



Ministry  
of Defence

Defence Equipment and Support  
Secretariat  
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Ministry of Defence  
Abbey Wood  
Bristol BS34 8JH



Email: DESSEC-PolSecLE-JSC-WPNS@mod.gov.uk

[REDACTED]

Our Reference:  
FOI2022/03514  
Date: 7 April 2022

[REDACTED]

Dear [REDACTED]

Thank you for your email of 14 March 2022 requesting the following information:

*"I am seeking a listing of all types of ration packs used by the MOD and a list of the menus for each type."*

I am treating your correspondence as a request for information under the Freedom of Information Act 2000 (FOIA).

A search for the information has now been completed within the Ministry of Defence (MOD), and I can confirm that all information in scope of your request is held.

The types of ration packs which are currently provided are the following:

1. 24 Hr General Purpose
2. 24 Hr Vegetarian
3. 24 Hr Kosher
4. 24 Hr Halal
5. 24 Hr Sikh/Hindu
6. 24 Hr Enhanced
7. 24 Hr Cold Climate
8. 8 Hr Single Meal
9. 10-Man
10. Emergency Survival Rations (see below)

The approved menus for the first 9 ration packs listed are attached as Annexes 1 – 9 with this letter. The numbers at the end of each menu item indicate the approved product used. In some cases, for example the drinks, there are a number of suppliers providing the same item therefore all relevant approved product numbers are listed. The Emergency Survival Rations are also part of the portfolio of rations provided but there are no menus for this type of pack. As can be seen from the menus attached, there are a range of variants which are designed to meet the religious and cultural requirements of the modern, diverse nature of the British Military and the climate in which they operate.

Under Section 16 of the Act (Advice and Assistance) you may find it helpful to note that the 24 Hr Enhanced ration pack is based on the standard 24 Hr ration pack with additional

supplements provided to meet the energy demand. All menus have been developed to ensure maximum choice to the end user and to prevent menu fatigue.

If you have any queries regarding the content of this letter, please contact this office in the first instance.

If you wish to complain about the handling of your request, or the content of this response, you can request an independent internal review by contacting the Information Rights Compliance team, Ground Floor, MOD Main Building, Whitehall, SW1A 2HB (e-mail CIO-FOI-IR@mod.gov.uk). Please note that any request for an internal review should be made within 40 working days of the date of this response.

If you remain dissatisfied following an internal review, you may raise your complaint directly to the Information Commissioner under the provisions of Section 50 of the Freedom of Information Act. Please note that the Information Commissioner will not normally investigate your case until the MOD internal review process has been completed. The Information Commissioner can be contacted at: Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF. Further details of the role and powers of the Information Commissioner can be found on the Commissioner's website at <https://ico.org.uk/>.

Yours sincerely

**DE&S Secretariat**

## 24 Hour GP Ration Pack Pxx Pack Date xx/xxxx

### Menu 1

Pork Sausage and Beans in Tomato Sauce 1-104  
Meatballs and Pasta (Beef) 1-125  
Pindi Chana Aloo 1-768 1-167  
Chocolate Brownie 1-171

Fortified Energy Drink Powder Peach Iced Tea Flavour 1-237

Energy Drink Powder Raspberry Flavour 1-297

Lemon Flavour Drink Powder 1-735 / 1-245 / 1-724  
Energy Drink Powder Orange Flavour 1-298 / 1-243 / 1-725

Hot Chocolate Flavour Drink Powder 1-251

Oat Digestive Biscuits 1-199

Just Fruit 1-210

Just Nuts 1-215

Strawberry Jam 1-228 / Apricot Jam 1-229 / Plum Jam 1-230 / Raspberry Jam 1-231

### Menu 6

All Day Breakfast (Pork) 1-101  
Pasta Bolognese (Pork) 1-139  
Indonesian Style Spicy Rice with Pork 1-146  
Vanilla Flavour Cake 1-295

Isotonic Drink Powder Cherry Flavour 1-235

Energy Drink Powder Lime Flavour 1-296 1-723

Energy Drink Powder Raspberry Flavour 1-297  
Energy Drink Powder Orange Flavour 1-298 / 1-243 / 1-725

Hot Chocolate Flavour Drink Powder 1-251

Oatmeal Block 1-201

Sesame Bar 1-207

Chilli Peanuts 1-216

Apricot Jam 1-229 / Plum Jam 1-230 / Raspberry Jam 1-231 / Strawberry Jam 1-228  
Chocolate Orange Mini Cookies 1-780 / Milk Chocolate Mini Cookies 1-729 / Choc Chip & Orange Oat Biscuits 1-197

### Menu 2

Chicken Sausages and Beans 1-107  
Rajma Masala 1-744 1-166  
Cooked Rice 1-745 1-168  
Chilli Con Carne (Beef) 1-290  
Cinnamon Cake 1-293

Fortified Energy Drink Powder Peach Iced Tea Flavour 1-237  
Grapefruit Flavour Drink Powder 1-736 / 1-244 / 1-727

Pear Flavour Drink Powder 1-738/Cola Flavour Drink Powder 1-240

Energy Drink Powder Lime Flavour 1-296 / 1-723  
Hot Chocolate Flavour Drink Powder 1-251

Cheese Oat Biscuits 1-198

Exotic Fruit Nougat 1-208

Salted Peanuts 1-218

Cheese Flavour Spread 1-778 / 1-233

### Menu 7

Vegetarian All Day Breakfast 1-105  
Vegetable and Chickpea Biryani 1-151  
Rajma Masala 1-744 1-166  
Cooked Rice 1-745 1-168  
Chocolate Flavour Cake 1-294

Fortified Energy Drink Powder Apple Flavour 1-236  
Energy Drink Powder Orange Flavour 1-298 / 1-243 / 1-725

Blackcurrant Flavour Drink Powder 1-247  
Mango Passionfruit Flavour Drink Powder 1-740/Tropical Flavour Drink Powder 1-242  
Hot Chocolate Flavour Drink Powder 1-251

Apricot Oat Biscuit 1-196  
Tropical Fruit and Nut Mix 1-209  
Chilli Peanuts 1-216

Plum Jam 1-230/ Strawberry Jam 1-228 / Apricot Jam 1-229 / Raspberry Jam 1-231

### Menu 3

Raspberry Toasted Muesli with Milk 1-113  
Steak Vegetables and Dumplings 1-128  
Beef Burrito Style Filling with Rice 1-142  
Cinnamon Cake 1-293

Fortified Energy Drink Powder Apple Flavour 1-236

Grapefruit Flavour Drink Powder 1-736 / 1-244 / 1-727

Pear Flavour Drink Powder 1-738 / Cola Flavour Drink Powder 1-240

Lemon Flavour Drink Powder 1-735 / 1-245 / 1-724  
Hot Chocolate Flavour Drink Powder 1-251

Biscuits Brown-S 1-195

Sesame Bar 1-207

Chilli Peanuts 1-216

Apricot Jam 1-229 / Strawberry Jam 1-228 / Plum Jam 1-230 / Raspberry Jam 1-231

### Menu 8

All Day Breakfast (Pork) 1-101  
Spicy Sauce and Potato Wedges (Pork) 1-127  
Beef Burrito Style Filling with Rice 1-142  
Orange Flavour Cake 1-292

Fortified Energy Drink Powder Refreshing Strawberry Flavour 1-238

Blackcurrant Flavour Drink Powder 1-247  
Tropical Flavour Drink Powder 1-242/Mango Passionfruit Flavour Drink Powder 1-740

Tutti Fruity Drink Powder 1-241  
Hot Chocolate Flavour Drink Powder 1-251

Tropical Fruit and Nut Mix 1-209  
Barbecue Peanuts 1-219  
Peanut Butter 1-232

Coconut Biscuit Bite 1-753  
Chocolate Orange Mini Cookies 1-780 / Milk Chocolate Mini Cookies 1-729 / Choc Chip & Orange Oat Biscuits 1-197

### Menu 4

Chicken Sausages and Beans 1-107  
Chicken Curry with Potato and Rice 1-134  
Pasta Bolognese (Pork) 1-139  
Vanilla Flavour Cake 1-295

Fortified Energy Drink Powder Refreshing Strawberry Flavour 1-238

Energy Drink Powder Lime Flavour 1-296 1-723

Mango Passionfruit Flavour Drink Powder 1-740/Tropical Flavour Drink Powder 1-242

Tutti Fruity Drink Powder 1-241  
Hot Chocolate Flavour Drink Powder 1-251

Biscuits Brown-S 1-195

Fruit Flapjack 1-211

Apple/Peach Fruit Puree 1-214

Salted Peanuts 1-218  
Apricot Jam 1-229 / Strawberry Jam 1-228 / Plum Jam 1-230 / Raspberry Jam 1-231

### Menu 9

Fruitful Muesli with Milk 1-112  
Sausage Casserole (Pork) 1-140  
Pindi Chana Aloo 1-768 1-167  
Chocolate Pudding in Chocolate Sauce 1-195

Fortified Energy Drink Powder Refreshing Strawberry Flavour 1-238

Blackcurrant Flavour Drink Powder 1-247  
Pineapple Flavour Drink Powder 1-737 / 1-248

Energy Drink Powder Raspberry Flavour 1-297  
Hot Chocolate Flavour Drink Powder 1-251

Oatmeal Block 1-201  
Cookies and Cream Flavour Bar 1-203  
Just Nuts 1-215

Peanut Butter 1-232

### Menu 5

Fruitful Muesli with Milk 1-112  
Sweet and Sour Chicken with Rice 1-137  
Pasta Bolognese (Pork) 1-139  
Chocolate Pudding in Chocolate Sauce 1-195

Fortified Energy Drink Powder Apple Flavour 1-236  
Grapefruit Flavour Drink Powder 1-244 / 1-736 / 1-727

Cola Flavour Drink Powder 1-240/ Pear Flavour Drink Powder 1-738

Pineapple Flavour Drink Powder 1-737 / 1-248  
Hot Chocolate Flavour Drink Powder 1-251

Biscuits Brown-S 1-195

Cookies and Cream Flavour Bar 1-203

Salted Peanuts 1-218

Cheese Flavour Spread 1-778 / 1-233

### Menu 10

Instant Porridge 1-706  
Beef Burrito Style Filling with Rice 1-142  
Hunters Chicken 1-143  
Chocolate Marble Cake 1-173

Fortified Energy Drink Powder Peach Iced Tea Flavour 1-237

Tutti Fruity Drink Powder 1-241  
Lemon Flavour Drink Powder 1-245 / 1-724 / 1-735

Pineapple Flavour Drink Powder 1-737 / 1-248  
Hot Chocolate Flavour Drink Powder 1-251

Apricot Oat Biscuits 1-196  
Cola Bottles 1-212  
Just Nuts 1-215

Peanut Butter 1-232

### Common Items

Spicy Red Chilli Sauce 1-252	Alcohol Free Moist Wipe x 2 1-256 / 1-773	Instant Coffee x 2 1-261 / 1-734
Spork 1- 253	Tissues 1-257 / 1-769	Tea Bag x 2 1-263 / 1-264 / 1-764
Water Purification Tablets 1-254 / 1-772	Chewing Gums 1-767	Sugar x 4 1-266 / 1-765
Windproof/Waterproof Matches 1-255	Re-useable Polybag 1-260	Beverage Whiteners x 4 1-766 / 1-267

The individual items in this box are labelled with dietary and other information. Please read carefully to ensure the product meets your dietary requirements



Ministry  
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**24 Hour Vegetarian Ration Pack Pxx Pack Date xx/xxxx**

Menu 1	Menu 2	Menu 3	Menu 4	Menu 5
Vegetarian Sausage and Beans 3 Bean Chilli Cooked Rice Rajma Masala Cinnamon Cake	1-771 Vegetarian Sausages & Tomato Breakfast 1-148 3 Bean Chilli 1-745 / 1-168 Kashmiri Potato Curry 1-744 / 1-166 Orange Flavour Cake 1-293	1-106 Raspberry Toasted Muesli with Milk 1-148 Pea & Mint Soup 1-742 / 1-711 Edamame Bean Curry 1-292 Chocolate Pudding in Chocolate Sauce	1-113 Raspberry Toasted Muesli with Milk 1-163 Pea & Mint Soup 1-758 Edamame Bean Curry 1-170 Chocolate Pudding in Chocolate Sauce	1-771 Raspberry Toasted Muesli with Milk 1-768 / 1-167 Bean & Pasta Salad 1-164 Mac & Cheese 1-170 Chocolate Flavour Cake
Isotonic Drink Powder Cherry Flavour Blackcurrant Flavour Drink Powder Energy Drink Powder Raspberry Flavour Energy Drink Powder Orange Flavour / Orange Flavour Drink Powder Hot Chocolate Flavour Drink Powder	1-235 Fortified Energy Drink Powder Peach Iced Tea Flavour 1-247 Energy Drink Powder Lime Flavour / Lime Flavour Drink Powder 1-297 Energy Drink Powder Orange Flavour / Orange Flavour Drink Powder 1-298 / 1-243 / 1-725 Pear Flavour Drink Powder / Cola Flavour Drink Powder 1-738 / 1-240 Hot Chocolate Flavour Drink Powder 1-251	1-237 Fortified Energy Drink Powder Refreshing Strawberry Flavour 1-296 / 1-723 Energy Drink Powder Raspberry Flavour 1-298 / 1-243 / 1-725 Grapefruit Flavour Drink Powder 1-736 / 1-727 / 1-244 Apple Flavour Drink Powder 1-735 / 1-724 / 1-245 Mango and Passionfruit Drink Powder / Tropical Flavour Drink Powder 1-245 Hot Chocolate Flavour Drink Powder 1-251	1-238 Fortified Energy Drink Powder Refreshing Strawberry Flavour 1-297 Lemon Flavour Drink Powder 1-735 / 1-724 / 1-245 Apple Flavour Drink Powder 1-739 Mango and Passionfruit Drink Powder / Tropical Flavour Drink Powder 1-740 / 1-242 Hot Chocolate Flavour Drink Powder 1-251	1-238 Fortified Energy Drink Powder Refreshing Strawberry Flavour 1-296 / 1-723 Energy Drink Powder Lime Flavour / Lime Flavour Drink Powder 1-735 / 1-724 / 1-245 Lemon Flavour Drink Powder 1-738 / 1-240 Pear Flavour Drink Powder / Cola Flavour Drink Powder 1-251 Hot Chocolate Flavour Drink Powder
Oat Digestive Biscuits Just Nuts Raspberry Jam / Strawberry Jam /Apricot Jam / Plum Jam / Chocolate Orange Mini Cookies / Milk Chocolate Mini Cookies / Chocolate Chip and Orange Flavour Biscuits Spicy Mini Breadsticks	1-199 Biscuits Brown -S 1-215 Apricot Oat Biscuits 1-231/1-228/1-229/1-230 Cookies & Cream Flavour Bar 1-780 / 1-197 / 1-729 Just Nuts 1-750 Apricot Jam /Strawberry Jam / Plum Jam / Raspberry Jam Just Fruit	1-195 Biscuits Brown 1-196 Protein Bar Chocolate Flavour 1-203 Fruit Flapjack 1-215 Barbecue Peanuts 1-229/1-228/1-230/1-231 Peanut Butter 1-210	1-195 Biscuits Brown 1-731 Protein Bar Chocolate Flavour 1-211 Fruit Flapjack 1-219 Barbecue Peanuts 1-232 Peanut Butter	1-199 Oat Digestive Biscuits 1-207 Sesame Bar 1-216 Chilli Peanuts 1-231/1-228/1-229/1-230 Salted Peanuts 1-232 Peanut Butter
Menu 6	Menu 7	Menu 8	Menu 9	Menu 10
Frittata Vegetable Curry & Rice Bulgar Wheat in Tomato Sauce Orange Flavour Cake	1-108 Frittata 1-135 3 Bean Chilli 1-770 Moroccan Style Bean Stew 1-292 Chocolate Flavour Cake	1-108 Instant Porridge 1-148 Pindi Chana Aloo 1-159 Chilli Non Carne 1-294 Vanilla Flavour Cake	1-706 Instant Porridge 1-768 / 1-167 Pindi Chana Aloo 1-747 Chilli Non Carne 1-295 Vanilla Flavour Cake	1-771 Vegetarian Sausage and Beans 1-163 Pea & Mint Soup 1-722 Chickpea Curry 1-295 Vanilla Flavour Cake
Fortified Energy Drink Powder Peach Iced Tea Flavour Pineapple Flavour Drink Powder / Energy Drink Powder Pineapple Flavour Apple Flavour Drink Powder Mango and Passionfruit Drink Powder / Tropical Flavour Drink Powder Hot Chocolate Flavour Drink Powder	1-237 Fortified Energy Drink Powder Peach Iced Tea Flavour 1-247 Blackcurrant Flavour Drink Powder 1-736 / 1-727 / 1-244 Grapefruit Flavour Drink Powder 1-737 / 1-248 Pineapple Flavour Drink Powder / Energy Drink Powder Pineapple Flavour 1-251 Hot Chocolate Flavour Drink Powder	1-237 Isotonic Drink Powder Cherry Flavour 1-247 Apple Flavour Drink Powder 1-736 / 1-727 / 1-244 Mango and Passionfruit Drink Powder / Tropical Flavour Drink Powder 1-737 / 1-248 Pineapple Flavour Drink Powder / Energy Drink Powder Pineapple Flavour 1-251 Hot Chocolate Flavour Drink Powder	1-235 Fortified Energy Drink Powder Apple Flavour 1-739 Blackcurrant Flavour Drink Powder 1-740 / 1-242 Energy Drink Powder Raspberry Flavour 1-737 / 1-248 Grapefruit Flavour Drink Powder 1-251 Hot Chocolate Flavour Drink Powder	1-236 Fortified Energy Drink Powder Apple Flavour 1-247 Blackcurrant Flavour Drink Powder 1-297 Energy Drink Powder Raspberry Flavour 1-736 / 1-727 / 1-244 Pear Flavour Drink Powder / Cola Flavour Drink Powder 1-251 Hot Chocolate Flavour Drink Powder
Cheese Oat Biscuits Cookies & Cream Flavour Bar Exotic Fruits Nougat Bar Salted Peanuts Cheese Flavour Spread / Cheddar Cheese Flavour Spread Coconut Biscuit Bite	1-198 Apricot Oat Biscuits 1-203 Tropical Fruit & Nut 1-208 Apple/Mango/Banana Fruit Puree 1-218 Chilli Peanuts 1-778 / 1-233 Raspberry Jam /Strawberry Jam /Apricot Jam / Plum Jam 1-753 Chocolate Orange Mini Cookies / Milk Chocolate Mini Cookies / Chocolate Chip and Orange Flavour Biscuits	1-196 Biscuits Brown-S 1-209 Oatmeal Block 1-213 Protein Bar Chocolate Flavour 1-216 Just Nuts 1-231/1-228/1-229/1-230 Peanut Butter 1-780 / 1-197 / 1-729	1-195 Biscuits Brown-S 1-201 Oatmeal Block 1-731 Protein Bar Chocolate Flavour 1-215 Just Nuts 1-232 Peanut Butter	1-196 Apricot Oat Biscuits 1-211 Fruit Flapjack 1-216 Chilli Peanuts 1-228/1-229/1-230/1-231 Strawberry Jam /Apricot Jam / Plum Jam / Raspberry Jam 1-753 Coconut Biscuit Bite

**Common Items**

Spicy Red Chilli Sauce 1-252	Alcohol Free Moist Wipe x 2 1-256 / 1-773	Instant Coffee x 2 1-261 / 1-734
Spork 1-253	Tissues 1-257 / 1-769	Tea Bag x 2 1-263 / 1-264 / 1-764
Water Purification Tablets 1-254 / 1-772	Chewing Gums 1-767	Sugar x 4 1-266 / 1-765
Windproof/Waterproof Matches 1-255	Re-useable Polybag 1-260	Beverage Whiteners x 4 1-766 / 1-267

The individual items in this box are labelled with dietary and other information. Please read carefully to ensure the product meets your dietary requirements



**Ministry  
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## 24 Hour Kosher Ration Pack Pxx Pack Date xx/xxxx

<b>Menu 1</b> Frittata 1-108 Kosher Chicken Tikka Masala with Rice 1-115 Bean & Pasta Salad 1-160 Chocolate Pudding in Chocolate Sauce 1-170  Fortified Energy Drink Powder Refreshing Strawberry Flavour 1-238 Grapefruit Flavour Drink Powder 1-244/1-736 / 1-727 Lemon Flavour Drink Powder 1-245/1-735 / 1-724 Energy Drink Powder Raspberry Flavour 1-297 Hot Chocolate Flavour Drink Powder 1-251  Oatmeal Block 1-201 Cola Bottles 1-212 Chilli Peanuts 1-216 Strawberry Jam /Apricot Jam / Plum Jam / Raspberry Jam 1-228/1-229/1-230/1-231  <b>Menu 6</b> Vegetarian All Day Breakfast 1-105 Kosher Beef with Kale and Rice 1-122 Pindi Chana Aloo 1-768 / 1-167 Vanilla Flavour Cake 1-295  Isotonic Drink Powder Cherry Flavour 1-235 Cola Flavour Drink Powder/Pear Flavour Drink Powder 1-240/1-738 Energy Drink Powder Raspberry Flavour 1-297 Energy Drink Powder Orange Flavour / Orange Flavour Drink Powder 1-298 / 1-243 / 1-725 Hot Chocolate Flavour Drink Powder 1-251  Oat Digestive Biscuits 1-199 Oatmeal Block 1-201 Exotic Fruits Nougat Bar 1-208  Fruit Flapjack 1-211  Salted Peanuts 1-218 Peanut Butter 1-232	<b>Menu 2</b> Vegetarian All Day Breakfast 1-105 Kosher Chicken with Dhal 1-117 Tomato & Pasta Salad 1-164 Cinnamon Flavour Cake 1-293  Fortified Energy Drink Powder Apple Flavour 1-236 Grapefruit Flavour Drink Powder 1-244/1-736 / 1-727 Energy Drink Powder Orange Flavour / Orange Flavour Drink Powder 1-298 / 1-243 / 1-725 Pineapple Flavour Drink Powder / Energy Drink Powder Pineapple Flavour 1-737 / 1-248 Hot Chocolate Flavour Drink Powder 1-251  Biscuits Brown-S 1-195 Just Fruit 1-210 Just Nuts 1-215 Apricot Jam / Strawberry Jam /Plum Jam / Raspberry Jam 1-229/1-228/1-230/1-231  <b>Menu 7</b> Fruitful Muesli with Milk 1-112 Kosher Savoury Minced Beef 1-123 Mac & Cheese 1-161 Orange Flavour Cake 1-292  Fortified Energy Drink Powder Peach Iced Tea Flavour 1-237 Tutti Fruity Drink Powder 1-241 Energy Drink Powder Lime Flavour / Lime Flavour Drink Powder 1-296 / 1-723 Cola Flavour Drink Powder/Pear Flavour Drink Powder 1-240/1-738 Hot Chocolate Flavour Drink Powder 1-251  Cheese Oat Biscuits 1-198 Tropical Fruit & Nut 1-209 Just Fruit 1-210  Barbecue Peanuts 1-219  Cheese Flavour Spread / Cheddar Cheese Spread 1-778 / 1-233	<b>Menu 3</b> Fruitful Muesli with Milk 1-112 Kosher Chilli Con Carne with Rice (Beef) 1-118 Mac & Cheese 1-161 Vanilla Flavour Cake 1-295  Fortified Energy Drink Powder Peach Iced Tea Flavour 1-237 Blackcurrant Flavour Drink Powder 1-247 Energy Drink Powder Orange Flavour / Orange Flavour Drink Powder 1-298 / 1-243 / 1-725 Energy Drink Powder Lime Flavour / Lime Flavour Drink Powder 1-296 / 1-723 Hot Chocolate Flavour Drink Powder 1-251  Oat Digestive Biscuits 1-199 Cookies & Cream Flavour Bar 1-203 Cola Bottles 1-212 Chilli Peanuts 1-216 Strawberry Jam /Apricot Jam / Plum Jam / Raspberry Jam 1-228/1-229/1-230/1-231  <b>Menu 8</b> Instant Porridge 1-706 Kosher Beef & Tomato Curry with Rice & Quinoa 1-124 Mac & Cheese 1-161 Chocolate Brownie 1-171  Fortified Energy Drink Powder Refreshing Strawberry Flavour 1-238 Energy Drink Powder Lime Flavour / Lime Flavour Drink Powder 1-296 / 1-723 Blackcurrant Flavour Drink Powder 1-247 Grapefruit Flavour Drink Powder 1-244/1-736 / 1-727 Hot Chocolate Flavour Drink Powder 1-251  Apricot Flavour Biscuits 1-196 Cola Bottles 1-212 Just Nuts 1-215  Peanut Butter 1-232	<b>Menu 4</b> Vegetarian All Day Breakfast 1-105 Kosher Steak & Vegetables 1-119 Chickpea Curry 1-722 Cinnamon Flavour Cake 1-293  Fortified Energy Drink Powder Apple Flavour 1-236 Energy Drink Powder Raspberry Flavour 1-297 Tutti Fruity Drink Powder 1-241 Tropical Flavour Drink Powder/Mango and Passionfruit Drink Powder 1-242/1-740 Hot Chocolate Flavour Drink Powder 1-251  Biscuits Brown-S 1-195 Sesame Bar 1-207 Fruit Flapjack 1-211 Salted Peanuts 1-218 Apricot Jam / Strawberry Jam /Plum Jam / Raspberry Jam 1-229/1-228/1-230/1-231  <b>Menu 9</b> Raspberry Toasted Muesli with Milk 1-113 Kosher Chicken Curry with Potato & Rice 1-138 Bean & Pasta Salad 1-160 Chocolate Pudding in Chocolate Sauce 1-170  Fortified Energy Drink Powder Peach Iced Tea Flavour 1-237 Tropical Flavour Drink Powder/Mango and Passionfruit Drink Powder 1-242/1-740 Tutti Fruity Drink Powder 1-241 Lemon Flavour Drink Powder 1-245/1-735 / 1-724 Hot Chocolate Flavour Drink Powder 1-251  Fruit Flapjack 1-211 Just Nuts 1-215 Apricot Jam /Strawberry Jam / Plum Jam / Raspberry Jam 1-229/1-228/1-230/1-231 Chocolate Orange Mini Cookies / Milk Chocolate Mini Cookies / Chocolate Chip and Orange Flavour Biscuits 1-780 / 1-197 / 1729	<b>Menu 5</b> Frittata 1-108 Kosher Beef Bolognese & Pasta 1-121 Pindi Chana Aloo 1-768 / 1-167 Cinnamon Flavour Cake 1-293  Fortified Energy Drink Powder Refreshing Strawberry Flavour 1-238 Tropical Flavour Drink Powder/Mango and Passionfruit Drink Powder 1-242/1-740 Lemon Flavour Drink Powder 1-245/1-735 / 1-724 Pineapple Flavour Drink Powder / Energy Drink Powder Pineapple Flavour 1-737 / 1-248 Hot Chocolate Flavour Drink Powder 1-251  Oat Digestive Biscuits 1-199 Sesame Bar 1-207 Chilli Peanuts 1-216 Strawberry Jam /Apricot Jam / Plum Jam / Raspberry Jam 1-228/1-229/1-230/1-231  <b>Menu 10</b> Vegetarian Sausages & Tomato Breakfast 1-106 Kosher Chicken Arrabiata 1-120 Pindi Chana Aloo 1-768 / 1-167 Vanilla Flavour Cake 1-295  Fortified Energy Drink Powder Apple Flavour 1-236 Cola Flavour Drink Powder/Pear Flavour Drink Powder 1-240/1-738 Blackcurrant Flavour Drink Powder 1-247 Pineapple Flavour Drink Powder / Energy Drink Powder Pineapple Flavour 1-737 / 1-248 Hot Chocolate Flavour Drink Powder 1-251  Biscuits Brown-S 1-195 Cheese Oat Biscuits 1-198 Just Fruit 1-210  Salted Peanuts 1-218 Peanut Butter 1-232
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**Common Items**

Spicy Red Chilli Sauce 1-252	Alcohol Free Moist Wipe x 2 1-256 / 1-773	Instant Coffee x 2 1-261 / 1-734
Spork 1- 253	Tissues 1-257 / 1-769	Tea Bag x 2 1-263 / 1-264 / 1-764
Water Purification Tablets 1-254 / 1-772	Cheewing Gums 1-767	Sugar x 4 1-266 / 1-765
Windproof/Waterproof Matches 1-255	Re-useable Polybag 1-260	Beverage Whiteners x 4 1-766 / 1-267

The individual items in this box are labelled with dietary and other information. Please read carefully to ensure the product meets your dietary requirements



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## 24 Hour Halal Ration Pack Pxx Pack Date xx/xxxx

Menu 1	Menu 2	Menu 3	Menu 4	Menu 5
Frittata Halal Chicken Jalfrezi, Chickpea and Rice Bean & Pasta Salad Cinnamon Flavour Cake	1-108 1-158 1-160 1-293	Vegetarian All Day Breakfast Pindi Chana Aloo Halal Chicken Arrabiata Chocolate Pudding in Chocolate Sauce	1-105 1-768 / 1-167 1-153 1-170	1-112 1-136 1-161 1-294
Fortified Energy Drink Powder Apple Flavour Grapefruit Flavour Drink Powder Lemon Flavour Drink Powder Pineapple Flavour Drink Powder / Energy Drink Powder Hot Chocolate Flavour Drink Powder Cheese Oat Biscuits Cola Bottles Just Nuts Peanut Butter	1-236 1-736 / 1-727 / 1-244 1-735 / 1-724 / 1-245 1-737 / 1-248 1-251 1-198 1-212 1-215 1-232	Isotonic Drink Powder Cherry Flavour Energy Drink Powder Orange Flavour / Orange Flavour Drink Powder Energy Drink Powder Lime Flavour / Lime Flavour Drink Powder Energy Drink Powder Raspberry Flavour Hot Chocolate Flavour Drink Powder Fruit Flapjack Just Nuts Chocolate Orange Mini Cookies / Milk Chocolate Mini Cookies / Chocolate Chip and Orange Flavour Biscuits Raspberry Jam / Strawberry Jam / Apricot Jam / Plum Jam	1-235 1-298 / 1-243 / 1-725 1-296 / 1-723 1-297 1-251 1-211 1-215 1-780 / 1-197 / 1729 1-231/1-228/1-229/1-230	Fortified Energy Drink Powder Refreshing Strawberry Flavour Mango and Passionfruit Drink Powder / Tropical Flavour Drink Powder Pear Flavour Drink Powder / Cola Flavour Drink Powder Apple Flavour Drink Powder Hot Chocolate Flavour Drink Powder Oatmeal Block Sesame Bar Just Fruit Barbecue Peanuts Cheese Flavour Spread / Cheddar Cheese Flavour Spread
Menu 6	Menu 7	Menu 8	Menu 9	Menu 10
Vegetarian Sausages & Tomato Breakfast Halal Pasta Bolognese (Beef) Cooked Rice Rajma Masala Chocolate Brownie	1-106 1-157 1-745 / 1-168 1-744 / 1-166 1-171	Vegetarian Sausages & Tomato Breakfast Halal Steak & Vegetables Cooked Rice Rajma Masala Vanilla Flavour Cake	1-106 1-132 1-745 / 1-168 1-744 / 1-166 1-295	1-113 1-161 1-161 1-170
Fortified Energy Drink Powder Apple Flavour Pineapple Flavour Drink Powder / Energy Drink Powder Energy Drink Powder Raspberry Flavour Energy Drink Powder Orange Flavour / Orange Flavour Drink Powder Hot Chocolate Flavour Drink Powder Apricot Oat Biscuits Tropical Fruit & Nut Chilli Peanuts Raspberry Jam / Strawberry Jam / Apricot Jam / Plum Jam /	1-236 1-737 / 1-248 1-297 1-298 / 1-243 / 1-725 1-251 1-196 1-209 1-216 1-231/1-228/1-229/1-230	Fortified Energy Drink Powder Refreshing Strawberry Flavour Blackcurrant Flavour Drink Powder Energy Drink Powder Lime Flavour / Lime Flavour Drink Powder Lemon Flavour Drink Powder Hot Chocolate Flavour Drink Powder Cola Bottles Just Nuts Peanut Butter Chocolate Orange Mini Cookies / Milk Chocolate Mini Cookies / Chocolate Chip and Orange Flavour Biscuits	1-238 1-739 1-735 / 1-724 / 1-245 1-736 / 1-727 / 1-244 1-251 1-195 1-196 1-203 1-211 1-218 1-229/1-228/1-230/1-231	Fortified Energy Drink Powder Peach Iced Tea Flavour Energy Drink Powder Lime Flavour / Lime Flavour Drink Powder Blackcurrant Flavour Drink Powder Pineapple Flavour Drink Powder / Energy Drink Powder Hot Chocolate Flavour Drink Powder Cheese Oat Biscuits Oat Digestive Biscuits Cola Bottles Salted Peanuts Peanut Butter

### Common Items

Spicy Red Chilli Sauce 1-252	Alcohol Free Moist Wipe x 2 1-256 / 1-773	Instant Coffee x 2 1-261 / 1-734
Spork 1- 253	Tissues 1-257 / 1-769	Tea Bag x 2 1-263 / 1-264 / 1-764
Water Purification Tablets 1-254 / 1-772	Chewing Gums 1-767	Sugar x 4 1-266 / 1-765
Windproof/Waterproof Matches 1-255	Re-useable Polybag 1-260	Beverage Whiteners x 4 1-766 / 1-267

The individual items in this box are labelled with dietary and other information. Please read carefully to ensure the product meets your dietary requirements



**Ministry  
of Defence**

**24 Hour Sikh/Hindu Ration Pack Pxx Pack Date xx/xxxx**

Menu 1	Menu 2	Menu 3	Menu 4	Menu 5
Instant Porridge 1-706	Fruitful Muesli with Milk 1-706	Raspberry Toasted Muesli with Milk 1-112	Vegetarian Sausage and Beans 1-771	Raspberry Toasted Muesli with Milk 1-113
Cooked Rice 1-745 / 1-168	Vegetable Korma 1-721	Rajma Masala 1-721 / 1-166	Kashmiri Potato Curry 1-742 / 1-711	Chickpea Curry 1-722
Rajma Masala 1-744 / 1-166	Kashmiri Potato Curry 1-744 / 1-166	Moroccan Style Bean Stew 1-159	Chilli Non Carne 1-747	Pindi Chana Aloo 1-768 / 1-167
3 Bean Chilli 1-148	Rice Pudding 1-175	Chocolate Pudding in Chocolate Sauce 1-175	Rice Pudding 1-175	Chocolate Pudding in Chocolate Sauce 1-170
Rice Pudding 1-175				
Fortified Energy Drink Powder Peach Iced Tea Flavour 1-237	Fortified Energy Drink Powder Refreshing Strawberry Flavour 1-238	Fortified Energy Drink Powder Apple Flavour 1-236	Isotonic Drink Powder Cherry Flavour 1-235	Fortified Energy Drink Powder Peach Iced Tea Flavour 1-237
Cola Flavour Drink Powder 1-240	Grapefruit Flavour Drink Powder 1-238 / 1-727 / 1-244	Cola Flavour Drink Powder 1-240	Tutti Fruity Drink Powder 1-241	Tutti Fruity Drink Powder 1-241
Lemon Flavour Drink Powder 1-735 / 1-724 / 1-245	Pineapple Flavour Drink Powder / Energy Drink Powder Pineapple Flavour 1-737 / 1-248	Tropical Flavour Drink Powder/Mango and Passionfruit Drink Powder 1-242/1-740	Pineapple Flavour Drink Powder / Energy Drink Powder Pineapple Flavour 1-737 / 1-248	Tropical Flavour Drink Powder/Mango and Passionfruit Drink Powder 1-242/1-740
Pear Flavour Drink Powder 1-738	Pear Flavour Drink Powder 1-738	Tutti Fruity Drink Powder 1-241	Pear Flavour Drink Powder 1-738	Apple Flavour Drink Powder 1-739
Hot Chocolate Flavour Drink Powder 1-251	Hot Chocolate Flavour Drink Powder 1-251	Hot Chocolate Flavour Drink Powder 1-251	Hot Chocolate Flavour Drink Powder 1-251	Hot Chocolate Flavour Drink Powder 1-251
Biscuits Brown 1-195	Oat Digestive Biscuits 1-199	Cheese Oat Biscuits 1-198	Cheese Oat Biscuits 1-198	Cheese Oat Biscuits 1-198
Cookies & Cream Flavour Bar 1-203	Cookies & Cream Flavour Bar 1-203	Protein Bar Chocolate Flavour 1-731	Oat Digestive Biscuits 1-199	Chilli Peanuts 1-216
Just Nuts 1-215	Sesame Bar 1-207	Fruit Flapjack 1-211	Fruit Flapjack 1-211	Strawberry Jam /Apricot Jam / Plum Jam / Raspberry Jam 1-228/1-229/1-230/1-231
Apricot Jam /Strawberry Jam / Plum Jam / Raspberry Jam 1-229/1-228/1-230/1-231	Cola Bottles 1-212	Salted Peanuts 1-218	Cola Bottles 1-212	Spicy Mini Breadstick 1-750
Tropical Fruit & Nut 1-209	Just Nuts 1-215	Apricot Jam / Strawberry Jam /Plum Jam / Raspberry Jam 1-229/1-228/1-230/1-231	Salted Peanuts 1-218	Apple/Mango/Banana Fruit Puree 1-213
	Plum Jam /Strawberry Jam /Apricot Jam / Raspberry Jam 1-230/1-228/1-229/1-231	Spicy Mini Breadstick 1-750	Barbecue Peanuts 1-219	
		Tropical Fruit & Nut 1-209	Strawberry Jam /Apricot Jam / Plum Jam / Raspberry Jam 1-228/1-229/1-230/1-231	
<b>Menu 6</b>	<b>Menu 7</b>	<b>Menu 8</b>	<b>Menu 9</b>	<b>Menu 10</b>
Fruitful Muesli with Milk 1-112	Vegetarian Sausage and Beans 1-771	Fruitful Muesli with Milk 1-112	Raspberry Toasted Muesli with Milk 1-113	Vegetarian Sausage and Beans 1-771
Edamame Bean Curry 1-758	Kashmiri Potato Curry 1-742 / 1-711	Tomato & Pasta Salad 1-164	Vegetable Curry & Rice 1-135	Pindi Chana Aloo 1-768 / 1-167
Pea & Mint Soup 1-163	Bulgur Wheat in Tomato Sauce 1-770	Rajma Masala 1-744 / 1-166	Pindi Chana Aloo 1-768 / 1-167	Bean & Pasta Salad 1-160
Chocolate Pudding in Chocolate Sauce 1-170	Cooked Rice 1-745 / 1-168	Apple Turnover 1-225	Cinnamon Bun 1-225	Cinnamon Bun 1-225
	Cinnamon Bun 1-225			
Fortified Energy Drink Powder Refreshing Strawberry Flavour 1-238	Isotonic Drink Powder Cherry Flavour 1-235	Fortified Energy Drink Powder Apple Flavour 1-236	Fortified Energy Drink Powder Refreshing Strawberry Flavour 1-238	Fortified Energy Drink Powder Peach Iced Tea Flavour 1-237
Cola Flavour Drink Powder 1-240	Blackcurrant Flavour Drink Powder 1-247	Blackcurrant Flavour Drink Powder 1-247	Blackcurrant Flavour Drink Powder 1-247	Mango and Passionfruit Drink Powder / Tropical Flavour Drink Powder 1-740 / 1-242
Apple Flavour Drink Powder 1-739	Apple Flavour Drink Powder 1-739	Lemon Flavour Drink Powder 245	Tropical Flavour Drink Powder/Mango and Passionfruit Drink Powder 1-242/1-740	Grapefruit Flavour Drink Powder 1-736 / 1-727 / 1-244
Grapefruit Flavour Drink Powder 1-736 / 1-727 / 1-244	Mango and Passionfruit Drink Powder / Tropical Flavour Drink Powder 1-740 / 1-242	Mango and Passionfruit Drink Powder / Tropical Flavour Drink Powder 1-740 / 1-242	Pineapple Flavour Drink Powder / Energy Drink Powder Pineapple Flavour 1-737 / 1-248	Lemon Flavour Drink Powder 1-735 / 1-724 / 1-245
Hot Chocolate Flavour Drink Powder 1-251	Hot Chocolate Flavour Drink Powder 1-251	Hot Chocolate Flavour Drink Powder 1-251	Hot Chocolate Flavour Drink Powder 1-251	Hot Chocolate Flavour Drink Powder 1-251
Chilli Peanuts 1-216	Apricot Oat Biscuits 1-196	Fruit Flapjack 1-211	Oatmeal Block 1-201	Biscuits Brown 1-195
Peanut Butter 1-232	Sesame Bar 1-207	Chilli Peanuts 1-216	Cookies & Cream Flavour Bar 1-203	Protein Bar Chocolate Flavour 1-731
Apple/Mango/Banana Fruit Puree 1-213	Salted Peanuts 1-218	Barbecue Peanuts 1-219	Sesame Bar 1-207	Just Nuts 1-215
Chocolate Orange Mini Cookies / Milk Chocolate Mini Cookies / Chocolate Chip and Orange Flavour Biscuits 1-780 / 1-197 / 1-729	Peanut Butter 1-232	Apricot Jam /Strawberry Jam / Plum Jam / Raspberry Jam 1-229/1-228/1-230/1-231	Strawberry Jam /Apricot Jam / Plum Jam / Raspberry Jam 1-228/1-229/1-230/1-231	Peanut Butter 1-232
		Chocolate Orange Mini Cookies / Milk Chocolate Mini Cookies / Chocolate Chip and Orange Flavour Biscuits 1-780 / 1-197 / 1-729	Spicy Mini Breadstick 1-750	
			Dry Roasted Peanuts 1-217	
			Chocolate Orange Mini Cookies / Milk Chocolate Mini Cookies / Chocolate Chip and Orange Flavour Biscuits 1-780 / 1-197 / 1-729	

Common Items		
Spicy Red Chilli Sauce 1-252	Alcohol Free Moist Wipe x 2 1-256 / 1-773	Instant Coffee x 2 1-261 / 1-734
Spork 1-253	Tissues 1-257 / 1-769	Tea Bag x 2 1-263 / 1-264 / 1-764
Water Purification Tablets 1-254 / 1-772	Chewing Gums 1-767	Sugar x 4 1-266 / 1-765
Windproof/Waterproof Matches 1-255	Re-useable Polybag 1-260	Beverage Whiteners x 4 1-766 / 1-267

The individual items in this box are labelled with dietary and other information. Please read carefully to ensure the product meets your dietary requirements



## 24 Hour Enhanced Ration Pack Pxx Pack Date xx/xxxx

Menu 1	Menu 2	Menu 3	Menu 4	Menu 5	
Vegetarian All Day Breakfast Cooked Rice Pindi Chana Aloo Chilli con Carne (Beef) Cinnamon Cake	1-105 1-745 / 1-168 1-768 / 1-167 1-290 1-293	Pork Sausages & Beans in Tomato Sauce Steak Vegetables and Dumplings Beef Burrito Style Filling with Rice Vanilla Flavour Cake	1-104 1-128 1-142 1-295	Chicken Sausages & Beans Sweet & Sour Chicken with Rice Pasta Bolognese (Pork) Cinnamon Flavour Cake	1-107 1-137 1-139 1-293
Isotonic Drink Powder Cherry Flavour Energy Drink Powder Orange Flavour / Orange Flavour Drink Powder Tropical Flavour Drink Powder/Mango and Passionfruit Drink Powder Pineapple Flavour Drink Powder / Energy Drink Powder Pineapple Flavour Hot Chocolate Flavour Drink Powder	1-235 1-298 / 1-243 / 1-725 1-242/1-740 1-737 / 1-248 1-251	Fortified Energy Drink Powder Refreshing Strawberry Flavour Blackcurrant Flavour Drink Powder Energy Drink Powder Raspberry Flavour Energy Drink Powder Lime Flavour / Lime Flavour Drink Powder Hot Chocolate Flavour Drink Powder	1-238 1-247 1-297 1-296 / 1-723 1-251	Fortified Energy Drink Powder Refreshing Strawberry Flavour 1-238 1-244/1-736 / 1-727 Energy Drink Powder Raspberry Flavour 1-297 Tropical Flavour Drink Powder/Mango and Passionfruit Drink Powder 1-242/1-740 Lemon Flavour Drink Powder 1-245 / 1-735 / 1-724 Hot Chocolate Flavour Drink Powder 1-251	Fortified Energy Drink Powder Apple Flavour 1-236 Blackcurrant Flavour Drink Powder 1-247 Cola Flavour Drink Powder / Pear Flavour Drink Powder 1-240 / 1-738 Energy Drink Powder Orange Flavour / Orange Flavour Drink Powder 1-298 / 1-243 / 1-725 Hot Chocolate Flavour Drink Powder 1-251
Oatmeal Block Tropical Fruit & Nut Salted Peanuts Apricot Jam / Strawberry Jam / Plum Jam / Raspberry Jam Peanut Butter Spicy Mini Breadsticks	1-201 1-209 1-218 1-229/1-228/1-230/1-231 1-232 1-750	Biscuits Brown-S Tropical Fruit & Nut Just Nuts Plum Jam /Strawberry Jam /Apricot Jam / Raspberry Jam Tuna with Lime & Pepper	1-195 1-209 1-215 1-230/1-228/1-229/1-231 1-701	Cheese Oat Biscuits 1-198 Oat Digestive Biscuits 1-199 Cookies & Cream Flavour Bar 1-203 Apple/Peach Fruit Puree 1-214 Barbecue Peanuts 1-219 Strawberry Jam /Apricot Jam / Plum Jam / Raspberry Jam Peanut Butter 1-228/1-229/1-230/1-231	Apricot Oat Biscuits 1-196 Cheese Oat Biscuits 1-198 Exotic Fruits Nougat Bar 1-208 Just Nuts 1-215 Strawberry Jam /Apricot Jam / Plum Jam / Raspberry Jam 1-228/1-229/1-230/1-231 Tuna with Lime & Pepper 1-701
Menu 6	Menu 7	Menu 8	Menu 9	Menu 10	
All Day Breakfast (Pork) Sweetcorn & Tuna Pasta Pindi Chana Aloo Chocolate Flavour Cake	1-101 1-709 1-768 / 1-167 1-294	Instant Porridge 1-706 Cooked Rice 1-745 / 1-168 Rajma Masala 1-744 / 1-166 Vegetable & Chickpea Biryani Chocolate Brownie 1-171	Fruitful Muesli with Milk 1-112 Spicy Sausage and Potato Wedges (Pork) 1-127 Pasta Bolognese (Pork) 1-139 Chocolate Pudding in Chocolate Sauce 1-170	All Day Breakfast (Pork) 1-101 Sausage Casserole (Pork) 1-140 Beef Burrito Style Filling with Rice 1-142 Chocolate Flavour Cake 1-294	Fruitful Muesli with Milk 1-112 Beef Burrito Style Filling with Rice 1-142 Hunters Chicken 1-143 Cinnamon Cake 1-293
Fortified Energy Drink Powder Apple Flavour Grapefruit Flavour Drink Powder Energy Drink Powder Lime Flavour / Lime Flavour Drink Powder Pineapple Flavour Drink Powder / Energy Drink Powder Pineapple Flavour Hot Chocolate Flavour Drink Powder	1-236 1-244/1-736 / 1-727 1-296 / 1-723 1-737 / 1-248 1-251	Fortified Energy Drink Powder Peach Iced Tea Flavour 1-237 Lemon Flavour Drink Powder 1-245 / 1-735 / 1-724 Tutti Fruity Drink Powder 1-241 Pineapple Flavour Drink Powder / Energy Drink Powder Pineapple Flavour 1-737 / 1-248 Hot Chocolate Flavour Drink Powder 1-251	Fortified Energy Drink Powder Refreshing Strawberry Flavour 1-238 1-245 / 1-735 / 1-724 Lemon Flavour Drink Powder 1-241 Energy Drink Powder Orange Flavour / Orange Flavour Drink Powder 1-298 / 1-243 / 1-725 Cola Flavour Drink Powder / Pear Flavour Drink Powder 1-240 / 1-738 Hot Chocolate Flavour Drink Powder 1-251	Fortified Energy Drink Powder Peach Iced Tea Flavour 1-237 Blackcurrant Flavour Drink Powder 1-247 Energy Drink Powder Raspberry Flavour 1-297 Energy Drink Powder Lime Flavour / Lime Flavour Drink Powder 1-296 / 1-723 Hot Chocolate Flavour Drink Powder 1-251	
Biscuits Brown-S Cheese Oat Biscuits Tropical Fruit & Nut Salted Peanuts Tuna in Light Mayonnaise	1-195 1-198 1-209 1-218 1-221	Apricot Oat Biscuits 1-196 Cookies & Cream Flavour Bar 1-203 Fruit Flapjack 1-211 Chilli Peanuts 1-216 Apricot Jam / Strawberry Jam /Plum Jam / Raspberry Jam 1-229/1-228/1-230/1-231 Peanut Butter 1-232	Oatmeal Block 1-201 Cookies & Cream Flavour Bar 1-203 Chilli Peanuts 1-216 Apricot Jam / Strawberry Jam /Plum Jam / Raspberry Jam 1-229/1-228/1-230/1-231 Peanut Butter 1-232	Sesame Bar 1-207 Cola Bottles 1-212 Just Nuts 1-215 Tuna in Light Mayonnaise 1-221 Raspberry Jam /Strawberry Jam /Apricot Jam / Plum Jam 1-231/1-228/1-229/1-230 Chocolate Orange Mini Cookies / Milk Chocolate Mini Cookies / Chocolate Chip and Orange Flavour Biscuits 1-780 / 1-197 / 1-729	
Strawberry Jam /Apricot Jam / Plum Jam / Raspberry Jam	1-228/1-229/1-230/1-231 Tuna with Lime & Pepper 1-701				

### Common Items

Spicy Red Chilli Sauce 1-252	Alcohol Free Moist Wipe x2 1-256 / 1-773	3 in 1 Coffee 1-730
Spork 1-253	Tissues 1-257 / 1-769	3 in 1 Tea 1-265
Water Purification Tablets 1-254 / 1-772	Chewing Gums 1-767 / 1-258 (x3)	Flameless Ration Heater 1-268 / 1-774
Windproof/Waterproof Matches 1-255	Re-useable Polybag 1-260	

The individual items in this box are labelled with dietary and other information. Please read carefully to ensure the product meets your dietary requirements



Ministry  
of Defence



# LOT 3 - COLD CLIMATE RATION MENUS

CONTRACT NUMBER C12/FOOD/0011  
APPENDIX 17 TO SCHEDULE B

### Menu 1

Muesli with Milk and Raisins  
Chicken in Black Bean Sauce  
Chocolate Mousse with Cherry & Granola

Fortified Peach Iced Tea Drink Powder  
Tutti Fruity Drink Powder x2  
Hot Chocolate Flavour Drink Powder

Dark Chocolate Bar  
Choc Chip & Orange Flavour Biscuits  
Fruit Flapjack  
Tuna pouch - Lime & Pepper  
Salt Crusted Peanuts  
Orange cake  
BBQ peanuts  
Cheese Biscuit  
Strawberry Jam

### Menu 5

Oatmeal  
Chicken Fried Rice  
Custard with Apple

Fortified Refreshing Strawberry Flavour Drink Powder  
Raspberry Flavour Drink Powder x2  
Hot Chocolate Flavour Drink Powder

Dark Chocolate Bar  
Apricot Flavour Oat Biscuits  
Cola Bottles  
Burger with beef  
Tropical Fruit & Nut  
Chilli Peanuts  
Vanilla cake  
Strawberry Jam

### Common Items

Re-useable Polybag  
3 in 1 Tea x 3  
3 in 1 Coffee x 3  
Sugar x 2

### Menu 2

Porridge with Strawberry  
Chicken Tikka with Rice  
Coffee Oaty Dessert

Fortified Apple Flavour Drink Powder  
Orange Flavour Drink Powder x2  
Hot Chocolate Flavour Drink Powder

Dark Chocolate Bar  
Biscuits Brown  
Just Fruit  
Burger with beef  
Tropical Fruit & Nut  
BBQ peanuts  
Peanut Butter

### Menu 6

Porridge with Strawberry  
Potato Puree with Chicken  
Custard with Apple Crunch

Fortified Apple Flavour Drink Powder  
Cola Flavour Drink Powder x2  
Hot Chocolate Flavour Drink Powder

Dark Chocolate Bar  
Biscuits Brown  
Fruit Flapjack  
Cola Bottles  
Cookies & Cream Flavour Bar  
Pork & Beef Patty  
Roasted salted peanuts  
BBQ peanuts  
Peanut Butter

### Menu 3

Oatmeal  
Chicken Korma with Rice  
Chocolate Oaty Dessert

Fortified Apple Flavour Drink Powder  
Lime Flavour Drink Powder x2  
Hot Chocolate Flavour Drink Powder

Dark Chocolate Bar  
Cheese Oat Biscuits  
Cola Bottles  
Cookies & Cream Flavour Bar  
Pork & Beef Patty  
Salt Crusted Peanuts  
Vanilla Cake  
Cheddar Cheese Flavoured Spread

### Menu 7

Fruitful Muesli with Milk  
Beef Goulash & Rice  
Custard and Mixed Fruit

Fortified Peach Iced Tea Drink Powder  
Blackcurrant Flavour Drink Powder x2  
Hot Chocolate Flavour Drink Powder

Dark Chocolate Bar  
Choc Chip & Orange Flavour Biscuits  
Just Fruit  
Pork & Beef Patty  
Cinnamon cake  
Chilli Peanuts  
Roasted salted peanuts  
Peanut Butter

### Menu 4

Muesli with Milk and Raisins  
Chicken Fajita with Rice  
Chocolate Flavour Crème

Fortified Refreshing Strawberry Flavour Drink Powder  
Lemon Flavour Drink Powder x2  
Hot Chocolate Flavour Drink Powder

Dark Chocolate Bar  
Oat Digestive Biscuits  
Just Fruit  
Vanilla cake  
Choco Crisp Bar  
Tuna pouch - Lime & Pepper  
Chilli Peanuts

Cheddar Cheese Flavoured Spread

### Menu 8

Fruitful Muesli with Milk  
Cottage Pie  
Rice Pudding with Strawberries

Fortified Refreshing Strawberry Flavour Drink Powder  
Grapefruit Flavour Drink Powder x2  
Hot Chocolate Flavour Drink Powder

Dark Chocolate Bar  
Biscuits Brown  
Fruit Flapjack  
Oatmeal Block  
Orange cake  
Tuna pouch - Lime & Pepper  
Tropical Fruit & Nut  
Salt Crusted Peanuts  
Cheddar Cheese Flavoured Spread



**SMR Pxx Pack Date xx/xxxx**

Menu 1	Menu 2	Menu 3	Menu 4	Menu 5
Sweet & Sour Chicken with Rice	Indonesian Style Spicy Rice with Pork	Chicken Curry with Potato & Rice	Beef Burrito Style Filling with Rice	Meatballs & Pasta (Beef)
1-137	1-146	1-134	1-142	1-125
Iso tonic Drink Powder Cherry Flavour x 2	Fortified Energy Drink Powder Apple x 2	Fortified Energy Drink Powder Peach Iced Tea x 2	Fortified Energy Drink Powder Strawberry Flavour x 2	Fortified Energy Drink Powder Apple x 2
1-235	1-236	1-237	1-238	1-236
Oatmeal Block	Protein Bar Chocolate Flavour	Biscuits Brown-S	Oatmeal Block	Oatmeal Block
1-201	1-731	1-195	1-201	1-201
Protein Bar Chocolate Flavour	Apple/Peach Fruit Puree	Exotic Fruits Nougat Bar	Exotic Fruits Nougat Bar	Sesame Bar
1-731	1-214	1-208	1-208	1-207
Cola Bottles	Peanut Butter	Apple/Peach Fruit Puree	Salted Peanuts	Cola Bottles
1-212	1-232	1-214	1-218	1-212
Cheese Flavour Spread / Cheddar Cheese Flavour Spread	Coconut Biscuit Bite	Strawberry Jam /Apricot Jam / Plum Jam / Raspberry Jam	Apricot Jam / Strawberry Jam /Plum Jam / Raspberry Jam	Plum Jam /Strawberry Jam /Apricot Jam / Raspberry Jam
1-778 / 1-233	1-753	1-228/1-229/1-230/1-231	1-229/1-228/1-230/1-231	1-230/1-228/1-229/1-231

  

Menu 6	Menu 7	Menu 8	Menu 9	Menu 10
Steak Vegetables and Dumplings	Pindi Chana Aloo	Halal Chicken Jalfrezi, Chickpea and Rice	Pasta Bolognese (Pork)	Sausage Casserole (Pork)
1-128	1-768 / 1-167	1-158	1-139	1-140
Fortified Energy Drink Powder Peach Iced Tea x 2	Fortified Energy Drink Powder Strawberry Flavour x 2	Fortified Energy Drink Powder Apple x 2	Fortified Energy Drink Powder Peach Iced Tea x 2	Fortified Energy Drink Powder Strawberry Flavour x 2
1-237	1-238	1-236	1-237	1-238
Oat Digestive Biscuits	Biscuits Brown-S	Oat Digestive Biscuits	Cookies & Cream Flavour Bar	Biscuits Brown
1-199	1-195	1-199	1-203	1-195
Apple/Peach Fruit Puree	Cookies & Cream Flavour Bar	Apple/Mango/Banana Fruit Puree	Exotic Fruits Nougat Bar	Cookies & Cream Flavour Bar
1-214	1-203	1-213	1-208	1-203
Dry Roasted Peanuts	Apple/Mango/Banana Fruit Puree	Salted Peanuts	Chocolate Orange Mini Cookies / Milk Chocolate Mini Cookies / Chocolate Chip and Orange Flavour Biscuits	Apple/Mango/Banana Fruit Puree
1-217	1-213	1-218	1-780 / 1-197 / 1729	1-213
Apricot Jam /Strawberry Jam /Plum Jam / Raspberry Jam	Strawberry Jam /Apricot Jam / Plum Jam / Raspberry Jam	Strawberry Jam /Apricot Jam / Plum Jam / Raspberry Jam	Apricot Jam /Strawberry Jam / Plum Jam / Raspberry Jam	Plum Jam /Strawberry Jam /Apricot Jam / Raspberry Jam
1-229/1-228/1-230/1-231	1-228/1-229/1-230/1-231	1-228/1-229/1-230/1-231	1-229/1-228/1-230/1-231	1-230/1-228/1-229/1-231

**Common Items**

Spork	1-253	Re-useable Poly bag	1-260
Alcohol Free Moist Wipe x 2	1-256 / 1-768	3 in 1 Tea	1-265
Tissues	1-257 / 1-769	Flameless Ration Heater	1-268 / 1-774
Chewing Gum	1-258	3 in 1 Coffee	1-730

The individual items in this box are labelled with dietary and other information. Please read carefully to ensure the product meets your dietary requirements



LOT2 — 10 MAN RATION MENUS

CONTRACT NUMBER LSL/FOOD/0011  
APPENDIX 16 TO SCHEDULE B.

**Breakfast**

Egg Substitute Powder	Egg Substitute Powder	Egg Substitute Powder	Egg Substitute Powder	Egg Substitute Powder
Baked Beans in Tomato Sauce 800g	Baked Beans in Tomato Sauce 800g x 2	Baked Beans in Tomato Sauce 800g	Baked Beans in Tomato Sauce 800g x 2	Baked Beans in Tomato Sauce 800g x 2
Jam Apricot	Jam Strawberry	Jam Strawberry	Jam Apricot	Jam Strawberry
Canned Pork Sausages in Rapeseed Oil 400g	Porridge Oats	Canned Pork Sausages in Rapeseed Oil 400g	Porridge Oats	Porridge Oats
Canned Spam with Bacon 200g x 2		Canned Spam with Bacon 200g x 2		

**Main Meals (Lunch & Dinner)**

Cooked Chicken in Juice	Steak in Own Juice	Minced Beef in Gravy	Cooked Chicken in Juice	Minced Beef in Gravy
Canned Tomatoes 800g	Canned Carrots 400g	Canned Red Kidney Beans 800g	Canned Carrots 400g	Canned Tomatoes 800g
Canned Sweetcorn 340g x 2	Canned Peas 400g	Canned Tomatoes 800g	Canned Peas 400g	Canned Sweetcorn 340g
Instant Mashed Potato Powder	Instant Mashed Potato Powder	Pasta Penne	Instant Mashed Potato Powder	Instant Mashed Potato Powder
Easy Cook Rice	Easy Cook Rice	Easy Cook Rice	Easy Cook Rice	Pasta Penne
Mushroom Soup Powder	Minestrone Soup Powder	Thick Vegetable Soup Powder	Thick Vegetable Soup Powder	Minestrone Soup Powder
Simmer Gravy Powder	Simmer Gravy Powder	Simmer Gravy Powder	Simmer Gravy Powder	Simmer Gravy Powder
Cajun Seasoning	Cajun Seasoning	Cajun Seasoning	BBQ Seasoning	BBQ Seasoning
Chilli Sauce Powder	Balti Sauce Powder	Chilli Sauce Powder	Balti Sauce Powder	Bolognese Seasoning
Canned Fruit Cocktail 820g	Canned Pears 820g	Canned Peaches 820g	Canned Pears 820g	Canned Peaches 820g
Custard Powder	Custard Powder	Custard Powder	Custard Powder	Custard Powder

**Snacks**

Cola Bottles x 10	Tropical Fruit and Nut x 10	Oatmeal Block x 10	Fruit Flapjack x 10	Choc Chip & Orange Flavour Oat Biscuits x10
Canned Cheese 340g	Canned Cheese 340g	Canned Tuna Chunks 400g x 2	Canned Cheese 340g	Canned Cheese 340g
Canned Corned Beef 340g	Canned Corned Beef 340g		Canned Corned Beef 340g	Canned Corned Beef 340g

**Drinks**

Coffee Granules	Coffee Granules	Coffee Granules	Coffee Granules	Coffee Granules
Tea Bags x 40	Tea Bags x 40	Tea Bags x 40	Tea Bags x 40	Tea Bags x 40
Lemon Drink Powder	Lemon Drink Powder	Lemon Drink Powder	Lemon Drink Powder	Lemon Drink Powder
Tropical Drink Powder	Tropical Drink Powder	Tropical Drink Powder	Tropical Drink Powder	Tropical Drink Powder
Skimmed Milk Powder	Skimmed Milk Powder	Skimmed Milk Powder	Skimmed Milk Powder	Skimmed Milk Powder
Hot Chocolate Regular Flavour Powder	Hot Chocolate Regular Flavour Powder	Hot Chocolate Regular Flavour Powder	Hot Chocolate Regular Flavour Powder	Hot Chocolate Regular Flavour Powder

<b>Chef's Pack</b>	Bicarbonate of Soda	Sugar	Clear Refuse Sacks x 2
Margarine	Salt	Dried Onion Pieces	Can Opener
Garlic Powder	Pepper	Mixed Herbs	
Strong White Flour	Yeast	Rapeseed Oil	



COMBINED THESE INGREDIENTS PROVIDE FOR BALANCED MEAT AND VEGETARIAN MEAL OPTIONS

28 MAY 2007 10:00:00 AM GMT

CONTRACT AMENDMENT NO. 01