink Powder Lemon Flavour Drink Powder Mango and Passionfruit Drink Powder / Tropical Flavour Drink Powder Hot Chocolate Flavour Drink Powder	1-164 1-744/1-166 1-227 1-236 1-247 1-735/1-724/1 245 1-740/1-242 1-251	Raspherry Toasted Museli with Milk Vegetable Curry & Rice Pindi Chana Aloo Cinnamon Bun  Fortified Energy Drink Powder Refreshing Strawberry Flavour Blackurrant Flavour Drink Powder Tropical Flavour Drink Powder/Mango and Passionfruit Drink Powder Pinespile Flavour Drink Powder Pinespile Flavour Drink Powder Pinespile Flavour Drink Powder Honder Pinespile Flavour Drink Powder Hot Chocolate Flavour Drink Powder	1-135 1-768 / 1-167 1-225 1-238 1-247 1-242/1-740 1-737 / 1-248 1-251	Vegetarian Sausage and Beans Pindi Chana Aloo Bean & Pasta Salad Cinnamon Bun  Fortified Energy Drink Powder Peach Iced Tea Flavour Mango and Passionfruit Drink Powder / Tropical Flavour Drink Powder Grapefruit Flavour Drink Powder Lemon Flavour Drink Powder Hot Chocolate Flavour Drink Powder	1-768/1-167 1-160 1-225 1-237 1-740/1-242 1-736/1-727/1-244 1-735/1-724/1-245 1-251
Fruitful Muesii with Milk Edamame Bean Curry Pea & Mint Soup Chocolate Pudding in Chocolate Sauce  Fortified Energy Drink Powder Refreshing Strawberry Flavour Cola Flavour Drink Powder Apple Flavour Drink Powder Grapefruit Flavour Drink Powder Hot Chocolate Flavour Drink Powder Chilli Peanuts	1.758 1.163 1.170 1.238 1.240 1.739 1.736/1.727/1.244 1.251	Vegetarian Sausage and Beans Kashmiri Potato Curry Bulgar Wheat in Tomato Sauce Cooked Rice Cinnamon Bun Isotonic Drink Powder Cherry Flavour Blackcurrant Flavour Drink Powder Apple Flavour Drink Powder Mango and Passionfruit Drink Powder / Tropical Flavour Drink Powder Hot Chocolate Flavour Drink Powder	1-742 / 1-711 1-770 1-745 / 1-168 1-225 1-235 1-247 1-739 1-740 / 1-242 1-251 1-196	Fruitful Muesli with Milk Tomato & Pasta Salad Ragina Masala Apple Turnover  Fortified Energy Drink Powder Apple Flavour Blackcurrant Flavour Drink Powder Lemon Flavour Drink Powder Mango and Passionfruit Drink Powder / Tropical Flavour Drink Powder Hot Chocolate Flavour Drink Powder Fruit Flapipick	1-164 1-744/1-166 1-227 1-236 1-247 1-735/1-724/1 245 1-740/1-242 1-251	Raspberry Toasted Muesli with Milk Vegetable Curry & Rice Pindic Chana Aloo Cinnamon Bun  Fortified Energy Drink Powder Refreshing Strawberry Flavour Blackcurrant Flavour Drink Powder - Tropical Flavour Drink Powder/Mango and Passonifrul Brink Powder Pineapple Flavour Drink Powder Flenepple Flavour Hot Chocolate Flavour Drink Powder Hot Chocolate Flavour Drink Powder Oatmeal Block	1-135 1-768 / 1-167 1-225 1-238 1-247 1-242/1-740 1-737 / 1-248 1-251	Vegetarian Sausage and Beans Pindi Chana Aloo Bean & Pasta Salad Cinnamon Bun  Fortified Energy Drink Powder Peach Iced Tea Flavour Mango and Passionfruit Drink Powder / Tropical Flavour Drink Powder Grapefruit Flavour Drink Powder Lemon Flavour Drink Powder Hot Chocolate Flavour Drink Powder Biscuits Brown	1-768/1-167 1-160 1-225 1-237 1-740/1-242 1-736/1-727/1- 244 1-735/1-724/1- 245 1-251
Fruitful Museli with Milk Edamane Bean Curry Pea & Mint Soup Chocolate Pudding in Chocolate Sauce Fortified Energy Drink Powder Refreshing Strawberry Flavour Cola Flavour Drink Powder Apple Flavour Drink Powder Grapefruit Flavour Drink Powder Hot Chocolate Flavour Drink Powder Chilli Peanuts Peanut Butter	1-758 1-163 1-170 1-238 1-240 1-739 1-736/1-727/1-244 1-251 1-216 1-232	Vegetarian Sausage and Beans Kashmiri Potato Curry Bulgar Wheat in Tomato Sauce Cooked Rice Cinnamon Bun Isotonic Drink Powder Cherry Flavour Blackcurrant Flavour Drink Powder Apple Flavour Drink Powder Mango and Passionfruit Drink Powder Hot Chocolate Flavour Drink Powder Hot Chocolate Flavour Drink Powder Apricot Oat Biscuits Sesame Bar	1-742 / 1-711 1-770 1-745 / 1-168 1-225 1-235 1-247 1-739 1-740 / 1-242 1-251 1-196 1-207	Fruifful Muesil with Milk Tomato & Pasta Salad Rajma Masala Apple Turnover  Fortified Energy Drink Powder Apple Flavour Blackcurrant Flavour Drink Powder Lemon Flavour Drink Powder Lemon Flavour Drink Powder Mango and Passionfruit Drink Powder / Tropical Flavour Drink Powder Fruit Flapjack Chilli Peanuts	1-164 1-744/1-166 1-227 1-236 1-247 1-735/1-724/1 245 1-740/1-242 1-251 1-211 1-216	Raspherry Toasted Muesli with Milk Vegetable Curry & Nice Pindi Chana Aloo Cinnamon Bun  Fortified Energy Drink Powder Refreshing Strawberry Flavour Blackcurrant Havour Drink Powder Tropical Flavour Drink Powder/Anango and Passionfruit Drink Powder/Anango and Passionfruit Drink Powder / Energy Drink Powder Pineapple Flavour Hot Chociate Flavour Drink Powder Oatmeal Block Oatmeal Block Cookies & Cream Flavour Bar	1-135 1-768/1-167 1-225 1-238 1-247 1-242/1-740 1-737/1-248 1-251 1-201	Vegetarian Sausage and Beans Pindi Chana Aloo Bean & Pasta Salad Cinnamon Bun  Fortified Energy Drink Powder Peach Iced Tea Flavour Mango and Passionfruit Drink Powder / Tropical Flavour Drink Powder Grapefruit Flavour Drink Powder Lemon Flavour Drink Powder Hot Chocolate Flavour Drink Powder Biscuits Brown Protein Bar Chocolate Flavour	1.768/1.167 1.160 1.225 1.237 1.740/1.242 1.736/1.727/1.244 1.735/1.724/1.245 1.251
Fruitful Muesli with Milk Edamame Bean Curry Pea & Mint Soup Chocolate Pudding in Chocolate Sauce  Fortified Energy Drink Powder Refreshing Strawberry Flavour Cola Flavour Drink Powder Apple Flavour Drink Powder Grapefruit Flavour Drink Powder Hot Chocolate Flavour Drink Powder Chilli Peanuts Peanut Butter Apple/Mango/Banana Fruit Puree	1-758 1-163 1-170 1-238 1-240 1-739 1-736/1-727/1- 244 1-251 1-216 1-232 1-213	Vegetarian Sausage and Beans Kashmiri Potato Curry Bulgar Wheat in Tomato Sauce Cooked Rice Cinnamon Bun Isotonic Drink Powder Cherry Flavour Blackcurrant Flavour Drink Powder Apple Flavour Drink Powder Mango and Passionfruit Drink Powder / Tropical Flavour Drink Powder Hot Chocolate Flavour Drink Powder	1-742 / 1-711 1-770 1-745 / 1-168 1-225 1-235 1-247 1-739 1-740 / 1-242 1-251 1-196	Fruitful Muesli with Milk Tomato & Pasta Salad Ragina Masala Apple Turnover  Fortified Energy Drink Powder Apple Flavour Blackcurrant Flavour Drink Powder Lemon Flavour Drink Powder Mango and Passionfruit Drink Powder / Tropical Flavour Drink Powder Hot Chocolate Flavour Drink Powder Fruit Flapipick	1-164 1-744/1-166 1-227 1-236 1-247 1-735/1-724/1 245 1-740/1-242 1-251	Raspberry Toasted Muesli with Milk Vegetable Curry & Rice Pindic Chana Aloo Cinnamon Bun  Fortified Energy Drink Powder Refreshing Strawberry Flavour Blackcurrant Flavour Drink Powder - Tropical Flavour Drink Powder/Mango and Passonifrul Brink Powder Pineapple Flavour Drink Powder Flenepple Flavour Hot Chocolate Flavour Drink Powder Hot Chocolate Flavour Drink Powder Oatmeal Block	1-135 1-768 / 1-167 1-225 1-238 1-247 1-242/1-740 1-737 / 1-248 1-251	Vegetarian Sausage and Beans Pindi Chana Aloo Bean & Pasta Salad Cinnamon Bun  Fortified Energy Drink Powder Peach Iced Tea Flavour Mango and Passionfruit Drink Powder / Tropical Flavour Drink Powder Grapefruit Flavour Drink Powder Lemon Flavour Drink Powder Hot Chocolate Flavour Drink Powder Biscuits Brown	1-768/1-167 1-160 1-225 1-237 1-740/1-242 1-736/1-727/1- 244 1-735/1-724/1- 245 1-251
Fruitful Museli with Milk Edamane Bean Curry Pea & Mint Soup Chocolate Pudding in Chocolate Sauce Fortified Energy Drink Powder Refreshing Strawberry Flavour Cola Flavour Drink Powder Apple Flavour Drink Powder Grapefruit Flavour Drink Powder Hot Chocolate Flavour Drink Powder Chilli Peanuts Peanut Butter	1.758 1.163 1.170 1.238 1.240 1.739 1.736/1.727/1.244 1.251 1.216 1.232 1.213 1.214 1.216 1.232	Vegetarian Sausage and Beans Kashmiri Potato Curry Bulgar Wheat in Tomato Sauce Cooked Rice Cinnamon Bun Isotonic Drink Powder Cherry Flavour Blackcurrant Flavour Drink Powder Apple Flavour Drink Powder Mango and Passionfruit Drink Powder Hot Chocolate Flavour Drink Powder Hot Chocolate Flavour Drink Powder Apricot Oat Biscuits Sesame Bar	1-742 / 1-711 1-770 1-745 / 1-168 1-225 1-235 1-247 1-739 1-740 / 1-242 1-251 1-196 1-207	Fruifful Muesil with Milk Tomato & Pasta Salad Rajma Masala Apple Turnover  Fortified Energy Drink Powder Apple Flavour Blackcurrant Flavour Drink Powder Lemon Flavour Drink Powder Lemon Flavour Drink Powder Mango and Passionfruit Drink Powder / Tropical Flavour Drink Powder Fruit Flapjack Chilli Peanuts	1-164 1-744/1-166 1-227 1-236 1-247 1-735/1-724/1 245 1-740/1-242 1-251 1-211 1-216 1-219	Raspherry Toasted Muesli with Milk Vegetable Curry & Nice Pindi Chana Aloo Cinnamon Bun  Fortified Energy Drink Powder Refreshing Strawberry Flavour Blackcurrant Havour Drink Powder Tropical Flavour Drink Powder/Anango and Passionfruit Drink Powder/Anango and Passionfruit Drink Powder / Energy Drink Powder Pineapple Flavour Hot Chociate Flavour Drink Powder Oatmeal Block Oatmeal Block Cookies & Cream Flavour Bar	1-135 1-768/1-167 1-225 1-238 1-247 1-242/1-740 1-737/1-248 1-251 1-201	Vegetarian Sausage and Beans Pindi Chana Aloo Bean & Pasta Salad Cinnamon Bun  Fortified Energy Drink Powder Peach Iced Tea Flavour Mango and Passionfruit Drink Powder / Tropical Flavour Drink Powder Grapefruit Flavour Drink Powder Lemon Flavour Drink Powder Hot Chocolate Flavour Drink Powder Biscutts Brown Protein Bar Chocolate Flavour Just Nuts	1.768/1.167 1.160 1.225 1.237 1.740/1.242 1.736/1.727/1.244 1.735/1.724/1.245 1.251
Fruitful Museli with Milk Edamane Bean Curry Pea & Mint Soup Chocolate Pudding in Chocolate Sauce Fortified Energy Drink Powder Refreshing Strawberry Flavour Cola Flavour Drink Powder Apple Flavour Drink Powder Grapefruit Flavour Drink Powder Hot Chocolate Flavour Drink Powder Chilli Peanuts Peanut Butter Apple/Mango/Banana Fruit Puree Chocolate Orange Mini Cookies / Milk Chocolate Chocolate Orange Mini Cookies / Milk Chocolate	1-758 1-163 1-170 1-238 1-240 1-739 1-736/1-727/1- 244 1-251 1-215 1-215 1-213	Vegetarian Sausage and Beans Kashmiri Potato Curry Bulgar Wheat in Tomato Sauce Cooked Rice Cinnamon Bun Isotonic Drink Powder Cherry Flavour Blackcurrant Flavour Drink Powder Apple Flavour Drink Powder Mango and Passionfruit Drink Powder Hot Chocolate Flavour Drink Powder Hot Chocolate Flavour Drink Powder Sausage Apple Flavour Drink Powder Hot Chocolate Flavour Drink Powder Apricot Oat Bissuit Sesame Bar Salted Peanuts	1-742 / 1-711 1-770 1-745 / 1-168 1-225 1-235 1-247 1-739 1-740 / 1-242 1-251 1-196 1-207 1-218	Fruifful Muesil with Milk Tomato & Pasta Salad Rajma Masala Apple Turnover  Fortified Energy Drink Powder Apple Flavour Blackcurrant Flavour Drink Powder Lemon Flavour Drink Powder Lemon Flavour Drink Powder Manga and Passonfruit Drink Powder / Tropical Flavour Drink Powder Hor Chocolate Flavour Drink Powder Fruit Flapjack Chilli Peanuts Barbecue Peanuts	1-164 1-744/1-166 1-227 1-236 1-247 1-735/1-724/1 245 1-740/1-242 1-251 1-211 1-216 1-219	Raspherry Toasted Museli with Milk Vegetable Curry & Nice Pindi Chana Aloo Cinnamon Bun  Fortified Energy Drink Powder Refreshing Strawberry Flavour Blackcurrant Flavour Drink Powder Tropical Flavour Drink Powder/Anago and Passionfruit Drink Powder/Anago and Passionfruit Drink Powder / Energy Drink Powder Pineapole Flavour Drink Powder / Energy Drink Powder Pineapole Flavour Oatmael Block Cookies & Cream Flavour Bar Sesame Bar	1-135 1-768/1-167 1-225 1-238 1-247 1-242/1-740 1-737/1-248 1-251 1-201 1-203 1-207	Vegetarian Sausage and Beans Pindi Chana Aloo Bean & Pasta Salad Cinnamon Bun  Fortified Energy Drink Powder Peach Iced Tea Flavour Mango and Passionfruit Drink Powder / Tropical Flavour Drink Powder Grapefruit Flavour Drink Powder Lemon Flavour Drink Powder Hot Chocolate Flavour Drink Powder Biscutts Brown Protein Bar Chocolate Flavour Just Nuts	1.768/1.167 1.160 1.225 1.237 1.740/1.242 1.736/1.727/1.244 1.735/1.724/1.245 1.735 1.731 1.215
Fruitful Muesli with Milk Edamame Bean Curry Pea & Mint Soup Chocolate Pudding in Chocolate Sauce  Fortified Energy Drink Powder Refreshing Strawberry Flavour Cola Flavour Drink Powder Apple Flavour Drink Powder Grapefruit Flavour Drink Powder Hot Chocolate Flavour Drink Powder Chilli Peanuts Peanut Butter Apple Mango/Banana Fruit Puree Chocolate Orange Mini Cookies / Milk Chocolate Mini Cookies / Chocolate Chija and Orange Flavour	1.758 1.163 1.170 1.238 1.240 1.739 1.736/1.727/1.244 1.251 1.216 1.232 1.213 1.214 1.216 1.232	Vegetarian Sausage and Beans Kashmiri Potato Curry Bulgar Wheat in Tomato Sauce Cooked Rice Cinnamon Bun Isotonic Drink Powder Cherry Flavour Blackcurrant Flavour Drink Powder Apple Flavour Drink Powder Mango and Passionfruit Drink Powder Hot Chocolate Flavour Drink Powder Hot Chocolate Flavour Drink Powder Sausage Apple Flavour Drink Powder Hot Chocolate Flavour Drink Powder Apricot Oat Bissuit Sesame Bar Salted Peanuts	1-742 / 1-711 1-770 1-745 / 1-168 1-225 1-235 1-247 1-739 1-740 / 1-242 1-251 1-196 1-207 1-218	Fruitful Muesli with Milk Tomato & Pasta Salad Ragina Masala Apple Turnover  Fortified Energy Drink Powder Apple Flavour Blackcurrant Flavour Drink Powder Lemon Flavour Drink Powder Mango and Passionfruit Drink Powder / Tropical Flavour Drink Powder Hot Chocolate Flavour Drink Powder Fruit Flapjack Chilli Peanuts Barbecue Peanuts Apricot Jam / Strawberry Jam / Plum Jam / Raspberry Apricot Jam / Strawberry Jam / Plum Jam / Raspberry	1-164 1-744/1-166 1-227 1-236 1-247 1-735/1-724/1 245 1-740/1-242 1-251 1-211 1-216 1-229/1-228/1-230/1-231	Raspberry Toasted Muesli with Milk Vegetable Curry & Rice Pindi Chana Aloo Cinnamon Bun  Fortified Energy Drink Powder Refreshing Strawberry Flavour Blackcurrant Flavour Drink Powder/Mango and Passionfriut Drink Powder/Mango and Passionfriut Drink Powder/ Energy Drink Powder Pineapple Flavour Drink Powder Hot Chocolate Flavour Drink Powder Oatmeal Block Cookies & Cream Flavour Bar Strawberry Jam / Apricot Jam / Plum Jam / Raspberry Jam	1-135 1-768 / 1-167 1-225 1-238 1-247 1-242/1-740 1-737 / 1-248 1-251 1-201 1-203 1-207 1-228/1-229/1-230/1-231	Vegetarian Sausage and Beans Pindi Chana Aloo Bean & Pasta Salad Cinnamon Bun  Fortified Energy Drink Powder Peach Iced Tea Flavour Mango and Passionfruit Drink Powder / Tropical Flavour Drink Powder Grapefruit Flavour Drink Powder Lemon Flavour Drink Powder Hot Chocolate Flavour Drink Powder Biscutts Brown Protein Bar Chocolate Flavour Just Nuts	1.768/1.167 1.160 1.225 1.237 1.740/1.242 1.736/1.727/1.244 1.735/1.724/1.245 1.735 1.731 1.215
Fruitful Muesli with Milk Edamame Bean Curry Pea & Mint Soup Chocolate Pudding in Chocolate Sauce  Fortified Energy Drink Powder Refreshing Strawberry Flavour Cola Flavour Drink Powder Apple Flavour Drink Powder Grapefruit Flavour Drink Powder Hot Chocolate Flavour Drink Powder Chilli Peanuts Peanut Butter Apple Mango/Banana Fruit Puree Chocolate Orange Mini Cookies / Milk Chocolate Mini Cookies / Chocolate Chija and Orange Flavour	1.758 1.163 1.170 1.238 1.240 1.739 1.736/1.727/1.244 1.251 1.216 1.232 1.213 1.214 1.216 1.232	Vegetarian Sausage and Beans Kashmiri Potato Curry Bulgar Wheat in Tomato Sauce Cooked Rice Cinnamon Bun Isotonic Drink Powder Cherry Flavour Blackcurrant Flavour Drink Powder Apple Flavour Drink Powder Mango and Passionfruit Drink Powder Hot Chocolate Flavour Drink Powder Hot Chocolate Flavour Drink Powder Sausage Apple Flavour Drink Powder Hot Chocolate Flavour Drink Powder Apricot Oat Bissuit Sesame Bar Salted Peanuts	1-742 / 1-711 1-770 1-745 / 1-168 1-225 1-235 1-247 1-739 1-740 / 1-242 1-251 1-196 1-207 1-218	Frutful Muesli with Milk Tomato & Pasta Salad Rajma Masala Apple Turnover  Fortfiled Energy Drink Powder Apple Flavour Blackcurrant Flavour Drink Powder Lemon Flavour Drink Powder Mango and Passionfruit Drink Powder / Tropical Flavour Drink Powder Hot Chocolate Flavour Drink Powder Frutt Flapjack Chilli Peanuts Barbecure Peanuts Apricot Jam / Strawberry Jam / Plum Jam / Raspberry Jam	1-164 1-744 / 1-166 1-227 1-236 1-247 1-735 / 1-724 / 1 245 1-740 / 1-242 1-251 1-211 1-216 1-219 1-229/1-228/1-230/1-231 1-780 / 1-197 / 1	Raspherry Toasted Muesli with Milk Vegetable Curry & Rice Pindi Chana Aloo Cinnamon Bun Fortified Energy Drink Powder Refreshing Strawberry Flavour Blackcurrant Flavour Drink Powder Tropical Flavour Drink Powder/Mango and Passionfruit Drink Powder / Energy Drink Powder Pineapple Flavour Drink Powder / Energy Drink Powder Pineapple Flavour Hot Chocolate Flavour Drink Powder Oatmeal Block Cookies & Cream Flavour Bar Sesame Bar Strawberry Jam / Apricot Jam / Plum Jam / Raspberry Jam	1-135 1-768 / 1-167 1-225 1-238 1-247 1-242/1-740 1-737 / 1-248 1-251 1-201 1-203 1-207 1-228/1-229/1-230/1	Vegetarian Sausage and Beans Pindi Chana Aloo Bean & Pasta Salad Cinnamon Bun  Fortified Energy Drink Powder Peach Iced Tea Flavour Mango and Passionfruit Drink Powder / Tropical Flavour Drink Powder Grapefruit Flavour Drink Powder Lemon Flavour Drink Powder Hot Chocolate Flavour Drink Powder Biscutts Brown Protein Bar Chocolate Flavour Just Nuts	1.768/1.167 1.160 1.225 1.237 1.740/1.242 1.736/1.727/1.244 1.735/1.724/1.245 1.735 1.731 1.215
Fruitful Muesli with Milk Edamame Bean Curry Pea & Mint Soup Chocolate Pudding in Chocolate Sauce  Fortified Energy Drink Powder Refreshing Strawberry Flavour Cola Flavour Drink Powder Apple Flavour Drink Powder Grapefruit Flavour Drink Powder Hot Chocolate Flavour Drink Powder Chilli Peanuts Peanut Butter Apple Mango/Banana Fruit Puree Chocolate Orange Mini Cookies / Milk Chocolate Mini Cookies / Chocolate Chija and Orange Flavour	1.758 1.163 1.170 1.238 1.240 1.739 1.736/1.727/1.244 1.251 1.216 1.232 1.213 1.214 1.216 1.232	Vegetarian Sausage and Beans Kashmiri Potato Curry Bulgar Wheat in Tomato Sauce Cooked Rice Cinnamon Bun Isotonic Drink Powder Cherry Flavour Blackcurrant Flavour Drink Powder Apple Flavour Drink Powder Mango and Passionfruit Drink Powder Hot Chocolate Flavour Drink Powder Hot Chocolate Flavour Drink Powder Sausage Apple Flavour Drink Powder Hot Chocolate Flavour Drink Powder Apricot Oat Bissuit Sesame Bar Salted Peanuts	1-742 / 1-711 1-770 1-745 / 1-168 1-225 1-235 1-247 1-739 1-740 / 1-242 1-251 1-196 1-207 1-218	Fruifful Muesli with Milk Tomato & Pasta Salad Rajma Masala Apple Turnover  Fortified Energy Drink Powder Apple Flavour Blackcurrant Flavour Drink Powder Lemon Flavour Drink Powder Lemon Flavour Drink Powder Hamgo and Passionfruit Drink Powder / Tropical Flavour Drink Powder Hot Chocolate Flavour Drink Powder Fruit Flapjack Chilli Peanuts Barbecue Peanuts Apricot Jam / Strawberry Jam / Plum Jam / Raspberry Jam Chocolate Orange Mini Cookies / Milk Chocolate Mini	1-164 1-744 / 1-166 1-227 1-236 1-247 1-735 / 1-724 / 1 245 1-740 / 1-242 1-251 1-211 1-216 1-219 1-229/1-228/1-230/1-231 1-780 / 1-197 / 1	Raspberry Toasted Muesli with Milk Vegetable Curry & Rice Pindi Chana Aloo Cinnamon Bun  Fortified Energy Drink Powder Refreshing Strawberry Flavour Blackcurrant Flavour Drink Powder/Mango and Passionfriut Drink Powder/Mango and Passionfriut Drink Powder/ Energy Drink Powder Pineapple Flavour Drink Powder Hot Chocolate Flavour Drink Powder Oatmeal Block Cookies & Cream Flavour Bar Strawberry Jam / Apricot Jam / Plum Jam / Raspberry Jam	1-135 1-768 / 1-167 1-225 1-238 1-247 1-242/1-740 1-737 / 1-248 1-251 1-201 1-203 1-207 1-228/1-229/1-230/1-231	Vegetarian Sausage and Beans Pindi Chana Aloo Bean & Pasta Salad Cinnamon Bun  Fortified Energy Drink Powder Peach Iced Tea Flavour Mango and Passionfruit Drink Powder / Tropical Flavour Drink Powder Grapefruit Flavour Drink Powder Lemon Flavour Drink Powder Hot Chocolate Flavour Drink Powder Biscutts Brown Protein Bar Chocolate Flavour Just Nuts	1.768/1.167 1.160 1.225 1.237 1.740/1.242 1.736/1.727/1.244 1.735/1.724/1.245 1.735 1.731 1.215
Fruitful Muesli with Milk Edamame Bean Curry Pea & Mint Soup Chocolate Pudding in Chocolate Sauce  Fortified Energy Drink Powder Refreshing Strawberry Flavour Cola Flavour Drink Powder Apple Flavour Drink Powder Grapefruit Flavour Drink Powder Hot Chocolate Flavour Drink Powder Chilli Peanuts Peanut Butter Apple Mango/Banana Fruit Puree Chocolate Orange Mini Cookies / Milk Chocolate Mini Cookies / Chocolate Chija and Orange Flavour	1.758 1.163 1.170 1.238 1.240 1.739 1.736/1.727/1.244 1.251 1.216 1.232 1.213 1.214 1.216 1.232	Vegetarian Sausage and Beans Kashmiri Potato Curry Bulgar Wheat in Tomato Sauce Cooked Rice Cinnamon Bun Isotonic Drink Powder Cherry Flavour Blackcurrant Flavour Drink Powder Apple Flavour Drink Powder Mango and Passionfruit Drink Powder Hot Chocolate Flavour Drink Powder Hot Chocolate Flavour Drink Powder Sausage Apple Flavour Drink Powder Hot Chocolate Flavour Drink Powder Apricot Oat Bissuit Sesame Bar Salted Peanuts	1-742 / 1-711 1-770 1-745 / 1-168 1-225 1-235 1-247 1-739 1-740 / 1-242 1-251 1-196 1-207 1-218	Fruifful Muesli with Milk Tomato & Pasta Salad Rajma Masala Apple Turnover  Fortified Energy Drink Powder Apple Flavour Blackcurrant Flavour Drink Powder Lemon Flavour Drink Powder Lemon Flavour Drink Powder Hamgo and Passionfruit Drink Powder / Tropical Flavour Drink Powder Hot Chocolate Flavour Drink Powder Fruit Flapjack Chilli Peanuts Barbecue Peanuts Apricot Jam / Strawberry Jam / Plum Jam / Raspberry Jam Chocolate Orange Mini Cookies / Milk Chocolate Mini	1-164 1-744 / 1-166 1-227 1-236 1-247 1-735 / 1-724 / 1 245 1-740 / 1-242 1-251 1-211 1-216 1-219 1-229/1-228/1-230/1-231 1-780 / 1-197 / 1	Raspberry Toasted Muesli with Milk Vegetable Curry & Rice Plndic Chana Aloo Cinnamon Bun  Fortified Energy Drink Powder Refreshing Strawberry Flavour Blackcurrant Flavour Drink Powder/Mango and Passionfriut Drink Powder/Mango and Passionfriut Drink Powder / Energy Drink Powder Pineapple Flavour Drink Powder Hot Chocolate Flavour Drink Powder Costine Block Cookies & Cream Flavour Bar Sesame Bar  Strawberry Jam / Apricot Jam / Plum Jam / Raspberry Jam  Spicy Mini Breadstick	1-135 1-768 / 1-167 1-225  1-238 1-247 1-242/1-740 1-737 / 1-248 1-251 1-201 1-203 1-207 1-228/1-229/1-230/1-231 1-750 1-217	Vegetarian Sausage and Beans Pindi Chana Aloo Bean & Pasta Salad Cinnamon Bun  Fortified Energy Drink Powder Peach Iced Tea Flavour Mango and Passionfruit Drink Powder / Tropical Flavour Drink Powder Grapefruit Flavour Drink Powder Lemon Flavour Drink Powder Hot Chocolate Flavour Drink Powder Biscuits Brown Protein Bar Chocolate Flavour Just Nuts Peanut Butter	1.768/1.167 1.160 1.225 1.237 1.740/1.242 1.736/1.727/1.244 1.735/1.724/1.245 1.735 1.731 1.215
Fruitful Muesli with Milk Edamame Bean Curry Pea & Mint Soup Chocolate Pudding in Chocolate Sauce  Fortified Energy Drink Powder Refreshing Strawberry Flavour Cola Flavour Drink Powder Apple Flavour Drink Powder Grapefruit Flavour Drink Powder Hot Chocolate Flavour Drink Powder Chilli Peanuts Peanut Butter Apple Mango/Banana Fruit Puree Chocolate Orange Mini Cookies / Milk Chocolate Mini Cookies / Chocolate Chija and Orange Flavour	1.758 1.163 1.170 1.238 1.240 1.739 1.736/1.727/1.244 1.251 1.216 1.232 1.213 1.214 1.216 1.232	Vegetarian Sausage and Beans Kashmiri Potato Curry Bulgar Wheat in Tomato Sauce Cooked Rice Cinnamon Bun Isotonic Drink Powder Cherry Flavour Blackcurrant Flavour Drink Powder Apple Flavour Drink Powder Mango and Passionfruit Drink Powder Hot Chocolate Flavour Drink Powder Hot Chocolate Flavour Drink Powder Sausage Apple Flavour Drink Powder Hot Chocolate Flavour Drink Powder Apricot Oat Bissuit Sesame Bar Salted Peanuts	1-742 / 1-711 1-770 1-745 / 1-168 1-225 1-235 1-247 1-739 1-740 / 1-242 1-251 1-196 1-207 1-218	Fruifful Muesli with Milk Tomato & Pasta Salad Rajma Masala Apple Turnover  Fortified Energy Drink Powder Apple Flavour Blackcurrant Flavour Drink Powder Lemon Flavour Drink Powder Lemon Flavour Drink Powder Hamgo and Passionfruit Drink Powder / Tropical Flavour Drink Powder Hot Chocolate Flavour Drink Powder Fruit Flapjack Chilli Peanuts Barbecue Peanuts Apricot Jam / Strawberry Jam / Plum Jam / Raspberry Jam Chocolate Orange Mini Cookies / Milk Chocolate Mini	1-164 1-744 / 1-166 1-227 1-236 1-247 1-735 / 1-724 / 1 245 1-740 / 1-242 1-251 1-211 1-216 1-219 1-229/1-228/1-230/1-231 1-780 / 1-197 / 1	Raspherry Toasted Muesii with Milk Vegetable Curry & Nice Pindid Chana Aloo Cinnamon Bun  Fortified Energy Drink Powder Refreshing Strawberry Flavour Blackcurrant Flavour Drink Powder Tropical Flavour Drink Powder/Mango and Passionfruit Drink Powder/Mango and Passionfruit Drink Powder / Energy Drink Powder Pineapple Flavour Drink Powder / Energy Drink Powder Pineapple Flavour Drink Powder Oatmeal Block Strawberry Jam / Apricot Jam / Plum Jam / Raspberry Jam Spicy Mini Breadstick Dry Roasted Peanuts	1-135 1-768 / 1-167 1-225  1-238 1-247 1-242/1-740 1-737 / 1-248 1-251 1-201 1-203 1-207 1-228/1-229/1-230/1-231 1-750	Vegetarian Sausage and Beans Pindi Chana Aloo Bean & Pasta Salad Cinnamon Bun  Fortified Energy Drink Powder Peach Iced Tea Flavour Mango and Passionfruit Drink Powder / Tropical Flavour Drink Powder Grapefruit Flavour Drink Powder Lemon Flavour Drink Powder Hot Chocolate Flavour Drink Powder Biscutts Brown Protein Bar Chocolate Flavour Just Nuts	1.768/1.167 1.160 1.225 1.237 1.740/1.242 1.736/1.727/1.244 1.735/1.724/1.245 1.735 1.731 1.215

Common	Items

Common items		
Spicy Red Chilli Sauce 1-252	Alcohol Free Moist Wipe x 2 1-256 / 1-773	Instant Coffee x 2 1-261 / 1-734
Spork 1- 253	Tissues 1-257 / 1-769	Tea Bag x 2 1-263 / 1-264 / 1-764
Water Purification Tablets 1-254 / 1-772	Chewing Gums 1-767	Sugar x 4 1-266 / 1-765
Windproof/Waterproof Matches 1-255	Re-useable Polyhag 1-260	Reverage Whiteners x 4 1-766 / 1-267



# 24 Hour Enhanced Ration Pack Pxx Pack Date xx/xxxx

Menu 1 Vegetarian Ali Day Breakfast Cooked Rice Pindi Chana Aloo Chilli con Carne (Beef) Cinnamon Cake	1-105 1-745 / 1-168 1-768 / 1-167 1-290 1-293	Menu 2 Pork Sausages & Beans in Tomato Sauce Steak Vegetables and Dumplings Beef Burinto Style Filling with Rice Vanilla Flavour Cake	1-104 1-128 1-142 1-295	Menu 3 Raspberry Toasted Muesli with Milk Chicken Curry with Potato & Rice Pasta Bolognese (Pork) Chocolate Pudding in Chocolate Sauce	1-113 1-134 1-139 1-170	Menu 4 Chicken Sausages & Beans Sweet & Sour Chicken with Rice Pasta Bolognese (Pork) Cinnamon Flavour Cake	1-107 1-137 1-139 1-293	Menu 5 Chicken Sausages & Beans Indonesian Style Spicy Rice with Pork Pindi Chana Aloo Orange Flavour Cake	1-107 1-146 1-768 / 1-167 1-292
Isotonic Drink Powder Cherry Flavour  Energy Drink Powder Orange Flavour / Orange Flavour Drink Powder Tropical Flavour Drink Powder/Mango and Passionfruit Drink Powder Pineapple Flavour Drink Powder / Energy Drink	1-235 1-298 / 1-243 / 1-725 1-242/1-740	Fortified Energy Drink Powder Refreshing Strawberry Flavour Blackcurrant Flavour Drink Powder Energy Drink Powder Raspberry Flavour Energy Drink Powder Lime Flavour / Lime	1-238 1-247 1-297	Fortified Energy Drink Powder Refreshing Strawbern Flavour Grapefruit Flavour Drink Powder Tropical Flavour Drink Powder/Mango and Passionfruit Drink Powder	1-238 1-244/1-736 / 1 727 1-242/1-740 1-245 /1-735 /	Fortified Energy Drink Powder Refreshing Strawberry Flavour 1-238 Energy Drink Powder Raspberry Flavour Tropical Flavour Drink Powder/Mango and Passionfruit Drink Powder	1-297 1-242/1-740	Fortified Energy Drink Powder Apple Flavour Blackcurrant Flavour Drink Powder Cola Flavour Drink Powder / Pear Flavour Drink Powder Energy Drink Powder Orange Flavour / Orange	1-236 1-247 1-240 / 1-738 1-298 / 1-243 / 1-
Powder Pineapple Flavour Hot Chocolate Flavour Drink Powder Oatmeal Block	1-737 / 1-248 1-251 1-201	Flavour Drink Powder Hot Chocolate Flavour Drink Powder Biscuits Brown-S	1-296 / 1-723 1-251 1-195	Lemon Flavour Drink Powder Hot Chocolate Flavour Drink Powder Biscuits Brown	1-724 1-251 1-195	Tutti Fruity Drink Powder Hot Chocolate Flavour Drink Powder Cheese Oat Biscuits	1-241 1-251 1-198	Flavour Drink Powder Hot Chocolate Flavour Drink Powder Apricot Oat Biscuits	725 1-251 1-196
Tropical Fruit & Nut Salted Peanuts Apricot Jam / Strawberry Jam / Plum Jam / Raspberry Jam	1-209 1-218 1-229/1-228/1 230/1-231	Tropical Fruit & Nut Just Nuts	1-209 1-215 1-230/1-228/1- 229/1-231	Fruit Flapjack Salted Peanuts Tuna in Light Mayonnaise	1-211 1-218 1-221	Oat Digestive Biscuits Cookies & Cream Flavour Bar Apple/Peach Fruit Puree	1-199 1-203 1-214	Cheese Oat Biscuits Exotic Fruits Nougat Bar Just Nuts	1-198 1-208 1-215
Peanut Butter  Spicy Mini Breadsticks	1-232	Tuna with Lime & Pepper	1-701	Plum Jam /Strawberry Jam /Apricot Jam / Raspberr Jam	y 1-230/1-228/1- 229/1-231	Barbecue Peanuts Strawberry Jam / Apricot Jam / Plum Jam / Raspberry Jam Peanut Butter	1-219 1-228/1-229/1-230/1 231	Strawberry Jam /Apricot Jam / Plum Jam / Raspberry Jam Tuna with Lime & Pepper	1-228/1-229/1- 230/1-231 1-701
Menu 6 All Day Breakfast (Pork) Sweetcorn & Tuna Pasta Pindi Chana Aloo Chocolate Flavour Cake	1-101 1-709 1-768 / 1-167 1-294	Menu 7 Instant Porridge Cooked Rice Rajma Masala Vegetable & Chickpea Biryani Chocolate Brownie	1-706 1-745 / 1-168 1-744 /1-166 1-151 1-171	Menu 8 Fruitful Muesli with Milk Spicy Sausage and Potato Wedges (Pork) Pasta Bolognese (Pork) Chocolate Pudding in Chocolate Sauce	1-112 1-127 1-139 1-170	Menu 9 All Day Breakfast (Pork) Sausage Casserole (Pork) Beef Burrito Style Filling with Rice Chocolate Flavour Cake	1-101 1-140 1-142 1-294	Menu 10 Fruitful Muesli with Milk Beef Burrito Style Filling with Rice Hunters Chicken Cinnamon Cake	1-112 1-142 1-143 1-293
All Day Breakfast (Pork) Sweetcorn & Tuna Pasta Pindi Chana Aloo	1-709 1-768 / 1-167 1-294 1-236 1-244/1-736 / 727	Instant Porridge Cooked Rice Rajma Masala Vegetable & Chickpea Biryani Chocolate Brownie Fortified Energy Drink Powder Peach Iced Tea Flavour	1-745 / 1-168 1-744 /1-166 1-151	Fruitful Muesli with Milk Spicy Sausage and Potato Wedges (Pork) Pasta Bolognese (Pork)	1-127 1-139 1-170	All Day Breakfast (Pork) Sausage Casserole (Pork) Beef Burrito Style Filling with Rice	1-140 1-142	Fruitful Muesli with Milk Beef Burrito Style Filling with Rice Hunters Chicken	1-142 1-143
All Day Breakfast (Pork) Sweetcorn & Tuna Pasta Pindi Chana Aloo Chocolate Flavour Cake  Fortified Energy Drink Powder Apple Flavour Grapefruit Flavour Drink Powder Energy Drink Powder Lime Flavour / Lime Flavou Drink Powder Pineapple Flavour Drink Powder / Energy Drink Powder Pineapple Flavour	1-709 1-768 / 1-167 1-294 1-236 1-244/1-736 / 727 1-727   1-296 / 1-723 1-737 / 1-248 1-251 1-195 1-198 1-209 1-218 1-221	Instant Porridge Cooked Rice Rajma Masala Vegetable & Chickpea Biryani Chocolate Brownie Fortified Energy Drink Powder Peach Iced Tea Flavur Lewon Flavour Drink Powder Tutti Fruity Drink Powder Pineapple Flavour Drink Powder / Energy Drink Powder Pineapple Flavour Prink Powder / Energy Drink Powder Pineapple Flavour	1-745 / 1-168 1-744 / 1-166 1-151 1-171 1-237 1-245 / 1-735 / 1-724 1-241 1-737 / 1-248	Fruitful Muesli with Milk Spicy Sausage and Potato Wedges (Pork) Pasta Bolognese (Pork) Chocolate Pudding in Chocolate Sauce  Fortified Energy Drink Powder Refreshing Strawbern Flavour Lemon Flavour Drink Powder Energy Drink Powder Orange Flavour / Orange Flavour Drink Powder / Pear Flavour Drink Powder / Powder / Pear Flavour Drink Powder / P	1-127 1-139 1-170 / 1-238 1-245 / 1-735 / 1-724 1-298 / 1-243 / 1-725 1-240 / 1-738 1-251 1-201 1-203 1-216	All Day Breakfast (Pork) Sausage Casserole (Pork) Beef Burint Style Filling with Rice Chocolate Flavour Cake  Fortified Energy Drink Powder Peach Iced Tea Flavour Blackcurrant Flavour Drink Powder Energy Drink Powder Raspberry Flavour Energy Drink Powder Raspberry Flavour Flavour Drink Powder Flavour / Lime Flavour Drink Powder	1-140 1-142 1-294 1-237 1-247 1-297 1-296 / 1-723 1-251 1-207 1-212 1-215 1-215 1-221 1-231/1-228/1-229/1	Fruitful Muesli with Milk Beef Burrito Style Filling with Rice Hunters Chicken Cinnamon Cake  Fortified Energy Drink Powder Apple Flavour Tutti Fruity Drink Powder 1-241 Cola Flavour Drink Powder / Pear Flavour Drink Powder  Grapefruit Flavour Drink Powder Hot Chocolate Flavour Drink Powder Oat Digestive Biscuits Sesame Bar Chilli Peanuts Plum Jam / Strawberry Jam / Apricot Jam / Raspberry Jam - Cheese Flavour Spread / Cheddar Cheese Flavour Spread	1-142 1-143 1-293 1-236 1-240 / 1-738 1-244/1-736 / 1-727

#### Common Items

Water Purification Tablets 1-254 / 1-772 Windproof/Waterproof Matches 1-255	Chewing Gums 1-767 / 1-258 (x3) Re-useable Polybag 1-260	Flameless Ration Heater 1-268 / 1-774
Spork 1- 253	Tissues 1-257 / 1-769	3 in 1 Tea 1-265
		3 in 4 Ton 4 205
Spicy Red Chilli Sauce 1-252	Alcohol Free Moist Wipe x 2 1-256 / 1-773	3 in 1 Coffee 1-730



# LOT 3 - COLD CLIMATE RATION MENUS

Menu 1

Muesli with Milk and Raisins Chicken in Black Bean Sauce

Chocolate Mousse with Cherry & Granola

Fortified Peach Iced Tea Drink Powder Tutti Fruity Drink Powder x2

Hot Chocolate Flavour Drink Powder

Dark Chocolate Bar

Choc Chip & Orange Flavour Biscults

Fruit Flaplack

Tuna pouch - Lime & Pepper

Salt Crusted Peanuts

Orange cake

**BBQ** peanuts Cheese Biscult

Strawberry Jam

Menu 5

Menu 6

**Oatmeal** Chicken Fried Rice

**Custard with Apple** 

Fortified Refreshing Strawberry Flavour Drink Powder

Raspberry Flavour Drink Powder x2 Hot Chocolate Flavour Drink Powder

Dark Chocolate Bar **Apricot Flavour Oat Biscuits** 

**Cola Bottles** 

Burger with beef

**Tropical Fruit & Nut** 

Chilli Peanuts

Vanilla cake Strawberry Jam

**BBQ** peanuts

Menu 2

Porridge with Strawberry

Chicken Tikka with Rice

**Coffee Oaty Dessert** 

Fortified Apple Flavour Drink Powder Orange Flavour Drink Powder x2

Hot Chocolate Flavour Drink Powder

Dark Chocolate Bar

**Biscuits Brown** 

Just Fruit

Burger with beef

**Tropical Fruit & Nut** 

**BBQ** peanuts **Peanut Butter** 

Porridge with Strawberry

Potato Puree with Chicken

**Custard with Apple Crunch** 

Fortified Apple Flavour Drink Powder

Cola Flavour Drink Powder x2

Hot Chocolate Flavour Drink Powder

Dark Chocolate Bar

**Biscuits Brown** 

Fruit Flapjack

Cola Bottles

Cookles & Cream Flavour Bar

Pork & Beef Patty

Roasted salted peanuts

**Peanut Butter** 

Menu 3

**Oatmeal** 

Chicken Korma with Rice

**Chocolate Oaty Dessert** 

Fortified Apple Flavour Drink Powder

Lime Flavour Drink Powder x2

Hot Chocolate Flavour Drink Powder

Dark Chocolate Bar

Cheese Oat Biscuits

Cola Bottles Cookies & Cream Flavour Bar

Pork & Beef Patty

Salt Crusted Peanuts

Vanilla Cake

Cheddar Cheese Flavoured Spread

Menu 7

Fruitful Muesli with Milk

Beef Goulash & Rice

Custard and Mixed Fruit

Fortified Peach Iced Tea Drink Powder

Blackcurrant Flavour Drink Powder x2

Hot Chocolate Flavour Drink Powder

Dark Chocolate Bar

Choc Chip & Orange Flavour Biscuits

**Just Fruit** 

Pork & Beef Patty

Cinnamon cake

Chilli Peanuts

Roasted salted peanuts

**Peanut Butter** 

Menu 4

Muesli with Milk and Raisins

Chicken Falita with Rice

Chocolate Flavour Crème

Fortified Refreshing Strawberry Flavour Drink Powder

CONTIGHT NYMITH CILITONI/GOIL

APENDIX 17 TO RHEDULE B

Lemon Flavour Drink Powder x2

Hot Chocolate Flavour Drink Powder

Dark Chocolate Bar

**Oat Digestive Biscuits** 

Just Fruit

Vanilla cake

Choco Crisp Bar

Tuna pouch - Lime & Pepper

Chilli Peanuts

Cheddar Cheese Flavoured Spread

Menu 8

Fruitful Muesli with Milk

Cottage Pie

Rice Pudding with Strawberries

Fortified Refreshing Strawberry Flavour Drink Powder

Grapefruit Flavour Drink Powder x2

Hot Chocolate Flavour Drink Powder

Dark Chocolate Bar

**Biscults Brown** 

Fruit Flapjack

**Oatmeal Block** 

Orange cake Tuna pouch - Lime & Pepper

**Tropical Fruit & Nut** 

**Salt Crusted Peanuts** 

Cheddar Cheese Flavoured Spread

Common Items

Re-useable Polybag

3 in 1 Tea x 3

3 in 1 Coffee x 3 Sugar x 2

Alcohol Free Moist Wipe x 2

Assorted Chewing Gums x 3

Tissues

Water Purification Tablets x 6

Windproof / Waterproof Matches x 5 Spork

## SMR Pxx Pack Date xx/xxxx

Menu 1		Menu 2		Menu 3		Menu 4		Menu 5	
Sweet & Sour Chicken with Rice	1-137	Indonesian Style Spicy Rice with Pork	1-146	Chicken Curry with Potato & Rice	1-134	Beef Burrito Style Filling with Rice	1-142	Meatballs & Pasta (Beef)	1-125
Isotonic Drink Powder Cherry Flavour x 2	1-235	Fortified Energy Drink Powder Apple x 2	1-236	Fortified Energy Drink Powder Peach Iced Tea x 2	1-237	Fortified Energy Drink Powder Strawberry Flavour x 2	1-238	Fortified Energy Drink Powder Apple x 2	1-236
Oatmeal Block	1-201	Protein Bar Chocolate Flavour	1-731	Biscuits Brown-S	1-195	Oatmeal Block	1-201	Oatmeal Block	1-201
Protein Bar Chocolate Flavour	1-731	Apple/Peach Fruit Puree	1-214	Exotic Fruits Nougat Bar	1-208	Exotic Fruits Nougat Bar	1-208	Sesame Bar	1-207
Cola Bottles	1-212	Peanut Butter	1-232	Apple/Peach Fruit Puree	1-214	Salted Peanuts	1-218	Cola Bottles	1-212
Cheese Flavour Spread / Cheddar Cheese Flavour	1-778 / 1-233	Coconut Biscuit Bite	1-753	Strawberry Jam / Apricot Jam / Plum Jam / Raspberry Jam	1-228/1-229/1- 230/1-231	Apricot Jam / Strawberry Jam / Plum Jam / Raspberry Jam	1-229/1-228/1- 230/1-231	Plum Jam /Strawberry Jam /Apricot Jam / Raspberry Jam	1-230/1-228/1- 229/1-231

Menu 6		Menu 7		Menu 8		Menu 9		Menu 10	
Steak Vegetables and Dumplings	1-128	Pindi Chana Aloo	1-768 / 1-167	Halal Chicken Jalfrezi, Chickpea and Rice	1-158	Pasta Bolognese (Pork)	1-139	Sausage Casserole (Pork)	1-140
Fortified Energy Drink Powder Peach Iced Tea x 2	1-237	Fortified Energy Drink Powder Strawberry Flavour x 2	1-238	Fortified Energy Drink Powder Apple x 2	1-236	Fortified Energy Drink Powder Peach Iced Tea x 2	1-237	Fortified Energy Drink Powder Strawberry Flavour x 2	1-238
Oat Digestive Biscuits	1-199	Biscuits Brown-S	1-195	Oat Digestive Biscuits	1-199	Cookies & Cream Flavour Bar	1-203	Biscuits Brown	1-195
Apple/Peach Fruit Puree	1-214	Cookies & Cream Flavour Bar	1-203	Apple/Mango/Banana Fruit Puree	1-213	Exotic Fruits Nougat Bar	1-208	Cookies & Cream Flavour Bar	1-203
Dry Roasted Peanuts	1-217	Apple/Mango/Banana Fruit Puree	1-213	Salted Peanuts	1-218	Chocolate Orange Mini Cookies / Milk Chocolate Mini Cookies / Chocolate Chip and Orange Flayour Biscuits	1-780 / 1-197 / 1729	Apple/Mango/Banana Fruit Puree	1-213
Apricot Jam /Strawberry Jam /Plum Jam / Raspberry Jam	1-229/1-228/1- 230/1-231	Strawberry Jam /Apricot Jam / Plum Jam / Raspberry Jam	1-228/1-229/1- 230/1-231	Strawberry Jam / Apricot Jam / Plum Jam / Raspberry Jam	1-228/1-229/1- 230/1-231	Apricot Jam /Strawberry Jam / Plum Jam / Raspberry Jam	1-229/1-228/1- 230/1-231	Plum Jam /Strawberry Jam /Apricot Jam / Raspberry Jam	1-230/1-228/1- 229/1-231

### Common Items

Spork	1-253	Re-useable Poly bag	1-260
Alcohol Free Moist Wipe x 2	1-256 / 1-768	3 in 1 Tea	1-265
Tissues	1-257 / 1-769	Flameless Ration Heater	1-268 / 1-774
Chewing Gum	1-258	3 in 1 Coffee	1-730



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Egg Substitute Powder

Breakfast

Egg Substitute Powder Egg Substitute Powder

Baked Beans in Tomato Sauce 800g	Baked Beans in Tomato Sauce 800g x 2	Baked Beans in Tornato Sauce 800g	Baked Beans in Tomato Sauce 800g x 2	Baked Beans in Tornato Sauce 800g x
Jam Apricol	Jam Strawberry	Jam Strawberry	Jam Apricot	Jam Strawberry
Canned Pork Sausages in Rapeseed Oil 400g	Porridge Oats	Canned Pork Sausages in Rapeseed Oil 400g	Porridge Oats	Porridge Oats
Canned Spam with Bacon 200g x 2		Canned Spam with Bacon 200g x 2	<del>1 3</del>	

Gooked Chicken in Juice	Steak in Own Juice	Minced Beef in Gravy	Cooked Chicken in Juice	Minced Beef in Gravy
Canned Tomatoes 800g	Canned Carrots 400g	Canned Red Kidney Beans 800g	Canned Carrots 400g	Canned Tomatoes 800g
Canned Sweetcom 340g x 2	Canned Peas 400g	Canned Tomatoes 600g	Canned Peas 400g	Canned Sweetcom 340g
Instant Mashed Potato Powder	Instant Mashed Polato Powder	Pastz Penne	Instant Mashed Polato Powder	Instant Mashed Polato Powde
Easy Cook Rice	Easy Cook Rice	Easy Cook Rice	Easy Cook Rice	Pasta Penne
Mushroom Soup Powder	Minestrone Soup Powder	Thick Vegetable Soup Powder	Thick Vegetable Soup Powder	Minestrone Soup Powder
Simmer Gravy Powder	Simmer Gravy Powder	Simmer Gravy Powder	Simmer Gravy Powder	Simmer Gravy Powder
Cajun Seasoning	Cajun Seasoning	Cajun Seasoning	BBQ Seasoning	BBQ Seasoning
Chilli Sauce Powder	Balti Sauce Powder	Chiti Sauce Powder	Batti Sauce Powder	Bolognese Seasoning
Canned Fruit Cocktail 820g	Canned Pears 820g	Canned Peaches 820g	Canned Pears 820g	Canned Peaches 820g
Custard Powder	Custard Powder	Custard Powder	Custard Powder	Custard Powder

Cola Bottles x 10	Tropical Fruit and Nut x 10	Oatmeal Block x 10	Fruit Flapjack x 10	Choc Chip & Orange Flavour Oat Biscuits x1
Canned Cheese 340g	Canned Cheese 340g	Canned Tuna Chunks 400g x 2	Canned Cheese 340g	Canned Cheese 340g
Canned Corned Beef 340g	Canned Comed Beef 340g		Canned Corned Beef 340g	Canned Corned Beef 340g

Coffee Granules	Coffee Granules	Coffee Granules	Coffee Granules	Coffee Granules
Tea Bags x 40	Tea Bags x 40			
Lemon Drink Powder	Lemon Drink Powder	Leman Drink Powder	Lemon Orink Powder	Lemon Drink Powder
Tropical Drink Powder	Tropical Drink Powder	Tropical Drink Powder	Tropical Drink Powder	Tropical Orink Powder
Skimmed Milk Powder	Skimmed Milk Powder	Skimmed Milk Powder	Skimmed Milk Powder	Skimmed Milk Powder
Hot Chocolate Regular Flavour Powder	Hot Chocolate Regular Flavour Powde			

Chers Pack	Bicarbonate of Soda	Sugar	Clear Refuse Sacks x 2
Margarine	Salt	Dried Onion Pieces	Can Opener
Garlic Powder	Pepper	Mixed Herbs	
Strong White Flour	Yeast	Rapeseed Oil	445

Ministry of Defence

COMBINED THESE INGREDIENTS PROVIDE FOR BALANCED MEAT AND VEGETARIAN MEAL OPTIONS